

Charitable Incorporated Organization

Charity number: 1176271



EKAM UK

CIO Charity

Report and financial statements

For period 1 April 2024 - 31 March 2025

Healthy Child, Healthy Community

Love All, Serve All

Mission

No child should be denied the right to appropriate lifesaving healthcare due to financial or systemic constraints

Reference and Administration details for the period ended 31 March 2025

Charity Name	EKAM UK
Registered charity number	1176271
Charity's principal address	12 Azure, 463 High Road Harrow Weald, London HA3 6ED United Kingdom
Trustees	Trustees who served during the period from formation and up to the date of this report were as follows: Dr Ajay Kumar Kotagiri Vaikuntanath Balasubramanian Kakarla Dr Preetham Bodanna Dr Rajani Nalluri Dr Pavan Kumar Battu
Key Management	Trustees as above
Advisors (Technical)	Professor Monica Lakhanpaul Professor of Integrated Community Child Health Honorary Consultant Paediatrician Whittington NHS Trust Pro Vice Provost South Asia UCL Great Ormond Street Institute of Child Health 30 Guilford Street, London WC1N 1EH
Bankers	HSBC UK, 59-61, The Mall Stratford Centre, London, E15 1XF, United Kingdom

Report of the trustees for the period ended 31 March 2025

The trustees of EKAM UK (the 'charity') present their 7th annual report and financial statements as a charitable incorporated organization (CIO) for the charity's period ended 31 March 2025.

Information relating to governance & administration in pages 6-7 and policy statements in Annexure 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice – Accounting and Reporting by Charities – SORP applicable to charities preparing their accounts in accordance with FRS 102.

The charity was registered with the Charity Commission as a CIO on 14 December 2017.

Objectives and activities

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aim and objectives and in planning its future activities, in particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Purpose and aims

The charity was established for the promotion and protection of good health for public benefit by providing financial and technical assistance and support to charities, social organisations, medical centres and non-profit organisations in UK and India who are involved/engaged in providing health care, education care and support to neonates, infants, young adults and mothers including providing food, medicines, equipment, training, research grants/facilities and knowledge sharing.

We aim to support projects primarily related to saving lives of babies, young children and young mothers, ranging from 0-19 years. We do so, by partnering with organisations who provide medical treatment and health care and by providing various types of support.

We seek out partnerships with organisations who put vulnerable babies and young children/mothers at the centre of their work, as well as responding to requests for funding that come to us via various channels (e.g., website, emails, references).

We will fund or apply for grants for both new and existing charities and organisations, small, medium, or large, provided they can demonstrate the difference they are making.

We aim to, from our interactions and references provided, develop a network with a view to connecting people through shared values. This would further provide opportunities for subject matter experts to share their skills and knowledge. Not only to help a particular project, but also provide a way to reduce the operational costs for organisations by sharing resources.

We also aim to partner with organisations who can provide vocational and technical training to vulnerable children post treatment to enable them to return to normalcy. To further these objectives, we aim to connect with corporates for their support via their CSR initiatives or for subsidies, to a wider donor community for financial support and with training institutes/organisations.

The charity welcomes applications for joint work with other organisations and will work in partnership with other grant-makers wherever possible.

To ensure full transparency, we aim to ensure that 100% of donations/funded grants reach the intended recipient/organisation and will pursue other channels (e.g., sponsorships, Corporate CSR, crowd funding, goodwill payments etc.) to support our administration process. We will do this by sharing resources with partners, and enlisting volunteers as much as possible.

Financial review

The results for the charity were in line with the trustees' expectations, as the charity's operations are in initial stages. No material donations or commitments were made in consideration of the ongoing assessment of opportunities and completion of due diligence for wider UK based charities

The charity will continue to focus on project-based funding, i.e., applying for grants or undertaking fundraising activities based on the projects identified and agreed with the recipient partner. Fundraising for general funds will continue to be through social networking and events.

