

2021

Growing Hope King's Cross **ANNUAL REPORT**

Report & Financial Statements
1 January - 31 December 2021



Growing
HOPE
King's Cross

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4 CEO's Letter

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“I am proud of all our staff and volunteers and the time, energy and effort they have put into supporting families.”

We have experienced significant expansion within Growing Hope in 2021. This year we have set up our third Growing Hope charity in High Wycombe which will open its doors for families to receive speech and language therapy in early 2022. Despite the challenges of coronavirus we have been able to continue to provide support for children, young people and families in our clinics.

This year has been particularly significant thanks to a generous grant from Allchurches Trust which has enabled us to grow our national team to five individuals. This has helped us to continue to support families of children with additional needs on a national level. The team have delivered our Growing Hope Conversations podcast, our ‘When Dreams Change’ course for parents and carers, and our Siblings Group for brothers and sisters of children with additional needs.

I am proud of all our staff and volunteers and the time, energy and effort they have put into supporting families. Collectively, we have worked with 372 children, young people, parents, carers and siblings in 2021. It is a joy to be able to see and hear so many positive stories of change which you will read within this report.

I’m so grateful to God for his provision for us as a charity and for the families that we work with. I’m excited by the opportunities for growth next year, particularly as we pursue our vision to

set up twenty clinics across the country by 2030, and continue conversations with potential partners in the north and east of the UK. I look forward to seeing all that 2022 holds as we continue to grow hope for children, hope for families and hope in Jesus.

Yours sincerely,



Dr Naomi Graham
Founder & CEO of Growing Hope



Growing Hope's Values

5



Hope

We believe Jesus brings hope to children, young people and families, even in the most difficult situations, and that underpins everything we do.



Community

We are accepting of all and want everyone to know they are seen, heard and belong.



Courage

We are brave, choosing honesty over comfort, and tackling problems because we want to change lives.



Innovation

We are innovative, flexible and creative in our approach, always aiming for excellence.



Generosity

We look out for others and share our time, encouragement, finances and skills.

6 Chairman's Letter

Despite the sustained challenges of a global pandemic, Growing Hope King's Cross has flourished over the course of the last year. We have celebrated many stories of those positively impacted by the work of the charity. By helping to support children and families with additional needs, Growing Hope King's Cross continues to grow hope for children, hope for families, and hope in Jesus.

“

“I encourage everyone to pray for the local children and families who require support in the coming year.”

In 2021, the brilliant team of therapists has provided a wide range of services including Occupational Therapy, Speech and Language Therapy, Physiotherapy, Art Therapy, Music Therapy, and Children's Counselling.

It is a great pleasure to have welcomed Abi Page in her new role as Lead Therapist and Clinic Manager, taking over from Naomi Graham. As founder and CEO, Naomi will be devoting more time to the work of Growing Hope's broader vision of establishing further clinics nationwide. I would like to thank Naomi for her dedication, enthusiasm, and leadership in establishing the Growing Hope King's Cross clinic. We are blessed that Naomi will continue to be a member of the team, by providing Occupational Therapy on a weekly basis.

On behalf of Growing Hope King's Cross, I would like to thank all those who have given to the charity in 2021. Thank you to the team of therapists, trustees, and volunteers for their time, effort, and expertise. Thank you to our supporters who have generously donated to our Hosting for Hope fundraising campaign and for those that sponsored our London

Marathon runners!

Thank you to all those who have been praying for Growing Hope King's Cross. I encourage everyone to join the team, as we continue to pray for the local children and families who require support in the coming year.

Yours sincerely,



Dr David Straiton
Chair of Trustees





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“Thank you once again Growing Hope for the amazing therapy sessions and understanding how I can help my child be himself.”

Parent attending Growing Hope clinic

8 Trustees Report

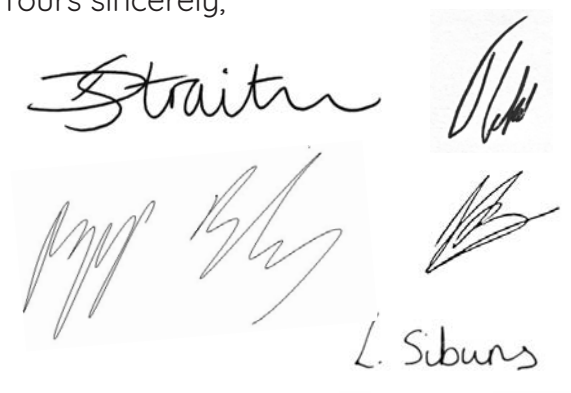
The Board of Trustees presents its report and financial statements for the year 1 January 2021 - 31 December 2021 together with the Independent Examiner's Report. Growing Hope King's Cross was registered with the charity commission as a CIO on 13 December 2017, charity number 1176251; 2021 was the fourth financial period of the charity. Our current trustees are David Straiton, Philippa Bailey, Jonathan Carter, Lauren Sibuns and Daniel Kheng.

Growing Hope King's Cross continues to provide free therapy services for children and young people with additional needs and their families living in Camden and Islington. Our aim is to provide a holistic service which supports parents, carers and siblings - as well as the children and young people themselves. Details of our charitable objectives (page 12) and impact and outcomes (page 14 onwards) are found in greater depth within this report.

We are confident that Growing Hope King's Cross has carried out its charitable objectives in 2021 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report. Growing Hope King's Cross provides intervention and support to children and families in need, regardless of income. These services are provided by staff and freelancers (registered healthcare professionals), with the help of volunteers where necessary, in accordance with charity policy and standards of good practice. On 20th of September 2021 Naomi Graham stepped down as a trustee to focus more time on her role as CEO of the national Growing Hope charity. We would like to thank Naomi for her hard work and support of Growing Hope King's Cross. We also have many volunteers without whom we would not have been able to run Growing Hope King's Cross in

2021, and we are extremely grateful for their support. In particular we would like to thank Emma Bird, our finance volunteer; Natalie de Laune, our volunteer minute taker; and Rhianna Gerry and Rosie Steel, our fundraising volunteers.

Yours sincerely,



L. Sibuns

*David Straiton, Philippa Bailey,
Jonathan Carter, Lauren Sibuns &
Daniel Kheng.*

This year we have:

- Supported 266 children, parents, carers and siblings through therapy and courses.
- Increased our regular giving by 10%.
- Raised £99,793 to grow hope in the lives of families in Camden and Islington.

”

“It has helped me realise that being with my daughter is a good thing and we can spend time together without having to ‘do something’. It’s helped me understand how to respond to more emotions than just happy and sad.”

Parent attending Circle of Security course

10 Lead Therapist & Clinic Manager's Message

2021 has been a year of transitions and changes here at Growing Hope King's Cross. There have been many challenges and yet also much joy!

“

“Throughout the year our therapists have continued to work tirelessly and creatively to adapt and change provision.”

In a season where hope has been needed more than ever, it has been a privilege to have the opportunity to offer hope for children, hope for families and hope in Jesus.

We started the year in a national lockdown, during which all our therapy sessions, meetings, groups and courses were running online. We even celebrated our 3rd anniversary since opening the clinic, on Zoom!

Throughout the year our therapists have continued to work tirelessly and creatively to adapt and change provision in response to the restrictions in place, to enable us to continue to offer support to children, young people and families in Camden and Islington.

In April 2021, we transitioned back to clinic-based sessions and running courses and groups in person, although we continue to offer some online sessions to those that are unable to attend in person (e.g. when isolating).

We are so grateful for the support that we have received this year from our dedicated team of trustees, volunteers,

therapists, and support staff. This help is greatly appreciated and has enabled Growing Hope King's Cross to continue to thrive.

Despite the challenges faced this year, our services at Growing Hope King's Cross have continued to grow and develop. In March, Alley joined the team as a freelance art therapist, and in September, I took over from Naomi as the Lead Therapist and Clinic Manager. Naomi continues to work as an occupational therapist at the King's Cross clinic, alongside her time working as Founder and CEO at Growing Hope Umbrella.

