

BREAST FRIENDS YORK

England & Wales · Charity number 1175926

Details

Status Registered

Legal form CIO

Registered 2017-11-27

Register [View on the Charity Commission register](#)

Contact

Address 44 Garfield Terrace
York
YO26 4XU

Phone 01904373088

Email info@yorkbreastfriends.org

Website <http://www.yorkbreastfriends.org>

Activities

Objects: THE OBJECTS OF THE CIO ARE:FOR THE RELIEF OF PEOPLE IN YORK AND THE SURROUNDING AREAS WHO HAVE HAD A BREAST CANCER DIAGNOSIS AT ANY POINT IN THEIR LIVES IN PARTICULAR BUT NOT EXCLUSIVELY BY:- PROVIDING A VARIETY OF SUPPORTIVE, ACCESSIBLE AND INCLUSIVE ENVIRONMENTS TO ENABLE MEMBERS TO BUILD ANETWORK OF PEER SUPPORT.- PROVIDING OPPORTUNITIES TO EXPLORE AND DISCUSS THE RANGE OF ISSUES, EMOTIONS AND FEELINGS RELATED TO A BREASTCANCER DIAGNOSIS AND SUBSEQUENT TREATMENT.- PROMOTING AWARENESS OF THE AVAILABLE LOCAL AND WIDER SUPPORT AND ADVICE NETWORKS.- UTILISING PEER SUPPORT TO FACILITATE MEMBERS IN THE DEVELOPMENT OF RESILIENCE AND COPING STRATEGIES.

Activities: We offer a range of different social opportunities and activities in local venues, that allow our members to live well with and beyond their cancer diagnosis and treatment. We have monthly evening meetings, luncheon club and sewing group as well as weekly yoga class. We also celebrate every opportunity we get.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£11,025	£7,162	-	-
2024-03-31	£8,372	£7,709	-	-
2023-03-31	£5,515	£2,805	-	-
2022-03-31	£846	£2,844	-	-
2021-03-31	£4,279	£4,368	-	-

Trustees

Name	Role	Appointed
ZOE BOUNDS	Chair	2017-05-11
Charlotte Hudson		2022-06-07
Christine Johnson		2020-05-15
Joanne Eastwood		2025-05-21
Kath Hartington		2025-05-21
Lucy Hart		2022-06-07
Sally Harris		2018-05-04
Samantha Broadbent		2020-05-15
TRACIE ELAINE STEELEY		2017-05-11

BREAST FRIENDS YORK

England & Wales - Charity number 1175926

Accounts



Trustees' Annual Report for the period

From 1st April 2024 Period start date To 31st March 2025 Period end date

Charity name: Breast Friends York

Charity registration number: 1175926

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of Breast Friends York (BFY) remain the same as per our constitution.</p> <p>The objects of the CIO are: For the relief of people in York and the surrounding areas who have had a breast cancer diagnosis at any point in their lives in particular but not exclusively by;</p> <p>Providing a variety of supportive, accessible and inclusive environments to enable members to build a network of peer support.</p> <p>Providing opportunities to explore and discuss the range of issues, emotions and feelings related to a breast cancer diagnosis and subsequent treatment.</p> <p>Promoting awareness of the available local and wider support and advice networks.</p> <p>Utilising peer support to facilitate members in the development of resilience and coping strategies.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The year commenced with a notable event as several Trustees traveled to Oxford to participate in a surprise "One Big Thank You" segment by the One Show team for our Chair, Zoe. This event provided significant recognition for the organization..</p> <p>Monthly evening meetings continued to be held at the Pig & Pastry. Meeting content during the year included an informative session on Domestic Abuse and a question-and-answer session with a Breast Cancer Nurse. Additionally, a bring-and-share meal fostered a sense of community. In March, raffle prizes were assembled in support of the Browns fashion show. These meetings primarily serve as a forum for members to connect and share experiences related to living with cancer.</p>

Monthly lunches experienced consistent attendance of approximately 8-10 individuals for most of the year, although attendance decreased to three individuals at the March lunch.

The Sewn with Love Pillow Workshops maintained their operation, producing comfort pillows and drain bags for breast cancer patients undergoing surgery at York Hospital. Ten workshop sessions were held throughout the year, with increasing member participation to 18 volunteers ensuring consistently high attendance, even during holiday periods. To date, 464 pillows have been delivered to the breast care nurses. Drain bags, produced by a home-based volunteer, are also provided. The Breast Care Nurses (BCNs) at York Hospital now distribute pillows to all patients undergoing mastectomy or lumpectomy procedures, however, occasional oversights in distribution occur when hospital staffing relies heavily on temporary bank staff who may not be fully aware of this provision. A celebration event was held for the volunteers at Christmas to thank them for their hard work and dedication.

