



Llandaff 50+

Patrons:
Baroness Finlay of Llandaff
Matthew Williams,
Curator Emeritus of Cardiff Castle



The Trustees Annual Report for the Year Ending 30th June 2023

Llandaff 50+ was created in 2008 and registered as a charity with the Charity Commission 7th December 2017, it has a charity number 1176165. The objects of Llandaff 50+:

The promotion of social inclusion, among persons over 50 in Llandaff who are excluded from society as a result of the conditions that arise from old age, by the provision of facilities for their social interaction and recreation and opportunities for volunteering.

Achievements & Performance

2023 has been milestone year for Llandaff 50+ and The Pound Project. We completed the building phase in 2022, and in 2023 completed a full year of piloting social activities and testing our building. It has also been a second year of steady transition from focus on the building, to focus on working towards social activity in The Pound, and the purpose of the charity. Over the year, 60 members have participated in weekly activities, with 94 volunteering contributions.

We have piloted and closely monitored a small range of activities, and can begin to see that the model, as set out in our Business Plan, promises the essential self-funding sustainability.

In May 2023, we undertook a survey across our membership, which confirmed very clearly, that Llandaff 50+ is achieving the purposes we aspired to, and set out in, our Business Plan. This dynamic and unique initiative has offered individual and community benefits, and now appears to possibly hold the promise of local, national, and potentially wider benefit. The Pound project is designed to explore whether, with suitable buildings, older people could, and would, work together to promote social inclusion and wellbeing amongst the local older population.

We have continued to learn how to manage our new building, security, maintenance, eco features etc. We have continued to build the necessary management structures, taking account of health and safety, safeguarding, and other collective responsibilities. These will be essential as we plan to build towards increasing numbers of people benefitting from The Pound.

In the spring, we evaluated a year of monitoring data from volunteers in the heritage room. This yielded valuable information about this volunteering role, and how beneficial it was to this small team of individuals, and to visitors.

In summer 2022, Welsh Government visited the Pound project and were very impressed by our building, our progress, and our potential. The Pound has also become part of the Cardiff Council Age Friendly Initiative. The Older Peoples Commissioner's Office has also expressed an interest in our initiative at The Pound becoming a case example from which others could learn.

The Pound, 2 Cathedral Close, Llandaff, Cardiff CF5 2ED

www.llandaff50plus.com

Tel: 0775 8939 141

Registered charity no. 1176165



Financial Review

The results for the year are included in the Statement of Financial Activities.

Accumulated Funds: Current Assets		2022-23
Bank Current	£24,001	
Bank Deposit	£40,139	
Petty Cash	£20	<u>£64,160</u>

Structure, Governance & Management

Trustees are bound by the Constitution of Llandaff 50+. Election to the Board is held at the AGM. The current Board of six Trustees have remained in post since the launch of the charity in 2017. The Board and the Finance and Management Committee have met regularly throughout the year, as has the Heritage and Activity Leaders' Forum.

As a self-management organisation, with no paid staff, **volunteering is the workforce and lifeblood of the organisation**. The Board has valued the commitment of **eight lead management volunteers** providing a total of 3,051 hours (1,143,936,280,258,198,119,65,52 hours) during 2022-23. The Board has also recognised the risks of any one volunteer undertaking a disproportionate number of hours. The Board has been actively seeking to expand, to add the new skills needed and to share the growing workload. **This has proved much more challenging than expected.**

Governance

We are still a fledging Charity, with much to learn and management systems to refine and consolidate and have received much support from charitable sector colleagues. We are now in need of professional support to help move us forward to expand, as set out in our Business Plan, to make best use of The Pound, with all the safeguards of charity law requirements. The Trustees are pleased to be able to report that the charity is in a sound financial state.

Looking Forward, Plans for 2023-24 include:

Build the strength of our management teams to include the new skills and experience needed for the next steps of our development.

Focus on sustainability of the project and the vision of increased wellbeing for the community.

Careful review of the Pound Project Business Plan, as set out for stage three and continue to monitor and evaluate this '*Investing in the future of Older People*' project.

The Trustees' Responsibilities

Trustees are responsible for preparing the Trustees' Annual Report and the Statement of Financial Activities.

