

Footsteps Walking With You

(Registered charity number 1176569)

End of Year Financial Statements

Year ended 31 August 2022

(Prepared under the receipts and payments accounting basis)

The trustees present their annual report for the year ended 31 August 2022. Footsteps Walking With You is a Charitable Incorporated Organisation. The trustees who acted during the year are:-

Mrs Joanne Ashton
Mrs Timandra Howell
Dr Lynne James (Secretary)
Mr Shikhant Morris
Revd Christine Pinder
Mr John Swinney (from 2 August 2022)
Mr Andrew Taylor (Treasurer)
Revd Douglas Waller (to 10 June 2022)

Objectives and activities

The relief of mental and emotional distress of children and young people resident in Suffolk, and their families, in particular by the provision of counselling and support.

Our work has continued to expand this year. We have completed over 500 counselling sessions. We have continued our online work, which gives greater access to young people across the county, but have also reopened our face to face service.

We have developed a Walk and Talk project, which we have been running in conjunction with the local college. This has been aimed at boys aged 16+, who have faced significant challenges.

We have supported a counselling student who qualified this year, taking our team to 4 counsellors. We have continued to engage in training to help develop our skills and keep us at the cutting edge of understanding mental health.

We have continued to host fundraising events, and to engage with networking events across the community.

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

Financial review and reserves

The trustees have agreed a reserves policy for the unrestricted funds of four months current annual expenditure. At the end of August 2022 this required free reserves of £6,480 and significantly more than that has been maintained for the reasons outlined below.

Total income for the year was £22,182, of which £13,950 was grant income received from:-

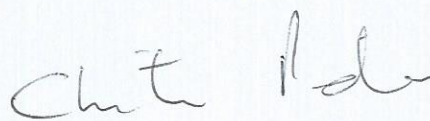
- National Lottery Community Fund - £9,950
- East Suffolk Council - £2,000
- Suffolk Community Foundation (through PFF Private Fund) - £2,000

Total expenditure for the year was £19,439 and without the generous grants listed above unrestricted reserves would have been severely depleted.

Treasurer



Trustee



Receipts and Payments Account

	Unrestricted funds	Designated funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Income and endowments from:						
Donations and legacies	6,022	—	13,950	—	19,972	17,008
Income from charitable activities	2,210	—	—	—	2,210	4,345
Investments	0	—	—	—	0	0
Total income and endowments from:	8,232	—	13,950	—	22,182	21,353
Expenditure on:						
Raising funds	107	—	—	—	107	52
Expenditure on charitable activities	1,962	—	17,370	—	19,332	15,890
Total expenditure on:	2,069	—	17,370	—	19,439	15,942
Net income / (expenditure)	6,162	—	(3,420)	—	2,742	5,410
Transfers						
Gross transfers between funds - in	—	—	—	—	—	—
Gross transfers between funds - out	—	—	—	—	—	—
Net income / (expenditure)	6,162	—	(3,420)	—	2,742	5,410
Other recognised gains / losses						
Gains / losses on investment assets	—	—	—	—	—	—
Gains on revaluation, fixed assets, charity's own use	—	—	—	—	—	—
Net movement in funds	6,162	—	(3,420)	—	2,742	5,410
Total funds brought forward	13,088	—	3,420	—	16,508	11,098
Total funds carried forward	19,251	—	—	—	19,251	16,508
Represented by						
Unrestricted						
General fund	19,251	—	—	—	19,251	13,088
Restricted						
Adnams fund	—	—	—	—	—	900
Co-op fund	—	—	—	—	—	2,500
Laptop fund	—	—	—	—	—	—
Maurken fund	—	—	—	—	—	20
National Lottery Community Fund	—	—	—	—	—	—
Private Fund - PFF	—	—	—	—	—	—
Reviving Communities fund	—	—	—	—	—	—

Statement of assets and liabilities

	General	Designated	Restricted	Endowment	This year	Last year
Current assets - Cash at bank and in hand						
Cash in hand -	22	—	—	—	22	—
Hampshire Trust Bank -	17,000	—	—	—	17,000	—
Lloyds Bank -	2,228	—	—	—	2,228	16,207
Stewardship -	—	—	—	—	—	301
Totals	19,251	—	—	—	19,251	16,508
Grand total	19,251	—	—	—	19,251	16,508

Fund movement by type

	Opening	Incoming	Outgoing	Transfers	Gains/losses	Journals	Closing
Adnams - Adnams fund							
Restricted	900	—	900	—	—	—	—
Sub-total for Adnams	900	—	900	—	—	—	—
Co-op - Co-op fund							
Restricted	2,500	—	2,500	—	—	—	—
Sub-total for Co-op	2,500	—	2,500	—	—	—	—
Laptop - Laptop fund							
Restricted	—	2,000	2,000	—	—	—	—
Sub-total for Laptop	—	2,000	2,000	—	—	—	—
Maurken - Maurken fund							
Restricted	20	—	20	—	—	—	—
Sub-total for Maurken	20	—	20	—	—	—	—
NLCF - National Lottery Com							
Restricted	—	9,950	9,950	—	—	—	—
Sub-total for NLCF	—	9,950	9,950	—	—	—	—
PFF - Private Fund - PFF							
Restricted	—	2,000	2,000	—	—	—	—
Sub-total for PFF	—	2,000	2,000	—	—	—	—
General - General fund							
Unrestricted	13,088	8,232	2,069	—	—	—	19,251
Sub-total for General	13,088	8,232	2,069	—	—	—	19,251
Grand total	16,508	22,182	19,439	—	—	—	19,251

Analysis of receipts and payments

					Total	
	Unrestricted	Designated	Restricted	Endowment	This year	Last year
INCOME AND ENDOWMENTS						
Donations and legacies						
Donations - Gift Aid	2,603	—	—	—	2,603	2,232
Donations - Other	2,058	—	—	—	2,058	2,175
Gift Aid tax recovery	434	—	—	—	434	505
Grants	—	—	13,950	—	13,950	11,000
Fundraising	926	—	—	—	926	1,095
Total	6,022	—	13,950	—	19,972	17,008
Income from charitable activities						
Client contributions	2,210	—	—	—	2,210	4,345
Total	2,210	—	—	—	2,210	4,345
Investments						
Interest	0	—	—	—	0	0
Total	0	—	—	—	0	0
INCOME TOTAL	8,232	—	13,950	—	22,182	21,353
EXPENDITURE						
Raising funds						
Fundraising expenses	107	—	—	—	107	52
Total	107	—	—	—	107	52
Expenditure on charitable activities						
Counsellor fees	1,122	—	11,383	—	12,506	14,350
Supervision fees	150	—	—	—	150	950
Affiliation fees	180	—	—	—	180	175
Equipment	47	—	2,170	—	2,217	114
Insurance	121	—	—	—	121	121
Telephone	20	—	—	—	20	30
Website/Software	319	—	118	—	437	148
Training	—	—	3,697	—	3,697	—
Sundry	0	—	—	—	0	—
Total	1,962	—	17,370	—	19,332	15,890
EXPENDITURE TOTAL	2,069	—	17,370	—	19,439	15,942
GRAND TOTAL	6,162	—	(3,420)	—	2,742	5,410

This report dated:

17 March 2023