

MOVE MORE

England & Wales · Charity number 1175899

Details

Status Registered

Legal form CIO

Registered 2017-11-23

Register [View on the Charity Commission register](#)

Contact

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Teddington Hands
Evesham Road
Gloucestershire
GL20 8NE

Phone 01242711326

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Website www.move-more.org

Activities

Objects: FOR THE PUBLIC BENEFIT TO PROMOTE THE EDUCATION (INCLUDING SOCIAL AND PHYSICAL TRAINING) OF YOUNG PEOPLE IN SUCH WAYS AS THE CHARITY TRUSTEES THINK FIT, INCLUDING BY:(A) THE PROMOTION OF EDUCATIONAL AND COMMUNITY BASED PARTICIPATION IN HEALTHY PHYSICAL AND RECREATIONAL ACTIVITIES, BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES AND OPPORTUNITIES TO ACCESS SPORTS AND PHYSICAL ACTIVITIES INVOLVING PHYSICAL EXERTION WHICH PROMOTE MENTAL AND PHYSICAL HEALTH AND WELLBEING.(B) PROMOTING, PROTECTING AND SUSTAINING POSITIVE PHYSICAL AND MENTAL HEALTH BY PROVIDING EDUCATION, SUPPORT AND ADVICE AROUND RECOGNISED CONTRIBUTING FACTORS, SUCH AS PHYSICAL ACTIVITY, HEALTHY EATING AND LIFESTYLE HABITS.(C) HELPING YOUNG PEOPLE, ESPECIALLY BUT NOT EXCLUSIVELY THROUGH SPORT AND PHYSICAL ACTIVITIES, SO AS TO DEVELOP THEIR CAPABILITIES THAT THEY MAY GROW TO FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY.

Activities: At Move More, we believe that every child should have the opportunity to be physically active in a fun, safe and creative environment. We work across Gloucestershire and South Worcestershire across the following six themes:--Professional development and support-Physical Education & Physical Activity-Health & Families-Bespoke Interventions-Competitions & Events-Community

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability, Economic/community Development/employment
- **Who:** Children/young People

Geography

- Gloucestershire
- Worcestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£921,534	£793,401	£203,184	21
2023-08-31	£706,111	£699,150	£101,293	21
2022-08-31	£655,718	£625,253	£94,332	20
2021-08-31	£519,025	£523,660	£63,867	15
2020-08-31	£515,261	£503,293	£68,502	16

Trustees

Name	Role	Appointed
Alasdair William Cooper		2026-02-19
Claire Louise Coulter		2023-10-09
Elizabeth Spry		2023-10-24
Gareth Brookes		2023-05-04
Kevin Matthew Bennett		2026-02-09
STEVE SAVORY		2017-11-23
William Ralph Parker		2021-12-13

MOVE MORE

England & Wales - Charity number 1175899

Accounts

Move More

Annual Report and Financial Statements

for the Year Ended 31 August 2024

Move More

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Move More

Reference and Administrative Details

Chief Executive Officer	D Derrick
Trustees	M Hughes (Chair) W Parker E Spry C Coulter C Smith G Brookes L Wilkinson S Savory D Peters
Charity Registration Number	1175899
Principal Office	All Saints Academy Blaisdon Way Cheltenham GL51 0WH
Auditor	Hazlewoods LLP Staverton Court Staverton Cheltenham GL51 0UX
Bankers	Barclays Bank PLC 3 Church Street Weybridge Surrey KT13 8DD

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Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 August 2024.

A major milestone was the creation of the charity's 2nd strategy since its inception. Move More has changed dramatically since its constitution in 2017 as has the need in society and therefore a strategic review was required. Following a period of consultation with the staff team and Trustee board we made some small but important changes to our strategy to reference our wider holistic approach towards physical activity, health and mental wellbeing.

Our vision has evolved in a subtle yet significant way, transitioning from 'Every Child Active' to 'Every Child Thrives'. While we remain deeply committed to the transformative power of physical activity, we recognise that true well-being extends beyond movement alone. Over the past few years, our priorities have naturally expanded, shaped by our ongoing work and further reinforced by our response to the COVID-19 pandemic. The pandemic made it clear that while physical activity is essential, it must go hand in hand with mental well-being support—not only for children but also for their parents and guardians. As a result, we have refined our Mission and Strategic Objectives to reflect a more comprehensive approach that prioritises personal, social, and emotional development. Our work has evolved into a holistic offering that now encompasses mental well-being, sleep, nutrition, and child behaviours, all while staying true to our original mission—championing the power of physical activity.

The word 'Every' within our vision and the phrase 'irrespective of their circumstances' within our mission, are important aspects of what drives us an organisation. We recognise that children today are facing increasing inequalities that significantly impact their ability to engage in physical activity and maintain positive mental well-being. These disparities can create barriers that prevent many young people from accessing the opportunities they need to lead active, healthy lives. In response, we are committed to placing a particular focus on supporting children and young people who are most affected, including those with special educational needs or disabilities and those from lower-income families. By prioritising these groups, we aim to create inclusive, accessible opportunities that empower every child to develop healthy habits, build confidence, and experience the many benefits of an active lifestyle, regardless of their background or circumstances.

We have also reaffirmed our commitment to fostering a proactive approach that focuses on building sustainable, lifelong behaviours. We recognise that establishing these positive habits during childhood is essential, as it lays the foundation for long-term well-being. By instilling the importance of an active and healthy lifestyle early on, we can help ensure that individuals carry these behaviours into adulthood, reaping the physical, mental, and social benefits that contribute to a healthier, happier life.

Vision:-

Every Child Thrives

Mission:-

To empower children within Gloucestershire and the surrounding area, irrespective of their circumstances, to reap the many benefits of an active, healthy lifestyle, fostering lifelong behaviours fundamental for their overall well-being.

Move More

Trustees' Report (continued)

Objectives:-

1. Educate children with the knowledge and skills to lead an active and healthy lifestyle whilst supporting their personal, social and emotional development.
2. Instil a passion for being active in every child through providing high quality, enjoyable and inclusive opportunities.
3. Support families, schools, and communities in creating caring, positive, and engaging environments for children that address their physical and emotional needs.
4. Continue to grow as a resilient, sustainable charity that is responsive to change.
5. Increase the visibility of the charity and champion children's wellbeing through advocacy, influencing and evidencing our impact.

The Move More way was created following consultation with the whole staff team and the board of trustees. It highlights our shared values and demonstrates the behaviours which will influence our decision making and impact our work daily.

We are proud to live by the Move More way, which involves adhering to the following principles:-

- **Child at Heart** - We hold the child at the heart of the decisions we make and the way we work.

- **Work Together** - We work together and support each other as a team, as well as working collaboratively with other organisations as the current challenge is larger than any one person or organisation.

- **Make a Difference** - We strive to create lasting, meaningful impact with empathy and compassion.

We recognise that the surroundings in which children grow play a crucial role in enhancing their outcomes. Consequently, whilst holding children at the centre of our work we actively support the three main environment's that impact children.

By supporting schools, families and communities we seek to establish nurturing, positive and stimulating environments that will enable all children and young people to live an active and healthy lifestyle.

In striving towards our vision of 'Every Child Thrives' our work is diverse in its approach and involves engaging with multiple stakeholders. Subsequently, we work with a wide range of children and therefore have a variety of programmes and approaches to suit their needs. We also recognise that a greater focus on children experiencing inequalities is required to ensure that all children can be physically active within supportive environments and experience the physical, social and mental wellbeing benefits in order to thrive.

Structure, governance and management

Nature of governing document

Move More is a Charitable Incorporated Organisation (CIO) and its governing document is its Constitution as written and accepted by the Trustees in November 2017.

Recruitment and appointment of trustees

The current board of Trustees appoint new Trustees as and when they see fit, in order to maintain an appropriate range of skills, experience and understanding amongst the Trustees.

Induction and training of trustees

New Trustees undergo extensive briefing on the organisation, its aims and objectives and their legal obligations under Charity law. During this time new Trustees will meet other existing Trustees and key members of staff and be appraised of the financial performance of the charity and its strategic plans.

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Trustees' Report (continued)

Organisational structure and decision making

The Trustee board meets three times a year (or more where required) to discuss our strategic direction, ensure our core aims and objectives are being met in the most efficient way, take account of any risks facing our organisation and ensure that all legal obligations are satisfied. A Finance, Audit and Risk (FAR) subcommittee has also been established which meets three times per year and reports into the main trustee board.

The organisation's day-to-day business is delegated to the CEO and through them, to other staff. The Delegated Authority Policy outlines where decision-making authority lies within the organisation.

Working under the direction of the board, Move More is led by its CEO and a staff team of 21 (as of 31 August 2024) who provide day-to-day management and delivery functions. The staff team and overall management of the charity is overseen by the board of trustees.

Pay and remuneration

Provision for salary increases is included in the budget-setting cycle. The chief executive has authority to award performance-related salary increases in one-off, non-recurring instances, consistent with and not exceeding the overall provision included in the approved budget. Any increase over and above the approved provision requires trustee approval. The chief executive's remuneration is set by the Chair and Vice Chair of the Trustee Board.

Principal risks and uncertainties

The major risks have been identified by the Trustees and are recorded within a risk register including the controls required to mitigate the risk. The risks identified are listed under the following headings; Strategy, Funding, Safeguarding, Reputation, Quality, People, Governance, Financial Control, Health & Safety, Delivery & Recovery and Data Protection. The risk register is reviewed on a quarterly basis by the Finance, Audit and Risk subcommittee which is reported to the Trustee Board.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

Reserves policy

In order to ensure limited impact on beneficiaries of Move More and the ongoing financial sustainability of the charity the following reasons for holding a reserve have been identified:-

- a) Covering unforeseen day-to-day operational costs, e.g. employing temporary staff to cover a long-term sick absence.
- b) A source of income, e.g. a grant, not being renewed. Funds might be needed to give the trustees time to take action if income falls below expectations.
- c) The need to fund short-term deficits in a cash budget, e.g. money may need to be spent before a funding grant is received.

The trustees have established that the long-term target for the level of reserves is 3 months' operational costs as this will negate the risk of damage to the viability of Move More. As a young organisation which has experienced growth since its constitution, the trustees are aiming to steadily building its reserves to the long-term target level, without adversely affecting the service to its beneficiaries. As such, the trustees have established a number of short-term targets with the view of meeting its long-term target of 3 months' operational costs by 31st August 2026. As at 31st August 2024 the charity held total reserves of £203,184 which is in line with this policy.

Move More

Trustees' Report (continued)

Finance review

As the charity continues to grow and expand its reach, total income has increased steadily year on year. This reflects both the rising demand for our services and the successful efforts of the team in securing a broader range of funding opportunities.

One of our strategic financial goals has been to diversify income streams to ensure long-term resilience. This aim continues to be realised, with income now being generated across a range of sources including commissioned services, grant funding, school-based activities, and holiday provision. This balanced mix reduces reliance on any single source and supports more sustainable financial planning.

As a frontline service provider, the majority of our expenditure continues to be directed towards staffing costs. This investment in people reflects the charity's commitment to delivering high-quality, person-centred services, and to maintaining the skills and capacity needed to meet the needs of our beneficiaries.

A significant development this year was the successful acquisition of multi-year funding agreements for the first time. These longer-term commitments provide greater financial stability and predictability, enabling more strategic planning, reduced fundraising pressure, and a stronger foundation for service continuity and development.

