

# FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES

England & Wales · Charity number 1176524

## Details

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**Other names** FODI

**Status** Registered

**Legal form** CIO

**Registered** 2018-01-04

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Fodi  
The Co-Op Centre  
Whitehouse Road  
Hendon  
Sunderland

**Phone** 07548756382

**Email** [info@fodisunderland.org](mailto:info@fodisunderland.org)

**Website** [fodisunderland.org](http://fodisunderland.org)

## Activities

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**Objects:** THE OBJECTS OF THE CHARITY ARE:1. TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF THOSE SEEKING ASYLUM/ GRANTED REFUGEE STATUS AND THEIR DEPENDANTS, THROUGH PROVIDING A DROP-IN AND ASSOCIATED ACTIVITIES.2. THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THOSE ASYLUM SEEKERS AND REFUGEES WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES.3. THE PROMOTION OF SOCIAL INCLUSION FOR THE PUBLIC BENEFIT AMONG PEOPLE WHO ARE REFUGEES AND ASYLUM SEEKERS WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF THEIR SOCIAL AND ECONOMIC POSITION, BY PROVIDING SOCIAL AND RECREATIONAL FACILITIES AND EVENTS INVOLVING THE LOCAL COMMUNITY.

**Activities:** We seek to improve the mental health and well-being of all asylum seekers and refugees in Sunderland, whilst promoting their integration into the wider community. Our weekly Drop-in now extends to a Women's group and added activities for all ages. Our intention is to develop these undertakings.FODI

continues the work of the charity of the same name (registered charity 1153057). ?2011-2018.

## Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Other Defined Groups

## Geography

- Sunderland

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£179,247	£158,248	-	-
2024-03-31	£127,399	£146,477	-	-
2023-03-31	£178,667	£133,065	-	-
2022-03-31	£91,217	£92,603	-	-
2021-03-31	£86,253	£61,447	-	-

## Trustees

Name	Role	Appointed
STEPHEN NEWMAN	Chair	2018-04-11
ABRAHAM EHIAGHE EILUORIOR		2018-05-23
Brenda Reardon		2022-08-19
JANE NIKOLARAKIS		2018-04-11
Neil Murdy		2025-11-12
Talha Mahmood		2023-10-18

**FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES**

England & Wales - Charity number 1176524

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# Accounts

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**Friends of the Drop in for Asylum Seekers and Refugees**

**Charitable Incorporated Organisation number: 1176524**

**Trustees' Report  
and  
Financial Statement  
for the year ended  
31 March 2025**

## **Legal and Administrative Information**

Name: **Friends of the Drop in for Asylum Seekers and Refugees**

Charitable Incorporated Organisation number: 1176524

Structure: Charitable Incorporated Organisation

### Directors of FODI:

Chair	Stephen Newman
Treasurer	Mahnur Roushan
Secretary	Pauline Shannon (Resigned April 2024)
	Jane Nikolarakis
	Abraham Eiluorior
	Brenda Reardon
	Melika Azhandeh
	Talha Mahmood

Address: The Co-op Centre,  
Whitehouse Road,  
Hendon,  
Sunderland, SR2 8AH

Bankers: Santander Bank.

Independent  
Examiner: Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## **FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES**

**REGISTERED CHARITY NO: 1176525**

**Trustees' Annual Report for the year to 31<sup>st</sup> March,2025.**

### **Friends of the Drop-In FODI has the following purpose**

We aim to improve the mental health and well-being of the asylum-seeking and refugee community in Sunderland, reducing their social isolation and promoting their integration into the wider community, enabling our clients to interact with others. We collaborate with other local organisations and groups to achieve this goal.

### **FUNDING**

FODI's main funders are the National Lottery, Tudor Trust, and Sir James Knott. These are the primary supporters of FODI. The National Lottery has funded us for five years, the Tudor Trust for three years, and Sir James Knott for three years. These supporters have praised FODI for the quality of its service.

We continue to receive support from the International Care Board (ICB), Sunderland City Council, which includes Links for LIFE, as well as the Household Support Fund. Also, we received funding from the Hadrian Trust, London Marathon Solidarity, and other organisations that prefer to remain anonymous.

### **STRATEGIC PLAN**

The trustees and the Manager of FODI decided to delay the review of the strategy from January 2025 to a later date in the year, allowing the input of a consultant from Lloyds Bank Foundation, who was assigned to work with FODI on the funding strategy. FODI has a two-year non-funding grant with Lloyds Bank Foundation. Therefore, it was beneficial to have someone from outside with expertise to assist us in developing the business strategy for the three-year operation.

### **FODI STAFF**

Although FODI has only one full-time staff member, Fanni Ng'ambi, the Manager, and Farkhunda Nawzadi, the Operations Assistant, as part-time staff, the team, along with the project worker, has worked to deliver all the much-needed services that FODI provides. They have also successfully managed five projects funded by Sunderland City Council through the Links for Life initiative. This has been achieved with the support of both long-standing and new partners across the city. We worked with the people who facilitated some of our projects.

### **VOLUNTEERS**

FODI cannot carry out most of its activities with staff alone; however, it has dedicated volunteers from both the local community and among its service users. We conducted five volunteer inductions during the year, onboarding 32 volunteers. Three of these sessions involved local community members and service users. At the same time, the other two included six second-year medical students on work placement from Sunderland University and six members of the Sunderland University REACH staff network. They undertook various tasks, including data collection with FODI surveys, sorting donations, tidying, bike repairs, helping in the kitchen, assisting the Sewing group, and leading English classes.

### **TRUSTEES**

The FODI Committee is a cohesive team composed of individuals from diverse backgrounds, including those with firsthand experience of the asylum system. Although they were strangers before joining FODI, they value the charity's culture and the mutual respect they have for one another. The appointment of new trustees has fostered a strong sense of mutual respect among them. They are dedicated to working throughout the year and regularly meet via virtual platforms.

### **SERVICES USERS**

As of March 2025, we had 825 asylum seekers in Sunderland, including 78 families. Most asylum seekers are allocated to the outlying Sunderland area, including the coalfields, Houghton-le-Spring, and Hetton.

Homelessness remains a challenge that the local authority continues to tackle. Service users who have been granted refugee status, particularly single men, are viewed as a lower priority for local housing.

FODI services users come from 41 countries and speak 25 different languages.

## **SERVICES PROVIDED**

### **ST MARY'S DROP-IN**

FODI's regular Wednesday drop-in took place for 50 weeks instead of 51 due to the summer riots. To ensure the safety of our service users, we had to cancel one Wednesday drop-in in August. Attendance at this drop-in ranges from 110 to 150 people per session. The service users attend for a social space, practical help, and advice. Our service users will return regularly to seek assistance and guidance from the North of England Refugee Service (NERS) for their immigration issues, as well as from the Sunderland City Council Resettlement team and the Housing Options team for their housing challenges, council tax applications, bill issues, employment concerns, and other financial matters.

### **SUNDERLAND MINSTER**

Our bi-weekly drop-in at Sunderland Minster is always a busy place, providing essential food parcels, hygiene products, and care packages to our FODI community, funded by Sunderland City Council, which also supplies us with fresh food. The local community generously donates items, which we also distribute, including clothing, kitchenware, books, toys, and various other household essentials.

### **KNOW YOUR NEIGHBOURHOOD ESOL PLUS ACTIVITIES**

This was a two-year project that began in April 2023. It was an aspiration linked to FODI's 2022 strategy, which was launched alongside the three-year strategic plan. Providing this service in 2023 was a significant achievement, primarily because it addressed the shortage of ESOL providers in Sunderland. We saw ourselves moving from operating three days a week with our employed ESOL coordinator, Luke Shannon, to operating five days a week with the support of dedicated ESOL volunteers, Steve Newman and Judith Turner. The learners attend these classes to reduce their isolation and enjoy participating in various activities, including visits to the Glasshouse in Gateshead, historical sites, the Museum, the beach, and trips to explore local Sunderland places. It has been great to see how specific individuals who attended these classes have progressed to Sunderland College, and others have gone on to start working after obtaining their refugee status.

### **WOMEN'S GROUP**

This is a women's space only, where FODI women enjoy practising yoga and contemporary dance. It highlights the opportunity for women from diverse backgrounds and cultures to come together, engage in physical activity, network, and form lasting friendships. In November last year, in solidarity with the aftermath of the riots, FODI women collaborated with Sangini women and Women in Need to create a banner as a reaction to stand in solidarity with other women, following the summer riots. Although most of the women whose English is their second language, they thoroughly enjoyed making these patches, which were later put together to create a beautiful banner of solidarity and unity.

### **BIKE PROJECT**

The bike project continues to thrive, thanks to a dedicated volunteer, Nasarolla, who is also very committed to thoroughly repairing the bikes. We distributed 78 adult bikes to our service users. The bikes help our service users travel to different places. With the costs of bus fares soaring, this supports our service users who receive £ 49.18 per week. Using the bikes is not only a good mode of transport but also empowers them to live a healthy and well-being lifestyle.

### **LINKS OF LIFE PROJECTS**

#### **SEWING GROUP**

This was another service offered by FODI, with an attendance of 8–10 women, including both skilled sewists and beginners. This was funded by Links for Life (Sunderland City Council). It takes place every Tuesday afternoon after the break following the morning English class in the Fiscus building. We have three wonderful volunteers—Mary Nicol, Sylvia, and Sandra Watt—who collectively search for fabric, repair sewing machines, and oversee the loaning of machines to women on a four-week basis so they can continue practising at home. Women make dresses, bags, pillow covers and are also taught how to recycle most of the fabric to reduce waste.

## **SUNSHINE PROJECT MAY AND JUNE 2024.**

The event was well-attended and facilitated by Tracey West and Mark Barfoot, who led drumming and dancing sessions over six Saturdays in May and June. Claire Wayman then acted as the facilitator, helping to source local ingredients with the support of FODI volunteers to prepare delicious dishes from diverse backgrounds and cultures to share after the dance sessions. We are grateful to Sunderland Museum for offering their space, where these sessions took place. Between 10 and 25 families attended the sessions. The children were captivated by drumming and dancing.

## **CITIZEN SONGWRITERS AND STORIES OF SANCTURY PROJECT**

Alex and Sam Slatcher led this project, which involved five families and ten individuals attending ten sessions. The sessions were enjoyable as we learnt to sing songs from various cultures and backgrounds. We sang in Spanish, Kurdish, Farsi, and, of course, in English. The project started in May, and we collaborated with the Recovery Choir from Newcastle, performing at Newcastle Cathedral. We also performed at Ripon Cathedral, and finally, in June, we concluded our project with a performance at Sunderland Minster to mark Refugee Week with the theme of 'Our Home'.

The gym sessions, which were held exclusively for men and women, were facilitated by Katrina Brown in the Fiscus building. However, she was unable to continue later due to health issues, so we had Danni from Duke Fitness step in to rescue the day. These sessions were highly popular and consistently drew a regular crowd of attendees, who testified to the benefits of regular exercise. Sunderland City Council funded this project through the Links for Life initiative.

## **COLLABORATION PROJECT.**

### **A. THE PHOENIX WAY NORTHEAST & CUMBRIA**

FODI Manager Fanni Ngambi was part of 11 Black Minority Ethnic organisations in Sunderland last September, who convened to design a more equitable-led grant-making process. It was great to be on the first session of the panel and have representatives from the Community Foundation serving Tyne and Wear and The National Community Fund. It was a month of learning, listening, exploring and empowering moments throughout the process. The organisations networked and got to know each other better. It was excellent and worthwhile to be part of this process, which showcased many of the skills and strengths that we had as individuals from these organisations. Following that, in April, FODI was awarded £7,500 through funding from the Community Foundation.

### **B. UNITING COMMUNITIES.**

From November last year to February 2025, FODI families and single individuals participated in the 'Uniting in the Community' event, facilitated by Tracey West and Mark Barfoot. The sessions were held at Sunderland Museum, with some sessions also taking place at the Eagle building. The drumming and dancing project had 15-30 people in attendance, including both adults and children. Naila, one of FODI's volunteers who has now obtained her refugee status and is self-employed, prepared the food for the sessions. It was great to sample a variety of curries, infused with different spices.

### **C. SECRET GARDEN**

We continue to collaborate with Secret Garden in the Ford Estate of Sunderland. Although the weather patterns were not ideal for growing plants, we still managed to harvest a reasonably good crop of tomatoes. It was great to see volunteers ready to start gardening, clearing the area in February, and preparing the bed for planting cabbage, spring onions, and a variety of herbs that had been started in the poly tunnel.

## **JUSTICE TOGETHER INITIATIVE.**

FODI remains a referral partner for this project. We direct cases related to family reunion and other immigration advice to the Northeast Law Centre. They sent their representative to our drop-in last year to assist with the E-visa issues.

**MEDICAL STUDENTS**

In November, FODI welcomed six second-year medical students from the University of Sunderland for their community placement. They had an online induction with the FODI manager, and then began volunteering at the Wednesday drop-in from November 2024 to February 2025. The students were very interactive with service users, helping to collect data from them using our quarterly survey, which assesses the performance of our services. Two female students also attended our women’s group sessions on a Friday.

**UNITY IN THE COMMUNITY**

Following the August 2024 riots, a unity community event was held, bringing together organisations and groups to showcase their work, network with others, and stand in solidarity. The first event was held at Sunderland Minster, followed by subsequent events in various areas of Sunderland. The Unity in the Community roadshow has visited Houghton-le-Spring and Ford Estate. Then, later in the year, events will take place at the Washington Art Centre, 1719 Church in Hendon, and finally at Roker Life Church. In these three locations, FODI has been present, with staff, volunteers, and service users, to facilitate networking and support the integration and community cohesion of our service users.

**REFUGEE WEEK**

The theme for Refugee Week in June 2024 was 'Our Home'. FODI’s chairman, Steve Newman, coordinates the planning meetings with partner organisations in Sunderland. These meetings provide insight into who would like to participate or host an event during the week. Then a timetable is formulated. We had a fully packed week, featuring a walk of sanctuary, football, Lunch for our service users, a breakfast event with the local community, and choir performances.

**CHRISTMAS:**

We gave Christmas gifts to 350 children from FODI families. We are grateful to Sunderland Area Support (SAPS) for their generosity in donating all the much-needed boxes full of amazing gifts, carefully packed with love. We are also grateful to Sunderland Community Kitchen for supporting us with the much-needed selection boxes for all our children; they provided us with more than enough boxes. We also offered a warm meal to all our service users who attended the drop-in on 18th December. This was our last drop-in to give our staff and volunteers a well-earned Christmas break.

