

# BISHOPSTEIGNTON HEALTHY LIVING GROUP CIO

England & Wales · Charity number 1175894

## Details

---

Other names	BISHOPSTEIGNTON HEALTH AND WELLBEING GROUP, BISHOPSTEIGNTON HEALTHY LIVING GROUP
Status	Registered
Legal form	CIO
Registered	2017-11-23
Register	<a href="#">View on the Charity Commission register</a>

## Contact

---

Address Little Acre  
Teign Close  
Bishopsteignton  
Teignmouth  
Devon  
TQ14 9SB

Phone 01626775234

Email [eddystephenson@gmail.com](mailto:eddystephenson@gmail.com)

## Activities

---

**Objects:** THE PRESERVATION AND PROTECTION OF GOOD HEALTH FOR THE PUBLIC BENEFIT IN BISHOPSTEIGNTON, DEVON IN PARTICULAR BUT NOT EXCLUSIVELY BY:A) PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES AND EQUIPMENT NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIESB) PROVIDING AND ASSISTING IN THE PROVISION OF A RANGE OF HEALTH RELATED ACTIVITIESC) PROVIDING AND ASSISTING IN THE PROVISION OF TRAINING IN CPR AND THE USE OF DEFIBRILLATORSD) RAISING AWARENESS OF LOCAL COMMUNITY HEALTH SERVICES

**Activities:** The support and instigation of facilities that enable Village residents to improve their health and general well being. These include a Memory Cafe, Care Watch facility, Installation and maintenance of Defibrillators, Trim Trail Development, development of a Dementia Friendly Environment

## Classification

- **How:** Provides Buildings/facilities/open Space, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

## Geography

- Devon

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£4,025	£3,873	-	-
2023-11-30	£7,259	£1,337	-	-
2022-11-30	£2,997	£2,444	-	-
2021-11-30	£3,184	£2,717	-	-
2020-11-30	£365	£268	-	-

## Trustees

Name	Role	Appointed
<b>Dr Alun Frederick Williams</b>	Chair	2023-01-18
Ann Gillian Meyrick		2022-01-19
Dr ARL ALLSOP		2017-02-21
EDWARD JOHN STEPHENSON		2017-11-21
Finella Ruth Whitehorn		2022-03-09
Nicola Jane Cooper		2022-12-01

**BISHOPSTEIGNTON HEALTHY LIVING GROUP CIO**

England & Wales - Charity number 1175894

---

# Accounts

---

AGM 2025

Chairman's Report

As Christmas 2024 and the new year celebrations slip away, I am sure we all look back to the many worthwhile activities that continue to define our group. During my first year as chairman, I was struck by what commitment, dedication and a clear sense of purpose could achieve in injecting fulfilment and happiness into the lives of so many. This has continued and grown during the current year and the sense of optimism and purpose in the range of activities and services for which we have a measure of responsibility has expanded. As I write this report, I must again pay tribute to the many people, both the trustees and the many helpers and supporters on whom we depend and on whom the group thrives. In this regard, I want to pay tribute to Nigel Edwards, much loved by members of this group and by the wider community for his generosity of spirit. He is much missed and I am only grateful to have been able to attend an HLG coffee morning in the early part of the year at Cross Gate. As always, Nigel was a cheerful and welcoming host. He represented the cohesiveness and profound support have been essential in the success of our group's mission.

Eddy Stephenson continues to be central to the group's success and is perhaps its most recognisable figure within our organisation; we continue to be indebted to him for his continuing oversight, his approachability and his instinct for sound decision making. He continues in his role as vice-charman. I should also like to express my gratitude to our secretary and treasurer, Ann Meyrick and Nicola Cooper whose efficient and timely reports have ensured that meetings run smoothly and efficiently and that we have well managed accounts that enables the funds with which we are charged to be used effectively. They, and the other members of the committee - together with the group's trustees -have demonstrated how fortunate the community has been to have at its disposal a group that has consistently worked together and for the stability that characterises the heart of the group.

