

# LONDON AUTISM GROUP CHARITY

England & Wales · Charity number 1176341

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-12-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** St. Andrews Church  
Chase Side  
London  
N14 5PP

**Phone** 07719021766

**Email** [londonautismgroupcharity@gmail.com](mailto:londonautismgroupcharity@gmail.com)

**Website** <https://www.londonautismgroupcharity.org>

## Activities

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**Objects:** TO RELIEVE THE NEEDS OF INDIVIDUALS IN LONDON (AND SURROUNDING COUNTIES) WITH A FORMAL DIAGNOSIS OF AUTISM SPECTRUM DISORDER, AND THEIR FAMILY CARERS, BY THE PROVISION OF INFORMATION AND SUPPORT

**Activities:** Charity activities: - We run the London Autism Group (a support group for anyone whose lives have been influenced by autism and who resides in or near to London). - We are also commencing a podcast show about autism (first episode scheduled for October)- We plan to make grants- Provide advocacy, advice and information - Sponsor & undertake research- Conduct anti-stigma campaigns

## Classification

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- **How:** Makes Grants To Individuals, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, Other Defined Groups

## Geography

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- Buckinghamshire
- Essex
- Hertfordshire
- Kent
- Surrey
- Throughout London

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£52,248	£45,664	-	-
2024-03-31	£66,770	£41,455	-	-
2023-03-31	£88,051	£7,983	-	-
2022-03-31	£2,917	£2,549	-	-
2021-03-31	£2,528	£1,963	-	-

## Trustees

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Name	Role	Appointed
<b>JAMES GORDON</b>	Chair	2017-12-18
Emma Lazenby		2018-05-08
Gabrielle Nwaordu		2021-12-01
Jane Elizabeth Higgins		2024-09-13
Marianna Dean		2020-02-06

**LONDON AUTISM GROUP CHARITY**

England & Wales - Charity number 1176341

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# Accounts

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## Charity trustees' annual report – London Autism Group Charity

1<sup>st</sup> April 2024 - 31<sup>st</sup> March 2025

Your charity's name: London Autism Group Charity

Registration number: 1176341

Address: St. Andrews Church, Chase Side, London, N14 5PP

Trustee names: Dr Chris Papadopoulos (Chair during the reporting period), James Gordon, Emma Lazenby, Marianna Dean, Gabrielle Nwaordu, Jane Higgins

Its structure and details of how it is managed, including how it recruits trustees:

The trustees follow and abide to the Charity's Governing Document which is based on the Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees ('Foundation' model constitution).

The appointment of new charity trustees follows the following rules:

- (1) Apart from the first charity trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees.
- (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Its activities and objectives in the year:

Our activities this year have been aligned with our overall charity objective which is 'to relieve the needs of individuals in London (and surrounding counties) who are autistic, and their family carers, by the provision of information and support'.

We believe we can achieve this objective by conducting activities related to the following goals:

- To provide support for autistic people and/or their family carers living in London or surrounding counties
- To promote social inclusion of autistic people and family carers.
- To promote social acceptance of autism and to reduce autism stigma and discrimination
- To advance the mental and physical health and wellbeing of autistic people and family carers

Its achievements and performance, including reporting on its public benefit:

In the past year, we have conducted the following successful and impactful activities:

1. Continued management of the London Autism Group. The London Autism Group is a private Facebook group aimed at supporting anyone whose lives have been influenced by autism and reside in or near to London. As of the end of March 2024, we had approximately 4248 members. The group is extremely popular and active, with 3235 of the 4248 members being 'active' on the group in the past month (i.e. they have read or interacted with posts). Also, each month, we receive over 65,000 views on posts made. The group consists of a wide and balanced socio-demographic and includes members who identify as autistic, family carers, health and social care professionals, scientists/researchers and more.

2. The Autism Podcast: During the reporting period, The Autism Podcast went through a deliberate and important period of transition. As the London Autism Group Charity continued to grow significantly, the time demands on the original co-hosts, Chris Papadopoulos and James Gordon, increased substantially due to expanding service delivery, safeguarding responsibilities, partnerships, and governance activity. As a result, it was not possible to maintain the previous level of podcast production during this period. Rather than discontinuing the podcast, the charity made a strategic decision to invest in its long-term sustainability and scalability. Two new co-hosts, Simeon Thompson and Sophia Christophi, were recruited and onboarded. This period involved training, shadowing, trial recordings, and gradual handover of hosting responsibilities to ensure quality, continuity, and alignment with the charity's values and neuro-affirming approach.

During the reporting period, three podcast episodes were released:

- An interview with Toni Borneo in May 2024, focusing on stigma, discrimination, employment, and mental health.
- A transition episode in December 2024 introducing the new co-hosts, Simeon Thompson and Sophia Christophi.
- An interview with Aditi Gangrade in February 2025, exploring autism stigma and understanding in India and international advocacy work.

While the number of episodes released during this year was lower than in previous periods, this transition phase significantly strengthened the podcast's future capacity. Following the handover, the podcast entered a new phase with increased production frequency, reduced reliance on senior charity leadership time, and far greater scalability potential. This has positioned The Autism Podcast as a more sustainable and resilient platform for autistic-led discussion, public education, and stigma reduction going forward.

3. Community Cafes: Between 1st April 2024 and 31st March 2025, the London Autism Group Charity continued to deliver a strong and well-established programme of monthly in-person Community Cafés. During this reporting period, the charity both stabilised and strengthened its existing cafés while also opening one new location to meet unmet geographical need. Throughout the year, our Community Cafés in Southgate (St Andrew's Church Hall, N14 5PP), Ealing (St Andrew's Church, Mount Park Road, W5 2RS), Old Street, Islington (Vibast Community Centre, EC1V 9NH), South Woodford (St Mary's Parish Church, E18 2PA), and Grays, Essex (The Community House, RM17 6DR) continued to run reliably on a monthly basis and remained well attended. These cafés consistently provided welcoming, accessible, sensory-considerate spaces for autistic people, family carers, and allies, with no requirement for a formal diagnosis or pre-registration.

During this period, the charity also launched a new Community Café in Lewisham, establishing a dedicated South London presence. Initial attendance was modest, as expected for a new site, but showed encouraging growth by subsequent sessions. The Lewisham café has enabled the charity to reach autistic people who were previously unable to access provision in other parts of London.

As with all new delivery, the Lewisham café provided important learning opportunities. Venue acoustics and layout were identified as areas requiring ongoing review as attendance increases, and trustees and staff proactively considered alternative or supplementary options such as nearby outdoor space during suitable weather. Clear safeguarding arrangements were prioritised from the outset, including appropriate signposting for individuals experiencing acute distress and ensuring volunteers were supported with clear protocols.

Across all cafés, the charity focused deliberately on strengthening delivery rather than rapid expansion. This included recruiting additional autistic-led arts practitioners and music therapists to support inclusive, low-demand engagement, particularly for attendees who find conversation-based social spaces challenging. We also enhanced volunteer support and safeguarding practice, including the sharing of safeguarding documentation and the planning of safeguarding training for Community Café volunteers.

Community-building and communication were further strengthened through the development and active moderation of dedicated WhatsApp groups linked to each café. These groups have become an important extension of the in-person sessions, supporting continuity, peer connection, attendance reminders, and a stronger sense of belonging between meetings.

Overall, the Community Café programme continued to perform strongly during this reporting period and remains one of the charity's most valued and impactful services. It plays a central role in reducing loneliness, improving wellbeing, and creating safe, autistic-led community spaces across London and beyond, while also demonstrating strong governance, reflective practice, and responsiveness to community need.

4. Monthly activity days for autistic adults at the Holy Sepulchre Church in Holborn Viaduct:

Between 1st April 2024 and 31st March 2025, the London Autism Group Charity continued to deliver and further develop its monthly Activity Days for autistic adults at the Holy Sepulchre Church in the City of London (Holborn Viaduct, EC1A 2DQ). During this reporting period, the focus was on stabilising delivery, responding to growing demand, and strengthening the range and quality of activities as the programme became increasingly popular and impactful.

Activity Days provide autistic adults with structured yet low-demand social, creative, and wellbeing-focused opportunities in a fully inclusive and sensory-considerate environment. As attendance and engagement increased, we expanded and strengthened our portfolio of autistic-led practitioners and therapists, ensuring that activities remained accessible, varied, and responsive to different needs, preferences, and communication styles.

Core Activity Day provision during this period included:

- Music therapy sessions led by qualified music therapists with expertise in supporting autistic people, offering a calming and expressive space, particularly valued by non-speaking and minimally speaking autistic adults.
- A Neurodivergent Artists' Collective, providing opportunities for creative exploration, peer connection, and self-expression.
- Autistic-led Tai Chi and mindfulness sessions, supporting emotional regulation, body awareness, and wellbeing.
- Autistic community social time, offering flexible, low-pressure opportunities for connection in a judgement-free space.

In response to participant feedback, the Autistic Women's Group was redesigned during this period to provide a more discreet and psychologically safe space separate from the main Activity Day environment inside the church. Women expressed a clear preference for meeting away from the church setting, and the group was therefore delivered as a monthly, in-person shared lunch funded by the charity and held on Saturdays prior to the main Activity Day programme at restaurants in the vicinity of the Holy Sepulchre Church. The group provided a safe and confidential space for autistic and neurodivergent women, including non-binary participants, to discuss issues particularly relevant to their lives, share

experiences, and offer peer support. Conversations were gently facilitated by trained volunteers to ensure inclusivity and that all participants had an opportunity to contribute. Following the meal, participants were able to join the wider Activity Day events if they wished. This redesign proved highly successful, with strong attendance and very positive feedback, and led to improved psychological safety, peer connection, and sustained engagement.

The Holy Sepulchre Church has continued to provide an accessible and well-located venue, enabling autistic adults from across London to attend via public transport. The Activity Days programme remains closely aligned with the charity's mission to reduce social isolation, promote wellbeing, and create autistic-led spaces where people can participate on their own terms.

Overall, Activity Days continued to be one of the charity's most impactful services during this reporting period. We remain committed to refining and expanding this provision in response to community feedback, ensuring it remains sustainable, inclusive, and led by autistic voices.

5. Autistic-led expert mental health, wellbeing and identity support:

During the reporting period, autistic-led expert mental health, wellbeing, and identity support remained one of the charity's most significant, impactful, and resource-intensive areas of activity. As demand for one-to-one support continued to increase, the charity focused primarily on stabilising and strengthening this provision while also recruiting additional autistic mental health practitioners to expand capacity in a controlled and sustainable way.

This area of work represents one of the charity's key areas of expenditure during the year. Funds were directed towards commissioning specialist autistic therapists, counsellors, and practitioners with expertise in autistic mental health, trauma, burnout, identity, and family dynamics. This investment reflects the charity's strategic commitment to providing effective, affirming support at points of crisis, distress, or significant transition.

The London Autism Group Charity operates a deliberately groundbreaking model in this area: autistic clients are supported exclusively by autistic mental health professionals, and neurodivergent parents are supported by practitioners with lived experience of neurodivergence and parenting. This matching of lived experience is central to the effectiveness of the support offered and is consistently highlighted by service users as a key factor in feeling understood, safe, and able to engage meaningfully.

Through close triage, safeguarding oversight, and an in-depth understanding of autistic lived experience, the charity is able to identify the specific nature of a person's difficulties and refer them to the most appropriate practitioner within our network. This ensures that support is targeted, timely, and responsive, rather than generic or mismatched.

During this reporting period, we expanded our portfolio of autistic practitioners to meet growing demand while maintaining high standards of quality, safety, and neuro-affirming practice. This work continues to have a profound impact, reducing distress, preventing escalation to crisis services, supporting autistic identity development, and improving mental wellbeing for autistic people and their families.

Overall, this area of provision remains central to the charity's mission and is widely recognised by service users as one of the most effective forms of support they receive, particularly in a context where autistic-led mental health provision remains extremely limited within statutory services.

6. Monthly live radio show titled 'All About Autism': The charity has continued its successful monthly live radio show 'All About Autism' on London Greek Radio. This initiative plays a crucial role in raising understanding and acceptance about autism in the Greek and Greek Cypriot communities where certain types of cultural stigma exist, but also to other communities who can access the show (103.3 FM and digital streaming access). Each episode focuses on various aspects of autism, providing valuable insights and education to listeners. The show also served as a platform for sharing experiences and fostering a deeper understanding of autism, reinforcing our commitment to supporting the autistic community and their families. All of the co-hosts are neurodivergent.
7. Advocacy work: During this year, we continued to provide one-to-one advocacy support to an increasing number of autistic individuals and families navigating complex issues such as:
  - Education Rights – Supporting autistic students and their families with navigating Education, Health, and Care Plans (EHCPs), reasonable adjustments in schools, and disability rights in education.
  - Social Care and Benefits Advocacy – Helping autistic adults and carers access Personal Independence Payments (PIP), Carer's Allowance, Direct Payments, and social care services to ensure they receive the financial and practical support they are entitled to.
  - Employment and Workplace Support – Providing guidance on workplace accommodations, discrimination cases, and access to support schemes such as Access to Work.
  - Mental Health and Well-being Support – Advocating for improved access to appropriate mental health services, particularly for autistic individuals struggling with anxiety, depression, or burnout.
  - Substance Misuse Advocacy – Supporting autistic individuals who are experiencing substance misuse challenges, ensuring they can access neurodivergent-affirming addiction services, mental health support, and harm reduction resources without stigma or discrimination.

Through this direct advocacy work, we have supported hundreds of autistic people and families, empowering them to navigate challenges, understand their rights, and access crucial services. Our substance misuse advocacy has been particularly important in addressing the intersection of autism and addiction, ensuring that autistic individuals facing these challenges receive the tailored support they need in a system that is often not designed with their needs in mind.

8. Website: We have continued to improve our website in the past year ([londonautismgroupcharity.org](http://londonautismgroupcharity.org)) which details our charity's mission and values, the work that we do, and how to get in touch. As can be seen on the 'What We Do' page (<https://www.londonautismgroupcharity.org/what-we-do>), we have also produced several accessible maps that users can gain information about legal services, services, schools and more. These maps have been accessed more than 70,000 times.
9. London Autism Befriending scheme: Our befriending scheme for autistic adults and the wider autism community continued to develop and run very successfully. The scheme provides friendship for people (16yrs+) living in London and surrounding counties including autistic people, parents and family carers. The scheme to support people's mental health

and reduce feelings of loneliness which is particularly important given the times we live in. It involves people being paired with one of our charity volunteers who make contact via WhatsApp and, if you wish, 1-1 conversations over Zoom

10. Expanded social activities and community connection: During the reporting period, the charity also expanded its range of informal social activities to complement structured provision and meet growing demand for low-pressure, enjoyable ways for autistic adults to connect. These activities were developed in response to community feedback and were designed to reduce isolation, build confidence, and strengthen peer relationships outside formal support settings.  
Social activities during this period included small-group lunches, cinema trips, bowling outings, and facilitated access to major events such as football matches at Wembley Stadium. These activities were intentionally low-demand, optional, and flexible, allowing participants to engage at their own pace while sharing positive experiences with others who understood their needs.  
These social opportunities have been highly valued by participants, particularly those who find traditional social settings challenging. They have supported confidence-building, friendship formation, and a sense of belonging, and have helped bridge the gap between one-to-one support and wider community engagement.
11. Public engagement and hate crime awareness work with British Transport Police: During this reporting period, the charity also began a new strand of public engagement work focused on hate crime awareness and safety for autistic people in public spaces. This work developed following a podcast episode and subsequent engagement with British Transport Police, including collaboration with Barry Davies, a lead officer at British Transport Police based at Euston Station.  
As part of this collaboration, the charity supported and participated in public awareness and engagement events aimed at increasing understanding of autism, neurodivergence, and the specific vulnerabilities autistic people may face when travelling or navigating public transport. These events provided opportunities for dialogue between autistic people, families, and transport police officers, helping to build mutual understanding and trust. The events were well received and highlighted the value of autistic-led insight in shaping more informed and compassionate responses to hate crime and public safety concerns. This work has opened the door to potential future collaboration, including the development of formal autistic-led training for British Transport Police and, potentially, other police forces. This emerging area of work aligns closely with the charity's wider objectives of reducing stigma and discrimination, improving public understanding, and promoting safer, more inclusive environments for autistic people.
12. Workshops and training: We facilitated a range of different free workshops for the community to support their wellbeing including training events for healthcare students and workplace staff, school students and SEND teachers
13. Supporting research – we have supported multiple research studies by (a) advising researchers on how to work with the community and (b) enabling researchers to access the autism community.
14. Neurodiversity articles: We have published several articles pertaining to neurodiversity and other themes related to our charitable objectives

## Financial summary

The Charity has raised **£52248.41** in funds and has spent **£45664.04**.