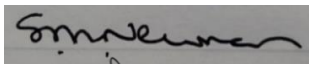
**NEW ARRIVAL PATHWAY**

Since this project has concluded, it is now confirmed that FODI is the initial contact point for asylum seekers dispersed to Sunderland. We still receive the consent form from MEARS, the accommodation providers. Our Operations Assistant contacts the new arrivals by text or phone to invite them to registration and welcome orientation, led by our experienced volunteers. New arrivals will receive a free SIM card with data as part of the welcome pack.

**CHALLENGES FODI FACES:**

- Asylum seekers are being allocated in the coalfields area in Houghton le Spring and Hetton, which is too far to assess our drop-in plans. We hope to start a Satellite drop-in once we mobilise resources.
- There is a shortage of immigration solicitors in Sunderland and nearby cities, and the few solicitors present in the region cannot take on any more legal aid cases. Some of our service users even travel as far as London to see their solicitors.
- Homelessness issue for those granted refugee status, especially single individuals who do not have priority to be housed.
- ESOL providers, it has been a year of shortage in the city, as Sunderland College was not accepting new students. As a result, our service as ESOL providers has been stretched since January 2024.

Signed on behalf of the Trustees:



Stephen Newman, chair.....



Mahnur Roushan, treasurer.....

## INDEPENDENT EXAMINER'S REPORT

**Report to the trustees of**

**Friends of the Drop in for Asylum Seekers and Refugees**

**On accounts for the year ended**

**31 March 2025**

**Charity no** 1176524

**Respective responsibilities of trustees and examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 130 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date: 11 September 2025**

**Name:  
Address:**

Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## Friends of the Drop in for Asylum Seekers and Refugees

### Income & Expenditure Account

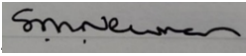
	Notes	Unrestricted	2024-25 Restricted	Total	2023-24 Total
	4	£	£	£	£
<b>Receipts</b>					
Grants			170005	170005	120997
Donations & Sundry Income		9200		9200	6402
Reimbursed Income		42		42	0
<b>Total Receipts</b>		<b>9242</b>	<b>170005</b>	<b>179247</b>	<b>127399</b>
<b>Payments</b>					
Salaries		1350	59651	61001	64931
Payroll Charges			234	234	207
Client Activities		480	18401	18881	12528
Client Travel			19920	19920	18300
Staff expenses				0	762
Clothing				0	11
Creche			3000	3000	2850
Freelance Work			3940	3940	2700
Volunteer Expenses			2098	2098	976
Food		98	2858	2956	5589
Hardship Payments			8389	8389	10779
Household Support			4201	4201	0
Rent & Room Hire			26289	26289	19198
Other General Running Costs			707	707	1243
Telephone & Internet			1281	1281	991
Insurance			309	309	302
Accountancy			5032	5032	4291
Training			10	10	437
Adveristising & Promotion				0	322
Legal & Professional				0	60
<b>Total Payments</b>		<b>1928</b>	<b>156320</b>	<b>158248</b>	<b>146477</b>
Surplus/Deficit for the period		7314	13685	20999	-19078
<b>Funds as at 1 April 2024</b>		<b>32462</b>	<b>59338</b>	<b>91800</b>	<b>110878</b>
<b>Total Funds at 31 March 2025</b>		<b>39776</b>	<b>73023</b>	<b>112799</b>	<b>91800</b>


**Friends of the Drop in for Asylum Seekers and Refugees**

**Balance Sheet  
at 31 March 2025**

	Notes	2025 £	2024 £
<b>Current Assets</b>			
Cash at Bank and in Hand		112799	88124
Debtors			3676
<b>Total Current Assets</b>		<b>112799</b>	<b>91800</b>
<b>Assets less Liabilities</b>		<b>112799</b>	<b>91800</b>
<b>Represented by</b>	<b>5</b>		
Unrestricted Funds		39776	32480
Restricted Funds		73023	59320
<b>Total Funds</b>		<b>112799</b>	<b>91800</b>

**The financial statements were approved by the following members of the Management Committee :**

Stephen Newman, chair.....  .....

Mahnur Roushan, treasurer.....  .....

Date...

## Friends of the Drop in for Asylum Seekers and Refugees Notes to the accounts 2025

### (1a) Basis of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

FODI meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

### (1b) Legal Status

Friends of the Drop in for Asylum Seekers registered with The Charities Commission 4 January 2018, registered no. 1176524, as a Charitable Incorporated Organisation.

### (2) Trustees and Staff

Three members of staff are employed. Total salary costs £61,001.

### (3) Costs of independent examination

The cost for the independent examination of accounts for the year will be £400.

### (4) Grants received in year

**2024-25**

Catherine Cookson Fund	500
Community Foundation Mayors Fund	7500
Hadrian Trust (Bike Project)	500
Hilden Charitable Fund	7000
Justice Together Initiative	4000
Know your Neighbourhood - National Lottery Community Fund	22500
London Marathon Foundation	2000
ORP Foundation	10000
Roseline Foundation	10000
SBMEN Household Support Fund	8716
SCC Household Support Fund 5	5000
Sir James Knott Trust	10000
Sunderland City Council (Links for Life - Fit Kat)	6953
Sunderland City Council (Links for Life - Gym Genius)	3656
Sunderland City Council (Links for Life - Sewing Project)	2416
Sunderland City Council (Links for Life - Staff Salary)	437
Sunderland City Council (Links for Life - Stories of Sanctuary)	1930
Sunderland City Council (Links for Life - Sunshine Corner)	2697
Sunderland City Council (Tesco Vouchers)	945
The National Lottery Community Fund	33255
Tudor Trust	30000

**Total Grants Received**

**170005**

(5) Funds Analysis:	Balance April 2024	Income	Expend	Balance March 25
Catherine Cookson Fund		500		500
CCG/ICB (Activities Fund)	12012		4732	7280
CCG/ICB (Project Development)	3005			3005
Community Foundation Mayors Fund		7500		7500
Community Foundation Tyne & Wear and Northumberland Funded by The Temple, Daphne & Martin Cookson, Sara Alexandra Bernstone	1537		1537	0
Hadrian Trust (Bike Project)		500	91	409
Hilden Charitable Fund		7000	855	6145
Justice Together Initiative	4992	4000	1350	7642
Know your Neighbourhood - National Lottery Community Fund	5692	22500	27266	926
Leathersellers Foundation	4510		4510	0
London Marathon Foundation		2000	2000	0
ORP Foundation		10000	5569	4431
Roseline Foundation		10000	1264	8736
SBMEN Household Support Fund		8716	8516	200
SCC Household Support Fund HSF 1000	253		253	0
SCC Household Support Fund 4	1648		1648	0
SCC Household Support Fund 5		5000	1354	3646
Sir James Knott Trust	4545	10000	7092	7453
Sunderland City Council (Links for Life - Fit Kat)	0	8634	5944	2690
Sunderland City Council (Links for Life - Gym Genius)		1490	1490	0
Sunderland City Council (Links for Life - Sewing Project)		2901	2417	484
Sunderland City Council (Links for Life - Staff Salary)		437	437	0
Sunderland City Council (Links for Life - Stories of Sanctuary)		1930	1930	0
Sunderland City Council (Links for Life - Sunshine Corner)		2697	2697	0
Sunderland City Council (Tesco Vouchers)		945	945	0
The National Lottery Community Fund	5985	33255	33348	5892
Tudor Trust	13928	30000	38291	5637
Tudor Trust (Wellbeing Fund)	1231		784	447
<b>Restricted Funds</b>	<b>59338</b>	<b>170005</b>	<b>156320</b>	<b>73023</b>
<b>Unrestricted Funds</b>	<b>32462</b>	<b>9242</b>	<b>1928</b>	<b>39776</b>
<b>Total Funds</b>	<b>91800</b>	<b>179247</b>	<b>158248</b>	<b>112799</b>

**FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES**

England & Wales - Charity number 1176524

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# Accounts

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**Friends of the Drop in for Asylum Seekers and Refugees**

**Charitable Incorporated Organisation number: 1176524**

**Trustees' Report  
and  
Financial Statement  
for the year ended  
31 March 2024**

## Legal and Administrative Information

Name: **Friends of the Drop in for Asylum Seekers and Refugees**

Charitable Incorporated Organisation number: 1176524

Structure: Charitable Incorporated Organisation

### Directors of FODI:

Chair	Stephen Newman	
Treasurer	Sally Vivyan	(Resigned December 2023)
Treasurer	Mahnur Roushan	(Appointed January 2024)
Secretary	Pauline Shannon	(Resigned April 2024)
	Jane Nikolarakis	
	Abraham Eiluorior	
	Zara Juma	(Resigned March 2024)
	Brenda Reardon	
	Melika Azhandeh	(Appointed October 2023)
	Talha Mahmood	(Appointed October 2023)

Address: The Co-op Centre,  
Whitehouse Road,  
Hendon,  
Sunderland, SR2 8AH

Bankers: Santander Bank.

Independent  
Examiner: Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## **FRIENDS OF THE DROP IN FOR ASYLUM SEEKERS AND REFUGEES**

**Registered Charity No. 1176525**

**Trustees' Annual Report for year to 31st March 2024.**

### **Friends of the Drop In (FODI) has the following purposes:**

We aim to improve the mental health and well-being of the asylum-seeking and refugee community in Sunderland, lessening their social isolation and promoting their integration into the wider community. We seek opportunities for the Drop-In clients to participate in suitable broader societal activities. We aim to extend links with the wider community, allowing our clients to interact with others. We partner with other local organisations/groups to further this aim.

### **FUNDING**

FODI 's major bids come from the National Lottery, Tudor Trust, and Sir James Knott, which are the core funders of FODI. The National Lottery, Tudor Trust, and Sir James Knott have funded us for five years and three years, respectively. These funders have commended FODI for the service it delivers. We also got funding from Sunderland City Council Links for Life to run our five projects in 2024. These funds provide stability to FODI and facilitate planning.

We continue to be supported by the International Care Board (ICB), Sunderland Black and minority ethnic Network (SBMEN), Sunderland City Council Household Support Fund, Tyne and Wear T&W&N Temple for the Bike project, The Leather Sellers Foundation, Justice Together Initiative, as well as other organisations and individuals who prefer to remain anonymous. We are deeply grateful for their ongoing support and generosity, which plays a crucial role in FODI's work and fosters a sense of community.

### **STRATEGIC PLAN:**

The trustees and manager reviewed the strategic plan for 2022-2025. The plan from 2022 took account of a SWOT analysis of the charity and classified its operations into essential, desirable, and aspirational. A skills matrix of trustees covered eight areas of expertise pertinent to the charity's operation. The financial plan was successfully carried out to increase our core funding and expand the workforce.

### **MOVING TO FISCUS BUILDING**

We have settled in well at the FISCUS building and are renting another room for our English class project, Know Your Neighbourhood, funded by a national lottery. Fiscus is an excellent place for networking. We have great support from the staff and their volunteers. We refer our service users to their baby bank. They help us transport the food items to our drop-ins with their van and collect bike donations for our bike project.

### **STAFF**

Sandra Watt, the manager, retired in December 2023. Fanni Ng'ambi was appointed as manager in December 2023 to continue managing the operations of FODI. Farkhunda Nawzadi joined the FODI staff team as the operations Assistant in November 2023. She has been employed on a part-time basis. Farkhunda brings her lived experience and translation skills; she speaks five languages, which have helped with translation for our service users in our drop-ins. We have also employed a part-time ESOL coordinator, Luke Shannon, for the Know Your Neighbourhood project, which runs for two years, from July 2023 to July 2025

### **VOLUNTEERS**

Our volunteers include locals and service users who form a very committed team. FODI would not exist without their generosity and dedication. During this period, FODI inducted 25 volunteers and assigned specific tasks, including registration, donation sorting, tidying up the office, cooking, helping with English classes, and bike repairing.

### **TRUSTEES**

The committee is a well-knit team of individuals committed from a wide range of backgrounds, including people with lived experience of the asylum system. They did not know each other before their involvement with FODI but value the culture and mutual respect within the charity. Despite the reigning and appointment of new trustees, there is still that feeling of mutual respect among them. They are dedicated to work throughout the year and regularly meet via virtual platforms.

## **SERVICER USERS**

As of March 2024, we had 684 asylum seekers in Sunderland, 75 of whom are families. The total number supported through the period would be higher, as two cohorts occupied the Comfort Inn and later dispersed into initial accommodation.

The Home Office is now working on clearing the backlog, and many service users are getting their status. However, homelessness in the city is on the increase due to a housing shortage, and the local authority has had to deal with housing issues.

FODI clients come from 40 countries and speak more than 25 different languages.

## **SERVICES PROVIDED:**

### **SUNDERLAND MINSTER**

Our bi-weekly drop-in at the Sunderland Minister is always busy working to provide much-needed additional food to the local community, which generously donates clothes, bedding, kitchen equipment, toys, and toiletries. We also give our service food parcels and hygiene and care packages with funding from the Sunderland City Council household support fund in collaboration with Sunderland Black and Minority Ethnic Network (SBMEN) partners. The attendance for this drop-in per session is 80- 100 attendees.

### **ST MARY'S DROP-IN**

FODI's regular Wednesday drop-in was open for 51 weeks of the year and closed for Christmas. The attendees for this drop-in are from 100 to 150 per session. The service users come for a social space, practical help, and advice. Our service users return regularly to seek help and advice from NERS and Together for Children hub workers, as well as from MEARS, Sunderland Health Watch, Reed partnership, and SCC Resettlement workers who attend occasionally.

### **THE KNOW YOUR NEIGHBOURHOOD -ESOL PLUS ACTIVITIES**

This project is an added service from FODI that started in April 2023. We run the classes in the other room, separate from the main FODI office located in the FISCUS Co-op building. The class sessions are conducted interactively. This has bridged the gap for those waiting to enrol in college. It has also helped those ESOL students in college receive extra informal top-up classes. The classes are popular, and some service users come to these classes to lessen their isolation, make friends and enjoy being part of the various activities such as visits to the Museums, trips to Durham, South Shield Beach and other historical sites.

### **CHALLENGES FACING FODI:**

**MOVE ON.** With the recent clearing of the home office's backlog that is in progress, some service users got refugee status and are choosing to stay in Sunderland. With the local housing crisis increasing, finding suitable accommodation is taking a long time. Their initial temporary accommodation under the duty of care by the council is not granted in Sunderland; this can be Gateshead, Durham, South Shields, or Ashington. This has been difficult for families who have to bring children to School in Sunderland. Some get accommodated in the hotel where they cannot cook and depend on takeaways. For others, travelling to their friend's homes to use the kitchen to cook a warm meal and travelling back and forth is costly. This has made FODI, and other charitable organisations help by supplementing their bus fares to help them as they wait to be sorted.