The organization celebrated its 10th anniversary with a celebratory meal at Impossible. A festive meal was held at Rustique in December, complemented by a Nordic star willow weaving workshop. A social "girls' day out" in York in November included participation in the ice trail, promoting physical activity, fresh air, and social interaction.

The online secure chat group, birthday club, and telephone support line continued to be operational throughout the year, providing ongoing support to members.

Newly appointed trustee Hannah has been unable to actively participate in meetings and routine group operations due to medical reasons. However, she has been instrumental in the development of a new website, with an anticipated launch by September. The organization maintains a social media presence on Instagram, Twitter (now X), and Facebook, although the former two platforms are utilized infrequently.

Fundraising activities during the year included participation in the Brown's Fashion Show in May and a Curry and Quiz fundraiser held at the Parvin in October.

Following low engagement in the previous year's weekly yoga classes, an alternative initiative was implemented. A well-attended winter stillness retreat was held in December.

In September, the organization was invited to receive a donation resulting from the fundraising efforts of the Huntington Social Club's centenary celebration, which featured a country cover singer. During the event, members engaged with a line dancing group, leading to several members attending subsequent line dancing social nights and their weekly group sessions.

A partnership was established with Athletica Physiotherapy Ltd to offer rehabilitation services to female cancer patients. Two taster sessions were held for members, and an agreement was formalized to fund the initial assessment and first class (£57) for members wishing to participate in

		<p>rehabilitation, contingent on their commitment to attend and pay for a minimum of five additional sessions. To date, two members have taken up this opportunity.</p> <p>Members of the group participated as models in the Brown's Fashion Show earlier in the year. This initiative aimed to empower individuals, build confidence, and positively impact body image.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees all read the public benefit guidance when setting up the Charity in 2017. New trustees have also read the guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not make grants.
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	<p>The trustees have collectively contributed to the operational functions of the charity, with many actively leading aspects of the support group and engaging directly with the wider membership. Several trustees have participated in fundraising initiatives, although the organization did not host any stalls this year due to previous challenges with volunteer availability for such events. All trustees have provided consistent support and communication to both existing and new members, including managing the telephone support line.</p> <p>Sam continues to provide valuable support by allowing the charity to utilize her garage for storage of resources and equipment, resulting in significant cost savings. Lucy, in her role as treasurer, has diligently managed the charity's accounts with full access to banking facilities.</p> <p>Sally has capably managed the Lunch Club, with assistance from fellow trustees, following an ankle injury that limited her organizational capacity later in the year. She also successfully organized the Christmas celebration. Lucy has continued responsibility for the ongoing operation of the "Sewn with Love" initiative, whilst growing the membership.</p> <p>The responsibility for creating the newsletter has transitioned from Lucy to Zoe earlier in the year, who now manages its production. Zoe continues to coordinate speakers for the monthly evening meetings, while Barbara (a non-trustee volunteer) liaises with the venue. Zoe also developed and distributed a membership survey to gather feedback. While the response rate was 15, the data is currently being analysed, and a report is expected by the end of June.</p>

		Sam has continued a broad range of administrative responsibilities, including administering the Facebook birthday club, preparing meeting agendas and minutes, and managing the membership database.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	<p>Fundraising opportunities have been minimal with a lack of volunteers prepared to support. There have been no stalls held this year. The Browns Fashion Show raised £2000 and the Curry and Quiz raised around £1063. We have continued to see a number of donations made as a result of people receiving our heart pillows. M&K Butchers donated £2000 from their Fundraising Ball which we are most grateful for.</p> <p>464 Heart Pillows and 500 Drain bags have been delivered to the hospital and these continue to be well received, with many notes of thanks being sent to us. We have received a number of private donations from a range of members of the public.</p> <p>We have seen a reduction in new members joining us this year.</p> <p>BFY have conducted a survey of the Choir members and produced a report which was handed over to York Against Cancer who have taken over the running of the Choir. This has been so successful that the choir have had to be split into two groups to ensure everyone is safe and can enjoy the experience.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	N/A
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Year End Total £9576.11
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Don't have specific spending requirements so not needed.

Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity has sufficient funds to operate for the duration of the coming year.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Paypal Giving Fund Easyfundraising Public donations Pillow donations Browns Fashion Show Curry and Quiz M&K Butchers Fundraising Ball
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	There are no financial risks currently being experienced.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our wider membership is informed when posts come up and are invited to put their names forward. They submit their statement of intent and are voted on via a majority vote from the BOT at an AGM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have arranged for a handover period where new trustees or trustees taking on new roles are supported in the transition period.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run by a Board of Trustees (BOT) and is a foundation model. Additionally we have members/volunteers of our support group which we refer to as our wider membership. The wider membership do not have any responsibility for the running of the charity.
Relationship with any related parties	Para 1.51	Yorkshire Cancer Community, Humber and North Yorkshire Cancer Alliance, Breast Cancer Now, Macmillan, York Against Cancer, Yorkshire Cancer Research, Athletica Physiotherapy Ltd.
Other		

Reference and Administrative details

Charity name	Breast Friends York
Other name the charity uses	BFY, York Breast Friends
Registered charity number	1175926
Charity's principal address	44 Garfield Terrace, York, YO264XU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zoe Bounds	Chair		
2	Sam Broadbent	Secretary		
3	Lucy Hart	Treasurer		
4	Sally Harris			
5	Chris Johnson			
6	Charlie Hudson			
7	Tracey Steeley			
8	Hannah Hampshire		April 2024 - Jan 2025	
9				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

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Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure



Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		
	Full name(s)	Zoe Bounds	Sam Broadbent
	Position (eg Secretary, Chair, etc)	Chair	Secretary
	Date	19/5/2025	

York Breast Friends Accounts

1st April 2024 - 31st March 2025

Balance in Bank 01.04.2024	£5,673.10
Balance in Bank 31.03.2025	£9,536.11
Increase	£3,863.01

Income

Donations	£4,838.76
MacMillan	£1,760.00
Christmas meal	£374.55
10 th Birthday Meal	£380.00
Curry Quiz	£1,327.00
Raffles	£314.00
Browns Fashion Show	£2,031.10
Total	£11,025.41

Expenditure

Activities	£2,340.40
Admin	£1,007.61
Celebrations	£980.15
Lunch	£839.99
Misc	£579.43
Pillow Workshop	£1,373.52
Social	£41.30
Total	£7162.40

Difference in Income and Expenditure £ 3,863.01

Lucy Hart

Treasurer 19.05.2025

Notes

Activities include £1760 for choir; this was offset by the income of £1760 from MacMillan.

Admin includes £41.20 Clear books, £231.60 Inc.dot, £59.95 Microsoft, £287.61 Go daddy, £180.00 Local Giving subs

We received 2 large donations £2,000 from Michaela Kneafsey's daughter and £1.7600 from a fundraising ball

The curry needs £500 taken as a float [I think}

Not all receipts are being added to the drive, which makes it difficult to update accounts.

BREAST FRIENDS YORK

England & Wales - Charity number 1175926

Accounts



Trustees' Annual Report for the period

From 1st April 2023 Period start date To 31st March 2024 Period end date

Charity name: Breast Friends York

Charity registration number: 1175926

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of Breast Friends York (BFY) remain the same as per our constitution.</p> <p>The objects of the CIO are: For the relief of people in York and the surrounding areas who have had a breast cancer diagnosis at any point in their lives in particular but not exclusively by;</p> <p>Providing a variety of supportive, accessible and inclusive environments to enable members to build a network of peer support.</p> <p>Providing opportunities to explore and discuss the range of issues, emotions and feelings related to a breast cancer diagnosis and subsequent treatment.</p> <p>Promoting awareness of the available local and wider support and advice networks.</p> <p>Utilising peer support to facilitate members in the development of resilience and coping strategies.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Our monthly evening meetings continue at the Pig & Pastry although we've had a few sessions at York RI when the Pig and pastry hasn't been available. . There have been activities such as raffle prize preparation and Dru Yoga and we've had a visit from a fashion and clothing specialist and a demonstration of lymphatic drainage reflexology. Mostly these evening meetings are a chance for members to come together to talk about life and life with cancer.</p> <p>Our monthly lunches continue to be well attended by around 8-10 people each month. It gives a chance for members to connect and chat and support each other through life with and beyond cancer. The Mayoral party and Sheriff joined us for lunch in March to hear about our work.</p> <p>The Made with Love Pillow Workshops continue to make pillows for York Hospital for all breast cancer patients having surgery. Until the start of this year the group met alternative months, however we have moved to monthly in order that cushions are given to all breast cancer patients whether they have a mastectomy or lumpectomy. Cushions are delivered</p>