Current balance as of end of March 2025 is **£117116.16**

Details of any funds held as a custodian trustee: n/a

Table 1: Month-by-month financial summary for the financial year ended 31 March 2025

<b>Month</b>	<b>Income</b>	<b>Expenditure</b>	<b>Net</b>	<b>Month-end balance</b>
April 2024	£499.68	-£2,889.29	-£2,389.61	£108,292.18
May 2024	£530.58	-£5,114.33	-£4,583.75	£103,608.43
June 2024	£4,091.60	-£2,352.02	£1,739.58	£105,348.01
July 2024	£1,371.49	-£4,283.09	-£2,911.60	£102,820.41
August 2024	£592.21	-£3,020.40	-£2,428.19	£100,008.22
September 2024	£754.13	-£4,702.04	-£3,947.91	£96,060.31
October 2024	£299.44	-£3,269.74	-£2,970.30	£93,090.01
November 2024	£2,731.95	-£3,777.23	-£1,045.28	£92,044.73
December 2024	£600.67	-£5,471.64	-£4,870.97	£87,173.76
January 2025	£137.14	-£4,275.27	-£4,138.13	£83,035.63
February 2025	£40,360.14	-£3,220.53	£37,139.61	£120,185.24
March 2025	£279.38	-£3,288.46	-£3,009.08	£117,166.16
Total (FY 2024-25)	£52,248.41	-£45,664.04	£6,584.37	£117,166.16

Table 2: Summary of income and expenditure by theme for the financial year ended 31 March 2025

<b>Description</b>	<b>Amount (£)</b>
<b>INCOME</b>	
Corporate donations	40,000.00
Other funding and donations	8,030.46
Grant income	3,917.95
Commissioned work	300
Total Income	52,248.41
<b>EXPENDITURE</b>	
<b>Direct Delivery</b>	
1-1 mental health therapy	11,922.31
Community café delivery	5,810.18
Activity day delivery	3,110.00
Music therapy	1,035.00
Tai Chi therapy	867
Women's group	834.64
Training	500.39

Podcast delivery	300.16
Art therapy	165
Other community event costs	10
<i>Sub-total: Direct Delivery</i>	24,554.68
<b>Staffing and Coordination</b>	
Admin officer	7,742.40
Charity support officers	7,055.88
Community outreach officer	6,059.20
<i>Sub-total: Staffing and Coordination</i>	20,857.48
<b>Core Running Costs</b>	
Zoom	155.88
Insurance	96
<i>Sub-total: Core Running Costs</i>	251.88
<b>Total Expenditure</b>	45,664.04
<b>NET SURPLUS FOR THE YEAR</b>	6,584.37

#### Review of the financial position:

During the financial year ended 31 March 2025, the Charity generated total income of £52,248.41 and incurred total expenditure of £45,664.04, resulting in a net surplus of £6,584.37 for the year. The Charity held a balance of £117,166.16 at the end of the reporting period.

Income during the year was uneven and characterised by relatively low and variable monthly receipts, with the overall annual surplus driven primarily by a significant corporate donation received in February 2025. In contrast, expenditure remained relatively consistent across the year, reflecting the Charity's ongoing commitment to maintaining continuity of services regardless of short-term income fluctuations.

The month-by-month position shows that, excluding February 2025, most months operated at a net deficit. Trustees consider this pattern typical for a small charity delivering regular front-line services, where costs are largely fixed while income is unpredictable and often received in lump sums rather than evenly distributed across the year.

Expenditure was focused predominantly on direct charitable activity, including autistic-led mental health therapy, community outreach, community cafés, activity days and specialist sessions such as music therapy, Tai Chi and women's groups. In addition, the Charity incurred staffing and coordination costs necessary to administer referrals, support volunteers, manage safeguarding responsibilities and ensure services were delivered safely and consistently. Core running costs were kept deliberately low.

The Charity held no debts at the end of the financial year and did not act as a custodian trustee for any funds during the reporting period.

### Reserves policy and position

The Charity operates a reserves policy designed to balance financial resilience with the timely application of funds to charitable purposes. Trustees aim to hold a minimum level of reserves equivalent to approximately twelve months of core operating costs, recognising the volatility of income streams and the potential risk to beneficiaries should services need to be withdrawn abruptly.

The reserves position at year end reflects a deliberate and time-limited strategic decision by trustees during a period of organisational growth. Over recent years, demand for the Charity's services increased substantially in both volume and complexity, placing significant operational and safeguarding pressures on a largely volunteer-led leadership model. Trustees therefore planned for the transition to paid executive leadership and strengthened infrastructure, which required reserves to be built in advance to manage this change safely and responsibly.

This planning culminated in the appointment of a part-time Chief Executive Officer in September 2025. The reserves held at the end of March 2025 provided stability during this transition and ensured continuity of essential services while longer-term funding arrangements were pursued.

Trustees review the reserves position annually and consider it appropriate in light of income volatility, safeguarding responsibilities and planned expenditure. It is anticipated that reserves will reduce gradually over time as they are applied to staffing, service delivery and sustainable expansion in line with the Charity's objectives.

Approved by the Board of Trustees on 27<sup>th</sup> January, 2026.

*James Gordon*

Mr James Gordon, Chair of Trustees

Independent Examiner's Report to the Trustees of London Autism Group Charity

Report on the Accounts for the period of 1<sup>st</sup> April 2024 to 31<sup>st</sup> March 2025

Examiner's responsibilities and basis of report

I report in respect of my examination of the accounts of London Autism Group Charity for the period 1<sup>st</sup> April 2024 to 31<sup>st</sup> March 2025, as set out in the attached statements. The charity's trustees are responsible for the preparation of the accounts and ensuring they comply with the law and regulations governing UK charities. My responsibility is to examine the accounts under section 145 of the Charities Act 2011 and to report if there are matters of concern to which attention should be drawn.

I conducted my examination in accordance with the guidance provided by the Charity Commission. An independent examination involves reviewing the accounting records kept by the charity and comparing the accounts presented with those records. It also includes considering whether the accounts represent a true and fair view of the charity's financial activities.

Based on my examination, I confirm that:

- I have not identified any matters that suggest the accounts do not comply with the requirements of the Charities Act 2011.
- In my opinion, the accounts give a true and fair view of the state of the charity's affairs as of the end of March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended.

Declaration

I am not disqualified from acting as an examiner and have no financial interest in or relationship with the charity that might affect my independence.

Signed:



Mr Antony Nichola

Date: 27/1/26

Address:

36 Barley Ponds Rd,  
Ware,  
SG12 7EZ,  
UK

**LONDON AUTISM GROUP CHARITY**

England & Wales - Charity number 1176341

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# Accounts

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## Charity trustees' annual report – London Autism Group Charity

1<sup>st</sup> April 2023 - 31<sup>st</sup> March 2024

Your charity's name: London Autism Group Charity

Registration number: 1176341

Address: 66 Chase Way, London, N14 5DG.

Trustee names: Dr Chris Papadopoulos (Chair), James Gordon, Emma Lazenby, Marianna Dean, Gabrielle Nwaordu

Its structure and details of how it is managed, including how it recruits trustees:

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- (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Its activities and objectives in the year:

Our activities this year have been aligned with our overall charity objective which is 'to relieve the needs of individuals in London (and surrounding counties) with a formal diagnosis of autism spectrum disorder, and their family carers, by the provision of information and support'.

We believe we can achieve this objective by conducting activities related to the following goals:

- To provide support for autistic people and/or their family carers living in London or surrounding counties
- To promote social inclusion of autistic people and family carers.
- To promote social awareness and acceptance of autism and to reduce autism stigma and discrimination
- To advance the mental and physical health and wellbeing of autistic people and family carers

Its achievements and performance, including reporting on its public benefit:

In the past year, we have conducted the following successful and impactful activities:

1. Continued management of the London Autism Group. The London Autism Group is a private Facebook group aimed at supporting anyone whose lives have been influenced by autism and reside in or near to London. As of the end of March 2024, we had approximately 3542 members. The group is extremely popular and active, with 2893 of the 3542 members being 'active' on the group in the past month (i.e. they have read or interacted with posts). Also, each month, we receive over 60,000 views on posts made. The group consists of a wide and balanced socio-demographic and includes members who identify as autistic, family carers, health and social care professionals, scientists/researchers and more.

2. The Autism Podcast: The Autism Podcast continues to be extremely successful and impactful. The aim of the podcast is 'to improve our understanding of autism, boost acceptance, reduce autism stigma, and generate impactful, transformative ideas ranging from practical everyday advice to thoughts on policy, practice, and wider socio-cultural challenges.' We have released several new episodes during this period with a wide range of guests and impactful topics. Our statistics continue to rise; we now have almost 75,000 downloads and a growing membership. We appear among the first results listings when the word 'autism' is searched for in most podcast apps (including Apple Podcasts). We also appear among the top Google listings when 'Autism podcast' is searched for. We have also been listed in many 'top autism podcasts' lists (e.g. [https://blog.feedspot.com/autism\\_podcasts/](https://blog.feedspot.com/autism_podcasts/)). Overall, we are confident that our podcast is among the most listened to autism-related podcasts in the world and continues to create considerable impact.
3. Community Cafés: Between 1st April 2023 and 31st March 2024, we significantly expanded and strengthened our portfolio of monthly in-person Community Café/drop-in schemes across London and beyond. Our Southgate Community Café continued to run successfully every month at St Andrew's Church Hall (N14 5PP) from 1pm to 3pm. Additionally, our cafés in Ealing (St Andrew's Church, Mount Park Road, W5 2RS) on the first Saturday of each month (1:30pm-3:30pm), Old Street, Islington (Vibast Community Centre, 167 Old Street, EC1V 9NH) on the third Sunday of each month (11am-1pm). Each continued to flourish, offering a welcoming and accessible space for the autistic community. During this period, we launched two new cafés to meet increasing demand. In Grays, Essex, we established a new community café at The Community House (RM17 6DR), held on the first Sunday of every month from 2pm to 4pm, marking our first expansion beyond London. In South Woodford, we introduced a café at St Mary's Parish Church (207 High Road, E18 2PA) on the last Sunday of every month from 1pm to 3pm. These new cafés have been warmly embraced by the local communities and provide much-needed social spaces for autistic individuals and their families. Public launch events were held for our new cafés, attended by local councillors, MPs, and members of the autistic and wider autism community. These events were covered by local media to boost community awareness and engagement. As always, all autistic individuals, family carers, and allies are welcome, with no requirement for an official diagnosis or pre-registration. Attendees can drop in, relax, enjoy free hot drinks and biscuits, and connect with others in an inclusive and sensory-friendly environment. Our cafés remain vital in combating social isolation, improving mental well-being, and fostering social connections within the community.
4. Monthly activity days for autistic adults at the Holy Sepulchre Church in Holborn Viaduct: During this period, the London Autism Group Charity also successfully launched a new Activity Days initiative at the Holy Sepulchre Church in the City of London (Holborn Viaduct, EC1A 2DQ). This initiative was developed in response to increasing demand from autistic adults seeking structured, low-demand social and creative spaces that are fully inclusive, accessible, and affirming of neurodivergent experiences.

Activity Days are designed to provide autistic adults with a diverse range of interactive, relaxing, and engaging experiences tailored to different interests, sensory needs, and levels of social interaction. These events take place in a welcoming, sensory-considerate environment and include:

- Music Therapy Sessions – A calming and expressive space led by trained professionals, catering especially to non-speaking and minimally speaking autistic individuals.
- Neurodivergent Artists’ Collective – A creative space for autistic artists to explore different mediums, showcase their talents, and connect with like-minded individuals.
- Autistic Women’s Group – A dedicated space for autistic women and non-binary people to share experiences, discuss common challenges, and build community.
- Autistic-led Tai Chi and Mindfulness – Gentle movement and relaxation techniques designed to support emotional regulation, body awareness, and well-being.
- Autistic Community Social Time – A flexible, unstructured time where attendees can relax, chat, and build meaningful connections in a judgement-free environment.

These Activity Days have already had a significant impact, providing autistic adults with a safe and affirming space to participate in meaningful activities, reduce social isolation, and improve mental well-being. The response from attendees has been overwhelmingly positive, with many highlighting the importance of having an autistic-led, sensory-considerate space where they can truly be themselves.

The Holy Sepulchre Church, known for its historic significance and accessibility, has proven to be an ideal venue for this initiative, offering a central London location that is easy to reach via public transport. This initiative aligns perfectly with our charity’s mission to promote social inclusion, well-being, and self-acceptance within the autistic community.

We are incredibly proud of the success of the Activity Days initiative and remain committed to developing innovative, community-driven projects that address the real needs of autistic people and their families.

5. Autistic led expert mental health, wellbeing and identity support: A significant activity that has continued this year has been the funding and commissioning of autistic professionals in mental health and autistic identity to support Autistic people and Carers that come to us in crisis. Through our network of expert contacts we can book specialised sessions that support specific areas of Mental Health in unique and effective ways. Because of our knowledge of Autistic lived experience, we can recognise the problems and direct people to the correct professionals. Many of the professionals we work with are Autistic themselves, and therefore offer specialist support that is in very short supply.
6. Monthly live radio show titled ‘All About Autism’: The charity has continued its successful monthly live radio show 'All About Autism' on London Greek Radio. This initiative plays a crucial role in raising understanding and acceptance about autism in the Greek and Greek Cypriot communities where certain types of cultural stigma exist, but also to other communities who can access the show (103.3 fm and digital access). Each episode focuses on various aspects of autism, providing valuable insights and education to listeners. The show also served as a platform for sharing experiences and fostering a deeper understanding of autism, reinforcing our commitment to supporting the autistic community and their families. All three of the co-hosts are neurodivergent.
7. Advocacy work: During this year, we have provided one-to-one advocacy support to an increasing number of autistic individuals and families navigating complex issues such as:

- Education Rights – Supporting autistic students and their families with navigating Education, Health, and Care Plans (EHCPs), reasonable adjustments in schools, and disability rights in education.
- Social Care and Benefits Advocacy – Helping autistic adults and carers access Personal Independence Payments (PIP), Carer’s Allowance, Direct Payments, and social care services to ensure they receive the financial and practical support they are entitled to.
- Employment and Workplace Support – Providing guidance on workplace accommodations, discrimination cases, and access to support schemes such as Access to Work.
- Mental Health and Well-being Support – Advocating for improved access to appropriate mental health services, particularly for autistic individuals struggling with anxiety, depression, or burnout.
- Substance Misuse Advocacy – Supporting autistic individuals who are experiencing substance misuse challenges, ensuring they can access neurodivergent-affirming addiction services, mental health support, and harm reduction resources without stigma or discrimination.

Through this direct advocacy work, we have supported hundreds of autistic people and families, empowering them to navigate challenges, understand their rights, and access crucial services. Our substance misuse advocacy has been particularly important in addressing the intersection of autism and addiction, ensuring that autistic individuals facing these challenges receive the tailored support they need in a system that is often not designed with their needs in mind.

