

ACTIVE BRAINTREE FOUNDATION

England & Wales - Charity number 1176734

Details

Status Registered

Legal form CIO

Registered 2018-01-18

Register [View on the Charity Commission register](#)

Contact

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Witham
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Website activebraintreefoundation.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE FOR THE PUBLIC BENEFIT TO PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION FOR THE BENEFIT OF THE INHABITANTS OF BRAINTREE DISTRICT IN PARTICULAR BY:(1) WORKING WITH AND THROUGH LOCAL AGENCIES TO INCREASE LEVELS OF PARTICIPATION IN SPORT AND PHYSICAL ACTIVITY; (2) PROMOTING AND PROVIDING PROGRAMMES AND SERVICES FOR SPORT, RECREATION, PHYSICAL ACTIVITY, INFORMAL EDUCATION AND OTHER LEISURE TIME OCCUPATION FOR HEALTHY RECREATION; (3) PROMOTING AND PROVIDING FACILITIES AND SERVICES FOR RECREATIONAL, SPORTING OR OTHER LEISURE TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE FOR THE PUBLIC AT LARGE OR THOSE WHO BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES AND SERVICES; AND (4) THE IMPROVEMENT AND PRESERVATION OF GOOD HEALTH AND WELL-BEING THROUGH PARTICIPATION IN HEALTHY RECREATION.

Activities: The objects of the CIO are for the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Braintree District

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£22,901	£35,314	-	-
2024-03-31	£16,759	£9,674	-	-
2023-03-31	£46	£7,398	-	-
2022-03-31	£24,913	£11,308	-	-
2021-03-31	£23,178	£7,545	-	-

Trustees

Name	Role	Appointed
Amy Jackson		2024-12-11
Courtenay Tanith Patterson		2025-04-07
FRANCESCO RICCI		2021-09-22
Gareth William Heard		2016-04-15
Hollie Wood		2025-04-01
JOHN WOOD		2021-09-22
Joby Humm		2023-07-17
Simon John Stephen King		2023-02-17
Tristan Easey		2023-07-17

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ACTIVE BRAINTREE FOUNDATION - ANNUAL REPORT 2024/25

REGISTRATION NUMBER 1176734

Active Braintree Foundation (ABF) was formed in January 2018 and in 2024 produced a new Strategy for 2024/27. The new Vision, Aims and Key Priorities are detailed below:

Vision

Everyone in the Braintree District has the opportunity to engage in sport and/or physical activity in order to improve their health and wellbeing, compete and have fun.

Aims

To achieve our vision, the Active Braintree Foundation will:

- Work collaboratively with relevant local organisations to tackle inequalities and promote inclusion.
- Be a voice for the sector and advocate behaviour change amongst the community.
- Increase capacity by developing people and promote innovation to increase participation in sport and physical activity.
- Promote and support active environments by championing active travel and the creation of well-designed spaces for activity.
- Work with commissioners and grant funders to increase resources and develop capacity in the district.
- Allocate grant funding and support new opportunities that increase participation.
- Provide advocacy, advice and guidance to sports clubs, voluntary groups and residents.

Key Priorities

Whilst the foundation is open to all opportunities that supports our core vision, the following areas have been identified as key priorities for the foundation to achieve our aims:

Collaborative Partnerships -

ABF will work to establish and strengthen collaborative partnerships with local organisations. These partnerships will facilitate joint initiatives, building resources and coordinate efforts to transform and connect communities, particularly focusing on those who face barriers to access and are under-represented.

Advocacy and Behaviour Change -

Advocate and champion campaigns and innovative programs aimed at promoting behaviour change to increase participation in sport and physical activity. This includes initiatives to raise awareness, challenge stereotypes and encourage a culture of active living within the Braintree District.

Capacity Building -

Develop people, groups and organisations, enhancing the community's capacity for sustained engagement in physical activities. This involves investing in training programs, mentoring, and funding roles that facilitate physical activity that meets the evolving needs of the community.

Active Environments -

Work with partners to influence policy and implement active design principles creating places and spaces where activity can happen, including the development of parks, sports facilities and recreational areas. These initiatives will contribute to building active environments and promoting a healthy lifestyle among Braintree residents.

