



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01/06/2020** **To** **31/05/2021**

Charity name: Dorset Parent Infant Partnership

Charity registration number: 1175876

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purpose of the charity is to preserve and protect the health and well-being of parents and carers and their babies and young children in Dorset and surrounding areas, for the public benefit of those who may be experiencing stress or facing problems within the normal range of parenting by:</p> <p>a) providing services to parents, carers and their young children.</p> <p>b) promoting training & research into the importance of early childhood development.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The object of the CIO is to preserve and protect the health and well-being of parents and carers and their babies and young children in Dorset and surrounding areas, for the public benefit of those who may be experiencing stress or facing problems within the normal range of parenting by:</p> <ul style="list-style-type: none">• empowering parents and primary carers to form a more secure attachment with their baby through psychotherapeutic intervention, attachment-led infant massage and facilitated peer support groups• promoting the importance of early attachment and the importance of investment in very early relationships to improve life outcomes for children.• raising awareness amongst professionals, commissioners, investors, and

		<p>policy makers.</p> <ul style="list-style-type: none"> • educating other professionals in supporting secure attachments between infants and their primary carers, in the identification of attachment difficulties and in the methods used to facilitate better attachments. • routinely monitoring the outcomes of our services with clients, to ensure the best quality of service is provided for babies and their families. <p>We focus on families who might already have identified stressors on the care-giving relationship, such as single young parents, homelessness, addiction or having been a looked after child or appear to be coping, yet an assessment reveals multiple strains and barriers to good enough parenting.</p> <p>DorPIP works holistically with families, statutory providers and third sector organisations to provide early help in the community, through specialist parent-infant therapy that is not available elsewhere. Families are seen by our multidisciplinary team according to their needs and goals for improving the parent infant relationship. This may be a combination of counselling, group infant massage classes and peer led support groups.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have received, read and understood the guidance as issued by the Charity Commission on public benefit in the form of the May 2018 Trustee Welcome Pack, as published by the Charity Commission

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	NA
Policy on social investment including program related investment	Para 1.38	NA

Contribution made by volunteers	Para 1.38	NA
Other		NA

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In our third year the therapeutic work has been focussed on working online due to the social restrictions in place enforced by the Covid-19 pandemic. We were able to pivot our usual one-to-one parent-infant psychotherapy sessions to online platforms, to enable the continuation of therapy during an increasingly stressful and anxious time for our service users. To remove any financial barriers and encourage all those needing extra support during this time we offered our services free of charge.</p> <p>Nationwide health professionals have identified five main areas of risk in which Covid-19 has affected infants:</p> <ul style="list-style-type: none"> • less responsive parenting • traumatic experiences • material deprivation • indirect health risks • lack of social interaction. <p>These risks are due to the harm to mental health and wellbeing of their parents caused by social isolation, financial shock, pressures juggling childcare and work, unsafe living environments, illness/bereavement, Covid-19 anxiety and limited access to services. Since June 2020 we have seen a 96% uplift in our services - more and more families are coming to us for our support. Local infants are experiencing the hardships just as much as the adults. Main care givers are telling us that increased feelings</p>

		<p>of sadness, anxiety and isolation are making it extremely difficult to feel bonded and attached to their infant which has led to infants being less able to settle, have increased sleep disruption and digestive issues.</p> <p>Feedback from our service users this year has been that we have provided a "life line" when all other services for babies and toddlers were closed.</p> <p>We recognised the loneliness and isolation families have experienced and as a result we have reached out to more people through our social media outlets. Our messaging has been supportive and understanding and always encouraging people to contact us directly if they need further support. In this last year our social media followers have increased by 200%.</p> <p>We recognised the need for new parents and babies to have the opportunity to socialise, despite government guidelines advising against social get togethers. We joined forces with local attachment led infant massage classes to pilot on line courses. Reaching out to our service users ensured these classes were fully booked and well attended.</p> <p>Year on year the number of families using our service increased by just over 100%. Moving sessions online meant more fathers were able to attend and engage in the sessions. We believe the online sessions have also meant that families have been able to engage as geographical barriers have been removed.</p> <p>Using the professional Zero to Three Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood diagnostic tool our Clinical Therapists have ascertained that on entry into the service 39% of parents have a <i>'Compromised to Disturbed Relationship'</i> and 61% have a <i>'Strained to Concerning Relationships'</i>. On exit from the service 83% have a <i>'Well-Adapted to Good-Enough Relationship'</i></p>
--	--	--

		<p>Parents themselves have reported the following improvements:</p> <ul style="list-style-type: none"> • 100% of Mums rate their relationship with their baby as good as they exit the service compare with 59% when they come into the service • 70% of Mums felt a loss of interest in things when coming into the service, on leaving 100% of mums stated this had improved • 23% of mums sometimes felt life was not worth living, none felt like this after engaging in therapy • Those who felt anxious when leaving the house reduced by 50% • 74% who felt irritable at the beginning of therapy, reduced to 44% after therapy • 100% of mums reported an increase in their wellbeing, their baby's wellbeing and their relationship with their baby.
--	--	---

