



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 01/04/2022 **Period start date** **To** 31/03/2023 **Period end date**

Charity name: EFT International

Charity registration number:1176538

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the public benefit the advancement of education and knowledge in the field of Emotional Freedom Techniques (EFT) and training
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>a) Establishing and upholding the highest standards of ethics and conduct which are at least required by regulatory bodies but may exceed them</p> <p>b) Acting independently of any regulatory body</p> <p>c) Publishing a complaints procedure for all members and the general public</p> <p>d) Encouraging professional practice and ensuring that teaching/training follows the core curriculum laid down in the training guidelines</p> <p>e) Providing information to the general public and forge links with relevant professionals about the benefits and working practices of Emotional Freedom Techniques (EFT)</p> <p>f) Maintaining a list of current active members and only allow practising members to join on the proviso that they agree to, and abide by, (where applicable) EFT International Training Regulations, the EFT International Code of Conduct and Ethics, and EFT International Guidelines on CPD and Mentoring as updated and amended from time to time</p> <p>g) Offering an annual scientific symposium conference for the public exploring EFT and</p>

		<p>EFT complementary research and practice recommendations</p> <p>h) Creating and offering free to the public scientific research based materials highlighting EFT's effectiveness for a variety of health concerns ranging from downloadable white papers and a peer reviewed EFT research database.</p> <p>i) Maintain and actively monitor a variety of social media platforms that offer EFT related information to the public.</p> <p>g) Produce a newsletter for the general public and another for members</p> <p>h) Wherever possible, make available, affordable Professional Liability Insurance for members</p> <p>i) Offering an annual scientific symposium conference for the public exploring EFT and EFT complementary research and practice recommendations</p> <p>j) Creating and offering free to the public scientific research based materials highlighting EFT's effectiveness for a variety of health concerns. ranging from downloadable white papers and a peer reviewed EFT research database.</p> <p>k) Maintain and actively monitor a variety of social media platforms that offer EFT-related information to the public.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes, the trustees have received, read and are implementing this guidance.

Additional information (optional)

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	<p>With the exception of specific specialist contracted work, such as webmaster, accounting bookkeeper, external financial auditor, membership coordinator, and accreditation coordinator, a majority of the activities of the charity is undertaken by volunteers, who number about 20 individuals across multiple committees. We have continued to expand our volunteer teams to cater for the increasing workload as the organisation grows but recognise that we need to move towards more work being reimbursed.</p> <p>Volunteer teams include the following:</p> <ol style="list-style-type: none"> 1. Board of Trustees <ol style="list-style-type: none"> a) Research Committee b) Communications Committee c) Ethics and Professional Conduct Committee d) Training and Accreditation Committee e) Volunteer Support Committee
Other		N/A

CW
correction

You may choose to include further statements where relevant about:

Achievements and Performance

	SORP reference	
--	-------------------	--

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ol style="list-style-type: none"> 1. In March 2023, EFT International (EFTi) sponsored EFT and Issues around Cancer online conference with a record-breaking attendance with specific outreach to UK based cancer research and treatment centres, and clinicians at the NHS. 2. A first All Volunteers meeting was created to discuss organisational structure changes. 3. A new Volunteer Support Committee was created as a new subcommittee. With a new Chair, this team was brought on to support charity volunteers, and to create and implement best practices. 4. Contributions were made by EFTi volunteers as part of an inter- disciplinary team to submit evidence to the American Psychological Association (APA) regarding the evidence basis of EFT for PTSD. 5. Provided volunteer and financial Support for Slupsk charity for Ukrainian refugee trauma relief in Poland.
---	-----------	---

Additional information (optional)

Achievements against objectives set	Para 1.41	We revised our objectives in December/January to enable the above change to take place.
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	N/A
Other		<p>During this time period the trustees initiated and/or completed work on the following:</p> <ol style="list-style-type: none"> 1. Implementation of restructuring the organisation to be in line with Charity Commission guidelines with the Trustee Board providing oversight to sub-committees, each of which is led by a team chair. 2. Introduced a volunteer-wide and specific trustee board Conflicts of Interests Policy. 3. The elimination of dual leadership roles so board of trustees and subcommittee chairs have no overlapping individuals. 4. Ceased any payments made to volunteers for work undertaken

