



Educational Dance Provision Services
(trading as MovementWorks®)
Charity Number: 1176176

Trustees' Annual Report & Financial Statements
for the Period
1st January 2024 to 31st December 2024

October 2025



Educational Dance Provision Services

Trustees' Annual Report & Financial Statements

for the Financial Period
from 1st January 2024 to 31st December 2024

Reference & Administration Details

Charity Details

Name(s): Educational Dance Provision Services
T/A MovementWorks®

Number: 1176176

Address: 86 Adelaide Avenue
Brockley
London
SE4 1YR

Names of the Charity Trustees Who Manage the Charity

Karen Storey	Trustee and Chair	7 December 2017
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Names of the Trustees for the Charity

Bryher Scudamore	Trustee	7 December 2017
Glenys Ingham	Trustee	7 December 2017
Sonia Asli	Trustee	31 May 2024
Kathryn Gordon	Trustee	21 June 2024

Names and Addresses of Advisors

Role	Name	Address
Patron	Sir Robin Boshier	64 Constance Crescent, Bromley BR2 7QQ
Accountant	Geoff Noble	76 Park Street, Horsham, RH12 1BX

Bank:	The Co-operative	151 Lewisham High Street, SE13 6AA
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Names of Senior Staff with Delegated Responsibilities

Ali Golding	Managing and Creative Director
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Structure, Governance & Management

Educational Dance Provision Services (EDPS) is a CIO - trading as MovementWorks® - that was established in December 2017.

Type of Governing Document:

A Constitution

How the Charity is Constituted:

Charitable Incorporated Organisation

Trustee Selection Methods:

Founding Trustees familiar with the initiative volunteered when the charity was originally established from a sole trading operation. We now recruit future Trustees through an application and interview process.

How New Trustees are Inducted and Trained:

New Trustees are briefed by the Chair and the Managing and Creative Director and are asked to familiarise themselves with the Charity Commission guidance on charity governance.

Objects

- 1.1** The objects of the CIO are, for the public benefit, the advancement of education and the arts, and the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage particularly but not exclusively by:
- 1.1.1** providing dance movement tuition and classes; and
 - 1.1.2** providing training to persons in order to provide optimal movement opportunities within an educational context through dance movement tuition and classes providing training to persons in order to provide dance movement tuition and classes.

Statutory Declaration on Public Benefit

The Trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.



Executive Summary

EDPS – a CIO trading as MovementWorks® – was established in 2017 to provide high-quality movement education experiences in deprived areas of London to children, young people, vulnerable adults, their carers and educators. We aim to make movement-based learning more accessible to all, with a focus on those with financial hardship, physical disabilities and learning difficulties such as autism, and other marginalised groups including black and ethnically diverse communities.

Since our creation, our programmes have transformed the lives of thousands by boosting physical wellbeing and mental health, improving communication skills and self-confidence and reducing the feeling of social isolation and lack of community.

They are also designed to form a strong base for the National Curriculum by complementing learning in the core subjects of literacy and maths for primary school students.

Our work is delivered by specially trained, freelance professional artists at mainstream and special educational schools, Early Years settings, children centres, community groups that support vulnerable adults and community leisure facilities.

We have the following established policies and procedures which are regularly reviewed and updated: Equal Opportunities Policy; Financial Management and Accounting Policy; Health and Safety Policy; Privacy Policy; Safeguarding and Child Protection Policy; Promoting Positive Behaviour and an Empowering Environment Policy; Safer Recruitment Policy; Volunteer and Trainee Policy and Procedures.

All the Trustees have been inducted and have observed a variety of the sessions on offer to our beneficiaries.

During 2024 we continued delivery of our core work bringing our intervention programmes into mainstream and special educational settings.

“All our Key Stage 1 pupils have autism and complex needs including learning disabilities. We have been privileged to have the opportunity to offer MovementWorks® to these children.

“The outcomes of the programme have exceeded our expectations. All pupils have increased their ability to engage in the sessions. There has been a positive impact on their ability to maintain joint and shared attention and to participate as a group. Pupils' happiness is a priority across the school curriculum, and the MovementWorks® programme has added to this with great effect. The children look forward to the sessions each week, and they definitely enjoy themselves.

“The MovementWorks® programme has played a valuable role in developing their learning skills.”

Beth Brough, Assistant Headteacher, Spa School Camberwell. November 2024

We also grew and developed this core element of our work in various other ways. For example, we strengthened our relationship with the London Early Years Foundation (LEYF), expanding our Developmental Dance Movement® programme to more of their settings thereby tackling social injustice by serving young disadvantaged children in economically deprived areas.

