

THE MANCHESTER CENTRE FOR BUDDHIST MEDITATION TRUST

England & Wales · Charity number 1176625

Details

Status Registered

Legal form Trust

Registered 2018-01-11

Register [View on the Charity Commission register](#)

Contact

Address 19/21 High Lane
Chorlton-cum-hardy
Manchester
M21 9DJ

Phone 0161 860 4716

Email mcrinfo@samatha.org

Website <https://samatha.org/what-we-offer/classes/manchester-centre-buddhist-meditation>

Activities

Objects: THE OBJECTS OF THE CHARITY (ÆTHE OBJECTSÆ) ARE:THE ADVANCEMENT OF THE BUDDHIST RELIGION AND, IN PARTICULAR, THE SAMATHA MEDITATION PRACTICE BY:Ò RUNNING AND MAINTAINING THE MANCHESTER CENTRE FOR BUDDHIST MEDITATION IN CO-OPERATION WITH THE SAMATHA TRUSTÒ PROVIDING INSTRUCTION AND SUPPORT IN SAMATHA MEDITATION AND ASSOCIATED TEACHINGSÒ PROVIDING AND MAINTAINING ARTEFACTS AND A LIBRARY IN CO-OPERATION WITH THE SAMATHA TRUSTÒ PROVIDING SHORT TERM ACCOMMODATION FOR RETREATS AND VISITING TEACHERS

Activities: We run activities at the Manchester Centre for Buddhist Meditation to enable people to learn the Samatha Meditation Practice and to generally help the advancement of the practice.We offer free beginners' meditation classes, study courses for those who have completed the initial meditation course, days of practice, monthly puja's, and a singing and Tai Chi group.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Advocacy/advice/information
- **What:** Education/training, Religious Activities
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£83,158	£20,450	-	-
2024-12-31	£24,779	£28,680	-	-
2023-12-31	£30,799	£26,341	-	-
2022-12-31	£20,790	£68,985	-	-
2021-12-31	£156,160	£13,633	-	-
2020-12-31	£19,825	£8,425	-	-

Trustees

Name	Role	Appointed
Andrew Hudson	Chair	2022-07-10
Claire Heaton		2024-04-21
Jacqueline Anne Callow		2022-02-28
Joseph Dewhurst		2022-05-22
Josephine Connolly		2021-12-06
Ronald Tonkin		2024-04-21
Rosemary Rose		2022-05-22

THE MANCHESTER CENTRE FOR BUDDHIST MEDITATION TRUST

England & Wales - Charity number 1176625

Accounts



Section A

Independent Examiner's Report

Report to the trustees/
members of

The Manchester Centre for Buddhist Meditation Trust

On accounts for the year
ended

31 December 2025

Charity no

1176625

Set out on pages

1 to 4 (One to Four) including this report

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2025.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Darren Warren

Date: 26/03/2026

Name: Darren Warren – Paxton Independent Examiners

Relevant professional
qualification(s) or body
(if any):

FMAAT

Address:

