

# **SPELTHORNE MENTAL HEALTH ASSOCIATION**

*Registered Charity no 1176226*

## **Trustees' Annual Report for the year 2021**

The charity's address is  
Beresford House  
Fordbridge Park  
325 Kingston Road  
Ashford Middx TW15 3SJ.

The charity trustees are

Mr Roger Marsden      Chairman  
Mrs Anne Damerell      Treasurer  
Hyams  
Mr Barry Bartleman

Ms Ann Cottis  
Miss Natalie

Spelthorne Mental Health Association is a Charitable Incorporated Organisation governed by a constitution. Trustees are appointed from the membership by the Management Committee.

The objects of the charity as stated in the constitution are the preservation of mental health and relief of those suffering from mental illness in the borough of Spelthorne.

Summary of activities: we run a day centre with therapeutic classes and activities, e.g. art, crafts, dressmaking, woodwork, keep-fit, relaxation, literacy, plus outings and social interaction. This is funded by a charity shop.

We have had regard to the Charity Commission's guidance on public benefit, and note that

- 1) our clients say that the service helps them to stay well and reduces social isolation
- 2) the service is open to any Spelthorne resident age 18-65 referred by a health or social care professional, provided we can meet their needs. We keep existing clients after 65, and we provide transport to ensure that all clients can access the day centre. We do not charge for the service, other than 50p per session to cover tea or coffee.

Achievements: We had to close the day centre and the shop in 2020 because of Covid, but the administrator and the trustees kept in touch with vulnerable clients by phone. The shop reopened in April 2021 and the day centre in July, with suitable precautions against infection. We welcomed back old clients and several new ones, as the strain of Covid has not been good for people's mental health. During the closure the day centre, a substantial Victorian building, was re-roofed at a cost of £37K. The keep-fit class closed down but we began to make plans for a computer class to start in 2022.

SMHA normally has no statutory funding or grants. It is funded by the income from the charity shop and the flat, plus a small amount of other fundraising. However 2021 was again not a normal year. The charity shop closed during the lockdown period and takings were reduced by about a quarter, but a business support grant from the borough council and furlough grants for employees compensated for the shortfall. We were chosen by the airtechnology company Ametek and by the local branch of BUPA as their charity of the year, receiving £8521 from Ametek and £2450 from BUPA. Because of this good fortune we were able to pay for the roof and still finish the year with a surplus.

Signed by Anne Damerell, treasurer, on behalf of all the trustees, on 31 August 2022..

# ***SPELTHORNE MENTAL HEALTH ASSOCIATION***

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## **Accounts for the year 2021**

<u>Receipts</u>	<u>2021</u>	<u>2020</u>
Shop takings	46,426	40,153
Flat rent	12,000	8,957
Flat deposit		1,000
Spelthorne BC grant	19,357	25,000
Furlough grants	7,539	9,658
Day centre takings	106	63
Bus hire	120	598
Donations	11,354	9,156
Bank interest	<u>8</u>	<u>44</u>
	96,910	94,629
<u>Payments</u>		
Salaries	27,693	27,658
Rent	8,000	8,000
Transport	4,514	1,634
Rates & water	538	121
Insurance	1,574	1,367
Electricity	863	863
Telephone & IT	687	957
Craft equipment	18	367
Beresford House	38,409	2,675
Day centre sundries	493	
Shop maintenance	1,067	9,577
Covid protection		408
Flat maintenance	727	7,476
Flat deposit		1,000
Rubbish collection	2,080	2,582
Shop dinner	500	
Shop sundries	<u>630</u>	<u>526</u>
	87,793	65,211
Surplus/(deficit)	9,117	29,418
Cash funds at 1 Jan 2021	90,303	60,885
Cash funds at 31 Dec 2021	99,420	90,303

## **Statement of Assets & Liabilities at 31 December 2021**

Cash funds	99,420
Shop & flat	230,000
Vehicles, after depreciation of 1,988	5,964
Debtors: prepaid insurance	<u>2,431</u>
Total assets	337,815
Net assets 1 Jan 2021	<u>329,791</u>
Increase in 2021	8,024



## Section A

## Independent Examiner's Report

Report to the trustees/  
members of

SPELTHORNE MENTAL HEALTH ASSOCIATION

On accounts for the year  
ended

31 Dec 2021

Charity no  
(if any)

1176226

## Set out on pages

(Indicate the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 Dec 2021.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

David Thomas

Date:

6th June

Name:

David Thomas

Relevant professional  
qualification(s) or body  
(if any):

Address:

2, Penryn Hall, ~~Staines~~ Penryn Hall  
Drive, Staines upon Thames TW18 2HR