Strengthening Maternal and Child Health in Virudhunagar (EKAM Foundation)

The EKAM Health Model in Virudhunagar district, an Aspirational District, is a collaborative initiative aimed at strengthening maternal and child healthcare, with a particular emphasis on the Kariapatti Block. Operating across the Mallankinar Block Primary Health Care Centre, six Health Sub-Centres, 30 ICDS centres, and 33 villages, the project served a population of 30,420, working closely with local stakeholders and the government to address gaps in healthcare delivery, nutrition, and awareness among mothers, pregnant women, and young children.

Key interventions included providing vital equipment such as a Thyroid Analyzer and growth monitoring devices, benefitting hundreds of mothers and children by improving early detection and management of health issues while reducing financial burdens. Thirty Anganwadi Workers received training on essential maternal and child health topics, supported by lactation kits and job aids to enhance counselling and follow-up. Stakeholder convergence was fostered through regular meetings, strengthening interdepartmental coordination and leading to more effective resolution of maternal and child health issues.

Extensive outreach activities promoted healthier behaviours, with 51 awareness sessions reaching over 1,100 women and targeted school programmes improving hygiene and nutritional awareness among children and adolescent girls. The combined efforts of the Government of Tamil Nadu and Ekam resulted in a notable reduction in Infant Mortality Rates in Kariapatti Block, demonstrating that a coordinated, systems-based approach anchored in community engagement and frontline capacity building can achieve sustainable improvements in maternal and child health outcomes.

Sai Sure – Nutrition (Sri Sathya Sai Annapoorna Trust, Karnataka, India)

Towards commitment to support projects in India, working with NGOs, not-for-profit establishments, medical centres, and other organizations that share similar values, EKAM UK partnered with the Sri Sathya Sai Annapoorna Trust to provide essential morning nutrition to government schoolchildren in Karnataka.

As part of the initiative for the academic year 2024–25, approximately 3,206 children across 49 schools in the Kodagu district were selected to benefit from the program. Under this collaboration, the children received SaiSure Millet Multi nutrient health mix along with milk, served on alternate school days, totalling around 110 nutrition days for the year.

Many children arrive at government schools on an empty stomach, which directly affects their ability to focus and learn. By offering a nourishing start to the day, this initiative addresses hidden classroom hunger, enhances concentration, and makes a meaningful contribution to the holistic development of India's future generation.

The Sri Sathya Sai Annapoorna Trust, in partnership with the Government of Karnataka, has been leading such efforts across India, ensuring that no child is deprived of learning due to a lack of nutrition.

The partnership between EKAM UK and the Sri Sathya Sai Annapoorna Trust is an example of how collaborative efforts can create a lasting impact in the lives of children. Addressing morning hunger through effective nutritional interventions strengthens the foundation for a brighter, more educated future.

With shared values and a common purpose, EKAM UK and Annapoorna Trust are helping build a healthier and more empowered

Cuddalore Government Hospital

In August 2024, Shrada Gopalakrishnan, representing EKAM UK's Share a Smile (SAS – for the children, by the children) initiative, visited Cuddalore Government Hospital to assess how a donation of £150 could best support the hospital's needs. Following consultation with hospital staff and a review of the official quotation, EKAM UK and SAS charity provided six flow meters with humidifiers and two vein detectors, directly enhancing the quality of newborn care at the facility. EKAM UK encourages young people to actively participate in charitable initiatives, fostering a spirit of generosity and community engagement.

Outlook and Opportunities

In the short term, EKAM UK, as part of the initiative (theme) towards Saving Lives, has identified the following projects:

1. Support in providing nutritious food and drinks to children
2. Support in providing gap support (equipment, working supplies etc.), towards maternal health awareness, kangaroo maternal kits, emergency treatment and relating community health.
3. Training & knowledge share sessions

EKAM UK will continue looking towards opportunities in areas of heart health, hypertension, juvenile diabetes, cancer, skin diseases etc.

EKAM UK aim to, in the medium to long term, identify areas in terms of providing technical training / support projects including as subject matter experts sharing information & involvement in intervention, expansion & including educational projects.