61a High Street South

Rushden

Northants, NN10 0RA

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

CC Receipts & Payments Report

Charity name: M/c Centre for Buddhist Meditation Trust

Charity number: 1176625

For the period from 01/01/2025 to 31/12/2025

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	£	£	£	£	£
Receipts					
Dāna collected at Centre	3,789	0	0	3,789	5,090
Dāna collected at Bank	47,492	0	0	47,492	7,407
Dāna via Samatha Trust	314	0	0	314	442
Dāna via Golden Giving	7,383	0	0	7,383	7,527
Gift Aid	16,605	0	0	16,605	2,516
Library grant from Samatha Trust	0	300	0	300	300
Bequests & Legacies	0	0	0	0	0
Interest received	3,080	0	0	3,080	1,266
Other receipts	0	0	0	0	230
Other receipts	4,495	0	0	4,495	0
Receipt suspense	0	0	0	0	0
	83,158	300	0	83,458	24,778
Asset and Investment sales etc					
	83,158	300	0	83,458	24,778
Payments					
Maintenance	6,251	0	0	6,251	11,757
Install new systems	0	0	0	0	0
Rent	0	0	0	0	0
Rates	0	0	0	0	0
Electricity	1,326	0	0	1,326	1,620
Gas	4,455	0	0	4,455	5,550
Water	1,176	0	0	1,176	1,055
Telephone/Broadband	521	0	0	521	536
Insurance	1,177	0	0	1,177	945
Cleaning	926	0	0	926	887
Publicity	497	0	0	497	202
Refreshments	275	0	0	275	554
Other meeting costs	386	0	0	386	221
Garden	435	0	0	435	580
IT running costs	156	0	0	156	156
Staff training costs	0	0	0	0	0
Accounting software	504	0	0	504	480
Independent examination	0	0	0	0	180
Banking [charges/interest]	60	0	0	60	60
Grants and donations	0	0	0	0	230
Library Office costs	136	0	0	136	0
Expenses/travel/subsistence	224	0	0	224	240
Professional fees and expenses	0	0	0	0	816
Other payments	0	0	0	0	0
	18,505	0	0	18,505	26,069
Assets and investment purchased					
Equipment, furnishings and fittings	1,572	0	0	1,572	2,302
Books and publications	195	923	0	1,118	308

CC Receipts & Payments Report

Charity name: M/c Centre for Buddhist Meditation Trust

Charity number: 1176625

For the period from 01/01/2025 to 31/12/2025

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	£	£	£	£	£
Total payments	<u>20,272</u>	<u>923</u>	<u>0</u>	<u>21,195</u>	<u>28,679</u>
Excess of receipts over payments	<u>62,886</u>	<u>-623</u>	<u>0</u>	<u>62,263</u>	<u>-3,901</u>
Transfers between Funds	-125	125		0	0

Trustees' Annual Report for the period from 01/01/2025 to 31/12/2025

Charity name: The Manchester Centre for Buddhist Meditation Trust

Charity registration number: 1176625

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of the Samatha Meditation Practice and associated teachings through running the Manchester Centre for Buddhist Meditation
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Meditation classes for beginners and more experienced meditators are offered free of charge on several days a week. Many meetings are both in person and on line. Full moon meetings are held regularly and there is a monthly puja (chanting and making offerings) open to all. Study groups, talks, Tai Chi classes and days of practice take place regularly.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have given careful consideration to the guidance issued by the Charity Commission on public benefit. Many of the classes and activities are of benefit to the mental and physical wellbeing of those who choose to access them. There are no charges for classes, donations are invited. The garden at the Manchester Centre is open to the public and they enjoy spending time there. The extensive private library is open to Samatha members and visiting Buddhist scholars.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The Manchester Centre and all its activities are entirely run by the members on a voluntary basis. The time, support and enthusiasm offered is much appreciated by the Trustees.

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The Manchester Centre has continued to offer classes open to the general public to learn Samatha meditation practice. This includes associated Buddhist activities such as study groups and other supporting practices. Classes for more experienced meditators are also offered.</p> <p>The monthly Pujas and full moon meetings are open to all, both in person and online. The Tai Chi group have continued to meet. A weekly online meditation meeting with an emphasis on well-being and mindfulness has become established and is open to anyone who wishes to join in.</p> <p>There have been days and weekends of practice and study mostly offered in person.</p> <p>A number of time-limited and ongoing groups have met online to investigate aspects of the Teachings of the Buddha and other related topics.</p> <p>We have continued to expand our library which now holds approximately 6500 books relating to Buddhism and other wide-ranging subjects. The library is open to members and visiting scholars.</p> <p>The teachings of the Buddha, learning the meditation practice and other mindful activities are offered free of charge and are available to all.</p> <p>To raise awareness of the MCBM, classes and activities are advertised on our website, Face Book, Twitter, signs in the garden and posters in the community.</p> <p>The support and contact found during these meetings has been appreciated by many, both members and non-members.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We continue to offer many opportunities and activities both at the Manchester Centre and online. Including zoom participation in most of our activities has ensured they are more accessible to a wider community. This way of working has continued to be developed and will continue to do so into the foreseeable future.
Performance of fundraising activities against objectives set	Para 1.41	The Trust relies on donations to maintain the Manchester Centre as a base for our classes and associated activities. The level of donations has been maintained, a reflection of generosity much appreciated.
Investment performance against objectives	Para 1.41	N/A