In accordance with the Statement of Recommended Practice (SORP) for Charities, the full three-year income from grants awarded by Barnwood Trust and Children in Need has been recognised in the accounts in the year of receipt. This accounting treatment aligns with SORP guidelines, which require income to be recorded when the charity is entitled to the funds, the amount can be reliably measured, and receipt is probable.

However, it is important to note that while the income has been recorded in full in the current financial statements, the associated expenditure will be incurred gradually over the next three financial years, as the funds are allocated to their intended purposes. As a result, on initial review, the accounts may appear to show a surplus that does not necessarily reflect the organisation's true financial position over the full term of these grants.

To provide a more accurate representation, internal financial management will continue to monitor and allocate these funds appropriately across the designated periods. This ensures that the financial statements align with both compliance requirements and operational realities.

As explained in Note 18 to the financial statements, the prior year Statement of Financial Activities and prior year Balance Sheet have both been restated.

Move More

Trustees' Report (continued)

Achievements 23/24

- Relaunched apprenticeship programme with a new local training provider with three new apprentices, supporting entry into the sector as well as developing sustainability within the workforce.
- Successful in our first multi-year funding bids to Barnwood Trust and Children in Need to establish a new Head of SEND position to focus on improving opportunities and outcomes for children and young people with SEND across Gloucestershire.
- We have developed the trustee board welcoming two new trustees and a new chair broadening the skillset of trustee board and have established a Finance, Audit Risk Sub-committee.
- We are now Cyber Essentials certified, adding a higher level of protection and practice to our data and IT procedures.
- Expansion of our swimming interventions; teaching swimming as a life skill and for drowning prevention in partnership with Heidi's Heroes, Cheltenham Ladies College, Dean Close and Cheltenham College - 128 children completing the programme - 82% of children improved their confidence and safety in water during the week.
- Over 10,000 children have taken part in a variety of competitions and festivals, ranging from SEND ten pin bowling to tag rugby to gymnastics.
- We have embarked on a new project with the Diocese of Gloucester Academies Trust working across 24 primary schools to improve attendance. We designed a 6-session CPD program, focusing on evidence-based practices and a parent-centred perspective. The CPD program was structured around a 5-point model (Policy, Personalisation, Data, Practice, Parents), providing a framework for understanding and addressing attendance challenges. The CPD has fostered a significant cultural shift within the Trust, emphasising empathy, collaboration, and a genuine desire to support families in overcoming barriers to school attendance. By prioritising a deep understanding of family needs and implementing a comprehensive CPD program, the Trust has made significant strides in improving school attendance with 73% of schools well above the national average and 82% of schools above the national average for pupil premium children.
- 103 families received 1:1 support, 1,443 parents engaged in total with 89% of parents surveyed reporting their family life has improved as a result of the support, with 100% recommending the service to friends and family.
- Continuation of the Creating Active Schools programme into the 2nd year in partnership with Active Gloucestershire, supported by Public Health Gloucestershire. 9 primary schools now in the programme, 2 new schools from the wider Gloucestershire area involving 60 school staff initially supported and trained. Overall rating: course content: 100% Good- Excellent, Overall rating: course tutor: 100% Good- Excellent. Schools further supported through individual Headteacher meetings x2 and 3x Communities of Practice.
- Top areas of development include: professional development of staff, playtimes and school leader development. Overall a 12% improvement in key indicators: Policy (+13%), Environment (+10%), Stakeholder (+12%), Opportunity (+12%).
- We have developed new provision for pre-school children and their parents called Mighty Movers which aims to develop children's fundamental movement skills, we delivered 127 free sessions with over 2,000 attendances.
- We have developed new provision called Move More clubs to give children an opportunity to be active within the community in a non-competitive environment. We delivered 76 sessions with 721 attendances within St Pauls, Coronation Square and The Moors within Cheltenham.
- We have opened 2 new additional physical activity camp sites within Hatherley and Churchdown and new wrap around care provision in Tredington taking our total number of Ofsted registered sites to seven.

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Trustees' Report (continued)

Achievements 23/24 (continued)

- In total we had 6,276 children attend our holiday provision with 27 SEND children accessing 328 days of inclusive provision. Our camp provision received an average 4.64/5 rating from parents with no ratings below 4/5.

- We provided 51 days of free physical activity provision and a meal across Cheltenham, Tewkesbury and Gloucester through the Holiday, Activities and Food programme providing over 1,300 places for children on free school meals.

- We provided 198 young people from 11-16 years with access to 310 activity days during Winter, Spring & Summer Holidays, such as bouldering, swimming, ten pin bowling, ice skating and crazy golf.

Future plans

We are committed to further developing and enhancing our services for children with Special Educational Needs and Disabilities (SEND). This includes tailoring programmes to better meet individual needs, investing in specialist training for staff, and exploring new partnerships to support inclusive and accessible provision across the county. Expanding this area is central to our mission of ensuring that every child has the opportunity to participate, thrive, and feel valued.

As Move More continues to grow in both reach and delivery, it is essential that we evaluate the physical spaces we occupy to ensure they remain fit for purpose. Over the coming year, we will assess our current facilities and explore opportunities to expand, reconfigure, or improve our working environments to support staff wellbeing, service delivery, and future organisational development.

Diversifying and increasing our voluntary income remains a key priority. We aim to build on the small amounts we currently receive by improving opportunities for individuals and businesses to fundraise, enhancing our digital giving platforms, and developing campaigns that connect supporters with the tangible impact of their donations. This will not only support financial resilience but also help create a stronger sense of shared purpose with the communities we serve.

30/6/2025

The annual report was approved by the trustees of the charity on and signed on its behalf by:

Martin Hughes

.....
M Hughes (Chair)
Trustee

Move More

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

30/6/2025

Approved by the trustees of the charity on and signed on its behalf by:

Martin Hughes

.....
M Hughes (Chair)
Trustee

Move More

Independent Examiner's Report to the trustees of Move More

I report to the trustees on my examination of the financial statements of Move More for the year ended 31 August 2024.

Responsibilities and basis of report

As the charity trustees of Move More you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Move More's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since Move More's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Move More as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the financial statements do not comply with the accounting requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Scott Lawrence

.....
Scott Lawrence FCA, DChA

Staverton Court
Staverton
Cheltenham
GL51 0UX

30/6/2025
Date:.....

Move More

Statement of Financial Activities for the Year Ended 31 August 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	1,273	-	1,273
Charitable activities	3	740,997	168,646	909,643
Other trading activities	4	10,613	-	10,613
Investment income	5	5	-	5
Total income		<u>752,888</u>	<u>168,646</u>	<u>921,534</u>
Expenditure on:				
Charitable activities	6	(703,781)	(9,917)	(713,698)
Other expenditure	7	(79,703)	-	(79,703)
Total expenditure		<u>(783,484)</u>	<u>(9,917)</u>	<u>(793,401)</u>
Net (expenditure)/income		<u>(30,596)</u>	<u>158,729</u>	<u>128,133</u>
Net movement in funds		(30,596)	158,729	128,133
Reconciliation of funds				
Total funds brought forward	17	<u>75,051</u>	-	<u>75,051</u>
Total funds carried forward	17	<u><u>44,455</u></u>	<u><u>158,729</u></u>	<u><u>203,184</u></u>
		Unrestricted funds £	Restricted funds £	Total 2023 £ (As restated)
Income and Endowments from:				
Donations and legacies	2	916	-	916
Charitable activities	3	696,197	-	696,197
Other trading activities	4	8,992	-	8,992
Investment income	5	5	-	5
Total income		<u>706,110</u>	-	<u>706,110</u>
Expenditure on:				
Charitable activities	6	(625,335)	-	(625,335)
Other expenditure	7	(77,234)	-	(77,234)
Total expenditure		<u>(702,569)</u>	-	<u>(702,569)</u>
Net income		<u>3,541</u>	-	<u>3,541</u>
Net movement in funds		3,541	-	3,541
Reconciliation of funds				
Total funds brought forward	17	<u>71,510</u>	-	<u>71,510</u>
Total funds carried forward	17	<u><u>75,051</u></u>	-	<u><u>75,051</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Move More**(Registration number: 1175899)
Balance Sheet as at 31 August 2024**

	Note	2024 £	2023 £ (As restated)
Fixed assets			
Tangible assets	13	19,273	24,980
Current assets			
Debtors	14	138,422	34,149
Cash at bank and in hand	15	<u>107,917</u>	<u>61,048</u>
		246,339	95,197
Creditors: Amounts falling due within one year	16	<u>(62,428)</u>	<u>(45,126)</u>
Net current assets		<u>183,911</u>	<u>50,071</u>
Net assets		<u>203,184</u>	<u>75,051</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		158,729	-
Unrestricted income funds			
Unrestricted funds		<u>44,455</u>	<u>75,051</u>
Total funds	17	<u>203,184</u>	<u>75,051</u>

The financial statements on pages 10 to 20 were approved by the trustees, and authorised for issue on 30/6/2025 and signed on their behalf by:

Martin Hughes

.....
M Hughes (Chair)
Trustee

Move More**Cash Flow Statement for the Year Ended 31 August 2024**

	Note	2024 £	2023 £ (As restated)
Cash flows from operating activities			
Net income		128,133	3,541
Adjustments for:			
Depreciation	7	13,916	15,850
Investment income	5	<u>(5)</u>	<u>(5)</u>
		142,044	19,386
Working capital adjustments			
(Increase)/decrease in debtors	14	(104,273)	12,547
Increase/(decrease) in creditors	16	<u>17,302</u>	<u>(5,539)</u>
Net cash flows from operating activities		<u>55,073</u>	<u>26,394</u>
Cash flows from investing activities			
Interest receivable and similar income	5	5	5
Purchase of tangible fixed assets	13	(8,809)	(24,454)
Sale of tangible fixed assets		<u>600</u>	<u>-</u>
Net cash flows from investing activities		<u>(8,204)</u>	<u>(24,449)</u>
Net increase in cash and cash equivalents		46,869	1,945
Cash and cash equivalents at 1 September		<u>61,048</u>	<u>59,103</u>
Cash and cash equivalents at 31 August		<u><u>107,917</u></u>	<u><u>61,048</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Move More

Notes to the Financial Statements for the Year Ended 31 August 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Move More meets the definition of a public benefit entity under FRS 102. The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

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Notes to the Financial Statements for the Year Ended 31 August 2024 (continued)

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Plant and machinery	20% Straight line
Motor vehicles	20% Straight line
Sports equipment	20% Straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Short term creditors are measured at transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts.

