

Trustees' Annual Report for the period from 01/01/2021 to 31/12/2021

Charity name: The Manchester Centre for Buddhist Meditation Trust

Charity registration number: 1176625

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of the Samatha Meditation Practice and associated teachings through running the Manchester Centre for Buddhist Meditation
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Meditation classes for beginners and more experienced meditators are offered free of charge on several days a week. Many meetings are both in person and on line. Full moon meetings are held regularly and there is a monthly puja open to all. Study groups, Tai Chi, courses and weekends of practice take place regularly.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have given careful consideration to the guidance issued by the Charity Commission on public benefit. Many of the classes and activities are of benefit to the mental and physical wellbeing of those who choose to access them. There are no charges for classes, donations are invited. The garden at the Manchester Centre is open to the public and they enjoy spending time there. The extensive library is open to Samatha members and Buddhist scholars.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Manchester Centre and all its activities are run by the members on a voluntary basis. The time, support and enthusiasm offered is much appreciated by the Trustees.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the last unusual year the Manchester Centre has continued to offer several beginners classes to learn the Samatha meditation practice. They have been adapted to include online participation as well as the in person classes when circumstances have allowed. These classes continue several times a week, some of the classes offering both an in person or online option. Classes for more experienced meditators continue in a similar way.</p> <p>The monthly Pujas are open to all, both in person and online.</p> <p>The full moon meetings have generally moved online and are now also attended by meditators from many other countries.</p> <p>The Tai Chi group have continued to meet either in person or online.</p> <p>A weekly online meditation meeting with an emphasis on well-being and mindfulness has become established and is open to anyone who wishes to join in.</p> <p>There have been days and weekends of practice and study offered both online and in person when possible.</p> <p>Several time limited and ongoing groups have met online to investigate aspects of the Teachings of the Buddha and other related topics.</p> <p>We have continued to expand our library which now holds approximately 5500 books relating to Buddhism and other wide-ranging subjects. The library is open to members and visiting scholars. The teachings of the Buddha, learning the meditation practice and other mindful activities are offered free of charge and are available to all.</p> <p>To raise awareness of the MCBM, classes and activities are advertised on our website, Face Book, Twitter, signs in the garden and posters in the community.</p> <p>The support and contact found during these meetings has been appreciated by many, both members and non-members.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Under the very unusual circumstances of the Covid 19 pandemic, we have continued to offer many opportunities and activities both at the Manchester Centre and online. Including zoom participation in most of our activities has ensured they are more accessible to a wider community. This way of working will continue into the foreseeable future.
Performance of fundraising activities against objectives set	Para 1.41	The Trust relies on donations to maintain the Manchester Centre as a base for our classes and associated activities. The level of donations has been maintained, a reflection of generosity much appreciated.
Investment performance against objectives	Para 1.41	N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Total receipts on unrestricted funds were £155,860.</p> <p>This included a pecuniary legacy of £138,304 from the estate of Mr Peter Kerrigan which has been gratefully received. A significant amount of this has been reserved for the repairs to a major wall in the older part of our building (estimated to cost £71,400) and then subsequently transforming that part of the building into a functional space for the centre (currently in the ideas/planning phase).</p> <p>The other receipts this year have primarily come from donations by members, £9,527 from standing orders, £1,310 from cash and £4,610 from Golden Giving. Being a charity has enabled us to claim Gift Aid totalling £1,790.</p> <p>Our outgoings were £17,425 which included the first payment towards the wall repair (£4,834) and the purchase of additional IT equipment to enable online attendance at our classes, meetings and events (£1,308)</p> <p>The net result for the year (excluding Mr Kerrigan's legacy and the first payment towards the wall repair) was an excess of receipts over payments of £4,965</p> <p>Our library fund receives £300 per annum from The Samatha Trust which is used to enhance our extensive collection of approximately 5,500 books. The end of year balance was £507.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>As we are reliant on voluntary donations from our members, we hold a reserve fund of £12,000 which would cover the cost of running the Manchester Centre for a year.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are chosen by the President, in consultation with others, from the membership. The current Trustees give the final approval. New Trustees are selected for their interest and commitment to the future of the MCBM with an intention to maintain a good balance including teaching and meditation experience, gender and age.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity work	Para 1.51	
Relationship with any related parties	Para 1.51	

Reference and Administrative details

Charity name	Manchester Centre for Buddhist Meditation Trust
Other name the charity uses	
Registered charity number	1176625
Charity's principal address	21, High Lane, Chorlton, Manchester, M21 9DJ

Names of the charity trustees who manage the charity

The trustees who served from 01/01/21 to 28/02/22:

T.A. Bochenski – Chairman
 F.A. Beresford
 R. Schillinger
 P. Crean
 S.Wheeler (resigned on 18/10/21)

Current trustees:

J.A. Callow – Chairman
 T.A. Bochenski
 F.A. Beresford
 R. Schillinger
 J. Connolly

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)**Names and addresses of advisers**

Type of adviser	Name
President of the MCBM	Keith Munnings
Chairman of the MCBM	Hilary Phillips
Treasurer of the MCBM	Linda Ely

Name of chief executive or names of senior staff members

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

TABochenSKI .