Last year I referred to the trust's efforts and achievements as acknowledged by the 'Giving is Great' website which provided the following updated commentary during the last year. The GivingisGreat.org website is provided by The EQ (emotional quotient) Foundation, an independent non-profit organisation that is transforming giving. It drew attention to the HLG's success in attracting members relative to the size of the organisation and the community it serves without incurring any recent shortfall in income. The website also commented favourably on income derived from grant providers, including the government. Finally, it noted that the board itself comprised significant diversity in terms of its gender and spectrum of composition. All this was known in last year's report and the website has not been updated in recent months. However, experience of events, activities and variety of personnel suggest that the happy situation that was obtained in 2024 has been sustained. The website is easy to track down and those interested can access its recent or future comments.

The outstanding work in Carewatch (Sylvie Lockhart) and Memory Cafe (Richard Moore) continues as autonomous sections within the HLG. Their purpose in assisting people suffering varying degrees of isolation or who find it difficult to communicate or make

choices. We are continually indebted to those who organise and help run their activities that contribute so effectively to the sense of purpose that people feel who benefit from participating in their activities. The work of Singing for Memory organised by Lis and Finella has enjoyed some spectacular recent successes, including visits to concerts which have been much enjoyed, and the acquisition of equipment (such as a keyboard), together with the hire of buses to transport members to theatres. The organisers of these important areas of work not only have the sense that what they are doing is important but there is evidence that individuals have enjoyed and been enriched by the variety of what is available.

I should like to reiterate our continued thanks to Eddy, and to John and Sue Stevenson, for the installation and maintenance of defibrillators throughout our community and for the success in being able to support the work of the parish council. Members will already have noted the £500 made over to the parish council. The number of installations continues to exceed initial hopes and expectations.

During the last year, the work of rebuilding and strengthening individual and group networks within the village has continued and many of us will know of approaches made and individuals who have benefitted from the warmth, cheer and sensitivity of increased human contact with a normality having been resumed following the years dogged by Covid. The matter of local isolation is clearly an intermittent issue and can defy detection and the discreet work of individuals becomes a central tool in ensuring that help and solace is available. The many who are involved with transporting members of the community to and from hospitals are in many ways the unsung heroes of our community and play a part in this social healing process.

In summary, I hope that all volunteers and those who help in the great and small ways within our organisation will feel that at least part of this report touches on their own contribution and that they are appreciated. May this be the case in our continued efforts to enhance the experiences of all our residents throughout 2025

Alun Williams

Chairman – Bishopsteignton Healthy Living Group

CONFIDENTIAL  
**Income and Expenditure Account**  
**for the year ended November 2024**

Income	2024		2023	
	Out	In	Out	In
Donations and income		✓ 4024.77		✓ 7258.82
<b>Expenditure</b>				
Methodist church	-108.00		-126.00	
Stationery etc	-175.24		-260.19	
Fees	-721.83		-339.60	
Defib maintenance	-889.90		-190.76	
Virtual demential tour traning	-1188.00		0.00	
Pavilions Teignmouth show tickets for SFM	-790.42	✓ -3873.39	-420.50	-1337.05
Surplus of income over expenditure		151.38	-5921.77	5921.77

**Balance sheet as at 30 November 2023**

Assets		
Cash at bank	8517.61	8366.23

**Represented by**

Bishopsteignton Healthy Living Group CIO No. 1175894 General Fund

Balance b/fwd as at 1st December 2023

Surplus of income on expenditure for year

✓ 8366.23
151.38
8517.61

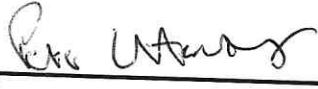
**Approved**

Signed:   
 Chairman

Signed:   
 Treasurer

**Report to the Trustees of Bishopsteignton Healthy Living Group CIO**

In accordance with your instructions I have audited the above income and expenditure for the period from 1st December 2023 to 30th November 2024 together with the balance sheet as at 30th November 2023 from the books and vouchers presented to me. I hereby certify the above financial statements to be in accordance therewith.

Signed  F.C.A.  
 PETER HARTLEY

11/12/24  
 Date

**BISHOPSTEIGNTON HEALTHY LIVING GROUP CIO**

England & Wales - Charity number 1175894

---

# Accounts

---

## Chairman`s Report

I have now completed my first year as chairman of the Bishopsteignton HLG. Much continues to be achieved and there is a sense of optimism and purpose in the range of activities and services for which we have a measure of responsibility. As I write this report, I am conscious of the many people who have enabled my period as chairman to have been so straightforward and pleasant. As some of you will know, I have been involved with the HLG since its inception in 2009, though in those distant times it was referred to as the surgery group and had a more restricted remit.