Trustees

ABF started the year with nine trustees however, during the year there was one resignation and one new appointment. All the other trustees remained in post.

Accounts

ABF accounts are for the period 1 April 2024 to 31 March 2025.

ABF started the year with a healthy brought forward balance of £52,389 and received income of £34,342. Expenditure totalled £46,755 giving a carried forward balance of £39,977. These figures however, include £11,441 of both income and expenditure that was given to ABF but then returned. This gives revised figures for income of £22,901 and expenditure of £35,314.

ABF paid out grants during the year totalling £34,021 including Kinetix Academy, Hatfield Peverel Outdoor Gym, Halstead Road Runners, Rayne Boxing Club, Coggeshall Community Sports Association, 1st Rayne Scouts, Active Rewards, Active Health Club and Fern House Garden Project. ABF continued partnering with Braintree District Council (BDC) to run the Braintree District Volunteer and Active Braintree Awards which were a great success. ABF also collaborated with Active Essex, Braintree's Health and Well Being Board, Mid Essex Alliance and Fusion Lifestyle to ensure local clubs and organisations are kept informed of relevant information particularly around alternative funding and the promotion of physical activity, health and wellbeing.

ACTIVE BRAINTREE FOUNDATION ANNUAL RETURN 2024/25

	Income		Expenditure
B/F	52,389.00	Grants	45,462.00
Income	34,342.00	Insurance	471.00
		Website	306.00
		Admin/Misc.	516.00
Total	86,731.00		46,755.00
Balance C/F			39,977.00

The figures in the table above include the £11,441

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ACTIVE BRAINTREE FOUNDATION - ANNUAL REPORT 2023/24

REGISTRATION NUMBER 1176734

Active Braintree Foundation (ABF) was formed in January 2018 and in 2024 produced a new Strategy for 2024/27. The new Vision, Aims and Key Priorities are detailed below:

Vision

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Aims

To achieve our vision, the Active Braintree Foundation will:

- Work collaboratively with relevant local organisations to tackle inequalities and promote inclusion.
- Be a voice for the sector and advocate behaviour change amongst the community.
- Increase capacity by developing people and promote innovation to increase participation in sport and physical activity.
- Promote and support active environments by championing active travel and the creation of well-designed spaces for activity.
- Work with commissioners and grant funders to increase resources and develop capacity in the district.
- Allocate grant funding and support new opportunities that increase participation.
- Provide advocacy, advice and guidance to sports clubs, voluntary groups and residents.

Key Priorities

Whilst the foundation is open to all opportunities that supports our core vision, the following areas have been identified as key priorities for the foundation to achieve our aims:

Collaborative Partnerships -

ABF will work to establish and strengthen collaborative partnerships with local organisations. These partnerships will facilitate joint initiatives, building resources and coordinate efforts to transform and connect communities, particularly focusing on those who face barriers to access and are under-represented.

Advocacy and Behaviour Change -

Advocate and champion campaigns and innovative programs aimed at promoting behaviour change to increase participation in sport and physical activity. This includes initiatives to raise awareness, challenge stereotypes and encourage a culture of active living within the Braintree District.

Capacity Building -

Develop people, groups and organisations, enhancing the community's capacity for sustained engagement in physical activities. This involves investing in training programs, mentoring, and funding roles that facilitate physical activity that meets the evolving needs of the community.

Active Environments -

Work with partners to influence policy and implement active design principles creating places and spaces where activity can happen, including the development of parks, sports facilities and recreational areas. These initiatives will contribute to building active environments and promoting a healthy lifestyle among Braintree residents.

Trustees

ABF started the year with eight trustees, one short of the maximum allowed. During the year all the trustees remained in post. ABF however, will continue to seek and recruit a new trustee who has skills currently not represented on the Board.

Accounts

ABF accounts are for the period 1 April 2023 to 31 March 2024.

ABF started the year with a healthy brought forward balance of £45,303 and received income of £16,759. Expenditure totalled £9,674 giving a carried forward balance of £52,388. This includes approximately £14,806 commitment to projects that have either not yet claimed or have been delayed.