The Trustees 2022-2023:

Chris Kenyon, Jan Joynson, Jill Matthews, Katharine Harry, Lillias French, Yvonne Apsitis
Supported by: Donna Howard, as Pound Project co-ordinator and financial manager
Graham Hosgood, Carolyn Merrifield, Dr Tim Young, Eirwen Jones, Cllr Sean Driscoll

Signed: Yvonne Apsitis, Chair of The Board

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LLANDAFF 50+ ACCOUNTS FOR 2022/2023

RECEIPTS AND PAYMENTS ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2023

2021/22			2022/23
		<u>GENERAL FUND</u>	
£	£	RECEIPTS	£
2,028		Donations and Pound Founders	809.00
1,000		Legacy	0.00
2,000		Grants	0.00
0		Bank interest	139.86
		Llandaff 50+ activities at The Pound:	
384		Scrabble	0.00
2,620		Tai Chi - Mon and Tues	3,925.01
1,132		Watercolour Painting	1,144.00
2,214		Wednesday Talks and Social	4,378.00
25		Covid 19 mask sales	0.00
40		Cash float deposited	0.00
0		AGM Raffle	137.00
	11,443	<u>Total Revenue Receipts</u>	10,532.87
		PAYMENTS	
84		Raising funds - sundries	0.00
		Charitable activities - outgoings	
24		Scrabble	0.00
0		Tai Chi - Mon and Tues (refund)	48.00
141		Watercolour Painting	93.97
498		Wednesday Talks and Social	886.24
649		BT	775.77
889		Edf Energy (net)	777.73
99		Water	105.02
0		Rates	142.84
0		Cleaning materials	91.54
53		Zoom fees	105.58
1,015		Printing, postage & stationery	1,542.62
65		IT & website	188.10
250		Annual audit	250.00
1,103		Insurance	1,145.82
643		Repairs and maintenance	1,012.16
227		Furnishings	0.00
59		Covid safety	39.65
72		Volunteer expenses	8.80
110		Parking costs for activity leaders	111.25
317		Hospitality/milk etc	654.13
0		AGM	380.66
117		Christmas and sundries	146.34
0		Other	95.97
0		Celebration event	62.89
	6,415	<u>Total Revenue Payments</u>	8,665.08
	5,028	<u>Surplus/Deficit(-) before Capital Build</u>	1,867.79

CAPITAL BUILD

	RECEIPTS		
<u>0</u>	Donation from WPD for Courtyard	<u>500.00</u>	
	0 Total Capital Build Receipts		500.00
	PAYMENTS		
12,316	Professional fees	355.00	
3,506	Furniture and equipment (net)	1,605.57	
<u>10,431</u>	Courtyard	<u>687.13</u>	
	26,253 Total Capital Build Payments		2,647.70
	-26,253 Surplus/Deficit(-) of Capital Build		-2,147.70
	-21,225 TOTAL SURPLUS/DEFICIT(-) (TO BALANCE SHEET)		-279.91

BALANCE SHEET AS AT 30 JUNE 2023

2021/2022		2022/2023	
£	£	£	£
	ACCUMULATED FUNDS		
85,569	Balance b/f 1/7/2022	64,344.78	
<u>-21,225</u>	Surplus/Deficit(-) Receipts over Payments 2022/23	<u>-279.91</u>	
	64,344 Balance c/f 30/06/23		64,064.87
	<u>64,344</u>		<u>64,064.87</u>

Represented by:

	CURRENT ASSETS		
44,324	Bank Current a/c	23,905.01	
20,000	Bank Deposit a/c	40,139.86	
<u>20</u>	Petty Cash a/c	<u>20.00</u>	
	64,344		64,064.87
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INDEPENDENT EXAMINER'S CERTIFICATE

I have independently examined the Accounts of the Llandaff 50+ Group for the period ended 30 June 2023. I have obtained information and explanations considered necessary for this examination to enable the accounts to be finalised, including Receipts & Payments Accounts and a Balance Sheet as at 30 June 2023. The closing bank balance as at 30 June 2023 has been verified.

In connection with my examination, no matter has come to my attention which gives me cause to believe that, in any material respect, the requirements to keep accounting records and to prepare accounts which accord with the accounting records have not been met or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

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