### **LACK OF IMMIGRATION SOLICITORS IN SUNDERLAND.**

This is an ongoing problem in Sunderland. As a result, solicitors are not available to attend drop-ins for the service users. So, our service users have to rely on lawyers in Gateshead and Newcastle and sometimes on lawyers in other regions of the country. Again, this puts the demand on them to travel to where they can reach the required services of the solicitors and the pressure of finding the calling credit on their phones to solicitors.

## **DEMAND OF OUR SERVICES**

With our service users increasing and most placed in the city's outlay, we see them occasionally attending our drop-in. They have to catch two buses, and with the cost of living rising, they cannot afford the bus fares. As an organisation, we have also been affected by the cost of living and the high demand for services to asylum seekers and refugees (service users). Therefore, we had to provide half the bus fare to service users who needed support. We have continued to advocate for our service users, arguing the need to be placed in areas with easy access to support projects, ESOL classes, halal shops, friendship groups and other essential services. However, there is a continuing policy to house our service users that is more widespread throughout the region where housing is available. This is reflected throughout the entire North East.

## **DIGITAL ACCESS**

Digital access continues to challenge many of the service users we support. The service users continually demand smartphones and internet access to communicate with solicitors, hospitals, schools, and the Home Office. Families with children and individuals need this as it is essential for homework, access to school apps, information, and school uniform purchases; however, they do not have access to Wi-Fi in their dispersed housing. The Home Office does not include Wi-Fi in the dispersed housing for our service users, even though it could be of great help if they did provide for children at school. So, we have seen a surge in the number of our service users calling for support with digital access.

Thank you to the Good Things Foundation for providing us with SIM cards after our successful bid. These have helped us provide our service users with data to help them make their appointments with solicitors, college enrolment, and other appointments such as GPs or Dentists. However, this has yet to completely solve the problem, as the data runs out quickly, and there is a constant demand for them.

## **NEW PROJECT: LINKS FOR LIFE FUNDED BY SUNDERLAND CITY COUNCIL**

After a successful bid with Sunderland City, we were awarded Links for Life funding to run five projects for the year. This commenced in January 2024. FODI pays for running these projects, and we claim the money back from the Sunderland Council on a quarterly basis. The five projects are:

### **- GYM GENIUS.**

These fitness classes are held by Chris Fish, an experienced fitness instructor who previously worked with asylum seekers in Stockton on Tee's side; he uses portable equipment so you can set up a gym in a convenient place. FODI purchased the equipment with the International Care Board (ICB) funding to allow our service users, comprising 15 women and 15 men, to train in 10 separate sessions; those who regularly attended the sessions and knew how to use this portable training equipment went away with equipment to continue on the fitness journey in the comfort of their home.

### **- FIT KAT EXERCISE CLASSES.**

This project was held in The Coop building, which has a gym. Katrina Brown, our facilitator, runs separate women's and men's gym sessions. These are popular classes, and Katrina proves she knows how to work with people from different backgrounds. Despite their language barriers, she ensures that our service users have a good time in the gym; their feedback is a testament to that. This project will run throughout the term time of 2024.

### **- SEWING PROJECT**

This started as a need by some of our service users asking for sewing machines to use at home. As a result of this demand, the group was mobilised under the previous FODI manager, Sandra Watt, to start the sewing group, which was later incorporated into the Links for Life project. The funding has helped to source materials for the sewing group and pay for bus fares for those who attend the sewing sessions.

### **- SUNSHINE PROJECT.**

This project will commence in May 2024. However, it is still vital to state that it is one of the five projects funded under Links for Life. This will target all service users who like to participate in drumming, dancing, and sharing the food at the end of every session, involving the same service users participating in cooking under the supervision of the food facilitator Claire Wayman from Sunshine Cooperative, who will supply locally sourced vegetables and use in the cooking. Tracey West and Mark Barfoot will be the two facilitators for drumming and dancing. Tracey, Mark, and Claire are well known to FODI staff, and most have been involved in other projects they have facilitated.

### **- CITIZEN SONGWRITERS AND STORIES OF SANCTUARY PROJECT.**

Yet again, the above project is one of the five under Links for Life that will start in May 2024. Over the past few years, we have formed connections and collaborations with songwriters in our community, writing and singing songs of sanctuary, including songs from the project participants' various cultural backgrounds.

### **CHRISTMAS:**

FODI had a Christmas party at Sunderland Minster, with Flash the Magician returning after a long time of not entertaining FODI Children. The children were excited to have that, and we supported 300 children with Christmas boxes, which were donated to us by Sunderland Area Parent Support (SAPS) and packed with love and care. Sunderland Community Kitchen gave us 250 selection boxes to give to FODI children.

### **I KNOW PROJECT**

Sunderland Culture, working with Sunderland Young People, invited 7 FODI young people aged 11-25 to participate in this project, which discussed issues affecting young people in Sunderland. It was great to see these young people go from being shy and not engaging to gradually growing in confidence and expression. They participated in group discussions as team players and were fully involved in making animated videos of their work and taking part in recorded interviews.

### **SUNSHINE CO-OP PROJECT.**

FODI collaborated with Claire Wayman, who helped supply FODI families and single people with delicious meals made from locally sourced vegetables prepared by volunteer cooks. Recipes for these meals were collected and will be compiled for future use. The project also included drumming and dancing, led by Tracey West, Mark Barfoot, and Rapasa Nyatrapasa Otieno, who introduced participants to his traditional eight-string instrument, Nyatiti. Both adults and children found the project engaging.

### **NEW ARRIVAL PATHWAY.**

FODI remains the first point of contact for new arrivals dispersed to Sunderland. We get the consent form from MEARS accommodation providers, and our Operation assistant contacts the family or single person to invite them to our drop-in for registration. New arrivals are also signposted to our Wednesday drop-in by the MEARS or friends. They will then receive a welcome orientation delivered by experienced volunteers. New arrivals receive a SIM Card and are signposted to other organisations that help asylum seekers integrate and settle in the Sunderland Community.

### **WOMEN'S GROUP.**

The women's group is still held at Trinity Church. Tracey West delivers the Friday sessions, incorporating contemporary dance and yoga exercises. We also have in-house crafts classes. FODI women and other dancers from South Shield, Hartlepool and Stockton had our final for the Bluewave 2 performance in July 2023 at the Tall Ships in Hartlepool; with the support of their families, the women had a lovely time performing in Hartlepool. In September 2023, Bluewave 2 had an extended performance with FODI; women were part of the Carnival parade in South Shields; the weather was not great on the day, but the women had a great time performing on the sand beach in South Shields with the scarves being blown away into different directions. The women's group also collaborated with the Sangini women's group in South Shields, who provide two sessions at Trinity Church cooking and eating health, with their community cook and two other facilitators teaching FODI women how to be healthy on a budget.

## **INITIAL ACCOMMODATION CENTRE.**

The second cohort was welcomed in the initial accommodation and was helped with a SIM Card and £10 cash. They were also helped to register with the Aquatic Centre to get everyone an Active card, which could later help them access the gym and swimming sessions with vouchers we provided them weekly. This cohort also benefitted from a free ticket to watch Sunderland playing at home, which FODI get for home games. The cohort also benefitted from our Bike project, which allowed them to access our drop-ins, come to our ESOL classes and other appointments in the city centre, and reduce their isolation as it enabled them to visit friends and attend prayers at the Mosque.

## **ADDITIONAL PROJECT AND COLLABORATION**

A group of FODI men and two Medical student volunteers participated in a football March with Young Asian Voices. It was a great tournament, and it was great to see participants from the initial Accommodations being part of the team and interacting with other men from the community.

## **BIKE - FODI**

The bike project has continued with volunteers working on donated bikes that we collect from Recyke Y Bike in Newcastle with the help of FISCUS's volunteer and their van. The funding from the Community Foundation Temple Fund we had from December 2022 to December 2023 was extended to June 2024. We successfully gave out 198 bikes to our service users; our target was to give out 50 bikes during the project period. Our service users are in high demand for bikes. As most are now being accommodated far from Sunderland City Centre, having a bike helps our service users reduce bus fares, which have increased as the cost of living looms. Having a bike has helped them access our drop-ins regularly, attend appointments within Sunderland city Centre, and access Halal shops and the Mosques for prayers.

## **JUSTICE TOGETHER INITIATIVE**

FODI has continued to partner in this project, referring family reunion cases, refused asylum cases, and other immigration advice to the North East Law Centre. The lawyers respond and are very supportive. They have assisted FODI in the holistic support of these service users through our Drop-in.

## **SECRET GARDEN**

FODI continues to collaborate with the Secret Garden at Ford Estate. FODI volunteers helped construct a polythene tunnel, which is vital to growing delicate plants and shielding them from the weather. The volunteers also helped trim shrubs and clear the garden. FODI has a designated area where the volunteers planted cabbages, broad beans, onions, and lettuce. When these produce were ready, they were harvested and shared with other service users at our Wednesday drop-in. The volunteers thoroughly enjoy being out in the garden.

## **MEDICAL STUDENTS.**

FODI welcomed six medical students from Sunderland University in their second year of community placement. The students were involved and volunteered in our Wednesday drop-in at St Mary, helping with paperwork, saving refreshments, and interacting with some of the service users and volunteers to learn more about FODI. It was great that two medical students also participated in a football tournament that FODI and Young Asian Voices held. The medical students produced a very impactful poster about what FODI does to the communities of the asylum seekers and refugees.

**CITIZEN SONGWRITERS**

Songs of Sanctuary: FODI members and local people continue to work together to form a choir and perform and write songs under the leadership of citizen songwriters. The group wrote and did animation to one of the songs, which was later recorded and produced. The group also performed at Newcastle Cathedral at the Stories of Sanctuary concert.

**REED PARTNERSHIP**

REED has a government-funded refugee employment programme to support and integrate refugees into their communities nationwide. FODI has been working with REED partnership by referring some of its service users to help refugees build employability skills through this programme and help them as they try to establish themselves in the labour market.

Also, Reed Partnership workers have visited our drop-in to speak with service users who may qualify for this project.

**REFUGEE WEEK JUNE 2023**

The theme for Refugee Week 2023 was compassion. FODI's chairperson, Steve Newman, coordinated planning meetings with our partners. The events across the city were significant. There was a sanctuary walk, breakfast for refugees, football and cricket games, and shared meals to celebrate together. FODI collaborated with Citizen songwriters and Stories of the Sanctuary Choir to animate a video and produce a song.

**ROKER LIFE SUMMER FUN**

The FODI families were welcomed into Roker Life for two days of summer fun and delicious food. The families loved the activities and warm welcome they received in the space.

**TWEDDLE FARM TRIP.**

With the help of FODI trustees, volunteers, and staff, we took families to Tweddle Farm. The demand for such trips is high in FODI, especially during the summer school holidays. Therefore, our criteria are to give a chance to most of the new families in Sunderland due to limited spaces on the coach, which cannot accommodate the service users that FODI has. The children had a great time looking and playing around the farm. The most famous event was the tractor ride that adults and children enjoyed; some even went more than once.

**FODI HAS BEEN SUCCESSFUL IN A BID FOR THE KNOW YOUR NEIGHBOURHOOD NATIONAL LOTTERY FUND – ESOL PLUS ACTIVITIES PROJECT**

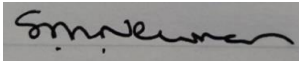
It is very positive for FODI that we were given this grant of £45000 for two years starting April 2023 so quickly after applying, however this is a reflection of a real need for more ESOL in Sunderland. FODI is committed to offering 0.4 ESOL coordinator staffing role as well as two days of ESOL in a classroom (plus activities/volunteering) for those clients who have not been able to enrol in college or Action Language or any service users who want to do more than ESOL only classes.


Information on our activities can be found on our website to ensure that what we can give information, news, etc. to a wider audience.

There have been no serious incidents.

In organising and running these activities, we have borne in mind the duties set out in the Commission’s public benefit guidance and believe we have complied with these.

Signed on behalf of the Trustees:

Stephen Newman, chair..... 

Mahnur Roushan, treasurer..... 

## INDEPENDENT EXAMINER'S REPORT

**Report to the trustees of**

**Friends of the Drop in for Asylum Seekers and Refugees**

**On accounts for the year ended**

**31 March 2024**

**Charity no 1176524**

**Respective responsibilities of trustees and examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 130 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date: 30th September 2024**

**Name:**

Mark Thompson MAAT

**Address:**

42 Lesbury Road  
Newcastle  
NE6 5LB

## Friends of the Drop in for Asylum Seekers and Refugees

### Income & Expenditure Account

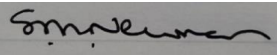
	Notes	Unrestricted £	2023-24 Restricted £	Total £	2022-23 Total £
<b>Receipts</b>					
Grants	4		120997	120997	174505
Donations & Sundry Income		6402		6402	3870
Reimbursed Income				0	292
<b>Total Receipts</b>		<b>6402</b>	<b>120997</b>	<b>127399</b>	<b>178667</b>
<b>Payments</b>					
Salaries			64931	64931	47772
Payroll Charges			207	207	175
Client Activities		50	12478	12528	17947
Client Travel			18300	18300	12185
Staff expenses			762	762	17
Clothing		11		11	1168
Creche			2850	2850	3090
Freelance Work			2700	2700	5465
Volunteer Expenses			976	976	1724
Food		138	5451	5589	15904
Hardship Payments			10779	10779	9219
Rent & Room Hire		1130	18068	19198	15295
Other General Running Costs			1243	1243	1321
Electricity				0	67
Telephone & Internet			991	991	627
Insurance			302	302	331
Accountancy			4291	4291	535
Training			437	437	223
Adveristising & Promotion			322	322	0
Legal & Professional			60	60	0
<b>Total Payments</b>		<b>1329</b>	<b>145148</b>	<b>146477</b>	<b>133065</b>
Surplus/Deficit for the period		5073	-24151	-19078	45602
<b>Funds as at 1 April 2023</b>		<b>27389</b>	<b>83489</b>	<b>110878</b>	<b>65276</b>
<b>Total Funds at 31 March 2024</b>		<b>32462</b>	<b>59338</b>	<b>91800</b>	<b>110878</b>


**Friends of the Drop in for Asylum Seekers and Refugees**

**Balance Sheet  
at 31 March 2024**

	Notes	2024 £	2023 £
<b>Current Assets</b>			
Cash at Bank and in Hand		88124	110878
Debtors	5	3676	
<b>Total Current Assets</b>		<b>91800</b>	<b>110878</b>
<b>Assets less Liabilities</b>		<u><b>91800</b></u>	<u><b>110878</b></u>
<b>Represented by</b>			
Unrestricted Funds	6	32480	27389
Restricted Funds		59320	83489
<b>Total Funds</b>		<b>91800</b>	<b>110878</b>

**The financial statements were approved by the following members of the Management Committee :**

Stephen Newman, chair..... 