		<p>monthly to the breast care nurses along with the drain bags which are made by one of the volunteers at home.</p> <p>Since October we have made 202 in 4 sessions and we have a mix of volunteers who attend.</p> <p>We celebrated our 9th birthday with an afternoon tea at Impossible in April 23. At Christmas we had a meal out to Bill's to celebrate. We also had a day out to Temple Newsham in July.</p> <p>Our online secure chat group, birthday club and telephone line have continued to operate throughout the year.</p> <p>Our website development plans have been hindered by the medical retirement of the individual who was working on it so the website is currently in need of updating. We continue to have a social media presence including Instagram, Twitter and Facebook.</p> <p>We took part in fundraising activities such as the Brown's Fashion show in May 23, and a stall at the Dragon Boat Racing in June 23 and held a Curry and quiz fundraiser at the Parvin in March 24.</p> <p>We continued to put on a series of weekly yoga classes which unfortunately did not attract enough interest to continue and so ceased in November. We also held a series of meditation sessions but a second attempt in the spring was not taken up.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees all read the public benefit guidance when setting up the Charity in 2017. New trustees have also read the guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not make grants.
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	<p>Our trustees have all made contributions to supporting the running of the charity as well as many of them running aspects of the support group, working with members of the wider membership. Some of the trustees have played a part in fundraising activities, running stalls, providing support to existing and new members and communicating with all members as well as manning the phone lines.</p> <p>Sam continues to allow us to use her garage to store our resources and equipment which is very convenient and saves us a lot of money.</p> <p>Lucy, our treasurer, has managed our accounts as best she can without having had access to the bank account. This will be resolved early in the new financial year.</p>

		<p>Sally has been running the the Lunch Club and has arranged both the Christmas and Birthday celebration events. She also has played a key part in arranging and manning our fundraising efforts.</p> <p>Lucy has taken over the running of Sewn with love with Sally supporting her. Lucy has also taken over the newsletter</p> <p>Zoe has continued to purchase resources, pay invoices, buy materials for the Sewn with Love group and has arranged speakers for the evening meetings, whilst Barbara (not trustee) has helped with arranging evening meetings..</p> <p>Sam has administered the Facebook birthday club, set agendas and created meeting minutes, managed our membership as well as a whole host of other administrative duties.</p>
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	<p>Fundraising opportunities have been minimal with a lack of volunteers prepared to support. Our only stall was at the Dragon Boat racing where we raised £208.60, The Browns Fashion Show raised £1785 and the Curry and Quiz raised around £1063</p> <p>We have continued to see a number of donations made as a result of people receiving our heart pillows. 382 Heart Pillows and 380 Drain bags have been delivered to the hospital and these continue to be well received, with many notes of thanks being sent to us.</p> <p>We have received a number of private donations from a range of members of the public.</p> <p>We have seen a steady flow of new members joining us this year and have been contacted by our first male who we are working with to provide some support.</p> <p>BFY have started up a Choir which has been funded by Macmillan and hosted by The Leveson Centre and has now been adopted by York Against Cancer. This now regularly has over 30 + people each week.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Year End Total £5673.10
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Don't have specific spending requirements so not needed.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity has sufficient funds to operate for the duration of the coming year.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Dragon Boat Race Easyfundraising Public donations Pillow donations Browns Fashion Show	Paypal Giving Fund Curry and Quiz
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A	
A description of the principal risks facing the charity	Para 1.46	There are no financial risks currently being experienced.	
Other			

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our wider membership is informed when posts come up and are invited to put their names forward. They submit their statement of intent and are voted on via a majority vote from the BOT at an AGM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have arranged for a handover period where new trustees or trustees taking on new roles are supported in the transition period.
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The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run by a Board of Trustees (BOT) and is a foundation model. Additionally we have members/volunteers of our support group which we refer to as our wider membership. The wider membership do not have any responsibility for the running of the charity.
Relationship with any related parties	Para 1.51	Yorkshire Cancer Community, Humber and North Yorkshire Cancer Alliance, Breast Cancer Now, Macmillan, York Against Cancer, Yorkshire Cancer Research
Other		

Reference and Administrative details

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Other name the charity uses	BFY, York Breast Friends
Registered charity number	1175926
Charity's principal address	44 Garfield Terrace, York, YO264XU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zoe Bounds	Chair		
2	Sam Broadbent	Secretary		
3	Lucy Hart	Treasurer		
4	Sally Harris			
5	Chris Johnson			
6	Charlie Hudson			
7	Tracey Steeley			
8				
9				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	

Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

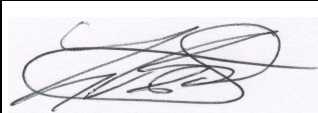
Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		
	Full name(s)	Zoe Bounds	

Position (eg Secretary, Chair, etc) Chair

Date 21/5/2024

York Breast Friends Accounts 1st April 2023-31st March 2024

Starting Balance	£5019.73
Income	£8372.46
Outgoing	£7709.09
Ending Balance	£5,683.10

