



Mesh UK Charitable Trust

45 Little Gaddesden
HP4 1PH

Chair Report for the AGM of Mesh UK Charitable Trust, May 2021

Due to the pandemic, unfortunately things have been very slow this last year with not being able to fundraise properly and the donations have really slowed down, like with many other charities. We only managed to raise just under £1000 but we did manage to send 1 family away on a Respite break though between lockdowns and it was greatly appreciated.

I would like to thank our Facebook support group admin team for helping us provide 24-hour on-line support during this time. I would also like to thank all the trustees, old and new, whose invaluable help has helped the Charity. We did manage to formally elect/re-elect our trustees so I would like to put in record my thanks to those who stood down, Fiona Alderman-Davies, Amanda Batchelor, Elaine Enticott, Victoria Melville-Brown and Diane Slater. Thanks also for the continued support of Joanne Davies, Georgina Hopkinson, Ian McCullough and Yvette Sanderson Stevens, and we also had the pleasure of welcoming Richard Cox as a new trustee.

One of our objectives is to promote good health, which we are achieving through a healthy eating lifestyle, advocating Whole Food Plant Based (WFPB) to our members and people suffering from the effects of surgical Mesh. There is a book called, 'The China Study', which is also available on Audible, that we recommend for people wanting to learn about a healthy lifestyle. There is also an app called the 'The Daily Dozen', which is a free downloadable app, that encourages healthy eating and ensures that the body's nutritional needs are being met. We have found that the food you eat can make your Mesh issues worse, so we are engaging with other plant based professionals to get the help we need. As part of this initiative, we created a promotion video to try and raise awareness and hopefully help with donations. This was in collaboration with Melyn Media and can be viewed at <https://www.youtube.com/watch?v=y7wmmKOJfYA>

In July, we won 2 Scholarships with the T. Colin Campbell Centre for Nutrition Studies as they saw the work we were doing and wanted to reward us. 2 of our admin went on the course, Tracy Ayling and Emma Coggan, and they completed the course and gained a Plant-Based Nutrition Certificate which was offered in partnership with eCornell, Cornell University's online learning platform. These Scholarships are valued at \$1260 each, so you can see how valued our work is around the world.

Then in July and August, Joanne and I took part in Dr Klaper's Master class in Plant Based Clinical Nutrition as part of the Moving Medicine Forward Initiative with Plant Pure Communities Medical School. This consisted of 12, 2 to 3 hour interactive online courses with Dr Klaper himself and were on various specialities. This proved to be very educational and enlightening, and will use this to improve the health of mesh injured victims.



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Finally, even though things have been very slow, it was amazing to be able to send a family on a respite break and hearing their very positive experiences. Hopefully we can send more families on respite breaks now that things are getting back to 'normal', as I'm sure there are many people needing them after nearly 2 years of zoonotic diseases / pandemics like Coronavirus and lockdowns.

Candia McCullough
Founder and Chairperson



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Registered charity number: 1176523 Operating in England & Wales

MESH UK CHARITABLE TRUST

CHARITY NUMBER: 1176523

FINANCIAL ACCOUNTS

FOR THE YEAR ENDED 31st MARCH 2021

MESH UK CHARITABLE TRUST

CHARITY NUMBER: 1176523

TRUSTEE COMMITTEE'S RESPONSIBILITIES

The Trustee's Committee is required to prepare accounts for each financial year for the period: 1st April through to 31st March the following year, which give a true and fair view of the affairs of the Trust and of the Income and Expenditure of the Trust for that period. These accounts have been prepared by an approved HMRC MLRO Individual in compliance with section 156 of the Charities Act 2011 and copies made to available to the Trustees.

In preparing those accounts the Committee Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Trust will continue in business.

The Committee Trustee's are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the club and to enable them to ensure that the accounts comply with the Charities Act 2011. They are responsible for safeguarding the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MESH UK CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST MARCH 2021

