

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2022
for
IPSUM

Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

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for the Year Ended 31 March 2022

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IPSUM

Report of the Trustees **for the Year Ended 31 March 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

On 1 April 2018 Swindon & Wiltshire Alcohol & Drug Services (SWADS) rebranded as IPSUM and transferred its trade and assets to this new charitable incorporated organisation (CIO) run by the same trustees and staff as SWADS.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our objectives are: To assist in the treatment, care, and rehabilitation of persons suffering from mental, emotional or psychological illness, including but not limited to issues relating to drug and alcohol abuse, by: (i) the provision of counselling and support concerned with the alleviation of symptoms and the cure of illness ancillary to those provided by the statutory authorities, and (ii) the provision of facilities for immersive creative therapies.

IPSUM

Report of the Trustees for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

Significant activities

IPSUM Programmes

We are very fortunate that our trained facilitators and therapists are supported by volunteers with a diverse range of skills and talents.

A rewarding part of our programme is to empower our service users and support them towards becoming peer mentor volunteers if they want to. This has been a successful intervention, building self-esteem and employment skills and for many of our clients who have since moved on to secure paid work.

New View Art Room

Daily workshops provide the opportunity for clients to try new ideas, experiment with different art mediums and try activities such as watercolour painting, acrylics, drawing, textiles, crafts, printmaking and more.

The Therapeutic Creative Arts are a powerful tool that can help to relieve anxiety, stress and tension. It can increase motivation and self-worth giving new outlets as a distraction technique and safe coping mechanisms.

Basement 13 Music Studio

Our music studio offers a chance for clients to experience the power of music through many different mediums. We are in the fortunate position to offer specialist music therapy groups with a world-renowned psychotherapist.

The opportunity to learn to play an instrument including guitar, bass guitar, keyboard and drums. With the support of our music facilitator there is the option to record your own music, songs or poetry in our professional studio.

IPSUM is also in the position to offer the exciting prospect of creating and engineering your own digital music with a tutor, using a computer programme which supports your learning.

No musical theory is needed to access learning. there is also the exciting prospect of taking a course in DJing.

We hold a weekly session to create a monthly radio show that is aired on a local radio station with special features, interviews and the chance to play some of the music produced in the studio.

The Art and Soul Show from the Sounds of IPSUM is on Swindon 105.5 FM. This is a fantastic opportunity for clients to showcase their work and be involved in production and engineering.

Therapeutic Creative Writing Courses

The creative writing courses offer an opportunity to explore the written word in a facilitated group. There is a mix of poetry, short stories and songs created by the clients embracing this very effective modality.

The safe space created by the tutor gives a platform for exploring the creative mind and can prove to be a very effective tool to learn and use as a healthy way to express thoughts and feelings.

Talking Therapies

What makes us unique is that clients are not limited to the 6 or 12 sessions of treatment that they can experience under NHS treatment services.

Our Counsellors come from a varied background of theoretical training which enables us to try to meet the needs of each individual.

Our Counselling & Psychotherapy Services are accessible to both 1:1 or couples. All Counsellors abide by the 'British Association for Counsellors and Psychotherapists' ethical guidelines and the charity is registered with them as our governing body.

Mindfulness, Meditation and Relaxation

IPSUM facilitates mindfulness and meditation courses run over a six-week period which teaches the art of healthy relaxation.

Exploring the theory behind the very healthy and powerful coping mechanism of relaxation underpins the learning and increases the client's self-awareness.

At the end of this course the client will have a life-long coping tool they can use in any situation.

Professional Training

IPSUM holds Continuing Professional Development days for Counsellors.

We also offer training packages and team building days to organisations.

We offer a range of CPD training including

Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

'Managing Risky Situations'.
'Conflict in the Workplace'
'Stress, Anxiety and Mood management'
'How to manage difficult conversations'

Teambuilding

We use our Creative Studios as a platform to create that bespoke Teambuilding Day unlike any you have experienced before.

No need to worry about bad weather spoiling your employees' experience. A warm and inviting studio provides the space to challenge the group dynamics and bring your team together writing and recording their song in a day. And if music isn't the draw for your team then we can tailor a Teambuilding Day with a few surprises in the Art Studios where the team creates a masterpiece.

