



Trustees' Annual Report for the period

From

Period start date

Day 28

Month JULY

Year 2021

To

Period end date

Day 27

Month JULY

Year 2022

Charity name

BACK TO BASICS CIO

Other names charity is known by

N/A

Registered charity number (if any)

1176426

Charity's principal address

61 BRIDGE STREET

KINGTON

HEREFORDSHIRE

Postcode

HR5 3DJ

Names of the charity trustees who manage the charity

Trustee name**Office (if any)****Dates acted if not for whole year****Name of person (or body) entitled to appoint trustee (if any)**

1 GAVIN LONG

2 KWOK-HO-TANG

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name**Dates acted if not for whole year**

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)



Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods (eg. appointed by, elected by)	APPOINTED

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.



Summary of the objects of the charity set out in its governing document

THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE IN SANDWELL AND THE UK; BY PROVIDING FACILITIES TO TEACH SKILLS ON EFFECTIVE FARMING AND: PROVIDING GRANTS TO ASSIST THOSE IN NEED OF FINANCIAL ASSISTANCE TO TAKE PART IN SUCH ACTIVITIES.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

BETWEEN JULY 2021 AND JULY 2022, WE HAVE CONTINUED TO BUILD OUR WORKSHOPS, ENRICHING VARIOUS ASPECTS OF AN INDIVIDUAL'S MENTAL WELLBEING, SOCIALISING SKILLS AND UPSKILLING BY WAYS OF LEARNING SOMETHING DIFFERENT.

WE HAVE INTRODUCED WORKSHOPS GOING RIGHT BACK TO BASICS, SUCH AS LISTENING WORKSHOPS, TEAM BUILDING WORKSHOPS, SILENT WORKSHOPS, READING CLUBS AND HAVE MORE RECENTLY BEEN EXPLORING THE OPTION OF A MEMBERSHIP SCHEME IN ORDER TO EXPAND THE REACH OF THOSE WHO WOULD BENEFIT FROM OUR WORKSHOPS.

WE HAVE ON-BOARDED A VARIETY OF LOCAL CRAFTSMEN WHO HAVE STRUGGLED WITH THEIR SMALL BUSINESSES DURING COVID-19 AND HAVE TURNED THEIR SKILLS INTO WORKSHOPS, TO WHICH, MANY HAVE BENEFITED FROM.

REGARDING THE FARMING ASPECTS OF OUR CHARITY, WE HAVE CONTINUED TO WORK WITH A SMALL HANDFUL OF ALLOTMENTS AND UNUSED GARDEN SPACES OF THOSE WITHIN OUR COMMUNITIES TO CONTINUE GROWING FOODS USING PERMACULTURE TECHNIQUES AND PROVIDING THAT SPACE WHERE PEOPLE CAN COME AND TOUCH, SEE, TASTE AND FEEL AS AN EXPERIENTIAL LEARNING ACTIVITY.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

ON-BOARDING SMALLER BUSINESS OWNERS AS VOLUNTEERS TO OUR WORKSHOPS AND CONTINUING TO BUILD OUR REACH SO MORE CAN BENEFIT FROM THE RESULTS OF BELONGING TO A GREAT COMMUNITY WHO ARE EACH WILLING TO LEARN FROM EACH OTHER, AS WELL AS TEACH OTHER WHAT THEY ALREADY KNOW SO THUS A SENSE OF PRIDE, MOTIVATION AND ACCOMPLISHMENT IS ACHIEVED FROM ALL PARTIES INVOLVED.

Brief statement of the charity's policy on reserves

THE CHARITY TRUSTEES HAS EXAMINED AND AGREED THAT AT THIS STAGE, THERE IS NO REQUIREMENT FOR RESERVES. AS THE ORGANISATION GROWS TO ESTABLISH ANY ASSETS, THIS POLICY WILL BE RE-EXAMINED.

Details of any funds materially in deficit

NO FUNDS MATERIALLY IN DEFECIT.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

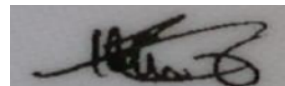
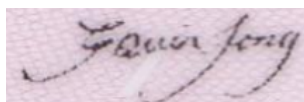
Section F

Other optional information

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

GAVIN LONG

KWOK-HO TANG

Position (eg Secretary, Chair, etc)

TREASURER

CHAIR

Date

18/05/2023