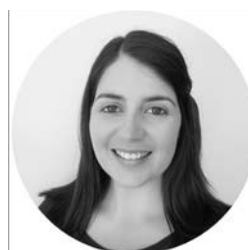
We look forward to moving our clinic into King's House in the new year and continuing to grow hope for children, hope for families and hope in Jesus in 2022.

Yours sincerely,



Abi Page

Lead Therapist & Clinic Manager



Abi Page
Lead Therapist





12 Objectives

In accordance with its charity constitution, Growing Hope King's Cross has sought to achieve the following aims and objectives in the year dated 1 January 2021 to 31 December 2021.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the King's Cross area. In particular, but not exclusively, by:

 Registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.

 Provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.

 The advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



Hope for Children:

We have provided free occupational therapy, physiotherapy, speech and language therapy, children's counselling, art therapy and music therapy in the Action for Children centre in King's Cross. We support children and families to work on goals which are meaningful to them.



Hope for Families:

We have provided two 'When Dreams Change' groups for parents processing the experience of having a child with additional needs, two 'Circle of Security' groups (in partnership with Choices Islington) supporting parents in enabling their children to develop secure attachments, and two siblings' groups to support siblings of children with additional needs.



Hope in Jesus:

We have supported families of children with additional needs to access church services and feel a part of King's Cross Church (KXC) community. We continue to provide the opportunity for families to participate in prayer at the end of their clinic session.

We've provided direct therapy for 107 children.



83% of therapy goals set with children achieved.

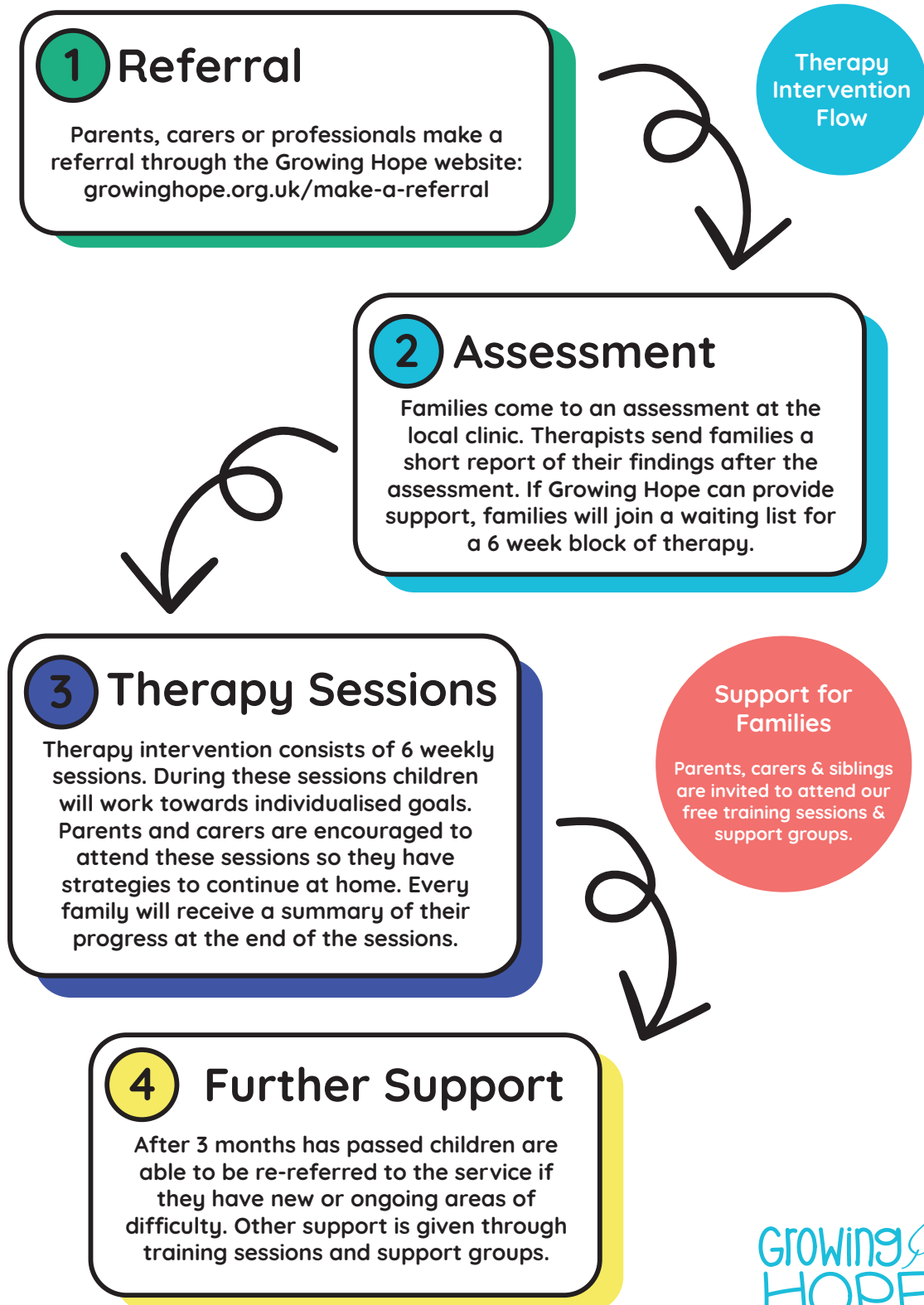


159 parents supported through therapy sessions & courses.



Referrals Process

Parents, carers and professionals can make referrals for the therapy we offer. Children are then assessed at our local clinic in King's Cross before being offered a block of therapy if we can provide support.



14 Hope for Children

In 2021 we worked with 107 children on a one-to-one or group basis. Some of our sessions and assessments were completed virtually with families when lockdown measures or isolation meant that it was not possible to see families in person.

This year we have provided assessment and intervention for children and young people, working on individualised goals with them and their families. Various therapy services have been provided in the year by our therapists:

-  **Abi Page** (speech and language therapist), who took over as our Lead Therapist and Clinic Manager in September 2021.
-  **Naomi Graham** (occupational therapist), who stepped down as Lead Therapist and Clinic Manager in September 2021 but still provides occupational therapy two days a week.
-  **Judith Hart** (physiotherapist), who has continued to provide physiotherapy two days a week, and started maternity leave in December 2021.
-  **Georgie Harris** (music therapist), has continued providing music therapy as a freelancer.
-  **Alley Akoh** (art therapist), who started in March 2021, has been providing art therapy as a freelancer.
-  **Jess Bond** (children's counsellor), has continued providing occasional counselling as a freelancer.
-  **Joanna Stewart** (music therapy student), has joined us on a voluntary basis and is providing music therapy.



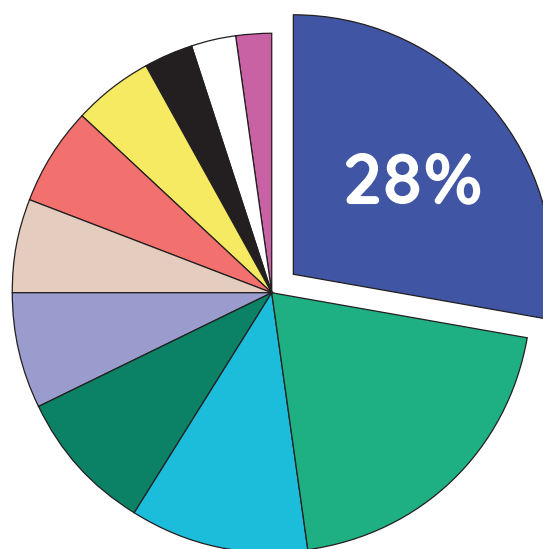
Outcome Measures

At Growing Hope we are committed to providing a high quality of clinical services and therefore we place a high importance on our outcome measurement. We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS).¹ GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services.² GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist. These goals follow 'SMART' goal standards: Specific, Measurable, Achievable, Realistic and Timely. Each goal is designed to be achievable within the block of sessions a child is undertaking.