- Digital outreach - Focussing on moving digitally and exploring hybrid solutions to bridge the gap, with learnings from the global pandemic.
- Fostering exchanges visits of specialists, consultants, doctors, and nurses from (resource & skills) abundantly rich countries like India to the UK or wherever the demand needs to be strategically met.
- Kindle more number of entities across the UK & India to be a vital part of combating child healthcare financial constraints that are being a barrier.
- Towards capacity building and bridging between the countries and the needy

- Closer Home projects in UK (select charities) – to support mental health, heart care, juvenile diabetes as examples.
- Supporting infrastructure projects (e.g., hospitals, medical colleges which are linked to social programs, and related community health, research, technical training, knowledge share.
- Provide Health Consulting in areas of knowledge share by subject matter experts, community health program implementation, risk management and governance, medical infrastructure, operational best practices & financial management.

Challenges faced

Access to funds is the most important challenge coupled with awareness, training and building sustainable healthcare.

Health, hygiene, and sanitation play a very crucial role in the disease prevention and the maintenance of toilet facilities is a big challenge in schools and hospitals.

Public benefit

The trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties. The public benefit of the charity's activities is supporting and enablement of efforts in saving lives of babies, young children and mothers and these were achieved principally by the award of grants and donations.

Funds materially in deficit

There are none to report.

Risks

Due to the initial stage of the charity, the trustees have assessed the key risks to be operations and finances and are satisfied that process is in place to manage these risks as follows:

Operations

- The key operational risk is damage to the charity's name due to incorrect selection of partners or inadequate utilisation of grants.
- This is addressed by due diligence checks done (i) through references obtained by trustees prior to engagement with external parties and (ii) by obtaining project status reports from grant receivers.
- A grant and operations committee is being established to ensure trustee oversight over potential donor/grant recipients, funding sources and potential service providers.

Finance

- The key financial risk is insufficient funding to meet grant or operational expenses.

- This is addressed by trustees focussing on collaborative projects for fundraising and diversify revenue streams to ensure there is no overreliance on income from one source.
- In addition, Trustees would be looking towards wider dissemination of opportunities and projects towards fund raising. Aligned to this, increasing members would be a focus area that would allow for spreading of information, including using social media.

Governance & Administration

Trustee selection & appointments

Trustees are identified from the medical community, accounting/management professionals and persons with links to the corporate community and experienced in strategy and operations, finance, fundraising, donor management, social media, communication, and campaigning.

Trustees will be responsible for the overall work of the charity, including internal administration and compliance with all laws and regulations in the UK. Trustees will meet periodically and decide on fundraising, invite proposals, evaluate proposals, arrange for fund transfer through banking channels and monitor outcomes.

Initial trustees are appointed for a term of 3 years (subject to re-appointment). New trustees are appointed for an initial term of 3 years. Trustee appointments and renewed appointments are by way of resolution passed at the trustee meeting. The charity will have a minimum of 3 and maximum of 12 trustees as per its constitution.

Remuneration policy for trustees

No payments were made to trustees in the reporting period.

Additional Information

Objectives of the charity

- 1) To save children and expectant mothers from poorer sections of the society, by providing appropriate and timely medical help.
- 2) To undertake epidemiological, anthropological, translational and cross-cultural research concerning women and children's medical needs as well health delivery institutions.
- 3) To help train medical and paramedical personnel in the delivery of preventive and curative health care.
- 4) To facilitate medical professional partnership between the UK and India.