My predecessor, Eddy Stephenson, has guided us during the last decade when the group has developed and become the inclusive and expanding umbrella organisation that it is today. Eddy has earned the respect of the whole community for his sound advice and wise counsel. His leadership style demonstrates the enviable combination of relaxed good humour and a firm grip on the direction and vision of the group: purpose, practicality and probity you might say, and always with a ready smile and the ability to persuade. He remains a key figure within the group and kindly agreed to continue as vice-chairman of the committee during 2023-24. I should also like to thank our secretary, Ann Meyrick, whose efficient and timely reports have ensured that meetings run smoothly and effectively and to Nicola Cooper for taking over and coping with the demands of HLG treasurer so seamlessly and with such commitment. But I must also thank the many other members of the committee, as well as the group's trustees, for their separate and collective contributions during the year. The trust's efforts and achievements have been acknowledged by the 'Giving is Great' which provided the following updated commentary during the last year:

- This charity has been very successful in attracting volunteers relative to its size.
- There have been no income shortfalls in recent years.
- A significant proportion of recent income was derived from major grant makers including the local Government.
- The Board appears to be well diversified in terms of gender and dynamic in terms of composition.

Aristotle is thought to have coined the phrase, "The whole is greater than the sum of its parts" and this certainly describes the way the Healthy Living Group has been enriched by its component parts. It adds coherence and a sense of shared purpose to the ways in which they operate and contribute to the group. Carewatch and the monthly Memory Cafe continue as integral and autonomous sections within the HLG. Their purpose is to assist people suffering varying degrees of isolation or who find it hard to communicate or make choices. We are very indebted to those who organise and help run their activities that contribute so effectively to the sense of purpose that people feel and who benefit from participating in their activities. An important adjunct to this is the organisation of Singing for Memory organised by Lis and Finella and this group has enjoyed some spectacular recent successes, including the recent *Christmas Memories* trip.

Again, I should, on behalf of the trust, like to express our continued thanks to Eddy, and increasingly also to John and Sue Stevenson, for their work in maintaining defibrillators throughout the village. This began with a single defibrillator sited at the Village Hall to the growing number across the community. The number of installations is exceptional for a village of this size.

The above comments are from a very limited – or at least, short – perspective and there is much more that will be contained and elaborated upon in other reports, but the developments outlined in Eddy's report to the 2023 AGM have been taken forward as the trust and community have finally (we hope!) emerged from the imposition of the straitjacket of Covid. I should like to refer to one area that has been of particular interest and that is the often invisible issue of social isolation. This was particularly an issue during the Covid years when people often felt deprived of company and

support. During 2023, the process of rebuilding individual and group networks within the village, and many of us will know of approaches made and individuals who have felt the warmth and cheer of increased human contact, yet this remains what is perhaps the most difficult issue to resolve. We need to remember that the issue of local detachment is not limited to a single age group and that there are complex causes that can leave people feeling marginalised. Those involved with transporting members of the community to and from hospitals can unwittingly play a part in this social healing process, though occasionally more specific intervention is required. There is a fine line between being obtrusive and providing friendship and support.

I should like to close my report by thanking all those unnamed supporters and volunteers whose unsung contributions have helped to make the organisation so effective and empathetic. Those who attend our quarterly committee meetings or who are regularly engaged with the work of the trust and those groups within its aegis are already aware of the debt of thanks that they are owed. But I also wish to draw attention to those whose contribution may be quieter and less obvious but whose efforts are integral to the effectiveness of the group.

I have been honoured to chair the group during the past year and look forward to the many ways that we may be able to serve the community in 2024.

**Income and Expenditure Account  
for the year ended November 2023**

	2023		2022	
Income	Out	In	Out	In
Donations		7258.82		2996.00
 <b>Expenditure</b>				
Methodist church	-126.00		144.00	
Stationery etc	-260.19		242.00	
Fees	-339.60		1243.00	
Defib maintenance	-190.76		2313.00	
Pavilions Teignmouth show tickets for SFM	-420.50	-1337.05	0.00	3942.00
Surplus of income over expenditure		5921.77		-946.00

**Balance sheet as at 30 November 2022**

Assets		
Cash at bank	8366.23	2444.46

**Represented by**

Bishopsteignton Healthy Living Group CIO No. 1175894 General Fund

Balance b/fwd as at 1st December 2022

2444.46

Surplus of income on expenditure for year

5921.77

8366.23

**Approved**

Signed: 

Chairman

Signed: 

Treasurer

**Report to the Trustees of Bishopsteignton Healthy Living Group CIO**

In accordance with your instructions I have audited the above income and expenditure for the period from 1st December 2022 to 30th November 2023 together with the balance sheet as at 30th November 2022 from the books and vouchers presented to me. I hereby certify the above financial statements to be in accordance therewith.

