

DYSPRAXIC ME

England & Wales - Charity number 1175961

Details

Status Registered

Legal form CIO

Registered 2017-11-28

Register [View on the Charity Commission register](#)

Contact

Address Melissa Maynard Heritage Ltd.
2 Dryden Close
Grantham
Lincolnshire
NG31 9QS

Phone 07874207707

Email dyspraxicme@gmail.com

Website www.dyspraxic.me.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE TO RELIEVE THE NEEDS OF PEOPLE AFFECTED BY DYSPRAXIA AND OTHER LEARNING DIFFICULTIES BY:(A) PROVIDING OR ASSISTING IN THE PROVISION OF RECREATIONAL, LEARNING OR LEISURE ACTIVITIES FOR PEOPLE AFFECTED BY DYSPRAXIA AND OTHER LEARNING DIFFICULTIES, IN THE INTERESTS OF SOCIAL WELFARE WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE;(B) ADVANCING THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF DYSPRAXIA AND OTHER LEARNING DIFFICULTIES;(C) RELIEVING PEOPLE WITH MENTAL HEALTH ISSUES ASSOCIATED WITH DYSPRAXIA AND OTHER LEARNING DIFFICULTIES

Activities: Dyspraxic Me is a group for young adults with dyspraxia. We meet once a month and take part in lots of different activities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, Recreation
- **Who:** People With Disabilities

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£2,812	£508	-	-
2024-06-30	£6,604	£1,601	-	-
2023-06-30	£1,549	£1,340	-	-
2022-06-30	£1,571	£574	-	-
2021-06-30	£49	£988	-	-

Trustees

Name	Role	Appointed
JESS STARNES	Chair	2017-06-11
Angela Maria Kelly		2024-03-20
Daniel John William Smith		2024-10-03
Daniela Spenippo		2022-07-19
Rosemary Richings		2021-11-24

DYSPRAXIC ME

England & Wales - Charity number 1175961

Accounts



Dyspraxic Me
Registered Charity, No: 1175961

Trustees Annual Report and Statement of
Financial Activity
For the year ended 30 June 2025

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1 Reference and Administration Details

1.1 Charity Name & Registration

Dyspraxic Me is a Charitable Incorporated Organisation, registration number: 1175961, registered with the Charity Commission on 28 November 2017.

1.2 Charity's Address

Melissa Maynard Heritage Ltd., 2 Dryden Close, Grantham, Lincolnshire, NG31 9QS

Email: dyspraxicme@gmail.com

Website: www.dyspraxic.me.uk

1.3 Names of the Trustees Who Manage the Charity

Jessica Starns

Angela Kelly

Rosemary Richings

Daniela Spenippo

Daniel Smith (from 3 October 2024)

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Lloyds Bank 57-58 Station Rd, Portslade, Brighton BN41 1DF

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution - based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations. Last amended 28 November 2017.

2.2 Charitable Objects

As defined in Dyspraxic Me's constitution, the objects of the CIO are to relieve the needs of people affected by dyspraxia and other learning difficulties by:

- (a) providing or assisting in the provision of recreational, learning or leisure activities for people affected by dyspraxia and other learning difficulties, in the interests of social welfare with the object of improving their conditions of life;
- (b) advancing the education of the public in the subject of dyspraxia and other learning difficulties;
- (c) relieving people with mental health issues associated with dyspraxia and other learning difficulties.