Mahnur Roushan, treasurer..... 

Date...

## Friends of the Drop in for Asylum Seekers and Refugees Notes to the accounts 2024

### (1a) Basis of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

FODI meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

### (1b) Legal Status

Friends of the Drop in for Asylum Seekers registered with The Charities Commission 4 January 2018, registered no. 1176524, as a Charitable Incorporated Organisation.

### (2) Trustees and Staff

Three members of staff are employed. Total salary costs £64,931.

### (3) Costs of independent examination

The cost for the independent examination of accounts for the year will be £350

### (4) Grants received in year

**2023-24**

Tudor Trust	30000
Justice Together Initiative	8992
The National Lottery Community Fund	33255
National Lottery Community Fund - Know Your Neighbourhood	22500
Sunderland BME Network (Household Support Fund)	6124
Sunderland City Council (Household Support Fund) Extra	1000
Sunderland City Council (Links for Life)	3676
Sunderland Culture	300
Leathersellers Foundation	5000
Moving Art Management	150
Sir James Knott Trust	10000

#### **Total Grants Received**

**120997**

### (5) Debtors

Grant - Sunderland City Council (Links for Life)	3676
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<b>(6) Funds Analysis:</b>	<b>Balance April 2023</b>	<b>Income</b>	<b>Expend</b>	<b>Balance March 24</b>
Tudor Trust	8358	30000	24430	13928
Tudor Trust (Wellbeing Fund)	2000		769	1231
Community Foundation Tyne & Wear and Northumberland Funded by The Temple, Daphne & Martin Cookson, Sara Alexandra Bernstone	4185		2648	1537
Empower Sunderland Community Fund	2000		2000	0
Justice Together Initiative	0	8992	4000	4992
NHS North East & North Cumbria Integrated Care Board Response Fund	10000		10000	0
The National Lottery Community Fund: FODI Futures	8736	33255	36006	5985
National Lottery Community Fund - Know Your Neighbourhood	-50	22500	16758	5692
North East Migrations Partnership - New Arrivals Project	4790		4790	0
Sunderland BME Network (Household Support Fund)	0	6124	6124	0
Sunderland BME Network (Grassroots Development Fund)	0			0
Sunderland BME Network (Health Inequalities Fund)	0			0
Sunderland City Council (Household Support Fund)	4768		3120	1648
Sunderland City Council (Household Support Fund) Extra		1000	747	253
Sunderland City Council (Links for Life)	0	3676	3676	0
Sunderland Culture		300	300	0
Lloyds Bank Foundation for England and Wales	16691		16691	0
CCG/ICB (Activities Fund)	19006		6994	12012
CCG/ICB (Project Development)	3005			3005
Leathersellers Foundation		5000	490	4510
Moving Art Management		150	150	0
Sir James Knott Trust		10000	5455	4545
<b>Restricted Funds</b>	<b>83489</b>	<b>120997</b>	<b>145148</b>	<b>59338</b>
<b>Unrestricted Funds</b>	<b>27389</b>	<b>6402</b>	<b>1329</b>	<b>32462</b>
<b>Total Funds</b>	<b>110878</b>	<b>127399</b>	<b>146477</b>	<b>91800</b>

**FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES**

England & Wales - Charity number 1176524

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# Accounts

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**Friends of the Drop in for Asylum Seekers and Refugees**

**Charitable Incorporated Organisation number: 1176524**

**Trustees' Report  
and  
Financial Statement  
for the year ended  
31 March 2023**

## Legal and Administrative Information

Name: **Friends of the Drop in for Asylum Seekers and Refugees**

Charitable Incorporated Organisation number: 1176524

Structure: Charitable Incorporated Organisation

Directors of FODI:

Stephen Newman	Chair
Sally Vivyan	Treasurer
Jane Nikolarakis	
Abraham Eiluorior	
Zara Juma	
Brenda Reardon	(Appointed August 2022)
Pauline Shannon	(Appointed December 2022)
Felicity Livsey	(Resigned March 2023)
Zeinab Cummings	(Resigned December 2022)
Mali Saha	(Resigned September 2022)

Address: The Co-op Centre,  
Whitehouse Road,  
Hendon,  
Sunderland, SR2 8AH

Bankers: Santander Bank.

Independent Examiner: Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## INDEPENDENT EXAMINER'S REPORT

**Report to the trustees of**

**Friends of the Drop in for Asylum Seekers and Refugees**

**On accounts for the year ended**

**31 March 2023**

**Charity no** 1176524

**Respective responsibilities of trustees and examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 130 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date: 5 September 2023**

**Name:  
Address:**

Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## **FRIENDS OF THE DROP IN FOR ASYLUM SEEKERS AND REFUGEES**

**Registered Charity No. 1176525**

**Trustees' Annual Report for year 1.4.2022 to 31.3.2023**

### **Friends of the Drop In (FODI) has the following purposes:**

We aim to improve the mental health and the well-being of the asylum-seeking and refugee community in Sunderland, lessening their social isolation and promoting their integration into the wider community.

We seek to provide opportunities for the clients of the Drop-In to participate in wider societal activities of a suitable nature.

We seek to extend links with the wider community giving our clients opportunities to interact with others.

We seek to work in partnership with other local organisations/groups to further this aim.

### **FUNDING:**

We were successful with major bids to the National Lottery Community Fund and Tudor Trust. The former provides part of our core funding for five years, the latter for three. Both funders commended FODI for the service which it delivers. We were also grateful to Lloyds Bank Foundation for giving us another year of core funding making this the seventh year they have funded FODI. These funds provide stability to FODI and facilitate forward planning.

We have also been supported for the year under review by

NHS Sunderland Clinical Commissioning Group,( now ICB) SCC Sunderland City Council (SBMEN partners) - Sunderland Black and Minority Ethnic Network Household Support Fund, Community Foundation Tyne and Wear T&W&N Temple Fund for the Bike project, Empower Community Fund Sunderland, NEMP North East Migration Partnership New Arrivals Support Project, Justice Together Initiative , Roseline Foundation via the Community Foundation and Pea Green Boat Community First Foundation via the Community Foundation Tyne & Wear and Northumberland.

FODI also received most welcome donations from a range of organisations including the St Vincent de Paul Society, Seaburn Rotary Club and other organisations and individuals who prefer not to be named.

**STRATEGIC PLAN** : The strategic plan covering the period 2022-2025 was reviewed by the trustees and manager. The plan from 2021 took account of a SWOT analysis of the charity and classified its operations into essential, desirable and aspirational. A skills matrix of trustees was completed covering eight areas of expertise pertinent to the charity's operation. The financial plan to increase our core funding and expand the workforce was successfully carried out.

**MOVE TO FISCUS**: FODI moved to the FISCUS building at the COOP centre in May 22. This has been an excellent move for FODI as we have been able to work alongside the FISCUS charity who have supported FODI in every way possible with the move welcoming staff and our service users to the centre. In addition: we refer our service users to their Baby Bank, we have use of their storage areas for our fresh veg delivery for our drop ins and their volunteer supports us with the use of their van for transport of food.

### **STAFF:**

We have a full-time manager, Sandra Watt, who has managed FODI throughout the year with the essential support of volunteers and trustees and in collaboration with other partners across the city.

Using funding from our successful core bids, Fanni Ngambi was appointed as Operations Assistant on a part-time basis in April 2022; starting at 0.5 role increasing 0.8 October 22. Her lived experience of the asylum system, her dedication and her professional skills have added enormously to the smooth running of FODI services. In particular she is responsible for the Minster collection days and contacting all new arrivals through the FPOC ( First point of Contact) consent forms from MEARS.

## **VOLUNTEERS:**

Our volunteers include both locals and service users who form a very committed team and FODI would not exist without their generosity and dedication. FODI recruited 15 new volunteers in this period who were inducted and given specific tasks from registration, donation sorting, cooking to bike repairs.

## **TRUSTEES**

The committee is a well-knit group of committed individuals from a wide range of backgrounds including people with lived experience of the asylum system. They did not know each other prior to their involvement with FODI but all value the culture of mutual respect within the charity. The trustees have continued to show full commitment throughout the year.

The use of virtual platforms has allowed all meetings to take place online regularly with no gaps.

## **SERVICE USERS:**

As of March 23 Sunderland had 519 asylum seekers – applicants and dependants which included 55 men in the hotel contingency accommodation (official government statistics). The total number supported throughout the period would be higher as people left after getting their status or being refused.

There is however, a huge backlog of cases in the Home office and FODI has seen people getting first interviews during this year after waiting for more than 2 years due to the pandemic.

FODI clients come from over 40 countries and speak more than 25 different languages.

## **SERVICES PROVIDED:**

· **SUNDERLAND MINSTER COLLECTION DAYS** The fortnightly collection day at the Minster continued throughout the year giving much needed additional food provided by our partners Social Chef CIC funded by Roker Life and Sunderland City Council until July 22 and then facilitated by FODI funded by SCC Household Support Fund in conjunction with SBMEN ( Sunderland Black and Minority Ethnic Network) partners. In addition, extensive generous donations were received from the local community to distribute clothes, toys, kitchen equipment and toiletries.

· **SUPERMARKET FOOD VOUCHERS** were distributed to over 500 service users during this year as part of the Local Authority's Household Support Fund to the total of £16000. This has been an essential support as our service users faced increased hardship due to the cost of living crisis. In addition, we have used other local authority funding for food and toiletries as well as emergency cash from the National Lottery and our individual donors for those who find themselves destitute.

· **ST MARY'S DROP IN** The regular Wednesday drop in was open 51 weeks of the year only closing for Christmas. Numbers built up to make the drop in very busy as it was pre Covid. Numbers up to 90 in attendance. These numbers were also swelled by the attendance of the hotel service users coming for social space, advice and practical help. Our service providers also returned with weekly attendance by NERS advice worker, SCC Resettlement workers and MEARS welfare workers. More occasional attendance from police engagement officers, Health net, NERISE and TOP

· **NEW ARRIVALS:** After the success of the New Arrivals Pathway pilot last year, FODI is now the FPOC, (First point of contact) for all new arrivals in Sunderland. We continue to receive signed consent forms from MEARS accommodation providers and the Operations assistant contacts each new person/family to invite them to the drop in to register and receive our welcome and orientation delivered by experienced volunteers. Each new arrival also receives a phone top up from our NEMP (North East Migration Partnership) funding and early access to donations at our collection days. There has been a steady increase in the number of asylum seekers in Sunderland with the figure at March 23 being over 500 which includes more than 60 families.

· **WOMEN'S GROUP** We continued to run the women's group at Trinity Church with ongoing contemporary dance delivered by Tracey West and in house craft classes.

· In recognition of our previous collaboration with the Bluewave Dance Project part of Seascapes, we started a collaborative project called Blue Wave 2. This combined contemporary dance, art and costume making on the themes of flowers and the sea. The women were completely committed to this project as they were familiar with the setting and dance teacher Tracey West; Constance Humphries dance choreographer who had already worked with FODI and Sangini on Blue Wave 1 joined our Friday group. Lijie led the silk painting scarves for costume and Maggie Hsaio delivered the art sessions. This project was a collaboration with three other refugee/minorities groups in the region. An Arts Council England grant paid for the facilitators and materials whilst FODI contributed in-kind funding for the rent, bus fares and creche. The sharing performance on 13th Jan was a very positive and moving experience for both participants and the audience. The group received huge praise and will do a performance at the Tall Ships event in July in Hartlepool with the three other groups

· **Initial Accommodation Centre**

The arrival of 60 single men to a hotel used for initial accommodation in March 2022 presented significant challenges. FODI gave each new arrival supermarket vouchers and £10 phone top up and helped to direct those who did not have phones to Red Cross. We helped to facilitate the police safety talks using funding from NEMP to orientate all new arrivals to the area. The men were given extensive amounts of good second-hand clothing as well as new shoes and new clothing. We received a substantial donation from one individual to pay for shoes. The hotel staff have been particularly helpful in supporting these clients and Sandra has worked closely with them and with Mears workers. At one Minster session soon after their arrival 26 of the 88 clients attending were from the hotel and we offer travel costs for their attendance. Men from the hotel have participated fully in FODI's activities and some have become volunteers in the drop in and garden. We worked with a local church who invited the men for a weekly session for their warm spaces project. At the end of January 2023, all this cohort of service users was moved into dispersed accommodation and we assisted some with that move with support letters and helping them keep in touch with connections made in Sunderland. We have welcomed the new arrivals who have come to the hotel since.

**ADDITIONAL PROJECTS AND COLLABORATIONS:**

· **SPORTS – FODI** continued to provide a once-a-week Gym/Swim voucher for every client who registered for this project. We also provided soft play vouchers for children during the holidays. This project is vital to our service users who could not otherwise access these facilities and we are grateful to the continued use of CCG/ICB funding to offer this.

· **BIKES - FODI** has continued to work on donated bikes and give them out to adults and children for a way of getting around the city. We were very fortunate to receive a large donation which enabled us to purchase a container for our bike project and situate it in the FISCUS car park. We are supported extensively by Recyke y Bike in Byker, Newcastle, who give us donated bikes for repair and distribution and offer training to our volunteers. They also helped us set up a trade account to purchase locks, lights and other items. We were very happy to receive one year funding from the Community Foundation Temple fund in December 2022 which will allow us to continue this vital project

· **JUSTICE TOGETHER INITIATIVE** As a partner in this project, FODI continued to refer family reunion cases, refused clients and those with no recourse to public funds to get immigration advice from the North East Law Centre. Lawyers respond as they are able and have provided FODI with funding to assist in the holistic support of these clients through our Drop-In and making our premises available if needed.

· **SECRET GARDEN:** This is a project partially funded by SCC Connecting Communities and the National Lottery and managed by David Banks of Northern Allotment, Leisure and Community Gardens (NALCG) to help establish the clearance and development of this community garden in Ford Estate in Sunderland. FODI has a dedicated group of volunteers who have helped to transform this space through their weekly attendance with supervision from FODI operations assistant Fanni Ngambi. They have worked on both major building and clearance projects for the sheds, paths and raised beds and have established a dedicated place for FODI volunteers to grow food. A number of volunteers having extensive experience in this field. Those taking part have found this project significantly improves their overall mental well-being.

