

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
APHASIA RE-CONNECT**

Berringers LLP
Chartered Accountants
Lygon House
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Bromley
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BR1 3RA

APHASIA RE-CONNECT

CONTENTS OF THE FINANCIAL STATEMENTS for the year ended 31 March 2023

| | Page |
|---|-------------|
| Reference and administrative details | 1 |
| Report of the trustees | 2 to 3 |
| Independent examiner's report | 4 |
| Statement of financial activities | 5 |
| Balance sheet | 6 |
| Notes to the financial statements | 7 to 14 |

APHASIA RE-CONNECT

REFERENCE AND ADMINISTRATIVE DETAILS for the year ended 31 March 2023

| | |
|--------------------------------------|--|
| TRUSTEES | P J Cook (resigned 1.4.22) P J Cook (appointed 17.1.23) J F Sayers Professor E K Hilari Ms R Green Ms H Terry (resigned 25.7.22) Ms V Clark Ms L Cockayne (resigned 1.4.22) P L Sayers Trustee (appointed 28.2.23) |
| PRINCIPAL ADDRESS | C/O Dr Sally McVicker 17 Elm Road Beckenham Bromley Kent BR3 4JB |
| REGISTERED CHARITY NUMBER | 1176125 |
| INDEPENDENT EXAMINER | Berringers LLP Chartered Accountants Lygon House 50 London Road Bromley Kent BR1 3RA |
| BANKERS | Natwest Bank 143 High Street Bromley Kent BR1 1JH |

APHASIA RE-CONNECT

REPORT OF THE TRUSTEES for the year ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity are:

For the public benefit, to promote health and wellbeing for people with aphasia and others with acquired long term communication disability, living in particular, but not exclusively, in South East England, through

- (a) The provision of speech therapy through supported conversation groups.
- (b) Providing training to volunteers to facilitate peer groups, peer befrienders and peer training.
- (c) Providing information to the general public on all aspects of aphasia and acquired communication disability.

Our Vision

Our vision is to see a World where people with aphasia, and acquired communication disability, enjoy a life more ordinary, with opportunity, freedom of choice, responsibility, and a quality of life and wellbeing.

Public benefit

The objectives and activities, and achievement and performance sections of this report clearly set out the activities which the charity undertakes for the public benefit. The Trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission in determining the activities undertaken by the charity.

Review of the year

The year has seen the group continue to grow and we currently have nineteen groups of which seven meet face-to-face and twelve virtually. All the new and existing groups have prospered during the year. The year has seen a major challenge of ensuring that administrative control keeps up with the needs of increasing numbers of groups. This will be an important area of activity in the coming year.

Our strong relationship with City, University of London continues to develop to the benefit of both parties. We have provided over 50 student placements which have been extremely positive and rewarding.

The Buddy scheme continues to flourish with a gentle introduction to people who are referred to us. Thanks go to the many people, especially students and volunteers, who assist us with this scheme.

During the past year we have been extremely fortunate to receive significant funds from a small number of personal donors. The timing of donations from personal donations illustrated the challenges of having little control over timing, as over twenty five percent of income was received in the final month of the financial year.

With a steady increase in the number of groups there is a requirement to train more helpers and volunteers and also consider using additional speech and language therapists, with an inevitable increase in cost.

During the past year many people have contributed in time, advice, and money to our operations, and this has allowed us to create a solid and sound base on which to plan the future ~ To all these people Aphasia Re-Connect expresses sincere thanks.

FINANCIAL REVIEW

Financial position

Total income for the year was £62,875 (2022: £72,486). Total expenditure for the year was £58,919 (2022: £63,408). This resulted in a surplus for the year of £3,956 (2022: £9,078).

The funds at 31 March 2023 were £91,240 (2022: £87,284), of which £Nil (2022: £Nil) were restricted and £91,240 (2022: £87,284) were unrestricted.