2.3 Trustee Selection Methods

There must be at least 3 charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Dyspraxic Me confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Date	Title	Number of attendees
Wednesday 11 October	Book reading by Rosemary Richings	14
Saturday 14 October	Conversation with The Black Dyspraxic and Dyslexic	13
Saturday 25 November	Christmas crafting	5
Saturday 24 February	Dyspraxia, craft and our environment (PhD research)	4
Saturday 23 March	Visit to London Zoo	4
Saturday 27 April	TRX training	3
Saturday 1 June	Cooking class	8
Saturday 22 June	Annual picnic	7
Saturday 6 July	Spin class	4
Saturday 10 August	Spin class	3
Thursday 19 September	Spin class	6
Thursday 4 October	Spin class	4
Thursday 9 October	Fitness & dyspraxia talk	17
Thursday 17 October	Spin class	2
Thursday 31 October	Spin class	1
Thursday 14 November	Spin class	2
Thursday 28 November	Spin class	8
Thursday 28	Winter social	10

November		
Thursday 12 December	Spin class	1
Thursday 23 January	Spin class	5
Thursday 6 February	Spin class	4
Tuesday 13 May	Spin class	0
Tuesday 27 May	Spin class	1
Tuesday 10 June	Spin class	1
Tuesday 24 June	Spin class	0
Tuesday 8 July	Spin class	0
Tuesday 22 July	Spin class	2
Tuesday 5 August	Spin class	Cancelation due to illness
Saturday 16 August	Annual picnic	9
Tuesday 19 August	Spin class	2
Tuesday 2 September	Spin class	2
Tuesday 30 September	Spin class	3
Monday 6 October	Dyspraxia Awareness Week: panel talk	18
Tuesday 14 October	Spin class	4
Tuesday 28 October	Spin class	2
Tuesday 11 November	Spin class	2
Tuesday 25 November	Spin class	1
Saturday 6 December	Social event	5
Tuesday 9 December	Spin class	2

4.2 How the Public Have Benefitted.

The events outlined have been varied in nature and location allowing Trustees to collect valuable feedback in order to plan the delivery of future initiatives and experiences for future stakeholders and beneficiaries.

4.3 Contributing to Activities Run by Other Organisations

Not applicable.

4.4 Trustee Development

All new trustees completed a full induction that covers key issues for Dyspraxic Me including safeguarding, GDPR, Equality Act and the social model of disability.

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

5.3 Principal Sources of Funding and Outgoings

The principal source of funding for activities for Dyspraxic Me this year was a grant received from The National Lottery/Sports England in the previous year. Additionally, funding was via donations from attendees to events and the wider public as well as an unrestricted donation of £2000 from Postcode Lottery. The sum of £500 was awarded by the Cooperative Group towards the project of cooking classes to be delivered in the next financial year. A modest sum was collected from cashback site easyfundraising.

The principal outgoings for Dyspraxic Me are the costs to run sessions, including paying facilitators for particular sessions; insurance and administrative costs for the charity address.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of Dyspraxic Me are reimbursed at cost.

During the year of this report nothing was paid in expenses to trustees.

5.5 Financial Status

Though modest, Dyspraxic Me's current resources from previous unrestricted donations are more than sufficient to meet its outgoings for at least next year.

All the indications are that this will remain the case for the foreseeable future and trustees are actively pursuing further grant funding and donations.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,



Angela Kelly, Trustee, 3.2.26

Jessica Starns, Trustee, 3.2.26

6 Statement of Financial Activity

6.1 Independent Examiner's Report on the Accounts

Dyspraxic Me is not required to have the accounts independently examined as per Charity Commission guidance as the income is under £25,000.

6.2 Receipts & Payments Accounts for the Financial Year Ended 30-Jun-24

Section A Receipts and					

payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	297	-	-	297	104
Grants	2000	500	-	2500	6500
Easyfundraising	15	-	-	15	0
Sub total(Gross income for AR)	2312	500	0	2812	6604
A2 Asset and investment sales, (see table).					
None	-	-	-	-	
	-	-	-	-	-
Sub total	0	0	0	0	0
Total receipts	2312	500	0	2812	6604
A3 Payments					
Administration	16	-	-	16	16
Session Costs	-	281	-	281	1490
Insurance	168	-	-	168	96
Website	43	-	-	43	-
Sub total	227	281	0	508	1601
A4 Asset and investment purchases, (see table)					
None	-	-	-	-	
	-	-	-	-	-
Sub total	0	0	0	0	0
Total	227	281	0	508	1601