Full name(s)

TRACEY ANNE BOCHENSKI

Position (eg Secretary,
Chair, etc)

Trustee

Date

20.9.22 .

Independent examiner's report
to the trustees of
The Manchester Centre for Buddhist Meditation Trust

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st December 2021 which are set out on pages 10 to 11.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

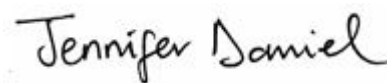
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Chartered Certified Accountants
Beehive Mill, Jersey Street
Manchester, M4 6JG

Date 20 September 2022



Receipts and payments accounts

For the period from	01/01/2021	To	31/12/2021
---------------------	------------	----	------------

Section A Receipts and payments

	General Fund (Unrestricted) to the nearest £	Library Fund (Restricted) to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Centre - Cash and Cheques	1310	-	-	1,310	2501
Centre - Card	4	-	-	4	16
Bank – individuals	9527	-	-	9,527	8708
Via Golden Giving	4610	-	-	4,610	2408
Gift Aid	1790	-	-	1,790	527
Grants from Samatha Trust	-	300	-	300	300
Legacy from Peter Kerrigan	138304	-	-	138,304	0
Interest Received	78	-	-	78	99
Other Receipts	237	-	-	237	20
Sub total (Gross income for AR)	155,860	300	-	156,160	14,579
A2 Asset and investment sales, (see table).					
None	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	155,860	300	-	156,160	14,579
A3 Payments					
Repairs and maintenance	6640	-	-	6,640	851
Electricity	694	-	-	694	809
Gas	1601	-	-	1,601	2351
Water	702	-	-	702	1017
Telephone/Broadband	434	-	-	434	403
Insurance	766	-	-	766	753
Cleaning	516	-	-	516	350
Publicity	20	-	-	20	88
Refreshments	20	-	-	20	0
Garden	474	-	-	474	101
IT Running Costs	432	-	-	432	326
Accounting Costs (Paxton)	198	-	-	198	180
Bank Charges	96	-	-	96	60
Grants and Donations made	1040	-	-	1,040	80
Sub total	13,633	-	-	13,633	747
A4 Asset and investment purchases, (see table)					
Library Books and Publications	0	365	-	365	748
Equipment, furnishings and fittings	3792	-	-	3,792	291
Sub total	3,792	365	-	4,157	1,039
Total payments	17,425	365	-	17,790	1,786
Net of receipts/(payments)	138,435	- 65	-	138,370	12,793
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	45,038	572	-	45,610	-
Cash funds this year end	183,473	507	-	183,980	12,793

Section B Statement of assets and liabilities at the end of the period

Categories	Details	General Fund (Unrestricted) to nearest £	Library Fund (Restricted) to nearest £	Endowment funds to nearest £
B1 Cash funds				
	CAF Cash Account	164,427	507	-
	RBS Select Account	7,046	-	-
	Shawbrook Bank Account	12,000	-	-
		-	-	-
	Total cash funds	183,473	507	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

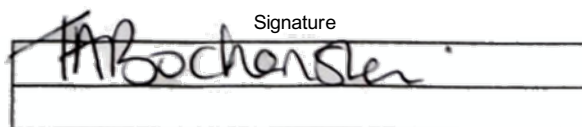
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
	None	-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			
	None		-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details			
	Kitchen utensils	General	-	-
	Cleaning equipment	General	-	-
	42 tables and desks	General	-	-
	95 chairs and stools	General	-	-
	7 shoe racks	General	-	-
	40 vases	General	-	-
	2 vacuum cleaners	General	-	-
	2 free standing heaters	General	-	-
	3 free standing whiteboards	General	-	-
	4 lamps	General	-	-
	20 large meditation mats	General	-	-
	1 very large Buddha rupa	General	-	-
	26 small & medium Buddha rupas	General	-	-
	6 free standing book cases	General	-	-
	1 small filing cabinet	General	-	-
	1 single bed	General	-	-
	2 foldable beds	General	-	-
	15 pictures	General	-	-
	5 rugs	General	-	-
	11 carpets	General	-	-
	1 photocopier	General	-	-
	1 fan	General	-	-
	1 ramp	General	-	-
	186 cushions	General	-	-
	Brass accessories for meditation practises	General	-	-
	Computer equipment for online meetings	General	-	-
	Shelving in Tropical Room	General	-	-
	5500 Books	Library	-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details			
	None		-	
			-	

Signed by one or two trustees on
behalf of all the trustees

Signature	Print Name	Date of approval
	TRACEY ANNE BOCHENSKI	20.9.22