· **MEDICAL STUDENTS :** Sunderland University Medical Students FODI once again welcomed six second-year medical students on community placement. The students were able to engage in our St Mary's Drop-In and used the time to meet, in some cases translate and get to know some of the asylum seeker community. They produced a very impactful poster on FODI and its work for their final presentation.

· **The NE RISE** project funded by the government and based out of NERS took referrals from FODI for our move on service users. It aimed to help resettle those who had just received refugee status by assisting with housing, integration and routes to employment. It is made up of NERS for support and housing for new refugees, Jewish World relief for employment pathways and TOP – The Other Perspective - who assisted those who received their status in the last 18months. We hosted these workers at our drop ins. Referrals were not straightforward as many SUs went to VCS workers they already knew. In addition, there were some issues of expectation as NE RISE was limited in what it could do for housing which remains a major concern for new refugees and outweighs their employment needs. However, a number of our clients were able to get employment and training through this collaboration.

· **CITIZEN SONGWRITERS** – Songs of Sanctuary :-FODI members continued their involvement with local people to form a choir and perform and write songs together under the leadership of citizen songwriters. This culminated in a performance at Sunderland College during refugee week 2022 and the group has plans to record a song about sanctuary in Sunderland.

· **ROKER LIFE SUMMER FUN FAMILY DAYS** Roker Life offered further summer fun days as last year. These were very well attended by over 25 families who are always so positive about the space and garden at Roker as well as the warm welcome they receive there.

· **CHRISTMAS:**

The decision was made to not hold a large party but to have a meal for service users at the drop in and to give vouchers to the children again funded mostly by Seaburn Rotary club. In addition, we were very generously supported by an organization called SAPS ( Sunderland Area Parent Support) who included us in their Christmas box appeal and gave us 166 Christmas Boxes which included pyjamas, toys and sweets for every child. These were the highlight of the season for many of our families and generously assisted by all our volunteers with cars to deliver them. We were also supported for the third year running from Feeding Families who sent us 40 boxes of food.

· **CHRISTMAS TREE FESTIVAL AT SUNDERLAND MINSTER** - FODI took part in this inaugural Christmas tree festival at the Minster with a tree covered in orange hearts on the theme 'Sunderland Welcomes Refugees'. This was an extension of a previous national campaign 'Show Your Heart' where people were invited to write messages of support and welcome to asylum seekers in the community. Statutory groups also contributed hearts including the police and local authority who officially voted to be recognized as a City of Sanctuary in June 22.

· **COASTAL CUISINE ART PROJECT COMBINING FOOD AND CERAMIC MAKING – FUNDED BY SEASCAPES COLAB SUNDERLAND UNIVERSITY** This research project lead by Dr Suzy O'Hara (looking at coastal communities in the past, now and the future) started in September 22 on Saturdays and combined local people, a group of families and singles from FODI and members from ICOS. They worked with Suzanne Hocknall to explore the food of the area and their own traditions. FODI participants were outstanding and provided a wonderful spread of food at Back on the Map for the first session and then visited Souter lighthouse, National Glass Centre, the Rewilding oyster project, the fish quay and the museum. They were then taught ceramics and made table ware with Mary Watson and this culminated in an international celebration meal cooked with Life Kitchen. This was an excellent example of FODI collaboration with a local group. Videos can be seen on Colab Sunderland Instagram CoLab Sunderland (@colabsunderlanduniversity) • Instagram photos and videos and their website SeaScapes: Coastal Cuisine — Co/Lab Sunderland (colabsunderland.uk). \*This was the first major project FODI had done on Saturdays and was such a success we have now committed to a number of Saturday activities.

· **Refugee Week** It was possible to provide a more extensive programme this year, co-ordinated by FODI. Chris' Walk of Sanctuary kicked off the week, with a cricket match organized by YAV to follow in the evening. Other events were "Breakfast with a refugee" at Back on the Map, lunches organized by Fightback and by FODI women's group, a panel discussion, celebrations organized by Sunderland International Bangladeshi Centre and ICOS, and a Stories of Sanctuary concert at Sunderland College

· **SKIMSTONE ARTS UNITY FESTIVAL PROJECT-** FODI worked with Claire and Peter from Skimstone Arts on some music, drama and film making sessions for the Unity Festival in March 23. The group was made up of single men who did several sessions at POP RECS where a range of talents emerged including music making, spoken word and singing. The participants later joined their counterparts in Stockton on Tees and worked together for the Unity Festival film shown in March

· **SUN CULTURES** project in collaboration with Jennie Lambert at Sunderland Museum started on 25th February and ran on Saturdays for families and single people. A large number of families and single people took part. The project came out of the Gathering Light exhibition on tour from the British Museum focusing on the find of a gold bulla from the Bronze age which represents the sun. A whole range of art, stories and crafts took place to celebrate and explore the theme of the sun in different cultures. A further example of positive partnership work for which FODI is well known in Sunderland.

· **WEBSITE** The website new design was completed by the CITA ( Charity IT association) volunteers and changes to the content is now planned and handover will be delivered soon. All staff and some trustees will have new dedicated emails linked to the web address.

## **CHALLENGES FACING FODI :**

**THE LACK OF IMMIGRATION SOLICITORS IN SUNDERLAND** This is an ongoing problem which has been made more acute now that we have no solicitor able to come regularly to the drop in to give advice. The backlog and increase in numbers has put huge pressures on all solicitors. There is often dissatisfaction with the service from solicitors although this is usually because of Home Office delays and huge backlog of cases. Some service users have started to receive the questionnaires and NERS and other solicitors are trying to help with these.

## **CHANGE IN NATURE OF DEMANDS**

As our numbers increase and more service users are being placed in outlying areas of the city, this will have impact on their feelings of social isolation and will put pressure on us as a charity to provide bus fares to access our services. We have continued to advocate for our clients arguing the need to have addresses with easy access to the city - to halal shops, support projects, ESOL classes and friendship groups but there is a continuing policy to house clients more widespread throughout the region where there is available housing. This is reflected throughout all of the North East.

All of our service users are continuing to struggle with the increase in cost of living and the need for essentials from us, however this will also hit hard those newly given refugee status who must manage utility bills and in particular heating.

## **DIGITAL ACCESS**

As our clients increasingly need smart phones and access to the internet to communicate with their solicitors and the Home Office ( some travel tickets for interviews are now digitally received) then it is unreasonable that the HO will not include WiFi in the dispersed housing for our service users. We have been unsuccessful in all appeals for this despite demonstrating how it help individuals at college and families with children at school.

We have been fortunate enough to receive help from the Goodwill Foundation who have supplied 6 month SIM cards for our SUs although they only have 20G or less on so are quickly used. We direct our SUs to free Wi-Fi spots in the city but really they want and need internet at home.

**NEW PLAN FOR IMMIGRATION** – The new plan for immigration and the Illegal Migration Act may have significant impact on those arriving in Sunderland and will adversely affect the welfare of our service users worried about deportations or the difference in their leave to remain and the change to their rights. e.g. those who arrived ‘illegally’ will have curtailed family reunion, inability to study Higher Education if given limited leave etc..

## **NEW MAJOR PROJECT STARTING APRIL 23**

**FODI HAS BEEN SUCCESSFUL IN A BID FOR THE KNOW YOUR NEIGHBOURHOOD NATIONAL LOTTERY FUND – ESOL PLUS ACTIVITIES PROJECT** It is very positive for FODI that we were given this grant of £45000 for two years starting April 2023 so quickly after applying, however this is a reflection of a real need for more ESOL in Sunderland. FODI is committed to offering 0.4 ESOL coordinator staffing role as well as two days of ESOL in a classroom (plus activities/volunteering) for those clients who have not been able to enrol in college or Action Language or any service users who want to do more than ESOL only classes.

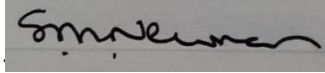
Information on our activities can be found on our website to ensure that what we can give information, news, etc. to a wider audience.

There have been no serious incidents.

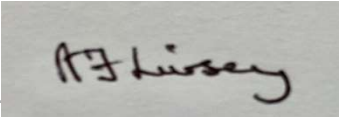
**In organising and running these activities, we have borne in mind the duties set out in the Commission's public benefit guidance and believe we have complied with these.**

Signed on behalf of the Trustees:

Stephen Newman, chair.....

A rectangular box containing a handwritten signature in black ink that reads "Stephen Newman".

Felicity Livsey, treasurer.....

A rectangular box containing a handwritten signature in black ink that reads "Felicity Livsey".

## Friends of the Drop in for Asylum Seekers and Refugees

### Income & Expenditure Account

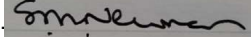
	Notes	Unrestricted	2022-23 Restricted	Total	2021-22 Total
	4	£	£	£	£
<b>Receipts</b>					
Grants			174505	174505	77756
Donations & Sundry Income		3845	25	3870	13461
Reimbursed Income			292	292	0
<b>Total Receipts</b>		<b>3845</b>	<b>174822</b>	<b>178667</b>	<b>91217</b>
<b>Payments</b>					
Salaries			47772	47772	33541
Payroll Charges			175	175	585
Client Activities		4968	12979	17947	12826
Client Travel		1085	11100	12185	4254
Staff expenses		17	0	17	0
Clothing		1168		1168	1335
Creche			3090	3090	1200
Freelance Work			5465	5465	4813
Volunteer Expenses			1724	1724	1020
Food		75	15829	15904	12282
Hardship Payments		298	8921	9219	4761
Rent & Room Hire		82	15213	15295	11727
Other General Running Costs		366	955	1321	1092
Electricity			67	67	206
Telephone & Internet			627	627	1803
Insurance			331	331	331
Accountancy			535	535	504
Training			223	223	323
Legal & Professional				0	0
<b>Total Payments</b>		<b>8059</b>	<b>125006</b>	<b>133065</b>	<b>92603</b>
Surplus/Deficit for the period		-4214	49816	45602	-1386
<b>Funds as at 1 April 2022</b>		<b>31622</b>	<b>33654</b>	<b>65276</b>	<b>66662</b>
<b>Total Funds at 31 March 2023</b>		<b>27408</b>	<b>83470</b>	<b>110878</b>	<b>65276</b>

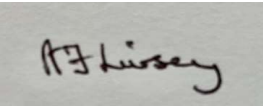
**Friends of the Drop in for Asylum Seekers and Refugees**

**Balance Sheet  
at 31 March 2023**

	Notes	2023 £	2022 £
<b>Monetary Assets</b>			
Cash at Bank and in Hand		110878	65276
<b>Total Cash Balances</b>		<b>110878</b>	<b>65276</b>
<b>Assets less Liabilities</b>		<u><u>110878</u></u>	<u><u>65276</u></u>
<b>Represented by</b>	<b>5</b>		
Unrestricted Funds		27408	31622
Restricted Funds		83470	33654
<b>Total Funds</b>		<b>110878</b>	<b>65276</b>

**The financial statements were approved by the following members of the Management Committee :**

Stephen Newman, chair.....  .....

Felicity Livsey, treasurer.....  .....

Date... June 2023

## Friends of the Drop in for Asylum Seekers and Refugees Notes to the accounts 2023

### (1a) Basis of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

FODI meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

### (1b) Legal Status

Friends of the Drop in for Asylum Seekers registered with The Charities Commission 4 January 2018, registered no. 1176524, as a Charitable Incorporated Organisation.

### (2) Trustees and Staff

Two members of staff are employed. Total salary costs £47,772

### (3) Costs of independent examination

The cost for the independent examination of accounts for the year will be £350

### (4) Grants received in year

**2022-23**

Tudor Trust	30000
Tudor Trust (Wellbeing Fund)	2000
Community Foundation Tyne & Wear and Northumberland Funded by The Temple, Daphne & Martin Cookson, Sara Alexandra Bernstone	4500
Empower Sunderland Community Fund	2000
North East & North Cumbria Integrated Care Board	10000
The National Lottery Community Fund	30255
North East Migrations Partnership - New Arrivals Project	10000
Lloyds Bank Foundation for England and Wales	27250
North East Law Centre - Justice Together Initiative	8000
Sunderland BME Network (Household Support Fund)	11155
Sunderland BME Network (Grassroots Development Fund)	1000
Sunderland BME Network (Health Inequalities Fund)	3750
Sunderland City Council (Household Support Fund)	11800
CCG/ICB (Activities Fund)	22796

**Total Grants Received**

**174506**

<b>(5) Funds Analysis:</b>	<b>Balance April 2022</b>	<b>Income</b>	<b>Expend</b>	<b>Balance March 23</b>
Tudor Trust	0	30000	21642	8358
Tudor Trust (Wellbeing Fund)		2000		2000
Roseline Foundation via the Community Foundation Tyne & Wear and Northumberland	1828		1828	0
Pea Green Boat Community First Foundation via the Community Foundation Tyne & Wear and Northumberland	1003		1003	0
Community Foundation Tyne & Wear and Northumberland Funded by The Temple, Daphne & Martin Cookson, Sara Alexandra Bernstone		4500	315	4185
Empower Sunderland Community Fund		2000	0	2000
Justice Together Initiative	1216	8000	9216	0
NHS North East & North Cumbria Integrated Care Board Response Fund		10000		10000
The National Lottery Community Fund		30255	21519	8736
North East Migrations Partnership - New Arrivals Project		10000	5210	4790
Sunderland BME Network (Household Support Fund)	0	11155	11155	0
Sunderland BME Network (Grassroots Development Fund)	-500	1000	500	0
Sunderland BME Network (Health Inequalities Fund)	-1265	3750	2485	0
Sunderland City Council (Household Support Fund)	2270	11800	9302	4768
Sunderland Partnership SCC (Womens Group)	679		679	0
Lloyds Bank Foundation for England and Wales	15705	27566	26580	16691
CCG/ICB (Activities Fund)	9672	22796	13462	19006
CCG/ICB (Project Development)	3046		60	2986
National Lottery Community Fund - Know Your Neighbourhood			50	-50
<b>Restricted Funds</b>	<b>33654</b>	<b>174822</b>	<b>125006</b>	<b>83470</b>
<b>Unrestricted Funds</b>	<b>31622</b>	<b>3845</b>	<b>8059</b>	<b>27408</b>
<b>Total Funds</b>	<b>65276</b>	<b>178667</b>	<b>133065</b>	<b>110878</b>

**FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES**

England & Wales - Charity number 1176524

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# Accounts

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**Friends of the Drop in for Asylum Seekers and Refugees**

**Charitable Incorporated Organisation number: 1176524**

**Trustees' Report  
and  
Financial Statement  
for the year ended  
31 March 2022**

## **Legal and Administrative Information**

Name: **Friends of the Drop in for Asylum Seekers and Refugees**

Charitable Incorporated Organisation number: 1176524

Structure: Charitable Incorporated Organisation

Directors of FODI:

Stephen Newman	Chair
Felicity Livsey	Treasurer
Jane Nikolarakis	
Zeinab Cummings	
Abraham Eiluorior	
Zara Juma	
Mali Saha	
Fannie Ng'ambi	(Resigned March 2022)
Sally Vivyan	

Address: The Co-op Centre,  
Whitehouse Road,  
Hendon,  
Sunderland, SR2 8AH

Bankers: Santander Bank.

