



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From **01/09/2023** To **31/08/2024**

**Charity name:** Dorset Parent Infant Partnership

**Charity registration number:** 1175876

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is to preserve and protect the health and wellbeing of parents and carers and their babies and young children in Dorset and surrounding areas, for the public benefit of those who may be experiencing stress or facing problems by: a) Providing services to parents, carers and their young children b) Promoting training and research into the importance of early childhood development.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	DorPIP works with families, communities, and services to support infant mental health and wellbeing. Through psychotherapy, infant massage, and support groups, it helps parents form secure attachments with their babies. DorPIP raises awareness of early relationships, educates professionals on attachment, and ensures high-quality services through routine outcome monitoring.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have received, read and understood the guidance as issued by the Charity Commission on public benefit in the form of the May 2018 Trustee Welcome Pack, as published by the Charity Commission

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	NA

Policy on social investment including program related investment	Para 1.38	NA
Contribution made by volunteers	Para 1.38	NA
Other		NA

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The NSPCC highlights the importance of attachment theory, emphasizing the critical emotional bond between a child and their caregiver. Disruptions to this bond can lead to lasting emotional and psychological challenges that affect health, relationships, and life achievements. Recognising that many parents face unresolved trauma or generational challenges, DorPIP approaches its work with empathy. Understanding that most parents want the best for their children, DorPIP's therapeutic services focus on strengthening parent-infant relationships.</p> <p>DorPIP offers several key services:</p> <ul style="list-style-type: none"> <li>• <b>One-to-One Psychotherapy:</b> A safe space for parents to explore emotions, heal trauma, and find joy in parenting with support from highly trained therapists.</li> <li>• <b>Infant Massage Classes:</b> Attachment-focused sessions teaching parents soothing techniques to improve bonding, sleep, and relieve issues like colic.</li> <li>• <b>Little PIPs:</b> A supportive follow-on group for sharing experiences, learning about infant development, and mutual emotional support.</li> </ul>