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>Total receipts on unrestricted funds were £83,158</p> <p>These receipts have primarily come from donations by members, £47,492 from standing orders, £2,100 from cash, £1,689 from card and £7,383 from Golden Giving. Being a charity has enabled us to claim Gift Aid totalling £16,605</p> <p>Our outgoings were £20,450 which included £6,251 on maintenance of the Centre, £5,781 on energy and £1,572 on general equipment.</p> <p>The net result for the year was an excess of receipts over payments of £62,886</p> <p>£150,000 of the banked funds is earmarked for transforming the End Room into a functional space for the Centre. These funds are currently held in a savings account with a reasonable interest rate. The plans for the work have now been approved by the local council after amendments were required to the original submission.</p> <p>Our library fund receives £300 per annum from the Samatha Trust which is used to enhance our extensive collection of approximately 7000 books and journals. This year, £923 has been spent on additional books for the library. The end of year balance is £249.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>As we are reliant on voluntary donations from our members, we hold a reserve fund of £12,000 which would go towards covering the cost of running the Manchester Centre for a year.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	
<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are invited by the President, in consultation with others, from the membership. The current Trustees give the final approval. New Trustees are selected for their interest and commitment to the future of the MCBM. The intention is to maintain a good balance amongst the Trustees including teaching and meditation experience, gender and age.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	When new Trustees are appointed they are directed to become familiar with all policies and procedures on the Manchester Trust's website.
The charity's organisational structure and any wider network with which the charity work	Para 1.51	The charity's organisation structure comprises a group of Trustees and a management committee elected by the members. MCBM Trust and the Samatha Trust work closely together.
Relationship with any related parties	Para 1.51	The Samatha Trust are owners of the Manchester building and all permanent fixtures and fittings.

Reference and Administrative details

Charity name	Manchester Centre for Buddhist Meditation Trust
Other name the charity uses	
Registered charity number	1176625
Charity's principal address	21, High Lane, Chorlton, Manchester, M21 9DJ

Names of the charity trustees who manage the charity

The trustees who served from 01/01/25 to 31/12/25:

J. Connolly
R. Rose
A. Hudson
J. Dewhurst
R. Tonkin
C. Heaton
J. Callow

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers

Type of adviser	Name

Name of chief executive or names of senior staff members

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) *Andrew Hudson*

Full name(s) Andrew Hudson

Position (eg Secretary,
Chair, etc) Chair of Trustees

Date 14/5/26

THE MANCHESTER CENTRE FOR BUDDHIST MEDITATION TRUST

England & Wales - Charity number 1176625

Accounts

Trustees' Annual Report for the period from 01/01/2023 to 31/12/2023

Charity name: The Manchester Centre for Buddhist Meditation Trust

Charity registration number: 1176625

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of the Samatha Meditation Practice and associated teachings through running the Manchester Centre for Buddhist Meditation
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Meditation classes for beginners and more experienced meditators are offered free of charge on several days a week. Many meetings are both in person and on line. Full moon meetings are held regularly and there is a monthly puja (chanting and making offerings) open to all. Study groups, Tai Chi, courses and weekends of practice take place regularly.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have given careful consideration to the guidance issued by the Charity Commission on public benefit. Many of the classes and activities are of benefit to the mental and physical wellbeing of those who choose to access them. There are no charges for classes, donations are invited. The garden at the Manchester Centre is open to the public and they enjoy spending time there. The extensive private library is open to Samatha members and visiting Buddhist scholars.

Additional information (optional)

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	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The Manchester Centre and all its activities are entirely run by the members on a voluntary basis. The time, support and enthusiasm offered is much appreciated by the Trustees.