Outcomes

Every child was seen to make improvements over the course of their therapy sessions. Of 220 goals set within the clinic and across our groups with children and young people, 83% of therapy goals were met. Where goals weren't met the primary reasons were parents facing challenges that prevented them from carrying out activities with the child at home, or that the family were unable to attend clinic on several occasions. This was particularly noticeable during the coronavirus outbreak where some parents found it challenging to continue therapy activities with their children at home. A core value of Growing Hope is equipping parents to incorporate their child's goals into their everyday life; this often leads to high success in therapy.

Types of goals children worked on in clinic



- Attention & Listening**
- 57 goals / 28%
- Social Skills**
- 41 goals / 20%
- Co-ordination, Walking & Strength**
- 23 goals / 11%
- Emotional Regulation**
- 18 goals / 9%
- Eating**
- 14 goals / 7%
- Dressing**
- 13 goals / 6%
- Speech & Communication**
- 12 goals / 6%
- Mark Making & Writing**
- 11 goals / 5%
- Understanding Language**
- 7 goals / 3%
- Self-confidence & Identity**
- 6 goals / 3%
- Toileting**
- 4 goals / 2%

83% of 220 goals were achieved



48% of 360 sessions were virtual



Jayden's Story & Art Therapy

Art Therapy has provided a safe place for children to explore and express their feelings within a containing therapeutic relationship. The children shared their excitement in having art materials to work with and developed their own therapy goals, working with their parents to achieve these in the sessions. Jayden* asked to work with his Dad and wanted to use the art and play. They took time to explore the art materials and created joint artworks. This supported their communication, ability to play together and sense of security in the relationship. Using sensory materials and ball games also helped Jayden to regulate his feelings in his body and share his feelings through art every week. Alley was able to see how these sessions supported Jayden in being self-reflective and able to communicate his emotional needs with his family, increasing his self-confidence.

Alley has worked with eight children this year to support their emotional and mental wellbeing using Art Therapy and play.

*pseudonym

“

“The sessions are well run and provide a calm, safe environment for my son to explore his feelings. Definitely therapeutic for both child and parent.” Jayden's Dad



We believe that the families of children with additional needs require support and care too so we provide a range of support groups & courses.

“

“I really enjoyed the safe space without judgement and connecting with other mums.” When Dreams Change Attendee

When Dreams Change

When Dreams Change enables parents to have the opportunity to reflect on their experience of their hopes and dreams having to change because of their child's additional needs. We ran the course twice this year, once in-person and once online for 10 parents. The course was developed by Heather Graham (counsellor) and Naomi Graham (occupational therapist) in 2019. Both instances of running When Dreams Change were met with positive feedback, with parents reporting how valuable they found it to process their feelings.

The Goal Attainment Scale ^{1&2} is used to measure outcomes of the When Dreams Change course. Across all the courses run this year, 93% of the goals were met. The course aimed to enable parents to achieve the following:

- Reflect on their own experience and map out and share with the group the core emotions they are experiencing at the moment.
- Reflect on their own support network and share with the group one way in which they can draw upon this.
- Reflect on their own dreams and share with the group one small step they may take towards these.

“The course had a positive impact on my mental attitude and what I think about myself as a parent”.

“This course changed my life”




“This course made me realise I have to help myself more to help my son”



Siblings Group

This year we ran two Siblings Groups in local schools with 6 children. The group consists of seven 40 minute sessions which take place on a weekly basis. We

aim to enable children to explore and share some of their experiences and feelings of being a sibling of a child with additional needs. The group uses puppet, art and movement activities to help children think through scenarios and relay their own experiences. Through speaking about, writing or drawing their experiences, siblings have the opportunity to process their emotions and connect with others who have had similar experiences. The siblings group was reviewed using the Goal Attainment Scale^{4&5} as an outcome measure. The goals of the group were:

-  To be able to share a story of a positive experience with their sibling with an emotion attached by the end of the 7 week group.
-  To be able to share a story of a challenging experience with their sibling with an emotion attached by the end of the 7 week group.
-  To be able to recall within the group a strategy for letting go of feelings e.g. writing down, telling someone, deep breaths, hand massage, by the end of the 7 week group.

The Siblings Group course was updated by the national charity at the end of this year. The following Growing Hope King's Cross staff and volunteers were trained as Facilitators in October 2021: Abi Page (Lead Therapist), Judith Hart (Physiotherapist), Joanna Stewart (Music Therapy student), Rachael Higson (Kids Pastor at St Saviours), and Rachel Hammond (KXC volunteer). The first of the new group will be run in 2022.



Circle of Security

We ran this parenting course twice over the year in partnership with Choices Islington - once in-person and once online. 11 parents and carers attended the courses we ran. Circle of Security is an evidence-based parenting course based on attachment research, involving course videos and facilitated therapeutic discussion. We were able to run this course with Naomi Graham (lead therapist and clinic manager, Growing Hope King's Cross), Sophie Guthrie-Kummar (CEO, Choices Islington) and Sarah Webb (Parenting Support Manager, Choices Islington) as trained facilitators. Joanna Stewart also supported the facilitation of the latest course on zoom as part of her Music Therapy placement.

We used the Goal Attainment Scale^{4&5} to measure the outcomes of this course. We found that across the groups 100% of the following goals were met. Where some parents could not attend all of the sessions the facilitators arranged an opportunity to catch up before the start of the next session so they did not miss out. The goals of the group were:

By the end of the 6 week course, for the parent to be able to name a moment out loud in the group where they have chosen to 'be with' their child in their emotions.

By the end of the 6 week course, for the parent to be able to verbalise within the group which part of the circle they struggle with the most.

By the end of the 6 week course, for a parent to be able to name a moment out loud in the group in which they experienced 'shark music' with their children.

By the end of the 6 week course, for a parent to verbalise a moment where they have chosen to be 'Bigger, Stronger, Wiser and Kind'.

"I now see that being with my child in their emotions means they feel better and can manage their emotions more than if I try and move them out of it."

Baby Massage

In 2021 we ran two Baby Massage courses for parents with newborns. One took place online and one in-person with 5 weekly sessions. 16 parents and babies attended the sessions. Judith Hart, Growing Hope King's Cross' Physiotherapist and accredited IAIM instructor, ran the sessions. Baby massage is when a parent or primary carer lovingly strokes or holds their baby. Using a high quality non-fragranced vegetable oil, soothing holds and rhythmic strokes are given on each area of the baby's body. There are many benefits to baby massage including

helping babies feel more securely attached and relaxed. It also increases their body awareness and coordination. For parents it enables them to have a deeper understanding of their child's behaviour and body language. It can also increase their confidence in their ability to care for their baby.

Feedback from parents & carers:

"It has equipped me with more skills to connect with my baby. It provided a safe space for me and my baby to be out of the house navigating how we are in a public space."

"Jude was fantastic and made the group really relaxed and like a group of friends"

"The sessions were well paced, informative and so friendly. I was nervous before the first session and was made to feel so welcome."

Other Training

We recognise both parents and teaching staff need training on how to support children with additional needs in order to positively impact the whole family. In May 2021 Naomi ran a 1 hour in-person Fine Motor Skills and Handwriting Training in Ambler Primary School. 20-30 staff members attended this training. This year we also ran two in-person sessions for 8 parents and carers over the summer covering topics such as supporting communication at home and sensory processing. Abi also recorded a webinar entitled 'Understanding Speech & Language Therapy' for the charity PACT which works with adoptive and fostering parents.

20 Hope in Jesus

At Growing Hope King's Cross we believe that Jesus brings hope into everyone's lives, that God has created every individual fearfully and wonderfully and that they are of value to him. Our Christian values have underpinned the work we have done both in the clinic and in schools over the past year.