<i>payments</i>					
<i>Net of receipts/(payments)</i>	2085	219	0	2304	5003
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	0		0	0	5003
Cash funds this year end	2085	219	0	2304	5003

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balance	2312	500	-
		-	-	-
		-	-	-
	Total cash funds	2312	500	
	(agree balances with receipts and payments account(s))			
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
	Details	Fund to which	Cost (optional)	Current value

		asset belongs		(optional)
B4 Assets retained for the charity's own use	None		-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	

6.3 Notes to the Accounts

a) Accounting Policies

The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's own Simple Accounts Spreadsheet.

b) Reimbursement of Out-of-Pocket Expenses

Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.

No Trustees received any reimbursement of out-of-pocket expenses in the financial year.

c) Salaries & Professional Fees

No trustee receives any payments for the services they provide to the charity.

In the current financial year the charity employed no staff or external contractors.

d) Fixed Assets

The charity has not purchased or disposed of any fixed assets in the current financial year.

e) Creditors & Debtors

Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

f) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

DYSPRAXIC ME

England & Wales - Charity number 1175961

Accounts



Dyspraxic Me
Registered Charity, No: 1175961

Trustees Annual Report and Statement of
Financial Activity
For the year ended 30 June 2024

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1 Reference and Administration Details

1.1 Charity Name & Registration

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1.2 Charity's Address

Melissa Maynard Heritage Ltd., 2 Dryden Close, Grantham, Lincolnshire, NG31 9QS

Email: dyspraxicme@gmail.com

Website: www.dyspraxic.me.uk

1.3 Names of the Trustees Who Manage the Charity

Jessica Starns

Angela Kelly (from 20 March 2024)

Rosemary Richings

Richard Nicholas (to 18 December 2024)

David Brown (to 28 October 2024)

Daniela Spenippo (from 19 July 2022)

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Lloyds Bank 57-58 Station Rd, Portslade, Brighton BN41 1DF

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution - based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations. Last amended 28 November 2017.

2.2 Charitable Objects

As defined in Dyspraxic Me's constitution, the objects of the CIO are to relieve the needs of people affected by dyspraxia and other learning difficulties by:

- (a) providing or assisting in the provision of recreational, learning or leisure activities for people affected by dyspraxia and other learning difficulties, in the interests of social welfare with the object of improving their conditions of life;
- (b) advancing the education of the public in the subject of dyspraxia and other learning difficulties;
- (c) relieving people with mental health issues associated with dyspraxia and other learning difficulties.

2.3 Trustee Selection Methods

There must be at least 3 charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Dyspraxic Me confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Date	Title	Number of attendees
Wednesday 11 October 2023	Book reading by Rosemary Richings	14
Saturday 14 October 2023	Conversation with The Black Dyspraxic and Dyslexic	13
Saturday 25 November 2023	Christmas crafting	5
Saturday 24 February 2024	Dyspraxia, craft and our environment (PhD research)	4
Saturday 23 March 2024	Visit to London Zoo	4
Saturday 27 April 2024	TRX training	3
Saturday 1 June 2024	Cooking class	8
Saturday 22 June 2024	Annual picnic	7

4.2 How the Public Have Benefitted.

The events outlined have been varied in nature and location allowing Trustees to collect valuable feedback in order to plan the delivery of future initiatives and experiences for future stakeholders and beneficiaries.

4.3 Contributing to Activities Run by Other Organisations

Due to the closure of the Dyspraxia Foundation collaboration has not been possible.

4.4 Trustee Development

All new trustees completed a full induction that covers key issues for Dyspraxic Me including safeguarding, GDPR, Equality Act and the social model of disability.

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

5.3 Principal Sources of Funding and Outgoings

The principal source of funding for Dyspraxic Me this year was a grant received from The National Lottery. Additionally, funding was via donations from attendees to events and the wider public.

The principal outgoings for Dyspraxic Me are the costs to run sessions, including paying facilitators for particular sessions; insurance and administrative costs for the charity address.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of Dyspraxic Me are reimbursed at cost.