Case Study Example 1: Boy Aged 3 at LEYF Nurseries

Baseline Concerns: At the start of the programme J needed 1 to 1 support for all activities in the setting due to SEN. He was not greatly active, resulting in poor core strength and little interest in physical activities. He preferred to watch his peers and teachers during the MovementWorks® sessions.

Difference at End of Year: During the year he began to show interest in the sessions as demonstrated through his body language and then started to participate in the sessions which resulted in an increase to his muscle strength and endurance.

Progress at End of Year: His participation and involvement continued to increase which led to the development of social skills and being able to manage his feelings and emotions better.

Key Worker, LEYF Nurseries



MovementWorks® Session at LEYF Hither Green Nursery and Pre-School

In addition, we converted our pilot projects with Oak Lodge and Lavender Lodge schools into year long programmes. These were supported by the Wandsworth Community Trust and the Wimbledon Foundation respectively. Those projects allowed us to augment our specialist work by providing in-house professional training for teachers of students with highly complex needs (e.g. young people who are both autistic and deaf) so that they are able to continue to provide Autism Movement Therapy® after the projects' end. This training element provides the assurance of quality and continuity, creating opportunity for greater impact and a lasting legacy.

Similarly, we grew our community outreach projects by complementing the existing after school projects supported by Sport England and London Community funding with our new 'Build A Bridge' daytime project funded by City Bridge Foundation. This project enables families with young children with additional needs to access our programmes outside of school/nursery environments. In this

respect, we developed partnerships during the year with Tooting Leisure Centre, Norwood Leisure Centre and the Wandsworth Inclusion Hub as hosts for these projects.



MovementWorks® 'Build A Bridge' session – Tooting Leisure Centre

We also extended our 'Action For Autism' and 'Artistes For Autism' projects with the support of the Wandsworth Arts for Health and Wellbeing Fund who augmented their original seed grant with additional funding awards. Autistic young people living and/or going to school in Wandsworth were given the opportunity to attend regular free Autism Movement Therapy® sessions and, if they chose, to engage in the creation of a new dance piece. During the summer, the piece entitled 'State of Mind' was performed at the Royal Academy of Dance Community Showcase and the Happy Streets Festival.



MovementWorks® 'Action for Autism'
Weekly AMT session



MovementWorks® Artistes for Autism' Performance
at the RAD Community Showcase

Case Study Example 2: Girl Aged 14 'Action for Autism' Participant

S is autistic, profoundly shy and a selective mute. She only speaks to two family members. She is very close to her sibling but she is regularly seen alone in school at lunchtimes.

Her sibling was part of our 'Artistes for Autism' project 2023. We encouraged S to come and watch rehearsals but at that time she would not even step into the dance studio.

S came with her family to watch her sibling perform at the Community Day of Dance at the Royal Academy of Dance, part of the Wandsworth Arts Fringe Festival 2023.

To our surprise she then enrolled onto the 'Action For Autism' project in the autumn of that year and started joining in the activities. She came every week with her sibling. At first she stood at the very back in the corner but she gradually developed some new physical skills and was happy to come forward and even share the lead with her sibling in some of the turn taking activities.

Her mother says she now sees how differently her daughter "takes up space". "Deep down she really struggles with socialising but participating with others [through a non-verbal expressive genre] has really helped her...there has been a massive improvement!

"She now communicates non-verbally [through gesture] with teachers at school which she was not doing before. She is more into conversations via text with her friends. Before she was on her own but now is with friends at lunchtimes etc. She now attends an after school club and martial arts which she would not have done before.

"She has always been good at schoolwork and excellent in writing but her shyness and anxiety have been barriers to her reaching her potential. Participating in the sessions gave her the confidence to enter a Young Writers competition which was the winning entry."

A major highlight of the year was the publication of our latest research article in the Journal of Special Educational Needs, *Expectations and experiences of a dance programme for autistic children: A qualitative study of parents, teachers and therapists*, (co-authored by Ali Golding, Zoe Ambrose, Joanne Lara, Christina Malamateniou, Dido Green)

This paper is an outcome of an exciting partnership with the Faculty of Education & Health at the University of Greenwich. Together we conducted a pilot evaluation of Developmental Dance Movement® (DDM) and Autism Movement Therapy® (AMT) for primary school children with Autism Spectrum Disorder (ASD) in conjunction with an autism specialist school.

