



Dyspraxic Me  
Registered Charity, No: 1175961

Trustees Annual Report and Statement of  
Financial Activity  
For the year ended 30 June 2023

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# 1 Reference and Administration Details

## 1.1 Charity Name & Registration

Dyspraxic Me is a Charitable Incorporated Organisation, registration number: 1175961, registered with the Charity Commission on 28 November 2017.

## 1.2 Charity's Address

(from April 2023)

Melissa Maynard Heritage Ltd., 2 Dryden Close, Grantham, Lincolnshire, NG31 9QS

(until end of March 2023)

Wilson House, 48 Brooklyn Road, Seaford, BN25 2CX

Email: [dyspraxicme@gmail.com](mailto:dyspraxicme@gmail.com)

Website: [www.dyspraxic.me.uk](http://www.dyspraxic.me.uk)

## 1.3 Names of the Trustees Who Manage the Charity

Jessica Starns

Louise McAward-White

Rosemary Richings

Richard Nicholas

David Brown (from 21 July 2022)

Daniela Spenippo (from 19 July 2022)

Clare Sutton (until 25 November 2022)

## 1.4 Names of Advisors & Senior Members of Staff

None

## 1.5 Bank

Lloyds Bank 57-58 Station Rd, Portslade, Brighton BN41 1DF

# 2 Structure, Governance & Management

## 2.1 Type of Governing Document

Constitution - based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations. Last amended 28 November 2017.

## 2.2 Charitable Objects

As defined in Dyspraxic Me's constitution, the objects of the CIO are to relieve the needs of people affected by dyspraxia and other learning difficulties by:

- (a) providing or assisting in the provision of recreational, learning or leisure activities for people affected by dyspraxia and other learning difficulties, in the interests of social welfare with the object of improving their conditions of life;
- (b) advancing the education of the public in the subject of dyspraxia and other learning difficulties;
- (c) relieving people with mental health issues associated with dyspraxia and other learning difficulties.

## 2.3 Trustee Selection Methods

There must be at least 3 charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

# 3 Activities

## 3.1 Statutory Declaration

The Trustees of Dyspraxic Me confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

## 4 Achievements & Performance

### 4.1 Outputs and Outcomes for the Charity's Beneficiaries

Date	Title	Number of attendees
Saturday 16 July	Sensory Street: The Sensory Supermarket - An Immersive Event	Cancelled due to train strike
Saturday 17 September	Pilates	5
Saturday 15 October	Dyspraxia Awareness Week	10
Saturday 26 November	Occupational Therapy	Postponed due to train strike
Saturday 10 December	Christmas meal	3
Saturday 25 February	Occupational Therapy	16
Saturday 29 April	TRX training	Postponed
Saturday 13 May	Annual picnic	Postponed
Saturday 3 June	10 years in 10 miles fundraising walk	4

### 4.2 How the Public Have Benefitted.

In the early part of this report year we held some successful events, including for Dyspraxia Awareness Week, and a long-awaited session with an Occupational Therapist. After the February events, the trustees agreed to pause events while we work to stabilise our financial position.

Our fundraising push in June for the 10 mile walk was very successful, raising around £1500, which can help us run events for at least the next financial year, likely into 2025. We continue to submit funding applications to allow us to grow Dyspraxic Me.

### 4.3 Contributing to Activities Run by Other Organisations

Due to changes in staff at Dyspraxia Foundation, their ability to run events has reduced and partnerships have not been possible.

### 4.4 Trustee Development

All new trustees completed a full induction that covers key issues for Dyspraxic Me including safeguarding, GDPR, Equality Act and the social model of disability.

Trustees are encouraged to participate in development opportunities as and when appropriate.

## 5 Financial Review

### 5.1 Details of Any Funds Materially in Deficit

The charity has no funds which are materially in deficit.

### 5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves which are at least 50% of its annual turnover.

### 5.3 Principal Sources of Funding and Outgoings

The principal source of funding for Dyspraxic Me is donations from attendees to events and the wider public.

The principal outgoings for Dyspraxic Me are the costs to run sessions, including paying facilitators for particular sessions; insurance and administrative costs for the charity address.

### 5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of Dyspraxic Me are reimbursed at cost.

During the year of this report nothing was paid in expenses to trustees.

### 5.5 Financial Status

Though modest, Dyspraxic Me's current resources from previous unrestricted donations are more than sufficient to meet its outgoings for at least next year.

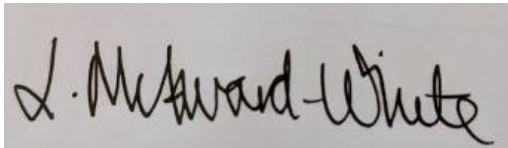
All the indications are that this will remain the case for the foreseeable future and trustees are actively pursuing further grant funding and donations.

### 5.6 Statutory Statements on Liabilities

The Trustees declare that:

- The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,




Louise McAward-White, Trustee, 21/12/2023

Jessica Starns, Trustee, 21/12/23

## 6 Statement of Financial Activity

### 6.1 Independent Examiner's Report on the Accounts

Dyspraxic Me is not required to have the accounts independently examined as per Charity Commission guidance as the income is under £25,000.

### 6.2 Receipts & Payments Accounts for the Financial Year Ended 30-Jun-23

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	1549	-	-	1549	1017
Grants	-	-	-	0	500
<b>Sub total(Gross income for AR)</b>	1549	0	0	1549	1517

<b>A2 Asset and investment sales, (see table).</b>					
None	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	0	0	0	0	0
<b>Total receipts</b>	1549	0	0	1549	1517
<b>A3 Payments</b>					
Administration	269	-	-	269	372
Session Costs	1049	-	-	1049	106
Insurance	0	-	-	0	96
Website	22	-	-	22	0
<b>Sub total</b>	1340	0	0	1340	574
<b>A4 Asset and investment purchases, (see table)</b>					
None	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	0	0	0	0	0
<b>Total payments</b>	1340	0	0	1340	574
<b>Net of receipts/(payments)</b>	209	0	0	209	943
<b>A5 Transfers between funds</b>	0	0	0	0	0
<b>A6 Cash funds last year end</b>	0	500	0	500	0
<b>Cash funds this year end</b>	209	500	0	709	943



<b>Section B Statement of assets and liabilities at the end of the period</b>					
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds	
		to nearest £	to nearest £	to nearest £	
<b>B1 Cash funds</b>	Bank Balance	1159.48	500	-	
		-	-	-	
		-	-	-	
	<b>Total cash funds</b>	1159.48	500	0	
	(agree balances with receipts and payments account(s))				
		Unrestricted funds	Restricted funds	Endowment funds	
	Details	to nearest £	to nearest £	to nearest £	
<b>B2 Other monetary assets</b>	None	-	-	-	
		-	-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
<b>B3 Investment assets</b>	None		-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
<b>B4 Assets retained for the charity's own use</b>	None		-	-	
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)	
<b>B5 Liabilities</b>	None		-		

## 6.3 Notes to the Accounts

a) Accounting Policies

The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's own Simple Accounts Spreadsheet.

b) Reimbursement of Out-of-Pocket Expenses

Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.

No Trustees received any reimbursement of out-of-pocket expenses in the financial year.

c) Salaries & Professional Fees

No trustee receives any payments for the services they provide to the charity.

In the current financial year the charity employed no staff or external contractors.

d) Fixed Assets

The charity has not purchased or disposed of any fixed assets in the current financial year.

e) Creditors & Debtors

Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

f) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.