



## **ROKT Foundation – Report of the Trustees for the year ending 31<sup>st</sup> March 2021**

The Trustees of The ROKT Foundation Charitable Incorporated Organisation present their annual report and accounts for the year ending 31<sup>st</sup> March 2020 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102)

### **Aims and Objectives**

ROKT Foundation aims to provide sport, recreation and leisure facilities for all, breaking down barriers to access and helping all ages experience the opportunity to develop a healthier lifestyle through active urban adventure.

The Foundation aims to provide the opportunity for all ages to engage in the activities that we offer.

Target harder to reach communities and provide people with the opportunity to get healthy and fit.

Inspire people to think differently about health and activity, offering fun and creative ways which improves physical and mental health and wellbeing.

The Founder and Trustees are passionate about making a difference. The Foundation - wants to raise awareness and provide opportunities to help stop the negative upward trend in deteriorating physical & mental health.

Working alongside partner agencies and health professionals, the Foundation will have a direct impact in improving the lives, physical and mental well- being of local people who engage.

### **Founder & Trustees**

Founder – Dr Max Noble

Trustees:

Mrs Lidia Shinwell (Chairperson) – Appointed November 2017

Mr Gary Byrnes (Treasurer) – Appointed November 2017

Mr Jason Costello -Appointed March 2019

## Review of Activities and Achievements from April 1<sup>st</sup> 2020 – March 31<sup>st</sup> 2021

The period from April 2020 to March 2021 was dominated by COVID 19. As a result of the global pandemic and several lockdowns over the 12-month period to ensure safety of the local and wider population, for the most part of 2020 it has not been possible to deliver health and wellbeing activities through ROKT Foundation.

Trustees have been kept informed of the ongoing situation in relation to the charity and have been updated and communicated with via e-mail on a quarterly basis. Formal, face to face Trustee meetings have not taken place throughout 2020 but we look forward, in line with Government guidelines and social distancing rules, to resuming face to face trustee meetings again in Spring/Summer 2021.

During December 2020 there was a small amount of activity when ROKT Foundation commenced the disability sports 'Climbing for All' programme. In September 2019 ROKT Foundation secured an agreement and funding from Calderdale Metropolitan Borough Council to provide climbing activity for children and young people with disabilities. A sum of £2,000 was secured for capital infrastructure and a 2 year revenue commission to provide activities for disabled clients. In addition a further £500 was awarded from 'Local Giving' enabling the Foundation to purchase equipment to support accessible rope climbing. In January 2020 the Boshier Hinton Foundation kindly part funded training for instructors to support them in provision of accessible climbing and understanding client needs, this has led on from FUNdamentals 1&2 training which has allowed the team to refresh skills in delivering creative climbing courses for children and young people – supported by LOCALA funding.

In December 2020 we supported a small number of children with additional needs to experience basic bouldering, rope climbing and accessible rope climbing with the use of specialist equipment. The children thoroughly enjoyed the sessions, gained confidence in climbing and importantly, received the necessary social interaction they had not been able to get during spring and summer. The activity ceased when the country went into a third lockdown.

Following recent discussions with Calderdale Council we can report that they have agreed to a 3-year commission of activity which will mean a sum of £6,000 is allocated to ROKT Foundation each year until 2024 to support weekly term time out of school activities and several holiday programmes.

### Delayed Programmes

In the report ending March 2020, Trustees identified several programmes that were to commence throughout the year. These have been unable to take place but will be commencing from April 2021 aligning with the Government guidance for health and wellbeing activities. Below is a summary and timeline of when such activities will resume.

Activity	Funder	Timeline for delivery
Support for back to/into work or training for NEET participants	European Social Fund	June 2021 – Dec 2021

Climbing High – police early intervention project	UK Youth – funding diverted to core funds. New funding secured from Hedley Foundation	May 2021 – Dec 2021
Bee Quirky – Children’s mental health and wellbeing project	Sovereign Trust & Comic Relief	May 2021 – Sept 2021

### Future Programmes

In line with Government guidance, it is anticipated that there will be a safe return to activities that support mental health and wellbeing throughout the spring and summer. With this in mind ROKT Foundation has recently applied for and successful in securing funding for two new projects that support these aims.

A sum of £4225 has been secured to work with partner agency ‘Insight’ that supports adult service users with early intervention psychosis, a condition that means those with the condition are more at risk of self-harm and suicide. The ‘Suicide Prevention’ small grant funding from Calderdale Council will support 50 service users to use climbing as a catalyst to support their mental health and wellbeing, 30 of which will complete a National Indoor Climbing Award level one and several will be able to become climbing ambassadors for new recruits to the project.