8. Website: We have continued to improve our website in the past year ([londonautismgroupcharity.org](http://londonautismgroupcharity.org)) which details our charity’s mission and values, the work that we do, and how to get in touch. As can be seen on the ‘What We Do’ page (<https://www.londonautismgroupcharity.org/what-we-do>), we have also produced several accessible maps that users can gain information about legal services, services, schools and more. These maps have been accessed more than 50,300 times.
9. London Autism Befriending scheme: Our befriending scheme for autistic adults and the wider autism community continued to develop and is running very successfully. The scheme provides provide friendship for people (16yrs+) living in London and surrounding counties including autistic people, parents and family carers. The scheme to support people’s mental health and reduce feelings of loneliness which is particularly important given the times we live in. It involves people being paired with one of our charity volunteers who make contact via whatsapp and, if you wish, 1-1 conversations over Zoom.
10. Workshops and training: We have facilitated a range of different free workshops for the community to support their wellbeing including training events for healthcare students and workplace staff, school students and SEND teachers
11. Supporting research – we have supported multiple research studies by (a) advising researchers on how to work with the community and (b) enabling researchers to access the autism community.
12. Neurodiversity articles: We have published several articles pertaining to neurodiversity and other themes related to our charitable objectives
13. Supporting new autistic advocates: We continue to sponsor young autistic people to achieve their aspirations (My Autistic Sparkle)

A financial review including any debts and details of your reserves policy (if applicable):

The Charity has raised **£66770.25** in funds and has spent **£41455**.

Current balance as of end of March 2023 is **£110581.79**

Details of any funds held as a custodian trustee: n/a

Date	Description	Value	Balance
27-Mar-24	CAFGYE21000806659 , GYE21000806659	50	110581.8
27-Mar-24	CHARITIES TRUST , CP15837	10	110531.8
26-Mar-24	1722 25MAR24 , AMAZON* , 204-9801818-75 , LONDON GB RORY ATWELL , LAG CHARITY , VIA MOBILE - LVP , FP 26/03/24 10 ,	-13.99	110521.8
26-Mar-24	46085050711342000N	-50	110535.8
25-Mar-24	VICTORIA THOMPSON , INVOICE 9 , VIA MOBILE - PYMT , FP 23/03/24 10 , 15162820148261000N	-720	110585.8
25-Mar-24	Wanstead Works , LAG Charity , VIA MOBILE - LVP , FP 22/03/24 10 , 29214814547008000N	-70	111305.8
22-Mar-24	Thomas Bell , M LAG , VIA MOBILE - LVP , FP 22/03/24 10 , 30153105372283000N	-100	111375.8
19-Mar-24	1722 18MAR24 , AMAZON.CO.U , K*2Q6JF47S5 , AMAZON.CO.UK GB	-10	111475.8
19-Mar-24	1722 18MAR24 , TEEMILL TECH LTD , FRESHWATER GB	-307.5	111485.8
18-Mar-24	1722 16MAR24 , HTTPS://ISL , INGTON.CIVI , 0207527980 GB JENNY TEUTEN , Zoo tickets , VIA MOBILE - PYMT , FP 15/03/24 10 ,	-60	111793.3
15-Mar-24	17120307913934000N	-74	111853.3
15-Mar-24	AT-AUTISM NO 3 , AT-AUTISM , FP 15/03/24 1635 , RP4679967489094200 ST ANDREWS CHURCH , 9449 , VIA MOBILE - PYMT , FP 14/03/24 10 ,	100	111927.3
14-Mar-24	39130717670204000N	-553.7	111827.3
14-Mar-24	DAVID GRAY-HAMMOND , DNDC032402 , VIA MOBILE - PYMT , FP 14/03/24 10 , 24125001344072000N	-60	112381
14-Mar-24	169552 LAGC DONA , PCM55CI17599093 , INIZIO HEALTHCAR , E LIMITED , CHAPS TFR	48000	112441
14-Mar-24	STRIPE PAYMENTS UK , STRIPE , FP 14/03/24 0843 , PH737VTI1HMPY6Y800 K LAVENDER-NEWS , MONTHLY+EXP , VIA MOBILE - PYMT , FP 06/03/24 10	28.83	64441.02
07-Mar-24	, 63194030861224000N	-489.5	64412.19
07-Mar-24	STRIPE PAYMENTS UK , STRIPE , FP 07/03/24 0850 , PH737VTI1HMP323D00	967.3	64901.66
04-Mar-24	1722 02MAR24 , AMAZON.CO.U , K*645VB7V15 , AMAZON.CO.UK GB JENNY TEUTEN , CC EXPENSES , VIA MOBILE - PYMT , FP 03/03/24 10 ,	-10	63934.36
04-Mar-24	05173056075233000N	-8	63944.36
01-Mar-24	CG MASKELL , S9 INVOICE , VIA MOBILE - PYMT , FP 01/03/24 10 , 14142902609744000N	-650	63952.36
01-Mar-24	Kai Connolly , Invoice 1 LAGC , VIA MOBILE - LVP , FP 01/03/24 10 , 11160920173455000N	-240	64602.36
01-Mar-24	NATASHA KOEN , INVOICE 10 , VIA MOBILE - PYMT , FP 01/03/24 10 , 45142807433500000N	-320	64842.36
01-Mar-24	M NICHOLA , LONDON AUTISM , FP 01/03/24 0201 , 200000001298628225 Ellie Cashin , Invoice 1 , VIA MOBILE - PYMT , FP 28/02/24 10 ,	10	65162.36
28-Feb-24	25130045713004000N	-171	65152.36
28-Feb-24	CHARITIES TRUST , CP15837 VICTORIA THOMPSON , INVOICE 8 , VIA MOBILE - LVP , FP 24/02/24 10 ,	10	65323.36
26-Feb-24	53065625270141000N	-684	65313.36
26-Feb-24	MOBILE CHQ 913635	250	65997.36
23-Feb-24	PCC ST SEPULCHRE , LAGC , VIA MOBILE - PYMT , FP 23/02/24 10 , 35160730380232000N	-500	65747.36
22-Feb-24	1722 21FEB24 , AMAZON.CO.U , K*T86HH3665 , AMAZON.CO.UK GB	-14.99	66247.36

19-Feb-24	DAVID GRAY-HAMMOND, DNDC102303 , VIA MOBILE - PYMT , FP 19/02/24 10 , 23171937695123000N	-80	66262.35
13-Feb-24	1722 12FEB24 , AMAZON.CO.U , K*OU9LZ5N25 , AMAZON.CO.UK GB	-10	66342.35
13-Feb-24	1722 12FEB24 , HTTPS://ISL , INGTON.CIVI , 0207527980 GB	-60	66352.35
12-Feb-24	1722 09FEB24 , WISH.COM , +31 203332389 NL	-31.36	66412.35
12-Feb-24	1722 11FEB24 , AMAZON.CO.U , K*VT8M32PQ5 , AMAZON.CO.UK GB	-10	66443.71
12-Feb-24	STRIPE PAYMENTS UK, STRIPE , FP 12/02/24 0858 , PH737VTI1HML0H4H00	86.87	66453.71
08-Feb-24	1722 07FEB24 , AMAZON.CO.U , K*JJ2E51N05 , AMAZON.CO.UK GB	-10	66366.84
07-Feb-24	STRIPE PAYMENTS UK, STRIPE , FP 07/02/24 0852 , PH737VTI1HML6IN600	19.15	66376.84
06-Feb-24	1722 05FEB24 , AMAZON.CO.U , K*3S4V27OY5 , AMAZON.CO.UK GB	-10	66357.69
06-Feb-24	1722 05FEB24 , AMAZON.CO.U , K*ON25B5XF5 , AMAZON.CO.UK GB	-20	66367.69
06-Feb-24	1722 05FEB24 , AMAZON.CO.U , K*JB4PE2DS5 , AMAZON.CO.UK GB	-10	66387.69
06-Feb-24	AIM , LAGC PRIDE TABLE , VIA MOBILE - PYMT , FP 05/02/24 10 , 17200515701794000N	-10	66397.69
05-Feb-24	1722 04FEB24 , AMZNMKTPLACE , AMAZON.CO.UK GB	-6.79	66407.69
05-Feb-24	JENNY TEUTEN , CC EXPENSES , VIA MOBILE - PYMT , FP 04/02/24 10 , 19160336012438000N	-72.43	66414.48
05-Feb-24	Dmitri Zouchinski , Ealing Cc , VIA MOBILE - PYMT	-50	66486.91
05-Feb-24	STRIPE PAYMENTS UK, STRIPE , FP 05/02/24 0843 , PH737VTI1HMKPSOR00	23.98	66536.91
02-Feb-24	NATASHA KOEN , INVOICE 9 , VIA MOBILE - PYMT , FP 02/02/24 10 , 64142804928043000N	-290	66512.93
01-Feb-24	K LAVENDER-NEWS , MONTHLY WORK , VIA MOBILE - PYMT , FP 01/02/24 10 , 21093941872417000N	-348	66802.93
01-Feb-24	CG MASKELL , S8 INVOICE , VIA MOBILE - PYMT , FP 01/02/24 10 , 24093809510832000N	-850	67150.93
01-Feb-24	M NICHOLA , LONDON AUTISM , FP 01/02/24 0154 , 400000001290034292	10	68000.93
30-Jan-24	CHARITIES TRUST , CP15837	110	67990.93
29-Jan-24	1722 28JAN24 , AMAZON.CO.U , K*EA32O8WX5 , AMAZON.CO.UK GB	-10	67880.93
29-Jan-24	1722 28JAN24 C , TESCO STORES 4693 , ESSEX GB	-8.1	67890.93
29-Jan-24	Lee Cheetham , Nintendo , VIA MOBILE - PYMT , FP 29/01/24 10 , 12084731964305000N	-70	67899.03
29-Jan-24	Daniel Siddall , Nintendo , VIA MOBILE - PYMT , FP 29/01/24 10 , 11150737322066000N	-75	67969.03
29-Jan-24	VICTORIA THOMPSON , Invoice 7 , VIA MOBILE - PYMT , FP 26/01/24 10 , 16220201093764000N	-696	68044.03
15-Jan-24	VICTORIA THOMPSON , Printing , VIA MOBILE - PYMT , FP 15/01/24 10 , 02132731890145000N	-25.01	68740.03
15-Jan-24	NICKY FAWCITT , 091 LAG Charity , VIA MOBILE - LVP , FP 14/01/24 10 , 13094702931307000N	-55	68765.04
15-Jan-24	RORY ATWELL , LAG CHARITY , VIA MOBILE - LVP , FP 14/01/24 10 , 05212737808851000N	-115	68820.04
08-Jan-24	SEABROOK RISE COMM, Invoice 1 , VIA MOBILE - PYMT , FP 08/01/24 10 , 03131054284408000N	-100	68935.04
08-Jan-24	JENNY TEUTEN , CC EXPENSES , VIA MOBILE - PYMT , FP 07/01/24 10 , 49164605239030000N	-25.5	69035.04
05-Jan-24	1722 04JAN24 , TEEMILL PRO , FRESHWATER GB	-99	69060.54
05-Jan-24	CG MASKELL , S7 INVOICE , VIA MOBILE - PYMT , FP 05/01/24 10 , 60141530532805000N	-390	69159.54
03-Jan-24	1722 02JAN24 , TEEMILL TECH LTD , FRESHWATER GB , REFUND	100	69549.54
03-Jan-24	1722 02JAN24 , TEEMILL TECH LTD , FRESHWATER GB , REFUND	16.67	69449.54
03-Jan-24	1722 02JAN24 , TEEMILL TECH LTD , FRESHWATER GB , REFUND	100	69432.87
02-Jan-24	K LAVENDER-NEWS , Monthly work , VIA MOBILE - PYMT , FP 30/12/23 10 , 51114217724483000N	-384	69332.87
02-Jan-24	MEREDITH HUSEN , INVOICE 8 , VIA MOBILE - LVP , FP 31/12/23 10 , 22133029549760000N	-45	69716.87

02-Jan-24	M NICHOLA , LONDON AUTISM , FP 02/01/24 0112 , 200000001263788207	10	69761.87
27-Dec-23	VICTORIA THOMPSON , TORIA MONTH 6 , VIA MOBILE - PYMT , FP 24/12/23 10 , 52104248504016000N	-612	69751.87
22-Dec-23	CHARITIES TRUST , CP15837	110	70363.87
21-Dec-23	DAVID GRAY-HAMMOND, DNDC122307 , VIA MOBILE - LVP , FP 20/12/23 10 , 38193307491288000N	-40	70253.87
20-Dec-23	1722 19DEC23 , PAYPAL *NETTY , 35314369001 GB	-100	70293.87
19-Dec-23	Israel Romero , Dinner Sponsorship, VIA MOBILE - PYMT , FP 19/12/23 10 , 38182242470778000N	-225	70393.87
18-Dec-23	1722 17DEC23 C , CO-OP GROUP 070789, SHOREDITCH (S GB	-20.6	70618.87
18-Dec-23	1722 17DEC23 , TEEMILL TECH LTD , FRESHWATER GB	-14.5	70639.47
18-Dec-23	CHRIS PAPADOPOULOS, CC console and tv , VIA MOBILE - PYMT , FP 15/12/23 10 , 49183420973526000N	-120	70653.97
18-Dec-23	RORY ATWELL , LAG CHARITY , VIA MOBILE - LVP , FP 17/12/23 10 , 42191110037043000N	-50	70773.97
11-Dec-23	Celene , LAG Charity , VIA MOBILE - LVP , FP 09/12/23 10 , 18125746074255000N	-240	70823.97
07-Dec-23	K LAVENDER-NEWS , Invoices , VIA MOBILE - PYMT , FP 07/12/23 10 , 42131406382304000N	-105.3	71063.97
07-Dec-23	STRIPE PAYMENTS UK, STRIPE , FP 07/12/23 0844 , PH737VTI1HMDMWHN00	57.85	71169.25
05-Dec-23	1722 04DEC23 , AMAZON.CO.U , K*JZ5J96I55 , AMAZON.CO.UK GB	-20	71111.4
05-Dec-23	1722 04DEC23 , TEEMILL PRO , FRESHWATER GB	-10	71131.4
04-Dec-23	NATASHA KOEN , INVOICE 8 , VIA MOBILE - PYMT , FP 04/12/23 10 , 52171946531633000N	-360	71141.4
04-Dec-23	K LAVENDER-NEWS , Small bonus , VIA MOBILE - PYMT , FP 02/12/23 10 , 64175703493078000N	-50	71501.4
04-Dec-23	JENNY TEUTEN , CC EXPENSES , VIA MOBILE - PYMT , FP 04/12/23 10 , 11172048841248000N	-49.38	71551.4
04-Dec-23	PAPADOPOULOS C M , TOTES BAGS SALES , FP 02/12/23 1801 , RP4679961611335100	20	71600.78
01-Dec-23	CG MASKELL , S6 INVOICE , VIA MOBILE - PYMT , FP 01/12/23 10 , 16144024194698000N	-500	71580.78
01-Dec-23	K LAVENDER-NEWS , MONTHLY WORK , VIA MOBILE - PYMT , FP 01/12/23 10 , 41144348994903000N	-324	72080.78
01-Dec-23	MEREDITH HUSEN , INVOICE 7 , VIA MOBILE - PYMT , FP 01/12/23 10 , 25144213864863000N	-135	72404.78
01-Dec-23	M NICHOLA , LONDON AUTISM , FP 01/12/23 0155 , 400000001253709909	10	72539.78
29-Nov-23	CHARITIES TRUST , CP15837	10	72529.78
28-Nov-23	1722 24NOV23 , L B SOUTHWARK - , INT , LONDON GB	-54	72519.78
28-Nov-23	PCC ST SEPULCHRE , LAGC , VIA MOBILE - PYMT , FP 28/11/23 10 , 46141326647633000N	-250	72573.78
27-Nov-23	VICTORIA THOMPSON , TORIA MONTH 5 , VIA MOBILE - PYMT , FP 27/11/23 10 , 43164557623015000N	-648	72823.78
23-Nov-23	Haye Independent S, INV-681 LAGCharity, VIA MOBILE - LVP , FP 22/11/23 10 , 15201749461430000N	-160	73471.78
20-Nov-23	RORY ATWELL , LAG CHARITY , VIA MOBILE - LVP , FP 20/11/23 10 , 23092923613026000N	-115	73631.78
16-Nov-23	CHARITIES TRUST , CP15837	100	73746.78
14-Nov-23	1722 13NOV23 , L B SOUTHWARK - , INT , LONDON GB	-36	73646.78
14-Nov-23	1722 13NOV23 , HTTPS://ISL , INGTON.CIVI , 0207527980 GB	-20	73682.78
14-Nov-23	NICKY FAWCITT , 091 , VIA MOBILE - PYMT , FP 14/11/23 10 , 40102849379330000N	-55	73702.78
14-Nov-23	S BUCKINGHAM , EWELINA4 , VIA MOBILE - PYMT , FP 14/11/23 10 , 02093054447794000N	-40	73757.78
13-Nov-23	SMITH P , PINNACLE GROUP , FP 12/11/23 0941 , RP4679968336768900	1400.2	73797.78
13-Nov-23	SMITH P , PINNACLE GROUP , FP 12/11/23 0940 , RP4679968336722000	2000	72397.61