APHASIA RE-CONNECT

REPORT OF THE TRUSTEES for the year ended 31 March 2023

FINANCIAL REVIEW

Reserves policy

The balance of unrestricted funds at year end was £91,240 (2022: £87,284). The Trustees' policy on reserves is to have a minimum of twelve months cover of budgeted operating costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Risk management

The Trustees have reviewed the major and financial risks that impact on the work of the charity. They systems that have been established enable the Trustees to review and take necessary steps to lessen these risks. The Trustees consider the following to be the principal risks that the charity faces:

- Loss of income, reduced fund raising potential and or reduced public profile.
- Compliance with the increasing regulatory controls and checks which relate to charitable organisations.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 10 October 2023 and signed on its behalf by:

J F Sayers - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF APHASIA RE-CONNECT

Independent examiner's report to the trustees of Aphasia Re-Connect

I report to the charity trustees on my examination of the accounts of Aphasia Re-Connect (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Allan BSocSc FCA

Berringers LLP
Chartered Accountants
Lygon House
50 London Road
Bromley
Kent
BR1 3RA

10 October 2023

APHASIA RE-CONNECT

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2023

| | Notes | Unrestricted fund £ | Designated funds £ | Restricted funds £ | 2023 Total funds £ | 2022 Total funds £ |
|--|-------|---------------------------|--------------------------|--------------------------|-----------------------------|-----------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | | |
| Donations and legacies | 2 | 36,530 | - | - | 36,530 | 28,673 |
| Charitable activities | 4 | | | | | |
| Grants and Service delivery contracts | | 9,200 | - | 16,327 | 25,527 | 41,163 |
| Other trading activities | 3 | 818 | - | - | 818 | 2,650 |
| Total | | 46,548 | - | 16,327 | 62,875 | 72,486 |
| EXPENDITURE ON | | | | | | |
| Raising funds | 5 | 50 | - | - | 50 | 769 |
| Charitable activities | 6 | | | | | |
| Grants and Service delivery contracts | | 19,481 | - | 16,327 | 35,808 | 47,821 |
| Staff costs | | 15,351 | - | - | 15,351 | 7,569 |
| Support costs | | 7,710 | - | - | 7,710 | 7,249 |
| Total | | 42,592 | - | 16,327 | 58,919 | 63,408 |
| NET INCOME | | 3,956 | - | - | 3,956 | 9,078 |
| RECONCILIATION OF FUNDS | | | | | | |
| Total funds brought forward | | 77,284 | 10,000 | - | 87,284 | 78,206 |
| TOTAL FUNDS CARRIED FORWARD | | 81,240 | 10,000 | - | 91,240 | 87,284 |

The notes form part of these financial statements

APHASIA RE-CONNECT

BALANCE SHEET
31 March 2023

| | Notes | Unrestricted fund £ | Designated funds £ | Restricted funds £ | 2023 Total funds £ | 2022 Total funds £ |
|--|-------|---------------------------|--------------------------|--------------------------|-----------------------------|-----------------------------|
| CURRENT ASSETS | | | | | | |
| Debtors | 11 | 16,327 | - | - | 16,327 | - |
| Cash at bank and in hand | | 66,293 | 10,000 | - | 76,293 | 88,664 |
| | | 82,620 | 10,000 | - | 92,620 | 88,664 |
| CREDITORS | | | | | | |
| Amounts falling due within one year | 12 | (1,380) | - | - | (1,380) | (1,380) |
| NET CURRENT ASSETS | | 81,240 | 10,000 | - | 91,240 | 87,284 |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | 81,240 | 10,000 | - | 91,240 | 87,284 |
| NET ASSETS | | 81,240 | 10,000 | - | 91,240 | 87,284 |
| FUNDS | 13 | | | | | |
| Unrestricted funds | | | | | 91,240 | 87,284 |
| TOTAL FUNDS | | | | | 91,240 | 87,284 |

The financial statements were approved by the Board of Trustees and authorised for issue on 10 October 2023 and were signed on its behalf by:

J F Sayers - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Critical accounting judgements and key sources of estimation uncertainty

Accounting estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

Bad debts

Debtors are regularly reviewed for recoverability, any debts which in the opinion of management are not recoverable are provided for as a specific bad debt.

There are no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Income

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Voluntary income including donations is included in full in the Statement of Financial Activities when receivable.

Charitable Activity Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs allocated directly to such activities and those costs of an indirect nature necessary to support them.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

APHASIA RE-CONNECT

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to expenditure on charitable activities on a basis consistent with use of the resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted general funds are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when donors specify the purpose for which income can be used.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash at bank and in hand

Cash at bank and in hand are short-term, highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of changes in value.

Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2. DONATIONS AND LEGACIES

| | 2023 | 2022 |
|-------------------------|---------------|---------------|
| | £ | £ |
| Donations - individuals | <u>36,530</u> | <u>28,673</u> |

APHASIA RE-CONNECT

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

3. OTHER TRADING ACTIVITIES

| | 2023 | 2022 |
|--------------------|------------|--------------|
| | £ | £ |
| Fundraising events | <u>818</u> | <u>2,650</u> |

4. INCOME FROM CHARITABLE ACTIVITIES

| | 2023 | 2022 |
|------------------|---------------|---------------|
| | £ | £ |
| Student training | 16,327 | 11,433 |
| Grants | <u>9,200</u> | <u>29,730</u> |
| | <u>25,527</u> | <u>41,163</u> |

Grants received, included in the above, are as follows:

| | 2023 | 2022 |
|---------------------------------|----------|---------------|
| | £ | £ |
| Cripplegate Foundation | - | 2,830 |
| M and C Trust | - | 4,500 |
| London Catalyst Fund | - | 3,000 |
| Garfield Weston Foundation | - | 10,000 |
| National Lottery Community Fund | - | 9,400 |
| | <u>-</u> | <u>29,730</u> |

5. RAISING FUNDS

Raising donations and legacies

| | 2023 | 2022 |
|----------------------|-----------|------------|
| | £ | £ |
| Fundraising expenses | <u>50</u> | <u>769</u> |

6. CHARITABLE ACTIVITIES COSTS

| | 2023 | 2022 |
|-------------------------------|---------------|---------------|
| | £ | £ |
| Staff costs | 15,352 | 7,569 |
| Speech and language therapist | 35,808 | 47,821 |
| Other support costs | <u>5,731</u> | <u>5,817</u> |
| | <u>56,891</u> | <u>61,207</u> |

APHASIA RE-CONNECT

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

7. SUPPORT COSTS

| | | |
|---------------------|---------------|---------------------------------------|
| | | Governance costs £ 1,980 |
| Support costs | | |
| Other | 2023 | 2022 |
| | £ | £ |
| | Support costs | Total activities |
| Volunteer expenses | - | - |
| DBS Checks | - | 22 |
| Post and Stationery | 258 | 1,414 |
| Subscriptions | 124 | 103 |
| Room hire | 2,540 | 2,685 |
| Other | 2,809 | 1,593 |
| | 5,731 | 5,817 |

Support costs, included in the above, are as follows:

Governance costs

| | | |
|---------------------------|---------------|------------------|
| | 2023 | 2022 |
| | Support costs | Total activities |
| | £ | £ |
| Independent Examination | 1,440 | 1,252 |
| Legal & professional fees | 540 | 180 |
| | 1,980 | 1,432 |

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

APHASIA RE-CONNECT

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023**

9. STAFF COSTS

| | 2023 | 2022 |
|---------------------|----------------------|--------------|
| | £ | £ |
| Wages and salaries | 14,995 | 7,394 |
| Other pension costs | 356 | 175 |
| | <u>15,351</u> | <u>7,569</u> |

The average monthly number of employees during the year was as follows:

| | 2023 | 2022 |
|----------------|-----------------|----------|
| | 1 | 1 |
| Administrative | <u>1</u> | <u>1</u> |

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted fund £ | Designated funds £ | Restricted funds £ | Total funds £ |
|---------------------------------------|---------------------------|--------------------------|--------------------------|---------------------|
| INCOME AND ENDOWMENTS FROM | | | | |
| Donations and legacies | 28,673 | - | - | 28,673 |
| Charitable activities | | | | |
| Grants and Service delivery contracts | 13,900 | - | 27,263 | 41,163 |
| Other trading activities | 2,650 | - | - | 2,650 |
| Total | <u>45,223</u> | <u>-</u> | <u>27,263</u> | <u>72,486</u> |
| EXPENDITURE ON | | | | |
| Raising funds | 769 | - | - | 769 |
| Charitable activities | | | | |
| Grants and Service delivery contracts | 20,558 | - | 27,263 | 47,821 |
| Staff costs | 7,569 | - | - | 7,569 |
| Support costs | 7,249 | - | - | 7,249 |
| Total | <u>36,145</u> | <u>-</u> | <u>27,263</u> | <u>63,408</u> |
| NET INCOME | 9,078 | - | - | 9,078 |
| Transfers between funds | 9,479 | - | (9,479) | - |
| Net movement in funds | 18,557 | - | (9,479) | 9,078 |
| RECONCILIATION OF FUNDS | | | | |
| Total funds brought forward | 58,727 | 10,000 | 9,479 | 78,206 |
| TOTAL FUNDS CARRIED FORWARD | <u>77,284</u> | <u>10,000</u> | <u>-</u> | <u>87,284</u> |