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During recent unusual years, the Manchester Centre had continued offering to the wider community a number of beginners' classes for learning the Samatha meditation practice by adapting to include online participation as well as the in-person classes. Classes for more experienced meditators had continued in a similar way.</p> <p>At the start of 2023 there remained signs of reluctance from beginners and more experienced meditators to attend events at the centre in person; significant efforts were made successfully to increase the level of in-person activity such that by the end of 2023 face-to-face activity had returned to being the dominant approach to meditation teaching.</p> <p>The monthly Pujas are open to all, both in person and online.</p> <p>The full moon meetings have returned to being held in-person.</p> <p>The Tai Chi group have continued to meet, normally in person.</p> <p>A weekly online meditation meeting with an emphasis on well-being and mindfulness has become established and is open to anyone who wishes to join in.</p> <p>There have been days and weekends of practice and study mostly offered in person.</p> <p>A number of time-limited and ongoing groups have met online to investigate aspects of the Teachings of the Buddha and other related topics.</p> <p>We have continued to expand our library which now holds approximately 6500 books relating to Buddhism and other wide-ranging subjects. The library is open to members and visiting scholars.</p> <p>The teachings of the Buddha, learning the meditation practice and other mindful activities are offered free of charge and are available to all.</p> <p>To raise awareness of the MCBM, classes and activities are advertised on our website, Face Book, Twitter, signs in the garden and posters in the community.</p> <p>The support and contact found during these meetings has been appreciated by many, both members and non-members.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We continue to offer many opportunities and activities both at the Manchester Centre and online. Including zoom participation in most of our activities has ensured they are more accessible to a wider community. This way of working has continued to be developed and will continue to do so into the foreseeable future.
Performance of fundraising activities against objectives set	Para 1.41	The Trust relies on donations to maintain the Manchester Centre as a base for our classes and associated activities. The level of donations has been maintained, a reflection of generosity much appreciated.
Investment performance against objectives	Para 1.41	N/A

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>Total receipts on unrestricted funds were £30,499</p> <p>These receipts have primarily come from donations by members, £7,657 from standing orders, £2,757 from cash, £2,464 from card and £11,464 from Golden Giving. Being a charity has enabled us to claim Gift Aid totalling £5,666</p> <p>Our outgoings were £25,970 which included £7,000 on internal and external repairs to the Centre, £5,100 on energy, £4,200 on improvements to the garden and £1,800 on general equipment.</p> <p>The net result for the year was an excess of receipts over payments of £4,529</p> <p>£100,000 of the banked funds is earmarked for transforming the End Room into a functional space for the Centre. An architect has drawn up the plans which are due to be submitted for approval by the local council.</p> <p>Our library fund receives £300 per annum from the Samatha Trust which is used to enhance our extensive collection of approximately 6,500 books. The end of year balance was £447.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>As we are reliant on voluntary donations from our members, we hold a reserve fund of £12,000 which would go towards covering the cost of running the Manchester Centre for a year.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	
<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	

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Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are invited by the President, in consultation with others, from the membership. The current Trustees give the final approval. New Trustees are selected for their interest and commitment to the future of the MCBM. The intention is to maintain a good balance amongst the Trustees including teaching and meditation experience, gender and age.

Additional information (optional)

You may choose to include further statements where relevant about:

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The charity's organisational structure and any wider network with which the charity work	Para 1.51	The charity's organisation structure comprises a group of Trustees and a management committee elected by the members. MCBM Trust and the Samatha Trust work closely together.
Relationship with any related parties	Para 1.51	The Samatha Trust are owners of the Manchester building and all permanent fixtures and fittings.

Reference and Administrative details

Charity name	Manchester Centre for Buddhist Meditation Trust
Other name the charity uses	
Registered charity number	1176625
Charity's principal address	21, High Lane, Chorlton, Manchester, M21 9DJ

Names of the charity trustees who manage the charity

The trustees who served from 01/01/23 to 31/12/23:

J.A. Callow – Chairman
T.A. Bochenski
F.A. Beresford
J. Connolly
R. Rose
A. Hudson
J. Dewhurst

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers

Type of adviser	Name
President of the MCBM	Keith Munnings
Chairman of the MCBM	Hilary Phillips
Treasurer of the MCBM	Linda Ely

Name of chief executive or names of senior staff members

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) J. Callow

Full name(s) Jacqueline Anne Callow

**Position (eg Secretary,
Chair, etc)** Chair up to 21st April 2024

Date 11/06/2024



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name The Manchester Centre for Buddhist Meditation Trust

