

SPELTHORNE MENTAL HEALTH ASSOCIATION

Registered Charity no 1176226

Trustees' Annual Report for the year 2024

The charity's address is
Beresford House
Fordbridge Park
325 Kingston Road
Ashford Middx TW15 3SJ.

The charity trustees are
Mr Barry Bartleman Chairman
Mrs Anne Damerell Treasurer
Mrs Jillian Lacey

Ms Ann Cottis
Mrs Gillian Ramsay
Mrs Noreen Lowenhoff

Spelthorne Mental Health Association is a Charitable Incorporated Organisation governed by a constitution. Trustees are appointed from the membership by the Management Committee.

The objects of the charity as stated in the constitution are the preservation of mental health and relief of those suffering from mental illness in the borough of Spelthorne.

Summary of activities: we run a day centre with therapeutic classes and activities, e.g. art, crafts, dressmaking, woodwork, computing, literacy, plus outings and social interaction. This is funded by a charity shop.

We have had regard to the Charity Commission's guidance on public benefit, and note that

- 1) our clients say that the service helps them to stay well and reduces social isolation
- 2) the service is open to any Spelthorne resident age 18-65 referred by a health or social care professional, provided we can meet their needs. We keep existing clients after 65, and we provide transport to ensure that all clients can access the day centre. We do not charge for the service, other than 50p per session to cover tea or coffee.

Achievements We have continued to run the day centre and have welcomed several new clients. We seem to be getting more clients with complex problems, possibly because statutory services are raising their thresholds for help. New activities include card making and construction of miniature models. The partnership with the probation service has continued to be very fruitful: their community service workers use some of our workshop and computer facilities, maintain the garden and decorate the building. This benefits their mental health.

SMHA normally has no statutory funding or grants. It is funded by the income from the charity shop and the flat above it, plus a small amount of other fundraising and donations. The shop income is increasing, perhaps because many other local charity shops did not reopen after Covid.

Signed by Anne Damerell, treasurer, on behalf of all the trustees, on 10 October 2025

SPELTHORNE MENTAL HEALTH ASSOCIATION

Registered Charity no 1176226

Accounts for the year 2024

<u>Receipts</u>	<u>2024</u>	<u>2023</u>
Shop takings	71,199	69,736
Flat rent	14,300	12,000
Day centre takings	597	584
Mayor's fund		10,000
Donations & fundraising	1,380	676
Bank interest	<u>1,293</u>	<u>874</u>
	88,769	93,870
<u>Payments</u>		
Salaries	35,596	35,531
Rent	11,121	10,530
Transport	5,083	5,737
Rates & water	868	783
Insurance	2,282	2,161
Electricity	8,281	18,171
Telephone & IT	994	984
Pensions	90	
Craft equipment	518	395
Beresford House	3,451	2,112
Day centre sundries	1,770	786
Shop maintenance	23,048	3,829
Flat maintenance	1,302	2,558
Rubbish collection	2,251	1,910
Shop sundries	<u>738</u>	<u>350</u>
	97,393	85,837
Surplus/(deficit)	(8,624)	8,033
Cash funds at 1 Jan 2024	102,496	94,463
Cash funds at 31 Dec 2024	93,872	102,496

Statement of Assets & Liabilities at 31 December 2024

Cash funds	93,872
Shop & flat	230,000
Vehicles, after depreciation of 839	2,516
Debtors: prepaid insurance	<u>3,041</u>
Total assets	329,429
Net assets 1 Jan 2024	<u>338,768</u>
Decrease in 2024	9,339



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

SPELTHORNE MENTAL HEALTH ASSOCIATION

On accounts for the year
ended

31st December 2024

Charity no
(if any)

1176226

Set out on pages

1

Insert page numbers of additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

27/7/2025

Name:

DAVID THOMAS

Relevant professional
qualification(s) or body
(if any):

RETIRED FROM BUSINESS

Address:

PENTON HALL, PENTON HALL DRIVE, STAINES U THAMES
TW18 2HR