Signed 

Date 5/1/24

**BISHOPSTEIGNTON HEALTHY LIVING GROUP CIO**

England & Wales - Charity number 1175894

---

# Accounts

---

## **Bishopsteignton Healthy Living Group. Chairman's Report for 2023 AGM**

Welcome back to a 'face to face' AGM. As we, hopefully, emerge from the shadows of the pandemic not only is it an opportunity to look back at our year ending November 2022 but to look forward to resurrecting some of our thoughts and plans that have sat on the back-burner for some three years.

As this will be my final Chairman's report maybe you will allow me to scan through the years and just touch on things this group has achieved alongside more recent aspects.

Way back in 2009 when it was announced that our surgery was to close, a small group, known as the Surgery Committee was instigated to investigate where and how a Doctors' facility could be retained in the village. After much research, false dawns, abuse and angst the opportunity to site the surgery in the Methodist Church Hall was proposed and accepted, with some encouragement from Teignbridge District Council. The Surgery Committee then morphed into Healthy Living Group (HLG) which developed the proposal with Channel View and NHS. In 2015 after a tiring five year the surgery opened to wide approval from both the village and medical people. Probably the most important achievement of this volunteer group to date.

Memory Cafe and Carewatch soon opened as integral autonomous sections of HLG targeting the socially isolated and vulnerable folk of Bishopsteignton. Both organisations have gone from strength to strength under successive managers to become much loved and respected units. Their reports will outline how they have moved onward in the last twelve months. I salute Lis Durham who has take Carewatch to a level that no-one could have foreseen. Although she has stepped back from organising she leaves a highly organised legacy for other to take forward. Richard & Nikki have successfully filled the gap left by Mary's move to Wales. Thank you both for a job well done.

Very much linked to the participants in these activities is Singing for Memory where Lis and Finella have attracted a full house of folk enjoying a couple of vocal hours each month.

Back in 2017 we enjoyed a visit from *Norms McNamara* who originated Purple Angel, to awaken peoples' awareness of Dementia. A well attended meeting inspired interest that enabled the thoughts of developing a Dementia Friendly Village to be progressed. Taking this project forward requires face to face involvement that has been impossible in recent times. I am sure Finella will be looking to move it forward in the near future.

From an initial Defibrillator sited at the Village Hall there are now seven operational units across our village with three more awaiting installation. For a village of about 2700 residents that is something to view with pride.

John & Sue Stevenson have agreed to take on the monitoring and maintenance needs of the units and will, initially, through me, keep HLG updated.

In 2019 the start of a Trim Trail began with the installation of an outdoor Table Tennis table at The Lawns.

We talked, pre-Covid, about promoting some of the already prepared organised village walks. That should be an early agenda item for 2023.

HLG has, during the pandemic, supported and worked alongside BERT, it must now emerge into its own image again and move forward with plans to progress and enhance the facilities need in Bishopsteignton that fit under the HLG umbrella,

It is time to pay tribute to some of the folk who have moved on or are stepping down from HLG during this year. Back in the summer we said farewell to Carlie as she retired from Channel View. Her contributions from the early days have been invaluable. Keith, another founder member, has decided that his health no longer supports his involvement having been the lead in establishing our Charity status. Alison has decided to step back and enjoy her new family additions, she began the Dementia Friendly Village programme. Jenny after many years as our highly valued Treasurer has retired to enjoy life in Wiltshire.

It was my intention to retire at this AGM however after several requests to remain, taking into account the number of changes, I have agreed to stay in post until our new chair is ready to take control later in the year. I have agreed to continue as deputy until the AGM 2024 when I WILL finally step back.

A huge vote of thanks is due to everyone who have made HLG what it is today before moving on. We will miss them!

I have touched on various developments that are ready for taking forward in 2023. One area that has become more apparent over the last couple of years is the level of Social Isolation that exists in our village. We discussed, again pre-Covid, how this could be addressed by finding space for “Men in Sheds” and an equivalent Women focussed option. Another project for early action as 2023 opens.