06-Nov-23	1722 05NOV23 , AMAZON.CO.U , K*H23TP1644 , AMAZON.CO.UK GB	-10	70397.61
06-Nov-23	1722 05NOV23 , AMAZON.CO.U , K*H28XB56S4 , AMAZON.CO.UK GB	-20	70407.61
03-Nov-23	1722 02NOV23 , AMAZON.CO.U , K*H20JA9P34 , AMAZON.CO.UK GB CG Maskell , S41 Invoice , VIA MOBILE - PYMT , FP 03/11/23 10 ,	-23.02	70427.61
03-Nov-23	37151605796603000N S BUCKINGHAM , EWELINA3 , VIA MOBILE - PYMT , FP 03/11/23 10 ,	-250	70450.63
03-Nov-23	35151409217206000N	-40	70700.63
02-Nov-23	1722 01NOV23 , TEEMILL TECH LTD , FRESHWATER GB	-100	70740.63
02-Nov-23	1722 01NOV23 , TEEMILL TECH LTD , FRESHWATER GB ST MARY S CHURCH W , PR23063 , VIA MOBILE - PYMT , FP 02/11/23 10 ,	-100	70840.63
02-Nov-23	18165901999783000N K LAVENDER-NEWS , MONTHLY WORK , VIA MOBILE - PYMT , FP 02/11/23	-100	70940.63
02-Nov-23	10 , 30123331197641000N MEREDITH HUSEN , INVOICE 6 , VIA MOBILE - PYMT , FP 02/11/23 10 ,	-384	71040.63
02-Nov-23	04164939369533000N NATASHA KOEN , INVOICE 7 , VIA MOBILE - PYMT , FP 01/11/23 10 ,	-180	71424.63
01-Nov-23	61155630822340000N	-760	71604.63
01-Nov-23	M NICHOLA , LONDON AUTISM , FP 01/11/23 0151 , 400000001235306094	10	72364.63
31-Oct-23	1722 30OCT23 , AMZNMKTPLACE , AMAZON.CO.UK GB	-17	72354.63
31-Oct-23	1722 31OCT23 , AMZNMKTPLACE , AMAZON.CO.UK GB	-140.5	72371.63
31-Oct-23	1722 30OCT23 , WWW.SOLOPRESS.COM , SOUTHEND-ON-S GB	-82.97	72512.12
31-Oct-23	CHARITIES TRUST , CP15837 1722 29OCT23 , PODBEAN.COM , NEW YORK US , USD 108.00 , VRATE	10	72595.09
30-Oct-23	1.2095 , N-S TRN FEE 2.46 VICTORIA THOMPSON , TORIA MONTH 4 , VIA MOBILE - PYMT , FP 26/10/23	-91.75	72585.09
26-Oct-23	10 , 23105345374035000N PCC ST SEPULCHRE , LAGC , VIA MOBILE - PYMT , FP 26/10/23 10 ,	-828	72676.84
26-Oct-23	14134932103925000N	-250	73504.84
26-Oct-23	SUE PEACOCK SEND S , INVOICE 22/23 2391 , VIA MOBILE - PYMT	-30	73754.84
23-Oct-23	1722 21OCT23 , TEEMILL TECH LTD , FRESHWATER GB S BUCKINGHAM , EWELINA2 , VIA MOBILE - PYMT , FP 23/10/23 10 ,	-20.34	73784.84
23-Oct-23	56164135656084000N JENNY TEUTEN , CC EXPENSES , VIA MOBILE - PYMT , FP 22/10/23 10 ,	-40	73805.18
23-Oct-23	20162042025134000N	-58.3	73845.18
20-Oct-23	1722 18OCT23 , L B SOUTHWARK - , INT , LONDON GB	-72	73903.48
19-Oct-23	1722 18OCT23 , AMAZON.CO.U , K*H846F47W4 , AMAZON.CO.UK GB AMITY MILLER , SPONSORSHIP , VIA MOBILE - PYMT , FP 18/10/23 10 ,	-10	73975.48
18-Oct-23	48090904714839000N	-300	73985.48
18-Oct-23	STRIPE PAYMENTS UK , STRIPE , FP 18/10/23 0851 , PH737VTI1HM70YCA00	62.68	74285.48
17-Oct-23	CHARITIES TRUST , CP15837	100	74222.8
16-Oct-23	1722 12OCT23 , PAYPAL *NETTY , 35314369001 GB S Buckingham , Ewelina1 , VIA MOBILE - PYMT , FP 14/10/23 10 ,	-240	74122.8
16-Oct-23	29132528466500000N	-40	74362.8
09-Oct-23	1722 07OCT23 , AMAZON.CO.U , K*HT2KY7DV4 , AMAZON.CO.UK GB	-10	74402.8
09-Oct-23	1722 07OCT23 , AMAZON.CO.U , K*HT3R54D24 , AMAZON.CO.UK GB DAVID GRAY-HAMMOND , DNDC102303 , VIA MOBILE - PYMT , FP 09/10/23	-10	74412.8
09-Oct-23	10 , 06142745385802000N	-120	74422.8
05-Oct-23	STRIPE PAYMENTS UK , STRIPE , FP 05/10/23 0848 , PH737VTI1HM5CDM100	9.47	74542.8
02-Oct-23	1722 29SEP23 , TEEMILL TECH LTD , FRESHWATER GB	-16.34	74533.33
02-Oct-23	1722 29SEP23 , TEEMILL TECH LTD , FRESHWATER GB	-16.34	74549.67
02-Oct-23	1722 29SEP23 , TEEMILL TECH LTD , FRESHWATER GB PCC ST SEPULCHRE , LAGC , VIA MOBILE - PYMT , FP 02/10/23 10 ,	-17.76	74566.01
02-Oct-23	15171349736432000N NATASHA KOEN , INVOICE 6 , VIA MOBILE - PYMT , FP 02/10/23 10 ,	-250	74583.77
02-Oct-23	61171432784888000N	-635.2	74833.77

02-Oct-23	MEREDITH HUSEN , INVOICE 5 , VIA MOBILE - PYMT , FP 02/10/23 10 , 16171528970708000N	-90	75468.97
02-Oct-23	M NICHOLA , LONDON AUTISM , FP 02/10/23 0111 , 200000001208820970 K LAVENDER-NEWNS , Monthly work , VIA MOBILE - PYMT , FP 28/09/23 10 , 16185308194786000N	10	75558.97
29-Sep-23	VICTORIA THOMPSON , TORIA MONTH 3 , VIA MOBILE - PYMT , FP 28/09/23 10 , 52185153509269000N	-528	75548.97
29-Sep-23	ADYEN N.V. , TX36361255600XT KJ	-648	76076.97
28-Sep-23	CHARITIES TRUST , CP15837 Seabrook Rise Comm, Community Cafe , VIA MOBILE - PYMT , FP 26/09/23 10 , 12165757808786000N	21.34	76724.97
26-Sep-23	Nicky FAWCITT , 085 , VIA MOBILE - PYMT , FP 23/09/23 10 , 58155546122108000N	10	76703.63
25-Sep-23	RORY ATTWELL MUSIC, MUSIC THERAPY , VIA MOBILE - PYMT , FP 22/09/23 10 , 42193349569837000N	-200	76693.63
25-Sep-23	1722 20SEP23 , AMZNMKTPLACE , AMAZON.CO.UK GB DAVID GRAY-HAMMOND, DNDC092304 , VIA MOBILE - PYMT , FP 20/09/23 10 , 63111515925015000N	-80	76893.63
21-Sep-23	T Bullen , Cc Expenses , VIA MOBILE - PYMT , FP 17/09/23 10 , 37113634158766000N	-50	76973.63
20-Sep-23	ST ANDREWS CHURCH , 9018 , VIA MOBILE - PYMT , FP 15/09/23 10 , 26090030796077000N	-85.94	77023.63
18-Sep-23	1722 11SEP23 , AMAZON.CO.U , K*1434I50I4 , AMAZON.CO.UK GB	-200	77109.57
15-Sep-23	1722 10SEP23 , EBAY O*14-1 , 0519-85262 , LONDON GB C Christodoulou , Cc Expenses , VIA MOBILE - PYMT , FP 11/09/23 10 , 28162611785142000N	-4.95	77309.57
11-Sep-23	1722 06SEP23 , TEEMILL TECH LTD , FRESHWATER GB	-338.9	77314.52
07-Sep-23	ADYEN N.V. , TX35933930700XT J3	-10	77653.37
07-Sep-23	1722 03SEP23 , TEEMILL TECH LTD , FRESHWATER GB	-17.68	77663.37
04-Sep-23	1722 02SEP23 , AMAZON.CO.U , K*1U85P8L04 , AMAZON.CO.UK GB K LAVENDER-NEWNS , WORK 3 , VIA MOBILE - PYMT , FP 02/09/23 10 , 46160329015081000N	-8.95	77681.05
04-Sep-23	K LAVENDER-NEWNS , CC EXPENSES , VIA MOBILE - PYMT , FP 02/09/23 10 , 25193230129922000N	-17.5	77690
04-Sep-23	M NICHOLA , LONDON AUTISM , FP 01/09/23 0154 , 100000001191157842 NATASHA KOEN , INVOICE 5 , VIA MOBILE - PYMT , FP 31/08/23 10 , 32131440907473000N	18.4	77707.5
31-Aug-23	CHARITIES TRUST , CP15837	-100	77689.1
30-Aug-23	1722 27AUG23 , ZOOM.US , 888-799-9666 , SAN JOSE US VICTORIA THOMPSON , TORIA MONTH 2 , VIA MOBILE - PYMT , FP 29/08/23 10 , 05093354632007000N	-10	77789.1
29-Aug-23	STRIPE PAYMENTS UK, STRIPE , FP 29/08/23 0843 , PH737VTI1HM0LZSI00 DAVID GRAY-HAMMOND, DNDC072304 , VIA MOBILE - PYMT , FP 24/08/23 10 , 48125802335937000N	-348	77799.1
29-Aug-23	EASY FUNDRAISING , 264883 QUARTER 2 2 Rory Attwell Music, Music Therapy , VIA MOBILE - PYMT , FP 15/08/23 10 , 59180809297289000N	-7.62	78147.1
24-Aug-23	To A/C 58772510 , GORDON J , Via Mobile Xfer , T-shirt refund JG	10	78154.72
22-Aug-23	1722 06AUG23 , AMAZON.CO.U , K*1V5Y541Q4 , AMAZON.CO.UK GB 1722 06AUG23 , AMAZON.CO.U , K*1V0M791C4 , AMAZON.CO.UK GB	-822	78144.72
15-Aug-23	STRIPE PAYMENTS UK, STRIPE , FP 07/08/23 0842 , PH737VTI1HMXXZQP00	-143.9	78956.72
08-Aug-23	ADYEN N.V. , TX35218571900XT WI	-900	79100.6
07-Aug-23	STRIPE PAYMENTS UK, STRIPE , FP 03/08/23 0857 , PH737VTI1HMQLSO00 K LAVENDER-NEWNS , PRIDE EXPENSES , VIA MOBILE - PYMT , FP 01/08/23 10 , 58202921875933000N	19.2	80000.6
07-Aug-23	17.51	80021.4	
03-Aug-23	-50	80003.89	
03-Aug-23	-52	80053.89	
02-Aug-23	-10	80105.89	
	-10	80115.89	
	96.8	80125.89	
	52.67	80029.09	
	38.6	79976.42	
	-7.4	79937.82	

02-Aug-23	K LAVENDER-NEWS , WORK 2 , VIA MOBILE - PYMT , FP 02/08/23 10 , 01114943821508000N	-432	79945.22
01-Aug-23	NATASHA KOEN , INVOICE 4 , VIA MOBILE - PYMT , FP 01/08/23 10 , 30165557974466000N	-595.2	80377.22
01-Aug-23	M NICHOLA , LONDON AUTISM , FP 01/08/23 0154 , 100000001173600214	10	80972.42
31-Jul-23	1722 30JUL23 C , TESCO STORES 4693 , ESSEX GB	-5	80962.42
31-Jul-23	SOPHIE ROSLING , WOODFORD CC , VIA MOBILE - PYMT , FP 31/07/23 10 , 45175721180870000N	-16.98	80967.42
28-Jul-23	1722 27JUL23 , TEEMILL TECH LTD , FRESHWATER GB	-17.5	80984.4
28-Jul-23	1722 27JUL23 , TEEMILL TECH LTD , FRESHWATER GB	-19.63	81001.9
28-Jul-23	1722 27JUL23 , TEEMILL TECH LTD , FRESHWATER GB	-19.63	81021.53
28-Jul-23	1722 27JUL23 , TEEMILL TECH LTD , FRESHWATER GB	-19.63	81041.16
28-Jul-23	1722 27JUL23 , TEEMILL TECH LTD , FRESHWATER GB	-20.34	81060.79
28-Jul-23	1722 27JUL23 , TEEMILL TECH LTD , FRESHWATER GB	-17.5	81081.13
28-Jul-23	CHARITIES TRUST , CP15837	10	81098.63
27-Jul-23	ADYEN N.V. , TX35066765100XT WI	70.86	81088.63
26-Jul-23	1722 25JUL23 , WWW.SOLOPRESS.COM , SOUTHEND-ON-S GB	-29.59	81017.77
26-Jul-23	ADYEN N.V. , TX35013300700XT WI	70.86	81047.36
25-Jul-23	MEREDITH HUSEN , INVOICE 4 , VIA MOBILE - PYMT , FP 25/07/23 10 , 51101436946102000N	-45	80976.5
21-Jul-23	VICTORIA THOMPSON , TORIA MONTH 1 , VIA MOBILE - PYMT , FP 21/07/23 10 , 06145705258549000N	-720	81021.5
20-Jul-23	STRIPE PAYMENTS UK , STRIPE , FP 20/07/23 0839 , PH737VTI1HMVXYIR00 Victoria Thompson , Toria , VIA MOBILE - PYMT , FP 19/07/23 10 ,	9.5	81741.5
19-Jul-23	52124148959818000N	-27	81732
18-Jul-23	DAVID GRAY-HAMMOND , DNDC072304 , VIA MOBILE - PYMT , FP 18/07/23 10 , 03122737716945000N	-400	81759
17-Jul-23	1722 16JUL23 C , SUMUP *HOMECRAFT , HARWICH GB	-8.5	82159
17-Jul-23	1722 16JUL23 , AMAZON.CO.U , K*CI0TG5UL5 , AMAZON.CO.UK GB	-10	82167.5
17-Jul-23	TEUTEN J , J TEUTEN , FP 16/07/23 1631 , 735218811361617001 ACCOUNT CLOSURE , PCM55CI13007763 , THE CITIGATE COM ,	75	82177.5
13-Jul-23	MUNICATIONS GROU , CHAPS TFR	10306	82102.5
12-Jul-23	1722 11JUL23 , HTTPS://ISL , INGTON.CIVI , 0207527980 GB	-60	71796.87
12-Jul-23	1722 11JUL23 , TEEMILL TECH LTD , FRESHWATER GB	-100	71856.87
11-Jul-23	1722 10JUL23 , AMAZON.CO.U , K*4G6WW9EW5 , AMAZON.CO.UK GB	-20	71956.87
11-Jul-23	SUE PEACOCK SEND S , INVOICE 22/23 2199 , VIA MOBILE - PYMT CHRIS PAPADOPOULOS , SOUTHGATE CC , VIA MOBILE - PYMT , FP 09/07/23	-55	71976.87
10-Jul-23	10 , 12195951628616000N	-50	72031.87
07-Jul-23	NATASHA KOEN , INVOICE 3 , VIA MOBILE - PYMT , FP 07/07/23 10 , 36165336098026000N	-744.4	72081.87
03-Jul-23	CROWDFUNDER LTD , CROWDFUNDER LTD , FP 03/07/23 1613 , 10161327857897000N , FPOO FPID.PH737VHG , 0DUTVZYC0010202307, 03826203253	14	72826.27
03-Jul-23	M NICHOLA , LONDON AUTISM , FP 03/07/23 0117 , 500000001160176802	10	72812.27
29-Jun-23	CHARITIES TRUST , CP15837	10	72802.27
29-Jun-23	VARNAVAS PANAYIOTI , KYPROS LODGE , FP 29/06/23 1015 , FP23180007734054	365	72792.27
28-Jun-23	MEREDITH HUSEN , INVOICE 3 , VIA MOBILE - PYMT , FP 28/06/23 10 , 53165735020125000N	-180	72427.27
26-Jun-23	Sophie Rosling , Woodford CC , VIA MOBILE - PYMT , FP 25/06/23 10 , 36120045273169000N	-21.25	72607.27
22-Jun-23	FACEBOOK PAYOUT , PCM55CI12584105 , FACEBOOK PAYMENT , S INTERNATIONAL , CHAPS TFR	180	72628.52
21-Jun-23	1722 20JUN23 , WWW.SOLOPRESS.COM , SOUTHEND-ON-S GB	-80.39	72448.52