Parents, dance therapists, teachers and children participated in the study. This ground-breaking publication is the first step towards developing a specific novel measurement tool for dance movement research and evaluating the efficacy and impact of dance interventions in educational and clinical settings.

This research was conducted in association with Dr Christina Malamateniou who was, at the time, Research Lead in the Department of Family Care & Mental Health at the Faculty of Education and Health at the University of Greenwich, and Dr Dido Green, Associate Professor in Occupational

Therapy at Jönköping University, Sweden and Research Therapist, Royal Free London Hospital, London UK.

The article published in March 2024 can be accessed through the Research page on our own website and Nasen's website.

In June 2024, MovementWorks® was invited to be a headline feature at The London Autism Show. As part of that two day event attracting 4000 visitors to the Excel Centre, our autism specific projects, 'Action and Artistes for Autism' were presented in the Autism Matters Theatre. The young people involved were able to share their experience of how the projects enhanced their lives with a live audience on a public platform.



The Autism Show - MovementWorks® Display –
'Movement Matters' Feature



The Autism Show – 'Game, Dance, Repeat'
MovementWorks® Keynote Presentation

In addition, the Show provided the opportunity for members of the MovementWorks® team to engage more generally with people with a professional and/or personal interest in autism. This resulted in the recruitment of people from various disciplines to our Autism Movement Therapy Stage 1 training in the autumn of 2024 and the recruitment of an autistic individual to our internship programme.

We also delivered a one day early years practitioner training in our home borough of Lewisham which we plan to extend to local authorities as part of our outreach development programme, providing both theory and practical application on the importance of optimal movement experience in early education.



MovementWorks® Training Day – Lewisham



MovementWorks® AMT Stage 1: Certification Training

Our partnership with A2ndVoice CIC Autism Parent Group supporting their Health, Activity and Food Programme continued throughout the school holidays and developed to include a Chair Exercise Project for older autistic adults.

A session related to this project was filmed as part of new content to be added to our 'MovementWorks® Dance On Demand' library. This library is a growing pre-recorded online resource of our specialist dance and movement sessions, including examples of our flagship Developmental Dance Movement® and Autism Movement Therapy®, plus a wide range of complementary sessions such as Sensory Yoga, Laughter Yoga and Rhythm and Rhyme. These are available to buy and access on demand so that children, young people and adults with and without disabilities can benefit from them wherever they are based geographically.

During the year we were celebrated at the 2024 London Sports Awards for our work Supporting Young Londoners.



MovementWorks® Team at London Sports Awards

At the end of all projects, detailed reports are submitted to our funders to demonstrate the ways in which their funds have been used and the positive social impact of those projects. We are pleased to present an infographic summarising from these reports our impact across the year as well as other key areas of our work. In the case of participants, data was collated from baseline assessments and end of project evaluations completed by teachers, keyworkers and parent-carers.



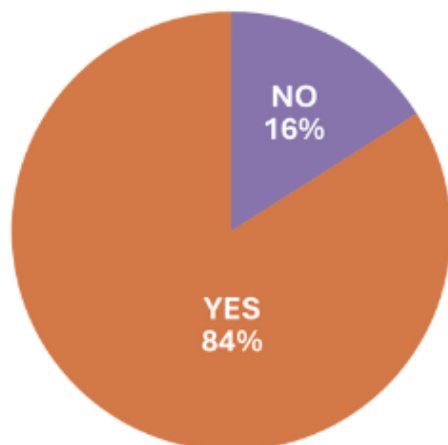
IMPACT REPORT: JANUARY - DECEMBER 2024

OUR PROGRAMMES & PROJECTS

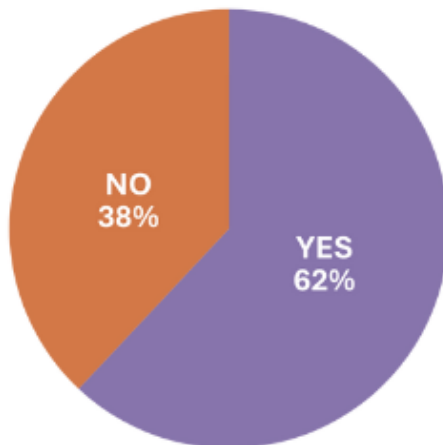
AGE RANGE OF OUR PARTICIPANTS: 2- 25 YEARS