The Foundation has also secured just under £10,000 National Lottery ‘Community Fund’ to work with Invictus Wellbeing Foundation on a 12-month programme to support young people from aged 12-17 using climbing and active urban adventure to help them understand ‘positive fear’ adrenalin and the importance of peer support. We aim to pilot both projects over throughout the summer and winter with a view to broadening the project to help others in the future.

### Financial Return

The financial return from April 2020 – March 2021 is attached at appendix 1 of the report.

### Donor Contributions

As a result of COVID 19 we have been unable to carry out any fundraising activity and donor contributions have been minimal with just £178.00 secured in contributions through ‘Local Giving’.

### Impact from April 2020-March 2021

As a direct result of COVID 19 ROKT Foundation has been unable to deliver the charitable programmes identified for 2020. We are very much looking forward to resuming activity from spring 2021 and beyond along with partner agencies to support physical and mental health and wellbeing programmes. Whilst non-operational we have concentrated on ensuring all COVID specific risk assessments have been carried out and are in place for full reopening.

### Marketing and Promotion

Marketing and promotion across all platforms has been minimal because ROKT Foundation has not been operational. In the coming weeks and months we will be celebrating the programmes as they are delivered through social media, on our website and direct mailshots

to donors, participants and partner agencies. Some of the social media activity and pictures from the brief winter programme of dis sports are detailed at appendix 2 of the report.

The Foundation continues to gathering momentum on social media and digital with clear messaging on the [ROKT Foundation](#) website , regular news feeds on social media including [Facebook](#) and [twitter](#) we ensure that we recognise the support of grant givers and in turn they are keen to reference the work of the Foundation

### Next Steps

ROKT Foundation will deliver the grant funded programmes over the coming months, delivery dates now are still dependent on the current global crisis and ensuring the recovery road map is consistent.

The Foundation will continue to develop new partnerships locally and regionally, identifying demand from local communities that can make a difference and supporting such activity by sourcing available funds through grants and donors.

The programmes throughout 2021 will be concentrating on physical activity and mental health and wellbeing, providing a holistic approach, utilising Foundation's facilities with complimentary activities such as emotional support building, lessons in making good life choices and inspiring people to raise aspirations, including academic development through more structured climbing development courses.

Longer term the ROKT Foundation will work with partners to look at the potential for delivering more urban adventure activities not only within the ROKT Foundation facilities but at grass roots level out in communities.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

ROKT FOUNDATION

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## Receipts and payments accounts

For the period from	1.4.20	To	31.3.21
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>A1 Receipts</b>				
Grant Income	-	12,244	-	12,244
Donations and Fundraising	206	-	-	206
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total</b> (Gross income for AR)	206	12,244	-	12,450
<b>A2 Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total receipts</b>	206	12,244	-	12,450
<b>A3 Payments</b>				
All Expenditure	-	8,030	-	8,030
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	8,030	-	8,030
<b>A4 Asset and investment purchases, (see table)</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total payments</b>	-	8,030	-	8,030
<b>Net of receipts/(payments)</b>	206	4,214	-	4,420
<b>A5 Transfers between funds</b>	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-
<b>Cash funds this year end</b>	206	4,214	-	4,420

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B1 Cash funds</b>	Bank Account	206	4,214
		-	-
		-	-
	<b>Total cash funds</b>	206	4,214
	(agree balances with receipts and payments account(s))	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B2 Other monetary assets</b>	Groundwork ESF Grant to be paid in installments - delay because of COVID 19	Groundwork ESF	5,638
	Comic Relief Grant - delay because of COVID 19 - unable to deliver project	Groundwork comic relief	1,735
	Disability Sports Funding from Calderdale MBC - delay because of COVID 19 - unable to deliver	Calderdale MBC	6,000
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
<b>B3 Investment assets</b>			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
<b>B4 Assets retained for the charity's own use</b>			-
			-
			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
<b>B5 Liabilities</b>			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

Mr Gary R Byrnes

**CC16a**



**Last year**

**to the nearest £**

<b>32,344</b>
<b>375</b>
<b>450</b>
<b>1,451</b>
-
-
-
-
<b>34,620</b>

-
-

<b>34,620</b>
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<b>16,472</b>
-
-
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-
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-
-
-
<b>16,472</b>

-

<b>16,472</b>
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<b>18,148</b>
-
-
<b>18,148</b>



**Endowment  
funds  
to nearest £**

-
-
-
-

OK

**Endowment  
funds  
to nearest £**

-
-
-
-
-
-

**Current value  
(optional)**

-
-
-
-
-

**Current value  
(optional)**

-
-
-
-
-
-
-
-
-

**When due  
(optional)**


**Date of  
approval**

17.08.2021