

**Charitable Incorporated Organisation (CIO)
1176249**



Annual Report

Period: 1st April 2022 to 31st March 2023

• **Objectives and Activities**

Summary of the purposes of the charity as set out in its governing document (SORP para 1.17).

The objects of the CIO are:

- (1) The protection and promotion of health, particularly among people suffering from breast cancer and other breast disease in Kent and other parts of the South-East of England ("the Local Area");
- (2) The relief of those in need as a result of ill-health resulting from breast cancer in the Local Area;
- (3) The promotion of research into the nature, causes, diagnosis, prevention and treatment of breast cancer and other breast disease; and
- (4) The advancement of education through providing training to medical professionals specialising in breast cancer and reconstructive surgery in the Local Area.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts (SORP para 1.17 and 1.19).

Improved care for breast cancer patients – Continued funding of training and professional development courses for breast care nurse specialists and other nurses involved with breast cancer patients at Maidstone and Tunbridge Wells NHS Trust.

Breast Cancer Kent, PO Box 1355, Maidstone, ME14 9UP,
breastcancerkent@gmail.com

Provision of acupuncture sessions, fitness and well-being courses for patients living with secondary breast cancer.

Purchasing of equipment to improve the diagnosis and treatment of patients with breast cancer.

The trustees have reviewed the guidance issued by the Charity Commission regarding the public benefit of the Charity's activities (SORP para 1.18).

- **Achievements and Performance**

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole (SORP para 1.20).

Patient well-being after breast cancer diagnosis and treatment remains an important element of the Charity's work. The charity supports an acupuncture service and fitness classes for patients with secondary breast cancer. We continue to maintain a petty cash system at Maidstone and Tunbridge Wells Breast clinics, which allows us to purchase items for elderly and vulnerable patients such as a taxi home or a surgical support garment.

This year the charity updated the patient journey App to make improvements to functionality and usability. Otherwise, the Charity has been fund-raising to buy several pieces of expensive equipment to help with the delivery of breast services in Kent.

The 2-year MRes degree for a breast surgical research fellow at The University of Kent under the supervision of Professor Michelle Garrett in collaboration with Maidstone and Tunbridge Wells Breast Unit and the Kent Oncology Centre is recruiting and going well. The research aims to monitor the response of triple-negative breast cancer to upfront chemotherapy using high-resolution contrast enhanced ultrasound and tumour biomarkers of cancer growth and blood vessel formation.

- **Financial Review**

Review of the charity's financial position at the end of the period (SORP para 1.21)

The accounts were prepared using the Financial Reporting Standard for Smaller Entities (FRSSE). At the end of the financial year, the charity is in a healthy financial position with £362,408 in the current account.

- **Structure, Governance and Management**

Type of governing document (SORP para 1.25)

Constitution.

How is the charity constituted (SORP para 1.25)

Charitable Incorporated Organisation.

Trustee selection methods (SORP para 1.25)

- (1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.
- (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.
- (3) A charity trustee retiring on the expiry of a fixed term will be eligible for re-election.

- **Reference and Administrative details**

Name: Breast Cancer Kent

Charity Number: 1176249

Principal Address: PO Box 1355, Maidstone, Kent, ME14 9UP

Email: breastcancerkent@gmail.com

Website: www.breastcancerkent.org

Trustees:

Karina Cox (Chairperson) appointed by the Settlor.

Russell Burcombe appointed by the Settlor.

Ritchie Chalmers appointed by other trustees.

Rema Jyothirmayi appointed by other trustees.

Helen Teare appointed by other trustees.

Colm Walls appointed by other trustees.

Deepika Akolekar appointed by other trustees.

Laura Freeman appointed by other trustees.

Hazel Randall appointed by other trustees.

Judith Mallett appointed by other trustees.

Eleonor Grandi appointed by other trustees.

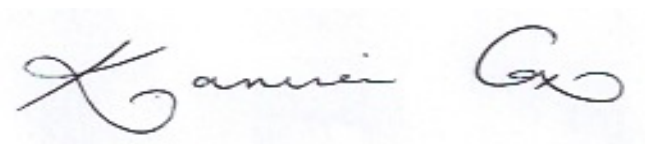
There are no corporate trustees or trustees holding title to property belonging to the charity.

There are no funds held as custodian trustees on behalf of others.

- **Declarations**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

A handwritten signature in black ink, appearing to read 'Karina Cox', is written over a light blue horizontal line.

Karina Cox
Chairperson

Date: 4th April 2023

Reference document: Charities SORP (FRS 102).

Breast Cancer Kent
Independent examiner's report
for the year ended 31 March 2023

Report of the Independent Examiner to the trustees/members of Breast Cancer Kent on the accounts for the year ended 31 March 2023 which comprise an income and expenditure account for the year ended 31 March 2023 and a balance sheet as at that date.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under s.144 of the Charities Act 2016 (The Charities Act) and that an independent examination is needed

It is my responsibility to

- examine the accounts under s.145 of the Charities Act
- follow the procedures laid down in the general directions given by the Charity Commission (under s.145(5)(b) of the Charities Act) and
- to state whether any particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below

Independent examiner's statement

In connect with my examination, no matter has come to my attention

- 1) which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with s.130 of the Charities Act
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



Samuel Lindley CTA ACCA
Bowyer Pounds & Co
Accountants

76 Glebe Lane
Barming
Maidstone
Kent
ME16 9BD

11 August 2023

Breast Cancer Kent
Income and expenditure
for the year ended 31 March 2023

		Year end 31.03.23 £	Year end 31.03.22 £
Income			
	Donations	21,729	2,949
	Fundraising	89,309	23,732
	Gift Aid	-	-
	Bank interest	965	-
		<u>112,003</u>	<u>26,681</u>
Expenditure			
	Patient Journey app	2,961	-
	Sponsorship	2,250	2,250
	Accupuncture needles	-	763
	Fundraising costs	-	1,631
	Training courses	2,471	450
	Fitness courses	2,220	1,705
	Mindfulness courses	-	-
	Collection boxes	-	-
	T-shirts	-	-
	Badges & fridge magnets	-	-
	Mugs	-	686
	Insurance	473	468
	Printing & postage	-	584
	Patient support group	66	-
	Living with Secondary Breast Cancer Service	347	77
	Website costs	-	1,462
		<u>10,787</u>	<u>10,073</u>
Net surplus for the year		<u>101,216</u>	<u>16,608</u>

Breast Cancer Kent
Balance sheet
as at 31 March 2023

		31.03.23	31.03.22
		£	£
Current assets			
Cash at bank	- current	36,443	261,191
	- reserve	150,361	-
	- liquidity 35 day	100,360	-
	- liquidity 95 day	75,244	-
		362,408	261,191
Represented by			
		£	£
	Balance as at 1 April 2022	261,191	244,584
	Net surplus for the year	101,216	16,608
	The surplus at 31 March 2023	362,408	261,191



Mr Colm Walls
Treasurer



Dr Karina Cox
Chairperson

Approved by the Board of Trustees on: 4th April 2023

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