**On accounts for the year
ended**

31 December 2023	Charity no	1176625
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Set out on pages

1 – 4 (One to Four)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: Darren Warren	Date: 03/03/2024
------------------------------	-------------------------

Name: Darren Warren – Paxton Independent Examiners

**Relevant professional
qualification(s) or body
(if any):**

FMAAT

Address:

61a High Street South
Rushden
Northants, NN10 0RA

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Receipts & Payments Report

Charity name: M/c Centre for Buddhist Meditation Trust

Charity number: 1176625

For the period from 01/01/2023 to 31/12/2023

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	£	£	£	£	£
Receipts					
Dāna collected at Centre	5,221	0	0	5,221	4,574
Dāna collected at Bank	7,657	0	0	7,657	8,684
Dāna via Samatha Trust	11,464	0	0	11,464	4,952
Gift Aid	5,666	0	0	5,666	2,118
Library grant from Smatha Trust	0	300	0	300	300
Bequests & Legacies	0	0	0	0	0
Interest received	297	0	0	297	162
Other receipts	100	0	0	100	0
Other receipts	94	0	0	94	0
Receipt suspense	0	0	0	0	0
	30,499	300	0	30,799	20,790
Asset and Investment sales etc					
	30,499	300	0	30,799	20,790
Payments					
Maintenance	7,994	0	0	7,994	58,790
Install new systems	0	0	0	0	0
Rent	0	0	0	0	0
Rates	0	0	0	0	0
Electricity	1,739	0	0	1,739	1,162
Gas	3,416	0	0	3,416	1,892
Water	922	0	0	922	777
Telephone/Broadband	403	0	0	403	376
Insurance	896	0	0	896	825
Cleaning	643	0	0	643	586
Publicity	262	0	0	262	199
Refreshments	1,159	0	0	1,159	142
Other meeting costs	293	0	0	293	71
Garden	4,210	0	0	4,210	262
IT running costs	288	0	0	288	144
Staff training costs	0	0	0	0	0
Accounting software	444	0	0	444	210
Independent examination	0	0	0	0	480
Banking [charges/interest]	60	0	0	60	81
Grants and donations	700	0	0	700	500
Library Office costs	198	0	0	198	359
Expenses/travel/subsistence	250	0	0	250	265
Professional fees and expenses	0	0	0	0	0
Other payments	0	0	0	0	0
	23,877	0	0	23,877	67,121
Assets and investment purchased					
Equipment, furnishings and fittings	1,863	0	0	1,863	1,550
Books and publications	229	372	0	601	315
	2,092	372	0	2,464	1,865

Receipts & Payments Report

Charity name: M/c Centre for Buddhist Meditation Trust

Charity number: 1176625

For the period from 01/01/2023 to 31/12/2023

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	£	£	£	£	£
Total payments	<u>25,969</u>	<u>372</u>	<u>0</u>	<u>26,341</u>	<u>68,986</u>
Excess of receipts over payments	<u>4,530</u>	<u>-72</u>	<u>0</u>	<u>4,458</u>	<u>-48,196</u>
Transfers between Funds	0	0	0	0	0
Cash Funds Last Year End	<u>135,305</u>	<u>519</u>	<u>0</u>	<u>135,824</u>	<u>184,019</u>
Cash funds this year end	<u>139,835</u>	<u>447</u>	<u>0</u>	<u>140,282</u>	<u>135,823</u>



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
The Manchester Centre for Buddhist Meditation Trust

**On accounts for the year
ended**

31 December 2023	Charity no	1176625
------------------	-------------------	---------

Set out on pages

1 – 4 (One to Four)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: Darren Warren **Date:** 03/03/2024

Name: Darren Warren – Paxton Independent Examiners

**Relevant professional
qualification(s) or body
(if any):**

FMAAT

Address:

61a High Street South
Rushden
Northants, NN10 0RA

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

[Empty box for disclosure details]