Independent Examiner: Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## INDEPENDENT EXAMINER'S REPORT

**Report to the trustees of**

**Friends of the Drop in for Asylum Seekers and Refugees**

**On accounts for the year ended**

**31 March 2022**

**Charity no** 1176524

**Respective responsibilities of trustees and examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 130 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date: 10 October 2022**

**Name:  
Address:**

Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## **FRIENDS OF THE DROP IN FOR ASYLUM SEEKERS AND REFUGEES**

**Registered Charity No. 1176525**

**Trustees' Annual Report for year 1.4.2021 to 31.3.2022**

### **Friends of the Drop In (FODI) has the following purposes:**

We aim to improve the mental health and the well-being of the asylum-seeking and refugee community in Sunderland, lessening their social isolation and promoting their integration into the wider community.

We seek to provide opportunities for the clients of the Drop-In to participate in wider societal activities of a suitable nature.

We seek to extend links with the wider community giving our clients opportunities to interact with others. We seek to work in partnership with other local organisations/groups to further this aim.

### **FUNDING:**

We have been supported for the year under review by the NHS Sunderland Clinical Commissioning Group, Lloyds Bank Foundation England and Wales, SCC- Sunderland City Council (SBMEN partners) Covid Champions Fund, SCC COVID Targeted Community Champion partners SBMEN (Enhanced Winter Offer)

Sunderland Black and Minority Ethnic Network, Covid Champions funding SCC, Community Foundation Tyne and Wear Roseline Foundation and Pea Green Boat Community First Foundation and Justice Together Initiative.

Barrow Cadbury Trust Covid 19 Support fund, as well as most welcome donations from a range of organisations including the St Vincent de Paul Society, Seaburn Rotary Club and other organisations and individuals who prefer not to be named.

**FUTURE FUNDING:** FODI was successful in its five year bid to the National Lottery Community Fund and a three year bid to the Tudor trust.

This puts FODI in a very firm footing for the future and will allow for expansion of staffing and services.

**STRATEGIC PLAN :** A strategic plan covering the period 2022-2025 was discussed and agreed by trustees and manager at a meeting in November 2021. The plan took account of a SWOT analysis of the charity and classified its operations into essential, desirable and aspirational. A financial plan was put in place and key steps for 2022 identified. Finally a skills matrix of trustees was completed covering eight areas of expertise pertinent to the charity's operation.

**MOVE TO FISCUS:** After a successful collaboration with the baby bank based at FISCUS in Hendon, FODI explored the idea of a move to a more suitable office premises that could house both staff, volunteers and have a bike project on site. This move was agreed to by all trustees before the end of March 22 and was scheduled for May 22.

### **STAFF:**

We have a full-time manager, Sandra Watt, who has managed FODI throughout the year with the essential support of volunteers and trustees and in collaboration with other partners across the city.

Covid Champion volunteer coordinator Zara Juma was also appointed for 6 months to deliver a supported programme to disperse key messages and encourage vaccine uptake.

### **VOLUNTEERS:**

Our volunteers include both locals and clients who form a very committed team. Long term volunteers continued to work both directly face to face with clients as well as distanced support and we have taken on a number of new volunteers who are both clients and local community members to reopen all of our services throughout this year. We have been grateful to a small number of volunteers recruited during the first COVID wave who have supported us at the Minster Drop-In with their presence and enormous amounts of donations from the community.

### **TRUSTEES**

The committee is a well-knit group of committed individuals from a wide range of backgrounds including people with lived experience of the asylum system. They did not know each other prior to their involvement with FODI but all value the culture of mutual respect within the charity. The trustees have continued to show full commitment throughout the year.

The use of virtual platforms has allowed all meetings to take place online regularly with no gaps.

### **CLIENTS:**

Sunderland had 410 asylum seekers – applicants and dependants – in Dec 21 which grew to over 500 in March 22 with new arrivals and the addition of an initial accommodation centre.

Dispersal continued throughout this period – a few were families straight into dispersed accommodation without initial accommodation and a number of single people who had generally been housed in hotels or similar sites during the pandemic.

Numbers for decisions (positive and negative) were lower as in the previous year due to the ongoing impact of the pandemic. This meant that many clients became increasingly anxious not having any interview and, in some cases, having had no communication with the Home Office at all.

FODI clients come from over 40 countries and speak more than 25 different languages.

### **SERVICES PROVIDED:**

We gradually reopened all of our regular services throughout this year with additional ones started during COVID remaining as permanent.

- **SUNDERLAND MINSTER COLLECTION DAYS** The fortnightly collection day at the Minster was open throughout the year giving much needed additional food provided by our partners Social Chef CIC funded by Roker Life, Sunderland City Council and the Community Foundation funds listed above, as well as clothes, toys, kitchen equipment and toiletries. These sessions were very generously supported by some individuals and the wider support of the Sunderland community. The Minster sessions proved to be a hugely successful way of keeping in contact with and supporting our clients where we started giving out gym and swim vouchers again and key messages for covid vaccinations.
- **SUPERMARKET FOOD VOUCHERS** were distributed to over 500 clients (refugees and asylum seekers in need) in this period. For example, in March 22 we gave out supermarket food vouchers to 327 adults and children to the value of £4,510 using the Enhanced Winter Support offer. This was essential as these clients faced increased hardship.
- **ST MARY'S DROP IN** We reopened the St Mary's Drop-In in September 21. Numbers were low at first as we did not advertise it widely to allow for an organic growth and to avoid overcrowding. We followed strict guidelines of masks worn inside as required and we provided simple drinks and snacks. Numbers grew from 30 up to 70 by March 22 and we were gradually able to reopen pool and table tennis as well as welcoming some service providers back to the Drop-In– in particular NERS – North of England Refugee Service, Action Language, MEARS asylum housing worker and Community Engagement team from the Police.

- **NEW ARRIVALS:** FODI ran a successful pilot of the New Arrival Pathway project from April – September where all new arrivals who gave consent were contacted and either visited in their homes (or doorsteps) or invited to our Drop-In, being given first option on clothing and in some cases new clothing provided. Each person was given a welcome voucher and phone top up using SCC and Community Foundation funding. Survey feedback from the clients to NEMP (North East Migration Partnership) was generally positive although as organisations we realized that we had to control expectations. This project has now been extended to other VCS in the NE region.

- **WOMEN'S GROUP** We continued to run the women's group as both indoor and outdoor dance classes in both St Luke's until summer 21 and from September 21 back at Trinity church. The women, teachers and volunteers were very happy to be reunited in these spaces and were able to lift their whole mood and well-being through movement and relaxation classes provided by dance artist Tracey West.

- **ADDITIONAL PROJECTS AND COLLABORATIONS:**

- **SEASCAPES BLUE WAVE DANCE PROJECT**

FODI was invited by Suzy O'Hara from Seascapes Project Sunderland University to work with dance artist and choreographer Constance Humphries on the Blue Wave dance project. A group of FODI and Sangini women worked with Constance to develop a creative response to the sea through dance, art journals and costume making. They used Roker URC due to its proximity to the sea and its continuing welcome to all FODI members. This culminated in an extraordinary moving and visually stunning performance on Roker beach in October 21. Film/images can be seen on Seascapes co/lab website.

[Blue Wave at Roker Beach - Explore Seascapes](#)

- **SPORTS** - funded by Barrow Cadbury Trust Covid Recovery fund until June 21 and fitting with COVID regulations we were able to run some football and badminton sessions in collaboration with YAV – Young Asian Voices, as well as provide both outdoor and indoor dance classes for our women's group. This funding was also used to provide gym and swim vouchers for our clients as they reopened. CCG Activity fund continued to fund the gym/swim project for the second half of the year and the SCC Health Inequalities fund assisted with funding some swimming classes and the women's weekly dance class from Sep 21 – March 22.

- **BIKES** - FODI has continued to work on donated bikes and give them out to adults and children desperate for a way of getting around the city. We are supported extensively by Recyke y Bike in Byker, Newcastle, who give us donated bikes for repair and distribution, offer volunteering opportunities to train and allow us to purchase locks, lights and other items at trade price. Our funding from Quakers (given an extension) was used during the first half of the period to cover all costs including a Velotech gold award training course for our bike volunteer.

- **JUSTICE TOGETHER INITIATIVE** As a partner in this project, FODI has been able to refer family reunion cases, refused clients and those with no recourse to public funds to get immigration advice from the North East Law Centre. Lawyers respond as they are able and have provided FODI with funding to assist in the holistic support of these clients through our Drop-In and making our premises available if needed.

- **GARDENING PROJECTS**

**CEED and ROKER LIFE GARDENING PROJECT** took place in the spring and summer of 21 with 8 FODI volunteers helping to rebuild and tidy up the much used Roker URC church garden. Clients loved working alongside the Roker Life team. The same volunteers were then invited to join the **SECRET GARDEN** project partially funded by SCC Connecting Communities and managed by David Banks of Northern Allotment, Leisure and Community Gardens (NALCG) to help establish the clearance and development of this community garden in the Ford Estate in Sunderland. The aim is for the garden to become a resource for the local community as well as invited groups.

- **MEDICAL STUDENTS : Sunderland University Medical Students** FODI was assigned six second-year medical students on community placement for a second year running. The students were able to engage in both our Drop-Ins and, for the female students, our women's group. This was a largely successful placement where the students developed a clearer understanding of the pressures and problems our clients face. Those joining the women's group had the advantage of seeing the impact of positive intervention on the well-being of our clients.

We also had a fourth-year student from Sheffield University who did his medical elective with FODI over a sustained period of four months and was a true asset to the team as well as gaining a significant insight into our clients.

- **SBMEN Covid Champions Project** FODI successfully continued this project as one of five partners with SBMEN and appointed a part time worker Zara Juma for six months who championed the cause and was able to arrange vaccination for many clients as well as relay key messages throughout the period using our team of Covid Champion volunteers who came from diverse refugee backgrounds. Throughout the 12 months, 585 clients were given key messages and 260 were assisted with obtaining vaccinations. The total number of staff and volunteer hours to deliver this project was 1039.
- The **NE RISE** project funded by the government and based out of NERS started to take referrals. It aims to help resettle new refugees by assisting with housing, integration and routes to employment. It is made up of NERS for support and housing for new refugees, Jewish World relief for employment pathways and TOP – The Other Perspective - who assist those who received their status in the last 18months. Referrals were slow as many clients still went to people they know in Sunderland VCS and the huge backlog at the Home Office. It is hoped that the project will develop positively as good assistance, with housing in particular, is vital to help resettlement.
- **HERITAGE PROJECT and CITIZEN SONGWRITERS** FODI members were offered engagement to visit Heritage sites and share stories of their own history and culture whilst learning of Sunderland's past. Workshops with Citizen Songwriters on Stories of Sanctuary funded by SCC Connecting Communities ran alongside the visits and subsequently at Sunderland Minster. Songs and a potential choir developed with plans for refugee week 2022.
- **ACTION FOUNDATION** a) ESOL- FODI continued to work closely with Action Language to help provide hardware and some ESOL support for new arrivals. b) AF HOUSING – Action Foundation decided to close its houses in Sunderland including the destitute house in Washington which housed four men. FODI had helped to support these clients with a weekly allowance for many years but understood the need for some changes. The men were rehoused and we have links with AF for other destitute individuals.
- **ROKER LIFE SUMMER STATIONS FAMILY DAYS** As an alternative to our past collaborative playschemes, Roker Life offered post lockdown family days in the summer holidays. The families really enjoyed these sessions and, blessed with good weather, they headed to the beach after.

- **CHRISTMAS:**

Fresh Food Boxes for Christmas: As the families had received hampers and support from Fightback and other organisations, FODI trustees agreed to focus on the single clients. Social Chef with Roker Life teamed with FODI funding and volunteers and delivered food hampers to our single person's households in the whole Sunderland region - 52 hampers were delivered to 221 clients.

Unable to hold any party or celebration again in December 21, we instead gave gift vouchers to FODI children (partly funded again by Seaburn Rotary Club) but were also able to give many new toys to families through the donations passed to us by the charity Hope4Kids Sunderland.

## **CHALLENGES FACING FODI :**

### **LACK OF FACE TO FACE APPOINTMENTS**

As in the first year of the pandemic, most appointments with lawyers or GPs will now be by telephone rather than face to face. Our clients are adjusting to this but still many want to be seen in person and don't like interpreters on the phone. There are additional issues with internet costs as they do not have Wi-Fi and so have to use precious phone internet for these meetings.

### **SOCIAL ISOLATION**

We did see some of the same problems due to the pandemic spill over into this year with a number of people who felt unable to mix, who were affected by a medical condition or were given housing far out of the city centre making it very difficult to have any friends or support services near where they live. We have continued to advocate for our clients arguing the need to have addresses with easy access to the city - to halal shops, support projects, ESOL classes and friendship groups but there is a continuing policy to house clients more widespread throughout the region.

### **MENTAL HEALTH PROBLEMS DUE TO HOME OFFICE DELAYS**

A number of individuals have had severe mental distress in having no answer or no Home Office interview. In nearly all cases, the lawyer has contacted the HO many times but it has made no difference to the wait time. Gradually, we have seen some much relieved clients getting their status but there are equally many others waiting for such long periods their mental well-being is severely compromised. We have taken many referrals from psychological services, GP alliance and other statutory bodies.

## CHANGE IN NATURE OF DEMANDS

Many clients are continuing to struggle with the increase in cost of living and the need for essentials from us and other support organisations. They all equally face the problem of lack of internet in their homes despite the increasing reliance on this for all parts of life e.g. booking appointments, downloading Covid passports, buying school uniform etc.

**NEW PLAN FOR IMMIGRATION – ‘SHOW YOUR HEART ‘** In response to the challenges of the new Immigration Bill, FODI joined with Asylum Matters to protest the inhumane proposals within the Bill and all clients at our Drop-Ins held a “Heart for Refugees” as part of a nationwide week of action on March 21<sup>st</sup>, 2022.