We have an excellent MUGA at The Lawns, perhaps we could look at Walking Football or similar that could be open to everyone. I am told it can provide excellent exercise without excessive energy being used.

2023 provides a golden opportunity to move out of the shadows of Covid and take our village forward for all.

It would be incorrect to close this report without thanking everyone for their huge support throughout 2022. I hesitate to mention names, at the risk that someone is missed, however I am going to cite Elaine who gives everything to all she gets involved, and Ann our Secretary who has been a much appreciated ‘sounding board’ since she took on the role.

It has been my privilege to chair this group for the last ten years, thank you again everyone, let’s make 2023 a year to celebrate for the right reasons!

*Eddy*

E.J.Stephenson  
Chairman – Bishopsteignton Healthy Living Group  
Registered Charity (CIO) No. 1175894

Bishopsteignton Healthy Living Group  
Income and Expenditure Account  
For year ended 30th November 2022

	<u>2,022</u>		<u>2,021</u>
<u>Income</u>			
Donations	2996		3184
 <u>Expenditure</u>			
Methodist Church	144		120
Stationery etc	242		326
Fees inc Insurance	1,243		676
Defib Purchase and Maintenance	2,313	3942	1595
Deficit of Income over Expenditure	<u>-946</u>	<u>2,717</u>	<u>467</u>

Balance Sheet as at 30 November 2022

<u>Assets</u>			
Cash at Bank	<u>2444</u>		<u>3390</u>


Represented by

Bishopsteignton Bishop Healthy Living Group CIO  
No. 1175894 General Fund

Balance B/Fwd as at 1st December 2021	3390
Deficit on Expenditure over Income	-946
	<u>2444</u>

Approved

Signed



Chairman

8/1/2023

Signed



Treasurer

06/01/23

Report to the Trustees of Bishopsteignton Healthy Living Group CIO

In accordance with your instructions I have audited the above Income and Expenditure for the year ended, from 1st December 2021 to 30th November 2022 together with the Balance Sheet as at 30th November 2022 from the books and vouchers presented to me. I hereby certify the above financial statements to be in accordance therewith.

Signed



M W Pester FCCA

Date

9-1-23

**BISHOPSTEIGNTON HEALTHY LIVING GROUP CIO**

England & Wales - Charity number 1175894

---

# Accounts

---

## **Bishopsteignton Healthy Living Group Chairmans Report for year ending 30 November 2021.**

It's been a 'long' two years since we last met at an AGM. Soon after our last one in 2020 the Pandemic became a reality in the UK resulting in a cessation of much of the HLG activity.

HLG activities throughout have been recorded in the Meeting Minutes which are available on the village website. This report will therefore attempt to highlight only specific areas.

Bishopsteignton Emergency Resilience Team (BERT) took the lead role in identifying potentially vulnerable villagers, at the outset of Covid 19, and looking after their needs, some of our HLG volunteers participated in those activities.

Most organisations in our village closed for the duration with one or two maintaining a skeleton operation.

### **Bishopsteignton Care Watch.**

As the world at large started to come to terms with a new style of life, BERT began to wind down its activities. The pandemic continued but could no longer be defined as an Emergency.

Carewatch, under the management of Lis Durham, expanded actions to address the areas where BERT had stepped back working alongside the folk already being helped.

Jacqueline Pester, who had taken Carewatch forward had handed over to Lis in October 2020.

Lis has taken Carewatch to a new high level in every respect. New volunteers have taken on various roles, including Befriending, following successful training. All volunteers interacting with folk are now DBS cleared.

I will take this opportunity to record my sincere appreciation, and that of many others in the village, for the superb job that Lis has made of her role.

### **Defibrillators.**

There are now six operational AEDs (Automatic External Defibrillators) within our village envelope. With one exception all are registered with "*The Circuit*" which has replaced the S.W Ambulance records. 999 calls that may require an AED are answered by operatives with full access to "*The Circuit*".

For a village of our size this is an excellent situation however there are areas not sufficiently covered, provision for these is being addressed as promptly as possible.

At the same time as acquiring new AEDs we are having to replace older equipment that has either deteriorated or time expired. HLG is extremely grateful to everyone who has contributed to provide funding for this essential maintenance.

