



Trustees' Annual Report for the period

		Period start date					Period end date		
From		Day	Month	Year	To		Day	Month	Year
		06	04	2023			05	04	2024

Section A Reference and administration details

Charity name **Gratitude**

Other names charity is known by

Registered charity number (if any) **1175838**

Charity's principal address **161 Elstree Way**

Borehamwood

Herts

Postcode

WD6 1JU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Carlisle	CEO	02.03.2023	
2	Sheila Carlisle		09.03.2023	
3	Kamlesh Patel		09.03.2023	
4	Anjelic Burman	Secretary/ Treasurer	06.06.2024	
5	Lawrence David Davis		21.11.2024	
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

(eg. trust deed, constitution)

Constitution

How the charity is constituted

(eg. trust, association, company)

CIO -Charitable incorporated organisation

Trustee selection methods

(eg. appointed by, elected by)

Election

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity has adopted policies on:

General Charitable Purposes
 Conflict of interest
 Risk management
 Safeguarding vulnerable beneficiaries
 Volunteer management
 Equal Opportunities including opportunities for children
 Community cohesion
 Working with other Charities or Voluntary bodies
 People With Disabilities
 Environment/conservation/heritage
 Treasury management
 Public Relations
 Website procedures

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the benefit of members, vulnerable members of the public and the public at large that may include those with disabilities, mental or physical health issues, in advanced age, those subject to or at risk of poverty or financial hardship, or in some other way disadvantaged or socially marginalised, in the UK and potentially with partners overseas.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Fundraising

This charity raises funds from the public but does not work with professional fundraisers.

Trading

This charity does not have any trading subsidiaries.

Trustee payments

No payments were made to any Trustee except for reimbursement of costs incurred on behalf of the charity.

Surplus funds are retained for future projects of the charity.

Summary of the main achievements of the charity during the year

Gratitude is involved with a wide range of community projects aiming at alleviating poverty. These include foodbank, kid's services, community kitchen and distribution of essentials; saving from waste (food collections from retailers, donations of clothes from the public and cleaning products from wholesalers); providing opportunities to socially marginalised groups (Project Chromebook, youth volunteering, and community events); engaging with schools with talks and food collections; and improving the environment (litter picking and planting bulbs in public places) amongst other ad hoc community projects like Santas Grotto and Halloween Party for the children.

Gratitude operates from its large site in Borehamwood, and supports other charities, schools, hospital, etc. The premises are leased rent-free from the local authority, who have been supportive.

The large Kitchen is fully operational, and provides meals to some schools, homeless or disadvantaged persons, and takes on ad hoc projects which engage volunteers from corporate as well as the public sectors.

We are indeed thankful to the local companies and the public for their support, and to the numerous volunteers who give up their time and knowledge to Gratitude.

Section E Financial review

Brief statement of the charity's policy on reserves

The surplus from the previous as well as from the current year will be used exclusively to support the work of the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donors support Gratitude, both in funding and in the provision of food and goods. We are frugal in the management of the funds received, and the Treasurer is responsible for the management of all the funds.

The year built on progress of the previous years, with greater awareness and support for the work of the charity. This is reflected in the financial results, which saw increased income, with increase in both in cash funding as well as goods received from donors.

The opening balance at 5th April 2023 was £113,035. Total income for the year was £163,006. This income consists of donations of £161,705 and interest £1,301. The total expenditure for the year was £123,365 and was made of running costs, project costs, food purchases and capital expenditure. This leaves a surplus of cash funds of £160,293 at the end of the year.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

John Carlisle

Full name(s)

JOHN HUW CARLISLE

Position (eg Secretary, Chair, etc)

CEO

Date

24.12.2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Gratitude

No (if any)
1175838

Receipts and payments accounts

CC16a

For the period from	Period start date 06.04.2023	To	Period end date 05.04.2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	161,705	-	-	161,705	118,678
National Lottery	-	-	-	-	40,929
Bank interest	1,301	-	-	1,301	132
Grants	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	163,006	-	-	163,006	159,739
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	163,006	-	-	163,006	159,739
A3 Payments					
Motor Vehicle expenses	7,808	-	-	7,808	19,555
Insurance	3,332	-	-	3,332	5,069
Grocery	26,324	-	-	26,324	4,213
Telephone, Postage, & Computer	4,122	-	-	4,122	3,443
Community Projects	5,316	-	-	5,316	1,749
Misc costs	11,702	-	-	11,702	10,772
Other charities	8,954	-	-	8,954	-
Rates, Light & Heating	7,617	-	-	7,617	-
	-	-	-	-	-
Sub total	75,175	-	-	75,175	44,801
A4 Asset and investment purchases, (see table)					
Motor Vehicle	36,763	-	-	36,763	40,929
Kitchen & Other	11,427	-	-	11,427	17,419
Sub total	48,190	-	-	48,190	58,348
Total payments	123,365	-	-	123,365	103,149
Net of receipts/(payments)	39,641	-	-	39,641	56,590
A5 Transfers between funds	7,617	-	-	7,617	-
A6 Cash funds last year end	113,035	-	-	113,035	56,445
Cash funds this year end	160,293	-	-	160,293	113,035

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current	29,331	-	-
	Bank savings	130,962	-	-
		-	-	-
	Total cash funds	160,293	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Equipment, P&M	35446	-	-
	Motor Vehicles	89292	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Professional Fees	2000	-	
	Rates	3617	-	
	Light & Heat	4000	-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JOHN CARLISLE	24 DEC 24



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Gratitude

On accounts for the year
ended

5th April 2024

Charity no
(if any)

1175838

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05/04/2024**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 24/12/2024

Name:

Islamshah Rahemtulla, FCMA

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants

Address:

65 Grantham Green

Borehamwood

WD6 2JQ