		<p>5. Introduced a Contractor Policy and implementation of roles and responsibilities for hired contractors.</p> <p>6. Began the process of development of clear roles and responsibilities for subcommittee chairs.</p> <p>7. A review of all charity Policies and Procedures was initiated including Whistleblowing policy, Complaints procedures, Anti-bullying policy, Volunteer recruitment and onboarding procedures.</p> <p>8. The formation and development of a Volunteering Support committee.</p> <p>9. A Governance consultant was hired to assist in creating a charity-wide compliance report including the development of a thorough trustee onboarding training program.</p>
--	--	--

You may choose to include further statements where relevant about:

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a healthy financial position at 31 March 2023 with a General Reserve Fund of £164,087, an EFT Research Reserve Fund of £10,644, and an EFT Crisis Fund with a balance of £55 at year end.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our General Reserve needs to be of the order of at least £65,000 to keep the organisation afloat for, say, six months in the event of a sudden or unprecedented absence of income. EFT has a growing research base but, in order to continue to advance its acceptance amongst the scientific and traditional healthcare community, more is needed. So we hold an EFT Research Fund reserve.
Amount of reserves held	Para 1.22	£174,786
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There were no uncertainties regarding the Charity continuing as a going concern during this time. However, see principle risks below.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership Donations and annual Symposium
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	As at 31 March 2023 there was a potential risk to reputation and ability to pay and receive donations due to: 1. Challenges accessing banking and financial accounts due to an incongruence with trustee board make-up, unclear international banking issues and difficulties with previous organisation personnel facilitating access; 2. Challenges faced when dealing with a contractor who was terminated holding

		<p>on to membership data resulting in a risk and advised to ICO.</p> <p>3. Inability to obtain trustee insurance including liability as a result of:</p> <ul style="list-style-type: none"> a. the irregular governance and structure of the organisation including insufficient representation from England & Wales as required by law; b. Whistle-blower complaint resulting in an internal investigation into Governance, relating to a perceived culture of bullying and nepotism. <p>4. Expenditures incurred engaging external governance consultants to advise us on restructuring to align with CIO NFP requirements and Charity Commission recommendations. Consultants produced an implementation plan covering 42 required actions to be taken to regularise the Charity.</p>
Other		None

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	NFP CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	At the time of this return it was as previously: The first Trustees were selected from people who had a long and respected reputation within the field of EFT. Additional Trustees were recruited, increasing the breadth of skills and geographical spread of the membership. (NB This process was updated in June 2023 at the charity's AGM.)

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	An induction process for new Trustees was designed in March 2023 following guidelines in CC3 – Roles and Responsibilities of a Trustee. All existing Trustees went through the programme as a refresher.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity has a main Board of Trustees. Operational activities are carried out by the committees as follows: <ul style="list-style-type: none"> • Research • Communications • Ethics and Professional Conduct • Training and Accreditation • Volunteer Support
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	EFT International
Other name the charity uses	None
Registered charity number	1176538
Charity's principal address	EFT International, The John Greenway Building, John Greenway Close, Tiverton, Devon EX16 6QF. UK

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year
1	Craig Weiner	Chair	1/4/22 to present
2	Pippa Gagie	Deputy Chair	28/11/22 to present
3	Karin Davidson		04/01/18 to present
4	Sejua Shah		18/04/23 to present
5	Ranjana Appoo		18/04/23 to 19/12/23
6	Emmalee Peppar		19/12/23 to present
7	Kristin Panasewicz		19/12/23 to present
8	Emma Roberts		18/04/23 to 19/12/23
9	Sue Beer		18/04/23 to 12/10/23
10	Kathryn Temple		18/04/23 to 22/08/23
11	Rosie Newman		18/04/23 to 02/08/23

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
N/A		
Name of chief executive or names of senior staff members (Optional information)		
N/A		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		Pippa Gagie
Full name(s)	Craig Weiner	Pippa Gagie
Position (eg Secretary, Chair, etc)	Chair of Trustees	Deputy Chair of Trustees
Date	30 January 2024	

Sender: craigweinerdc@gmail.com
Sent Date/Time: Fri, 9 Feb 2024 08:51:16 -0800
Received Date/Time: 2024.02.09 08:51:33
Subject:
Attached files: 27000 Efti Signed TAR 2023.pdf



EFT International (CIO)

UK Charity no. 1176538

Financial Statements (Accounts)

for the year ended 31 March 2023

The Trustees are pleased to present the financial statements for the above year.