Each upgrade or installation of a cabinet requires professional help. I would like to pay a very special tribute to Russell Edwards who has been an incredible

support in this work. Giving a substantial amount of his time, all free of charge!

Our Parish Clerk has also been a great support in assisting us in the purchase of equipment at preferential rates.

### **Memory Cafe**

After the necessary close down due to the Pandemic the Memory Cafe has restarted with its usual enthusiasm.

### **Trim Trail**

Not a lot of activity although there are embryo plans for some village walks to be revived in the Spring.

The Table Tennis at The Lawns received good use during Lockdown.

### **Dementia Friendly Village**

Progress on this has been seriously affected by the effects of the pandemic. I know Finella wants to get things moving as soon as practicable.

### **Finance**

Although Jenny has moved away from our village she has remained as our Treasurer, from a distance, maintaining her usual high standard of service. Money turnover has been higher thanks to some generous donations and expenditure on among other things, defibrillators.

I mentioned Memory Cafe a few lines back. This massive asset to our village has been led from the outset by Mary Hampson. Sadly for us Mary is in the throes of moving to Wales to be closer to her family. We will miss her not only for Memory Cafe but as an excellent HLG secretary. With heartfelt thanks from me and many others we wish her and Howard many happy years with Kate and the children.

Before closing this report I am going to take a few moments to review some of our history.

It seems like decades that a small group met at the Community Centre as "*The Surgery Group*". Tasked to locate a suitable venue for a Doctors' Surgery as the present site was to be closed. That exercise took almost five years of looking at various options, overcoming objections until we eventually reached a result that we are all gratefully aware of.

At that point The Surgery Group morphed into The Healthy Living Group later to become a Registered (CIO) Charity

There are various initiatives that Bishopsteignton Healthy Living Group can hold itself responsible for, a few samples to revive the memories are below.

Someone read about a Health-Watch scheme that had started in Ilfracombe. Details were obtained and our Carewatch was born.

Alongside Memory Cafe, Singing for Memory was introduced with fascinating results. The pandemic regrettably caused a halt to that one. I know many of the Memory Cafe attendees were/are grateful for the regular phone calls during the lock downs.

There have now been courses of what was billed as Gentle Exercise attended by, usually, about a dozen folk on a Friday morning. Having participated in one session I queried the word "Gentle" at times but people kept coming back for more. Thanks to Elaine's incredible fund-raising skills there was no costs to HLG.

The previously mentioned Table Tennis at The Lawns was a joint venture between HLG and the Parish Council.

A few years ago we had a visit from "Norms" who had been diagnosed with Alzheimers in his forties, he originated the "Purple Angel".  
For our village the plan for a Dementia Friendly Society emerged.

It has been my priviledge to chair this group for the last nine or ten years, as I have said before we exist for the enhancement of life in Bishopsteignton, no hidden agendas, just pure friendship, endeavour and goodwill from and to the people of Bishopsteignton.

Thank you for your massive support throughout the difficult days and the good times.  
As an old slogan used to say "We are getting there"

Eddy

E.J.Stephenson  
Chairman – Bishopsteignton Healthy Living Group  
Registered Charity (CIO) No. 1175894

Income and Expenditure Account  
For the Year Ended 30 November 2021

	<u>2,021</u>	<u>2,020</u>
<u>Income</u>		
Donations	3184	365
 <u>Expenditure</u>		
Methodist Church	120	192
Stationery etc	326	66
Fees	676	10
Defib Maintenance	1,595	-
	<u>2,717</u>	<u>268</u>
Surplus of Income over Expenditure	<u>467</u>	<u>97</u>

Balance Sheet as at 30 November 2020

<u>Assets</u>		
Cash at Bank	<u>3390</u>	<u>2922</u>

Represented by

Bishopsteignton Bishop Healthy Living Group CIO  
No. 1175894 General Fund

Balance B/Fwd as at 1st December 2020	2923
Surplus of Income on Expenditure for year	<u>467</u>
	<u>3390</u>

Approved

Signed  29/1/22 Chairman

Signed  27/01/22 Treasurer

Report to the Trustees of Bishopsteignton Healthy Living Group CIO

In accordance with your instructions I have audited the above Income and Expenditure for the period from 1st December 2020 to 30th November 2021 together with the Balance Sheet as at 30th November 2020 from the books and vouchers presented to me. I hereby certify the above financial statements to be in accordance therewith.