Month by Month

Month	Income	Outgoings
April 23	76.63	359.66
May 23	2335.90	573.71
June 23	133.77	406.73
July 23	273.32	388.57
August 23	117.90	256.32
September 23	149.42	228.06
October 23	100.97	615.42
November 23	854.49	1222.29
December 23	836.98	1050.37
January 24	1472.33	203.25
February 24	766.50	156.43
March 24	1254.25	2248.28
Total	8372.46	7709.09

BREAST FRIENDS YORK

England & Wales - Charity number 1175926

Accounts



Trustees' Annual Report for the period

From 1st April 2022 Period start date To 31st March 2023 Period end date

Charity name: Breast Friends York

Charity registration number: 1175926

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of Breast Friends York (BFY) remain the same as per our constitution.</p> <p>The objects of the CIO are:</p> <p>For the relief of people in York and the surrounding areas who have had a breast cancer diagnosis at any point in their lives in particular but not exclusively by;</p> <p>Providing a variety of supportive, accessible and inclusive environments to enable members to build a network of peer support.</p> <p>Providing opportunities to explore and discuss the range of issues, emotions and feelings related to a breast cancer diagnosis and subsequent treatment.</p> <p>Promoting awareness of the available local and wider support and advice networks.</p> <p>Utilising peer support to facilitate members in the development of resilience and coping strategies.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Our monthly evening meetings continue at the Pig & Pastry. There have been visiting presenters from Yorkshire Fatigue Clinic and And Able to talk about their clothing range and bra fitting sessions. Mostly these evening meetings are a chance for members to come together to talk about life and life with cancer.</p> <p>Our monthly lunches are well attended and give a chance for</p>

		<p>members to connect and chat and support each other through life with and beyond cancer.</p> <p>Sewn with Love workshops have met 10 months out of 12 and have made around 600 pillows and 350 drain bags which have been donated to the hospital.</p> <p>We celebrated our 9th birthday with an afternoon tea at Impossible in April. At Christmas we had a meal out to celebrate.</p> <p>Our online secure chat group, birthday club and telephone line have continued to operate throughout the year.</p> <p>We have maintained our website and social media presence including Instagram, Twitter and Facebook. Work continues on updating our website.</p> <p>We had a fundraising craft stall at the Dragon Boat Race event in the summer as well as a stall at a dog show in September.</p> <p>Yoga session started up in February with a slow start of 2/3 members attending. The situation is being monitored and reviewed.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees all read the public benefit guidance when setting up the Charity in 2017. New trustees have also read the guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not make grants.
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	Our trustees have all made contributions to supporting the running of the charity as well as many of them running aspects of the support group, working with members of the wider membership. All trustees have played a part in fundraising activities, running stalls, providing support to existing and new members and communicating with all members as well as manning the phone lines. Sam continues to allow us to use her garage

		<p>to store our resources and equipment which is very convenient and saves us a lot of money.</p> <p>Tracie, our treasurer, has managed our accounts and works with the chair to ensure invoices are paid. She also provides any technical support any of us need in undertaking our duties.</p> <p>Sally has been running the the Luncheon Club and has arranged both the Christmas and Birthday celebration events. She also has played a key part in arranging and manning our fundraising efforts.</p> <p>Chris has supported Zoe with running the Sewn with Love group.</p> <p>Zoe has been working on developing the website, purchasing resources, paying invoices, supporting the Sewn with Love group and has arranged speakers for the evening meetings, whilst Barbara (not trustee) has helped with arranging evening meetings..</p> <p>Sam has administered the Facebook birthday club, set agendas and created meeting minutes, managed our membership as well as a whole host of other administrative duties.</p> <p>Lucy has been working on a grand funding bid and supported the BOT meeting by hosting.</p>
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	<p>This year has seen a return to normal activity following the Covid pandemic..</p> <p>Fundraising opportunities have been minimal with a lack of volunteers prepared to support. Our only stalls was at the Dragon Boat racing where we raised £170.42, at a fitness fair where we raised £106 and a Dog Show where we raised £30.</p> <p>We have continued to see a number of donations made as a result of people receiving our heart pillows.</p> <p>600 Heart Pillows and 350 Drain bags have been delivered to the hospital and these continue to be well received, with many notes of thanks being sent to us.</p> <p>We have received a number of private donations from a range of members of the public and were the recipient of</p>