We welcome all individuals to the clinic, whatever their faith or background. During this year 21% of the families we have supported have no faith, 17% are from a Muslim background, 15% are from another faith and 39% are practising Christians. This broadly reflects London's demographics. Each week within therapy sessions, we offer to pray for people if this is something they would like to do. Some families have declined the offer of prayer, but many have accepted it. Across the year we have had conversations with families who have asked questions about faith and the hope that Jesus can bring. We've also been able to pray for families along the therapy journey, and this appears to have helped families to stay hopeful and confident. It has been a privilege to be able to extend the hope that Jesus can bring to the families who have come to the clinic. On several occasions we have been able to pray with both children and parents facing challenging times, to walk alongside them and speak hope into their challenges.



“For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.”

Jeremiah 29 v 11

“Your organisation is a shining light of kindness in an otherwise sometimes desolate landscape.”

Growing Hope Parent

Maisy's Story & Physiotherapy



Starting the year in lockdown and working from home was daunting, especially for our children and families who needed therapeutic input but for some families it worked out really well. A lovely 2-year-old called Maisy* was able to join her therapy sessions over Zoom. Maisy has a diagnosis of Cerebral Palsy, following a stroke at birth. We completed a full assessment and put certain strategies in place to promote the use of her affected side in everyday movement tasks. One of her therapy goals was to be able step over an object on the floor without tripping or losing balance. It was helpful to see the home set up and make the activities and games specific to her environment. Through verbal instruction, mum and dad learnt how to support her neurodevelopment using therapeutic handling techniques, positive reinforcement, and fun using her own toys. This allowed them to continue practising activities throughout the week. Seeing how empowered the parents felt to provide these therapeutic techniques in everyday life highlighted the wonders of virtual communication! Then, as lockdown eased, it was a joy to welcome the family to attend their final session face-to-face in clinic! After meeting all of her gross motor goals, Maisy successfully graduated from physiotherapy and began to focus on a block of Occupational Therapy.

*pseudonym

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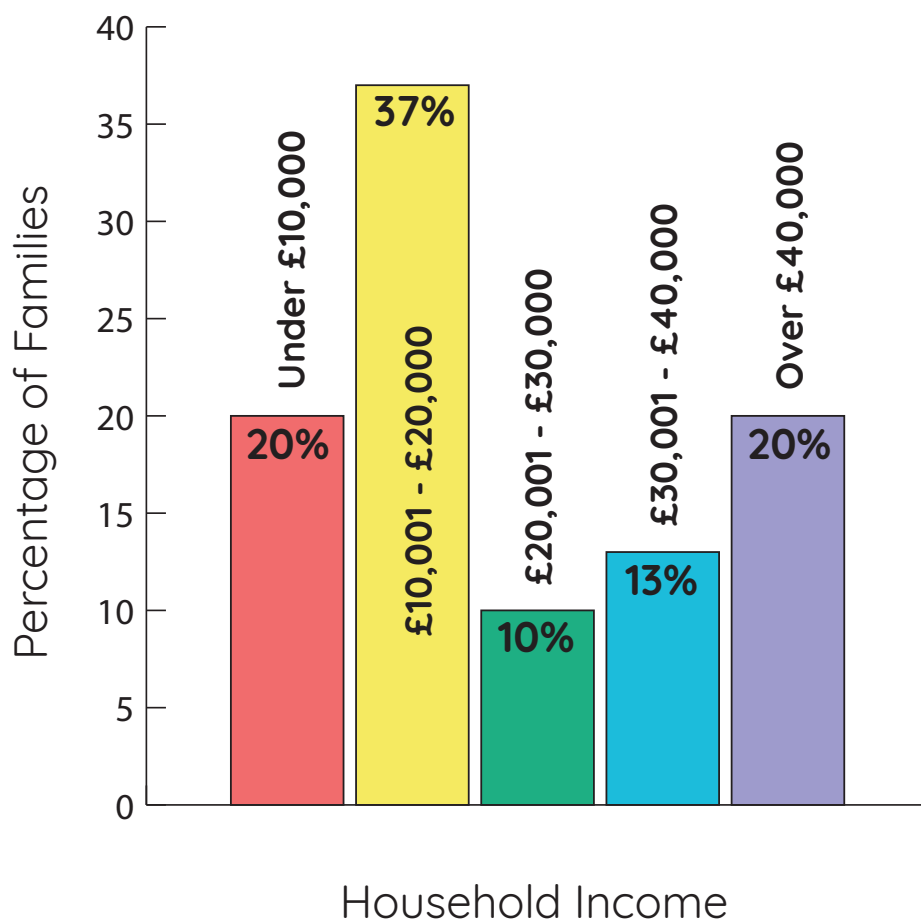
“The support has helped me to come up with more play based therapy ideas which I was able to replicate at home. It never felt pressured even when our daughter wasn't in the mood, we just moved on to find another activity.” Maisy's Parents

22 Who We Support

We support children, young people and families from a range of backgrounds and circumstances.

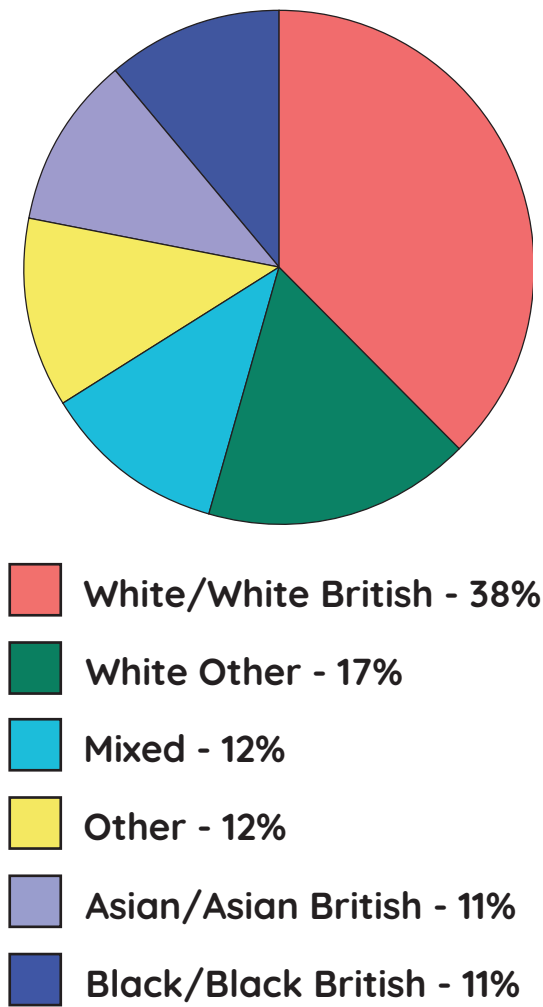
67% of families receiving our services had an income under the UK's median of £30,000 with 57% of families having a household income of below £20,000. Also, 46% of families were receiving two or more types of multiple benefits and income support. At Growing Hope King's Cross, we endeavour to offer a service that is open to all individuals irrespective of their background, and reach those who are experiencing the most pressing challenges. We feel these demographics demonstrate that over the last year we have been helping to assist those in critical need of support. At Growing Hope, we are accepting of all and want everyone to know they are seen, heard and belong.