APHASIA RE-CONNECT

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023**

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|---------------|----------------------|-----------------|
| | £ | £ |
| Trade debtors | 16,327 | - |
| | <u><u>16,327</u></u> | <u><u>-</u></u> |

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|-----------------|---------------------|---------------------|
| | £ | £ |
| Other creditors | 1,380 | 1,380 |
| | <u><u>1,380</u></u> | <u><u>1,380</u></u> |

13. MOVEMENT IN FUNDS

| | At 1.4.22 | Net movement in funds | At |
|---------------------------|----------------------|-----------------------------|----------------------|
| | £ | £ | 31.3.23 £ |
| Unrestricted funds | | | |
| General fund | 77,284 | 3,956 | 81,240 |
| IT Support fund | 10,000 | - | 10,000 |
| | <u><u>87,284</u></u> | <u><u>3,956</u></u> | <u><u>91,240</u></u> |
| TOTAL FUNDS | 87,284 | 3,956 | 91,240 |
| | <u><u>87,284</u></u> | <u><u>3,956</u></u> | <u><u>91,240</u></u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources | Resources expended | Movement in funds |
|---------------------------|-----------------------|------------------------|----------------------|
| | £ | £ | £ |
| Unrestricted funds | | | |
| General fund | 46,548 | (42,592) | 3,956 |
| Restricted funds | | | |
| City University | 16,327 | (16,327) | - |
| | <u><u>62,875</u></u> | <u><u>(58,919)</u></u> | <u><u>3,956</u></u> |
| TOTAL FUNDS | 62,875 | (58,919) | 3,956 |
| | <u><u>62,875</u></u> | <u><u>(58,919)</u></u> | <u><u>3,956</u></u> |

APHASIA RE-CONNECT

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

| | At 1.4.21 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.22 £ |
|---------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| Unrestricted funds | | | | |
| General fund | 58,727 | 9,078 | 9,479 | 77,284 |
| IT Support fund | 10,000 | - | - | 10,000 |
| | <u>68,727</u> | <u>9,078</u> | <u>9,479</u> | <u>87,284</u> |
| Restricted funds | | | | |
| City University | 9,479 | - | (9,479) | - |
| | <u>9,479</u> | <u>-</u> | <u>(9,479)</u> | <u>-</u> |
| TOTAL FUNDS | <u>78,206</u> | <u>9,078</u> | <u>-</u> | <u>87,284</u> |

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|----------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 45,223 | (36,145) | 9,078 |
| Restricted funds | | | |
| Garfield Weston Foundation | 10,000 | (10,000) | - |
| Cripplegate Foundation | 2,830 | (2,830) | - |
| City University | 11,433 | (11,433) | - |
| London Catalyst Fund | 3,000 | (3,000) | - |
| | <u>27,263</u> | <u>(27,263)</u> | <u>-</u> |
| TOTAL FUNDS | <u>72,486</u> | <u>(63,408)</u> | <u>9,078</u> |

DESIGNATED FUNDS

IT Support

It is anticipated that IT support will be required in the coming years and consideration is being given to setting aside £10,000 to cover this cost.

RESTRICTED FUNDS

Garfield Weston Foundation . This grant was funded for speech language therapist for group sessions.

Cripplegate Foundation . This grant was funded for reading group, "Between the Lines".

City University . This fund was granted for student training.

London Catalyst Fund . This grant was funded for for a Communications and Administrative Coordinator.

APHASIA RE-CONNECT

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023**

14. RELATED PARTY DISCLOSURES

During the year donations were received from a trustee of £200 (2022 £Nil)