		<p>funds raised by a local fitness group, which we in turn, referred one of our ladies to and a local art show. .</p> <p>We have seen a steady flow of new members joining us this year with one joining us with the support of her social prescriber.</p> <p>The members have benefitted from a pair of free season tickets to York City FC this season to treat themselves and their family and friends. All but 2 of the home matches were attended by 12 different members.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Year End Total £5,019.00
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Funding is divided into projects and deposits and withdrawals are recorded against the project budget.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>The charity has sufficient funds to operate for the duration of the coming year.</p> <p>We need to work on securing grant funding in this coming year.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Dragon Boat Race Paypal Giving Fund Amazon smile Easyfundraising Public donations Pillow donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	There are no financial risks currently being experienced.
Other		The introduction of clearbooks for our accounts has simplified the accounting processes.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our wider membership is informed when posts come up and are invited to put their names forward. They submit their statement of intent and are voted on via a majority vote from the BOT at an AGM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and	Para 1.51	We have arranged for a handover period where new trustees or trustees taking on new roles are supported in
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training of trustees		the transition period.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run by a Board of Trustees (BOT) and is a foundation model. Additionally we have members/volunteers of our support group which we refer to as our wider membership. The wider membership do not have any responsibility for the running of the charity.
Relationship with any related parties	Para 1.51	Yorkshire Cancer Community, Humber Coast & Vale Cancer Alliance, Breast Cancer Now, Macmillan, The Haven, York Against Cancer, Yorkshire Cancer Research
Other		

Reference and Administrative details

Charity name	Breast Friends York
Other name the charity uses	BFY, York Breast Friends
Registered charity number	1175926
Charity's principal address	44 Garfield Terrace, York, YO264XU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zoe Bounds	Chair		
2	Sam Broadbent	Secretary		
3	Tracey Steeley	Treasurer		
4	Sally Harris			
5	Chris Johnson			
6	Charlie Hudson			
7	Lucy Hart			
8				
9				

Corporate trustees – names of the directors at the date the report was approved

Director name		

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Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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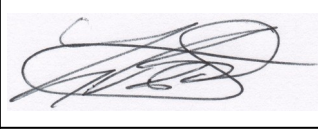
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		
	Full name(s)	Zoe Bounds	
	Position (eg Secretary, Chair, etc)	Chair	
	Date	16/5/2023	

BREAST FRIENDS YORK

England & Wales - Charity number 1175926

Accounts



Trustees' Annual Report for the period

From 1st April 2021 Period start date To 31st March 2022 Period end date

Charity name: Breast Friends York

Charity registration number: 1175926

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of Breast Friends York (BFY) remain the same as per our constitution.</p> <p>The objects of the CIO are: For the relief of people in York and the surrounding areas who have had a breast cancer diagnosis at any point in their lives in particular but not exclusively by;</p> <p>Providing a variety of supportive, accessible and inclusive environments to enable members to build a network of peer support.</p> <p>Providing opportunities to explore and discuss the range of issues, emotions and feelings related to a breast cancer diagnosis and subsequent treatment.</p> <p>Promoting awareness of the available local and wider support and advice networks.</p> <p>Utilising peer support to facilitate members in the development of resilience and coping strategies.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We restarted our face to face evening meetings, Luncheon Club and Sewn with Love group in July 2021. Our social events started back in December 2021.</p> <p>We continued to hold online meetings via Zoom until February 2022.</p> <p>Our online secure chat group, birthday club and telephone line have continued to operate throughout 2021-2022.</p> <p>We have maintained our website and social media presence including Instagram, Twitter and Facebook.</p> <p>300 heart pillows and 160 drain bags have been delivered to the hospital during 2021-2022.</p> <p>We had a fundraising craft stall at the Dragon Boat Race event in September 2021 and at a local retail outlet in February 2022.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Trustees all read the public benefit guidance when setting up the Charity in 2017. New trustees have also read the guidance.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We do not make grants.
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	<p>Our trustees have all made contributions to supporting the running of the charity as well as many of them running aspects of the support group, working with members of the wider membership. All trustees have played a part in fundraising activities, running stalls, providing support to existing and new members and communicating with all members as well as manning the phone lines. Sam continues to allow us to use her garage to store our resources and equipment which is very convenient and saves us a lot of money.</p> <p>Tracie, our treasurer, manages our accounts and works with the chair to ensure invoices are paid. She also provides any technical support any of us need in undertaking our duties.</p> <p>Sally has been running the Sewn with Love group and the Luncheon Club. She also has played a key part in arranging and manning our fundraising efforts.</p> <p>Chris has supported Sally with running the Sewn with Love group.</p> <p>Zoe has been working on developing the website, purchasing resources, paying invoices, supporting the Sewn with Love group and has arranged the evening meetings.</p> <p>Barbara has administered the Facebook birthday club, set agendas and created meeting minutes, managed our membership and undertaken a whole host of other administrative duties.</p>
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	<p>This year has seen a significant recovery from the Covid pandemic and whilst we used a hybrid model during the initial transition, we are now operating our regular activities in a face to face way.</p> <p>Fundraising opportunities have been few and far between. Our only stalls have been at the Dragon Boat racing in September where we raised £152.58 and a stall at Dunelm where £67 was raised.</p> <p>We have continued to see a number of donations made as a result of people receiving our heart pillows. 300 Heart Pillows and 160 Drain bags have been delivered to the hospital and these continue to be well received, with many notes of thanks being sent to us.</p> <p>We have seen an increase in new members joining us this year which may perhaps be attributed to the lack of face to face contact from the hospitals.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Year End Total £2296.00
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Funding is divided into projects and deposits and withdrawals are recorded against the project budget.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity has sufficient funds to operate for the duration of the coming year. We need to work on securing grant funding in this coming year.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Macmillan Grant Amazon smile Easyfundraising Public donations Pillow donations	Dragon Boat Race Dunelm stall
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A	
A description of the principal risks facing the charity	Para 1.46	Our outgoings have now increased and our reserves are significantly reduced.	
Other		The introduction of clearbooks for our accounts has simplified the accounting processes.	