Household Income for Families Attending Growing Hope King's Cross

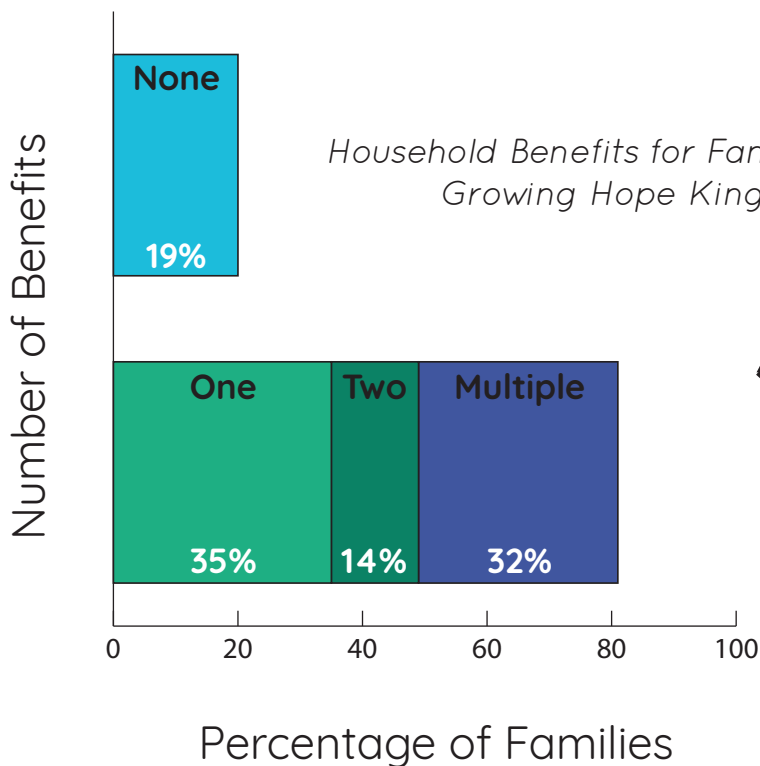
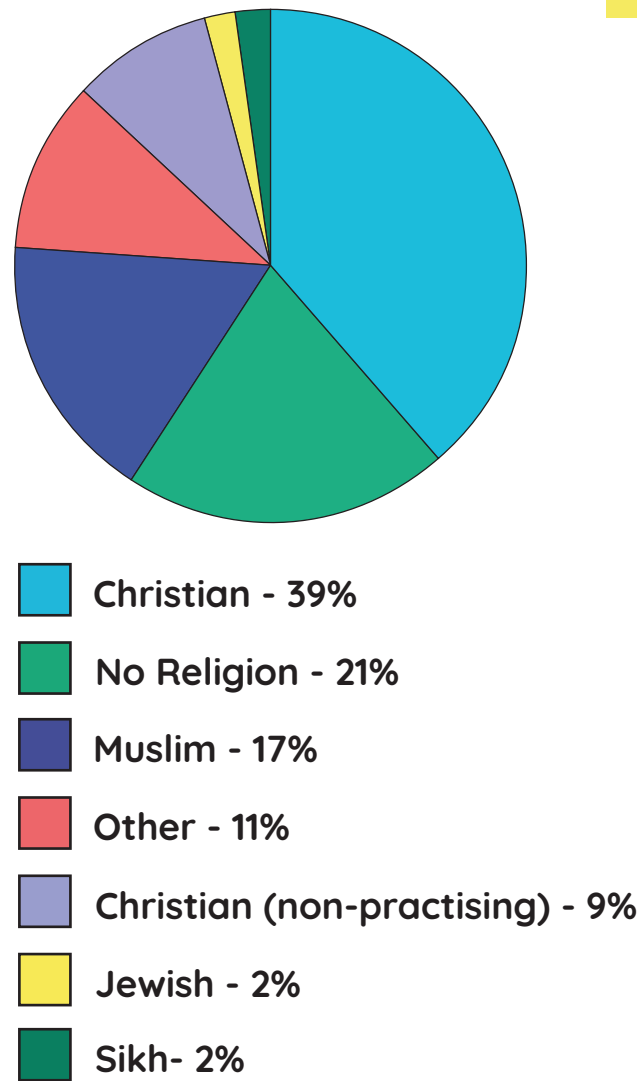


67%
of families have a household income that is below the UK median of £29,900⁵

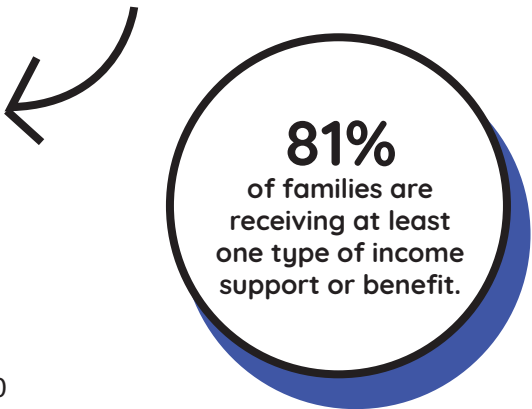
Ethnicity of Families Attending Growing Hope King's Cross



Religion of Families Attending Growing Hope King's Cross



Household Benefits for Families Attending Growing Hope King's Cross



24 Volunteers

The trustees would like to say a big thank you to each and every individual who has supported Growing Hope King's Cross in the past year.

Including trustees, we have 17 regular volunteers who give up their time on a monthly or periodic basis. We also have 23 volunteers who have supported us at one-off events or by providing childcare in order for us to run our groups for families. The trustees also want to recognise the role of our partnership church, King's Cross Church, in facilitating this support and volunteering. Without the church community, Growing Hope King's Cross would be unable to continue to support children, young people and families.

Regular Volunteers

We are so grateful to all our regular volunteers who equip us with the capacity to support more families. We particularly want to thank Emma Bird, who runs our gift aid processing on a voluntary basis, Rhianna Gerry, who volunteers regularly to complete grant applications, and Natalie de Laune, who volunteers as minute taker for our trustee meetings.

Sunday Volunteers

Part of Growing Hope's vision is to see children and young people with additional needs and their families be supported to access church if they'd like to. This year we have seen six Growing Hope families attend church and even more attend one-off church events. There are also families who were already part of the KXC family who have accessed Growing Hope's services. A team of 9 Growing Hope volunteers have been a part of the kids ministry to support these Growing Hope families. The KXC kids team (around 30 volunteers) have received briefing and training as to how to support children

with additional needs within a church setting and accessibility is core to the kids ministry provided. Each session includes visual schedules, fidget toys, opportunities for movement, a multisensory story and prayer activities so children, whatever their needs, can engage and participate.

The trustees want to thank KXC and in particular Sunday volunteers for their adaptability in supporting families in changing circumstances across the year, especially as the services have been both online and in-person in a variety of locations, whilst King's House is being renovated. Growing Hope would also like to thank the team of volunteers that supported Growing Hope families at the KXC Big Weekender in September. It was the first time the whole church community has come together to camp and it was great to be able to support Growing Hope families at the event.

Event Volunteers

Our one-off volunteers for our events have been so valuable in enabling these initiatives to be as successful as they have been. We are extremely grateful to everyone who offers up their time to serve at these events.

Due Diligence

All regular volunteers provide two references, and any volunteer who works with children provides two references and completes a DBS check. Regular volunteers have a volunteer agreement which is not legally binding, but helps Growing Hope King's Cross and the volunteer to agree their role.



81%

of disabled people
had problems
accessing essential
healthcare during
the pandemic ⁴

15.9%

of children in
England have an
additional need ⁵

97%

of schools have
insufficient funding
to support pupils
with special needs ⁶

1 in 3

schools has cut their
special needs provision
in the last year ⁶

26 Financial Review

The trustees present an overview of the charity's finances for the period: 1 January 2021 - 31 December 2021. Growing Hope King's Cross currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £58,447.

We received an income of £99,793:

- £13,975 from grants
- £1,139 from fundraising
- £26,627 from regular giving
- £634 from one-off giving
- £7,513 from gift aid
- £38,471 from campaigns & training
- £11,434 donations from other organisations

We had an expenditure of £100,745:

- £82,330 on salaries & HR
- £312 on fundraising
- £10,547 on clinic rent, office & admin costs
- £1,556 on clinic expenses
- £6,000 Giving to Growing Hope (umbrella charity)

This is in line with expectations for the end of our financial year, and is enough funding to continue to run sustainably. Our successful Big Give campaign, Hosting for Hope campaign and London Marathon fundraising enables us to remain sustainable with the current employees in place. The trustees are confident that the charity is a going concern and will continue for the year ahead.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have

further sustainable finances to enable us to provide our therapy services.