		<ul style="list-style-type: none"> <li>• <b>Dads' and Male Carers' Group:</b> A six-week course addressing the unique challenges of fatherhood, building confidence, and encouraging support-seeking.</li> <li>• <b>Peapods:</b> A six-week online course preparing expectant and new parents emotionally and mentally for parenthood while fostering peer connections.</li> </ul> <p>In 2023, 5,679 babies were born across Bournemouth, Christchurch, Poole, and Dorset. DorPIP directly supported 293 babies, equating to 12% of births in Dorset and 5% across Dorset and BCP combined. The charity also worked with 327 parents and carers, equipping them with essential parenting skills and support during the critical first 1,001 days. Overall, DorPIP engaged with 620 individuals, including both parents and babies.</p> <p>DorPIP delivered 1,582 sessions, with 80% being first-time users and 17% accessing multiple services. DorPIP measures impact using clinically approved tools and questionnaires, with significant improvements reported:</p> <ul style="list-style-type: none"> <li>• <b>Parent Outcomes:</b> <ul style="list-style-type: none"> <li>○ 77% reported increased confidence in parenting skills.</li> <li>○ 94% reported reduced isolation.</li> <li>○ 91% reported improved relationships with their child.</li> <li>○ 90% reported improved wellbeing.</li> <li>○ 77% reported improved mood.</li> <li>○ 100% of fathers increased their knowledge of the importance of paternal mental health.</li> </ul> </li> <li>• <b>Long-Term Outcomes for Children:</b> <ul style="list-style-type: none"> <li>○ 81% of parents said their child is flourishing in settings like nursery or playgroups.</li> <li>○ 81% reported their child shows resilience after setbacks.</li> <li>○ 86% said their child makes friends easily.</li> <li>○ 100% reported a strong parent-child bond.</li> </ul> </li> </ul>
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		<ul style="list-style-type: none"> <li>• <b>Satisfaction:</b> <ul style="list-style-type: none"> <li>○ 100% of parents would recommend DorPIP services.</li> <li>○ 75% of referrers deemed DorPIP's work highly valuable to the community.</li> </ul> </li> </ul> <p>DorPIP has been proactive in advocating for babies this year, organizing the <i>Building Brighter Futures</i> conference with Bournemouth University. This event brought together key stakeholders, including MPs, local councillors, and representatives from health and early years sectors, to review a draft First 1001 Days manifesto. The manifesto received unanimous support, with over 40 participants committing to collaboration and policy advocacy.</p> <p>DorPIP also engaged with media outlets like BBC South TV and local radio to raise awareness of the importance of infant mental health. They contributed to mapping and redesigning services for the <i>Best Start in Life</i> initiative across Dorset and BCP, as well as advocating for single parents and pregnant women through the Dorset Equality, Diversity, and Inclusion reference group.</p> <p>DorPIP achieved a significant milestone in early help workforce development, with over 82 enrolments in its CPD-accredited Infant Mental Health Competency Framework courses. Feedback showed:</p> <ul style="list-style-type: none"> <li>• 91% felt equipped with the skills to work with families from a parent-infant relationship perspective.</li> <li>• 99% were satisfied with the teaching approach.</li> <li>• 97% felt confident applying their knowledge in practice.</li> </ul> <p>Participants reported a 42% improvement in skills, contributing to the development of a stronger workforce for early help services.</p> <p>Child and adolescent mental health issues in the UK cost between £11,030 and £59,130 per child annually, with the broader economic impact of mental ill-health reaching £105 billion per year. DorPIP's preventative services offer cost-effective solutions by addressing parent-infant relationships early, reducing the</p>
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		<p>long-term burden on healthcare, social care, and education systems. Evidence-based investment in the first 1,001 days can lead to substantial social and economic benefits, creating a strong foundation for children and their families.</p> <p>DorPIP's mission is to help families flourish, and the charity has made significant strides this year in supporting parents and babies across Dorset. Looking ahead, the focus is on gaining government support to expand preventative measures, ensuring more families receive the help they need during the earliest and most critical stages of life.</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>In 2023/2024, we exceeded our goal of supporting 172 families by 70%, reaching 293 families through our services.</p> <p>We successfully delivered our strategic priorities, including:</p> <ul style="list-style-type: none"> <li>• Producing an impact report with clear KPIs and client stories.</li> <li>• Expanding outreach to wider communities, piloting in new areas, and preparing for broader rollouts.</li> <li>• Strengthening collaborative partnerships to create family-centred communities and support research initiatives.</li> <li>• Maintaining efficient client management systems to streamline evaluation and reporting.</li> <li>• Enhancing visibility through targeted advertising via social media, newsletters, and PR campaigns.</li> </ul> <p>These achievements reflect our ongoing commitment to building meaningful collaborations and extending our impact across the community.</p>
	Para 1.41	<p>Our goal was to raise £250,000, and we successfully secured £229,000 through a variety of efforts. This included 22</p>

Performance of fundraising activities against objectives set		<p>successful grant applications and generous donations from 40 individuals.</p> <p>Additional funds were raised through engaging community events such as quiz nights, line dancing, and our <i>Brews, Bakes, and Bonds</i> Tea Party.</p>
Investment performance against objectives	Para 1.41	NA
Other		NA

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The board have reviewed the accounts, and the financial position is considered satisfactory.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>DorPIP holds financial reserves to ensure stability, sustainability, and the ability to address unforeseen challenges. The reserves include:</p> <ul style="list-style-type: none"> <li>• <b>General Operating Reserve:</b> Equivalent to 3 months of operating expenses, to cover emergencies or unexpected costs.</li> <li>• <b>Strategic Initiative Reserve:</b> To fund expansion, strategic projects, or other mission-aligned initiatives.</li> <li>• <b>Trustee-Designated Reserves:</b> Allocated for specific future purposes, such as debt repayment or long-term investments, as determined by the Board of Trustees.</li> </ul>
Amount of reserves held	Para 1.22	<p>Our unrestricted reserves balance, all of which are cash funds, at the end of 23/24 were £113939 and restricted funds of £11,703 which are set aside to meet future specific operating costs and for ongoing core service projects as agreed by the funders.</p> <p>Our Reserves policy was to maintain cash of 4 months operating costs of however after review, the reserves policy is altering for the 23/24 FY to 3 months operating costs which is considered sufficient for our purpose of free reserves.</p> <p>At the current time we have more than 3 months operating costs as this could dissipate throughout the year if grant funding is not received throughout the year.</p>
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA

Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA
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### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grant applications and Community fundraising:  TNL Reaching Communities and other funders.
Investment policy and objectives including any social investment policy adopted	Para 1.46	NA
A description of the principal risks facing the charity	Para 1.46	NA
Other		NA

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	Charitable Incorporated Institution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by board of Trustees

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	NA
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Our organisation structure comprises <ul style="list-style-type: none"> <li>• 1 CEO</li> <li>• 4 trustees</li> <li>• 3 nonclinical staff</li> <li>• 6 clinical staff</li> </ul>
Relationship with any related parties		NA



	Para 1.51	
Other		NA

## Reference and Administrative details

Charity name	Dorset Parent Infant Partnership
Other name the charity uses	DorPIP
Registered charity number	1175876
Charity's principal address	c/o Morris Lane Accountants 31 Commercial Road Poole BH14 0HU

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jacki O'Shea	Chair		
2	Malcolm Baker	Treasurer		
3	Dr. Andrew Mayers			
4	David Doyle			

**Corporate trustees – names of the directors at the date the report was approved**

Director name		
Nil		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	
Nil		

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
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**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

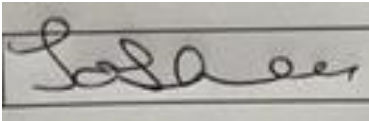
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**Other optional information**

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**Declarations**

Signature(s)

	
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Full name(s)

Jacki O'Shea	
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Position (eg  
Secretary, Chair, etc)

Chair of Trustees	
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Date

06/11/2024
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CHARITY COMMISSION  
FOR ENGLAND AND WALES

DORPIP

No (if any)

## Receipts and payments accounts

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For the period from	01/09/2023	To	31/08/2024
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	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations and grants	108,256	122,180	-	230,436	222,402
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	108,256	122,180	-	230,436	222,402
<b>A2 Asset and investment sales, (see table).</b>					
Interest Earned	2,635	-	-	2,635	893
	-	-	-	-	-
<b>Sub total</b>	2,635	-	-	2,635	893
<b>Total receipts</b>	110,891	122,180	-	233,072	223,295
<b>A3 Payments</b>					
Costs of generating voluntary receipts	13,334	-	-	13,334	33,869
Costs of charitable activities	24,330	183,670	-	208,000	152,638
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	37,664	183,670	-	221,334	186,507
<b>A4 Asset and investment purchases, (see table)</b>					
Office Equipment	2,941	-	-	2,941	1,380
Loan To employee staff training	1,183	-	-	1,183	2,365
<b>Sub total</b>	4,124	-	-	4,124	3,745
<b>Total payments</b>	41,787	183,670	-	225,457	190,252
<b>Net of receipts/(payments)</b>	69,104	- 61,490	-	7,614	33,043
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	25,137	92,891	-	118,028	84,984
<b>Cash funds this year end</b>	94,241	31,401	-	125,642	118,027

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Current	113,939	11,703	-
	Bank Deposit	-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>113,939</b>	<b>11,703</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Tablets x 2 and cases	unrestricted	398	-
	Assus Zenbook	unrestricted	500	-
	Laptop GeoBook	unrestricted	84	-
	Laptop GeoBook	unrestricted	84	-
	Infant Massage Doll	unrestricted	52	-
	3 laptops	unrestricted	1,561	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	PAYE/NI	unrestricted	758	
	Pension	unrestricted	378	
	Salaries	unrestricted	-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Malcolm Baker	MALCOLM BAKER	25.4.2025



**Section A**

**Independent Examiner's Report**

<b>Report to the trustees/ members of</b>	Charity Name DorPIP		
<b>On accounts for the year ended</b>	31.08.2024	<b>Charity no (if any)</b>	1175876
<b>Set out on pages</b>	<div></div> <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2024.

**Responsibilities and  
basis of report** As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**  **Date:** 24.04.2024

**Name:** James Husband

**Relevant professional  
qualification(s) or body  
(if any):** FCA ICAEW

**Address:** 170 Canford Cliffs Road, Poole BH13 7ES

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.