

Footsteps Walking With You

(Registered charity number 1176569)

Annual Report and Statement of Accounts

Year ended 31 August 2025

(Prepared under the receipts and payments accounting basis)

Independent examiner's report to the trustees of Footsteps Walking with You

I report to the trustees on my examination of the accounts of Footsteps Walking with You for the year ended 31 August 2025.

Responsibilities and basis of report

As the charity trustees are responsible for the preparation of the accounts in accordance with the requirements of the *Charities Act 2011* ('the Act').

I report in respect of my examination of the Charity's accounts carried out under s. 45 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under s. 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act;
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the *Charities (Accounts and Reports) Regulations 2008* other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Mrs Melanie Monaco ACMA

Date: 20th November 2025

Annual Report

The trustees present their annual report for the year ended 31 August 2025. Footsteps Walking With You is a Charitable Incorporated Organisation. The trustees who acted during the year are:-

Mrs Joanne Ashton Mrs
Timandra Howell
Dr Lynne James (Secretary) Mr
Shikhant Morris
Revd Christine Pinder
Mr John Swinney (Chair of Trustees) Mr
Andrew Taylor dec'd (Treasurer)
Mr Ivan Fearn (Treasurer)

Objectives and activities

The relief of mental and emotional distress of children and young people resident in Suffolk, and their families, in particular by the provision of counselling and support.

The year has been one of growth, over doubling the number of sessions we hold within each week. We have developed our systemic counselling, facilitating change within a family as a unit. We have a placement counsellor in her final years now as one of our team and have increased our counsellors to 7. We have also opened a third day, as well as continuing at other times in the week online. We are in the process of going back into schools as finance is always an issue.

To enhance sustainability, we have been developing our links with the corporate side of things. This has led to fundraisers and talks hosted by businesses. We have also held our own fundraising and information stalls and events, including a live concert, a quiz and attending local fetes and regattas. We continue to work with young children, young adults and families. The need for our service continues to grow and we are adapting in accordance with needs.

All our counsellors continue to train through continuing professional development courses.

We continue to host fundraising events and to engage with networking events across the community, now receiving referrals from the CHRIS team (Wellbeing Crisis Team) as well as social workers, Family Support officers and GPs, schools and the NHS.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings. We intend to run Mental Health First Aid courses for different groups (16+) as there is a great need for this understanding within the wider community, along with information workshops on neurodiversity.


Financial review and reserves

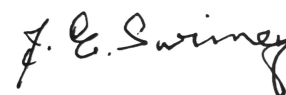
The trustees have agreed a reserves policy for unrestricted funds of four months current annual expenditure. At the end of August 2025 this required free reserves of £16,498. At 31 August 2024 unrestricted funds amounted to £36,442, so significantly above the minimum reserve level.

Total income for the year was £66,158, a 27.3% increase on the previous year, this was primarily due to an increase in National Lottery funding and a significant grant from the Simon Gibson Charitable Trust. Grants received were as follows:-

- The Asda Foundation - £990
- National Lottery Community Fund – £27,475
- The Albert Hunt Trust - £5,000
- The Simon Gibson Charitable Trust - £10,000

Total expenditure for the year was £49,494 an increase of 33% on the previous year. This was mainly due to the full year payment of salaries, which commenced at the end of 2023/24.