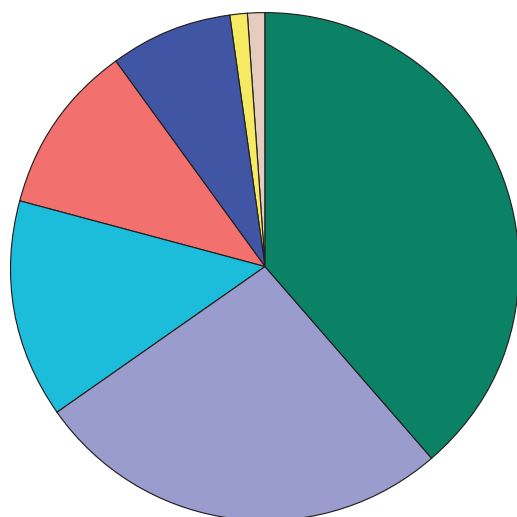
The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report.

Impact of Coronavirus

We have not been able to organise in-person events this year, in particular on a large scale because of the government restrictions during the coronavirus pandemic. We have mitigated the shortfall of fundraising income through the generosity of our donors and grant foundations. We hope to resume in-person fundraising events in 2022.



Types of income received by Growing Hope King's Cross



- Campaigns & Training - 38%
- Regular Giving- 27%
- Grants - 14%
- Donations from other organisations - 11%
- Gift Aid - 8%
- Fundraising - 1%
- One-off Gifts - 1%



28 Risk Management

The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them.

Financial Risk:

- Hold three months' finances in reserves.
- Organise monthly fundraising meetings and plans.
- Regular finance updates for local clinics prepared by our Finance Officer.
- Follow policies and procedures outlined by Growing Hope umbrella charity.

IT Security & Protection:

- Follow data protection policy provided by Growing Hope umbrella charity.
- Files accessed on a needs basis within Google Drive.
- Encrypted clinic software (Canopy) for all clinical notes.
- All computers password protected.
- All reports and appointment letters sent to families are password protected.

Safeguarding:

- All trustees have an up-to-date DBS.
- Any volunteers and or staff and freelancers are recruited via safer recruitment and have undergone referencing and DBS checks.
- All volunteers and staff are aware of safeguarding policy and procedures.

Health & Safety:

- Follow health and safety policy outlined by Growing Hope umbrella charity.
- Public liability insurance is in place.
- Day-to-day risk assessments are carried out by all staff and volunteers within their roles.

Compromising Christian Identity & Values:

- Hope in Jesus continues to be core to the charity's messaging.
- Everyone is welcome regardless of their background.
- Each family who attends the clinic has the opportunity to choose to participate in prayer.

Supporter Engagement & Fundraising

29

This year generous individuals and organisations gave a total of £99,793 to grow hope in the lives of people in Camden and Islington.

A fundraising committee consisting of David Straiton, Pippa Bailey, Lauren Sibuns, Rhianna Gerry, Abi Page and Emily Allbaugh meet monthly. They focus on applying for grant funding, thanking regular givers and continuing to create opportunities for individuals to give regularly. We are hoping to extend this group in 2022 to include more individuals. Due to the ongoing pandemic and resulting Lockdowns, we were unable to hold any large scale in-person fundraising events in 2021. We are looking forward to our next fundraising Ball in March 2022.

Hosting for Hope

We were still able to successfully run a Hosting for Hope campaign when lockdowns were lifted in the Summer of 2021. During a Hosting For Hope meal, hosts invite friends and provide the food. Instead of bringing drinks or dessert, guests are invited to donate towards the work of Growing Hope (suggested minimum donation of £10). We raised £2,000 during this campaign. We plan to keep this campaign running for people to take part in throughout the year.

Big Give

We were also still able to raise significant funds through our Big Give campaign. We received several generous donations from individuals who have committed to pray and support Growing Hope King's Cross - you know who you are and we are so grateful for your gifts which enable us to support children and their families.

Other Fundraising

Also, we would like to say a huge thank you to Joe Naylor for raising over £1,000 by running the London Marathon in October 2021.

Grants & Trusts

We have also received several generous donations from trusts and grant providers. We would like to thank the Morris Charitable Trust, Baily Thomas Charitable Fund and Young Camden Foundation for supporting us by funding our work this year. With their support we have been able to provide even more free therapy for children with additional needs in Camden and Islington.

Grants received:

Baily Thomas Charitable Fund - £10,000
Young Camden Foundation - 'Build up fund' - £1,975
Morris Charitable Trust - £2,000



Morris Charitable Trust

The Baily Thomas
Charitable Fund ■

30 Structure, Governance and Management

Growing Hope King's Cross is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope King's Cross works in partnership with KXC and Growing Hope (umbrella charity).

As a CIO, if Growing Hope King's Cross is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope umbrella charity (CaSE combined policy 013633/03/121).

Employees

Naomi Graham, Abi Page and Judith Hart have all continued to provide therapy for Growing Hope King's Cross over the last year. In September 2021 Abi was appointed as the new full-time Lead Therapist and Clinic Manager after Naomi Graham stepped down in September 2021 to spend more time as CEO of Growing Hope Umbrella. Naomi continues to provide occupational therapy for the clinic two days a week. Throughout the year, Judith provided two days a week as our physiotherapist.

While Naomi was a member of the Growing Hope King's Cross Trustee board she was not party to any decisions regarding her salary or employment. Abi, as the newly appointed Lead Therapist and Clinic Manager, also attends Growing Hope King's Cross Trustee meetings but is also not party to any decisions regarding her salary or employment.

Freelancers & Volunteers

During 2021, Growing Hope King's Cross expanded the therapy team to include an additional freelancer - Alley Akoh. Alley has been providing art therapy for our clinic since March 2021. Georgie Harris has continued to provide music therapy at our clinic and Jess Bond has provided occasional children's counselling as a freelancer. Also, Joanna Stewart has been providing Music Therapy as a student volunteer. We are very grateful to Joni Roberts who has been supporting our therapy team by providing freelance administration over the last year. All staff and volunteers have undergone safer recruitment checks and work within the Growing Hope King's Cross therapy team. We would like to thank all of our freelancers and volunteers for their hard work and dedication to Growing Hope. Your support is greatly appreciated.

Governance & Partnerships

Growing Hope King's Cross is a CIO that runs in partnership with Growing Hope (umbrella charity). It is Growing Hope's first clinic and launched at the same time as Growing Hope. Growing Hope King's Cross receives governance, policy, insurance, clinical supervision and training from the umbrella. It provides financial reports to the umbrella charity and, with

parental consent, shares stories from the clinic. Growing Hope King's Cross also partners closely with its local partnership church, KXC, where the Lead Therapist and Clinic Manager Abi Page is part of the staff team. KXC provides pastoral care for Abi.

Trustees

Growing Hope King's Cross trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope King's Cross, ensuring it is meeting its charitable purposes. Our current trustees are on the right.



David Straiton (Chair)



Lauren Sibuns



Jon Carter



Pippa Bailey



Dan Kheng

32 The Year Ahead


We loved seeing the charity continue to grow and reach children and families in 2021 despite the ongoing coronavirus pandemic. We are looking forward to continuing to grow our services and see the positive impact of our work on the lives of children, young people and their families.

A key aim of the trustees is to maintain our fundraising income through grant applications, events and campaigns. As the year has come to an end we have said a temporary goodbye to Judith Hart our physiotherapist who is going on Maternity leave. We will endeavour to continue to provide other therapy services on a freelance basis and will be employing a new Occupational Therapist so that we can meet the needs of local families and decrease the length of our waiting list.