| | Notes | Unrestricted Funds | Restricted Funds | Total 2020/21 | Total 2019/20 |
|--|-------|--------------------|------------------|----------------|----------------|
| <u>INCOMING RESOURCES</u> | | | | | |
| Funds Raised | 1 | 68.75 | 0 | 68.75 | 1325.01 |
| Donations | 1 | 801.78 | 1000.00 | 1801.78 | 3407.50 |
| Grants Received | 1 | 0 | 0 | 0 | 0 |
| Investment Income | | 0 | 0 | 0 | 0 |
| Total Incoming Resources | | 870.53 | 1000.00 | 1870.53 | 4732.51 |
| <u>RESOURCES EXPENDED</u> | | | | | |
| <u>Charitable Expenditure</u> Costs of activities in furtherance to the Charity's Objectives and Aims | | | | | |
| Marketing/Media Promotion | 2 | 0 | 895 | 895 | 0.00 |
| Mesh Meetings | | 0 | 0 | 0 | 0 |
| Respite Breaks | | 362.36 | 0 | 362.36 | 1461 |
| Others Resources | | 0 | 0 | 0 | 0 |
| | | 0 | 0 | 0 | 0 |
| | | 362.36 | 895.00 | 1257.36 | 1461.00 |
| <u>Management and Administration</u> | | | | | |
| Light and Heat | 3 | 0 | 0 | 0 | 0 |
| Rates | 3 | 0 | 0 | 0 | 0 |
| Insurance | 3 | 292.32 | 0 | 292.32 | 252 |
| Office - Postage, Telephone and Stationery | 3 | 0 | 0 | 0 | 0 |
| Computers, Printers and Equipment | 3 | 0 | 0 | 0 | 0 |
| ICO/Data Protection | 3 | 35.00 | 0 | 35.00 | 35.00 |
| Website and Email | 3 | 0 | 162.00 | 162.00 | 357 |
| General Expenses | 3 | 0 | 0 | 0 | 0 |
| | | 327.32 | 162.00 | 489.32 | 644.00 |
| Total Resources Expended | | 689.68 | 1057.00 | 1746.68 | 2105 |
| Net incoming/(Outgoing) Resources | | 180.85 | -57.00 | 123.85 | 2627.51 |
| Transfer between Funds | | NIL | NIL | NIL | NIL |
| NET MOVEMENT IN FUNDS | | 180.85 | -57.00 | 123.85 | 2627.51 |
| Fund Balance B/Forward 1 April 2020 | | 4941.93 | 306.55 | 5248.48 | 2620.97 |
| FUND BALANCE CARRIED FORWARD 31 MARCH 2021 | | 5122.78 | 249.55 | 5372.33 | 5248.48 |

See notes on pages 5 to form part of these Accounts.

MESH UK CHARITABLE TRUST

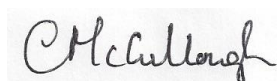
BALANCE SHEET

FOR THE YEAR ENDED 31ST MARCH 2021

| | Notes | Total 2020/21 | Total 2019/20 |
|---|--------------------------|-----------------------|-----------------------|
| <u>CURRENT ASSETS</u> | | | |
| Debtors | | 0 | 0 |
| Cash at Bank | 4 Yorkshire Bank | 5372.33 | 5248.48 |
| Cash in Hand | | 0 | 0 |
| | | 0 | 0 |
| Total Current Assets | | 5372.33 | 5248.48 |
| <u>LESS CREDITORS</u> | | | |
| Amounts falling due within year | | 0 | 0 |
| <u>TOTAL ASSETS LESS CURRENT LIABILITIES</u> | | <u>5372.33</u> | <u>5248.48</u> |
| <u>INCOME FUNDS</u> | | | |
| Restricted Funds | 5 Royal Bank of Scotland | -57.00 | 143 |
| Un-Restricted Funds | | 180.85 | 2484.51 |
| | | 123.85 | 2627.51 |

Approved on behalf of the Trustees by

Chairperson



Date

21/11/2021

See notes on page 5 to form part of these Accounts.

MESH UK CHARITABLE TRUST

NOTES TO THE ACCOUNTS

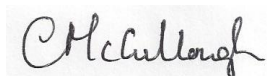
FOR THE YEAR ENDED 31ST MARCH 2021

The accounts have been prepared in accordance with the Charities Accounting Statement of Recommended Practice (SORP 2005). A summary of the more important accounting policies of the charity which have been applied consistently is set out below.

- 1** **Donations Receivable** - Donations are recognised in the accounts during the year in which they are actually received. Grants received for specific purposes are shown as restricted funds. Exceptional income of funds raised from switching bank account.
- 2a** **Expenditure** - has been charges to the Statement of Financial Activities in the year in which the expenditure is incurred.
- 2b** **Marketing and Media/Promotion** - All used from the Restricted Funds only for 2020/21.
- 3** **Management and Administration** - All charges and costs relating to running the Charity have for this year been donated for free except fro the ICO/Data Protection, Insurance and the management of the Email and Website.
- 4** **Bank Account:**
Mesh UK Charitable Trust - Bank Account
- 5** **Restricted Fund** - This was donated by the Chairperson for specific use on Promotion and Marketing purposes.

Approved on behalf of the Trustees by

Chairperson



Date

21/11/2021

The notes on page form part of pages 3 and 4 of these Accounts.