Signed

 M W Pester FCCA

Date 30-1-22

**BISHOPSTEIGNTON HEALTHY LIVING GROUP CIO**

England & Wales - Charity number 1175894

---

# Accounts

---

## **Bishopsteignton Healthy Living Group Chairman's Report for 2021 AGM**

In previous AGM reports I have been able to 'cut & paste' some of the content as year has followed year with updated actions by the elements of HLG. For 2020 very little has followed the pattern!

From March to October BERT became the focal point of Village Actions and the support organisation throughout the Emergency period of the pandemic. BERT reports are available on the Parish Council website for anyone wishing to access them.

As the local definition of emergency subsided Carewatch has been reinvented to take on some of the roles that were worked by BERT volunteers.

Lis, with the back-up support of Barbara took over the role of Carewatch Co-ordinator in the autumn and I am incredibly grateful for the work and positivity she has shown in reinventing that part of HLG.

Elaine spent much of her spare time during the emergency telephoning the vulnerable and lonely that confirmed and in many cases accentuated the problems of Social Isolation in Bishopsteignton.

How we move forward is something for a future HLG meeting not the AGM.

Our thanks go to Jacqueline Pester for her service running Carewatch over the last few years.

Progress on becoming a Dementia Friendly Village has obviously been interrupted by Covid but I am sure Finella will have plans for restarting when it becomes safe to do so.

The Defibrillators around the village are checked regularly and report submitted to SWAST.

The unit at The Elizabethan is now back on an external wall with new pads fitted.

The Village Hall unit has been fitted with a new battery and pads. The cabinet has some faults but the defib. unit is fine and accessible.

The donated unit I hold may be installed at The Lawns although I have concerns over potential vandalism.

A possible donation for another unit to be installed in the Radway area is being assessed for power access.

Mary will update you on the Memory Cafe alongside her secretarial report.

Thanks to Jenny the measured walks around the village were published in The Chronicle. I know they were useful as a couple of phone calls told me the distances were incorrect! I am aware that the Table Tennis Table at The Lawns has been used during the summer and a promotion around Easter time might be useful to highlight it.

Due to the pandemic restriction the Seated Yoga/Gentle Exercise classes, so successful in 2019, could not continue despite having obtained funding to cover costs. I am in contact with Kim who is keen to restart when circumstances permit.

Publicity and recognition continue to be problem areas. Lis & Serena are working on a Facebook page but we need to promote our activities to a much higher degree. Suggestions and a volunteer to work with Serena would be welcome.

In many respects it has been a year 'on-hold' for much of HLG, however with a belief that we will emerge from these times during 2021, we must plan ahead with positivity.

With no apologies for repetition I will conclude by saying that this group holds no hidden agendas and exists for the benefit of the residents of Bishopsteignton, it must remain so.

My personal thanks and appreciation to everyone who has worked with and supported me in leading its aims in 2021. Exceptionally, this year, I would single out Elaine who has chaired BERT and been a tower of strength across our village.

Bishopsteignton Healthy Living Group CIO No.1175894  
Income and Expenditure Account  
For the Year Ended 30 November 2020

	<u>2020</u>	<u>2019</u>
<u>Income</u>		
Donations	365	2127
 <u>Expenditure</u>		
Methodist Church	192	
Stationery etc	66	
Fees	10	1140
	<u>268</u>	<u>1140</u>
Surplus of Income over Expenditure	<u>268</u>	<u>987</u>

Balance Sheet as at 30 November 2020

<u>Assets</u>		
Cash at Bank	<u>2922</u>	<u>2825</u>

Represented by

Bishopsteignton Bishop Healthy Living Group CIO

No. 1175894 General Fund

Balance B/Fwd as at 1<sup>st</sup> December 2019

2825

Surplus of Income on Expenditure  
for year

97

2922

Approved

Signed

Signed

*[Signature]*  
22/1/21

Chairman

Treasurer

*[Signature]*  
22/1/21

Report to the Trustees of Bishopsteignton Healthy Living Group CIO

In accordance with your instructions I have audited the above Income and Expenditure for the period from 30 November 2019 to 30 December 2020 together with the Balance Sheet as at 30th November 2020 from the books and vouchers presented to me. I hereby certify the above financial statements to be in accordance therewith.

Signed

*[Signature]*

M W Pester FCCA

Date 22-1-2021