During the year of this report nothing was paid in expenses to trustees.

5.5 Financial Status

Though modest, Dyspraxic Me's current resources from previous unrestricted donations are more than sufficient to meet its outgoings for at least next year.

All the indications are that this will remain the case for the foreseeable future and trustees are actively pursuing further grant funding and donations.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);

- The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,

Angelakelly

Jstarns

Angela Kelly, Trustee, 6.12.24

Jessica Starns, Trustee, 6.12.24.24

6 Statement of Financial Activity

6.1 Independent Examiner's Report on the Accounts

Dyspraxic Me is not required to have the accounts independently examined as per Charity Commission guidance as the income is under £25,000.

6.2 Receipts & Payments Accounts for the Financial Year Ended 30-Jun-24

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	104	-	-	104	1549
Grants	-	6500	-	6500	0
Sub total(Gross income for AR)	104	6500	0	6604	1549
A2 Asset and investment sales, (see table).					

None	-	-	-	-	
	-	-	-	-	-
Sub total	0	0	0	0	0
Total receipts	6604	0	0	6604	1549
A3 Payments					
Administration	16	-	-	16	269
Session Costs	1490	-	-	1490	1049
Insurance	96	-	-	96	0
Website	-	-	-	-	22
Sub total	1601	0	0	1601	1340
A4 Asset and investment purchases, (see table)					
None	-	-	-	-	
	-	-	-	-	
Sub total	0	0	0	0	0
Total payments	1601	0	0	1601	1340
Net of receipts/(payments)	5003	0	0	5003	209
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	0		0	0	500
Cash funds this year end	5003	0	0	5003	709

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Bank Balance	104	6500	-
		-	-	-
		-	-	-
	Total cash funds	104	6500	
	(agree balances with receipts and payments account(s))			
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	None		-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	

6.3 Notes to the Accounts

a) Accounting Policies

The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's own Simple Accounts Spreadsheet.

b) Reimbursement of Out-of-Pocket Expenses

Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.

No Trustees received any reimbursement of out-of-pocket expenses in the financial year.

c) Salaries & Professional Fees

No trustee receives any payments for the services they provide to the charity.

In the current financial year the charity employed no staff or external contractors.

d) Fixed Assets

The charity has not purchased or disposed of any fixed assets in the current financial year.

e) Creditors & Debtors

Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

f) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

DYSPRAXIC ME

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1 Reference and Administration Details

1.1 Charity Name & Registration

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1.2 Charity's Address

(from April 2023)

Melissa Maynard Heritage Ltd., 2 Dryden Close, Grantham, Lincolnshire, NG31 9QS

(until end of March 2023)

Wilson House, 48 Brooklyn Road, Seaford, BN25 2CX

Email: dyspraxicme@gmail.com

Website: www.dyspraxic.me.uk

1.3 Names of the Trustees Who Manage the Charity

Jessica Starns

Louise McAward-White

Rosemary Richings

Richard Nicholas

David Brown (from 21 July 2022)

Daniela Spenippo (from 19 July 2022)

Clare Sutton (until 25 November 2022)

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Lloyds Bank 57-58 Station Rd, Portslade, Brighton BN41 1DF

2 Structure, Governance & Management

2.1 Type of Governing Document

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- (b) advancing the education of the public in the subject of dyspraxia and other learning difficulties;
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In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Dyspraxic Me confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Date	Title	Number of attendees
Saturday 16 July	Sensory Street: The Sensory Supermarket - An Immersive Event	Cancelled due to train strike
Saturday 17 September	Pilates	5
Saturday 15 October	Dyspraxia Awareness Week	10
Saturday 26 November	Occupational Therapy	Postponed due to train strike
Saturday 10 December	Christmas meal	3
Saturday 25 February	Occupational Therapy	16
Saturday 29 April	TRX training	Postponed
Saturday 13 May	Annual picnic	Postponed
Saturday 3 June	10 years in 10 miles fundraising walk	4

4.2 How the Public Have Benefitted.

In the early part of this report year we held some successful events, including for Dyspraxia Awareness Week, and a long-awaited session with an Occupational Therapist. After the February events, the trustees agreed to pause events while we work to stabilise our financial position.