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution

How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our wider membership is informed when posts come up and are invited to put their names forward. They submit their statement of intent and are voted on via a majority vote from the BOT at an AGM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have arranged for a handover period where new trustees or trustees taking on new roles are supported in the transition period.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is run by a Board of Trustees (BOT) and is a foundation model. Additionally we have members/volunteers of our support group which we refer to as our wider membership. The wider membership do not have any responsibility for the running of the charity.
Relationship with any related parties	Para 1.51	Yorkshire Cancer Community, Humber Coast & Vale Cancer Alliance, Breast Cancer Now, Macmillan, The Haven, York Against Cancer, Yorkshire Cancer Research
Other		

Reference and Administrative details

Charity name	Breast Friends York
Other name the charity uses	BFY, York Breast Friends
Registered charity number	1175926
Charity's principal address	44 Garfield Terrace, York, YO264XU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zoe Bounds	Chair		
2	Barbara Griffin	Secretary		
3	Tracey Steeley	Treasurer		
4	Sally Harris			
5	Chris Johnson			
6	Sam Broadbent			
7	Justine Baulk			
8				
9				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)	
	Full name(s)	
	Position (eg Secretary, Chair, etc)	
	Date	

END OF FINANCIAL YEAR SUMMARY
Prepared by Tracie Steeley on 6th June 2022

Distribution of funds to individual pots and income and expenditure for current financial year 01/04/2021 – 31/03/2022

Pot	Starting Balance	Income	Expenditure	Ending Balance
Admin	176	429	1768	-1163
Meetings	129	130	200	59
Supportive Sewers	2940	137	341	2736
Lingerie Eve	95	0	0	95
Browns	0	0	0	0
Luncheon Club	374	0	535	-161
BF Too	0	0	0	0
Exercise	535	0	0	535
Therapy	45	150	0	195
Totals	4294	846	2844	2296

These figures are placed in whole pounds so do not calculate the current balance in the bank to the exact pound as per charity commission accounting guidelines.

- TOTAL overall income **£846**
- TOTAL overall expenditure **£2844**
- TOTAL held in bank currently **£2296**

BREAST FRIENDS YORK

England & Wales - Charity number 1175926

Accounts



Trustees' Annual Report for the period

From 1st April 2020 **Period start date**

To 31st March 2021 **Period end date**

Charity name: Breast Friends York

Charity registration number: 1175926

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of Breast Friends York (BFY) remain the same as per our constitution.</p> <p>The objects of the CIO are:</p> <p>For the relief of people in York and the surrounding areas who have had a breast cancer diagnosis at any point in their lives in particular but not exclusively by;</p> <p>Providing a variety of supportive, accessible and inclusive environments to enable members to build a network of peer support.</p> <p>Providing opportunities to explore and discuss the range of issues, emotions and feelings related to a breast cancer diagnosis and subsequent treatment.</p> <p>Promoting awareness of the available local and wider support and advice networks.</p> <p>Utilising peer support to facilitate members in the development of resilience and coping strategies.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services	Para 1.17 and 1.19	<p>Activities and events this year would have included (pre Covid);</p> <p>Online secure chat group,</p> <p>Monthly Evening Meetings with free refreshments,</p>

