

AGM 2025

Chairman's Report

As Christmas 2024 and the new year celebrations slip away, I am sure we all look back to the many worthwhile activities that continue to define our group. During my first year as chairman, I was struck by what commitment, dedication and a clear sense of purpose could achieve in injecting fulfilment and happiness into the lives of so many. This has continued and grown during the current year and the sense of optimism and purpose in the range of activities and services for which we have a measure of responsibility has expanded. As I write this report, I must again pay tribute to the many people, both the trustees and the many helpers and supporters on whom we depend and on whom the group thrives. In this regard, I want to pay tribute to Nigel Edwards, much loved by members of this group and by the wider community for his generosity of spirit. He is much missed and I am only grateful to have been able to attend an HLG coffee morning in the early part of the year at Cross Gate. As always, Nigel was a cheerful and welcoming host. He represented the cohesiveness and profound support have been essential in the success of our group's mission.

Eddy Stephenson continues to be central to the group's success and is perhaps its most recognisable figure within our organisation; we continue to be indebted to him for his continuing oversight, his approachability and his instinct for sound decision making. He continues in his role as vice-charman. I should also like to express my gratitude to our secretary and treasurer, Ann Meyrick and Nicola Cooper whose efficient and timely reports have ensured that meetings run smoothly and efficiently and that we have well managed accounts that enables the funds with which we are charged to be used effectively. They, and the other members of the committee - together with the group's trustees -have demonstrated how fortunate the community has been to have at its disposal a group that has consistently worked together and for the stability that characterises the heart of the group.

Last year I referred to the trust's efforts and achievements as acknowledged by the 'Giving is Great' website which provided the following updated commentary during the last year. The GivingisGreat.org website is provided by The EQ (emotional quotient) Foundation, an independent non-profit organisation that is transforming giving. It drew attention to the HLG's success in attracting members relative to the size of the organisation and the community it serves without incurring any recent shortfall in income. The website also commented favourably on income derived from grant providers, including the government. Finally, it noted that the board itself comprised significant diversity in terms of its gender and spectrum of composition. All this was known in last year's report and the website has not been updated in recent months. However, experience of events, activities and variety of personnel suggest that the happy situation that was obtained in 2024 has been sustained. The website is easy to track down and those interested can access its recent or future comments.

The outstanding work in Carewatch (Sylvie Lockhart) and Memory Cafe (Richard Moore) continues as autonomous sections within the HLG. Their purpose in assisting people suffering varying degrees of isolation or who find it difficult to communicate or make

choices. We are continually indebted to those who organise and help run their activities that contribute so effectively to the sense of purpose that people feel who benefit from participating in their activities. The work of Singing for Memory organised by Lis and Finella has enjoyed some spectacular recent successes, including visits to concerts which have been much enjoyed, and the acquisition of equipment (such as a keyboard), together with the hire of buses to transport members to theatres. The organisers of these important areas of work not only have the sense that what they are doing is important but there is evidence that individuals have enjoyed and been enriched by the variety of what is available.

I should like to reiterate our continued thanks to Eddy, and to John and Sue Stevenson, for the installation and maintenance of defibrillators throughout our community and for the success in being able to support the work of the parish council. Members will already have noted the £500 made over to the parish council. The number of installations continues to exceed initial hopes and expectations.

During the last year, the work of rebuilding and strengthening individual and group networks within the village has continued and many of us will know of approaches made and individuals who have benefitted from the warmth, cheer and sensitivity of increased human contact with a normality having been resumed following the years dogged by Covid. The matter of local isolation is clearly an intermittent issue and can defy detection and the discreet work of individuals becomes a central tool in ensuring that help and solace is available. The many who are involved with transporting members of the community to and from hospitals are in many ways the unsung heroes of our community and play a part in this social healing process.

In summary, I hope that all volunteers and those who help in the great and small ways within our organisation will feel that at least part of this report touches on their own contribution and that they are appreciated. May this be the case in our continued efforts to enhance the experiences of all our residents throughout 2025

Alun Williams

Chairman – Bishopsteignton Healthy Living Group

CONFIDENTIAL  
Income and Expenditure Account  
for the year ended November 2024

Income	2024		2023	
	Out	In	Out	In
Donations and income		✓ 4024.77		✓ 7258.82
<b>Expenditure</b>				
Methodist church	-108.00		-126.00	
Stationery etc	-175.24		-260.19	
Fees	-721.83		-339.60	
Defib maintenance	-889.90		-190.76	
Virtual demential tour tranning	-1188.00		0.00	
Pavilions Teignmouth show tickets for SFM	-790.42	✓ -3873.39	-420.50	-1337.05
Surplus of income over expenditure		151.38		5921.77
<b>Balance sheet as at 30 November 2023</b>				
Assets				
Cash at bank		8517.61		8366.23

**Represented by**

Bishopsteignton Healthy Living Group CIO No. 1175894 General Fund  
Balance b/fwd as at 1st December 2023  
Surplus of income on expenditure for year

8366.23  
151.38  
8517.61

**Approved**

Signed:  
Chairman

*[Signature]*

Signed:  
Treasurer

*[Signature]*

**Report to the Trustees of Bishopsteignton Healthy Living Group CIO**

In accordance with your instructions I have audited the above income and expenditure for the period from 1st December 2023 to 30th November 2024 together with the balance sheet as at 30th November 2023 from the books and vouchers presented to me. I hereby certify the above financial statements to be in accordance therewith.

Signed

*[Signature]*  
PETER HARTLEY

F.C.A.

Date

*[Signature]*