



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1st	April	Year 2024		Day 31 st	Month March	Year 2025

Section A Reference and administration details

Charity name	The Grey Dog Trust
Other names charity is known by	
Registered charity number (if any)	1176205
Charity's principal address	112 Adnitt Road
	Abington
	Northampton
Postcode	NN1 4NG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Harahan	Chair		
2	Laura Wood			
3	Lorna Robinson			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by Membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit by preventing children and young people (aged between 6 and 25) from becoming socially excluded due to mental ill health or emotional distress, to relieve the needs of those children and young people with mental ill health or emotional distress and assisting them to integrate into society

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity has provided free Mental Health First Aid training for teachers, youth workers and scout leaders during this financial year. The Mental Health First Aid course is a full 2-day certificated course which give people the skills required to help a young person in mental health crisis. It also raises awareness and understanding.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

major achievement was training scout leaders across 12 counties as Mental Health First Aiders.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserve policy

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Paul Hanrahan

Full name(s) Paul Hanrahan

Position (eg Secretary, Chair, etc) Chair of Trustees

Date 2/02/2026