



Trustees' Annual Report for the period

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|------|-----|-------------------|------|----|-----------------|-------|------|
| | | Period start date | | | Period end date | | |
| | Day | Month | Year | | Day | Month | Year |
| From | 06 | 04 | 2024 | To | 05 | 04 | 2025 |

Section A Reference and administration details

Charity name **Gratitude**

Other names charity is known by

Registered charity number (if any) **1175838**

Charity's principal address **161 Elstree Way**
Borehamwood
Herts
Postcode **WD6 1JU**

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-------------------------|-----------------------------------|---|
| 1 | John Carlisle | CEO | 02.03.2023 | |
| 2 | Sheila Carlisle | | 09.03.2023 | |
| 3 | Kamlesh Patel | | 09.03.2023 | |
| 4 | Anjelic Burman | Secretary/ Treasurer | 06.06.2024 | |
| 5 | Lawrence David Davis | | 21.11.2024 | |
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
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Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
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Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

| | |
|---|--|
| Type of governing document (eg. trust deed, constitution) | Constitution |
| How the charity is constituted (eg. trust, association, company) | CIO -Charitable incorporated organisation |
| Trustee selection methods (eg. appointed by, elected by) | Election |

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity has adopted policies on:

General Charitable Purposes
 Conflict of interest
 Risk management
 Safeguarding vulnerable beneficiaries
 Volunteer management
 Equal Opportunities including opportunities for children
 Community cohesion
 Working with other Charities or Voluntary bodies
 People With Disabilities
 Environment/conservation/heritage
 Treasury management
 Public Relations
 Website procedures

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the benefit of members, vulnerable members of the public and the public at large that may include those with disabilities, mental or physical health issues, in advanced age, those subject to or at risk of poverty or financial hardship, or in some other way disadvantaged or socially marginalised, in the UK and potentially with partners overseas.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Fundraising

This charity raises funds from the public but does not work with professional fundraisers.

Trading

This charity does not have any trading subsidiaries.

Trustee payments

No payments were made to any Trustee except for reimbursement of costs incurred on behalf of the charity.

Surplus funds are retained for future projects of the charity.

Summary of the main achievements of the charity during the year

Gratitude is involved with a wide range of community projects aiming at alleviating poverty. These include Food bank, childrens services, community kitchen and distribution of essentials; saving from waste (food collections from retailers, donations of clothes from the public and cleaning products from wholesalers); providing opportunities to socially marginalised groups (DofE Award, Talks, Knitting classes, Youth volunteering, and community events). This may involve engaging with schools with talks and food collections; and improving the environment (litter picking and planting bulbs in public places), amongst other ad hoc community projects like Santas Grotto, Easter, Eid and Halloween Party for the children.

Gratitude operates from its large site in Borehamwood, and supports other charities, schools, hospitals, etc. The premises were leased rent-free during the year from the local authority, who have been supportive. The lease is currently under review.

The large Kitchen is fully operational, and provides meals to some schools, homeless or disadvantaged persons, and takes on ad hoc projects which engage volunteers from corporate as well as the public sectors.

We are indeed thankful to the local companies and the public for their support, and to the numerous volunteers who give up their time and knowledge to Gratitude.

Section E

Financial review

Brief statement of the charity's policy on reserves

The surplus from the previous as well as from the current year will be used exclusively to support the work of the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donors support Gratitude, both in funding and in the provision of food and goods. We are frugal in the management of the funds received, and the Treasurer is responsible for the management of all the funds.

The year built on progress of the previous years, with greater awareness and support for the work of the charity. This is reflected in the financial results, which saw increased income, with increase in both in cash funding as well as goods received from donors.

The opening balance at 5th April 2024 was £160,293. Total income for the year was £168,540. This income consists of donations of £166,552 and interest £1,988. The total expenditure for the year was £139,204 and was made of running costs, project costs, food purchases and capital expenditure. This leaves a surplus of cash funds of £189,629 at the end of the year.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

John Carlisle

Full name(s)

JOHN CARLISLE

Position (eg Secretary, Chair, etc)

CEO.

Date

21.01.2026



Trustees' Annual Report for the period

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|-------------------|-----------|-------------|-----------------|----|-----------|-------------|--------------|
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| From | Day 06 | Month 04 | Year 2024 | To | Day 05 | Month 04 | Year 2025 |

Section A Reference and administration details

Charity name **Gratitude**

Other names charity is known by

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| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-------------------------|-----------------------------------|---|
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
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Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
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Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

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| Type of governing document (eg. trust deed, constitution) | Constitution |
| How the charity is constituted (eg. trust, association, company) | CIO -Charitable incorporated organisation |
| Trustee selection methods (eg. appointed by, elected by) | Election |

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

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- relationship with any related parties;
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The charity has adopted policies on:

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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

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- policy programme related investment;
- contribution made by volunteers.

Fundraising

This charity raises funds from the public but does not work with professional fundraisers.

Trading

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Trustee payments

No payments were made to any Trustee except for reimbursement of costs incurred on behalf of the charity.

Surplus funds are retained for future projects of the charity.

Summary of the main achievements of the charity during the year

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Section E Financial review

Brief statement of the charity's policy on reserves

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Details of any funds materially in deficit

None

Further financial review details (Optional information)

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Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

John Carlisle

Full name(s)

JOHN CARLISLE

Position (eg Secretary, Chair, etc)

CEO.

Date

21.01.2026



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Signed on behalf of the charity's trustees

Signature(s)

John Carlisle

Full name(s)

JOHN CARLISLE

Position (eg Secretary, Chair, etc)

CEO.

Date

21.01.2026