

Trustees' Annual Report for the period

From 1st April 2022 Period start date To 31st March 2023 Period end date

Charity name: Breast Friends York

Charity registration number: 1175926

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of Breast Friends York (BFY) remain the same as per our constitution.</p> <p>The objects of the CIO are:</p> <p>For the relief of people in York and the surrounding areas who have had a breast cancer diagnosis at any point in their lives in particular but not exclusively by;</p> <p>Providing a variety of supportive, accessible and inclusive environments to enable members to build a network of peer support.</p> <p>Providing opportunities to explore and discuss the range of issues, emotions and feelings related to a breast cancer diagnosis and subsequent treatment.</p> <p>Promoting awareness of the available local and wider support and advice networks.</p> <p>Utilising peer support to facilitate members in the development of resilience and coping strategies.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Our monthly evening meetings continue at the Pig & Pastry. There have been visiting presenters from Yorkshire Fatigue Clinic and And Able to talk about their clothing range and bra fitting sessions. Mostly these evening meetings are a chance for members to come together to talk about life and life with cancer.</p> <p>Our monthly lunches are well attended and give a chance for</p>

		<p>members to connect and chat and support each other through life with and beyond cancer.</p> <p>Sewn with Love workshops have met 10 months out of 12 and have made around 600 pillows and 350 drain bags which have been donated to the hospital.</p> <p>We celebrated our 9th birthday with an afternoon tea at Impossible in April. At Christmas we had a meal out to celebrate.</p> <p>Our online secure chat group, birthday club and telephone line have continued to operate throughout the year.</p> <p>We have maintained our website and social media presence including Instagram, Twitter and Facebook. Work continues on updating our website.</p> <p>We had a fundraising craft stall at the Dragon Boat Race event in the summer as well as a stall at a dog show in September.</p> <p>Yoga session started up in February with a slow start of $\frac{2}{3}$ members attending. The situation is being monitored and reviewed.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees all read the public benefit guidance when setting up the Charity in 2017. New trustees have also read the guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not make grants.
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	Our trustees have all made contributions to supporting the running of the charity as well as many of them running aspects of the support group, working with members of the wider membership. All trustees have played a part in fundraising activities, running stalls, providing support to existing and new members and communicating with all members as well as manning the phone lines. Sam continues to allow us to use her garage

		<p>to store our resources and equipment which is very convenient and saves us a lot of money.</p> <p>Tracie, our treasurer, has managed our accounts and works with the chair to ensure invoices are paid. She also provides any technical support any of us need in undertaking our duties.</p> <p>Sally has been running the the Luncheon Club and has arranged both the Christmas and Birthday celebration events. She also has played a key part in arranging and manning our fundraising efforts.</p> <p>Chris has supported Zoe with running the Sewn with Love group.</p> <p>Zoe has been working on developing the website, purchasing resources, paying invoices, supporting the Sewn with Love group and has arranged speakers for the evening meetings, whilst Barbara (not trustee) has helped with arranging evening meetings..</p> <p>Sam has administered the Facebook birthday club, set agendas and created meeting minutes, managed our membership as well as a whole host of other administrative duties.</p> <p>Lucy has been working on a grand funding bid and supported the BOT meeting by hosting.</p>
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	<p>This year has seen a return to normal activity following the Covid pandemic..</p> <p>Fundraising opportunities have been minimal with a lack of volunteers prepared to support. Our only stalls was at the Dragon Boat racing where we raised £170.42, at a fitness fair where we raised £106 and a Dog Show where we raised £30.</p> <p>We have continued to see a number of donations made as a result of people receiving our heart pillows.</p> <p>600 Heart Pillows and 350 Drain bags have been delivered to the hospital and these continue to be well received, with many notes of thanks being sent to us.</p> <p>We have received a number of private donations from a range of members of the public and were the recipient of</p>

		<p>funds raised by a local fitness group, which we in turn, referred one of our ladies to and a local art show. .</p> <p>We have seen a steady flow of new members joining us this year with one joining us with the support of her social prescriber.</p> <p>The members have benefitted from a pair of free season tickets to York City FC this season to treat themselves and their family and friends. All but 2 of the home matches were attended by 12 different members.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Year End Total £5,019.00
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Funding is divided into projects and deposits and withdrawals are recorded against the project budget.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>The charity has sufficient funds to operate for the duration of the coming year.</p> <p>We need to work on securing grant funding in this coming year.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Dragon Boat Race Paypal Giving Fund Amazon smile Easyfundraising Public donations Pillow donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	There are no financial risks currently being experienced.
Other		The introduction of clearbooks for our accounts has simplified the accounting processes.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our wider membership is informed when posts come up and are invited to put their names forward. They submit their statement of intent and are voted on via a majority vote from the BOT at an AGM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and	Para 1.51	We have arranged for a handover period where new trustees or trustees taking on new roles are supported in
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training of trustees		the transition period.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run by a Board of Trustees (BOT) and is a foundation model. Additionally we have members/volunteers of our support group which we refer to as our wider membership. The wider membership do not have any responsibility for the running of the charity.
Relationship with any related parties	Para 1.51	Yorkshire Cancer Community, Humber Coast & Vale Cancer Alliance, Breast Cancer Now, Macmillan, The Haven, York Against Cancer, Yorkshire Cancer Research
Other		

Reference and Administrative details

Charity name	Breast Friends York
Other name the charity uses	BFY, York Breast Friends
Registered charity number	1175926
Charity's principal address	44 Garfield Terrace, York, YO264XU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zoe Bounds	Chair		
2	Sam Broadbent	Secretary		
3	Tracey Steeley	Treasurer		
4	Sally Harris			
5	Chris Johnson			
6	Charlie Hudson			
7	Lucy Hart			
8				
9				

Corporate trustees – names of the directors at the date the report was approved

Director name		

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Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure


Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

	Signature(s)		
	Full name(s)	Zoe Bounds	
	Position (eg Secretary, Chair, etc)	Chair	
	Date	16/5/2023	