Our fundraising push in June for the 10 mile walk was very successful, raising around £1500, which can help us run events for at least the next financial year, likely into 2025. We continue to submit funding applications to allow us to grow Dyspraxic Me.

4.3 Contributing to Activities Run by Other Organisations

Due to changes in staff at Dyspraxia Foundation, their ability to run events has reduced and partnerships have not been possible.

4.4 Trustee Development

All new trustees completed a full induction that covers key issues for Dyspraxic Me including safeguarding, GDPR, Equality Act and the social model of disability.

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves which are at least 50% of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

The principal source of funding for Dyspraxic Me is donations from attendees to events and the wider public.

The principal outgoings for Dyspraxic Me are the costs to run sessions, including paying facilitators for particular sessions; insurance and administrative costs for the charity address.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of Dyspraxic Me are reimbursed at cost.

During the year of this report nothing was paid in expenses to trustees.

5.5 Financial Status

Though modest, Dyspraxic Me's current resources from previous unrestricted donations are more than sufficient to meet its outgoings for at least next year.

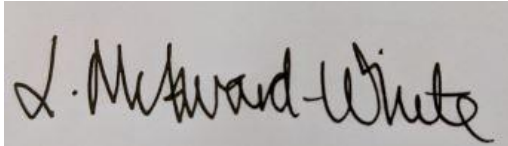
All the indications are that this will remain the case for the foreseeable future and trustees are actively pursuing further grant funding and donations.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,




Louise McAward-White, Trustee, 21/12/2023

Jessica Starns, Trustee, 21/12/23

6 Statement of Financial Activity

6.1 Independent Examiner's Report on the Accounts

Dyspraxic Me is not required to have the accounts independently examined as per Charity Commission guidance as the income is under £25,000.

6.2 Receipts & Payments Accounts for the Financial Year Ended 30-Jun-23

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1549	-	-	1549	1017
Grants	-	-	-	0	500
Sub total(Gross income for AR)	1549	0	0	1549	1517

A2 Asset and investment sales, (see table).					
None	-	-	-	-	
	-	-	-	-	-
Sub total	0	0	0	0	0
Total receipts	1549	0	0	1549	1517
A3 Payments					
Administration	269	-	-	269	372
Session Costs	1049	-	-	1049	106
Insurance	0	-	-	0	96
Website	22	-	-	22	0
Sub total	1340	0	0	1340	574
A4 Asset and investment purchases, (see table)					
None	-	-	-	-	
	-	-	-	-	
Sub total	0	0	0	0	0
Total payments	1340	0	0	1340	574
Net of receipts/(payments)	209	0	0	209	943
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	0	500	0	500	0
Cash funds this year end	209	500	0	709	943

Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds	
		to nearest £	to nearest £	to nearest £	
B1 Cash funds	Bank Balance	1159.48	500	-	
		-	-	-	
		-	-	-	
	Total cash funds	1159.48	500	0	
	(agree balances with receipts and payments account(s))				
		Unrestricted funds	Restricted funds	Endowment funds	
	Details	to nearest £	to nearest £	to nearest £	
B2 Other monetary assets	None	-	-	-	
		-	-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
B3 Investment assets	None		-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
B4 Assets retained for the charity's own use	None		-	-	
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)	
B5 Liabilities	None		-		

6.3 Notes to the Accounts

a) Accounting Policies

The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's own Simple Accounts Spreadsheet.

b) Reimbursement of Out-of-Pocket Expenses

Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.

No Trustees received any reimbursement of out-of-pocket expenses in the financial year.

c) Salaries & Professional Fees

No trustee receives any payments for the services they provide to the charity.