Fund structure

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

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Notes to the Financial Statements for the Year Ended 31 August 2024 (continued)

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

2 Income from donations and legacies

	Unrestricted funds Other £	Total funds £
Donations and legacies;		
Donations from individuals	1,273	1,273
Total for 2024	<u>1,273</u>	<u>1,273</u>
Total for 2023	<u>916</u>	<u>916</u>

3 Income from charitable activities

	Unrestricted funds Other £	Restricted funds £	Total funds £
Commissions and grants	241,668	168,646	410,314
School based activities	303,957	-	303,957
Holiday provision	195,372	-	195,372
Total for 2024	<u>740,997</u>	<u>168,646</u>	<u>909,643</u>
Total for 2023	<u>696,197</u>	<u>-</u>	<u>696,197</u>

Move More

Notes to the Financial Statements for the Year Ended 31 August 2024 (continued)

4 Income from other trading activities

	Unrestricted funds Other £	Total funds £
Events income;		
Other events income	10,613	10,613
Total for 2024	10,613	10,613
Total for 2023	8,992	8,992

5 Investment income

	Unrestricted funds Other £	Total funds £
Interest receivable and similar income;		
Interest receivable on bank deposits	5	5
Total for 2024	5	5
Total for 2023	5	5

6 Expenditure on charitable activities

		Unrestricted funds Other £	Restricted funds £	Total funds £
Commission and grants		13,616	-	13,616
Events and competitions		16,169	-	16,169
Parent paid provision		38,446	-	38,446
Staff costs	10	635,550	9,917	645,467
Total for 2024		703,781	9,917	713,698
Total for 2023		625,335	-	625,335

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Notes to the Financial Statements for the Year Ended 31 August 2024 (continued)

7 Other expenditure

	Note	Unrestricted funds Other £	Total funds £
Audit fees			
Audit of the financial statements		13,876	13,876
Legal fees		2,495	2,495
Marketing and publicity		2,888	2,888
Depreciation, amortisation and other similar costs		13,916	13,916
Other resources expended		46,528	46,528
Total for 2024		<u>79,703</u>	<u>79,703</u>
Total for 2023		<u>77,234</u>	<u>77,234</u>

8 Net incoming/outgoing resources

Net incoming resources for the year include:

	2024 £	2023 £ (As restated)
Audit fees	13,876	13,545
Depreciation of fixed assets	13,916	15,851

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration or reimbursed expenses from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £ (As restated)
Staff costs during the year were:		
Wages and salaries	579,366	521,606
Social security costs	44,739	37,288
Pension costs	21,362	17,447
	<u>645,467</u>	<u>576,341</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No
Number of employees	<u>21</u>

No employee received emoluments of more than £60,000 during the year

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Notes to the Financial Statements for the Year Ended 31 August 2024 (continued)

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Intangible fixed assets

	Development costs £
Cost	
At 1 September 2023	7,500
At 31 August 2024	<u>7,500</u>
Amortisation	
At 1 September 2023	7,500
At 31 August 2024	<u>7,500</u>
Net book value	
At 31 August 2024	<u><u>-</u></u>
At 31 August 2023	<u><u>-</u></u>

13 Tangible fixed assets

	Furniture and equipment £	Motor vehicles £	Sports Equipment £	Total £
Cost				
At 1 September 2023	24,204	21,192	34,147	79,543
Additions	-	-	8,809	8,809
Disposals	(600)	-	-	(600)
At 31 August 2024	<u>23,604</u>	<u>21,192</u>	<u>42,956</u>	<u>87,752</u>
Depreciation				
At 1 September 2023	10,650	20,651	23,262	54,563
Charge for the year	4,721	540	8,655	13,916
At 31 August 2024	<u>15,371</u>	<u>21,191</u>	<u>31,917</u>	<u>68,479</u>
Net book value				
At 31 August 2024	<u><u>8,233</u></u>	<u><u>1</u></u>	<u><u>11,039</u></u>	<u><u>19,273</u></u>
At 31 August 2023	<u><u>13,554</u></u>	<u><u>541</u></u>	<u><u>10,885</u></u>	<u><u>24,980</u></u>

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Notes to the Financial Statements for the Year Ended 31 August 2024 (continued)

14 Debtors

	2024 £	2023 £ (As restated)
Trade debtors	24,525	34,099
Prepayments	2,218	-
Accrued income	111,629	-
Other debtors	50	50
	<u>138,422</u>	<u>34,149</u>

15 Cash and cash equivalents

	2024 £	2023 £ (As restated)
Cash at bank	<u>107,917</u>	<u>61,048</u>

16 Creditors: amounts falling due within one year

	2024 £	2023 £ (As restated)
Trade creditors	23,896	23,187
Other taxation and social security	13,180	16,286
Other creditors	2,093	5,650
Accruals	23,259	3
	<u>62,428</u>	<u>45,126</u>

17 Funds

	Balance at 1 September 2023 £	Incoming resources £	Resources expended £	Balance at 31 August 2024 £
Unrestricted funds				
General funds	75,051	752,888	(783,484)	44,455
Restricted funds	<u>-</u>	<u>168,646</u>	<u>(9,917)</u>	<u>158,729</u>
Total funds	<u>75,051</u>	<u>921,534</u>	<u>(793,401)</u>	<u>203,184</u>
	Balance at 1 September 2023 £	Incoming resources £	Resources expended £	Balance at 31 August 2024 £
Restricted funds				
Barnwood Trust	-	99,846	-	99,846
Children In Need	-	45,000	-	45,000
Sport England	-	23,800	(9,917)	13,883
	<u>-</u>	<u>168,646</u>	<u>(9,917)</u>	<u>158,729</u>

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Notes to the Financial Statements for the Year Ended 31 August 2024 (continued)

18 Prior year restatement

The prior year Statement of Financial Activities and Balance Sheet have been restated, to correct a number of account balances. As a consequence, total funds reported at 31 August 2023 have reduced from £101,293 to £75,051.

The net movement in funds for the year ended 31 August 2023 has reduced from a surplus of £6,961 to a surplus of £3,541.

MOVE MORE

England & Wales - Charity number 1175899

Accounts

Move More CIO

Charity No. 1175899

Trustees' Report and Unaudited Accounts

31 August 2023

Move More CIO
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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 August 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1175899

Registered Office

All Saints Academy
Blaisdon Way
Cheltenham
GL51 0WH

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

W. Parker	G. Brookes
C. Smith	R. Barker
L. Wilkinson	S. Savory
D. Peters	S. Lockley

Key Management Personnel

CEO	D Derrick
Deputy CEO	J Quinn

Accountants

Amstone Management Limited
Powys Lodge
6 Court Road
Strensham
Worcestershire
WR8 9LP

Bankers

Barclays Bank plc
3 Church Street
Weybridge
Surrey
KT13 8DD

OBJECTIVES AND ACTIVITIES

Move More is a registered Charitable Incorporated Organisation registered in England & Wales 1175899 and is governed by its Trust Deed.

The objective of the Charity, as set out in the Trust Deed, is to promote the education (including social and physical training) of young people for public benefit in such ways as the Trustees think fit.

ACHIEVEMENTS AND PERFORMANCE

This financial year Move More have worked with more children than ever before – over 29,000.

Over the past year there have been several challenges facing all of us, world events have had a real impact on the cost of living and the effects of COVID 19 remain - particularly in children's behaviours, happiness and mental wellbeing. This has increased the level of need, and we will continue to shape our work to support children through schools, families and the community.

We have continued to focus on diversifying our income and have been successful on several bids from a range of funders. This in turn has supported a wider range of provision for children and young people in the area. We have extended our work in the community and have created new programmes which target children we have not previously worked with.

There have been many great programmes and initiatives this year, some highlights to mention would be: the Holiday Activities and Food (HAF) programme in partnership with Gloucestershire County Council, Cheltenham Borough Council, Young Gloucestershire and The Venture – through this programme we provided holiday provision and food for over 650 children and young people who are in receipt of free school meals and/or classed as vulnerable. The 'Creating Active Schools' project in partnership with Active Gloucestershire has continued to see impact within system change and we look forward to building this programme over a larger geographical area next year. The 'Of Course We Can' holiday camp places funded by Active Impact have enabled more children with additional needs to attend our provision and we have received overwhelming feedback from parents. Moving forward we will continue to develop our work for children with a special educational need or disability. Our work with families also continues to build in terms of numbers and is having a real sustainable impact on the lives of parents and children.

We have improved our infrastructure as an organisation; recruiting new trustees onto the board, upgraded our IT and financial systems and added new roles to the team. All of which have already had a positive impact on our work and will support the charity's journey going forward.

PLANS FOR FUTURE PERIODS

Following a period of consultation we will be launching a new 3 year strategy for the charity. Our new strategy will encompass the wider holistic work we have developed in response to new challenges facing children, as well as continuing our focus on 'Every Child', ensuring we continue to identify and respond to the needs of all children.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Move More CIO
Trustees Annual Report

Signed on behalf of the board

W. Parker
Trustee
1 June 2024

A handwritten signature in black ink, appearing to be 'W. Parker', written over a horizontal line.

I report to the charity trustees on my examination of the financial statements of Move More CIO for the year ended 31 August 2023.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of FFA - Institute of Financial Accountants, which is one of the listed bodies.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Keith Day FFA - Institute of Financial Accountants

Amstone Management Limited

Powys Lodge

6 Court Road

Strensham

Worcestershire

WR8 9LP

31 August 2023

Move More CIO
Statement of Financial Activities
for the year ended 31 August 2023

	Notes	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:				
Donations and legacies	4	916	916	1,087
Charitable activities	5	696,198	696,198	646,357
Other	6	8,997	8,997	8,274
Total		706,111	706,111	655,718
Expenditure on:				
Charitable activities	7	460,250	460,250	410,938
Other	8	238,900	238,900	214,315
Total		699,150	699,150	625,253
Net gains on investments		-	-	-
Net income	9	6,961	6,961	30,465
Transfers between funds		-	-	-
Net income before other gains/(losses)		6,961	6,961	30,465
Other gains and losses				
Net movement in funds		6,961	6,961	30,465
Reconciliation of funds:				
Total funds brought forward		94,332	94,332	63,867
Total funds carried forward		101,293	101,293	94,332

Move More CIO
Summary Income and Expenditure Account
for the year ended 31 August 2023

	2023 £	2022 £
Income	706,111	655,718
Gross income for the year	<u>706,111</u>	<u>655,718</u>
Expenditure	686,717	614,538
Depreciation and charges for impairment of fixed assets	12,433	10,715
Total expenditure for the year	<u>699,150</u>	<u>625,253</u>
Net income before tax for the year	6,961	30,465
Net income for the year	<u>6,961</u>	<u>30,465</u>

Move More CIO
Balance Sheet
at 31 August 2023

Company No. CE012427	Notes	2023 £	2022 £
Fixed assets			
Intangible assets	12	-	-
Tangible assets	13	28,115	16,378
		<u>28,115</u>	<u>16,378</u>
Current assets			
Debtors	14	36,922	46,696
Cash at bank and in hand		54,563	53,378
		<u>91,485</u>	<u>100,074</u>
Creditors: Amount falling due within one year	15	(18,307)	(22,120)
Net current assets		<u>73,178</u>	<u>77,954</u>
Total assets less current liabilities		<u>101,293</u>	<u>94,332</u>
Net assets excluding pension asset or liability		<u>101,293</u>	<u>94,332</u>
Total net assets		<u><u>101,293</u></u>	<u><u>94,332</u></u>
The funds of the charity			
Restricted funds	16		
Unrestricted funds	16		
General funds		101,293	94,332
		<u>101,293</u>	<u>94,332</u>
Reserves	16		
Total funds		<u><u>101,293</u></u>	<u><u>94,332</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 August 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 31 August 2023

And signed on its behalf by:

W. Parker
Trustee
1 June 2024



Move More CIO
Statement of Cash flows
for the year ended 31 August 2023

	2023 £	2022 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	6,961	30,465
Adjustments for:		
Depreciation of property, plant and equipment	12,433	10,715
Dividends, interest and rents from investments	(8,997)	(8,274)
Decrease/(Increase) in trade and other receivables	9,774	(28,754)
Increase/(Decrease) in trade and other payables	11,166	(3,237)
Net cash provided by operating activities	<u>31,337</u>	<u>915</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(24,170)	(1,513)
Dividends, interest and rents from investments	8,997	8,274
Net cash (used in)/from investing activities	<u>(15,173)</u>	<u>6,761</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	16,164	7,676
Cash and cash equivalents at the beginning of the year	52,871	30,283
Cash and cash equivalents at the end of the year	<u>69,035</u>	<u>37,959</u>
Components of cash and cash equivalents		
Cash and bank balances	54,563	53,378
Bank overdrafts	(440)	(507)
	<u>54,123</u>	<u>52,871</u>

for the year ended 31 August 2023

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Move More CIO
Notes to the Accounts