Receipts & Payments Report

Charity name: M/c Centre for Buddhist Meditation Trust

Charity number: 1176625

For the period from 01/01/2023 to 31/12/2023

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	£	£	£	£	£
Receipts					
Dāna collected at Centre	5,221	0	0	5,221	4,574
Dāna collected at Bank	7,657	0	0	7,657	8,684
Dāna via Samatha Trust	11,464	0	0	11,464	4,952
Gift Aid	5,666	0	0	5,666	2,118
Library grant from Smatha Trust	0	300	0	300	300
Bequests & Legacies	0	0	0	0	0
Interest received	297	0	0	297	162
Other receipts	100	0	0	100	0
Other receipts	94	0	0	94	0
Receipt suspense	0	0	0	0	0
	30,499	300	0	30,799	20,790
Asset and Investment sales etc					
	30,499	300	0	30,799	20,790
Payments					
Maintenance	7,994	0	0	7,994	58,790
Install new systems	0	0	0	0	0
Rent	0	0	0	0	0
Rates	0	0	0	0	0
Electricity	1,739	0	0	1,739	1,162
Gas	3,416	0	0	3,416	1,892
Water	922	0	0	922	777
Telephone/Broadband	403	0	0	403	376
Insurance	896	0	0	896	825
Cleaning	643	0	0	643	586
Publicity	262	0	0	262	199
Refreshments	1,159	0	0	1,159	142
Other meeting costs	293	0	0	293	71
Garden	4,210	0	0	4,210	262
IT running costs	288	0	0	288	144
Staff training costs	0	0	0	0	0
Accounting software	444	0	0	444	210
Independent examination	0	0	0	0	480
Banking [charges/interest]	60	0	0	60	81
Grants and donations	700	0	0	700	500
Library Office costs	198	0	0	198	359
Expenses/travel/subsistence	250	0	0	250	265
Professional fees and expenses	0	0	0	0	0
Other payments	0	0	0	0	0
	23,877	0	0	23,877	67,121
Assets and investment purchased					
Equipment, furnishings and fittings	1,863	0	0	1,863	1,550
Books and publications	229	372	0	601	315
	2,092	372	0	2,464	1,865

Receipts & Payments Report

Charity name: M/c Centre for Buddhist Meditation Trust

Charity number: 1176625

For the period from 01/01/2023 to 31/12/2023

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
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Total payments	<u>25,969</u>	<u>372</u>	<u>0</u>	<u>26,341</u>	<u>68,986</u>
Excess of receipts over payments	<u>4,530</u>	<u>-72</u>	<u>0</u>	<u>4,458</u>	<u>-48,196</u>
Transfers between Funds	0	0	0	0	0
Cash Funds Last Year End	<u>135,305</u>	<u>519</u>	<u>0</u>	<u>135,824</u>	<u>184,019</u>
Cash funds this year end	<u>139,835</u>	<u>447</u>	<u>0</u>	<u>140,282</u>	<u>135,823</u>

THE MANCHESTER CENTRE FOR BUDDHIST MEDITATION TRUST

England & Wales - Charity number 1176625

Accounts

Trustees' Annual Report for the period from 01/01/2021 to 31/12/2021

Charity name: The Manchester Centre for Buddhist Meditation Trust

Charity registration number: 1176625

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of the Samatha Meditation Practice and associated teachings through running the Manchester Centre for Buddhist Meditation
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Meditation classes for beginners and more experienced meditators are offered free of charge on several days a week. Many meetings are both in person and on line. Full moon meetings are held regularly and there is a monthly puja open to all. Study groups, Tai Chi, courses and weekends of practice take place regularly.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have given careful consideration to the guidance issued by the Charity Commission on public benefit. Many of the classes and activities are of benefit to the mental and physical wellbeing of those who choose to access them. There are no charges for classes, donations are invited. The garden at the Manchester Centre is open to the public and they enjoy spending time there. The extensive library is open to Samatha members and Buddhist scholars.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The Manchester Centre and all its activities are run by the members on a voluntary basis. The time, support and enthusiasm offered is much appreciated by the Trustees.