Contents	Page
Statement of Financial Activities	1
Balance Sheet	2
Notes	3 to 6
Independent Examiner's Report	7

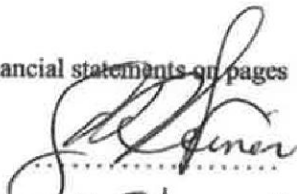
EFT International (CIO)
(Registered UK Charity number 1176538)
Statement of Financial Activities for the year ended 31 March 2023

	Year ended		Year ended	
	31.03.23		31.03.22	
<u>Income</u>	£	£	£	£
Donations : Membership	76,747		74,389	
Reserved for EFT Research Fund	188		3,189	
EFT for Crisis Reserve Fund	<u>3,248</u>	<u>80,183</u>	<u>260</u>	<u>77,838</u>
Accreditation		570		4,640
Audio-Visual & other sales		454		1,009
Conference and Meetings		19,484		17,401
On-line Exams		6,370		7,744
Disclosure and Barring Service		55		-
Affiliate Income		2,198		4,012
Bank Interest		<u>529</u>		<u>17</u>
		109,843		112,661
<u>Less Expenditures</u>				
Donations : EFT for Crisis	3,453		-	
Travel, Accommodation and Subsistence	1,919		1,424	
Website Management	9,326		14,071	
Conferences & Meetings	727		204	
Disclosure and Barring Services	-		-	
Accreditation/Training Management	9,550		11,862	
Operations Management	11,960		22,905	
Promotion and Printing	5,558		7,254	
Membership Administration	16,133		23,751	
General Administration	1,667		756	
Bank and PayPal Charges	3,487		3,002	
Legal and Professional fees	4,588		2,530	
Accountancy & Examination	5,426		2,812	
Honoraria provision	-		2,250	
Amortisation of Intangible Assets	<u>2,791</u>		<u>1,124</u>	
		76,585		93,945
Operating Surplus for the year		33,258		18,716
Transfer donations to EFT Research Fund	-188		(3,189)	
Transfer EFT funds for expenditure	3,453			
Transfer to EFT for Crisis Fund	<u>(3,248)</u>	<u>(17)</u>	<u>(260)</u>	<u>(3,449)</u>
Remainder transferred to General Reserve		33,275		15,267

EFT International (CIO)
Balance Sheet as at 31 March 2023

	<u>Note</u>	2023	2022
		£	£
<u>Intangible Assets</u>			
Website		2,000	2,000
Less: Amortisation		-	2,000
		<u>2,000</u>	<u>2,000</u>
Trade Marks and identity		8,469	4,894
Additions		-	4,699
Less: Amortisation		1,124	1,124
		<u>7,345</u>	<u>8,469</u>
Governance development			
Additions		5,000	
Less: Amortisation		1,667	3,333
		<u>3,333</u>	<u>-</u>
		12,678	10,469
<u>Current Assets</u>			
Stock of books		-	1,500
Prepaid costs		131	131
HSBC Account Balances		119,241	135,433
PayPal Account		66,333	1,052
		<u>185,705</u>	<u>138,116</u>
<u>Less Current Liabilities</u>			
Creditors, Accruals and Provision		23,597	7,057
		<u>162,108</u>	<u>131,059</u>
		174,786	141,528
<u>The Organisation's Reserve Funds</u>			
General Reserve			
Opening balance 1 April 2022		130,812	115,545
Surplus for the year		33,275	15,267
		<u>164,087</u>	<u>130,812</u>
Reserve Fund (EFT Research)			
Opening balance 1 April 2022		10,456	7,267
Fund movement in year		188	3,189
		<u>10,644</u>	<u>10,456</u>
EFT for Crisis Fund		55	260
		<u>174,786</u>	<u>141,528</u>

The financial statements on pages 1 to 6 are hereby approved on behalf of the Trustees.