To provide financial assistance	<ul style="list-style-type: none"> • Towards health care/medical expenses for children (0-19) and mothers • For research & development • Towards medical equipment, equipment maintenance, lab equipment and medical supplies in under-resourced health care facilities • To support grass root level projects that encompass suitable community level interventions that would benefit the holistic well-being of the community • Towards the training of medical and non-medical personnel engaged/to be engaged in pursuit of the charity's objectives
To provide technical assistance	<ul style="list-style-type: none"> • For exchange visits of doctors, nurses and other personnel from the UK to India/other countries and vice versa for research, training and support • To develop/participate in local service projects relating to health care/development • To provide online/teleconferencing support to aid diagnosis and provide adequate clinical pathway in needy areas • To contribute to the use of technology in data management and consolidation of any research/field level health data
To provide information/training	<ul style="list-style-type: none"> • For public lectures and awareness programs within different communities and organisations • To develop and support awareness through education and preventive program • For intervention programs to address specific medical related issues in the community (e.g. children with acute malnutrition) • To conduct seminars and medical conferences to impart knowledge and information on reforms in Maternal & Child Health (MCH) and related practices across the globe
To provide administrative support	<ul style="list-style-type: none"> • To provide administration support and management strategy for charities/social organisations of a similar nature

EKAM UK – Charity Number - 1176271

Statement of Financial Activities For the period 1 April 2024 – 31 March 2025

	Note	Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds P/E 31 Mar 23	Total Funds Prior Period
		GBP £	GBP £	GBP £	GBP £	GBP £
Income & Expenditure						
Receipts						
Donations received		2,880	-	-	2,880	2,282
Transfer from deferred income		4,349	-	-	4,349	-
Total Income	1	7,229	-	-	7,229	2,282
Payments						
Donations made		2,781	-	-	2,781	-
Project cost (from prior year funds)		4,349			4,349	
Fees & other expenses		408	-	-	408	282
Total Payments		7,538	-	-	7,538	282
Excess of Receipts over Expenditure transferred to Reserve		-309	-	-	-309	2,000
Statement of Assets and Liabilities as at 31 March 2025						
Current Assets						
Bank Account	2	15,951	-	-	15,951	16,260
Funds with Partner Organisation	3	485	-	-	485	5,068
Total Assets		16,436			16,436	21,328
Liabilities						
Deferred Income	4	485	-	-	485	5,068
Total Assets less Liabilities (Net Assets)		15,951	-	-	15,951	16,260
Funds Represented by General Reserve	5	15,951	-	-	15,951	16,260

Notes to Financial Statements

1. Donations received

This represents donations received from individuals and corporates and amounts recognized as income for the period.

2. Bank Account

Amount represents the balance in HSBC UK account in name of EKAM UK.

3. Advances to Partner Organization

Amount represents the advances made for projects that will be implemented by EKAM Foundation, our partner organization in India in future period. Individual proposals will be reviewed and approved by EKAM UK before execution.

4. Deferred Income

Refer to Note 1 & 3 above. This will be recognised as income in the period in which the project is completed or when the performance-related conditions are met. Ongoing & completed projects will be reviewed by Trustees. This is presented net of foreign currency adjustments.

5. General Reserve

	<u>Y/E March 25</u> <u>GBP £</u>	<u>Y/E March 24</u> <u>GBP £</u>
Opening balance at beginning of year	16,260	14,260
Excess of receipts over payments during the year	-309	2000
Closing balance at end of the year	15,951	16,260

Declaration by Trustees

The trustees declare that they have approved the above trustees' report.

1. Vaikuntanath Balasubramanian Kakarla
2. Rajani Nalluri
3. Pavan Kumar Battu
4. Preetham Boddana
5. Ajay Kumar Kotagiri

Date: 23 January 2026

Annexure 1 - Policy statements

Network / Partnerships

We will partner with organisations who share our vision that no child should be denied the right to appropriate, life-saving health care due to financial or systematic constraints. The trustees and their network will initially identify and reach out to organisations in the UK and India who have aligned objectives to identify opportunities to work together. Through an expanded network and introductions made via networking, presentations will be made to create awareness and identify projects/avenues where the charity and its partners can provide aid or assistance.

Investment policy

Due to the currently small size of the charity and scale of its operations, there is none to report at the time of this report.

Reserves policy

The charity does not have a reserves policy as its operations are in its early stages. The excess of income over expenditure is included within the general reserve of and is represented as balance in bank account.