In the current financial year the charity employed no staff or external contractors.

d) Fixed Assets

The charity has not purchased or disposed of any fixed assets in the current financial year.

e) Creditors & Debtors

Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

f) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

DYSPRAXIC ME

England & Wales - Charity number 1175961

Accounts



Dyspraxic Me
Registered Charity, No: 1175961

Trustees Annual Report and Statement of
Financial Activity
For the year ended 30 June 2022

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1 Reference and Administration Details

1.1 Charity Name & Registration

Dyspraxic Me is a Charitable Incorporated Organisation, registration number: 1175961, registered with the Charity Commission on 28 November 2017.

1.2 Charity's Address

Wilson House, 48 Brooklyn Road, Seaford, BN25 2CX

Email: dyspraxicme@gmail.com

Website: www.dyspraxic.me.uk

1.3 Names of the Trustees Who Manage the Charity

Jessica Starns

Louise McAward-White

Nat Hawley (until 24 November 2021)

Rosemary Richings (from 24 November 2021)

Clare Sutton (from 24 November 2021)

Richard Nicholas (from 24 November 2021)

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Lloyds Bank 57-58 Station Rd, Portslade, Brighton BN41 1DF

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution - based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations. Last amended 28 November 2017.

2.2 Charitable Objects

As defined in Dyspraxic Me's constitution, the objects of the CIO are to relieve the needs of people affected by dyspraxia and other learning difficulties by:

- (a) providing or assisting in the provision of recreational, learning or leisure activities for people affected by dyspraxia and other learning difficulties, in the interests of social welfare with the object of improving their conditions of life;
- (b) advancing the education of the public in the subject of dyspraxia and other learning difficulties;
- (c) relieving people with mental health issues associated with dyspraxia and other learning difficulties.

2.3 Trustee Selection Methods

There must be at least 3 charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Dyspraxic Me confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Date	Title	Number of attendees
Saturday 21 August	Picnic	9
Saturday 16 October	Dyspraxia Awareness Week	11
Saturday 4 December	Christmas Outing	3
Saturday 22 January	Winter Lights	Postponed due to Covid
Saturday 12 February	Light Festival	3
Saturday 19 March	Confidence Building Workshop	14
Saturday 28 May	Picnic	7
June		Cancelled due to Covid

4.2 How the Public Have Benefitted.

Reestablishing our regular programming has been a priority this year, and continues into the next year. Though there have still been difficulties due to Covid related cancellations in the period of this report - both with external events we have planned and with the Dyspraxic Me team.

Another priority this year has been retaining social contact for participants, which has a particularly important benefit in reducing isolation and improving mental health for our participants.

We have been able to hold some meetings in person, which has benefited participants' confidence in returning to pre-Covid activities. It is very common for our participants to struggle with their confidence so offering a Confidence Building Workshop was a priority to deliver this need.

Increasing the number of trustees this year has allowed us to start planning improved volunteer participation and to extend our capacity to find new members of the dyspraxic community who may not have previously engaged with us.

A priority for next year is finding a new central venue to allow in person sessions to regularly resume - a fixed venue benefits our participants through improved activity offer and increased consistency.

4.3 Contributing to Activities Run by Other Organisations

Due to changes in staff at Dyspraxia Foundation, their ability to run events has reduced and partnerships have not been possible.

4.4 Trustee Development

All new trustees completed a full induction that covers key issues for Dyspraxic Me including safeguarding, GDPR, Equality Act and the social model of disability.

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves which are at least 50% of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

The principal source of funding for Dyspraxic Me is donations from attendees to events and the wider public.

The principal outgoings for Dyspraxic Me are the costs to run sessions, including paying facilitators for particular sessions; insurance and administrative costs for the charity address.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of Dyspraxic Me are reimbursed at cost.

During the year of this report nothing was paid in expenses to trustees.

5.5 Financial Status

Though modest, Dyspraxic Me's current resources from previous unrestricted donations are more than sufficient to meet its outgoings for at least next year.