Craig Weiner (Chair of Trustees)

Dated: 8 February 2024

EFT International (CIO)

(Registered UK Charity number 1176538)

Notes to the Accounts for the year ended 31 March 2023

1. Accounting Compliance

These accounts comply with the relevant Charity SORP (Second edition), FRS102 and UK Charity law as applicable.

2. Basis of preparation

2.1 Accounting

The Accounts have been prepared under the Historical Cost Convention with items recognised at cost or transaction value unless otherwise stated in the relevant note.

The Accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The Charity Constitutes a public benefit entity as defined by FRS102.

2.2 Going Concern

The Trustees consider that there are no material uncertainties related to events or conditions that cast significant doubt on the Charity's ability to continue as a going concern.

EFT International (CIO)

(Registered UK Charity number 1176538)

Notes to the Accounts for the year ended 31 March 2023

3 True & fair view

The Accounts present a true and fair view and the Accounting policies adopted are those outlined in notes 3 and 4 below.

Income

- 3.2 Membership Subscriptions received in the nature of a gift are recognised as Donations.
- 3.3 Membership Subscriptions which give a member the right to services or other benefits would be recognised as income earned from the provision of goods and services from charitable activities.
- 3.4 Donations from book sales are transferred to the EFT Research reserve fund

4 Intangible Assets

- 4.1 The Residual Value of the Association's website is estimated to be £2,000 at 31 March 2023.
- 4.2 Trade Mark and Identity costs are being written off over ten years. Amortisation is calculated on a straight line basis.
- 4.3 Governance Development costs are being written off over three years on a straight line basis.

5 Donated Goods and Services

There were no donated services or goods received requiring recognition in the year.

EFT International (CIO)

(Registered UK Charity number 1176538)

Notes to the Accounts for the year ended 31 March 2023

6 Related Party Transactions

The following services were supplied to the Charity by related parties and volunteers on a contract for services basis:

	2023	2022
	£	£
H Jones (Volunteer): Book-keeping/Coaching	5,946	9,001
J Dobbs : Administration and Project Management	3,442	-
C Sutton (Volunteer): Accreditation/Training Board	-	3,614
J Barbee (Volunteer): Website services/Accreditation	2,823	7,701
J Footman (Volunteer): External liaison, Projects and subcontracted accreditation work }	1,228	6,398
Z West: Bookkeeping and Membership Services	15,734	4,272
S Garfield: Accreditation	-	1,547
C Stonier (Volunteer): Accreditation work	-	900
M Moorby (Volunteer): Accreditation work	350	614
B Moore-Hafter (Volunteer): Membership and Accreditation work	5,470	45
M Bennett (Volunteer): Accreditation work	-	450
Other Volunteers (4 Under £250): Translation	-	543

7 Trustees Expenses & Benefits

Expenses were reimbursed in accordance with the Association's strict policy.
The Trustees enjoy the benefits of membership but received no other benefits.

8 Post Balance Sheet Events

There are no material post-balance sheet events requiring disclosure.

EFT International (CIO)

(Registered UK Charity number 1176538)

Notes to the Accounts for the year ended 31 March 2023

9 Independent Scrutiny

These Accounts have been the subject of statutory external scrutiny as required by UK Charity law in accordance with the applicable Statement of Recommended Practice. The Independent Examiner's services and fees (excluding VAT) are set out below:

	Year to 31 March 2023
	£
For Independent Examination	830
Accountancy and other services	1,320

10 Honoraria and benefits

	Cash and other Benefits	
	<u>2023</u>	<u>2022</u>
	£	£
Honorary Secretary	-	1,000)
Research Team volunteers (2)	-	1,250)
) Membership (free)
Total provision	<u>Nil</u>	<u>2,250</u>

**Independent Examiner's Report to the Trustees/members of
EFT International (formerly AAMET international)
(Charity no. 1176538)
on the accounts for the year ended 31 March 2023**

I report to the trustees on my examination of the accounts (pages three to eight) of the above charity ("the Trust") for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

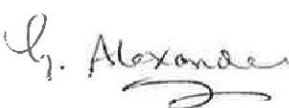
The Trustees are reminded that my examination is not an Audit.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Dated: 8/2/2024

Garry Alexander, MAAT

(Licensed Member of the Association of Accounting Technicians)

Wheeler Accountants
The John Greenway Building,
John Greenway Close,
Tiverton, EX16 6QF