Treasurer: 
Date: 16.10.25

Trustee: 
Date: 16.10.25

Receipts and Payments Account for the year to 31 August 2025

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
	£	£	£	£	£
Income and endowments from:					
Donations and legacies	21,810	37,965	-	59,775	34,410
Income from charitable activities	6,069	-	-	6,069	17,438
Investments	314	-	-	314	112
Total income	28,193	37,965	-	66,158	51,960
Expenditure on:					
Raising funds	93	165	-	258	1,060
Expenditure on charitable activities	22,345	26,851	-	49,196	36,164
Other expenditure	-	-	-	-	-
Total expenditure	22,438	27,016	-	49,454	37,224
Net income / (expenditure) resources before transfer	5,755	10,949	-	16,704	14,736
Transfers:					
Gross transfers between funds - in	-	-	-	-	-
Gross transfers between funds - out	-	-	-	-	-
Other recognised gains / losses:					
Gains/losses on investment assets	-	-	-	-	-
Gains on revaluation, fixed assets, charity's own use	-	-	-	-	-
Net movement in funds	5,755	10,949	-	16,704	14,736
Total funds brought forward	30,667	1,854	-	32,522	17,786
Total funds carried forward	36,422	12,803	-	49,226	32,522
Represented by:					
Unrestricted					
General fund	36,422	-	-	36,422	30,667
Restricted					
Asda Foundation	-	990	-	990	-
Grant Administration	-	1,500	-	1,500	1,500
National Lottery Community Fund	-	313	-	313	354
Simon Gibson Charitable Trust	-	10,000	-	10,000	-
	36,422	12,803	-	49,225	32,521

Balance Sheet

	As at 31.8.25	As at 31.8.24
Current assets:		
Cash at bank and In hand	49,225	32,522
	<u>49,225</u>	<u>32,522</u>
Current liabilities:	-	-
	<u>-</u>	<u>-</u>
Net current assets less current liabilities	49,225	32,522
	<u>49,225</u>	<u>32,522</u>
Total assets less current liabilities		
	<u>49,225</u>	<u>32,522</u>
Long term liabilities:		
	-	-
Total net assets less liabilities	<u>49,225</u>	<u>32,522</u>
Represented by		
Unrestricted		
Unrestricted - General Funds	36,422	30,668
Designated	-	-
Restricted		
Restricted - Grant Administration	1,500	1,500
Restricted - National Lottery Community Fund	313	354
Restricted - Asda Foundation	990	-
Restricted - Simon Gibson Charitable Trust	10,000	-
Fund Totals	<u>49,225</u>	<u>32,522</u>

Analysis of income and expenditure for the year ended 31 August 2025

	Unrestricted	Designated	Restricted	Endowment	Total 31.8.25	Total 31.8.24
Income and endowments from:						
Donations and legacies:						
0200 - Donations - Gift Aid	3,206	-	-	-	3,206	4,067
0210 - Donations - Other	11,555	-	-	-	11,555	4,870
0300 - Gift Aid tax recovery	592	-	-	-	592	939
0400 - Grants	5,500	-	37,965	-	43,465	20,097
0500 - Fundraising	957	-	-	-	957	4,437
	21,810	-	37,965	-	59,775	34,410
Income from charitable activities:						
0100 - Client contributions	4,914	-	-	-	4,914	5,038
0110 - Contract income	1,155	-	-	-	1,155	12,400
	6,069	-	-	-	6,069	17,438
Investments:						
0600 – Interest	314	-	-	-	314	112
	314	-	-	-	314	112
Total Income	28,193	-	37,965	-	66,158	51,960
Expenditure on:						
Raising funds:						
1150 - Grant administration fees	-	-	-	-	0	1,020
1400 - Fundraising expenses	40	-	-	-	40	40
	40	-	-	-	40	1060
Expenditure on charitable activities:						
1000 - Counsellor fees	17,159	-	10,995	-	28,154	30,170
1050 - Salaries	2,539	-	13,342	-	15,881	2,151
1100 - Supervision fees	-	-	-	-	-	-
1200 - Affiliation fees	125	-	90	-	215	265
1250 - Room Hire	360	-	1440	-	1,800	1,680
1300 - Equipment	555	-	248	-	803	519
1350 - Stationery	8	-	273	-	281	-
1360 - Travel expenses	36	-	101	-	137	-
1400 - Fundraising expenses	93	-	165	-	258	-
1500 - Insurance	214	-	120	-	334	165
1600 - Telephone	-	-	116	-	116	52
1700 - Website/Software	1,098	-	35	-	1,133	742
1800 - Training	-	-	-	-	-	356
1900 - Sundry	250	-	92	-	342	64
	22,437	-	27,017	-	49,454	36,164
Total Expenditure	22,477	-	27,017	-	49,494	37,224