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During the last unusual year the Manchester Centre has continued to offer several beginners classes to learn the Samatha meditation practice. They have been adapted to include online participation as well as the in person classes when circumstances have allowed. These classes continue several times a week, some of the classes offering both an in person or online option. Classes for more experienced meditators continue in a similar way.</p> <p>The monthly Pujas are open to all, both in person and online.</p> <p>The full moon meetings have generally moved online and are now also attended by meditators from many other countries.</p> <p>The Tai Chi group have continued to meet either in person or online.</p> <p>A weekly online meditation meeting with an emphasis on well-being and mindfulness has become established and is open to anyone who wishes to join in.</p> <p>There have been days and weekends of practice and study offered both online and in person when possible.</p> <p>Several time limited and ongoing groups have met online to investigate aspects of the Teachings of the Buddha and other related topics.</p> <p>We have continued to expand our library which now holds approximately 5500 books relating to Buddhism and other wide-ranging subjects. The library is open to members and visiting scholars. The teachings of the Buddha, learning the meditation practice and other mindful activities are offered free of charge and are available to all.</p> <p>To raise awareness of the MCBM, classes and activities are advertised on our website, Face Book, Twitter, signs in the garden and posters in the community.</p> <p>The support and contact found during these meetings has been appreciated by many, both members and non-members.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Under the very unusual circumstances of the Covid 19 pandemic, we have continued to offer many opportunities and activities both at the Manchester Centre and online. Including zoom participation in most of our activities has ensured they are more accessible to a wider community. This way of working will continue into the foreseeable future.
Performance of fundraising activities against objectives set	Para 1.41	The Trust relies on donations to maintain the Manchester Centre as a base for our classes and associated activities. The level of donations has been maintained, a reflection of generosity much appreciated.
Investment performance against objectives	Para 1.41	N/A

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>Total receipts on unrestricted funds were £155,860.</p> <p>This included a pecuniary legacy of £138,304 from the estate of Mr Peter Kerrigan which has been gratefully received. A significant amount of this has been reserved for the repairs to a major wall in the older part of our building (estimated to cost £71,400) and then subsequently transforming that part of the building into a functional space for the centre (currently in the ideas/planning phase).</p> <p>The other receipts this year have primarily come from donations by members, £9,527 from standing orders, £1,310 from cash and £4,610 from Golden Giving. Being a charity has enabled us to claim Gift Aid totalling £1,790.</p> <p>Our outgoings were £17,425 which included the first payment towards the wall repair (£4,834) and the purchase of additional IT equipment to enable online attendance at our classes, meetings and events (£1,308)</p> <p>The net result for the year (excluding Mr Kerrigan's legacy and the first payment towards the wall repair) was an excess of receipts over payments of £4,965</p> <p>Our library fund receives £300 per annum from The Samatha Trust which is used to enhance our extensive collection of approximately 5,500 books. The end of year balance was £507.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>As we are reliant on voluntary donations from our members, we hold a reserve fund of £12,000 which would cover the cost of running the Manchester Centre for a year.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	
<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are chosen by the President, in consultation with others, from the membership. The current Trustees give the final approval. New Trustees are selected for their interest and commitment to the future of the MCBM with an intention to maintain a good balance including teaching and meditation experience, gender and age.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity work	Para 1.51	
Relationship with any related parties	Para 1.51	

Reference and Administrative details

Charity name	Manchester Centre for Buddhist Meditation Trust
Other name the charity uses	
Registered charity number	1176625
Charity's principal address	21, High Lane, Chorlton, Manchester, M21 9DJ

Names of the charity trustees who manage the charity

The trustees who served from 01/01/21 to 28/02/22:

T.A. Bochenski – Chairman
 F.A. Beresford
 R. Schillinger
 P. Crean
 S.Wheeler (resigned on 18/10/21)

Current trustees:

J.A. Callow – Chairman
 T.A. Bochenski
 F.A. Beresford
 R. Schillinger
 J. Connolly

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers

Type of adviser	Name
President of the MCBM	Keith Munnings
Chairman of the MCBM	Hilary Phillips
Treasurer of the MCBM	Linda Ely

Name of chief executive or names of senior staff members

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

TABochenSKI .

Full name(s)

TRACEY ANNE BOCHENSKI

Position (eg Secretary,
Chair, etc)

Trustee

Date

20.9.22 .

