

SPELTHORNE MENTAL HEALTH ASSOCIATION

Registered Charity no 1176226

Trustees' Annual Report for the year 2023

The charity's address is
Beresford House
Fordbridge Park
325 Kingston Road
Ashford Middx TW15 3SJ.

The charity trustees are
Mr Barry Bartleman Chairman
Mrs Anne Damerell Treasurer

Ms Ann Cottis

Spelthorne Mental Health Association is a Charitable Incorporated Organisation governed by a constitution. Trustees are appointed from the membership by the Management Committee.

The objects of the charity as stated in the constitution are the preservation of mental health and relief of those suffering from mental illness in the borough of Spelthorne.

Summary of activities: we run a day centre with therapeutic classes and activities, e.g. art, crafts, dressmaking, woodwork, computing, literacy, plus outings and social interaction. This is funded by a charity shop.

We have had regard to the Charity Commission's guidance on public benefit, and note that

- 1) our clients say that the service helps them to stay well and reduces social isolation
- 2) the service is open to any Spelthorne resident age 18-65 referred by a health or social care professional, provided we can meet their needs. We keep existing clients after 65, and we provide transport to ensure that all clients can access the day centre. We do not charge for the service, other than 50p per session to cover tea or coffee.

Achievements We have continued to run the day centre and have welcomed several new clients. We seem to be getting more clients with complex problems, possibly because statutory services are raising their thresholds for help. New activities include card making and construction of miniature models. The partnership with the probation service has continued to be very fruitful.

SMHA normally has no statutory funding or grants. It is funded by the income from the charity shop and the flat above it, plus a small amount of other fundraising and donations, including £2000 from BUPA. The shop income is increasing, perhaps because many other local charity shops did not reopen after Covid.

Signed by Anne Damerell, treasurer, on behalf of all the trustees, on xx September 2024

SPELTHORNE MENTAL HEALTH ASSOCIATION

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Accounts for the year 2023

<u>Receipts</u>	<u>2023</u>	<u>2022</u>
Shop takings	69,736	56,347
Flat rent	12,000	12,000
Day centre takings	584	521
Mayor's fund	10,000	
Donations	676	5,232
Bank interest	<u>874</u>	<u>85</u>
	93,870	74,185
<u>Payments</u>		
Salaries	35,531	35,715
Rent	10,530	8,000
Transport	5,737	6,133
Rates & water	783	996
Insurance	2,161	1,699
Electricity	18,171	1,614
Telephone & IT	984	901
Craft equipment	395	538
Beresford House	2,112	3,593
Day centre sundries	786	1,497
Shop maintenance	3,829	11,151
Flat maintenance	2,558	724
Rubbish collection	1,910	5,701
Shop sundries	<u>350</u>	<u>880</u>
	85,837	79,142
Surplus/(deficit)	8,033	(4,957)
Cash funds at 1 Jan 2023	94,463	99,420
Cash funds at 31 Dec 2023	102,496	94,463

Statement of Assets & Liabilities at 31 December 2023

Cash funds	102,496
Shop & flat	230,000
Vehicles, after depreciation of 1,118	3,355
Debtors: prepaid insurance	<u>2,917</u>
Total assets	338,768
Net assets 1 Jan 2023	<u>331,540</u>
Increase in 2023	7,228



Section A

Independent Examiner's Report

Report to the trustees/
members ofSPELTHORNE MENTAL HEALTH
ASSOCIATIONOn accounts for the year
ended

31 Dec 2022

Charity no
(if any)

1176226

Set out on pages

Please refer to the page numbers of additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent
examiner's statement

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

David Thomas

Date:

Thu June 2023

Name:

David Thomas

Relevant professional
qualification(s) or body
(if any):

Retired Business Man

Address:

2, Penton Lane, Penton Hall Drive
Staines upon Thames - TW18 2HR