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Plant and machinery 20% Straight line

Motor vehicles 20% Straight line

Sports equipment 20% Straight line

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Total funds 2022 £
Income and endowments from:		
Donations and legacies	1,087	1,087
Charitable activities	646,357	646,357
Other	8,274	8,274
Total	<u>655,718</u>	<u>655,718</u>
Expenditure on:		
Charitable activities	410,938	410,938
Other	214,315	214,315
Total	<u>625,253</u>	<u>625,253</u>
Net income	<u>30,465</u>	<u>30,465</u>
Net income before other gains/(losses)	30,465	30,465
Other gains and losses:		
Net movement in funds	<u>30,465</u>	<u>30,465</u>
Reconciliation of funds:		
Total funds brought forward	63,867	63,867
Total funds carried forward	<u><u>94,332</u></u>	<u><u>94,332</u></u>

4 Income from donations and legacies

	Unrestricted	Total	Total
		2023	2022
	£	£	£
	916	916	1,087
	<u>916</u>	<u>916</u>	<u>1,087</u>

5 Income from charitable activities

	Unrestricted	Total	Total
		2023	2022
	£	£	£
Commission and grants	137,283	137,283	124,488
School based activities	336,872	336,872	321,045
Holiday provision	222,043	222,043	200,824
	<u>696,198</u>	<u>696,198</u>	<u>646,357</u>

6 Other income

	Unrestricted	Total 2023	Total 2022
	£	£	£
Interest received	5	5	3
Competition and events	8,992	8,992	8,271
	<u>8,997</u>	<u>8,997</u>	<u>8,274</u>

7 Expenditure on charitable activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
<i>Expenditure on charitable activities</i>			
Commission and grants	7,530	7,530	3,841
School based activities	303,947	303,947	750
Holiday provision	123,368	123,368	382,157
Events and competitions	25,405	25,405	24,190
	<u>460,250</u>	<u>460,250</u>	<u>410,938</u>

8 Other expenditure

	Unrestricted	Total 2023	Total 2022
	£	£	£
Employee costs	165,084	165,084	140,238
Motor and travel costs	15,831	15,831	11,429
Premises costs	9,886	9,886	9,470
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	12,433	12,433	10,715
General administrative costs	19,147	19,147	31,811
Legal and professional costs	16,519	16,519	10,652
	<u>238,900</u>	<u>238,900</u>	<u>214,315</u>

9 Net income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	12,433	10,715

10 Trustee remuneration and expenses

	2023 Number	2022 Number
The nature of the reimbursed expenses	Trustees received no remuneration or other benefits during the period, and there were no Trustees' expenses paid	

11 Staff costs

	2023	2022
Salaries and wages	130,106	121,946
Social security costs	14,451	9,716
Pension costs	5,211	4,504
	<u>149,768</u>	<u>136,166</u>

No employee received emoluments in excess of £60,000.

12 Intangible fixed assets

	Develop-ment costs £	Total £
Cost		
At 1 September 2022	<u>7,500</u>	<u>7,500</u>
At 31 August 2023	<u>7,500</u>	<u>7,500</u>
Amortisation and impairment		
At 1 September 2022	<u>7,500</u>	<u>7,500</u>
At 31 August 2023	<u>7,500</u>	<u>7,500</u>
Net book values		
At 31 August 2023	<u>-</u>	<u>-</u>
At 31 August 2022	<u>-</u>	<u>-</u>

13 Tangible fixed assets

	Plant and machinery	Motor vehicles	Sports equipment	Total
	£	£	£	£
Cost or revaluation				
At 1 September 2022	3,871	21,192	30,027	55,090
Additions	9,706	-	14,464	24,170
At 31 August 2023	<u>13,577</u>	<u>21,192</u>	<u>44,491</u>	<u>79,260</u>
Depreciation and impairment				
At 1 September 2022	3,419	16,414	18,879	38,712
Depreciation charge for the year	602	4,238	7,593	12,433
At 31 August 2023	<u>4,021</u>	<u>20,652</u>	<u>26,472</u>	<u>51,145</u>
Net book values				
At 31 August 2023	<u>9,556</u>	<u>540</u>	<u>18,019</u>	<u>28,115</u>
At 31 August 2022	<u>452</u>	<u>4,778</u>	<u>11,148</u>	<u>16,378</u>

14 Debtors

	2023	2022
	£	£
Trade debtors	<u>36,922</u>	<u>46,696</u>
	<u>36,922</u>	<u>46,696</u>

15 Creditors:

amounts falling due within one year

	2023	2022
	£	£
Credit cards	440	507
Trade creditors	9,269	6,701
Other taxes and social security	6,521	-
Other creditors	2,077	-
Accruals	-	14,912
	<u>18,307</u>	<u>22,120</u>

16 Movement in funds

	At 1 September 2022	Incoming resources (including other gains/losses) £	Resources expended £	At 31 August 2023 £
Restricted funds:				
Unrestricted funds:				
General funds	94,332	706,111	(699,150)	101,293
Total funds	<u>94,332</u>	<u>706,111</u>	<u>(699,150)</u>	<u>101,293</u>

17 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	28,115	28,115
Net current assets	73,178	73,178
	<u>101,293</u>	<u>101,293</u>

18 Reconciliation of net debt

	At 1 September 2022 £	Cash flows £	At 31 August 2023 £
Cash and cash equivalents	53,378	1,185	54,563
	<u>53,378</u>	<u>1,185</u>	<u>54,563</u>
Net debt	<u>53,378</u>	<u>1,185</u>	<u>54,563</u>

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2023 Land and buildings £	2023 Other £	2022 Land and buildings £	2022 Other £
Operating leases with expiry date:				

Pension commitments

	2023 £	2022 £
The pension cost charge to the company amounted to:	<u>5,211</u>	<u>4,504</u>

Move More CIO

Notes to the Accounts

20 Related party disclosures

Controlling party

Move More CIO
Detailed Statement of Financial Activities
for the year ended 31 August 2023

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies	916	916	1,087
	<u>916</u>	<u>916</u>	<u>1,087</u>
Charitable activities			
Commission and grants	137,283	137,283	124,488
School based activities	336,872	336,872	321,045
Holiday provision	222,043	222,043	200,824
	<u>696,198</u>	<u>696,198</u>	<u>646,357</u>
Other			
Interest received	5	5	3
Competition and events	8,992	8,992	8,271
	<u>8,997</u>	<u>8,997</u>	<u>8,274</u>
Total income and endowments	706,111	706,111	655,718
Expenditure on:			
Charitable activities			
Commission and grants	7,530	7,530	3,841
School based activities	303,947	303,947	750
Holiday provision	123,368	123,368	382,157
Events and competitions	25,405	25,405	24,190
	<u>460,250</u>	<u>460,250</u>	<u>410,938</u>
Total of expenditure on charitable activities	460,250	460,250	410,938
Employee costs			
Salaries/wages	130,106	130,106	121,946
Employer's NIC	14,451	14,451	9,716
Pension costs	5,211	5,211	4,504
Staff training	8,516	8,516	4,072
Other staff costs	6,800	6,800	-
	<u>165,084</u>	<u>165,084</u>	<u>140,238</u>
Motor and travel costs			
Vehicles - General costs	10,032	10,032	9,348
Travel and subsistence	5,799	5,799	2,081
	<u>15,831</u>	<u>15,831</u>	<u>11,429</u>
Premises costs			
Rent	9,000	9,000	9,470
Premises repairs and maintenance	886	886	-
	<u>9,886</u>	<u>9,886</u>	<u>9,470</u>

Move More CIO

Detailed Statement of Financial Activities

General administrative costs, including depreciation and amortisation			
Depreciation of Plant and machinery	602	602	774
Depreciation of Motor vehicles	4,238	4,238	4,238
Depreciation of Sports equipment	7,593	7,593	5,703
Equipment expensed	-	-	295
General insurances	3,003	3,003	9,202
Information and publications	183	183	2,074
Software, IT support and related costs	5,047	5,047	678
Stationery and printing	3,251	3,251	2,364
Subscriptions	2,978	2,978	1,876
Sundry expenses	-	-	11,331
Telephone, fax and broadband	4,685	4,685	3,991
	<u>31,580</u>	<u>31,580</u>	<u>42,526</u>
Legal and professional costs			
Accountancy and bookkeeping	13,545	13,545	7,668
Consultancy fees	2,974	2,974	2,949
Other legal and professional costs	-	-	35
	<u>16,519</u>	<u>16,519</u>	<u>10,652</u>
Total of expenditure of other costs	<u>238,900</u>	<u>238,900</u>	<u>214,315</u>
Total expenditure	699,150	699,150	625,253
Net gains on investments	-	-	-
	<u>6,961</u>	<u>6,961</u>	<u>30,465</u>
Net income			
Net income before other gains/(losses)	6,961	6,961	30,465
Other Gains	-	-	-
	<u>6,961</u>	<u>6,961</u>	<u>30,465</u>
Net movement in funds			
	<u>6,961</u>	<u>6,961</u>	<u>30,465</u>
Reconciliation of funds:			
Total funds brought forward	94,332	94,332	63,867
Total funds carried forward	<u>101,293</u>	<u>101,293</u>	<u>94,332</u>

MOVE MORE

England & Wales - Charity number 1175899

Accounts

Move More CIO

Charity No. 1175899

Company No. CE012427

Trustees' Report and Unaudited Accounts

31 August 2022

Move More CIO
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Detailed Statement of Financial Activities	17 to 18

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 August 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. CE012427

Charity No. 1175899

Registered Office

All Saints Academy

Blaisdon Way

Cheltenham

GL51 0WH

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

R. Barker

S. Lockley

W. Parker

D. Peters

S. Savory

L. Wilkinson

Key Management Personnel

CEO

D Derrick

Deputy CEO

J Quinn

Accountants

Amstone Management Limited

Powys Lodge

6 Court Road

Strensham

Worcestershire

WR8 9LP

Bankers

Barclays Bank plc

3 Church Street

Weybridge

Surrey

KT13 8DD

OBJECTIVES AND ACTIVITIES

Move More is a registered Charitable Incorporated Organisation registered in England & Wales 1175899

and is governed by its Trust Deed.

The objective of the Charity, as set out in the Trust Deed, is to promote the education (including social and physical training) of young people for public benefit in such ways as the Trustees think fit.

ACHIEVEMENTS AND PERFORMANCE

This financial year has seen the easing of restrictions associated with COVID 19, which has meant Move More has been able to operate in a more traditional way since the pandemic started. Although how we deliver our work has become easier, it has been clear that the pandemic has left behind challenges on a social and economic level, creating further barriers towards physical activity and health. It is therefore important that these additional barriers are addressed in our work going forwards.

The re-establishment of events and competitions this year has been a real positive and has brought children, parents and families together to participate and celebrate together. Over 8,500 children attended a Move More event, highlights being 1,000 children participating at the Feet First dance festival and over 1,300 children taking part in our athletics programme. We have delivered to almost 8,000 children through teaching and coaching and interventions, providing high quality sessions to children whilst also improving teachers knowledge and confidence of delivering Physical Education. We have continued to support the Holiday Activities and Food programme funded by Gloucestershire County Council, which resulted in over 1,100 children attending funded Move More holiday provision which included free healthy meals within Cheltenham and Tewkesbury.