ABF paid out grants during the year totalling £8,980, including Walking Cricket, The Big Walk, Active Rewards, Parkplay, Active Health Club and Fern House Garden Project. ABF combined with Braintree District Council (BDC), for the first time, to run the Braintree District Volunteer and Active Braintree Awards which were a great success. ABF also collaborated with Active Essex, Braintree's Health and Well Being Board, Mid Essex Alliance, Community 360 and Fusion Lifestyle to ensure local clubs and organisations are kept informed of relevant information particularly around alternative funding and the promotion of physical activity, health and wellbeing.

ACTIVE BRAINTREE FOUNDATION ANNUAL RETURN 2022/23

	Income		Expenditure
B/F	45,303.00	Grants	8,980.00
Income	16,759.00	Insurance	392.00
		Website	126.00
		Admin/Misc.	176.00
Total	62,062.00		9,674.00
Balance C/F			52,388.00

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ACTIVE BRAINTREE FOUNDATION - ANNUAL REPORT 2022/23

REGISTRATION NUMBER 1176734

Active Braintree Foundation (ABF) was formed on 18 January 2018 and in 2022 its mission and aims were reviewed by the Trustees. The mission was retained (as below) however, the aims were updated and outcomes were added.

Mission

Our mission is that everyone in Braintree District has the opportunity to engage in sport and/or physical activity in order to improve their health, live life to its full potential, compete and have fun.

Aims

Our new aims are to:

- Work collaboratively with relevant local organisations to:
 - transform and connect communities
 - tackle inequalities and promote inclusion
- Be a voice to advocate behaviour change and promote innovation to increase participation in sport and physical activity
- Increase capacity - by developing people and facilities
- Promote and support active environments - by creating spaces for activity

Outcomes

The outcomes are expected to be:

- Communities inspired to become more active to improve their health and wellbeing, therefore leading happier and more positive lives
- Raised aspirations, confidence, skills and knowledge to enable individuals to reach their full potential
- Improved physical and mental health and wellbeing
- Increased capacity
- Increased active environments

ABF started the year with eight trustees, one short of the maximum allowed. During the year the all the trustees remained in post. ABF however, will continue to seek and recruit a new trustee who has skills currently not represented on the Board.

ABF accounts are for the period 1 April 2022 to 31 March 2023.

ABF started the year with a healthy brought forward balance of £52,655 and received income of £46. Expenditure totalled £7,398 giving a carried forward balance of £45,303. This includes an £5,458 commitment to projects that have either not yet claimed or have been delayed.

ABF paid out grants during the year totalling £6,369, less than the previous year and lower than anticipated which again was due to the Covid pandemic. ABF usually

organises club forums and an annual Sports and Physical Activity Awards event but these did not go ahead this year however, ABF did regularly keep local clubs and organisations informed of relevant information particularly around alternative funding. ABF, where possible, continues to work with partners, for example, Braintree's Health and Well Being Board, Community 360, Active Essex, Fusion Lifestyle, Provide and Active Braintree Network to promote sport and physical activity.

ACTIVE BRAINTREE FOUNDATION ANNUAL RETURN 2022/23

	Income		Expenditure
B/F	52,655.00	Grants	6,369.00
Income	46.00	Insurance	694.00
		Website	211.00
		Catering	124.00
Total	52,701.00		7,398.00
Balance C/F			45,303.00

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ACTIVE BRAINTREE FOUNDATION - ANNUAL REPORT 2021/22

REGISTRATION NUMBER 1176734

Active Braintree Foundation (ABF) was formed on 18 January 2018 and in 2022 its mission and aims were reviewed by the Trustees. The mission was retained (as below) however, the aims were updated and outcomes were added.

Mission

Our mission is that everyone in Braintree District has the opportunity to engage in sport and/or physical activity in order to improve their health, live life to its full potential, compete and have fun.