<p>identified in the accounts.</p>		<p>Monthly Luncheon Club with free lunch provided and lifts offered,</p> <p>Weekly Yoga classes,</p> <p>Newsletters,</p> <p>Lingerie Evenings,</p> <p>Birthday club,</p> <p>Telephone line,</p> <p>Website & social media presence Instagram, twitter and facebook,</p> <p>Supportive sewers Pillows and Drain bags,</p> <p>Cancer Champion Training,</p> <p>Stalls at events including 3 x Fossgate festivals, York Pride, Hospital stall, Bishy Rd St Party.</p> <p>Changes introduced in response to COVID 19,</p> <p>Weekly/Monthly Zoom meetings,</p> <p>Weekly calls to vulnerable members and shopping done for those who need it,</p> <p>Video Yoga & Meditation</p> <p>Facebook live events,</p> <p>BOT zeetings,</p> <p>Walk & Talks</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>Trustees all read the public benefit guidance when setting up the Charity in 2017. New trustees have also read the guidance.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
<p>Policy on grant making</p>	<p>Para 1.38</p>	<p>We do not make grants.</p>
<p>Policy on social investment including program related</p>		<p>N/A</p>

investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Our trustees have all made contributions to supporting the running of the charity as well as many of them running aspects of the support group, working with members of the wider membership. Normally these activities would include, running the luncheon club, fundraising activities, making crafts for sale, running stalls, holding Lingerie evenings, however, due to lockdown restrictions, very little has been happening in the last 12 months. Volunteer activities have been restricted. Facebook & telephone support has continued throughout.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	<p>There are now 111 registered members and a further 20 who are part of the facebook online chat group prior to the introduction of the registration process who are not contacted directly but who are able to leave the group at any point they wish.</p> <p>We have seen many friendships blossom over this past year.</p> <p>Unfortunately 2 members have passed away this year.</p> <p>Members have been able to share experiences and questions around Corona virus during the COVID-19 Pandemic, giving and receiving support online.</p> <p>Due to covid-19 restrictions we have been unable to sell crafts made by our supportive sewers but have been able to give some love, support and comfort to 144 patients undergoing breast cancer related surgery via our heart pillows.</p> <p>We have continued to provide regular Zoom meetings, facebook and telephone support, walk & talks and 1-1 covid-safe meet ups for new members.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Year End Total £4307.19
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Funding is divided into projects and deposits and withdrawals are recorded against the project budget.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity has sufficient funds to operate for the duration of the coming year. We need to work on securing grant funding in this coming year.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Macmillan Grant	Easyfundraising
		Tesco Local fundraising sales	Hand-sanitiser sales
		Waitrose Local funding	Facemask sales
		Public donations	Amazon smile
		Pillow donations	
Investment policy and objectives including any social investment policy		N/A	

adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Our fundraising activities will be significantly reduced during & following the COVID-19 Pandemic, as are our outgoings. The BFY continues to enjoy a healthy bank balance.
Other		The introduction of clearbooks for our accounts has simplified the accounting processes.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our wider membership is informed when posts come up and are invited to put their names forward. They submit their Bio and are voted on via a majority vote from the BOT at an AGM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We currently do not have a trustee induction as we have not previously required one. We will be working with our new trustees to create an induction package over the months following the AGM.
The charity's organisational structure and any wider network with which the charity	Para 1.51	The Charity is run by a Board of Trustees (BOT) and is a foundation model. Additionally we have members/volunteers of our support group which we refer to as our wider membership. The wider

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information


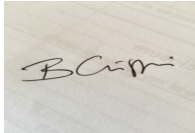
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	Barbara Griffin 
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Full name(s)

Zoe Bounds	Barbara Griffin
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**Position (eg
Secretary, Chair,
etc)**

Chair	Secretary
-------	-----------

Date

29/5/2021

29/5/2021

**Distribution of funds to individual pots and income and expenditure to end
of accounting year 01/04/2020 – 31/03/2021**

<u>Pot</u>	<u>Starting Balance</u>	<u>Income</u>	<u>Expenditure</u>	<u>Ending Balance</u>
Admin	£-200.12	£2497.92	£2121.15	£176.65
Meetings	£129.70	£1	£0	£129.70
Supportive Sewers	£3406.50	£1024.26	£1489.93	£2940.83
Lingerie Evenings	£95.46	£0	£0	£95.46
Browns	£0.00	£0	£0	£0.00
Luncheon Club	£341.54	£130	£97.22	£374.32
BFtoo	£0.00	£0	£0	£0.00
Exercise	£613.30	£557.12	£635	£535.42
Therapy	£0	£70	£25	£45
TOTALS	£4386.38	4279.30	4368.30	£4297.38 + £9.81 starting bank balance

- Total overall income **£4279.30**
- Total overall expenditure **£4368.30**
- Total held in bank at end of account period carried forward to new accounting year **£4307.19**