The Ground Café

A weekly drop in Café session is on offer for all our clients. This creates a safe space for clients to meet with others and widen their social circles through meeting with a diverse group of people. This is also a good place to hear about upcoming events and courses at IPSUM.

Public benefit

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. The trustees consider that they have acted in the public benefit.

IPSUM

Report of the Trustees **for the Year Ended 31 March 2022**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity enables people to express and explore their thoughts and emotions through the Arts.

Ipsium uses Arts therapies, music, and visual arts to help people explore their wellbeing and help develop coping skills.

The service offers short-term intervention groups that are art-based for people struggling with their mental health. Activities include arts and music.

Ipsium supports people with counselling and psychotherapy regulated by the professional body British Association of Counselling and Psychotherapy (BACP) and we work to their code of ethics. We offer these talking therapies to all who are psychologically able to engage in them for a donation based on affordability.

IPSUM supports people to develop peer support groups and integrate into mainstream activities/ wider community life and promotes locally the benefits of art-based activities to mainstream population.

The Music Team delivers over 50 one to one sessions in one week alone, 42% of which are under 18 years old.

That's over 200 therapeutic music sessions in a month

We welcome all ages and abilities!

Ipsium Youth for ages 10 upwards provides 1-1 music sessions and group art sessions

Every other Saturday we work with groups of 8 young people in both the art room and music dept.

Ipsium counselling Psychotherapy

An increase of 20 to 47 Counsellors volunteering for Ipsium, that currently deliver 108 hours of one-to-one counselling sessions across 7 days of the week.

Ipsium Art

Our Art Team delivers 10 group sessions at Ipsium and within the community ensuring we are accessible to all.

Over a period of a week, 90 people attend our groups.

We offer guided sessions, such as fine art portraits or watercolours, facilitating sessions that have a focus on the social aspect as well as therapeutic creativity, providing a safe space to explore.

- Over 1000 people have been supported in the last year. Referrals are still rising on a monthly basis.
- 83% of our community come from high-risk groups
- 26.8% of new presentations were in the non-White British' demographic.
- We now offer a 7 day a week service (Sundays 10.00am -4.00pm counselling only) Although we are hopeful that in the next year, we will be in a position to offer the creative services as well.
- For those who have physical disabilities we have been able to renew our partnership with the Olive tree Café and introduced sessions at the Hub in Swindon town centre

This year has seen our services increase in demand by 110%.

Performance against Data

IPSUM continue to exceed its identified targets and is performing well against the business plan with grants and contracts.

From our audits, WEMWBs, feedback, community peer forums and care plans, we can monitor, and measure service outcomes and the impact achieved.

- 89% report a reduction in Stress, anxiety, low mood and depression
- 62% of couples working in counselling, report recognising triggers related to Relationship & Attachment disorders has helped their relationship to go forward in a positive way
- 72% report a level of success in addressing behavioural issues by working with immediacy and positive strategies
- 39% increase in educational attendance for younger people reducing absenteeism.
- We have supported 69% to maintain or access employment for those struggling to cope with work and mental health conditions.
- 89% of people using talking therapies, report a greater understanding of the underlying triggers, enabling their lives to move forward.
- 62% using therapeutic arts to decrease dependency on addictive behaviours are now able to manage and recognise unsafe choices.
- 91% report Increase in confidence and self-esteem through the power of creativity.
- 69% report using safe coping strategies for minimising Self-harming.
- We decrease suicidal risk by addressing the ideation through therapeutic interventions.
- We are supporting people with eating disorders to understand and control their reactive responses and offer alternative healthy coping skills.

IPSUM

Report of the Trustees **for the Year Ended 31 March 2022**

Volunteers

Currently 51 volunteers aligned to the charity, without whom the project would not be able to run. All new staff and volunteers are expected to attend Mental Health Awareness Training and Safeguarding training as a minimum.

Counselling Provision

The rate for counselling is up 62% with a minimum of 38 referrals a week for counselling alone.

A key area identified by the Trustees, was to increase the talking therapies provision. It was actioned to hold interviews for new counsellors.

20 applicants applied for the workshop day; we were in a position to offer a further 17 placements.

Ipsium Youth

New Patron for Ipsium Youth

Local rapper S1mba has joined our initiative, visiting regularly to assist as a mentor with the NEETS, YOT and SEND young people in Swindon.

