

Footsteps Walking With You

(Registered charity number 1176569)

End of Year Financial Statements

Year ended 31 August 2023

(Prepared under the receipts and payments accounting basis)

The trustees present their annual report for the year ended 31 August 2023. Footsteps Walking With You is a Charitable Incorporated Organisation. The trustees who acted during the year are:-

Mrs Joanne Ashton
Mrs Timandra Howell
Dr Lynne James (Secretary)
Mr Shikhant Morris
Revd Christine Pinder
Mr John Swinney (Chair of Trustees)
Mr Andrew Taylor (Treasurer)

Objectives and activities

The relief of mental and emotional distress of children and young people resident in Suffolk, and their families, in particular by the provision of counselling and support.

This year our work has continued to grow numerically. We are seeing more clients and holding more counselling sessions. This includes our Walk and Talk, Face to Face and online services. The most significant development of the last year has been the development of a service for 8-11 year olds. We had been asked several times if we could offer help for this age group as there is so little help for them. All our counsellors trained to work with younger children and at the beginning of 2023 we opened a face to face service for this age group.

All our counsellors continue to train through continuing professional development courses.

We continue to host fundraising events and to engage with networking events across the community.

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

Financial review and reserves


The trustees have agreed a reserves policy for the unrestricted funds of four months current annual expenditure. At the end of August 2023 this required free reserves of £7,388 and significantly more than that has been maintained for the reasons outlined below.

Total income for the year was £23,724 and, although grant income was £9,574 less than the previous year, the income from Walk and Talk contracts with local educational establishments amounted to £13,105. The grants received were as follows:-


- Newsquest Media Group - £1,026
- Suffolk Community Foundation (through Suffolk Giving Fund) - £2,000
- John Lewis Foundation - £600
- Fat Face Foundation - £750

Total expenditure for the year was £25,189.

Treasurer


27/3/2024

Trustee


27/3/2024

Receipts and Payments Account

	Unrestricted funds	Designated funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Income and endowments from:						
Donations and legacies	5,983	—	3,026	—	9,010	19,972
Income from charitable activities	14,605	—	—	—	14,605	2,210
Investments	109	—	—	—	109	0
Total income and endowments from:	20,698	—	3,026	—	23,724	22,182
Expenditure on:						
Raising funds	—	—	—	—	—	107
Expenditure on charitable activities	22,163	—	3,026	—	25,189	19,332
Total expenditure on:	22,163	—	3,026	—	25,189	19,439
Net income / (expenditure)	(1,465)	—	—	—	(1,465)	2,742
Transfers	(1,465)	—	—	—	(1,465)	2,742
Other recognised gains / losses	(1,465)	—	—	—	(1,465)	2,742
Net movement in funds	(1,465)	—	—	—	(1,465)	2,742
Total funds brought forward	19,251	—	—	—	19,251	16,508
Total funds carried forward	17,785	—	—	—	17,785	19,251
Represented by						
Unrestricted						
General fund	17,785	—	—	—	17,785	19,251

Statement of assets and liabilities

	General	Designated	Restricted	Endowment	This year	Last year
Current assets - Cash at bank and in hand						
Cash in hand -	—	—	—	—	—	22
Hampshire Trust Bank -	—	—	—	—	—	17,000
Lloyds Bank -	17,785	—	—	—	17,785	2,228
Totals	17,785	—	—	—	17,785	19,251
Grand total	17,785	—	—	—	17,785	19,251

Analysis of receipts and payments

					Total	
	Unrestricted	Designated	Restricted	Endowment	This year	Last year
INCOME AND ENDOWMENTS						
Donations and legacies						
Donations - Gift Aid	1,781	—	—	—	1,781	2,603
Donations - Other	1,369	—	—	—	1,369	2,058
Gift Aid tax recovery	541	—	—	—	541	434
Grants	1,350	—	3,026	—	4,376	13,950
Fundraising	941	—	—	—	941	926
Total	5,983	—	3,026	—	9,010	19,972
Income from charitable activities						
Client contributions	1,500	—	—	—	1,500	2,210
Contract income	13,105	—	—	—	13,105	—
Total	14,605	—	—	—	14,605	2,210
Investments						
Interest	109	—	—	—	109	0
Total	109	—	—	—	109	0
INCOME TOTAL	20,698	—	3,026	—	23,724	22,182
EXPENDITURE						
Raising funds						
Fundraising expenses	—	—	—	—	—	107
Total	—	—	—	—	—	107
Expenditure on charitable activities						
Counsellor fees	19,336	—	3,026	—	22,363	12,506
Supervision fees	220	—	—	—	220	150
Affiliation fees	187	—	—	—	187	180
Room Hire	1,200	—	—	—	1,200	—
Equipment	177	—	—	—	177	2,217
Stationery	296	—	—	—	296	—
Insurance	121	—	—	—	121	121
Telephone	10	—	—	—	10	20
Website/Software	431	—	—	—	431	437
Training	132	—	—	—	132	3,697
Sundry	49	—	—	—	49	0
Total	22,163	—	3,026	—	25,189	19,332
EXPENDITURE TOTAL	22,163	—	3,026	—	25,189	19,439
GRAND TOTAL	(1,465)	—	—	—	(1,465)	2,742