Aims

Our new aims are to:

- Work collaboratively with relevant local organisations to:
 - transform and connect communities
 - tackle inequalities and promote inclusion
- Be a voice to advocate behaviour change and promote innovation to increase participation in sport and physical activity
- Increase capacity - by developing people and facilities
- Promote and support active environments - by creating spaces for activity

Outcomes

The outcomes are expected to be:

- Communities inspired to become more active to improve their health and wellbeing, therefore leading happier and more positive lives
- Raised aspirations, confidence, skills and knowledge to enable individuals to reach their full potential
- Improved physical and mental health and wellbeing
- Increased capacity
- Increased active environments

ABF started the year with six trustees, three short of the maximum allowed. During the year two new trustees were recruited giving a total of eight, one short of the maximum allowed. ABF however, will continue to seek and recruit a new trustee who has skills currently not represented on the Board.

ABF accounts are for the period 1 April 2021 to 31 March 2022.

ABF started the year with a healthy brought forward balance of £39,049.68 and received income of £24,913.16. Expenditure totalled £11,307.69 giving a carried forward balance of £52,655.15. This includes an £9,018 commitment to projects that have either not yet claimed or have been delayed due to the Covid pandemic.

ABF paid out grants during the year totalling £11,241.39, slightly more than the previous year but lower than anticipated which again was due to the Covid pandemic. ABF usually organises club forums and an annual Sports and Physical Activity Awards event but these did not go ahead this year however, ABF did regularly keep local clubs and organisations informed of relevant information particularly around alternative funding. ABF, where possible, continues to work with partners, for example, Braintree's Health and Well Being Board, Community 360, Active Essex and Active Braintree Network to promote sport and physical activity.

ACTIVE BRAINTREE FOUNDATION - ANNUAL RETURN 2021/22

Source	Income		Details	Amount
	Amount			
Balance B/F	39,049.68			
Income	24,913.16		Grants	11,241.39
			Insurance	0
			Website	66.30
Totals	63,962.84			11,307.69
			Balance C/F	52,655.15

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ACTIVE BRAINTREE FOUNDATION - ANNUAL REPORT 2020/21

REGISTRATION NUMBER 1176734

Active Braintree Foundation (ABF) was formed on 18 January 2018 and was set up with the following mission and aims:

Mission

Our mission is that everyone in Braintree District has the opportunity to engage in sport and/or physical activity in order to improve their health, live life to its full potential, compete and have fun.

Aims

Our Aims are to:

- Partner with local clubs/agencies to increase levels of participation in sport and physical activity
- Inspire communities to become more active to improve their health and wellbeing, therefore leading happier and more positive lives
- Raise aspirations, confidence, skills and knowledge to enable individuals to reach their full potential
- Strengthen community cohesion and break down barriers to participation thereby addressing inequalities
- Improve physical and mental health wellbeing

ABF started the year with seven trustees, two short of the maximum allowed. This remained the situation for the year as recruitment during the Covid pandemic was not pursued. ABF however, will continue to seek and recruit new trustees who have skills currently not represented on the Board.

ABF accounts are for the period 1 April 2020 to 31 March 2021.

ABF started the year with a healthy brought forward balance of £23,416.11 and received income of £23,178.58. Expenditure totalled £7,545.01 giving a carried forward balance of £39,049.68. This includes an £8,700 commitment to projects that have either not yet claimed or have been delayed due to the Covid pandemic.

ABF paid out grants during the year totalling £7,002.00, a much lower figure than anticipated which again was due to the Covid pandemic. ABF usually organises club forums and an annual Sports and Physical Activity Awards event but these did not go ahead this year however, ABF did regularly keep local clubs and organisations informed of relevant information particularly around alternative funding. ABF, where possible, continues to work with partners, for example, Braintree's Health and Well Being Board, Community 360, Active Essex and Active Braintree Network to promote sport and physical activity.

ACTIVE BRAINTREE FOUNDATION - ANNUAL RETURN 2020/21

	Income			
Source	Amount	Details	Amount	
Balance B/F	23,416.11			
Income	23,178.58	Grants	7,002.00	
		Insurance	347.15	
		Website	195.86	
Totals	46,594.69		7,545.01	
		Balance C/F	39,049.68	