Our family support has continued to provide a positive impact on families and children. We have worked with 64 families across 400 hours on a bespoke 1:1 basis, which has provided impactful qualitative feedback. We have also worked with over 350 families through webinars, small group support sessions and coffee mornings, covering topics such as sleep, emotional self-regulation, food, screens and tantrums. We have found that this support has impacted a variety of areas within health and mental wellbeing, however, the most impactful feedback has been around how the support has positively influenced relationships and behaviours between parent and child.

We received funding from Active Gloucestershire to support the development of the Creating Active School pilot. This has been successful in creating a whole school approach to physical activity under policy, environments, opportunities and stakeholders which is valued at a senior strategic level. We have worked initially with 8 schools and 151 teachers and early findings suggest physical activity has become embedded across the schools through vision, policy and environment. We look forward to observing the impact of this on physical activity levels of children.

PLANS FOR FUTURE PERIODS


Through our vision of Every Child Active we want to alleviate barriers to children living a healthy and active lifestyle such as deprivation, disability and ethnicity. We will continue to work with partners and funders to build and expand opportunities and improve environments surrounding children so more can benefit from the physical and mental health advantages of being active.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Move More CIO
Trustees Annual Report

Signed on behalf of the board

S. Savory 
Trustee
26 September 2022

I report to the charity trustees on my examination of the financial statements of Move More CIO for the year ended 31 August 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Financial Accountants.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Keith Day

Institute of Financial Accountants

Amstone Management Limited

Powys Lodge

6 Court Road

Strensham

Worcestershire

WR8 9LP

26 September 2022

Move More CIO
Statement of Financial Activities
for the year ended 31 August 2022

	Notes	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies	4	1,087	1,087	40
Charitable activities	5	646,357	646,357	462,759
Other	6	8,274	8,274	56,226
Total		655,718	655,718	519,025
Expenditure on:				
Charitable activities	7	410,938	410,938	329,418
Other	8	214,315	214,315	194,242
Total		625,253	625,253	523,660
Net gains on investments		-	-	-
Net income/(expenditure)	9	30,465	30,465	(4,635)
Transfers between funds		-	-	-
Net income/(expenditure) before other gains/(losses)		30,465	30,465	(4,635)
Other gains and losses				
Net movement in funds		30,465	30,465	(4,635)
Reconciliation of funds:				
Total funds brought forward		63,867	63,867	68,502
Total funds carried forward		94,332	94,332	63,867

Move More CIO
 Summary Income and Expenditure Account
 for the year ended 31 August 2022

	2022 £	2021 £
Income	655,718	519,025
Gross income for the year	<u>655,718</u>	<u>519,025</u>
Expenditure	614,538	514,256
Depreciation and charges for impairment of fixed assets	10,715	9,404
Total expenditure for the year	<u>625,253</u>	<u>523,660</u>
Net income/(expenditure) before tax for the year	30,465	(4,635)
Net income /(expenditure)for the year	<u><u>30,465</u></u>	<u><u>(4,635)</u></u>

Move More CIO
Balance Sheet
at 31 August 2022

Company No. CE012427	Notes	2022 £	2021 £
Fixed assets			
Intangible assets	12	-	-
Tangible assets	13	16,378	25,580
		<u>16,378</u>	<u>25,580</u>
Current assets			
Debtors	14	46,696	17,942
Cash at bank and in hand		53,378	30,283
		<u>100,074</u>	<u>48,225</u>
Creditors: Amount falling due within one year	15	(22,120)	(9,938)
Net current assets		<u>77,954</u>	<u>38,287</u>
Total assets less current liabilities		<u>94,332</u>	<u>63,867</u>
Net assets excluding pension asset or liability		<u>94,332</u>	<u>63,867</u>
Total net assets		<u><u>94,332</u></u>	<u><u>63,867</u></u>
The funds of the charity			
Restricted funds	16		
Unrestricted funds	16		
General funds		94,332	63,867
		<u>94,332</u>	<u>63,867</u>
Reserves	16		
Total funds		<u><u>94,332</u></u>	<u><u>63,867</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 August 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 26 September 2022

And signed on its behalf by:

S. Savory
Trustee
26 September 2022



Move More CIO
Statement of Cash flows
for the year ended 31 August 2022

	2022 £	2021 £
Cash flows from operating activities		
Net income/(expenditure) per Statement of Financial Activities	30,465	(4,635)
Adjustments for:		
Depreciation of fixtures and equipment	10,715	9,404
Interest received	(8,274)	(56,226)
Increase in debtors	(28,754)	(6,061)
Decrease in creditors	(3,237)	(3,985)
Net cash provided by/(used in) operating activities	<u>915</u>	<u>(61,503)</u>
Cash flows from investing activities		
Payments for fixtures and equipment	(1,513)	(6,556)
Interest received	8,274	56,226
Net cash from investing activities	<u>6,761</u>	<u>49,670</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase/(decrease) in cash and cash equivalents	7,676	(11,833)
Cash and cash equivalents at the beginning of the year	30,283	42,116
Cash and cash equivalents at the end of the year	<u>37,959</u>	<u>30,283</u>
Components of cash and cash equivalents		
Cash and bank balances	53,378	30,283
Credit card balances	(507)	-
	<u>52,871</u>	<u>30,283</u>

for the year ended 31 August 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity. There has been a change in the way that the figures are presented in the current year, for comparative purposes.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Cycling equipment	20% Straight line
Motor vehicles	20% Straight line
Sports equipment	20% Straight line

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2021 £	Total funds 2021 £
Income and endowments from:		
Donations and legacies	40	40
Charitable activities	462,759	462,759
Other	56,226	56,226
Total	<u>519,025</u>	<u>519,025</u>
Expenditure on:		
Charitable activities	329,418	329,418
Other	194,242	194,242
Total	<u>523,660</u>	<u>523,660</u>
Net income	<u>(4,635)</u>	<u>(4,635)</u>
Net income before other gains/(losses)	(4,635)	(4,635)
Other gains and losses:		
Net movement in funds	<u>(4,635)</u>	<u>(4,635)</u>
Reconciliation of funds:		
Total funds brought forward	68,502	68,502
Total funds carried forward	<u><u>63,867</u></u>	<u><u>63,867</u></u>

4 Income from donations and legacies

	Unrestricted	Total 2022	Total 2021
	£	£	£
	1,087	1,087	40
	<u>1,087</u>	<u>1,087</u>	<u>40</u>

5 Income from charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Commission and grants	124,488	124,488	131,031
School based activities	321,045	321,045	93,943
Holiday provision	200,824	200,824	75,860
	-	-	161,925
	<u>646,357</u>	<u>646,357</u>	<u>462,759</u>

6 Other income

	Unrestricted	Total 2022	Total 2021
	£	£	£
Interest received	3	3	1,618
Competition and events	8,271	8,271	804
	-	-	13,209
	-	-	40,595
	<u>8,274</u>	<u>8,274</u>	<u>56,226</u>

7 Expenditure on charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
<i>Expenditure on charitable activities</i>			
Cost of goods sold	3,841	3,841	14,334
Sundry costs	750	750	298,774
Staff and subcontractor costs	382,157	382,157	12,627
Camp, event and competition costs	24,190	24,190	3,683
	<u>410,938</u>	<u>410,938</u>	<u>329,418</u>

8 Other expenditure

	Unrestricted	Total 2022	Total 2021
	£	£	£
Employee costs	140,238	140,238	137,490
Motor and travel costs	11,429	11,429	5,818
Premises costs	9,470	9,470	6,393
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	10,715	10,715	9,404
General administrative costs	31,811	31,811	27,469
Legal and professional costs	10,652	10,652	7,668
	<u>214,315</u>	<u>214,315</u>	<u>194,242</u>

9 Net income/(expenditure) before transfers

	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	10,715	9,404

10 Trustee remuneration and expenses

	2022 Number	2021 Number
The nature of the reimbursed expenses	Trustees received no remuneration or other benefits during the period, and there were no Trustees' expenses paid	

11 Staff costs

	2022	2021
Salaries and wages	121,946	116,189
Social security costs	9,716	12,371
Pension costs	4,504	5,618
	<u>136,166</u>	<u>134,178</u>

No employee received emoluments in excess of £60,000.

12 Intangible fixed assets

	Develop-ment costs £	Total £
Cost		
At 1 September 2021	<u>7,500</u>	<u>7,500</u>
At 31 August 2022	<u>7,500</u>	<u>7,500</u>
Amortisation and impairment		
At 1 September 2021	<u>7,500</u>	<u>7,500</u>
At 31 August 2022	<u>7,500</u>	<u>7,500</u>
Net book values		
At 31 August 2022	<u>-</u>	<u>-</u>
At 31 August 2021	<u>-</u>	<u>-</u>

13 Tangible fixed assets

	Cycling equipment	Motor vehicles	Sports equipment	Total
	£	£	£	£
Cost or revaluation				
At 1 September 2021	3,871	21,192	28,514	53,577
Additions	-	-	1,513	1,513
At 31 August 2022	<u>3,871</u>	<u>21,192</u>	<u>30,027</u>	<u>55,090</u>
Depreciation and impairment				
At 1 September 2021	2,645	12,176	13,176	27,997
Depreciation charge for the year	774	4,238	5,703	10,715
At 31 August 2022	<u>3,419</u>	<u>16,414</u>	<u>18,879</u>	<u>38,712</u>
Net book values				
At 31 August 2022	<u>452</u>	<u>4,778</u>	<u>11,148</u>	<u>16,378</u>
At 31 August 2021	<u>1,226</u>	<u>9,016</u>	<u>15,338</u>	<u>25,580</u>

14 Debtors

	2022	2021
	£	£
Trade debtors	46,696	6,005
Prepayments and accrued income	-	11,937
	<u>46,696</u>	<u>17,942</u>

15 Creditors:

amounts falling due within one year

	2022	2021
	£	£
Credit cards	507	-
Trade creditors	6,701	9,938
Accruals	14,912	-
	<u>22,120</u>	<u>9,938</u>

16 Movement in funds

	At 1 September 2021	Incoming resources (including other gains/losses)	Resources expended	At 31 August 2022
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	63,867	655,718	(625,253)	94,332
Total funds	<u>63,867</u>	<u>655,718</u>	<u>(625,253)</u>	<u>94,332</u>

17 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fixed assets	16,378	-	16,378
Net current assets	78,461	(507)	77,954
	<u>94,839</u>	<u>(507)</u>	<u>94,332</u>

18 Reconciliation of net debt

	At 1 September 2021 £	Cash flows £	At 31 August 2022 £
Cash and cash equivalents	30,283	23,095	53,378
	<u>30,283</u>	<u>23,095</u>	<u>53,378</u>
Net debt	<u>30,283</u>	<u>23,095</u>	<u>53,378</u>

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2022 Land and buildings £	2022 Other £	2021 Land and buildings £	2021 Other £
Operating leases with expiry date:	0	0	0	0

Pension commitments

	2022 £	2021 £
The pension cost charge to the company amounted to:	<u>4,504</u>	<u>5,618</u>

Move More CIO
Detailed Statement of Financial Activities
for the year ended 31 August 2022