21-Jun-23	K LAVENDER-NEWNS , JOB , VIA MOBILE - PYMT , FP 20/06/23 10 , 37221044676509000N	-270	72528.91
15-Jun-23	STRIPE PAYMENTS UK, STRIPE , FP 15/06/23 0851 , PH737VTI1HMR9EV100 CHRIS PADOPOULOS, SOUTHGATE CC , VIA MOBILE - PYMT , FP 11/06/23	48.3	72798.91
12-Jun-23	10 , 59162014446734000N	-40	72750.61
09-Jun-23	1722 08JUN23 , PAYPAL *NETTY , 35314369001 GB	-170	72790.61
09-Jun-23	1722 08JUN23 , PAYPAL *NETTY , 35314369001 GB	-105	72960.61
08-Jun-23	1722 07JUN23 , DONATE VIA CAF , INTERNET GB	-40	73065.61
05-Jun-23	1722 02JUN23 , AMZNMKTPLACE , AMAZON.CO.UK GB	-232.3	73105.61
01-Jun-23	1722 31MAY23 , AMAZON.CO.U , K*SW4OE7K85 , AMAZON.CO.UK GB	-4.99	73337.91
01-Jun-23	M NICHOLA , LONDON AUTISM , FP 01/06/23 0204 , 300000001144918814 MEREDITH HUSEN , INVOICE 2 , VIA MOBILE - PYMT , FP 31/05/23 10 ,	10	73342.9
31-May-23	31175004229237000N	-225	73332.9
31-May-23	NATASHA KOEN , INVOICE 2 , VIA MOBILE - PYMT , FP 31/05/23 10 , 59175657881254000N	-850.5	73557.9
30-May-23	CHARITIES TRUST , CP15837	10	74408.4
23-May-23	AMITY MILLER , SPONSORSHIP , VIA MOBILE - PYMT , FP 23/05/23 10 , 06100355091857000N	-600	74398.4
23-May-23	CYPRLOT COMMUNITY , 9045 , VIA MOBILE - PYMT	-160	74998.4
22-May-23	SUE PEACOCK SEND S, INVOICE 20/21 1875, VIA MOBILE - PYMT	-15	75158.4
22-May-23	SUE PEACOCK SEND S, INVOICE 20/21 1780, VIA MOBILE - PYMT	-32.5	75173.4
22-May-23	SUE PEACOCK SEND S, INVOICE 20/21 1438, VIA MOBILE - PYMT	-20	75205.9
22-May-23	SUE PEACOCK SEND S, INVOICE 20/21 1598, VIA MOBILE - PYMT	-25	75225.9
19-May-23	AMAZON EUROPE CORE, 4536749955486976	188	75250.9
18-May-23	AIM , LAGC PRIDE TABLE , VIA MOBILE - PYMT , FP 18/05/23 10 , 49124338089265000N	-10	75062.9
17-May-23	1722 16MAY23 , ZURICH INSURANCE , CHICHESTER GB	-96	75072.9
12-May-23	1722 11MAY23 , TEEMILL TECH LTD , FRESHWATER GB , REFUND DAVID GRAY-HAMMOND, DNDC052302 , VIA MOBILE - PYMT , FP 10/05/23	100	75168.9
10-May-23	10 , 16161427400411000N	-240	75068.9
05-May-23	STRIPE PAYMENTS UK, STRIPE , FP 05/05/23 0851 , PH737VTI1HMLY6IO00 CROWDFUNDER LTD , CF-4774546 /PAYER , FP 04/05/23 0852 ,	6.38	75308.9
04-May-23	PH737VTI1HMLTANL00, ACC/AMJQAFFAYRJR8U, I	9.52	75302.52
02-May-23	1722 28APR23 , HTTPS://ISL , INGTON.CIVI , 0207527980 GB	-60	75293
02-May-23	1722 28APR23 , AMZNMKTPLACE , AMAZON.CO.UK GB	-4.99	75353
02-May-23	NATASHA KOEN , INVOICE 1 , VIA MOBILE - PYMT , FP 02/05/23 10 , 47142510130493000N	-193.3	75357.99
02-May-23	SUE PEACOCK SEND S, INVOICE 22/23 2112, VIA MOBILE - PYMT	-122.5	75551.29
02-May-23	SUE PEACOCK SEND S, INVOICE 20/21 1948, VIA MOBILE - PYMT	-7.5	75673.79
02-May-23	M NICHOLA , LONDON AUTISM , FP 02/05/23 0128 , 400000001129243725	10	75681.29
28-Apr-23	PCM55CI10235413 , PCMCHQC00133959 , GSLDGB2LXXX , URGENT TFR MEREDITH HUSEN , INVOICE 1 , VIA MOBILE - PYMT , FP 28/04/23 10 ,	-10000	75671.29
28-Apr-23	56144449207955000N	-45	85671.29
28-Apr-23	ST MARY S CHURCH W, PR23037 , VIA MOBILE - PYMT , FP 28/04/23 10 , 29143748015589000N	-75	85716.29
27-Apr-23	1722 26APR23 , CANVA* , I03767-27946501 , CAMDEN US	-10.99	85791.29
27-Apr-23	CHARITIES TRUST , CP15837	10	85802.28
26-Apr-23	K LAVENDER-NEWNS , JOB , VIA MOBILE - PYMT , FP 25/04/23 10 , 12192451713046000N	-258	85792.28
24-Apr-23	AMAZON EUROPE CORE, 4363598377373879	48.86	86050.28
19-Apr-23	1722 18APR23 , TEEMILL TECH LTD , FRESHWATER GB	-100	86001.42
18-Apr-23	STRIPE PAYMENTS UK, STRIPE , FP 18/04/23 0842 , PH737VTI1HMJJW5P00	241.3	86101.42

17-Apr-23	1722 14APR23 , PAYPAL *NETTY , 35314369001 GB	-100	85860.12
17-Apr-23	1722 14APR23 , PAYPAL *NETTY , 35314369001 GB	-100	85960.12
	CHRIS PAPADOPOULOS, SOUTHGATE CC , VIA MOBILE - PYMT , FP 10/04/23		
11-Apr-23	10 , 06085555470799000N	-10	86060.12
	JENNY TEUTEN , CC EXPENSES , VIA MOBILE - PYMT , FP 03/04/23 10 ,		
04-Apr-23	33201238017185000N	-2.7	86070.12
03-Apr-23	1722 02APR23 , AMAZON.CO.U , K*025H19165 , AMAZON.CO.UK GB	-43.99	86072.82
03-Apr-23	M NICHOLA , LONDON AUTISM , FP 03/04/23 0104 , 300000001111259457	10	86116.81
03-Apr-23	STRIPE PAYMENTS UK, STRIPE , FP 03/04/23 0844 , PH737VTI1HMHILEF00	839.55	86106.81

Approved by the Board of Trustees on 27<sup>th</sup> January, 2025.



Dr Chris Papadopoulos, Chair of Trustees

Independent Examiner's Report to the Trustees of London Autism Group Charity

Report on the Accounts for the period of 1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024

Examiner's responsibilities and basis of report

I report in respect of my examination of the accounts of London Autism Group Charity for the period 1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024, as set out in the attached statements. The charity's trustees are responsible for the preparation of the accounts and ensuring they comply with the law and regulations governing UK charities. My responsibility is to examine the accounts under section 145 of the Charities Act 2011 and to report if there are matters of concern to which attention should be drawn.

I conducted my examination in accordance with the guidance provided by the Charity Commission. An independent examination involves reviewing the accounting records kept by the charity and comparing the accounts presented with those records. It also includes considering whether the accounts represent a true and fair view of the charity's financial activities.

Based on my examination, I confirm that:

- I have not identified any matters that suggest the accounts do not comply with the requirements of the Charities Act 2011.
- In my opinion, the accounts give a true and fair view of the state of the charity's affairs as of the end of March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended.

Declaration

I am not disqualified from acting as an examiner and have no financial interest in or relationship with the charity that might affect my independence.

Signed:



Mr Antony Nichola

Date: 27/1/25

Address:

36 Barley Ponds Rd,  
Ware,  
SG12 7EZ,  
UK

**LONDON AUTISM GROUP CHARITY**

England & Wales - Charity number 1176341

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# Accounts

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## **Charity trustees' annual report - London Autism Group Charity**

**1<sup>st</sup> April 2022 - 31<sup>st</sup> March 2023**

Your charity's name: London Autism Group Charity

Registration number: 1176341

Address: 66 Chase Way, London, N14 5DG.

Trustee names: Dr Chris Papadopoulos (Chair), James Gordon, Emma Lazenby, Marianna Dean, Gabrielle Nwaordu

Its structure and details of how it is managed, including how it recruits trustees:

The trustees follow and abide to the Charity's Governing Document which is based on the Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees ('Foundation' model constitution).

The appointment of new charity trustees follows the following rules:

(1) Apart from the first charity trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees.

(2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Its activities and objectives in the year:

Our activities this year have been aligned with our overall charity objective which is 'to relieve the needs of individuals in London (and surrounding counties) with a formal diagnosis of autism spectrum disorder, and their family carers, by the provision of information and support'.

We believe we can achieve this objective by conducting activities related to the following goals:

- To provide support for autistic people and/or their family carers living in London or surrounding counties
- To promote social inclusion of autistic people and family carers.
- To promote social awareness and acceptance of autism and to reduce autism stigma and discrimination
- To advance the mental and physical health and wellbeing of autistic people and family carers

Its achievements and performance, including reporting on its public benefit:

In the past year, we have conducted the following successful and impactful activities:

1. Continued management of the London Autism Group. The London Autism Group is a private Facebook group aimed at supporting anyone whose lives have been influenced by autism and reside in or near to London. As of the end of March 2023, we had approximately 3152 members. The group is extremely popular and active, with 2487 of the 3152 members

being 'active' on the group in the past month (i.e. they have read or interacted with posts). Also, each month, we receive over 55,000 views on posts made. The group consists of a wide and balanced socio-demographic and includes members who identify as autistic, family carers, health and social care professionals, scientists/researchers and more.

2. The Autism Podcast: The Autism Podcast continues to be extremely successful and impactful. The aim of the podcast is 'to improve our understanding of autism, boost acceptance, reduce autism stigma, and generate impactful, transformative ideas ranging from practical everyday advice to thoughts on policy, practice, and wider socio-cultural challenges.' We have released several new episodes during this period with a wide range of guests and impactful topics. Our statistics continue to rise; we now have almost 75,000 downloads and a growing membership. We appear among the first results listings when the word 'autism' is searched for in most podcast apps (including Apple Podcasts). We also appear among the top Google listings when 'Autism podcast' is searched for. We have also been listed in many 'top autism podcasts' lists (e.g. [https://blog.feedspot.com/autism\\_podcasts/](https://blog.feedspot.com/autism_podcasts/)). Overall, we are confident that our podcast is among the most listened to autism-related podcasts in the world and continues to create considerable impact.
3. Community Cafés: During this period we also expanded our portfolio of monthly in-person Community Cafe/drop-in scheme which has been highly impactful. During this period, continued to run our Southgate community café every month, between 1pm and 3pm at the fantastic St Andrew's Church Hall in Southgate, N14 5PP. However, we have created a community café in Ealing at the lovely St Andrews Church, Mount Park Road, London W5 2RS. It is held on the first Saturday of every month at 1:30pm-3:30pm. We also launched one in Old Street, Islington. The venue for this is the Vibast Community Centre, 167 Old Street, London EC1V 9NH. It is held on the third Sunday of every month at 11am-1pm. Finally, we also launched a new community café in Wood Green at the Cypriot Community Centre (Earlham Grove, Wood Green, London N22 5HJ). All three new community cafes had public launch events for which we invited local councillors, MPs and local members of the autistic and wider autism community to attend. These events were covered by journalists in local media in order to boost community awareness. As always, the entire Autistic community are welcome to these events. This includes autistic people and carers, and there no official diagnosis or pre-registration is necessary. People can just come on in, relax, have a hot drink and some biscuits, meet others and, ultimately, build crucial social capital. They are also fully accessible and mindful and sensitive of sensory processing differences among members.
4. Autistic led expert mental health, wellbeing and identity support: A significant activity that has continued this year has been the funding and commissioning of autistic professionals in mental health and autistic identity to support Autistic people and Carers that come to us in crisis. Through our network of expert contacts we can book specialised sessions that support specific areas of Mental Health in unique and effective ways. Because of our knowledge of Autistic lived experience, we can recognise the problems and direct people to the correct professionals. Many of the

professionals we work with are Autistic themselves, and therefore offer specialist support that is in very short supply.

