

## HELPING LIVES

Report of the Directors and Unaudited Financial Statements

### **Period of accounts**

**Start date:** 01 February 2020

**End date:** 31 January 2021

HELPING LIVES  
Contents Page  
For the year ended 31 January 2021

Company information	3
Directors' report	4
Income statement	5
Statement of financial position	6

HELPING LIVES  
Company Information  
For the year ended 31 January 2021

<b>Directors</b>	Javeed Akhtar Janed Sheikh
<b>Registered Number</b>	10583839
<b>Registered Office</b>	46 Holybush Hill London Greater London E11 1PS
<b>Accountants</b>	KINO & CO Stewart House 56 Longbridge Road BARKING IG11 8RW

HELPING LIVES  
Directors' Report  
For the year ended 31 January 2021

The directors present their annual report and the financial statements for the year ended 31 January 2021.

**Directors**

The directors who served the company throughout the year were as follows:

Javeed Akhtar

Janed Sheikh

This report was approved by the board and signed on its behalf by:

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Javeed Akhtar  
Director

Date approved: 27 September 2021

HELPING LIVES  
Income Statement  
For the year ended 31 January 2021

	<b>2021</b> <b>£</b>	<b>2020</b> <b>£</b>
Turnover	50	0
Other charges	(17,850)	(2,041)
<b>Profit/(Loss) for the financial year</b>	<b>(17,800)</b>	<b>(2,041)</b>

HELPING LIVES  
Statement of Financial Position  
As at 31 January 2021

	2021	2020
	£	£
Current assets	45,792	22,292
Creditors: amount falling due within one year	(47,877)	(840)
<b>Net current liabilities</b>	<b>(2,085)</b>	<b>21,452</b>
<b>Total assets less current liabilities</b>	<b>(2,085)</b>	<b>21,452</b>
Creditors: amount falling due after more than one year	0	(5,737)
<b>Net liabilities</b>	<b>(2,085)</b>	<b>15,715</b>
 <b>Capital and reserves</b>	 <b>(2,085)</b>	 <b>15,715</b>

## NOTES TO THE ACCOUNTS

### General Information

Helping Lives is a private company, limited by guarantee, registered in England and Wales, registration number 10583839, registration address 46 Holybush Hill, London, Greater London, E11 1PS.

The presentation currency is £ sterling.

### 1. Accounting policies

#### Significant accounting policies

#### Statement of compliance

These financial statements have been prepared in compliance with FRS 105 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

#### Basis of preparation

The financial statements have been prepared on the going concern basis and under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

### 2. Average number of employees

Average number of employees during the year was 2 (2020 : 2).

HELPING LIVES  
Statement of Financial Position  
As at 31 January 2021

**3. Company Limited by Guarantee**

The company is limited by guarantee and therefore has no shares.

For the year ended 31 January 2021 the company was entitled to exemption from audit under section 477 of the companies act 2006 relating to small companies.

**Directors' Responsibilities:**

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, the financial reporting standard applicable to the micro-entities regime.

The financial statements were approved by the board of directors on 27 September 2021 and were signed on its behalf by:

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Javeed Akhtar  
Director