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:			
Donations and legacies	1,087	1,087	40
	<u>1,087</u>	<u>1,087</u>	<u>40</u>
Charitable activities			
Commission and grants	124,488	124,488	131,031
School based activities	321,045	321,045	93,943
Holiday provision	200,824	200,824	75,860
	-	-	161,925
	<u>646,357</u>	<u>646,357</u>	<u>462,759</u>
Other			
Interest received	3	3	1,618
Competition and events	8,271	8,271	804
	-	-	13,209
	-	-	40,595
	<u>8,274</u>	<u>8,274</u>	<u>56,226</u>
Total income and endowments	655,718	655,718	519,025
Expenditure on:			
Charitable activities			
Cost of goods sold	3,841	3,841	14,334
Sundry costs	750	750	298,774
Staff and subcontractor costs	382,157	382,157	12,627
Camp, event and competition costs	24,190	24,190	3,683
	<u>410,938</u>	<u>410,938</u>	<u>329,418</u>
Total of expenditure on charitable activities	410,938	410,938	329,418
Employee costs			
Salaries/wages	121,946	121,946	116,189
Employer's NIC	9,716	9,716	12,371
Pension costs	4,504	4,504	5,618
Staff training	4,072	4,072	3,312
	<u>140,238</u>	<u>140,238</u>	<u>137,490</u>
Motor and travel costs			
Vehicles - General costs	9,348	9,348	5,675
Travel and subsistence	2,081	2,081	143
	<u>11,429</u>	<u>11,429</u>	<u>5,818</u>
Premises costs			
Rent	9,470	9,470	6,383

Detailed Statement of Financial Activities

Premises cleaning	-	-	10
	<u>9,470</u>	<u>9,470</u>	<u>6,393</u>
General administrative costs, including depreciation and amortisation			
Depreciation of Cycling equipment	774	774	774
Depreciation of Motor vehicles	4,238	4,238	4,238
Depreciation of Sports equipment	5,703	5,703	4,392
Bank charges	-	-	335
Equipment expensed	295	295	-
Equipment leasing and hire charges	-	-	837
General insurances	9,202	9,202	9,443
Information and publications	2,074	2,074	3,554
Software, IT support and related costs	678	678	1,761
Stationery and printing	2,364	2,364	1,455
Subscriptions	1,876	1,876	713
Sundry expenses	11,331	11,331	5,288
Telephone, fax and broadband	3,991	3,991	4,083
	<u>42,526</u>	<u>42,526</u>	<u>36,873</u>
Legal and professional costs			
Accountancy and bookkeeping	7,668	7,668	7,668
Consultancy fees	2,949	2,949	-
Other legal and professional costs	35	35	-
	<u>10,652</u>	<u>10,652</u>	<u>7,668</u>
Total of expenditure of other costs	<u>214,315</u>	<u>214,315</u>	<u>194,242</u>
Total expenditure	625,253	625,253	523,660
Net gains on investments	-	-	-
	30,465	30,465	(4,635)
Net income/(expenditure)			
Net income/(expenditure) before other gains/(losses)	30,465	30,465	(4,635)
Other Gains	-	-	-
Net movement in funds	<u>30,465</u>	<u>30,465</u>	<u>(4,635)</u>
Reconciliation of funds:			
Total funds brought forward	63,867	63,867	68,502
Total funds carried forward	<u>94,332</u>	<u>94,332</u>	<u>63,867</u>

MOVE MORE

England & Wales - Charity number 1175899

Accounts

Move More CIO

Charity No. 1175899

Trustees' Report and Unaudited Accounts

31 August 2021

Move More CIO
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The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 August 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. CE012427

Charity No. 1175899

Registered Office

All Saints Academy

Blaisdon Way

Cheltenham

GL51 0WH

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

S. Lockley

A. Peck

D. Peters

S. Savory

L. Wilkinson

Key Management Personnel

CEO

D Derrick

Deputy CEO

J Quinn

Accountants

Amstone Management Limited

Powys Lodge

6 Court Road

Strensham

Worcestershire

WR8 9LP

Bankers

Barclays Bank plc

3 Church Street

Weybridge

Surrey

KT13 8DD

OBJECTIVES AND ACTIVITIES

Move More is a registered Charitable Incorporated Organisation registered in England & Wales 1175899 and is governed by its Trust Deed.

The objective of the Charity, as set out in the Trust Deed, is to promote the education (including social and physical training) of young people for public benefit in such ways as the Trustees think fit.

ACHIEVEMENTS AND PERFORMANCE

The academic year of 2020-21 has been another year which has provided unprecedented challenges to children, families, schools and the wider society. In September, COVID-19 restrictions were reduced in schools with the removal of bubbles and various other measures. The return of lockdown and home-schooling after Christmas led us to a very familiar place without the benefit of the previous lockdown's warmer days. During this time, we improved our online offer through videos, challenges and webinars to support children and their families with physical activity and mental wellbeing. We also continued to support schools with their key worker and vulnerable groups throughout this time. As spring arrived, we were able to deliver in a more traditional fashion with the easing of restrictions.

During the pandemic as an organisation, we have restructured and invested heavily in the delivery team, improving and strengthening the internal structure and impact of work. We have also built upon the number of organisations we work in partnership with. This has meant that the resilience to the various changes during the year have been absorbed easier and therefore the impact of our work has been greater.

Throughout the year we have hit the following milestones:-20,095 child engagements with Move More, 8,555 views of our online offer and over 600 hours watched, 548 families supported with 161 hours of bespoke 1:1 support with 28 families, and 174 teachers attended teacher training

The mission of Every Child Active is more pertinent than ever with children and families being disproportionately affected by the impact of COVID-19, based on household circumstances, such as access to IT equipment and a garden, as well as affluency and ethnicity. We feel the benefit of physical activity to physical health, mental wellbeing and wider outcomes was widely recognised during the first lockdown, a position to build upon and keep at the forefront of people's minds.

PLANS FOR FUTURE PERIODS

As we enter into a new year, we want to continue working towards our mission of Every Child Active. With the child at the centre, we want to focus upon the environments that surround children; families, schools and the community. For example:-

Families – Building on our offer for families through additional funding streams. Schools – Implementing the Creating Active Schools framework, a whole school approach to physical activity within primary schools.

Communities – Introducing opportunities for children to be active in the community through non competitive provision.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

S. Savory
Trustee
31 January 2022



I report to the charity trustees on my examination of the accounts of Move More CIO for the year ended 31 August 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Financial Accountants.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Keith Day FFA
Institute of Financial Accountants
Amstone Management Limited
Powys Lodge
6 Court Road
Strensham
Worcestershire
WR8 9LP
31 January 2022

Move More CIO
Statement of Financial Activities
for the year ended 31 August 2021

	Notes	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:				
Donations and legacies	4	40	40	1,055
Charitable activities	5	462,759	462,759	420,838
Other	6	56,226	56,226	93,368
Total		519,025	519,025	515,261
Expenditure on:				
Charitable activities	7	329,418	329,418	321,189
Other	8	194,242	194,242	182,104
Total		523,660	523,660	503,293
Net gains on investments		-	-	-
Net (expenditure)/income	9	(4,635)	(4,635)	11,968
Transfers between funds		-	-	-
Net (expenditure)/income before other gains/(losses)		(4,635)	(4,635)	11,968
Other gains and losses				
Net movement in funds		(4,635)	(4,635)	11,968
Reconciliation of funds:				
Total funds brought forward		68,502	68,502	56,534
Total funds carried forward		63,867	63,867	68,502

Move More CIO
Summary Income and Expenditure Account
for the year ended 31 August 2021

	2021 £	2020 £
Income	519,025	515,261
Gross income for the year	<u>519,025</u>	<u>515,261</u>
Expenditure	514,256	493,889
Depreciation and charges for impairment of fixed assets	9,404	9,404
Total expenditure for the year	<u>523,660</u>	<u>503,293</u>
Net (expenditure)/income before tax for the year	(4,635)	11,968
Net (expenditure)/income for the year	<u>(4,635)</u>	<u>11,968</u>

Move More CIO
Balance Sheet
at 31 August 2021

Company No. CE012427	Notes	2021 £	2020 £
Fixed assets			
Intangible assets	12	-	-
Tangible assets	13	25,580	28,428
		<u>25,580</u>	<u>28,428</u>
Current assets			
Debtors	14	17,942	11,881
Cash at bank and in hand		30,283	43,346
		<u>48,225</u>	<u>55,227</u>
Creditors: Amount falling due within one year	15	(9,938)	(15,153)
Net current assets		<u>38,287</u>	<u>40,074</u>
Total assets less current liabilities		<u>63,867</u>	<u>68,502</u>
Net assets excluding pension asset or liability		<u>63,867</u>	<u>68,502</u>
Total net assets		<u><u>63,867</u></u>	<u><u>68,502</u></u>
The funds of the charity			
Restricted funds	16		
Unrestricted funds	16		
General funds		63,867	68,502
		<u>63,867</u>	<u>68,502</u>
Reserves	16		
Total funds		<u><u>63,867</u></u>	<u><u>68,502</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 August 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 31 January 2022

And signed on its behalf by:

S. Savory
Trustee
31 January 2022



Move More CIO
Statement of Cash flows
for the year ended 31 August 2021

	2021 £	2020 £
Cash flows from operating activities		
Net (expenditure)/income per Statement of Financial Activities	(4,635)	11,968
Adjustments for:		
Depreciation of property, plant and equipment	9,404	9,404
Dividends, interest and rents from investments	(56,226)	(93,368)
(Increase)/Decrease in trade and other receivables	(6,061)	17,467
Decrease in trade and other payables	(3,985)	(14,387)
Net cash used in operating activities	<u>(61,503)</u>	<u>(68,916)</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(6,556)	-
Dividends, interest and rents from investments	56,226	93,368
Net cash from investing activities	<u>49,670</u>	<u>93,368</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net (decrease)/increase in cash and cash equivalents	(11,833)	24,452
Cash and cash equivalents at the beginning of the year	42,116	17,664
Cash and cash equivalents at the end of the year	<u>30,283</u>	<u>42,116</u>
Components of cash and cash equivalents		
Cash and bank balances	30,283	43,346
Bank overdrafts	-	(1,230)
	<u>30,283</u>	<u>42,116</u>

for the year ended 31 August 2021

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The structure is that of a Charitable Incorporated Organisation, generally referred to as a CIO.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Income and endowments from:			
Donations and legacies	1,055	-	1,055
Charitable activities	420,838	-	420,838
Other	90,786	2,582	93,368
Total	<u>512,679</u>	<u>2,582</u>	<u>515,261</u>
Expenditure on:			
Charitable activities	321,189	-	321,189
Other	182,104	-	182,104
Total	<u>503,293</u>	<u>-</u>	<u>503,293</u>
Net income	<u>9,386</u>	<u>2,582</u>	<u>11,968</u>
Net income before other gains/(losses)	9,386	2,582	11,968
Other gains and losses:			
Net movement in funds	<u>9,386</u>	<u>2,582</u>	<u>11,968</u>
Reconciliation of funds:			
Total funds brought forward	56,534	-	56,534
Total funds carried forward	<u>65,920</u>	<u>2,582</u>	<u>68,502</u>

4 Income from donations and legacies

Unrestricted £	Total 2021 £	Total 2020 £
40	40	1,055
<u>40</u>	<u>40</u>	<u>1,055</u>

5 Income from charitable activities

Unrestricted	Total 2021	Total 2020
£	£	£
131,031	131,031	52,212
93,943	93,943	94,381
75,860	75,860	86,350
161,925	161,925	187,895
<u>462,759</u>	<u>462,759</u>	<u>420,838</u>

6 Other income

Unrestricted	Total 2021	Total 2020
£	£	£
1,618	1,618	8,841
804	804	7
13,209	13,209	64,742
40,595	40,595	19,778
<u>56,226</u>	<u>56,226</u>	<u>93,368</u>

7 Expenditure on charitable activities

	Unrestricted	Total 2021	Total 2020
	£	£	£
<i>Expenditure on charitable activities</i>	14,334	14,334	15,553
	298,774	298,774	290,628
	12,627	12,627	8,326
	3,683	3,683	6,682
<i>Governance costs</i>	<u>329,418</u>	<u>329,418</u>	<u>321,189</u>

8 Other expenditure

	Unrestricted	Total	Total
		2021	2020
	£	£	£
Employee costs	137,490	137,490	130,219
Motor and travel costs	5,818	5,818	4,654
Premises costs	6,393	6,393	7,809
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	9,404	9,404	9,404
General administrative costs	27,469	27,469	22,350
Legal and professional costs	7,668	7,668	7,668
	<u>194,242</u>	<u>194,242</u>	<u>182,104</u>

9 Net (expenditure)/income before transfers

	2021	2020
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	9,404	9,404

10 Trustee remuneration and expenses

	2021	2020
	Number	Number
The nature of the reimbursed expenses	Trustees received no remuneration or other benefits during the period, and there were no Trustees' expenses paid	

11 Staff costs

Salaries and wages	116,189	88,746
Social security costs	12,371	26,600
Pension costs	5,618	12,837
	<u>134,178</u>	<u>128,183</u>

No employee received emoluments in excess of £60,000.