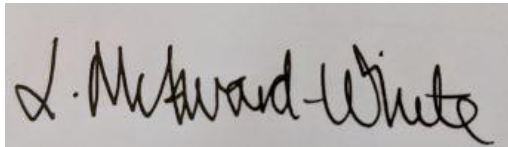
All the indications are that this will remain the case for the foreseeable future and trustees are actively pursuing further grant funding and donations.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,



Louise McAward-White, Trustee
18/10/22



Jessica Starns, Trustee
18/10/22

6 Statement of Financial Activity

6.1 Independent Examiner's Report on the Accounts

Dyspraxic Me is not required to have the accounts independently examined as per Charity Commission guidance as the income is under £25,000.

6.2 Receipts & Payments Accounts for the Financial Year Ended 30-Jun-22

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1017	-	-	1017	49
Grants	-	500	-	500	0
	-	-	-	-	-
Sub total(Gross income for AR)	1017	500	0	1517	49
A2 Asset and investment sales, (see table).					
None	-	-	-	-	-
	-	-	-	-	-
Sub total	0	0	0	0	0
Total receipts	1017	500	0	1517	49
A3 Payments					
Administration	372	-	-	372	425
Session Costs	106	-	-	106	437
Books and Materials	-	-	-	0	16

Insurance	96	-	-	96	96
Website	-	-	-	0	14
Marketing	-	-	-	0	-
Sub total	574	0	0	574	988
A4 Asset and investment purchases, (see table)					
None	-	-	-	-	
	-	-	-	-	
Sub total	0	0	0	0	0
Total payments	574	0	0	574	988
Net of receipts/(payments)	443	500	0	943	-939
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	0	0	0	0	1445.28
Cash funds this year end	443	500	0	943	506.28

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Bank Balance	951	500	-
		-	-	-

		-	-	-
	Total cash funds	951	500	0
	(agree balances with receipts and payments account(s))			
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	None	-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	None		-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval

6.3 Notes to the Accounts

a) Accounting Policies

The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's own Simple Accounts Spreadsheet.

b) Reimbursement of Out-of-Pocket Expenses

Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.

No Trustees received any reimbursement of out-of-pocket expenses in the financial year.

c) Salaries & Professional Fees

No trustee receives any payments for the services they provide to the charity.

In the current financial year the charity employed no staff or external contractors.

d) Fixed Assets

The charity has not purchased or disposed of any fixed assets in the current financial year.

e) Creditors & Debtors

Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

f) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

DYSPRAXIC ME

England & Wales - Charity number 1175961

Accounts



Dyspraxic Me
Registered Charity, No: 1175961

Trustees Annual Report and Statement of
Financial Activity
For the year ended 30 June 2021

Trustees:
Jessica Starns
Louise McAward-White
Nat Hawley

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1 Reference and Administration Details

1.1 Charity Name & Registration

Dyspraxic Me is a Charitable Incorporated Organisation, registration number: 1175961, registered with the Charity Commission on 28 November 2017.

1.2 Charity's Address

Wilson House, 48 Brooklyn Road, Seaford, BN25 2CX

Email: dyspraxicme@gmail.com

Website: www.dyspraxic.me.uk

1.3 Names of the Trustees Who Manage the Charity

Jessica Starns

Louise McAward-White

Nat Hawley

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Lloyds Bank 57-58 Station Rd, Portslade, Brighton BN41 1DF

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution - based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations. Last amended 28 November 2017.

2.2 Charitable Objects

As defined in Dyspraxic Me's constitution, the objects of the CIO are to relieve the needs of people affected by dyspraxia and other learning difficulties by:

- (a) providing or assisting in the provision of recreational, learning or leisure activities for people affected by dyspraxia and other learning difficulties, in the interests of social welfare with the object of improving their conditions of life;

- (b) advancing the education of the public in the subject of dyspraxia and other learning difficulties;
- (c) relieving people with mental health issues associated with dyspraxia and other learning difficulties.