For the next year we have set ourselves these goals:

 **SERVICES** to employ a new occupational therapist in the spring. To continue to expand our services as finances allow.

 **LOCALITY** to reach more families in Camden as well as Islington

 **FUNDRAISING** to run a fundraising ball in the spring and to increase regular giving and grant income to further financial sustainability.

 **CONNECTIONS** to continue to build relationships with other local services and schools

 **CHURCH** to see more families that come through the clinic find a home in church community.

Annual Report References:

1. Ruble, L., McGrew, J.H., Toland, M.D. (2012) Goal Attainment Scaling as an Outcome Measure in Randomized Controlled Trials of Psychosocial Interventions in Autism. *Journal of Autism and Developmental Disorders* 42(9): 1974-1983.
2. Cox, R., Amsters, D. (2002) Goal Attainment Scaling: An Effective Outcome Measure for Rural And Remote Health Services. *Australian Journal of Rural Health*. 10(5): 256-261.
3. ONS, 2020. Average household income, UK: financial year 2020. [Online]. [21 January 2022]. Available from: <https://www.ons.gov.uk/peoplepopulationandcommunity/personalandhouseholdfinances/incomeandwealth/bulletins/householddisposableincomeandinequality/financialyear2020>
4. Inclusion London, 2021. Locked Down and Abandoned: Disabled People's Experiences of Covid-19. [online] London. Available at: <https://www.inclusionlondon.org.uk/wp-content/uploads/2021/02/FINAL-Locked-Down-and-Abandoned-report-PDF.pdf> [Accessed 24 February 2021]
5. Gov.UK. 2021. Special educational needs in England. [Online]. [29 July 2021]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england#dataDownloads-1>
6. The National Association of Head Teachers, 2021. A FAILURE TO INVEST: The state of school funding in 2021. [online] Available at: [https://www.naht.org.uk/Portals/0/PDFs/Funding/NAHT%20Funding%20report%20\(A%20Failure%20to%20Invest\)_WEB.pdf?ver=2021-09-07-173735-743](https://www.naht.org.uk/Portals/0/PDFs/Funding/NAHT%20Funding%20report%20(A%20Failure%20to%20Invest)_WEB.pdf?ver=2021-09-07-173735-743) [Accessed 9 September 2021].

Growing Hope King's Cross
Reference and administrative details
For the year 1 January 2021 – 31 December 2021

Trustees:

David Straiton (Chair) appointed 13 December 2017
Naomi Graham appointed 13 December 2017, resigned 20 September 2021
Jonathan Carter appointed 13 December 2017
Philippa Bailey appointed 13 December 2017
Lauren Sibuns appointed 15 April 2018
Daniel Kheng appointed 15 August 2019

Key Management Personnel:

Dr Naomi Graham, Lead Therapist and Clinic Manager to 31 August 2021
Abigail Page, Lead Therapist and Clinic Manager from 1 September 2021

Registered Principal office:

KXC Offices 237 Pentonville Road London N1 9NG

Charitable Incorporated Organisation (CIO) number:

1176251

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent examiner:

Heather Rayner FCA

Growing Hope Independent Examiner's Report to the Trustees

For the year period 1 January 2021 to 31 December 2021

I report to the charity trustees on my examination of the accounts of the charity for the period '1 January 2021 to 31 December 2021' which are set out on pages 33-41.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed

Heather Rayner

[Heather Rayner \(Feb 20, 2022 22:58 GMT\)](#)

Heather Rayner FCA

31 Freston Gardens,
Barnet,
Herts,
EN4 9LX

Growing Hope King's Cross

| Statement of Financial Activity | | | | | | |
|--|--------------------|------------------|----------------|--------------------|------------------|----------------|
| For the year ended 31 December 2021 | | | | | | |
| Note | Unrestricted Funds | Restricted Funds | TOTAL FUNDS | Unrestricted Funds | Restricted Funds | TOTAL FUNDS |
| | 2021 | | | 2020 | | |
| | £ | £ | £ | £ | £ | £ |
| INCOME FROM: | | | | | | |
| Voluntary Income | 46,208 | - | 46,208 | 40,638 | - | 40,638 |
| Grant Income | 2,000 | 11,975 | 13,975 | 36,850 | - | 36,850 |
| Activities for Generating funds | 1,139 | - | 1,139 | 10,211 | - | 10,211 |
| Other sourced income | 38,471 | - | 38,471 | 14,860 | - | 14,860 |
| TOTAL INCOME | 87,818 | 11,975 | 99,793 | 102,559 | 0 | 102,559 |
| EXPENDITURE ON: | | | | | | |
| Raising Funds | 312 | - | 312 | 7,523 | - | 7,523 |
| Charitable Activities | 90,433 | 10,000 | 100,432 | 78,777 | - | 78,777 |
| TOTAL EXPENDITURE | 90,745 | 10,000 | 100,744 | 86,300 | 0 | 86,300 |
| NET INCOME/(EXPENDITURE) BEFORE TRANSFER OF FUNDS | (2,927) | 1,975 | (951) | 16,259 | 0 | 16,259 |
| Gross transfer in funds out | - | - | - | - | - | - |
| Gross transfer in funds in | - | - | - | - | - | - |
| NET MOVEMENT IN FUNDS | (2,927) | 1,975 | (951) | 16,259 | 0 | 16,259 |
| Balances brought forward at 1 January 2021 | 59,398 | - | 59,398 | 43,139 | - | 43,139 |
| BALANCES CARRIED FORWARD AT 31 DECEMBER 2021 | 56,471 | 1,975 | 58,447 | 59,398 | 0 | 59,398 |

Growing Hope King's Cross

Balance Sheet

| | Note | 2021 £ | 2020 £ |
|-------------------------------|------|----------------|----------------|
| FIXED ASSETS | | | |
| Clinic and IT equipment | 4 | 0 | 212 |
| | | 0 | 212 |
| CURRENT ASSETS | | | |
| Bank Account | | 53,126 | 54,166 |
| Debtors | 5 | 6,725 | 8,338 |
| | | 59,852 | 62,504 |
| LIABILITIES | | | |
| Creditors | | (1,405) | (1,673) |
| Payroll | | 0 | (1,646) |
| Creditors due within one year | 6 | (1,405) | (3,319) |
| NET CURRENT ASSETS | | 58,447 | 59,398 |
| NET ASSETS | | 58,447 | 59,398 |
| RESERVES | | | |
| Deficit to 31st Dec 2021 | | (951) | 16,259 |
| Brought forward balance | | 59,398 | 43,139 |
| | | 58,447 | 59,398 |
| FUNDS | | | |
| Unrestricted | | 56,472 | 59,398 |
| Restricted | | 1,975 | 0 |
| | | 58,447 | 59,398 |

The financial statements were approved by the board of Trustees on: 17 February 2022

Approved by Board of Trustees and signed on its behalf by:



David Straiton
Chair of Trustees



Dan Kheng
Treasurer

Growing Hope King's Cross
Notes to the Financial Statements
For the year period 1 January 2021 to 31 December 2021

Accounting Policies

Incorporation

Growing Hope King's Cross was registered in England and Wales with the Charity Commission as a CIO Foundation on 13 December 2017. These financial statements are for the period 1 January 2021 to 31 December 2021.