5. New monthly live radio show titled 'All About Autism' – In August 2022, the charity launched a new monthly live radio show 'All About Autism' on London Greek Radio. This initiative plays a crucial role in raising understanding and acceptance about autism in the Greek and Greek Cypriot communities where certain types of cultural stigma exist, but also to other communities who can access the show (103.3 fm and digital access). Each episode focuses on various aspects of autism, providing valuable insights and education to listeners. The show also served as a platform for sharing experiences and fostering a deeper understanding of autism, reinforcing our commitment to supporting the autistic community and their families. All three of the co-hosts are neurodivergent.
6. Website: We have continued to improve our website in the past year (londonautismgroupcharity.org) which details our charity's mission and values, the work that we do, and how to get in touch. As can be seen on the 'What We Do' page (<https://www.londonautismgroupcharity.org/what-we-do>), we have also produced several accessible maps that users can gain information about legal services, services, schools and more. These maps have been accessed more than 50,300 times.
7. London Autism Befriending scheme: Our befriending scheme for autistic adults and the wider autism community continued to develop and is running very successfully. The scheme provides provide friendship for people (16yrs+) living in London and surrounding counties including autistic people, parents and family carers. The scheme to support people's mental health and reduce feelings of loneliness which is particularly important given the times we live in. It involves people being paired with one of our charity volunteers who make contact via whatsapp and, if you wish, 1-1 conversations over Zoom.
8. Workshops and training: We have facilitated a range of different free workshops for the community to support their wellbeing including training events for healthcare students and workplace staff, school students and SEND teachers
9. Supporting research – we have supported multiple research studies by (a) advising researchers on how to work with the community and (b) enabling researchers to access the autism community.
10. London Autism Sibling Support Group: We have continued to provide our monthly support group specifically for siblings of autistic people. The support group aims to give a safe space for members to share experiences, connect and get advice and support
11. Neurodiversity articles: We have published several articles pertaining to neurodiversity and other themes related to our charitable objectives
12. Supporting new autistic advocates: We continue to sponsor young autistic people to achieve their aspirations (My Autistic Sparkle)
13. Community livestreams: In April, the charity expanded its online presence by co-hosting a live stream event with Dr. Chloe Farahar and Bobbi Elman from Aucademy. This session provided an invaluable opportunity to delve into educational topics related to autism, fostering a deeper understanding among our audience. The event demonstrated our

commitment to embracing innovative approaches for autism education and supporting our community through diverse platforms.

14. The Autism Show: We paid for a stand to provide information to the community about our services at the annual Autism Show event at the Excel Centre.
15. Annual newsletter: We published our annual 2022 newsletters for continued transparency to the community on what we have been doing to support the autism community: 2022:  
[https://www.londonautismgroupcharity.org/\\_files/ugd/96ec05\\_6dce4482f8b74adf89ed69678cfe6b09.pdf](https://www.londonautismgroupcharity.org/_files/ugd/96ec05_6dce4482f8b74adf89ed69678cfe6b09.pdf)

A financial review including any debts and details of your reserves policy (if applicable):

The Charity has raised **£88051** in funds and has spent **£7983**.

Current balance as of end of March 2023 is **£85267**

Details of any funds held as a custodian trustee: n/a

Date	Description Summary	Value	Balance
			5202.3
04/04/2022	STRIPE PAYMENTS UK, STRIPE	2.72	8
			5302.3
05/04/2022	FACEBOOK PAYOUT , PCM55CI04378781	100	8
			5286.6
11/04/2022	4228 10APR22 C ,	-15.75	3
			5071.6
19/04/2022	4228 14APR22 , PAYPAL	-180	3
			4976.6
19/04/2022	4228 14APR22 , PAYPAL	-95	3
			5251.6
19/04/2022	4228 14APR22 , PAYPAL	-35	3
			4796.6
19/04/2022	4228 14APR22 , PAYPAL	-60	3
			4676.6
19/04/2022	4228 14APR22 , PAYPAL	-120	3
			4856.6
19/04/2022	4228 14APR22 , PAYPAL	-120	3
			4811.6
20/04/2022	FACEBOOK PAYOUT , PCM55CI04627576	135	3
05/05/2022	STRIPE PAYMENTS UK, STRIPE	485.3	5296.9

			3
09/05/2022	AMAZON EUROPE CORE, 8766574589864776	84.54	5381.47
			5405.5
13/05/2022	STRIPE PAYMENTS UK, STRIPE	24.07	4
			5473.1
16/05/2022	STRIPE PAYMENTS UK, STRIPE	67.57	1
			5316.1
17/05/2022	1722 16MAY22 , ZURICH	-157	1
			5335.1
19/05/2022	4228 17MAY22 , PAYPAL	-175	1
			5275.1
19/05/2022	4228 17MAY22 , PAYPAL	-60	1
			5510.1
19/05/2022	STRIPE PAYMENTS UK, STRIPE	194	1
			4716.6
19/05/2022	4228 17MAY22 , PAYPAL	-60	1
			4776.6
19/05/2022	4228 17MAY22 , PAYPAL	-498.5	1
			4881.6
06/06/2022	FACEBOOK PAYOUT , PCM55CI05455147	165	1
			4879.0
13/06/2022	1722 12JUN22 , ASDA	-2.54	7
			4449.0
20/06/2022	6056 19JUN22 D , PAYPAL , *PETITTRESO	-60	7
			4509.0
20/06/2022	6056 16JUL22 D , PAYPAL *NETTY	-130	7
			4639.0
20/06/2022	6056 16JUL22 D , PAYPAL *NETTY	-180	7
			4819.0
20/06/2022	6056 16JUL22 D , PAYPAL *NETTY	-60	7
		24484	28933.
27/06/2022	UDG HEALTHCARE IRE, UDG	.1	17
			28878.
18/07/2022	1722 16JUL22 , WWW.SOLOPRESS.COM	-54.31	86
			28822.
18/07/2022	1722 16JUL22 , WWW.SOLOPRESS.COM	-56.77	09
	6056 16JUL22 D , PAYPAL *NETTY ,		28582.
18/07/2022	35314369001 GB	-240	09
	6056 16JUL22 D , PAYPAL *NETTY ,		28282.
18/07/2022	35314369001 GB	-240	09
			28202.
18/07/2022	1722 16JUL22 , WWW.SOLOPRESS.COM	-80	09
			28522.
18/07/2022	1722 16JUL22 , WWW.SOLOPRESS.COM	-60	09
			28191.
21/07/2022	6056 20JUL22 D , PAYPAL *R ELMAN	-45	24
			28236.
21/07/2022	6056 20JUL22 D , PAYPAL *R ELMAN	-45	24
			28281.
21/07/2022	STRIPE PAYMENTS UK, STRIPE	79.15	24
			28177.
15/08/2022	1722 14AUG22 C ,	-13.44	8
16/08/2022	AMAZON EUROPE CORE,	79.85	28257.

	8547449345939836		65
			28227.
22/08/2022	1722 18AUG22 , PAYPAL	-30	65
			28387.
23/08/2022	FACEBOOK PAYOUT , PCM55CI06912671	160	65
			28426.
23/08/2022	EASY FUNDRAISING , 264883	38.48	13
		-	
		143.8	28282.
30/08/2022	1722 29AUG22 , ZOOM.US	8	25
			28292.
31/08/2022	CHARITIES TRUST , CP15837	10	25
			28232.
01/09/2022	1722 30AUG22 , PAYPAL	-60	25
			28218.
06/09/2022	1722 05SEP22 C , TESCO STORES 5985	-6	36
			28224.
06/09/2022	1722 05SEP22 C , TESCO STORES 5985	-7.89	36
			28175.
07/09/2022	1722 07SEP22 , AMZNMKTPLACE	-42.97	39
			28159.
08/09/2022	1722 07SEP22 , AMZNMKTPLACE	-15.99	4
			28156.
12/09/2022	1722 11SEP22 C , ASDA SUPERSTORE	-2.6	8
			28153.
12/09/2022	1722 11SEP22 C , ASDA SUPERSTORE	-3.7	1
			28102.
27/09/2022	1722 26SEP22 , AMZNMKTPLACE	-50.97	13
			28181.
28/09/2022	STRIPE PAYMENTS UK, STRIPE	79.15	28
			27901.
30/09/2022	1722 29SEP22 , PAYPAL *NETTY	-140	28
			28041.
30/09/2022	1722 29SEP22 , PAYPAL *NETTY	-150	28
			28191.
30/09/2022	CHARITIES TRUST , CP15837	10	28
			27885.
03/10/2022	1722 01OCT22 , AMZNMKTPLACE	-15.99	29
			27783.
11/10/2022	1722 10OCT22 , INFORM	-101.4	89
			27734.
13/10/2022	1722 12OCT22 , AMZNMKTPLACE	-15.38	53
			27749.
13/10/2022	1722 12OCT22 , AMAZON.CO.U	-33.98	91
			27589.
14/10/2022	1722 12OCT22 , AMZNMKTPLACE	-7.99	08
			27683.
14/10/2022	1722 13OCT22 , WWW.SOLOPRESS.COM	-50.8	73
			27667.
14/10/2022	1722 13OCT22 , WWW.SOLOPRESS.COM	-16.7	03
			27584.
14/10/2022	1722 12OCT22 , AMZNMKTPLACE	-4.99	09
			27597.
14/10/2022	1722 13OCT22 , AMZNMKTPLACE	-21.99	07

14/10/2022	1722 13OCT22 , AMZNMKTPLACE	-47.97	27619.06
17/10/2022	1722 14OCT22 , AMZNMKTPLACE	-13.9	27570.19
27/10/2022	1722 26OCT22 , AMAZON.CO.U	-12.99	27557.2
28/10/2022	1722 26OCT22 , AMZNMKTPLACE	-9.99	27547.21
31/10/2022	1722 29OCT22 , PODBEAN.COM	-96.47	27460.74
31/10/2022	CHARITIES TRUST , CP15837	10	27557.21
01/11/2022	M NICHOLA , LONDON	10	27470.74
03/11/2022	STRIPE PAYMENTS UK, STRIPE	19.22	27489.96
10/11/2022	1722 08NOV22 , PAYPAL	-240	27189.96
10/11/2022	1722 08NOV22 , PAYPAL	-60	27429.96
14/11/2022	1722 13NOV22 , AMZNMKTPLACE	-43.98	27129.49
14/11/2022	1722 13NOV22 , AMAZON.CO.U	-16.49	27173.47
15/11/2022	1722 14NOV22 , WWW.SOLOPRESS.COM	-50.8	27174.13
15/11/2022	1722 14NOV22 , AMZNMKTPLACE	-15.99	27158.14
15/11/2022	AMAZON EUROPE CORE, 9779689689967447	95.44	27224.93
		-	
18/11/2022	1722 17NOV22 , AMZNMKTPLACE	170.9	26987.16
		8	26968.
21/11/2022	1722 20NOV22 , AMAZON.CO.U	-18.6	26987.56
22/11/2022	EASY FUNDRAISING , 264883	18.47	26987.03
23/11/2022	STRIPE PAYMENTS UK, STRIPE	19.22	27006.25
28/11/2022	STRIPE PAYMENTS UK, STRIPE	24.07	27030.32
29/11/2022	1722 28NOV22 , PAYPAL	-180	26850.32
01/12/2022	M NICHOLA , LONDON	10	26860.32
02/12/2022	1722 01DEC22 , PAYPAL	-100	26760.32
06/12/2022	STRIPE PAYMENTS UK, STRIPE	38.44	26798.76
08/12/2022	STRIPE PAYMENTS UK, STRIPE	38.64	26837.4
09/12/2022	1722 08DEC22 , HTTPS://ISL	-20	27009.2
09/12/2022	STRIPE PAYMENTS UK, STRIPE	191.8	27029.

			2
			27106.
12/12/2022	STRIPE PAYMENTS UK, STRIPE	96.9	1
			26606.
12/12/2022	1722 09DEC22 , PAYPAL	-500	1
			26638.
13/12/2022	STRIPE PAYMENTS UK, STRIPE	28.93	7
			26609.
13/12/2022	CROWDFUNDER LTD , CF-4040720	3.67	77
			26657.
15/12/2022	STRIPE PAYMENTS UK, STRIPE	19.22	92
			26544.
19/12/2022	1722 14DEC22 , PAYPAL	-80	92
			26624.
19/12/2022	1722 15DEC22 , PAYPAL	-33	92
		182.8	26970.
21/12/2022	FACEBOOK PAYOUT , IBCSE2I22279206	8	86
		243.0	26787.
21/12/2022	FACEBOOK PAYOUT , PCM55CI09232146	6	98
			26980.
23/12/2022	CHARITIES TRUST , CP15837	10	86
			27174.
29/12/2022	STRIPE PAYMENTS UK, STRIPE	194	86
			28145.
03/01/2023	STRIPE PAYMENTS UK, STRIPE	970.8	66
			28155.
03/01/2023	M NICHOLA , LONDON	10	66
			28129.
04/01/2023	1722 04JAN23 , AMZNMKTPLACE	-35.99	18
			28165.
04/01/2023	STRIPE PAYMENTS UK, STRIPE	9.51	17
		169.7	28298.
05/01/2023	FACEBOOK PAYOUT , IBCSE2I22321422	7	95
		-	
		166.6	28132.
06/01/2023	1722 04JAN23 , AMZNMKTPLACE	9	26
			28071.
09/01/2023	1722 05JAN23 , PAYPAL	-50	76
			28121.
09/01/2023	1722 08JAN23 C ,	-10.5	76
			28024.
23/01/2023	1722 21JAN23 , AMZNMKTPLACE	-8.99	39
			28033.
23/01/2023	1722 21JAN23 , PAYPAL	-9.4	38
			28042.
23/01/2023	1722 22JAN23 , AMZNMKTPLACE	-28.98	78
			28004.
24/01/2023	1722 23JAN23 , HTTPS://ISL	-20	39
			28013.
25/01/2023	STRIPE PAYMENTS UK, STRIPE	9.51	9
	CAFGYE21000806659 ,		28033.
26/01/2023	GYE21000806659	9.6	01
			28023.
26/01/2023	STRIPE PAYMENTS UK, STRIPE	9.51	41

			27938.
30/01/2023	1722 27JAN23 , WWW.SOLOPRESS.COM	-43.67	54
			27982.
30/01/2023	1722 27JAN23 , WWW.SOLOPRESS.COM	-50.8	21
	AMAZON EUROPE CORE,	109.3	28607.
31/01/2023	6399545693483546	5	89
			28498.
31/01/2023	CHARITIES TRUST , CP15837	10	54
			28488.
31/01/2023	POWER3 T/AS , ORSI	550	54
			28617.
01/02/2023	M NICHOLA , LONDON	10	89
			29117.
01/02/2023	CAF2301273025CF , 2301273025CF	500	89
			29057.
08/02/2023	1722 06FEB23 , PAYPAL	-60	89
			28987.
13/02/2023	1722 10FEB23 , AMZNMKTPLACE	-56.96	56
			29044.
13/02/2023	CHRIS PAPADOPOULOS, SOUTHGATE CC	-22.88	52
			29067.
13/02/2023	STRIPE PAYMENTS UK, STRIPE	9.51	4
		-	
		338.8	28689.
14/02/2023	ST ANDREWS CHURCH ,	5	16
			29028.
14/02/2023	EASY FUNDRAISING , 264883	40.45	01
			28698.
15/02/2023	STRIPE PAYMENTS UK, STRIPE	9.51	67
			28458.
16/02/2023	1722 14FEB23 , PAYPAL	-60	67
			28518.
16/02/2023	1722 14FEB23 , PAYPAL	-180	67
			28398.
16/02/2023	1722 14FEB23 , PAYPAL	-60	67
			48398.
17/02/2023	PCM55CI10235458	10000	67
			38398.
17/02/2023	PCM55CI10235458	10000	67
			48211.
20/02/2023	1722 18FEB23 , AMZNMKTPLACE	-63.46	02
			48274.
20/02/2023	1722 19FEB23 C ,	-9.3	48
		-	
		106.0	48283.
20/02/2023	1722 18FEB23 , AMZNMKTPLACE	1	78
			48389.
20/02/2023	JENNY TEUTEN , CC	-8.88	79
			48220.
24/02/2023	STRIPE PAYMENTS UK, STRIPE	9.51	53
			48180.
24/02/2023	1722 23FEB23 , HTTPS://ISL	-40	53
			48200.
27/02/2023	CHARITIES TRUST , CP15837	20	53