12 Intangible fixed assets

	Develop- ment costs	Total
	£	£
Cost		
At 1 September 2020	7,500	7,500
At 31 August 2021	<u>7,500</u>	<u>7,500</u>
Amortisation and impairment		
At 1 September 2020	7,500	7,500
At 31 August 2021	<u>7,500</u>	<u>7,500</u>
Net book values		
At 31 August 2021	<u>-</u>	<u>-</u>
At 31 August 2020	<u>-</u>	<u>-</u>

13 Tangible fixed assets

	£	£	£	£
Cost or revaluation				
At 1 September 2020	3,871	21,192	21,958	47,021
Additions	-	-	6,556	6,556
At 31 August 2021	<u>3,871</u>	<u>21,192</u>	<u>28,514</u>	<u>53,577</u>
Depreciation and impairment				
At 1 September 2020	1,871	7,938	8,784	18,593
Depreciation charge for the year	774	4,238	4,392	9,404
At 31 August 2021	<u>2,645</u>	<u>12,176</u>	<u>13,176</u>	<u>27,997</u>
Net book values				
At 31 August 2021	<u>1,226</u>	<u>9,016</u>	<u>15,338</u>	<u>25,580</u>
At 31 August 2020	<u>2,000</u>	<u>13,254</u>	<u>13,174</u>	<u>28,428</u>

14 Debtors

	2021	2020
	£	£
Trade debtors	6,005	10,756
Other debtors	-	1,125
Prepayments and accrued income	11,937	-
	<u>17,942</u>	<u>11,881</u>

15 Creditors:

amounts falling due within one year

	2021	2020
	£	£
Bank loans and overdrafts	-	1,230
Trade creditors	9,938	43
Accruals and deferred income	-	13,880
	<u>9,938</u>	<u>15,153</u>

16 Movement in funds

	At 1 September 2020	Incoming resources (including other gains/losses) £	Resources expended £	At 31 August 2021 £
Restricted funds:				
Unrestricted funds:				
General funds	68,502	519,025	(523,660)	63,867
Revaluation Reserves:				
Total funds	<u>68,502</u>	<u>519,025</u>	<u>(523,660)</u>	<u>63,867</u>

17 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fixed assets	25,580	-	25,580
Net current assets	26,350	11,937	38,287
	<u>51,930</u>	<u>11,937</u>	<u>63,867</u>

18 Reconciliation of net debt

	At 1 September 2020 £	Cash flows £	At 31 August 2021 £
Cash and cash equivalents	43,346	(13,063)	30,283
	<u>43,346</u>	<u>(13,063)</u>	<u>30,283</u>
Net debt	<u>43,346</u>	<u>(13,063)</u>	<u>30,283</u>

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2021	2021	2020	2020
	Land and	Other	Land and	Other
	buildings		buildings	
	£	£	£	£
Operating leases with expiry date:				

Pension commitments

	2021	2020
	£	£
The pension cost charge to the company amounted to:	<u>5,618</u>	<u>12,837</u>

20 Related party disclosures

Controlling party

Move More CIO
Detailed Statement of Financial Activities
for the year ended 31 August 2021

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:			
Donations and legacies	40	40	1,055
	<u>40</u>	<u>40</u>	<u>1,055</u>
Charitable activities			
	131,031	131,031	52,212
	93,943	93,943	94,381
	75,860	75,860	86,350
	161,925	161,925	187,895
	<u>462,759</u>	<u>462,759</u>	<u>420,838</u>
Other			
	1,618	1,618	8,841
	804	804	7
	13,209	13,209	64,742
	40,595	40,595	19,778
	<u>56,226</u>	<u>56,226</u>	<u>93,368</u>
Total income and endowments	519,025	519,025	515,261
Expenditure on:			
Charitable activities			
	14,334	14,334	15,553
	298,774	298,774	290,628
	12,627	12,627	8,326
	3,683	3,683	6,682
	<u>329,418</u>	<u>329,418</u>	<u>321,189</u>
Total of expenditure on charitable activities	329,418	329,418	321,189
Employee costs			
Salaries/wages	116,189	116,189	88,746
Employer's NIC	12,371	12,371	26,600
Pension costs	5,618	5,618	12,837
Staff recruitment	-	-	27
Staff training	3,312	3,312	2,009
	<u>137,490</u>	<u>137,490</u>	<u>130,219</u>
Motor and travel costs			
Vehicles - General costs	5,675	5,675	3,591
Travel and subsistence	143	143	1,063
	<u>5,818</u>	<u>5,818</u>	<u>4,654</u>
Premises costs			
Rent	6,383	6,383	7,307

Move More CIO

Detailed Statement of Financial Activities

Premises cleaning	10	10	-
Premises repairs and maintenance	-	-	502
	<u>6,393</u>	<u>6,393</u>	<u>7,809</u>
General administrative costs, including depreciation and amortisation			
Depreciation of	774	774	774
Depreciation of	4,238	4,238	4,238
Depreciation of	4,392	4,392	4,392
Bank charges	335	335	245
Equipment leasing and hire charges	837	837	1,410
General insurances	9,443	9,443	7,410
Information and publications	3,554	3,554	370
Postage and couriers	-	-	115
Software, IT support and related costs	1,761	1,761	3,144
Stationery and printing	1,455	1,455	5,129
Subscriptions	713	713	35
Sundry expenses	5,288	5,288	918
Telephone, fax and broadband	4,083	4,083	3,574
	<u>36,873</u>	<u>36,873</u>	<u>31,754</u>
Legal and professional costs			
Accountancy and bookkeeping	7,668	7,668	7,668
	<u>7,668</u>	<u>7,668</u>	<u>7,668</u>
Total of expenditure of other costs	<u>194,242</u>	<u>194,242</u>	<u>182,104</u>
Total expenditure	523,660	523,660	503,293
Net gains on investments	-	-	-
	<u>(4,635)</u>	<u>(4,635)</u>	<u>11,968</u>
Net (expenditure)/income			
Net (expenditure)/income before other gains/(losses)	(4,635)	(4,635)	11,968
Other Gains	-	-	-
Net movement in funds	<u>(4,635)</u>	<u>(4,635)</u>	<u>11,968</u>
Reconciliation of funds:			
Total funds brought forward	68,502	68,502	56,534
Total funds carried forward	<u>63,867</u>	<u>63,867</u>	<u>68,502</u>

MOVE MORE

England & Wales - Charity number 1175899

Accounts

Move More CIO

Charity No. 1175899

Trustees' Report and Unaudited Accounts

31 August 2020

Move More CIO
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The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 August 2020.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. CE012427

Charity No. 1175899

Registered Office

All Saints Academy

Blaisdon Way

Cheltenham

GL51 0WH

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

S. Lockley

A. Peck

D. Peters

S. Savory

L. Wilkinson

Key Management Personnel

CEO

D Derrick

Deputy CEO

J Quinn

Accountants

Amstone Management Limited

Powys Lodge

6 Court Road

Strensham

Worcestershire

WR8 9LP

Bankers

Barclays Bank plc

3 Church Street

Weybridge

Surrey

KT13 8DD

OBJECTIVES AND ACTIVITIES

Move More is a registered Charitable Incorporated Organisation registered in England & Wales 1175899 and is governed by its Trust Deed.

The objective of the Charity, as set out in the Trust Deed, is to promote the education (including social and physical training) of young people for public benefit in such ways as the Trustees think fit.

ACHIEVEMENTS AND PERFORMANCE

The financial year was split into two halves of pre and post COVID-19. The first part of the year saw improvements to the structure come to fruition, the launch of a new 3 year strategy and receiving its first award. The second half of the year meant Move More needed to change the majority of its programmes to comply with government restrictions. Although a turbulent year, we were able to continue supporting beneficiaries for the vast majority of the year.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

S. Savory
Trustee
25 November 2020



I report to the charity trustees on my examination of the accounts of Move More CIO for the year ended 31 August 2020 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Financial Accountants.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Keith Day

Institute of Financial Accountants

Amstone Management Limited

Powys Lodge

6 Court Road

Strensham

Worcestershire

WR8 9LP

25 November 2020

Move More CIO
Statement of Financial Activities
for the year ended 31 August 2020

	Notes	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income and endowments from:					
Donations and legacies	4	1,055	-	1,055	80
Charitable activities	5	420,838	-	420,838	497,606
Other	6	90,786	2,582	93,368	3,409
Total		512,679	2,582	515,261	501,095
Expenditure on:					
Charitable activities	7	321,189	-	321,189	91,442
Other	8	182,104	-	182,104	377,926
Total		503,293	-	503,293	469,368
Net gains on investments		-	-	-	-
Net income	9	9,386	2,582	11,968	31,727
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		9,386	2,582	11,968	31,727
Other gains and losses					
Net movement in funds		9,386	2,582	11,968	31,727
Reconciliation of funds:					
Total funds brought forward		56,534	-	56,534	3,189
Total funds carried forward		65,920	2,582	68,502	34,916

Move More CIO
Summary Income and Expenditure Account
for the year ended 31 August 2020

	2020 £	2019 £
Income	515,261	501,095
Gross income for the year	<u>515,261</u>	<u>501,095</u>
Expenditure	493,889	460,502
Depreciation and charges for impairment of fixed assets	9,404	8,866
Total expenditure for the year	<u>503,293</u>	<u>469,368</u>
Net income before tax for the year	11,968	31,727
Net income for the year	<u><u>11,968</u></u>	<u><u>31,727</u></u>

Move More CIO
Balance Sheet
at 31 August 2020

Company No. CE012427	Notes	2020 £	2019 £
Fixed assets			
Intangible assets	12	-	-
Tangible assets	13	28,428	37,832
		<u>28,428</u>	<u>37,832</u>
Current assets			
Debtors	14	11,881	29,348
Cash at bank and in hand		43,346	17,664
		<u>55,227</u>	<u>47,012</u>
Creditors: Amount falling due within one year	15	(15,153)	(28,310)
Net current assets		<u>40,074</u>	<u>18,702</u>
Total assets less current liabilities		<u>68,502</u>	<u>56,534</u>
Net assets excluding pension asset or liability		<u>68,502</u>	<u>56,534</u>
Total net assets		<u><u>68,502</u></u>	<u><u>56,534</u></u>
The funds of the charity			
Restricted funds			
Restricted income funds	16	2,582	-
		<u>2,582</u>	<u>-</u>
Unrestricted funds			
General funds	16	65,920	56,534
		<u>65,920</u>	<u>56,534</u>
Reserves	16		
Total funds		<u><u>68,502</u></u>	<u><u>56,534</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 August 2020 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 25 November 2020