2.3 Trustee Selection Methods

There must be at least 3 charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Dyspraxic Me confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Date	Title	Number of attendees
July 2020	Social	10
September 2020	Podcast	5
October 2020	Booking reading webinar	19
October 2020	Dyspraxia Awareness Week zine making	8
November 2020	Festive card making	12

December 2020	Social	13
January 2021	Chair yoga	9
February 2021	Know your rights?	23
March 2021	Card making	7
April 2021	CV writing workshop	Postponed
May 2021	Origami	7
June 2021	CV writing workshop	8

4.2 How the Public Have Benefitted.

Last year was an unusual year for everyone. We were unable to meet in person due to the pandemic and so all activity was delivered over Zoom. It was important to focus on wellbeing and delivering social activities to support skills in communication with others at a time when we were unable to meet in person. This was specifically requested by our beneficiaries to support them during the period.

It was also important to deliver sessions on finding work and rights in employment during the time period, as many people were losing paid work, or finding it more difficult to gain paid employment.

4.3 Contributing to Activities Run by Other Organisations

We delivered a CV session for young people and their parents/guardians on Tuesday 29 June 2021 in association with the Dyspraxia Foundation.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

During the year trustees have been on training for managing finance in charities, and undertaken a review of annual reporting and finance records.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves which are at least 50% of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

The principal source of funding for Dyspraxic Me is donations from attendees to events and the wider public.

The principal outgoings for Dyspraxic Me are the costs to run sessions, including paying facilitators for particular sessions; insurance and administrative costs for the charity address.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of Dyspraxic Me are reimbursed at cost.

During the year of this report nothing was paid in expenses to trustees.

5.5 Financial Status

Though modest, Dyspraxic Me's current resources from previous unrestricted donations are more than sufficient to meet its outgoings for at least next year.

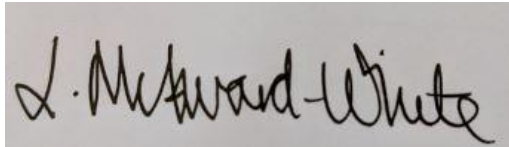
All the indications are that this will remain the case for the foreseeable future and trustees are actively pursuing further grant funding and donations.

5.6 Statutory Statements on Liabilities

The Trustees declare that:


- The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,

A rectangular box containing a handwritten signature in black ink that reads "L. McAward-White".

Louise McAward-White, Trustee

28/3/22

A handwritten signature in black ink that reads "Jessica Starns".

Jessica Starns, Trustee

28/3/22

6 Statement of Financial Activity

6.1 Independent Examiner's Report on the Accounts

Dyspraxic Me is not required to have the accounts independently examined as per Charity Commission guidance as the income is under £25,000.

6.2 Receipts & Payments Accounts for the Financial Year Ended 30-Jun-21

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	49	-	-	49	7
Sub total (Gross income for AR)	49	-	-	49	7
A2 Asset and investment sales, (see table).					
None	-	-	-	-	
Sub total	-	-	-	-	-
Total receipts	49	-	-	49	7
A3 Payments					
Administration	425	-	-	425	29
Session Costs	437	-	-	437	195
Books and Materials	16	-	-	16	-
Insurance	96	-	-	96	253
Website	14	-	-	14	-
Marketing	-	-	-	-	44

Sub total	988	-	-	988	521
A4 Asset and investment purchases, (see table)					
None	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	988	-	-	988	521
Net of receipts/(payments)	-939	-	-	-939	-514
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-939	-	-	-939	-514

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Bank Balance	506	-	-
		-	-	-
		-	-	-
	Total cash funds	506	-	-
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £

B2 Other monetary assets	None	-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	None		-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

6.3 Notes to the Accounts

- a) Accounting Policies
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's own Simple Accounts Spreadsheet.
- b) Reimbursement of Out-of-Pocket Expenses
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) Salaries & Professional Fees
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors.
- d) Fixed Assets
The charity has not purchased or disposed of any fixed assets in the current financial year.
- e) Creditors & Debtors

Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

f) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.