

SPELTHORNE MENTAL HEALTH ASSOCIATION

Registered Charity no 1176226

Trustees' Annual Report for the year 2022

The charity's address is
Beresford House
Fordbridge Park
325 Kingston Road
Ashford Middx TW15 3SJ.

The charity trustees are
Mr Barry Bartleman Chairman
Mrs Anne Damerell Treasurer

Ms Ann Cottis
Miss Natalie Hyams

Spelthorne Mental Health Association is a Charitable Incorporated Organisation governed by a constitution. Trustees are appointed from the membership by the Management Committee.

The objects of the charity as stated in the constitution are the preservation of mental health and relief of those suffering from mental illness in the borough of Spelthorne.

Summary of activities: we run a day centre with therapeutic classes and activities, e.g. art, crafts, dressmaking, woodwork, computing, literacy, plus outings and social interaction. This is funded by a charity shop.

We have had regard to the Charity Commission's guidance on public benefit, and note that

- 1) our clients say that the service helps them to stay well and reduces social isolation
- 2) the service is open to any Spelthorne resident age 18-65 referred by a health or social care professional, provided we can meet their needs. We keep existing clients after 65, and we provide transport to ensure that all clients can access the day centre. We do not charge for the service, other than 50p per session to cover tea or coffee.

Achievements: We have continued to offer activities, including a new computer class to help our clients to use online services. We welcomed back old clients and several new ones, as the strain of Covid has not been good for people's mental health. We have good links to the local authority and were chosen as one of the Mayor's charities in 2022-23, which will help us to exchange one of our two minibuses for a newer ULEZ-compliant one in 2023. We have developed a most productive relationship with the local probation service, who were looking for work for their community service clients to do. They have provided helpers in the charity shop, are decorating the day centre and plan to improve its garden, and in return we have given them sessions in our workshop and computer room.

SMHA normally has no statutory funding or grants. It is funded by the income from the charity shop and the flat, plus a small amount of other fundraising and donations, including £2000 from BUPA. The shop income is increasing, perhaps because many other local charity shops did not reopen after Covid.

Signed by Anne Damerell, treasurer, on behalf of all the trustees, on 18 September 2023.

SPELTHORNE MENTAL HEALTH ASSOCIATION

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Accounts for the year 2022

<u>Receipts</u>	<u>2022</u>	<u>2021</u>
Shop takings	56,347	46,426
Flat rent	12,000	12,000
Spelthorne BC grant		19,357
Furlough grants		7,539
Day centre takings	521	106
Bus hire		120
Donations	5,232	11,354
Bank interest	<u>85</u>	<u>8</u>
	74,185	96,910
<u>Payments</u>		
Salaries	35,715	27,693
Rent	8,000	8,000
Transport	6,133	4,514
Rates & water	996	538
Insurance	1,699	1,574
Electricity	1,614	863
Telephone & IT	901	687
Craft equipment	538	18
Beresford House	3,593	38,409
Day centre sundries	1,497	493
Shop maintenance	11,151	1,067
Flat maintenance	724	727
Rubbish collection	5,701	2,080
Shop sundries	<u>880</u>	<u>1,130</u>
	79,142	87,793
Surplus/(deficit)	(4,957)	9,117
Cash funds at 1 Jan 2022	99,420	90,303
Cash funds at 31 Dec 2022	94,463	99,420

Statement of Assets & Liabilities at 31 December 2022

Cash funds	94,463
Shop & flat	230,000
Vehicles, after depreciation of 1,491	4,473
Debtors: prepaid insurance	<u>2,604</u>
Total assets	331,540
Net assets 1 Jan 2022	<u>337,815</u>
Decrease in 2022	6,275

**Report to the trustees/
members of**SPELTHORNE MENTAL HEALTH
ASSOCIATION**On accounts for the year
ended**

31 Dec 2022

**Charity no
(if any)**

1176226

Set out on pages

(refer to the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended 31 Dec 2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

**Independent
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have
come to my attention (other than that disclosed below *) in connection with
the examination which gives me cause to believe that in, any material
respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:**Date:**

17th June 2023

Name:

David Thomas

**Relevant professional
qualification(s) or body
(if any):**

Retired Business Man

Address:2, Penton Hall, Penton Hall Drive
Staines upon Thames - TW18 2HR