



Dyspraxic Me
Registered Charity, No: 1175961

Trustees Annual Report and Statement of
Financial Activity
For the year ended 30 June 2025

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1 Reference and Administration Details

1.1 Charity Name & Registration

Dyspraxic Me is a Charitable Incorporated Organisation, registration number: 1175961, registered with the Charity Commission on 28 November 2017.

1.2 Charity's Address

Melissa Maynard Heritage Ltd., 2 Dryden Close, Grantham, Lincolnshire, NG31 9QS

Email: dyspraxicme@gmail.com

Website: www.dyspraxic.me.uk

1.3 Names of the Trustees Who Manage the Charity

Jessica Starns

Angela Kelly

Rosemary Richings

Daniela Spenippo

Daniel Smith (from 3 October 2024)

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Lloyds Bank 57-58 Station Rd, Portslade, Brighton BN41 1DF

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution - based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations. Last amended 28 November 2017.

2.2 Charitable Objects

As defined in Dyspraxic Me's constitution, the objects of the CIO are to relieve the needs of people affected by dyspraxia and other learning difficulties by:

- (a) providing or assisting in the provision of recreational, learning or leisure activities for people affected by dyspraxia and other learning difficulties, in the interests of social welfare with the object of improving their conditions of life;
- (b) advancing the education of the public in the subject of dyspraxia and other learning difficulties;
- (c) relieving people with mental health issues associated with dyspraxia and other learning difficulties.

2.3 Trustee Selection Methods

There must be at least 3 charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Dyspraxic Me confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Date	Title	Number of attendees
Wednesday 11 October	Book reading by Rosemary Richings	14
Saturday 14 October	Conversation with The Black Dyspraxic and Dyslexic	13
Saturday 25 November	Christmas crafting	5
Saturday 24 February	Dyspraxia, craft and our environment (PhD research)	4
Saturday 23 March	Visit to London Zoo	4
Saturday 27 April	TRX training	3
Saturday 1 June	Cooking class	8
Saturday 22 June	Annual picnic	7
Saturday 6 July	Spin class	4
Saturday 10 August	Spin class	3
Thursday 19 September	Spin class	6
Thursday 4 October	Spin class	4
Thursday 9 October	Fitness & dyspraxia talk	17
Thursday 17 October	Spin class	2
Thursday 31 October	Spin class	1
Thursday 14 November	Spin class	2
Thursday 28 November	Spin class	8
Thursday 28	Winter social	10

November		
Thursday 12 December	Spin class	1
Thursday 23 January	Spin class	5
Thursday 6 February	Spin class	4
Tuesday 13 May	Spin class	0
Tuesday 27 May	Spin class	1
Tuesday 10 June	Spin class	1
Tuesday 24 June	Spin class	0
Tuesday 8 July	Spin class	0
Tuesday 22 July	Spin class	2
Tuesday 5 August	Spin class	Cancellation due to illness
Saturday 16 August	Annual picnic	9
Tuesday 19 August	Spin class	2
Tuesday 2 September	Spin class	2
Tuesday 30 September	Spin class	3
Monday 6 October	Dyspraxia Awareness Week: panel talk	18
Tuesday 14 October	Spin class	4
Tuesday 28 October	Spin class	2
Tuesday 11 November	Spin class	2
Tuesday 25 November	Spin class	1
Saturday 6 December	Social event	5
Tuesday 9 December	Spin class	2

4.2 How the Public Have Benefitted.

The events outlined have been varied in nature and location allowing Trustees to collect valuable feedback in order to plan the delivery of future initiatives and experiences for future stakeholders and beneficiaries.

4.3 Contributing to Activities Run by Other Organisations

Not applicable.

4.4 Trustee Development

All new trustees completed a full induction that covers key issues for Dyspraxic Me including safeguarding, GDPR, Equality Act and the social model of disability.

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

5.3 Principal Sources of Funding and Outgoings

The principal source of funding for activities for Dyspraxic Me this year was a grant received from The National Lottery/Sports England in the previous year. Additionally, funding was via donations from attendees to events and the wider public as well as an unrestricted donation of £2000 from Postcode Lottery. The sum of £500 was awarded by the Cooperative Group towards the project of cooking classes to be delivered in the next financial year. A modest sum was collected from cashback site easyfundraising.

The principal outgoings for Dyspraxic Me are the costs to run sessions, including paying facilitators for particular sessions; insurance and administrative costs for the charity address.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of Dyspraxic Me are reimbursed at cost.

During the year of this report nothing was paid in expenses to trustees.

5.5 Financial Status

Though modest, Dyspraxic Me's current resources from previous unrestricted donations are more than sufficient to meet its outgoings for at least next year.

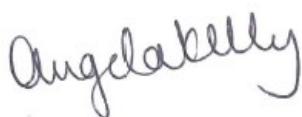
All the indications are that this will remain the case for the foreseeable future and trustees are actively pursuing further grant funding and donations.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,



Angela Kelly, Trustee, 3.2.26



Jessica Starns, Trustee, 3.2.26

6 Statement of Financial Activity

6.1 Independent Examiner's Report on the Accounts

Dyspraxic Me is not required to have the accounts independently examined as per Charity Commission guidance as the income is under £25,000.

6.2 Receipts & Payments Accounts for the Financial Year Ended 30-Jun-24

Section A Receipts and					

payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	297	-	-	297	104
Grants	2000	500	-	2500	6500
Easyfundraising	15	-	-	15	0
Sub total(Gross income for AR)	2312	500	0	2812	6604
A2 Asset and investment sales, (see table).					
None	-	-	-	-	
	-	-	-	-	-
Sub total	0	0	0	0	0
Total receipts	2312	500	0	2812	6604
A3 Payments					
Administration	16	-	-	16	16
Session Costs	-	281	-	281	1490
Insurance	168	-	-	168	96
Website	43	-	-	43	-
Sub total	227	281	0	508	1601
A4 Asset and investment purchases, (see table)					
None	-	-	-	-	
	-	-	-	-	
Sub total	0	0	0	0	0
Total	227	281	0	508	1601

<i>payments</i>					
Net of receipts/(payments)	2085	219	0	2304	5003
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	0		0	0	5003
Cash funds this year end	2085	219	0	2304	5003

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Bank Balance	2312	500	-
		-	-	-
		-	-	-
	Total cash funds	2312	500	
	(agree balances with receipts and payments account(s))			
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
	Details	Fund to which	Cost (optional)	Current value

		asset belongs		(optional)
B4 Assets retained for the charity's own use	None		-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	

6.3 Notes to the Accounts

a) Accounting Policies

The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's own Simple Accounts Spreadsheet.

b) Reimbursement of Out-of-Pocket Expenses

Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.

No Trustees received any reimbursement of out-of-pocket expenses in the financial year.

c) Salaries & Professional Fees

No trustee receives any payments for the services they provide to the charity.

In the current financial year the charity employed no staff or external contractors.

d) Fixed Assets

The charity has not purchased or disposed of any fixed assets in the current financial year.

e) Creditors & Debtors

Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

f) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.