The charity now takes on work experience students from The Platform Project to enhance young people's confidence and self-esteem.

In September 2021 Ipsium started working in partnership with the Youth Offending Team, looking to engage more young people through the digital music programme teaching production and engineering. This is proving a popular and healthy intervention, increasing self-esteem, and teaching transferable skills.

Financial Sustainability Statement

Income generation is IPSUM's major focus to sustain its work/service offerings. IPSUM must be able to generate sufficient income to cover costs by generating enough funds to cover staff & non-staff overheads and key activities.

Our income is generated from numerous sources, including trusts in the form of grants, public fundraising, commissioning for contracts. We have various approaches to generating income from as many different sources, these are supported by marketing activities i.e. Facebook, fundraisers, promotional radio interviews etc. aimed at connecting to supporters, donors, and funders.

IPSUM establishes a comprehensive business plan for each application that outlines the key future objectives and activities and overall strategy of the Charity, and identifies the actions needed to achieve and fulfil them, as well as the resources (particularly people) and facilities required.

IPSUM continually demonstrates tightly managed cost control processes,

Cash-flow is well-thought through and regularly monitored, the financial plan is assessed and reviewed at bi-monthly Trustee meetings.

FINANCIAL REVIEW

Financial position

At 31 March 2022, total funds held were £493,946.

Reserves policy

The charity expects to hold sufficient reserves to cover all expenses incurred to fulfil the exit strategy; this will normally not be less than three months or more than six months operational costs. The charity may hold in reserve any monies which are restricted for the "life" of specific projects running outside the financial year. Additionally, the charity may "ring fence" non-restricted funds as reserves for specific project costs.

At 31 March 2022 the charity had total funds of £493,946. Of these funds, £134,513 are held as restricted and £224,110 have been designated for the following purposes:

£122,031	- Functional Fixed Assets
£102,079	- 6 month exit costs

The reserves held in excess of the required amount are £135,323 (being total funds less restricted and designated funds). The £135,000 is being held in reserve for matched funding projects through 2023/24, the monies will be released in line with the received funding streams.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

Executive Committee Members are elected via the AGM. Anyone wishing to join the organisation as a trustee is required to put their name forward to the next available AGM and be elected onto the Committee. Each year one third of the Trustees are required to put their names forward for re-election at the AGM. This is done on a rotating basis.

IPSUM

Report of the Trustees **for the Year Ended 31 March 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

IPSUM is managed by the Executive Committee on which the Trustees serve and is responsible for the legal and financial management of the organisation. The Executive Committee meets 8 times a year and makes strategic decisions regarding the long-term development of the organisation. The Executive Committee is comprised of members from a wide and varied background. Key members of the volunteer group, service users and staff team are also invited to attend meetings as appropriate.

The charity makes decisions at the bi-monthly Executive Committee meetings. All Executive Committee meetings have an Agenda and items to be discussed are included and sent out in advance of the meetings, as are the minutes of the meeting and financial papers. All decisions are reached through discussion and consensus with the view of the representatives being considered. If no consensus is reached a vote would be taken, and in the case of a split decision the Chairperson would have the casting vote.

The trustees delegate day-to-day management to the Director, Julie Mattinson.

Induction and training of new trustees

New trustees go through an induction process to explain their responsibilities, the work of IPSUM, and to introduce them to key personnel within the organisation.

Key management remuneration

The board of trustees review the pay of the chief Executive on an annual basis.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

IPSUM's Board of Trustees regularly review and assess the risks faced by our charity in all areas of its work and plan for the management of those risks. Risk is an everyday part of our charitable activity and managing it effectively is essential for the trustees to achieve their key objectives and safeguard their charity's funds and assets.

IPSUM's approach for Operational risk is covered off across four stages which involve the preparing of a risk assessment, this could be for a project, organisation or set of operating processes.

These are:

- risk identification: identifying the main risks
- risk assessment: assessing the likelihood of each risk occurring and the consequences for the charity/organisation
- risk mitigation: identifying the most appropriate actions to reduce or eliminate the risk
- contingency assessment: identifying the contingencies that need to be put in place following the risk assessment.