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	NA
Performance of fundraising activities against objectives set	Para 1.41	NA
Investment performance against objectives	Para 1.41	NA
Other		NA

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Whilst the Trustees have no formal policy for Reserves, during the financial year DorPIP received £68,930.88 from H2H with these funds to be restricted and to be used for clients who have endured Adverse Childhood Experiences. As a result, the Board has felt it prudent to set aside £50k of these funds on a separate Bank account and for these to be called upon when necessary to support DorPIP's work under the agreed terms of usage.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Being heavily reliant on grants and fundraising, our monthly Trustee meetings focus on ensuring we have sufficient non-designated funds available to cover known expenditure for at least three months and in regards to the usage restriction on the restricted funds held The Board are fully aware of the charity's obligations and the need to operate in a sustainable way. Post Covid-19 we will look to charge some families who are able to fund their therapy, whilst being able to subsidise fully or in part to those who are financially challenged. Notwithstanding receipt of the H2H monies, the focus remains on securing further grant income and ideally matching this through fundraising activities including sponsorship and donations to meet the ongoing costs of proving our services.
Amount of reserves held	Para 1.22	£50,000
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	NA
--	-----------	----

Investment policy and objectives including any social investment policy adopted	Para 1.46	NA
A description of the principal risks facing the charity	Para 1.46	NA
Other		NA

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Institution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by board of Trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	NA
The charity's organisational structure and any wider network with which the charity works	Para 1.51	NA
Relationship with any related parties	Para 1.51	NA
Other		NA

Reference and Administrative details

Charity name	Dorset Parent Infant Partnership
Other name the charity uses	DorPIP
Registered charity number	1175876
Charity's principal address	c/o Morris Lane Accountants 31 Commercial Road Poole BH14 0HU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jacki O'Shea	Chair		
2	Malcolm Baker	Treasurer		
3	Andy Baker			
4	David Doyle			
5	Kirstie Gale		April 2021	

Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations**The trustees declare that they have approved the trustees' report above.****Signed on behalf of the charity's trustees****Signature(s)**

J OShea	
---------	--

Full name(s)

Jacki O'Shea	
--------------	--

**Position (eg
Secretary, Chair, etc)**

Chair	
-------	--

Date

16/09/2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

DORPIP

1175876

Receipts and payments accounts

For the period from	6/1/2020	To	5/31/2021
------------------------	----------	----	-----------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations and grants	47,840	70,224	-	118,064
		-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	47,840	70,224	-	118,064
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	47,840	70,224	-	118,064
A3 Payments				
Costs of generating voluntary receipts	13,711		-	13,711
Costs of charitable activities	37,127		-	37,127
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	50,838	-	-	50,838
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	50,838	-	-	50,838
Net of receipts/(payments)	- 2,997	70,224	-	67,227
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	25,612	-	-	25,612
Cash funds this year end	22,615	70,224	-	92,839

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Bank Current	22,615	20,224
	Savings Account	-	50,000
		-	-
	Total cash funds	22,615	70,224
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name
		J O'Shea	Jacki O'Shea

CC16a



Last year
to the nearest £

42,963
-
-
-
-
-
-
-
42,963

-
-

42,963

12,058
26,927
-
-
-
-
-
-
-
-
38,985

-

38,985

3,977
-
3,977



**Endowment
funds**

to nearest £

-
-
-
-

OK

**Endowment
funds**

to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

**When due
(optional)**

Date of
approval

9/16/2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

DORPIP

1175876

Receipts and payments accounts

For the period from	6/1/2020	To	5/31/2021
------------------------	----------	----	-----------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations and grants	47,840	70,224	-	118,064
		-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	47,840	70,224	-	118,064
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	47,840	70,224	-	118,064
A3 Payments				
Costs of generating voluntary receipts	13,711		-	13,711
Costs of charitable activities	37,127		-	37,127
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	50,838	-	-	50,838
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	50,838	-	-	50,838
Net of receipts/(payments)	- 2,997	70,224	-	67,227
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	25,612	-	-	25,612
Cash funds this year end	22,615	70,224	-	92,839

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Bank Current	22,615	20,224
	Savings Account	-	50,000
		-	-
	Total cash funds	22,615	70,224
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name
	J O'Shea	Jacki O'Shea

CC16a



Last year
to the nearest £

42,963
-
-
-
-
-
-
-
42,963

-
-

42,963

12,058
26,927
-
-
-
-
-
-
-
-
38,985

-

38,985

3,977
-
3,977



**Endowment
funds**

to nearest £

-
-
-
-

OK

**Endowment
funds**

to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

**When due
(optional)**

Date of
approval

9/16/2021