Basis of preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going concern basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period 1 January 2021 to 31 December 2021 are shown in note 11 to the accounts

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their at transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible fixed assets and depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment: 4 Years straight line

Clinic Equipment: 4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical accounting estimates and areas of judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Growing Hope King's Cross

Notes to the Financial Statements

For the year ended 31 December
2021

2. Income

| | Unrestricted Funds | Restricted Funds | Total Funds | Unrestricted Funds | Restricted Funds | Total Funds |
|------------------------------------|-----------------------|---------------------|---------------|-----------------------|---------------------|----------------|
| | 2021 | | | 2020 | | |
| | £ | £ | £ | £ | £ | £ |
| Voluntary Income | 46,208 | - | 46,208 | 40,638 | - | 40,638 |
| Regular Giving | 26,627 | - | 26,627 | 24,079 | - | 24,079 |
| One Off Giving | 634 | - | 634 | 3,896 | - | 3,896 |
| Gift Aid | 7,513 | - | 7,513 | 6,834 | - | 6,834 |
| Donations from other Organisations | 11,434 | - | 11,434 | 5,828 | - | 5,828 |
| Grant | 2,000 | 11,975 | 13,975 | 36,850 | - | 36,850 |
| Grants | 2,000 | 11,975 | 13,975 | 36,850 | - | 36,850 |
| Fundraising Income | 1,139 | - | 1,139 | 10,211 | - | 10,211 |
| Growing Hope Ball | - | - | - | 10,211 | - | 10,211 |
| Marathon | 1,139 | - | 1,139 | - | - | - |
| Services and Sales | 38,471 | - | 38,471 | 14,860 | - | 14,860 |
| Campaigns | 38,246 | - | 38,246 | 14,860 | - | 14,860 |
| Training/Consultancy | 225 | - | 225 | - | - | - |
| TOTAL INCOME | 87,818 | 11,975 | 99,793 | 102,559 | - | 102,559 |

3. EXPENDITURE

| | Unrestricted Funds | Restricted Funds | Total Funds | Unrestricted Funds | Restricted Funds | Total Funds |
|--|-----------------------|---------------------|----------------|-----------------------|---------------------|---------------|
| | 2021 | | | 2020 | | |
| | £ | £ | £ | £ | £ | £ |
| Office and Administration Costs | 10,547 | - | 10,547 | 10,282 | - | 10,282 |
| Communications | 170 | - | 170 | 423 | - | 423 |
| Printing, Postage and Stationery | 106 | - | 106 | 68 | - | 68 |
| General Office Costs | 394 | - | 394 | 145 | - | 145 |
| Phone Costs | 311 | - | 311 | 531 | - | 531 |
| Computer Equipment | - | - | - | 720 | - | 720 |
| Rent | 8,213 | - | 8,213 | 6,245 | - | 6,245 |
| Depreciation Charge | 212 | - | 212 | 211 | - | 211 |
| Travel | - | - | - | 91 | - | 91 |
| Legal and Prof Fees (Finance and HR) | 1,141 | - | 1,141 | 1,849 | - | 1,849 |
| Clinic Expenses | 1,556 | - | 1,556 | 2,199 | - | 2,199 |
| Direct costs | 184 | - | 184 | 1,805 | - | 1,805 |
| Clinic Equipment/Assessment Tools | 970 | - | 970 | 62 | - | 62 |
| DBS | 150 | - | 150 | 127 | - | 127 |
| External Projects | 65 | - | 65 | 150 | - | 150 |
| Volunteer Hospitality | 187 | - | 187 | 55 | - | 55 |
| Fundraising Costs | 312 | - | 312 | 7,523 | - | 7,523 |
| Ball Expenses | - | - | - | 7,452 | - | 7,452 |
| Christmas Fair Expenses | - | - | - | - | - | - |
| Other Costs of Raising Funds | 312 | - | 312 | 71 | - | 71 |
| Contribution to Other Charities | 6,000 | - | 6,000 | 6,000 | - | 6,000 |
| Donation to Growing Hope Umbrella (Note 7) | 6,000 | - | 6,000 | 6,000 | - | 6,000 |
| Salaries and HR | 72,330 | 10,000 | 82,330 | 60,296 | - | 60,296 |
| Wages and Salaries | 61,324 | 5,000 | 66,324 | 50,929 | - | 50,929 |
| National Insurance costs | (7) | - | (7) | 939 | - | 939 |
| Pension Costs | 3,335 | - | 3,335 | 2,535 | - | 2,535 |
| Freelance Consultants | 6,933 | 5,000 | 11,933 | 5,645 | - | 5,645 |
| Staff Training | 745 | - | 745 | 247 | - | 247 |
| Total Expenditure | 90,745 | 10,000 | 100,744 | 86,300 | 0 | 86,300 |

Growing Hope King's Cross

Notes to the Financial Statements

4. FIXED ASSETS

| | | Clinic and IT Equipment £ |
|-----------------------------|--------------------------|---------------------------------|
| Actual/Revalued cost | At 1 January 2021 | 845 |
| | At 31 December 2021 | 845 |
| Depreciation | At 1 January 2021 | 633 |
| | Charge for the year | 212 |
| | At 31 December 2021 | 845 |
| Net Book Value | At 1 January 2021 | 212 |
| | At 31 December 2021 | 0 |

5. Debtors

| | 2021 £ | 2020 £ |
|----------------------------------|--------------|--------------|
| Other debtors and accrued income | 6,725 | 8,338 |
| Total | 6,725 | 8,338 |

6. Creditors (amounts falling due less than one year)

| | 2021 £ | 2020 £ |
|----------------------------------|--------------|--------------|
| Other Creditors | 1,405 | 1,673 |
| Payroll Liability | 0 | 1,646 |
| Total Current Liabilities | 1,405 | 3,319 |

7. Donations to Other Charities

| | 2021 £ | 2020 £ |
|-----------------------|-----------|-----------|
| Growing Hope Umbrella | £6,000 | £6,000 |

Growing Hope (umbrella charity) has separate administration and trustees. Growing Hope King's Cross works in partnership with Growing Hope and King's Cross Church. Growing Hope King's Cross gives a donation to Growing Hope in order that further therapy clinics can be set up across the UK to support children and young people with additional needs.

8. Additional Notes – Related Organisations

Dr. Naomi Graham, who was a trustee of the Growing Hope Kings Cross to 20 September 2021, was also employed by Growing Hope Kings Cross. Employment costs of Dr. Naomi Graham including employer national insurance and employer pension contribution was £29,627. Dr. Naomi Graham does not take part in any discussions or decisions relating to her salary and pension as lead Therapist. Jonathan Carter is an ex-officio trustee of Growing Hope Kings Cross and is a part of the leadership team of Kings Cross Church where Dr. Naomi receives pastoral support and where Growing Hope King's Cross receives office space for free.

9. Analysis of Asset by Fund

| | Unrestricted Funds £ | Restricted Funds £ | TOTAL FUNDS £ |
|-------------------------|----------------------------|--------------------------|------------------|
| Cash & Deposit Balances | 51,151 | 1,975 | 53,126 |
| Fixed Assets | 0 | 0 | 0 |
| Other Assets | 6,725 | 0 | 6,725 |
| Total Assets | 57,876 | 1,975 | 59,851 |
| Current Liabilities | (1,405) | 0 | (1,405) |
| | 56,471 | 1,975 | 58,447 |

10. Staff

No employee was paid at the rate of more than £60,000

| | 2021 | 2020 |
|-------------------------------------|------|------|
| Average Employees during the period | 3.00 | 1.10 |
| Employees with contracts of service | 3.00 | 4.00 |

11. Restricted Funds

| Funder | Item Funded | Balance as at 1 Jan 2021 £ | Income £ | Expenditure £ | Balance as at 31 Dec 2021 £ |
|----------------------------------|--------------|----------------------------------|-------------|------------------|-----------------------------------|
| The Baily Thomas Charitable Fund | Project cost | 0 | 10,000 | 10,000 | 0 |
| Young Camden Foundation | Project cost | 0 | 1,975 | 0 | 1,975 |

Growing HOPE King's cross

growinghope.org.uk

Registered charity number 1176251 (England & Wales)

Growing Hope, KXC, 237 Pentonville Road, London N1 9NG

Email: info@growinghope.org.uk

Phone: 07734858876

Photographs: Richard Cozby and Rachel Orphan