Risk management is an ongoing process and has been fully integrated into our project management and review processes.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1176614

Principal address

Bradford House
13 Milton Road
Swindon
Wiltshire
SN1 5JE

Trustees

A Gould
Dr J Gould
M Woolls
C Mattinson

IPSUM

Report of the Trustees
for the Year Ended 31 March 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

J Gare
FCA DChA
Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

Approved by order of the board of trustees on 20 October 2022 and signed on its behalf by:

Dr J Gould - Trustee

**Independent Examiner's Report to the Trustees of
IPSUM**

Independent examiner's report to the trustees of IPSUM

I report to the charity trustees on my examination of the accounts of IPSUM (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA DChA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J Gare
FCA DChA
Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

25 October 2022

IPSUM

Statement of Financial Activities
for the Year Ended 31 March 2022

		Unrestricted fund	Designated Fund	Restricted funds	2022 Total funds	2021 Total funds
	Notes	£	£	£	£	£
INCOME AND ENDOWMENTS FROM						
Donations and legacies	2	67,703	-	190,749	258,452	141,700
Charitable activities						
Advice, Information & Therapy		130,967	-	-	130,967	123,121
Other trading activities	3	80	-	-	80	483
Total		198,750	-	190,749	389,499	265,304
EXPENDITURE ON						
Raising funds	5	2,371	-	-	2,371	406
Charitable activities	6					
Advice, Information & Therapy		148,062	3,597	59,733	211,392	185,762
Total		150,433	3,597	59,733	213,763	186,168
NET INCOME/(EXPENDITURE)		48,317	(3,597)	131,016	175,736	79,136
Transfers between funds	16	(1,351)	1,351	-	-	-
Net movement in funds		46,966	(2,246)	131,016	175,736	79,136
RECONCILIATION OF FUNDS						
Total funds brought forward		88,357	226,356	3,497	318,210	239,074
TOTAL FUNDS CARRIED FORWARD		135,323	224,110	134,513	493,946	318,210

The notes form part of these financial statements

IPSUM

Balance Sheet
31 March 2022

		Unrestricted fund	Designated Fund	Restricted funds	2022 Total funds	2021 Total funds
	Notes	£	£	£	£	£
FIXED ASSETS						
Tangible assets	13	-	122,031	-	122,031	124,276
CURRENT ASSETS						
Debtors	14	21,833	-	123,166	144,999	30,573
Cash at bank and in hand		129,116	102,079	11,347	242,542	191,423
		<u>150,949</u>	<u>102,079</u>	<u>134,513</u>	<u>387,541</u>	<u>221,996</u>
CREDITORS						
Amounts falling due within one year	15	(15,626)	-	-	(15,626)	(28,062)
NET CURRENT ASSETS		<u>135,323</u>	<u>102,079</u>	<u>134,513</u>	<u>371,915</u>	<u>193,934</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>135,323</u>	<u>224,110</u>	<u>134,513</u>	<u>493,946</u>	<u>318,210</u>
NET ASSETS		<u>135,323</u>	<u>224,110</u>	<u>134,513</u>	<u>493,946</u>	<u>318,210</u>
FUNDS	16					
Unrestricted funds:						
General fund					135,323	88,357
Designated fund for functional fixed assets					122,031	124,277
Designated fund for exit costs					102,079	102,079
					<u>359,433</u>	<u>314,713</u>
Restricted funds:						
Supporting loneliness and isolation					-	3,497
Youth project					134,513	-
					<u>134,513</u>	<u>3,497</u>
TOTAL FUNDS					<u>493,946</u>	<u>318,210</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 20 October 2022 and were signed on its behalf by:

J Gould - Trustee

M Woolls - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on a going concern basis and are presented in Sterling which is the functional currency of the Charity, and rounded to the nearest pound.

There are no significant areas of judgements or key sources of estimation uncertainty.

Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

General information and Legal status of the Charity

The charity is a charitable incorporated organisation. The address of the registered office is given in the trustees report. The nature of the charity's operations and principal activities are given in the trustees report.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 1% straight line
Computer and music equipment	- 25% on straight line basis

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES - continued

Financial risk management

The charity has minimal exposure to customer credit risk, liquidity risk and market risk. Please refer to the risk section of the trustees annual report for information on how risks are managed. The charity does not have any non basic financial instruments.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES

	2022 £	2021 £
Donations	246,733	128,902
Gift aid	11,719	12,798
	<u>258,452</u>	<u>141,700</u>

3. OTHER TRADING ACTIVITIES

	2022 £	2021 £
Fundraising events	-	483
Room hire	80	-
	<u>80</u>	<u>483</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	2022 £	2021 £
Client fees	47,967	34,155
Grants	-	13,966
Contracts for services	83,000	75,000
	<u>130,967</u>	<u>123,121</u>

Grants received, included in the above, are as follows:

	2022 £	2021 £
Coronavirus Job Retention Scheme	-	13,966

IPSUM

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

5. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Bid writing fee	1,680	-
Fundraising costs	691	406
	<u>2,371</u>	<u>406</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs (see note 8)	Totals
	£	£	£
Advice, Information & Therapy	<u>177,366</u>	<u>34,026</u>	<u>211,392</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Staff costs	167,399	151,199
Supervision & Counselling	9,967	6,300
	<u>177,366</u>	<u>157,499</u>

8. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Advice, Information & Therapy	<u>30,518</u>	<u>243</u>	<u>3,265</u>	<u>34,026</u>

Support costs, included in the above, are as follows:

	2022	2021
	Advice, Information & Therapy	Total activities
	£	£
Insurance	4,188	5,825
Telephone and internet	2,152	2,459
Postage, stationery and computer expenses	5,664	4,423
Travel and subsistence	2,159	1,188
Sundries	1,112	75
Utilities & running costs	11,646	8,409
Depreciation of tangible and heritage assets	3,597	3,259
Bank charges	243	179
Accountancy and independent examination	1,357	1,191
Subscriptions	1,908	1,255
	<u>34,026</u>	<u>28,263</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

10. STAFF COSTS

	2022 £	2021 £
Wages and salaries	157,791	141,593
Social security costs	6,840	6,866
Other pension costs	2,768	2,740
	<u>167,399</u>	<u>151,199</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Therapists	8	6
Administration	2	2
	<u>10</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

The total employee benefits for key management personnel of the charity were £50,323 (2021: £50,331) (inclusive of employers national insurance). Key management personnel for the charity comprises the chief executive officer.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Designated Fund	Restricted funds	Total funds
	£	£	£	£
INCOME AND ENDOWMENTS FROM				
Donations and legacies	28,274	-	113,426	141,700
Charitable activities				
Advice, Information & Therapy	123,121	-	-	123,121
Other trading activities	483	-	-	483
Total	<u>151,878</u>	<u>-</u>	<u>113,426</u>	<u>265,304</u>
EXPENDITURE ON				
Raising funds	406	-	-	406
Charitable activities				
Advice, Information & Therapy	75,000	3,259	107,503	185,762
Total	<u>75,406</u>	<u>3,259</u>	<u>107,503</u>	<u>186,168</u>
NET INCOME/(EXPENDITURE)	76,472	(3,259)	5,923	79,136
Transfers between funds	(16,395)	18,821	(2,426)	-
Net movement in funds	60,077	15,562	3,497	79,136

IPSUM

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund	Designated Fund	Restricted funds	Total funds
	£	£	£	£
RECONCILIATION OF FUNDS				
Total funds brought forward	28,280	210,794	-	239,074
TOTAL FUNDS CARRIED FORWARD	<u>88,357</u>	<u>226,356</u>	<u>3,497</u>	<u>318,210</u>

12. GOVERNMENT GRANT AND CONTRACT INCOME

	2022 £	2021 £
Swindon Borough Council	77,475	85,000
National Lottery	184,749	70,000
HMRC	-	13,966
NHS	8,000	-

There were no unfulfilled conditions or other contingencies attached to these grants. The charity has not directly benefited from any other forms of government assistance.

13. TANGIBLE FIXED ASSETS

	Freehold property £	Computer and music equipment £	Totals £
COST			
At 1 April 2021	123,894	8,168	132,062
Additions	-	1,352	1,352
At 31 March 2022	<u>123,894</u>	<u>9,520</u>	<u>133,414</u>
DEPRECIATION			
At 1 April 2021	3,592	4,194	7,786
Charge for year	1,239	2,358	3,597
At 31 March 2022	<u>4,831</u>	<u>6,552</u>	<u>11,383</u>
NET BOOK VALUE			
At 31 March 2022	<u>119,063</u>	<u>2,968</u>	<u>122,031</u>
At 31 March 2021	<u>120,302</u>	<u>3,974</u>	<u>124,276</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	90	17,720
Prepayments and accrued income	144,909	12,853
	<u>144,999</u>	<u>30,573</u>

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Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	7,534	6,693
Social security and other taxes	2,570	2,869
Accruals and deferred income	5,522	18,500
	<u>15,626</u>	<u>28,062</u>

Deferred income of £4,300 (2021: £17,500) relates to income received in advance for post year end fund raising events (2021: post year end service delivery).