27/02/2023	CAFGYE21000806659 , GYE21000806659	9.6	48210. 13
27/02/2023	1722 24FEB23 , WWW.SOLOPRESS.COM	-45.67	48164. 46
01/03/2023	M NICHOLA , LONDON	10	48174. 46
06/03/2023	STRIPE PAYMENTS UK, STRIPE	485.3	48659. 76
07/03/2023	GEORGIA ROSE , SENT	250	48909. 76
09/03/2023	FACEBOOK PAYOUT , PCM55CI10611886	183.0 7	49092. 83
15/03/2023	DAVID GRAY-HAMMOND, LAGCHARITY ,	-80	48957. 86
15/03/2023	DAVID GRAY-HAMMOND, DNDC032310 ,	-240	49037. 86
15/03/2023	JENNY TEUTEN , CC	-46.97	49277. 86
15/03/2023	PAYPAL , PPWDL5UV22223ZSXDL, FP	232	49324. 83
17/03/2023	1722 15MAR23 , PAYPAL	-125	48832. 86
17/03/2023	1722 15MAR23 , PAYPAL	-100	48732. 86
20/03/2023	PAYPAL PAYMENT , 5UV22228YW9HS	-240	48492. 86
22/03/2023	1722 21MAR23 , AMAZON.CO.U	-43.99	48565. 47
22/03/2023	1722 21MAR23 , AMAZON.CO.U	-43.99	48609. 46
22/03/2023	FACEBOOK PAYOUT , PCM55CI10845657	160.5 9	48653. 45
23/03/2023	STRIPE PAYMENTS UK, STRIPE	145.0 6	48710. 53
24/03/2023	SOPHIA CHRISTOPHI , CC	-35	85278. 25
24/03/2023	To A/C 58772510 ,	-62.28	85313. 25
24/03/2023	UDG HEALTHCARE IRE, UDG	36665	85375. 53
27/03/2023	1722 26MAR23 , CANVA*	-10.99	85267. 26





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### POS

Description

STRIPE PAYMENTS UK, STRIPE , FP 04/04/22 0846 , PH737VTI1HM6093G00  
FACEBOOK PAYOUT , PCM55CI04378781 , FACEBOOK PAYMENT , S INTERNATIONAL , CHAPS TFR  
4228 10APR22 C , ASDA SUPERSTORE , S'GATE CIRCUS GB  
4228 14APR22 , PAYPAL \*NETTY , 35314369001 GB  
4228 14APR22 , PAYPAL \*NETTY , 35314369001 GB  
4228 14APR22 , PAYPAL , \*PETITTRESOI , 35314369001 GB  
4228 14APR22 , PAYPAL \*NETTY , 35314369001 GB  
4228 14APR22 , PAYPAL \*NETTY , 35314369001 GB  
4228 14APR22 , PAYPAL \*NETTY , 35314369001 GB  
FACEBOOK PAYOUT , PCM55CI04627576 , FACEBOOK PAYMENT , S INTERNATIONAL , CHAPS TFR  
STRIPE PAYMENTS UK, STRIPE , FP 05/05/22 0839 , PH737VTI1HM9OWHC00  
AMAZON EUROPE CORE, 8766574589864776  
STRIPE PAYMENTS UK, STRIPE , FP 13/05/22 0838 , PH737VTI1HMAU4H900  
STRIPE PAYMENTS UK, STRIPE , FP 16/05/22 0846 , PH737VTI1HMB0GN400  
1722 16MAY22 , ZURICH INSURANCE , CHICHESTER GB  
4228 17MAY22 , PAYPAL \*NETTY , 35314369001 GB  
4228 17MAY22 , PAYPAL \*NETTY , 35314369001 GB  
4228 17MAY22 , PAYPAL \*NETTY , 35314369001 GB  
4228 17MAY22 , PAYPAL \*NETTY , 35314369001 GB  
STRIPE PAYMENTS UK, STRIPE , FP 19/05/22 0842 , PH737VTI1HMBK28S00  
FACEBOOK PAYOUT , PCM55CI05455147 , FACEBOOK PAYMENT , S INTERNATIONAL , CHAPS TFR  
1722 12JUN22 , ASDA SUPERSTORE , S'GATE CIRCUS GB  
6056 19JUN22 D , PAYPAL , \*PETITTRESOI , 35314369001 GB  
6056 19JUN22 D , PAYPAL \*NETTY , 35314369001 GB  
6056 19JUN22 D , PAYPAL \*NETTY , 35314369001 GB  
6056 19JUN22 D , PAYPAL \*NETTY , 35314369001 GB  
UDG HEALTHCARE IRE, UDG HEALTHCARE IRE, FP 25/06/22 0730 , 22071519257520000J, UDG HEALTHCARE IRE  
6056 16JUL22 D , PAYPAL \*NETTY , 35314369001 GB  
6056 16JUL22 D , PAYPAL \*NETTY , 35314369001 GB  
6056 16JUL22 D , PAYPAL \*NETTY , 35314369001 GB  
6056 16JUL22 D , PAYPAL \*NETTY , 35314369001 GB  
1722 16JUL22 , WWW.SOLOPRESS.COM , SOUTHEND-ON-S GB  
1722 16JUL22 , WWW.SOLOPRESS.COM , SOUTHEND-ON-S GB  
6056 20JUL22 D , PAYPAL \*R ELMAN , 35314369001 GB  
6056 20JUL22 D , PAYPAL \*R ELMAN , 35314369001 GB  
STRIPE PAYMENTS UK, STRIPE , FP 21/07/22 0851 , PH737VTI1HMJJ61I00  
1722 14AUG22 C , ASDA SUPERSTORE , S'GATE CIRCUS GB  
AMAZON EUROPE CORE, 8547449345939836  
1722 18AUG22 , PAYPAL , \*PETITTRESOI , 35314369001 GB  
EASY FUNDRAISING , 264883 Q2 2022  
FACEBOOK PAYOUT , PCM55CI06912671 , FACEBOOK PAYMENT , S INTERNATIONAL , CHAPS TFR  
1722 29AUG22 , ZOOM.US , 888-799-9666 , SAN JOSE US  
CHARITIES TRUST , CP15837  
1722 30AUG22 , PAYPAL , \*PETITTRESOI , 35314369001 GB  
1722 05SEP22 C , TESCO STORES 5985 , LONDON GB  
1722 05SEP22 C , KFC - SOUTHGATE , LONDON GB  
1722 07SEP22 , AMZNMKTPLACE , AMAZON.CO.UK GB  
1722 07SEP22 , AMZNMKTPLACE , AMAZON.CO.UK GB  
1722 11SEP22 C , ASDA SUPERSTORE , S'GATE CIRCUS GB  
1722 11SEP22 C , ASDA SUPERSTORE , S'GATE CIRCUS GB  
1722 26SEP22 , AMZNMKTPLACE , AMAZON.CO.UK GB  
STRIPE PAYMENTS UK, STRIPE , FP 28/09/22 0854 , PH737VTI1HMSKOZ900

1722 29SEP22 , PAYPAL \*NETTY , 35314369001 GB  
1722 29SEP22 , PAYPAL \*NETTY , 35314369001 GB  
CHARITIES TRUST , CP15837  
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1722 10OCT22 , INFORM PRINTED , SOLUTIO , SWAFFHAM GB  
1722 12OCT22 , AMZNMKTPLACE , AMAZON.CO.UK GB  
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1722 14OCT22 , AMZNMKTPLACE , AMAZON.CO , AMAZON.CO.UK GB  
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AMAZON EUROPE CORE, 6399545693483546  
CHARITIES TRUST , CP15837  
POWER3 T/AS , ORSI PRODUCTIONS , FP 31/01/23 1329 , RP4659980391254500  
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M NICHOLA , LONDON AUTISM , FP 01/02/23 0158 , 200000001069779758  
1722 06FEB23 , PAYPAL , \*CHRISPAPS26 , 35314369001 GB  
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CHRIS PAPADOPOULOS, SOUTHGATE CC , VIA MOBILE - LVP , FP 12/02/23 10 , 49200434827928000N  
STRIPE PAYMENTS UK, STRIPE , FP 13/02/23 0852 , PH737VTI1HMB35VQ00  
ST ANDREWS CHURCH , 9018 , VIA MOBILE - LVP , FP 14/02/23 10 , 19173805148356000N  
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PER YOUR REQUEST , PCM55CI10235458 , (GS) GOLDMAN SAC , HS GIVES (UK) PL , CHAPS TFR  
PER YOUR REQUEST , PCM55CI10235413 , (GS) GOLDMAN SAC , HS GIVES (UK) PL , CHAPS TFR  
1722 18FEB23 , AMZNMKTPLACE , AMAZON.CO.UK GB  
1722 19FEB23 C , CO-OP GROUP 070789, SHOREDITCH (S GB  
1722 18FEB23 , AMZNMKTPLACE , AMAZON.CO.UK GB  
JENNY TEUTEN , CC EXPENSES , VIA MOBILE - LVP , FP 18/02/23 10 , 04111715623068000N  
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M NICHOLA , LONDON AUTISM , FP 01/03/23 0206 , 600000001088977864  
STRIPE PAYMENTS UK, STRIPE , FP 06/03/23 0859 , PH737VTI1HME0ZMT00  
GEORGIA ROSE , SENT FROM MONZO , FP 06/03/23 2224 , PLORI503A57CD9DAEA  
FACEBOOK PAYOUT , PCM55CI10611886 , FACEBOOK PAYMENT , S INTERNATIONAL , CHAPS TFR  
DAVID GRAY-HAMMOND, LAGCHARITY , VIA MOBILE - LVP , FP 14/03/23 10 , 40183531668685000N  
DAVID GRAY-HAMMOND, DNDC032310 , VIA MOBILE - LVP , FP 15/03/23 10 , 39164832308949000N  
JENNY TEUTEN , CC EXPENSES , VIA MOBILE - LVP , FP 14/03/23 10 , 64222705114546000N  
PAYPAL , PPWDL5UV22223ZSXL , FP 15/03/23 1624 , PPWD100000000JWP89  
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1722 21MAR23 , AMAZON.CO.U , K\*XK8SU9NZ5 , AMAZON.CO.UK GB  
1722 21MAR23 , AMAZON.CO.U , K\*2T9Y79S05 , AMAZON.CO.UK GB

FACEBOOK PAYOUT , PCM55CI10845657 , FACEBOOK PAYMENT , S INTERNATIONAL , CHAPS TFR  
STRIPE PAYMENTS UK, STRIPE , FP 23/03/23 0848 , PH737VTI1HMG8AO600  
SOPHIA CHRISTOPHI , CC EXPENSES , VIA MOBILE - PYMT , FP 23/03/23 10 , 15225627492989000N  
To A/C 58772510 , GORDON J , Via Mobile Xfer , CC Musical toys  
UDG HEALTHCARE IRE, UDG HEALTHCARE IRE, FP 24/03/23 0240 , 56023119111530000J, UDG HEALTHCARE IRE  
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Value	Balance	Account Name	Account Number
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-10.99	85267.26	LONDON AUTISM GROUP	515000-66059313

Independent Examiner's Report to the Trustees of London Autism Group Charity

Report on the Accounts for the period of 1<sup>st</sup> April 2022 to 31<sup>st</sup> March 2023

Examiner's responsibilities and basis of report

I report in respect of my examination of the accounts of London Autism Group Charity for the period 1<sup>st</sup> March 2022 to 31<sup>st</sup> April 2023, as set out in the attached statements. The charity's trustees are responsible for the preparation of the accounts and ensuring they comply with the law and regulations governing UK charities. My responsibility is to examine the accounts under section 145 of the Charities Act 2011 and to report if there are matters of concern to which attention should be drawn.

I conducted my examination in accordance with the guidance provided by the Charity Commission. An independent examination involves reviewing the accounting records kept by the charity and comparing the accounts presented with those records. It also includes considering whether the accounts represent a true and fair view of the charity's financial activities.

Based on my examination, I confirm that:

- I have not identified any matters that suggest the accounts do not comply with the requirements of the Charities Act 2011.
- In my opinion, the accounts give a true and fair view of the state of the charity's affairs as of the end of April 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended.

Declaration

I am not disqualified from acting as an examiner and have no financial interest in or relationship with the charity that might affect my independence.

Signed:



Mr Antony Nichola

Date: 25/1/24

Address:

34 Barley Ponds Rd,  
Ware,  
SG12 7EZ,  
UK

**LONDON AUTISM GROUP CHARITY**

England & Wales - Charity number 1176341

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# Accounts

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## **Charity trustees' annual report - London Autism Group Charity**

**1<sup>st</sup> April 2021- 31<sup>st</sup> March 2022**

Your charity's name: London Autism Group Charity

Registration number: 1176341

Address: 66 Chase Way, London, N14 5DG.

Trustee names: Dr Chris Papadopoulos (Chair), Morgan Papadopoulos, James Gordon, Emma Lazenby, Marianna Dean

Its structure and details of how it is managed, including how it recruits trustees:

The trustees follow and abide to the Charity's Governing Document which is based on the Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees ('Foundation' model constitution).

The appointment of new charity trustees follows the following rules:

(1) Apart from the first charity trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees.

(2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Its activities and objectives in the year:

Our activities this year have been aligned with our overall charity objective which is 'to relieve the needs of individuals in London (and surrounding counties) with a formal diagnosis of autism spectrum disorder, and their family carers, by the provision of information and support'.

We believe we can achieve this objective by conducting activities related to the following goals:

- To provide support for autistic people and/or their family carers living in London or surrounding counties
- To promote social inclusion of autistic people and family carers.
- To promote social awareness and acceptance of autism and to reduce autism stigma and discrimination
- To advance the mental and physical health and wellbeing of autistic people and family carers

Its achievements and performance, including reporting on its public benefit:

In the past year, we have conducted the following successful and impactful activities:

1. Continued management of the London Autism Group. The London Autism Group is a private Facebook group aimed at supporting anyone whose lives have been influenced by autism and reside in or near to London. As of the end of March 2022, we had approximately 2969 members. The group is extremely popular and active, with 2287 of the 2969 members

being 'active' on the group in the past month (i.e. they have read or interacted with posts). Also, each month, we receive over 52,000 views on posts made. The group consists of a wide and balanced socio-demographic and includes members who identify as autistic, family carers, health and social care professionals, scientists/researchers and more.

2. The Autism Podcast: The Autism Podcast continues to be extremely successful and impactful. The aim of the podcast is 'to improve our understanding of autism, boost acceptance, reduce autism stigma, and generate impactful, transformative ideas ranging from practical everyday advice to thoughts on policy, practice, and wider socio-cultural challenges.' We have released 3 new episodes during this period with a wide range of guests and impactful topics. Our statistics continue to rise; we now have almost 54,000 downloads and a growing membership. We appear among the first results listings when the word 'autism' is searched for in most podcast apps (including Apple Podcasts). We also appear among the top Google listings when 'Autism podcast' is searched for. We have also been listed in many 'top autism podcasts' lists (e.g. [https://blog.feedspot.com/autism\\_podcasts/](https://blog.feedspot.com/autism_podcasts/)). Overall, we are confident that our podcast is among the most listened to autism-related podcasts in the world and continues to create considerable impact.
3. Community Café: We launched a new monthly in-person Community Cafe/drop-in scheme in Feb 2022 which has been highly impactful. It takes place on the second Sunday of every month, between 1pm and 3pm. It is held at the fantastic St Andrew's Church Hall in Southgate, N14 5PP. The entire Autistic community are welcome: Autistic people and Carers, no official diagnosis or pre-registration is necessary. People can just come on in, relax, have a hot drink and some biscuits, meet others and, ultimately, build crucial social capital.
4. Autistic led expert mental health, wellbeing and identity support: A significant activity starting this year has been the funding and commissioning of autistic professionals in mental health and autistic identity to support Autistic people and Carers that come to us in crisis. Through our network of expert contacts we can book specialised sessions that support specific areas of Mental Health in unique and effective ways. Because of our knowledge of Autistic lived experience, we can recognise the problems and direct people to the correct professionals. Many of the professionals we work with are Autistic themselves, and therefore offer specialist support that is in very short supply. Some examples are:
  - i. Supporting Child Mental Health.
  - ii. Exploring Late Autistic Diagnosis and Identity.
  - iii. Living with trauma, bullying and the effects of crime.
  - iv. Addiction.
  - v. Autism Stigma and Self-stigma.
5. Website: We have continued to improve our website in the past year ([londonautismgroupcharity.org](http://londonautismgroupcharity.org)) which details our charity's mission and values, the work that we do, and how to get in touch. As can be seen on the 'What We Do' page (<https://www.londonautismgroupcharity.org/what-we-do>), we have also produced several accessible maps that users can gain information about legal services, services, schools and more. These maps have been accessed more than 50,300 times.

