



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st April 2020 **Period start date** To 31st March 2021 **Period end date**

Charity name: Breast Friends York

Charity registration number: 1175926

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of Breast Friends York (BFY) remain the same as per our constitution.</p> <p>The objects of the CIO are:</p> <p>For the relief of people in York and the surrounding areas who have had a breast cancer diagnosis at any point in their lives in particular but not exclusively by;</p> <p>Providing a variety of supportive, accessible and inclusive environments to enable members to build a network of peer support.</p> <p>Providing opportunities to explore and discuss the range of issues, emotions and feelings related to a breast cancer diagnosis and subsequent treatment.</p> <p>Promoting awareness of the available local and wider support and advice networks.</p> <p>Utilising peer support to facilitate members in the development of resilience and coping strategies.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services	Para 1.17 and 1.19	<p>Activities and events this year would have included (pre Covid);</p> <p>Online secure chat group,</p> <p>Monthly Evening Meetings with free refreshments,</p>

identified in the accounts.		<p>Monthly Luncheon Club with free lunch provided and lifts offered,</p> <p>Weekly Yoga classes,</p> <p>Newsletters,</p> <p>Lingerie Evenings,</p> <p>Birthday club,</p> <p>Telephone line,</p> <p>Website & social media presence Instagram, twitter and facebook,</p> <p>Supportive sewers Pillows and Drain bags,</p> <p>Cancer Champion Training,</p> <p>Stalls at events including 3 x Fossgate festivals, York Pride, Hospital stall, Bishy Rd St Party.</p> <p>Changes introduced in response to COVID 19,</p> <p>Weekly/Monthly Zoom meetings,</p> <p>Weekly calls to vulnerable members and shopping done for those who need it,</p> <p>Video Yoga & Meditation</p> <p>Facebook live events,</p> <p>BOT zeetings,</p> <p>Walk & Talks</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Trustees all read the public benefit guidance when setting up the Charity in 2017. New trustees have also read the guidance.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not make grants.
Policy on social investment including program related		N/A

investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Our trustees have all made contributions to supporting the running of the charity as well as many of them running aspects of the support group, working with members of the wider membership. Normally these activities would include, running the luncheon club, fundraising activities, making crafts for sale, running stalls, holding Lingerie evenings, however, due to lockdown restrictions, very little has been happening in the last 12 months. Volunteer activities have been restricted. Facebook & telephone support has continued throughout.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	<p>There are now 111 registered members and a further 20 who are part of the facebook online chat group prior to the introduction of the registration process who are not contacted directly but who are able to leave the group at any point they wish.</p> <p>We have seen many friendships blossom over this past year.</p> <p>Unfortunately 2 members have passed away this year.</p> <p>Members have been able to share experiences and questions around Corona virus during the COVID-19 Pandemic, giving and receiving support online.</p> <p>Due to covid-19 restrictions we have been unable to sell crafts made by our supportive sewers but have been able to give some love, support and comfort to 144 patients undergoing breast cancer related surgery via our heart pillows.</p> <p>We have continued to provide regular Zoom meetings, facebook and telephone support, walk & talks and 1-1 covid-safe meet ups for new members.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Year End Total £4307.19
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Funding is divided into projects and deposits and withdrawals are recorded against the project budget.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity has sufficient funds to operate for the duration of the coming year. We need to work on securing grant funding in this coming year.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Macmillan Grant	Easyfundraising
		Tesco Local fundraising sales	Hand-sanitiser
		Waitrose Local funding	Facemask sales
		Public donations	Amazon smile
		Pillow donations	
Investment policy and objectives including any social investment policy		N/A	

adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Our fundraising activities will be significantly reduced during & following the COVID-19 Pandemic, as are our outgoings. The BFY continues to enjoy a healthy bank balance.
Other		The introduction of clearbooks for our accounts has simplified the accounting processes.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our wider membership is informed when posts come up and are invited to put their names forward. They submit their Bio and are voted on via a majority vote from the BOT at an AGM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We currently do not have a trustee induction as we have not previously required one. We will be working with our new trustees to create an induction package over the months following the AGM.
The charity's organisational structure and any wider network with which the charity	Para 1.51	The Charity is run by a Board of Trustees (BOT) and is a foundation model. Additionally we have members/volunteers of our support group which we refer to as our wider membership. The wider

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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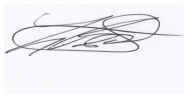
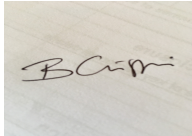
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		Barbara Griffin 
	Full name(s)	Zoe Bounds	Barbara Griffin
	Position (eg Secretary, Chair, etc)	Chair	Secretary
	Date	29/5/2021	29/5/2021

**Distribution of funds to individual pots and income and expenditure to end
of accounting year 01/04/2020 – 31/03/2021**

<u>Pot</u>	<u>Starting Balance</u>	<u>Income</u>	<u>Expenditure</u>	<u>Ending Balance</u>
Admin	£-200.12	£2497.92	£2121.15	£176.65
Meetings	£129.70	£1	£0	£129.70
Supportive Sewers	£3406.50	£1024.26	£1489.93	£2940.83
Lingerie Evenings	£95.46	£0	£0	£95.46
Browns	£0.00	£0	£0	£0.00
Luncheon Club	£341.54	£130	£97.22	£374.32
BFtoo	£0.00	£0	£0	£0.00
Exercise	£613.30	£557.12	£635	£535.42
Therapy	£0	£70	£25	£45
TOTALS	£4386.38	4279.30	4368.30	£4297.38 + £9.81 starting bank balance

- Total overall income **£4279.30**
- Total overall expenditure **£4368.30**
- Total held in bank at end of account period carried forward to new accounting year **£4307.19**