16. MOVEMENT IN FUNDS

	At 1.4.21	Net	Transfers	At
	£	movement	between	31.3.22
		in funds	funds	£
		£	£	
Unrestricted funds				
General fund	88,357	48,317	(1,351)	135,323
Designated fund for functional fixed assets	124,277	(3,597)	1,351	122,031
Designated fund for exit costs	102,079	-	-	102,079
	<u>314,713</u>	<u>44,720</u>	<u>-</u>	<u>359,433</u>
Restricted funds				
Supporting loneliness and isolation	3,497	(3,497)	-	-
Youth project	-	134,513	-	134,513
	<u>3,497</u>	<u>131,016</u>	<u>-</u>	<u>134,513</u>
TOTAL FUNDS	<u>318,210</u>	<u>175,736</u>	<u>-</u>	<u>493,946</u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	198,750	(150,433)	48,317
Designated fund for functional fixed assets	-	(3,597)	(3,597)
	<u>198,750</u>	<u>(154,030)</u>	<u>44,720</u>
Restricted funds			
Supporting loneliness and isolation	-	(3,497)	(3,497)
Youth project	186,249	(51,736)	134,513
Well being for Haydon Wick residents	1,500	(1,500)	-
Art materials	3,000	(3,000)	-
	<u>190,749</u>	<u>(59,733)</u>	<u>131,016</u>
TOTAL FUNDS	<u>389,499</u>	<u>(213,763)</u>	<u>175,736</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	28,280	76,472	(16,395)	88,357
Designated fund for functional fixed assets	125,728	(3,259)	1,808	124,277
Designated fund for exit costs	85,066	-	17,013	102,079
	<u>239,074</u>	<u>73,213</u>	<u>2,426</u>	<u>314,713</u>
Restricted funds				
Renovations	-	2,426	(2,426)	-
Supporting loneliness and isolation	-	3,497	-	3,497
	<u>-</u>	<u>5,923</u>	<u>(2,426)</u>	<u>3,497</u>
TOTAL FUNDS	<u>239,074</u>	<u>79,136</u>	<u>-</u>	<u>318,210</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	151,878	(75,406)	76,472
Designated fund for functional fixed assets	-	(3,259)	(3,259)
	<u>151,878</u>	<u>(78,665)</u>	<u>73,213</u>
Restricted funds			
Renovations	2,426	-	2,426
Supporting loneliness and isolation	10,000	(6,503)	3,497
Covid response and recovery	101,000	(101,000)	-
	<u>113,426</u>	<u>(107,503)</u>	<u>5,923</u>
TOTAL FUNDS	<u>265,304</u>	<u>(186,168)</u>	<u>79,136</u>

Loneliness and isolation - grant from National Lottery Awards for All to support those facing loneliness and isolation during the COVID pandemic

COVID response and recovery - grants to support the charity to continue to provide its arts and wellbeing services during the COVID pandemic.

Youth project - grants to support young people, many of whom come from high risk groups, such as those experiencing suicidal ideation, present with a range of complex needs, schizophrenia, drug and alcohol addictions, loneliness and isolation, and self-harm amongst others.

Designated Fund for Functional Assets - to ensure that adequate reserves are set aside to allow for the depreciation of the Charity's fixed assets.

Designated Fund for exit costs - to cover the exit costs if the charity had to close in 6 months.

Transfers between funds

The following transfers took place during the year:

Transfer to	Transfer from	Amount £	Reason
Designated fund for functional fixed assets	General fund	1,351	Fixed assets purchased

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

17. RELATED PARTY DISCLOSURES

The wife of the trustee, C Mattinson, is the Chief Executive Officer of the Charity. C Mattinson was not involved in the appointment of the CEO and the Charity has put processes in place to avoid any conflicts of interest.