6. Community livestreams: During the past 12 months, we produced more Facebook-based livestreams to provide expert advice and support regarding the support of the community's mental health and psychological wellbeing. These videos have been watched over thousands of times. We interviewed a range of autistic experts and professionals who answered questions from the community
7. London Autism Befriending scheme: Our befriending scheme for autistic adults and the wider autism community continued to develop and is running very successfully. The scheme provides provide friendship for people (16yrs+) living in London and surrounding counties including autistic people, parents and family carers. The scheme to support people's mental health and reduce feelings of loneliness which is particularly important given the times we live in. It involves people being paired with one of our charity volunteers who make contact via whatsapp and, if you wish, 1-1 conversations over Zoom.
8. Workshops and training: We have facilitated a range of different free workshops for the community to support their wellbeing including training events for healthcare students and workplace staff, school students and SEND teachers
9. YouTube training videos: We commissioned autistic adult and digital creator Savan Gandecha (from SavanFilms - <https://www.youtube.com/c/SavanFilms/> and <https://www.instagram.com/savvyaboutautism/>) to provide a free introductory workshop into producing YouTube videos.
10. Charity volunteer Tracy Clements did this interview with the Express Newspaper where she talks about her Autistic discovery and late diagnosis. Tracy discusses her ability to mask and the exhausting toll that this takes, as well as the struggle of personal and professional relationships for Autistic people (<https://www.express.co.uk/life-style/health/1530947/Autism-symptoms-what-is-women-late-diagnosis>)
11. Funding support: We have funded a range of therapies for multiple vulnerable individuals in the autism community who have required support for their mental health or vital equipment for the wellbeing of their autistic children.
12. Supporting research - we have supported multiple research studies by (a) advising researchers on how to work with the community and (b) enabling researchers to access the autism community.
13. London Autism Sibling Support Group: We have continued to provide our monthly support group specifically for siblings of autistic people. The support group aims to give a safe space for members to share experiences, connect and get advice and support
14. Neurodiversity articles: We have published several articles pertaining to neurodiversity and other themes related to our charitable objectives
15. Stack recruitment: We have supported Stack Recruitment by advertising their excellent service and linking the community with them. This has enabled autistic people to find employment
16. Supporting new autistic advocates: We have continue to sponsor young autistic people to achieve their aspirations (My Autistic Sparkle)
17. Annual newsletter: We published our annual 2021 and 2022 newsletters for continued transparency to the community on what we have been doing to support the autism community: 2022:

[https://www.londonautismgroupcharity.org/\\_files/ugd/96ec05\\_6dce4482f8b74adf89ed69678cfe6b09.pdf](https://www.londonautismgroupcharity.org/_files/ugd/96ec05_6dce4482f8b74adf89ed69678cfe6b09.pdf); 2021:  
[https://drive.google.com/file/d/1NuT\\_hmVUYvY3\\_N\\_ZdiakqSrZxsPxKlyA/view?usp=share\\_link](https://drive.google.com/file/d/1NuT_hmVUYvY3_N_ZdiakqSrZxsPxKlyA/view?usp=share_link)

A financial review including any debts and details of your reserves policy (if applicable):

The Charity has raised **£2916.75** in funds and has spent **£2549.37**.

Current balance as of April 2022 is **£5199.66**

Details of any funds held as a custodian trustee: n/a

Date	Info	Deposit	Account Balance April 2020	Withdrawal	4907.47
12/4/2021	S Boreham Donation	181			
15/4/2021	Stripe Payments	67.37			
16/4/2021	Audible		7.99		
26/4/2021	JustGiving membership		18		
4/5/2021	Stripe Payments	194			
4/5/2021	Zurich Insurance		96		
17/5/2021	Audible		7.99		
24/5/2021	Amazon		71.65		
24/5/2021	PayPal Petittresoi	30			
24/5/2021	PayPal Emergent-Diver	30			
25/5/2021	JustGiving membership		18		
26/5/2021	Stripe Payments	9.51			
27/5/2021	PayPal Petittresoi		30		
28/5/2021	PayPal JaneMcAuley		200		
28/5/2021	PayPal Emergent-Diver		30		
10/6/2021	Amazon		75.21		
10/6/2021	PayPal Emergent-Diver		30		
21/6/2021	Facebook Payment	155			
25/6/2021	JustGiving membership		18		
17/8/2021	Amazon	89.19			
31/8/2021	Zoom		143.88		

27/9/202			
1	Amazon		46.98
12/10/20			
21	PayPal Petittresoi		30
18/10/20			
21	PayPal Sav		40
19/10/20			
21	PayPal Petittresoi		60
19/10/20			
21	PayPal Petittresoi		60
19/10/20			
21	PayPal Petittresoi		60
1/11/202			
1	Stripe Payments	130.89	
1/11/202			
1	PodBean		81.20
1/11/202			
1	PayPal JDreamer		54.70
1/11/202	PayPal Emergent-		
1	Diver		10
10/11/20			
21	Stripe Payments	24.07	
23/11/20			
21	Stripe Payments	48.35	
8/12/202			
1	Stripe Payments	14.37	
13/12/20			
21	Amazon	94.94	
13/12/20			
21	PayPal Petittresoi		120
22/12/20			
21	PayPal DLowenthal		100
13/1/202			
2	SJP CH FOUND	250	
26/1/202			
2	PayPal Petittresoi		60
2/2/2022	PayPal CJVohl		435
10/2/202			
2	Solopress		46.73
14/2/202			
2	PayPal Netty		60
14/2/202			
2	Asda		21.84
14/2/202			
2	PayPal Petittresoi		120
23/2/202			
2	Amazon	126.68	
10/3/202			
2	PayPal Netty		60
10/3/202			
2	PayPal Netty		60
10/3/202			
2	PayPal Netty		60
10/3/202			
2	PrintPond		9.46
11/3/202			
2	PayPal AJ3Morrison		20
14/3/202			
2	Stripe Payments	145.45	

14/3/202			
2	Asda		5.45
16/3/202			
2	Amazon		68.99
17/3/202			
2	PayPal AutisticInclus		10
21/3/202			
2	Stripe Payments	28.93	
21/3/202			
2	Facebook Payment	797	
21/3/202			
2	Amazon		32.22
22/3/202			
2	Hertfordshire CC	500	
28/3/202			
2	PayPal YvetteGenn		70.08

**TOTAL**  
**2916.75**

**TOTAL**  
**2549.37**

Account Balance April 2021:  
**£5199.66**

**LONDON AUTISM GROUP CHARITY**

England & Wales - Charity number 1176341

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# Accounts

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## **Charity trustees' annual report - London Autism Group Charity**

**April 2020-April 2021**

Your charity's name: London Autism Group Charity

Registration number: 1176341

Address: 66 Chase Way, London, N14 5DG.

Trustee names: Dr Chris Papadopoulos (Chair), Morgan Papadopoulos, James Gordon, Emma Lazenby

Its structure and details of how it is managed, including how it recruits trustees:

The trustees follow and abide to the Charity's Governing Document which is based on the Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees ('Foundation' model constitution).

The appointment of new charity trustees follows the following rules:

(1) Apart from the first charity trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees.

(2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Its activities and objectives in the year:

Our activities this year have been aligned with our overall charity objective which is 'to relieve the needs of individuals in London (and surrounding counties) with a formal diagnosis of autism spectrum disorder, and their family carers, by the provision of information and support'.

We believe we can achieve this objective by conducting activities related to the following goals:

- To provide support for autistic people and/or their family carers living in London or surrounding counties
- To promote social inclusion of autistic people and family carers.
- To promote social awareness and acceptance of autism and to reduce autism stigma and discrimination
- To advance the mental and physical health and wellbeing of autistic people and family carers

Its achievements and performance, including reporting on its public benefit:

In the past year, we have conducted the following successful and impactful activities:

1. Continued management of the London Autism Group. The London Autism Group is a private Facebook group aimed at supporting anyone whose lives have been influenced by autism and reside in or near to London. As of the end of January, we currently have 2327 members with 552 members joining in the past 12 months. The group is extremely popular

and active, with 1823 of the 2327 members being 'active' on the group in the past month (i.e. they have read or interacted with posts). Also, each month, we receive over 50,000 views on posts made. The group consists of a wide and balanced socio-demographic and includes members who identify as autistic, family carers, health and social care professionals, scientists/researchers and more.

2. The Autism Podcast: The Autism Podcast continues to be extremely successful and impactful. The aim of the podcast is 'to improve our understanding of autism, boost acceptance, reduce autism stigma, and generate impactful, transformative ideas ranging from practical everyday advice to thoughts on policy, practice, and wider socio-cultural challenges.' We have been releasing an episode almost every month with a wide range of guests and impactful topics. Our statistics continue to rise; we now have almost 28,900 downloads and a growing membership. We appear among the first results listings when the word 'autism' is searched for in most podcast apps (including Apple Podcasts). We also appear among the top Google listings when 'Autism podcast' is searched for. We have also been listed in many 'top autism podcasts' lists (e.g. [https://blog.feedspot.com/autism\\_podcasts/](https://blog.feedspot.com/autism_podcasts/)). Overall, we are confident that our podcast is among the most listened to autism-related podcasts in the world and continues to create considerable impact.
3. Website: We have continued to improve our website in the past year ([londonautismgroupcharity.org](http://londonautismgroupcharity.org)) which details our charity's mission and values, the work that we do, and how to get in touch. As can be seen on the 'What We Do' page (<https://www.londonautismgroupcharity.org/what-we-do>), we have also produced several accessible maps that users can gain information about legal services, services, schools and more. These maps have been accessed more than 50,300 times.
4. Community livestreams: During the past 12 months, to support the autism community during Covid-19, we produced 18 Facebook-based livestreams to provide expert advice and support regarding the support of the community's mental health and psychological wellbeing during this period. These videos have been watched over 18000 times. We interviewed a range of autistic experts and professionals who answered questions from the community.
5. London Autism Befriending scheme: We have launched a befriending scheme for autistic adults and the wider autism community. The scheme provides provide friendship for people (16yrs+) living in London and surrounding counties including autistic people, parents and family carers. The scheme to support people's mental health and reduce feelings of loneliness which is particularly important given the times we live in. It involves people being paired with one of our charity volunteers who make contact via whatsapp and, if you wish, 1-1 conversations over Zoom.
6. Consultancy services: We provided the UK Government consultant support with a reasonable adjustment request. This was a highly successful exercise for all involved
7. Funding support: We have funded a range of therapies for multiple vulnerable individuals in the autism community who have required support for their mental health or vital equipment for the wellbeing of their autistic children.

8. Workshops: Our volunteers have facilitated a range of different free workshops for the community to support their wellbeing. These include a make-up workshop, a train workshop (titled RailTalk), and a Tai Chi workshop
9. Giveaways: We have conducted multiple giveaways to the community, specifically various items that have potential value in supporting the community (e.g. sensory toys)
10. Supporting research - we have supported multiple research studies by (a) advising researchers on how to work with the community and (b) enabling researchers to access the autism community. In particular, we provided key support to one of the largest studies conducted on the impact of Covid on the autism community (see <https://discovery.ucl.ac.uk/id/eprint/10101297/>). This study led to significant media attention which in turned raised significant public awareness on the challenges that the community experienced as a result of lockdown.
11. London Autism Sibling Support Group: We have very recently launched a new monthly support group specifically for siblings of autistic people. The support group aims to give a safe space for members to share experiences, connect and get advice and support
12. Neurodiversity articles: We have published several articles pertaining to neurodiversity and other themes related to our charitable objectives
13. Stack recruitment: We have supported Stack Recruitment by advertising their excellent service and linking the community with them. This has enabled autistic people to find employment
14. Supporting new autistic advocates: We have helped to support the launch and continued production of two youtube channels belonging to aspiring young autistic people aiming to produce impact (My Autistic Sparkle and Green Streak)
15. London Autistic Students Group: We have recently launched a new private Facebook group aimed at growing the autistic university student community.

A financial review including any debts and details of your reserves policy (if applicable):

The Charity has raised **£2527.65** in funds and has spent **£1963.48**.

Current balance as of April 2021 is **£4907.47**

Details of any funds held as a custodian trustee: n/a

Date	Info	Deposit	Withdrawal	Account Balance April 2020
20/4/2020				4343.30
0	PayPal *BeLive		25.11	
20/5/2020				
0	PayPal *BeLive		25.81	
21/5/2020	Amazon Europe (Smile)	24.28		

4/6/2020	Facebook payout	250	
16/6/2020	Neurodiverge		83.29
22/6/2020	PayPal *BeLive		25.13
1/7/2020	Facebook payout	115.78	
6/7/2020	Pond5		60
14/7/2020	Amazon purchase		19.54
15/7/2020	Amazon purchase		199.99
20/7/2020	PayPal *BeLive		24.91
21/7/2020	Stripe payments	14.36	
27/7/2020	Amazon purchase		12.90
13/8/2020	Amazon Europe (Smile)	35.32	
20/8/2020	PayPal *BeLive		23.80
28/8/2020	Zoom		100.72
11/9/2020	DCHS Central	360	
25/9/2020	Amazon purchase		299.99
5/10/2020	Post Office		15.53
8/10/2020	Stripe Payments	9.51	
12/10/2020	PayPal Jolauzolnik		14
13/10/2020	PayPal payment		46
27/10/2020	Ebay payment		199.99
30/10/2020	PodBean		86.17
5/11/2020	Facebook payout	290.40	
16/11/2020	Amazon Europe (Smile)	29.31	
20/11/2020	Facebook payout	282.42	
23/11/2020	Amazon purchase		17.58
24/11/2020	Amazon purchase		17.58
25/11/2020	Justgiving.com		18
7/12/2020	Facebook payout	125	
16/12/2020	Audible		7.99
23/12/2020	Amazon Europe (Smile)	72.62	
29/12/2020	Justgiving.com		18

20			
30/12/20			
20	Paypal payment		40
12/1/202			
1	Paypal payment		260
18/1/202			
1	Audible		7.99
20/1/202			
1	Facebook payout	105.00	
22/1/202			
1	Audible		1.99
25/1/202			
1	Justgiving		18
9/2/2021	Amazon purchase		68.07
11/2/202	Amazon Europe		
1	(Smile)	84.24	
15/2/202			
1	DBS check		23
15/2/202			
1	DBS check		23
15/2/202			
1	DBS check		23
16/2/202			
1	Audible		7.99
25/2/202			
1	Justgiving		18
26/2/202			
1	Amazon purchase		58.94
2/3/2021	DBS check		23
10/3/202			
1	Stripe Payments	24.07	
16/3/202			
1	Audible		7.99
18/3/202			
1	Facebook payout	683.68	
22/3/202			
1	Paypal *Belive		22.48
25/3/202			
1	Justgiving		18
31/3/202	Paypal *Believe		
1	refund	21.66	

**TOTAL**  
**2527.65**

**TOTAL**  
**1963.48**

Account Balance April 2021:  
**£4907.47**