## OPENING OF INITIAL ACCOMMODATION CENTRE AT A SUNDERLAND HOTEL

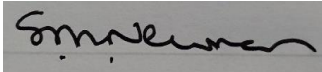
FODI welcomed 60 single men who were placed in a hotel just days after arriving in the UK in mid- March 22. These clients have no allowance when they arrive and usually very few clothes. In an immediate response to assist them, we gave all of them a supermarket voucher and a £10 phone top up and referred those without phones to Red Cross or supplied them from our donations. We also started to purchase shoes and essential clothes from donated money and SCC winter support. As these clients are three miles out of the city, it was agreed to adjust budgets to help them with travel costs to our Drop-Ins. As part of the New Arrivals Pathway, we helped to facilitate ‘Living safely in the UK’ talks with the police community engagement team. We shall continue to collaborate with all partners in their future support.

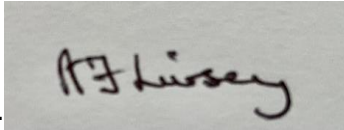
Information on our activities can be found on our website to ensure that what we can give information, news, etc. to a wider audience.

There have been no serious incidents.

**In organising and running these activities, we have borne in mind the duties set out in the Commission’s public benefit guidance and believe we have complied with**

Signed on behalf of the Trustees:

Stephen Newman, chair....  .....

Felicity Livsey, treasurer...  .....

## Friends of the Drop in for Asylum Seekers and Refugees

### Income & Expenditure Account

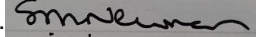
	Notes	Unrestricted £	2021-22 Restricted £	Total £	2020-21 Total £
<b>Receipts</b>	<b>4</b>				
Grants			77756	77756	82277
Donations & Sundry Income		13461		13461	3856
Reimbursed Income				0	120
<b>Total Receipts</b>		<b>13461</b>	<b>77756</b>	<b>91217</b>	<b>86253</b>
<b>Payments</b>					
Salaries			33541	33541	27113
Payroll Charges			585	585	145
Client Activities			12826	12826	2939
Client Travel		160	4094	4254	867
Clothing		22	1313	1335	546
Creche			1200	1200	0
Freelance Work			4813	4813	4240
Volunteer Expenses			1020	1020	235
Food		36	12246	12282	6168
Hardship Payments		2499	2262	4761	8554
Rent & Room Hire			11727	11727	8602
Other General Running Costs			1092	1092	187
Electricity			206	206	223
Telephone & Internet			1803	1803	813
Insurance			331	331	331
Accountancy			504	504	484
Training		23	300	323	
Legal & Professional				0	0
<b>Total Payments</b>		<b>2740</b>	<b>89863</b>	<b>92603</b>	<b>61447</b>
Surplus/Deficit for the period		10721	-12107	-1386	24806
<b>Funds as at 1 April 2021</b>		<b>20901</b>	<b>45761</b>	<b>66662</b>	<b>41856</b>
<b>Total Funds at 31 March 2022</b>		<b>31622</b>	<b>33654</b>	<b>65276</b>	<b>66662</b>

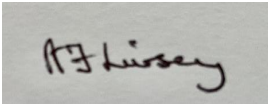
**Friends of the Drop in for Asylum Seekers and Refugees**

**Balance Sheet  
at 31 March 2022**

	Notes	2022 £	2021 £
<b>Monetary Assets</b>			
Cash at Bank and in Hand		65276	66662
<b>Total Cash Balances</b>		<b>65276</b>	<b>66662</b>
<b>Assets less Liabilities</b>		<u><b>65276</b></u>	<u><b>66662</b></u>
<b>Represented by</b>	<b>5</b>		
Unrestricted Funds		31622	20901
Restricted Funds		33654	45761
<b>Total Funds</b>		<b>65276</b>	<b>66662</b>

**The financial statements were approved by the following members of the Management Committee :**

Stephen Newman, chair.....  .....

Felicity Livsey, treasurer.....  .....

Date... June 2022

## Friends of the Drop in for Asylum Seekers and Refugees Notes to the accounts 2022

### (1a) Basis of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

FODI meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

### (1b) Legal Status

Friends of the Drop in for Asylum Seekers registered with The Charities Commission 4 January 2018, registered no. 1176524, as a Charitable Incorporated Organisation.

### (2) Trustees and Staff

Two members of staff are employed. Total salary costs £33,541.

### (3) Costs of independent examination

The cost for the independent examination of accounts for the year will be £325

### (4) Grants received in year

**2021-22**

Lloyds Bank Foundation for England and Wales	25000
Barrow Cadbury Trust (Covid-19 Support Fund)	115
Roseline Foundation via the Community Foundation Tyne & Wear and Northumberland	10000
Pea Green Boat Community First Foundation via the Community Foundation Tyne & Wear and Northumberland	7000
Justice Together Initiative	4000
Sunderland BME Network (Covid Champions Fund)	15398
Sunderland BME Network (Enhanced Winter Offer)	9743
Sunderland BME (Network Health Inequalities Fund)	2500
Sunderland City Council (Enhanced Winter Offer Poverty Fund)	4000

#### **Total Grants Received**

**77756**

### (5) Funds Analysis:

	<b>Balance April 21</b>	<b>Income</b>	<b>Expend</b>	<b>Balance March 22</b>
Barrow Cadbury Trust (Covid-19 Support Fund)	10856	115	10971	0
Roseline Foundation via the Community Foundation Tyne & Wear and Northumberland		10000	8172	1828
Pea Green Boat Community First Foundation via the Community Foundation Tyne & Wear and Northumberland		7000	5997	1003
Justice Together Initiative		4000	2784	1216
Sunderland BME Network (Covid Champions Fund)		15398	15398	0
Sunderland BME Network (Enhanced Winter Offer)		9743	9743	0
Sunderland BME Network (Grassroots Development Fund)			500	-500

Sunderland BME Network (Health Inequalities Fund)		2500	3765	-1265
Mears Foundation	393		393	0
Sunderland City Council (Covid Winter Fund)	51		51	0
Sunderland City Council (Enhanced Winter Offer Poverty Fund)		4000	1730	2270
Sunderland Partnership SCC (Womens Group)	1879		1200	679
Lloyds Bank Foundation for England and Wales	9801	25000	19096	15705
City of Sanctuary/Seedbed	274		274	0
Clinical Commissioning Group (1)	17448		7776	9672
Clinical Commissioning Group (Project Development)	3908		862	3046
Quakers	1151		1151	0
<b>Restricted Funds</b>	<b>45761</b>	<b>77756</b>	<b>89863</b>	<b>33654</b>
<b>Unrestricted Funds</b>	<b>20901</b>	<b>13461</b>	<b>2740</b>	<b>31622</b>
<b>Total Funds</b>	<b>66662</b>	<b>91217</b>	<b>92603</b>	<b>65276</b>

**(6) Barrow Cadbury Trust (Covid-19 Support Fund)**  
**Analysis of Expenditure for the financial period:**

Sporting Activities for clients run by Young Asian Voices	3569
Gym and Swim vouchers for clients	4240
Client travel to Women's Group dance classes	83
Teacher for Women's Group dance classes	1300
Hire of hall for Women's Group dance project performance	328
Contribution to Project Manager's salary	1451
<b>Total Expenditure</b>	<b>10971</b>

**FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES**

England & Wales - Charity number 1176524

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# Accounts

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**Friends of the Drop in for Asylum Seekers and Refugees**

**Charitable Incorporated Organisation number: 1176524**

**Trustees' Report  
and  
Financial Statement  
for the year ended  
31 March 2021**

## **Legal and Administrative Information**

Name: **Friends of the Drop in for Asylum Seekers and Refugees**

Charitable Incorporated Organisation number: 1176524

Structure: Charitable Incorporated Organisation

Directors of FODI:

Stephen Newman	
Felicity Livsey	Treasurer
Jane Nikolarakis	
Zeinab Cummings	
Tolosa Tadesse	(Resigned November 2020)
Abraham Eiluorior	
Zara Juma	
Mali Saha	(Appointed May 2020)
Fannie Ng'ambi	(Appointed November 2020)
Sally Vivyan	(Appointed March 2021)

Address: Unit 10 Bridge House  
Bridge St  
Sunderland  
SR1 1TE

Bankers: Santander Bank.

Independent Examiner: Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## INDEPENDENT EXAMINER'S REPORT

**Report to the trustees of**

**Friends of the Drop in for Asylum Seekers and Refugees**

**On accounts for the year ended**

**31 March 2021**

**Charity no 1176524**

**Respective responsibilities of trustees and examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 130 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date: 12 October 2021**

**Name:  
Address:**

Mark Thompson MAAT  
42 Lesbury Road  
Newcastle  
NE6 5LB

## **FRIENDS OF THE DROP-IN FOR ASYLUM SEEKERS AND REFUGEES**

### **Trustees' Annual Report for year 1.4.2020 to 31.3.2021**

#### **Friends of the Drop-in (FODI) has the following purposes:**

We aim to improve the mental health and the well-being of the asylum-seeking and refugee community in Sunderland, lessening their social isolation and promoting their integration into the wider community, by supporting and extending the activities of the Drop In currently run on Wednesday afternoons.

We seek to provide opportunities for the clients of the Drop-In to participate in wider societal activities of a suitable nature.

We seek to extend links with the wider community giving our clients opportunities to interact with others. We seek to work in partnership with other local organisations/groups to further this aim.

#### **Funding:**

We have been supported for the year under review by the NHS Sunderland Clinical Commissioning Group, Lloyds Bank Foundation, Sunderland Partnership Sunderland City Council, Community Foundation Tyne and Wear National Emergency Trust Covid 19 fund, Barrow Cadbury Trust Covid 19 Support fund, Police and Crime Commissioner for Northumbria Coronavirus Response Fund, Sunderland City Council (Covid Winter Fund), Mears Foundation, Wearside Community Development Trust, as well as most welcome donations from a range of organisations including the St Vincent de Paul Society, Brar & Co, Seaburn Rotary Club and other organisations and individuals who prefer not to be named.

We have a full-time manager, Sandra Watt, who has managed FODI COVID 19 emergency response and the development of projects and alternative services in partnership with other organisations to support asylum seekers and refugees.

#### **Volunteers:**

Our volunteers include both locals and clients who form a very committed team. We were fortunate to get help from those who came forward to the local authority at the beginning of the pandemic in March 2020 to help with delivery of essential supplies and to collect donations.

Long term volunteers continued to work both directly face to face with clients as well as distanced support.

We have continued to support and develop volunteer recruitment at our new services such as Sunderland Minster collection days from both the local community and new asylum seeker clients. We encourage volunteers to take on roles of responsibility becoming trustees or representing FODI on panel discussions.

#### **Trustees:**

We are pleased to have welcomed new trustees to the committee, which has continued to show full commitment throughout the year.

The use of virtual platforms has allowed all meetings to take place online regularly with no gaps.

#### **Clients:**

Sunderland had 360-400 asylum seekers at any given time throughout this period.

Dispersal continued throughout the pandemic with many clients arriving without having gone into initial hostel accommodation, so they arrived after having been in the country for only a few days. A number of families and single people were in this situation and we provided the additional support which they needed, food, clothing and equipment. Other new arrivals have been in hotels or other emergency accommodation and arrived to their dispersed accommodation with additional needs, with which we helped them.

Clients who had received both positive and negative decisions stayed in current Home Office accommodation provided by Mears throughout lockdown.

FODI clients come from over 40 countries and speak more than 25 different languages.

#### **SERVICES PROVIDED DURING PANDEMIC:**

Due to Covid 19 we have provided a different service to the asylum seekers and refugees this year. We remained open throughout for support and contact. As we have not been able to run the normal Drop-In, we have operated by telephone, online, on the door step and some collection days by appointment at Sunderland Minster instead of open Drop-Ins. In addition, when we have known about them, we have visited every new arrival to Sunderland.

### **FODI Emergency Response:**

FODI set up an emergency response team to take on daily crises and calls for help from our clients as well as to make fast decisions that did not need to go to the board. The asylum seeker and refugee volunteer interpreters have been a vital resource during the pandemic when people could not meet face to face and have provided this indispensable service on the telephone.

### **New Arrivals:**

FODI's links with Mears Home Office Accommodation workers have been an important part of providing welcome for new arrivals and caring for particularly vulnerable individuals. When informed of new arrivals FODI staff and volunteers made many door-step visits to greet people and respond to urgent needs. In order to formalise this sharing of information so that new people were not missed whilst Drop-Ins were closed, a new project was set up by NEMP. FODI was chosen as one of only three organizations in the whole of the North East to do a six-month pilot called New Arrivals Pathway Pilot. New arrivals were asked to sign consent forms giving their contact details, enabling FODI to offer welcome and orientation. The other two organisations are STARCH in South Tyneside and Red Cross, Stockton on Tees. The pilot will run from April – September 21 and the hope is that this will become standard and be rolled out to all welcome and orientation services throughout the region.

### **Volunteers:**

We have kept in touch with many of the local volunteers who helped us initially through the local council appeal. One, who returned to work some time ago, has instigated and co-ordinated donations for asylum seekers from a whole estate in Sunderland. Many other asylum seekers have come forward to help as volunteers at collection days or to act as interpreters and Covid Champions. Meanwhile, long term volunteers have offered support by phone and in person to FODI clients providing a vital, inestimable, service.

### **EMERGENCY AND RECOVERY COVID FUNDING:**

The FODI manager was successful in getting both emergency Covid funding as well as project funding in specialist joint bids described below.