And signed on its behalf by:

S. Savory
Trustee
25 November 2020



Move More CIO
Statement of Cash flows
for the year ended 31 August 2020

	2020 £	2019 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	11,968	53,345
Adjustments for:		
Depreciation of property, plant and equipment	9,404	8,866
Dividends, interest and rents from investments	(93,368)	(3,409)
Decrease/(Increase) in trade and other receivables	17,467	(13,435)
Decrease in trade and other payables	(14,387)	(18,312)
Net cash (used in)/provided by operating activities	<u>(68,916)</u>	<u>27,055</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	93,368	3,409
Net cash from/(used in) investing activities	<u>93,368</u>	<u>(39,741)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase/(decrease) in cash and cash equivalents	24,452	(12,686)
Cash and cash equivalents at the beginning of the year	17,664	30,350
Cash and cash equivalents at the end of the year	<u>42,116</u>	<u>17,664</u>
Components of cash and cash equivalents		
Cash and bank balances	43,346	17,664
Bank overdrafts	(1,230)	-
	<u>42,116</u>	<u>17,664</u>

for the year ended 31 August 2020

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2019 £	Total funds 2019 £
Income and endowments from:		
Donations and legacies	80	80
Charitable activities	497,606	497,606
Other	3,409	3,409
Total	<u>501,095</u>	<u>501,095</u>
Expenditure on:		
Charitable activities	91,442	91,442
Other	377,926	377,926
Total	<u>469,368</u>	<u>469,368</u>
Net income	<u>31,727</u>	<u>31,727</u>
Transfers between funds	21,618	21,618
Net income before other gains/(losses)	<u>53,345</u>	<u>53,345</u>
Other gains and losses:		
Net movement in funds	<u>53,345</u>	<u>53,345</u>
Reconciliation of funds:		
Total funds brought forward	3,189	3,189
Total funds carried forward	<u><u>56,534</u></u>	<u><u>56,534</u></u>

4 Income from donations and legacies

Unrestricted	Total 2020	Total 2019
£	£	£
1,055	1,055	80
<u>1,055</u>	<u>1,055</u>	<u>80</u>

5 Income from charitable activities

Unrestricted	Total 2020	Total 2019
£	£	£
52,212	52,212	103,935
94,381	94,381	53,645
86,350	86,350	144,050
187,895	187,895	195,976
<u>420,838</u>	<u>420,838</u>	<u>497,606</u>

6 Other income

	Unrestricted	Restricted	Total 2020	Total 2019
	£	£	£	£
	8,841	-	8,841	3,134
	7	-	7	275
	62,160	2,582	64,742	-
	19,778	-	19,778	-
	<u>90,786</u>	<u>2,582</u>	<u>93,368</u>	<u>3,409</u>

7 Expenditure on charitable activities

	Unrestricted	Total 2020	Total 2019
	£	£	£
<i>Expenditure on charitable activities</i>			
	15,553	15,553	10,324
	290,628	290,628	50,473
	8,326	8,326	21,269
	6,682	6,682	9,376
<i>Governance costs</i>			
	<u>321,189</u>	<u>321,189</u>	<u>91,442</u>

8 Other expenditure

	Unrestricted	Total 2020	Total 2019
	£	£	£
Employee costs	130,219	130,219	319,176
Motor and travel costs	4,654	4,654	3,122
Premises costs	7,809	7,809	5,073
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	9,404	9,404	8,866
General administrative costs	22,350	22,350	30,841
Legal and professional costs	7,668	7,668	10,848
	<u>182,104</u>	<u>182,104</u>	<u>377,926</u>

9 Net income before transfers

	2020	2019
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	9,404	8,866

10 Trustee remuneration and expenses

	2020 Number	2019 Number
The nature of the reimbursed expenses	Trustees received no remuneration or other benefits during the period, and there were no Trustees' expenses paid	

11 Staff costs

Salaries and wages	88,746	248,009
Social security costs	26,600	54,852
Pension costs	12,837	10,925
	<u>128,183</u>	<u>313,786</u>

No employee received emoluments in excess of £60,000.

12 Intangible fixed assets

	Develop-ment costs £	Total £
Cost		
At 1 September 2019	7,500	7,500
At 31 August 2020	<u>7,500</u>	<u>7,500</u>
Amortisation and impairment		
At 1 September 2019	7,500	7,500
At 31 August 2020	<u>7,500</u>	<u>7,500</u>
Net book values		
At 31 August 2020	<u>-</u>	<u>-</u>
At 31 August 2019	<u>-</u>	<u>-</u>

13 Tangible fixed assets

	£	£	£	£
Cost or revaluation				
At 1 September 2019	3,871	21,192	21,958	47,021
At 31 August 2020	<u>3,871</u>	<u>21,192</u>	<u>21,958</u>	<u>47,021</u>
Depreciation and impairment				
At 1 September 2019	1,097	3,700	4,392	9,189
Depreciation charge for the year	774	4,238	4,392	9,404
At 31 August 2020	<u>1,871</u>	<u>7,938</u>	<u>8,784</u>	<u>18,593</u>
Net book values				
At 31 August 2020	<u>2,000</u>	<u>13,254</u>	<u>13,174</u>	<u>28,428</u>
At 31 August 2019	<u>2,774</u>	<u>17,492</u>	<u>17,566</u>	<u>37,832</u>

14 Debtors

	2020	2019
	£	£
Trade debtors	10,756	15,180
Other debtors	1,125	1,125
Prepayments and accrued income	-	13,043
	<u>11,881</u>	<u>29,348</u>

15 Creditors:
amounts falling due within one year

	2020	2019
	£	£
Bank loans and overdrafts	1,230	-
Trade creditors	43	11,066
Accruals and deferred income	13,880	17,244
	<u>15,153</u>	<u>28,310</u>

16 Movement in funds

	At 1 September 2019	Incoming resources (including other gains/losses) £	Resources expended £	At 31 August 2020 £
Restricted funds:				
Restricted income funds:	-	2,582	-	2,582
<i>Total</i>	<u>-</u>	<u>2,582</u>	<u>-</u>	<u>2,582</u>
Unrestricted funds:				
General funds	56,534	512,679	(503,293)	65,920
Revaluation Reserves:				
Total funds	<u>56,534</u>	<u>515,261</u>	<u>(503,293)</u>	<u>68,502</u>

17 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fixed assets	28,428	-	28,428
Net current assets	38,722	1,352	40,074
	<u>67,150</u>	<u>1,352</u>	<u>68,502</u>

18 Reconciliation of net debt

	At 1 September 2019 £	Cash flows £	New HP/Finance leases £	At 31 August 2020 £
Cash and cash equivalents	17,664	25,682		43,346
	<u>17,664</u>	<u>25,682</u>	-	<u>43,346</u>
Net debt	<u>17,664</u>	<u>25,682</u>	-	<u>43,346</u>

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2020 Land and buildings £	2020 Other £	2019 Land and buildings £	2019 Other £
Operating leases with expiry date:				

Pension commitments

	2020 £	2019 £
The pension cost charge to the company amounted to:	<u>12,837</u>	<u>10,925</u>

20 Related party disclosures

Controlling party

Move More CIO
Detailed Statement of Financial Activities
for the year ended 31 August 2020

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income and endowments from:				
Donations and legacies	1,055	-	1,055	80
	<u>1,055</u>	<u>-</u>	<u>1,055</u>	<u>80</u>
Charitable activities				
	52,212	-	52,212	103,935
	94,381	-	94,381	53,645
	86,350	-	86,350	144,050
	187,895	-	187,895	195,976
	<u>420,838</u>	<u>-</u>	<u>420,838</u>	<u>497,606</u>
Other				
	8,841	-	8,841	3,134
	7	-	7	275
	62,160	2,582	64,742	-
	19,778	-	19,778	-
	<u>90,786</u>	<u>2,582</u>	<u>93,368</u>	<u>3,409</u>
Total income and endowments	512,679	2,582	515,261	501,095
Expenditure on:				
Charitable activities				
	15,553	-	15,553	10,324
	290,628	-	290,628	50,473
	8,326	-	8,326	21,269
	6,682	-	6,682	9,376
	<u>321,189</u>	<u>-</u>	<u>321,189</u>	<u>91,442</u>
Total of expenditure on charitable activities	321,189	-	321,189	91,442
Employee costs				
Salaries/wages	88,746	-	88,746	248,009
Employer's NIC	26,600	-	26,600	54,852
Pension costs	12,837	-	12,837	10,925
Staff entertainment	-	-	-	100
Staff recruitment	27	-	27	-
Staff training	2,009	-	2,009	5,290
	<u>130,219</u>	<u>-</u>	<u>130,219</u>	<u>319,176</u>
Motor and travel costs				
Vehicles - General costs	3,591	-	3,591	2,800
Travel and subsistence	1,063	-	1,063	322
	<u>4,654</u>	<u>-</u>	<u>4,654</u>	<u>3,122</u>
Premises costs				

Move More CIO

Detailed Statement of Financial Activities

Rent	7,307	-	7,307	5,068
Premises repairs and maintenance	502	-	502	5
	<u>7,809</u>	<u>-</u>	<u>7,809</u>	<u>5,073</u>
General administrative costs, including depreciation and amortisation				
Depreciation of	774	-	774	774
Depreciation of	4,238	-	4,238	3,700
Depreciation of	4,392	-	4,392	4,392
Bank charges	245	-	245	24
Equipment leasing and hire charges	1,410	-	1,410	1,303
General insurances	7,410	-	7,410	6,497
Information and publications	370	-	370	15,610
Postage and couriers	115	-	115	45
Software, IT support and related costs	3,144	-	3,144	1,165
Stationery and printing	5,129	-	5,129	2,444
Subscriptions	35	-	35	399
Sundry expenses	918	-	918	587
Telephone, fax and broadband	3,574	-	3,574	2,767
	<u>31,754</u>	<u>-</u>	<u>31,754</u>	<u>39,707</u>
Legal and professional costs				
Accountancy and bookkeeping	7,668	-	7,668	6,910
Consultancy fees	-	-	-	1,276
Other legal and professional costs	-	-	-	2,662
	<u>7,668</u>	<u>-</u>	<u>7,668</u>	<u>10,848</u>
Total of expenditure of other costs	<u>182,104</u>	<u>-</u>	<u>182,104</u>	<u>377,926</u>
Total expenditure	503,293	-	503,293	469,368
Net gains on investments	-	-	-	-
Net income	9,386	2,582	11,968	31,727
Transfers between funds	-	-	-	21,618
Net income before other gains/(losses)	<u>9,386</u>	<u>2,582</u>	<u>11,968</u>	<u>53,345</u>
Other Gains	-	-	-	-
Net movement in funds	<u>9,386</u>	<u>2,582</u>	<u>11,968</u>	<u>53,345</u>
Reconciliation of funds:				
Total funds brought forward	56,534	-	56,534	3,189
Total funds carried forward	<u>65,920</u>	<u>2,582</u>	<u>68,502</u>	<u>56,534</u>