Independent examiner's report
to the trustees of
The Manchester Centre for Buddhist Meditation Trust

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st December 2021 which are set out on pages 10 to 11.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

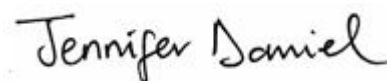
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Chartered Certified Accountants
Beehive Mill, Jersey Street
Manchester, M4 6JG

Date 20 September 2022



Receipts and payments accounts

CC16a

For the period from	01/01/2021	To	31/12/2021
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Section A Receipts and payments

	General Fund (Unrestricted) to the nearest £	Library Fund (Restricted) to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Centre - Cash and Cheques	1310	-	-	1,310	2501
Centre - Card	4	-	-	4	16
Bank – individuals	9527	-	-	9,527	8708
Via Golden Giving	4610	-	-	4,610	2408
Gift Aid	1790	-	-	1,790	527
Grants from Samatha Trust	-	300	-	300	300
Legacy from Peter Kerrigan	138304	-	-	138,304	0
Interest Received	78	-	-	78	99
Other Receipts	237	-	-	237	20
Sub total (Gross income for AR)	155,860	300	-	156,160	14,579
A2 Asset and investment sales, (see table).					
None	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	155,860	300	-	156,160	14,579
A3 Payments					
Repairs and maintenance	6640	-	-	6,640	851
Electricity	694	-	-	694	809
Gas	1601	-	-	1,601	2351
Water	702	-	-	702	1017
Telephone/Broadband	434	-	-	434	403
Insurance	766	-	-	766	753
Cleaning	516	-	-	516	350
Publicity	20	-	-	20	88
Refreshments	20	-	-	20	0
Garden	474	-	-	474	101
IT Running Costs	432	-	-	432	326
Accounting Costs (Paxton)	198	-	-	198	180
Bank Charges	96	-	-	96	60
Grants and Donations made	1040	-	-	1,040	80
Sub total	13,633	-	-	13,633	747
A4 Asset and investment purchases, (see table)					
Library Books and Publications	0	365	-	365	748
Equipment, furnishings and fittings	3792	-	-	3,792	291
Sub total	3,792	365	-	4,157	1,039
Total payments	17,425	365	-	17,790	1,786
Net of receipts/(payments)	138,435	65	-	138,370	12,793
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	45,038	572	-	45,610	-
Cash funds this year end	183,473	507	-	183,980	12,793

Section B Statement of assets and liabilities at the end of the period

Categories	Details	General Fund (Unrestricted) to nearest £	Library Fund (Restricted) to nearest £	Endowment funds to nearest £
B1 Cash funds				
	CAF Cash Account	164,427	507	-
	RBS Select Account	7,046	-	-
	Shawbrook Bank Account	12,000	-	-
		-	-	-
	Total cash funds	183,473	507	-
		OK	OK	OK

(agree balances with receipts and payments account(s))

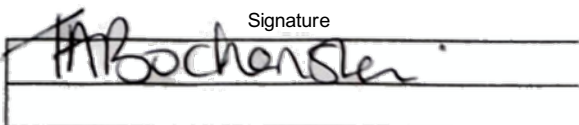
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
	None	-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			
	None		-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details			
	Kitchen utensils	General	-	-
	Cleaning equipment	General	-	-
	42 tables and desks	General	-	-
	95 chairs and stools	General	-	-
	7 shoe racks	General	-	-
	40 vases	General	-	-
	2 vacuum cleaners	General	-	-
	2 free standing heaters	General	-	-
	3 free standing whiteboards	General	-	-
	4 lamps	General	-	-
	20 large meditation mats	General	-	-
	1 very large Buddha rupa	General	-	-
	26 small & medium Buddha rupas	General	-	-
	6 free standing book cases	General	-	-
	1 small filing cabinet	General	-	-
	1 single bed	General	-	-
	2 foldable beds	General	-	-
	15 pictures	General	-	-
	5 rugs	General	-	-
	11 carpets	General	-	-
	1 photocopier	General	-	-
	1 fan	General	-	-
	1 ramp	General	-	-
	186 cushions	General	-	-
	Brass accessories for meditation practises	General	-	-
Computer equipment for online meetings	General	-	-	
Shelving in Tropical Room	General	-	-	
5500 Books	Library	-	-	

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details			
	None		-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	TRACEY ANNE BOCHENSKI	20.9.22