Covid Emergency from NET Community Foundation Tyne and Wear, Cultural Spring, Wearside Community Development Trust, Police and Crime Commissioner's fund, Sunderland City Council Strategic Advice Services, Sunderland City Council Covid winter fund, Mears Foundation and Recovery Funding from Barrow Cadbury Trust provided the following:

- Supermarket food vouchers for emergency use for 390 adults and over 100 children both new arrivals and clients in need.
- Fresh Food Bags: Funding towards costs for our partner from Roker Life - Social Chef CIC- to make up food parcels delivered by FODI volunteers to houses during lockdown. Also food parcels for a series of open collection days at Sunderland Minster attended by minimum of 60 adults each session. (Our partner Social Chef has also obtained much additional funding to assist our clients)
- Sunderland Minster Collection Days - as we were not able to provide the weekly Drop-Ins at St Mary's Parish Centre. These fortnightly collection days started in July 2020 and were carried out according to changing Covid restrictions throughout the year, only closing part of the time in the third lockdown. They have been a vital opportunity to give out donated clothes, school uniforms, kitchen equipment, baby equipment and toys. (School uniform was distributed in collaboration with the Churches Together charity. Knit for Peace sent many donated knitted items and craft materials.) The Minster sessions proved to be a hugely successful way of keeping in contact and supporting our clients - a film for our AGM regarding this emergency funding and the services provided is on our website here: FODI ([fodisunderland.org](http://fodisunderland.org))
- Art & Craft Projects for women and for families from March 20 enabled over 60 families and many single people to get art and craft materials and specialist packs with support to keep them active during lockdowns. We have continued until the present time to give out art and craft packs to new families as they arrive (over 20 additional families). The Corona Quilt online was produced for refugee week June 2020 and can be seen here: REFUGEE WEEK 2020 – FODI ([fodisunderland.org](http://fodisunderland.org))
- Women's Group Dance In order to continue the women's group dance project we set up a women's dance class online on Zoom. We adapted as lockdown rules changed so we moved to the park in summer 2020. (See short film made for AGM.)
- Sports - funded by Barrow Cadbury Trust Covid Recovery fund - Through a successful joint bid with Young Asian Voices, we continued women's dance from Sep 20 onwards, online and in person depending on Covid restrictions, whilst YAV provided a comprehensive range of multi sports for adults and families– football, badminton, table tennis etc changing as needed for Covid rules.

- Emergency Clothes for New Arrival Single Men in Hotels - FODI also responded to an urgent request for emergency clothing for single men who had just arrived in the country and were put in hotels in Newcastle - some having not even a change of clothes. We were also able to provide indoor and outdoor games for those with absolutely no possessions and nothing to do. Following a grant from Mears Foundation, we continued to provide new basic clothes for new arrivals – especially men - as we get limited suitable donations for single young men.
- Phone Top Ups - Were funded initially by the office of the Police and Crime Commissioner to provide much needed digital phone top ups for our desperate clients who needed to access zoom sessions and be able to WhatsApp their friends and family.
- Christmas Unable to hold any party or celebration, we instead gave gift vouchers to 117 children (partly funded by Seaburn Rotary club) and delivered fresh food from Social Chef and hampers from Feeding Families.

#### **ADDITIONAL PROJECTS AND COLLABORATIONS**

- Sunderland Minster Collection Days and new Drop-In -We have built a successful new relationship with Sunderland Minster who have supported us throughout the pandemic, to provide welcoming collection days for FODI clients as we were unable to use our usual Drop-In space. FODI will continue to run a Drop-In type social and collection event there once every two weeks in addition to our regular Drop-In which we hope to reopen later in 2021.
- Bikes - Where possible, when there has not been full lockdown, FODI has continued to work on donated bikes and give them out to adults and children desperate for a way of getting around the city. This has become more important as MEARS have started to house more single people further out of the city. Funding from Quakers of Britain for the project was extended.
- BSBT In-Kind Support The FODI manager was successful with an In-kind support bid to Building Stronger Britain Together, from whom we had previously received funding for our work in schools on challenging extremist views through education. The bid was for MC Saatchi to make films and develop for a new website. They agreed to do rebranding of the FODI logo but not website. They made films of refugees telling their stories, to be used in schools when asylum seekers cannot attend. Unfortunately the films have not been released for FODI use.
- Collaborating with other asylum seeker services and connecting communities at SCC through fortnightly meetings.
- Justice Together Initiative The FODI manager was part of North of England Law Centre planning for their bid to provide a fairer and more extensive reach for immigration services throughout the NE. FODI has an established working relationship with NE Law Centre. The successful bid offers an extended outreach with FODI for the next two years to provide immigration advice from Sunderland, as there are no immigration solicitors in the city.
- Destitute Clients in the Washington House FODI continued to give financial support to 4 destitute clients who live in the Washington house which is maintained through Action Foundation.
- Sunderland University Medical Students FODI was assigned six second year medical students on community placement. Unfortunately, due to Covid much of the training offered was online but the students were given opportunities to join the Drop-In and meet some of our clients. Feedback was positive, despite the limited access.
- PhD study During 2021 we hosted a PhD student who conducted ethnographic research on FODI's work with asylum seekers and refugees. This forms the basis of a study on leadership practice at asylum seeker and refugee charities.
- University Students' FODI documentary Two MA students from Sunderland University made a documentary about FODI called 'Changing'. They looked at the history of FODI, its role in Sunderland and interviewed asylum seekers about how they interact with FODI and why they had to come to the UK to seek sanctuary.
- SBMEN Covid Champions Project FODI was one of five partners from SBME network who bid to Sunderland City council for a targeted Covid Champions project where a worker and volunteers would share key messages with our communities and encourage people to get the vaccine. We received funding for six months (until September 2021) for a part time worker and recruited a refugee from Sunderland to work in the community. We successfully recruited 8 Covid Champion from January to March, who could pass on messages in their first language to their own communities. We organised an outreach pop up vaccine session where 97 people were vaccinated in March 2021.

## **SOCIAL ISOLATION**

Throughout the entire pandemic we have made it our mission to combat social isolation for our clients. However, the many lockdowns have meant that people have suffered due to long periods indoors unable to contact others. We have provided links to ESOL and many online art and dance activities. In addition to activities described previously, we have provided board games, craft lessons and materials for single HMOs. We also give gym and swim tickets to our clients to help improve their physical and mental well-being. However, as a front line charity, we know that we have not been able to reach all of our clients and many are still feeling isolated and/or anxious about mixing with others.

We also set up a number of WhatsApp groups to help people keep in touch with each other and with us.

## **MOVE ON**

During the first lockdown no one was allowed to move accommodation even if they had had a positive decision. After this time those who stayed had a long wait for the normal Move On assistance. We have maintained a good relationship with Sunderland Council Housing Options team throughout. We have liaised with them to develop a Move On checklist to assist our clients. Due to the difficulties of getting accommodation these people have needed intensive help. As a result of this we have also forged a new working partnership with another case work community project, Pallion Action Group, to assist with securing private accommodation if that is the only option. This has been a new and very positive liaison for FODI and our clients.

FODI has provided very practical assistance to clients through volunteers and the manager for their Move On steps. This has ranged from basic case work to practical equipment/ furniture etc.

## **CHALLENGES FACING FODI**

**SERVICES:** It will remain a continuing challenge to adjust and develop our services, especially Drop-Ins, in line with government guidelines but as we have constantly delivered throughout this difficult year, the FODI team are ready and committed as ever.

## **CLIENTS:**

Keeping in touch with everyone is a huge issue and there are a number of people who only want minimal contact initially but may later need help when crises arise.

Trying to help clients understand that many appointments with their lawyers or GP, for example, will now be by telephone rather than face to face. For our clients, this is an added burden because typically they want to be seen face to face and also it is harder to communicate on the telephone, even with an interpreter, possibly resulting in

## **COVID KEY MESSAGES AND VACCINE**

As described above this is a huge task for all of the FODI team, workers and volunteers to try and keep clients up to date with the rules and to encourage people to have the vaccine. Large numbers of our clients are refusing to have the vaccine either from fear or because of disinformation circulating online and often shared within their own cultural community. We will continue with this challenging work throughout 2021

## **CHANGE IN LEVEL AND NATURE OF DEMANDS**

During the last year we have experienced more clients wishing for emergency support especially in terms of food and basic essentials. Our clients have also had huge issues with lack of internet which was a significant disadvantage throughout the pandemic when all free wifi places such as libraries, shopping centres etc were shut. We campaigned to ask the Home Office and MEARS for this but they were unwilling to provide it. ( Even though this is now an essential part of life.) Action Foundation were very responsive for their ESOL students. Eventually, by lockdown 3, the schools responded with hardware and wifi.

The level of demand remains the same, with people often very needy when they first arrive and then gradually becoming more able to cope. Most are very appreciative of the support we give them, but we cannot always meet all of their demands.

There has been an increase in referrals from mental health organisations but this was to be expected due to the pandemic and associated fears compounded by delays to asylum interviews and decisions, creating widespread low levels of depression.

The challenges for the immediate future will be dealing with large numbers of refused asylum seekers who are still being supported by the system but will be made homeless when the government restrictions on evictions are lifted. We will have to try to increase our donations from the community to support them.

The massive change to the asylum system as proposed in the New Plan for Immigration is a challenge. It is difficult to predict how this will affect our services.

Trying to sustain emergency-type funding for new arrivals and others in severely restrained circumstances when Covid Emergency funding has ended. FODI will have to continue to look for small grants to assist clients and make more referrals to food banks etc.

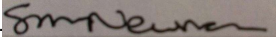
Large numbers of our clients have long term fears about Covid, the vaccine, mixing with people, distrust of the system, long term depression and some have long Covid symptoms. We will continue to work closely with all statutory services such as the GP alliance and mental health services as well as our role in partnership with public health and the CCG.

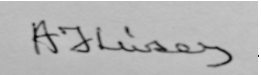
Information on our activities can be found on our website and a Facebook account, (both maintained by our volunteers and our member of staff) to ensure that what we can give information, news, etc. to a wider audience.

There have been no serious incidents.

**In organising and running these activities, we have borne in mind the duties set out in the Commission's public benefit guidance and believe we have complied with these.**

Signed on behalf of the Trustees:

Stephen Newman, chair.....  .....

Felicity Livsey, treasurer.....  .....

## Friends of the Drop in for Asylum Seekers and Refugees

### Income & Expenditure Account

	Notes	Unrestricted £	2020-21 Restricted £	Total £	2019-20 Total £
<b>Receipts</b>	<b>4</b>				
Grants			82277	82277	35410
Donations & Sundry Income		3776	80	3856	5184
Reimbursed Income		120		120	809
<b>Total Receipts</b>		<b>3896</b>	<b>82357</b>	<b>86253</b>	<b>41403</b>
<b>Payments</b>					
Salaries			27113	27113	26138
Payroll Charges			145	145	120
Client Activities		550	2389	2939	8183
Client Travel			867	867	6765
Clothing			546	546	0
Creche				0	3585
Freelance Work			4240	4240	4050
Volunteer Expenses			235	235	1112
Food		1203	4965	6168	2462
Hardship Payments		2455	6099	8554	3065
Rent & Room Hire			8602	8602	10322
Other General Running Costs			187	187	823
Electricity			223	223	498
Telephone & Internet		14	799	813	568
Insurance			331	331	331
Accountancy			484	484	475
Legal & Professional				0	0
<b>Total Payments</b>		<b>4222</b>	<b>57225</b>	<b>61447</b>	<b>68497</b>
Surplus/Deficit for the period		-326	25132	24806	-27094
<b>Funds as at 1 April 2020</b>		<b>21227</b>	<b>20629</b>	<b>41856</b>	<b>68950</b>
<b>Total Funds at 31 March 2021</b>		<b>20901</b>	<b>45761</b>	<b>66662</b>	<b>41856</b>

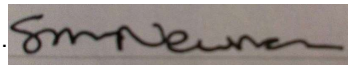
**Friends of the Drop in for Asylum Seekers and Refugees**

**Balance Sheet  
at 31 March 2021**

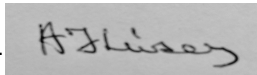
	Notes	2021 £	2020 £
<b>Monetary Assets</b>			
Cash at Bank and in Hand		66662	41856
<b>Total Cash Balances</b>		<b>66662</b>	<b>41856</b>
<b>Assets less Liabilities</b>		<u><b>66662</b></u>	<u><b>41856</b></u>
<b>Represented by</b>			
	<b>5</b>		
Unrestricted Funds		20901	21227
Restricted Funds		45761	20629
<b>Total Funds</b>		<b>66662</b>	<b>41856</b>

**The financial statements were approved by the following members of the Management Committee :**

Stephen Newman, chair.....



Felicity Livsey, treasurer.....



Date... 12 October 2021

## Friends of the Drop in for Asylum Seekers and Refugees Notes to the accounts 2021

### (1a) Basis of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

FODI meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

### (1b) Legal Status

Friends of the Drop in for Asylum Seekers registered with The Charities Commission 4 January 2018, registered no. 1176524, as a Charitable Incorporated Organisation.

### (2) Trustees and Staff

One member of staff is employed. Total salary costs £27,713

### (3) Costs of independent examination

The cost for the independent examination of accounts for the year will be £300

### (4) Grants received in year

**2020-21**

Lloyds Foundation	25000
Clinical Commissioning Group SUNDERLAND	15197
Barrow Cadbury Trust (Covid-19 Support Fund)	13200
Community Foundation Tyne and Wear National Emergency Trust Covid Fund	10000
Sunderland City Council	10000
Sunderland Partnership SCC (Womens Group)	4600
Police and Crime Commissioner for Northumbria Coronavirus Response Fund	1500
Sunderland City Council (Covid Winter Fund)	1500
Mears Foundation	1000
Wearside Community Development Trust	1000
Co Durham Community Foundation (BSBT- Building Stronger Britain Together)	-720 (Unspent grant returned)

**Total Grants Received**

**82277**

### (5) Funds Analysis:

	<b>Balance April 20</b>	<b>Income</b>	<b>Expend</b>	<b>Balance March 21</b>
Barrow Cadbury Trust (Covid-19 Support Fund)		13200	2344	10856
Community Foundation Covid Fund		10000	10000	0
Mears Foundation		1000	607	393
PCC		1500	1500	0
Sunderland City Council (Covid Winter Fund)		1500	1449	51
Wearside Community Development Trust		1000	1000	0
Sunderland City Council	0	10000	10000	0

Sunderland Partnership SCC (Womens Group)	-781	4600	1940	1879
Lloyds Foundation	4314	25000	19513	9801
Co Durham Community Foundation (BSBT)	720	-720		0
City of Sanctuary/Seedbed	284		10	274
Clinical Commissioning Group (1)	2301	15197	50	17448
Clinical Commissioning Group (Project Development)	12006		8098	3908
Quakers	1865		714	1151
Regional Refugee Forum	-80	80		0
<b>Restricted Funds</b>	<b>20629</b>	<b>82357</b>	<b>57225</b>	<b>45761</b>
<b>Unrestricted Funds</b>	<b>21227</b>	<b>3896</b>	<b>4222</b>	<b>20901</b>
<b>Total Funds</b>	<b>41856</b>	<b>86253</b>	<b>61447</b>	<b>66662</b>

**(6) Barrow Cadbury Trust (Covid-19 Support Fund)**  
**Analysis of Expenditure for the financial period:**

Paid to Young Asian Voices for client sporting activities	1354
Fee paid to facilitator for Women's Group dance classes	800
Travel paid to clients to enable their attendance at Women's Group dance classes	40
FODI administration costs	150
<b>Total Expenditure</b>	<b>2344</b>