WE REACHED OVER 450
CHILDREN AND YOUNG PEOPLE

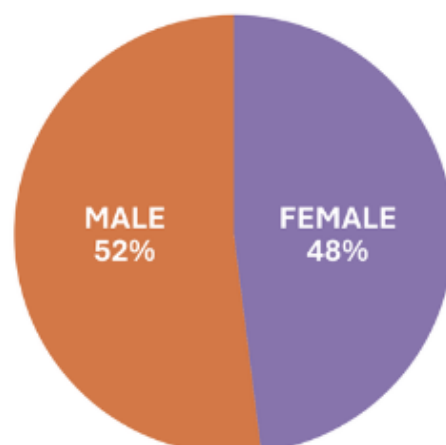
WE PROVIDED IN EXCESS OF 750
CLASSES AND WORKSHOPS



**ADDITIONAL NEEDS /
DEVELOPMENTAL DELAY**
84% of our participants
had additional needs.



**ENGLISH AS AN
ADDITIONAL LANGUAGE**
For 38% of our participants
English was not their first language.



GENDER IDENTITY
52% of our participants
identified as Male, while
48% identified as female.

88% IMPROVED
PARTICIPATION IN
PHYSICAL ACTIVITIES

99% IMPROVED
LEARNING &
DEVELOPMENT

98% IMPROVED
PHYSICAL ABILITIES

98% IMPROVED
SPEECH, LANGUAGE
& COMMUNICATION

100% IMPROVED
EMOTIONAL,
BEHAVIOURAL &
WELLBEING

100%
INCREASED
CONFIDENCE

OTHER ACTIVITIES / ACHIEVEMENTS

TRAINING / CPD
In excess of 100 participants reached

FINALISTS LONDON SPORTS AWARDS
(Supporting Young Londoners)

RESEARCH ARTICLE PUBLISHED
IN THE JOURNAL OF
SPECIAL EDUCATIONAL NEEDS
*"Expectations and experiences of a
dance programme for autistic
children: A qualitative study of
parents, teachers
and therapists"*

SPONSORED KEY FEATURE AT
THE LONDON AUTISM SHOW
'Movement Matters'
& 'Game, Dance, Repeat'

KEYNOTE PRESENTATION
Ali McClure's Parenting Podcast
'Movement Matters, Movement Works'



Financial Review

Statement of the Charity's Policy on Reserves

The charity has a 3 month reserve policy.

Details of Any Funds Materially in Deficit

The Trustees declare that the charity had no funds which were materially in deficit at the date of the statement of assets & liabilities.

State of the Charity's Finances

The total funds in the bank account as of 31st December 2024:

£109,867.92

Restricted Funds

£91,727.48

Designated Funds

£18,140.44

Particulars of Any Outstanding Guarantee Given by the Charity

The Trustees declare that the charity has given no guarantee where potential liability is outstanding at the date of the statement of assets & liabilities.

Particulars of Any Outstanding Debt

The Trustees declare that the charity has no outstanding debts which are secured by an express charge on any of the assets of the charity at the date of the statement of assets & liabilities.

Declaration

The Trustees declare that they have approved the above report and authorised that it be signed on their behalf.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Educational Dance Provision Services

1176176

Receipts and payments accounts

CC16a

For the period
from

01/01/2024


To

31/12/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Funding received	-	41,149	-	41,149	40,639
Funding re projects	-	7,283	-	7,283	6,153
Sales training	699	-	-	699	973
Sales training	36,133	-	-	36,133	37,533
Project admin fees	4,140	-	-	4,140	339
Other income	342	-	-	342	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	41,314	48,432	-	89,746	85,637
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	41,314	48,432	-	89,746	85,637
A3 Payments					
Subcontractors	-	18,400	-	18,400	15,386
Salaries and staff costs	34,737	-	-	34,737	29,234
Advertising and website costs	2,816	-	-	2,816	2,014
Insurance	-	377	-	377	351
Travel costs	-	449	-	449	1,208
Professional services	-	11,311	-	11,311	11,935
Admin and other expenses	1,776	17,539	-	19,315	7,200
	-	-	-	-	-
	-	-	-	-	-
Sub total	39,329	48,076	-	87,405	67,328
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	39,329	48,076	-	87,405	67,328
Net of receipts/(payments)	1,985	356	-	2,341	18,309
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,985	356	-	2,341	18,309

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current account	18,140	91,727	-
		-	-	-
		-	-	-
	Total cash funds	18,140	91,727	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Debtors	4,581	2,638	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Computer equipment	2602	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
	Other creditors	144	-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			KAREN STOREY	10/10/2025