

# Trustees' Annual Report for the period

Period start date  
From Day 06 Month 04 Year 2022 To Day 06 Month 04 Year 2023

## Section A

## Reference and administration details

Charity name **Gratitude**

Other names charity is known by

Registered charity number (if any) **1175838**

Charity's principal address **161 Elstree Way**

**Borehamwood**

**Herts**

Postcode

**WD6 1JU**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<b>John Carlisle</b>		<b>02.03.2023</b>	
2	<b>Shella Carlisle</b>		<b>09.03.2023</b>	
3	<b>Kamlesh Patel</b>		<b>09.03.2023</b>	
4	<b>Dov Silman</b>		<b>05.09.2023</b>	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

## Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

## Name of chief executive or names of senior staff members (Optional information)

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document

*(e.g. trust deed, articles of association)*

How the charity is constituted

*(e.g. by deed, by resolution of trustees)*

Trustee selection methods

*(e.g. by nomination, by ballot)*

**Constitution**

**CIO -Charitable incorporated organisation**

**Election**

### Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity has adopted these policies:

Conflict of interest  
Risk management  
Safeguarding vulnerable beneficiaries  
Volunteer management  
Equal Opportunities  
Community cohesion  
Treasury management  
Public Relations  
Website procedures

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

For the benefit of members, vulnerable members of the public and the public at large that may include those with disabilities, mental or physical health issues, in advanced age, those subject to or at risk of poverty or financial hardship, or in some other way disadvantaged or socially marginalised, in the UK and potentially with partners overseas.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Fundraising**

This charity raises funds from the public but does not work with professional fundraisers.

**Trading**

This charity does not have any trading subsidiaries.

**Trustee payments**

No payments were made to any Trustee except for reimbursement of costs incurred on behalf of the charity.

Surplus funds are retained for future projects of the charity.

**Summary of the main achievements of the charity during the year**

Gratitude is involved with a wide range of community projects aiming at alleviating poverty (foodbank, kid's services, community kitchen and distribution of essentials); saving from waste (food collections from retailers, donations of clothes from the public and cleaning products from main suppliers); providing opportunities to socially marginalised groups (Project Chromebook, youth volunteering and community events); and improving the environment (litter picking and planting bulbs in public places) amongst other ad hoc community projects like Santas Grotto and Halloween for the children.

Gratitude operates from its large site in Borehamwood, and supports other charities, schools, hospital, etc. The premises are leased rent-free from the local authority, who have been supportive.

The large Kitchen was fitted out during the year, and the inaugural ribbon cutting ceremony took place in October 2022 by the Lord Lieutenant and local dignitaries.

## Section E

## Financial review

Brief statement of the charity's policy on reserves

The surplus from the previous as well as from the current year will be used exclusively to support the work of the charity.

Details of any funds materially in deficit

None

### Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donors support Gratitude, both in funding and in the provision of food and goods. We are frugal in the management of the funds received, and the Treasurer is responsible for the management of all the funds.

The year built on progress of the previous years, with greater awareness and support for the work of the charity. This is reflected in the financial results, which saw the doubling of income, and the increase in both in cash funding as well as goods received from donors.

The opening balance at 5th April 2022 was £56,445. Total income for the year was £159,739. This income consists of donations of £118,678 and of grants £40,929. The total expenditure for the year was £103,149 and was made of running costs, project costs, food purchases and capital expenditure. The grant from the National Lottery was for the purchase of a chiller van used for collection and distribution of fresh foods.

This leaves a surplus of £113,035 at the end of the year.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

John Carlisle

Don Silman

Full name(s)

JOHN CARLISLE

DON SILMAN

Position (eg Secretary, Chair, etc)

CEO

TRUSTEE

Date

23.10.2024



# CHARITY COMMISSION FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

Section A

### Independent Examiner's Report

Report to the trustees/  
members of

Gratitude

On accounts for the year  
ended

5<sup>th</sup> April 2023

Charity no  
(if any)

1175838

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05/04/2023**.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent  
examiner's statement

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date: 23/01/2024

Name:

Islamshah Rahemtulla, FCMA

Relevant professional  
qualification(s) or body  
(if any):

Chartered Institute of Management Accountants

Address:

65 Grantham Green

Borehamwood

WD6 2JQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A provision of £2000 was made for Professional Fees relating to the year.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Gratitude

1175838

## Receipts and payments accounts

CC16a

For the period  
from

06.04.2022

To

05.04.2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	118,678	-	-	118,678	59,015
National Lottery	-	40,929	-	40,929	-
Bank interest	132	-	-	132	-
Grants	-	-	-	-	18,967
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>118,810</b>	<b>40,929</b>	<b>-</b>	<b>159,739</b>	<b>77,982</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>118,810</b>	<b>40,929</b>	<b>-</b>	<b>159,739</b>	<b>77,982</b>
<b>A3 Payments</b>					
Motor Vehicle	19,555	-	-	19,555	12,872
Insurance	5,069	-	-	5,069	-
Grocery	4,213	-	-	4,213	-
Telephone & Computer	3,443	-	-	3,443	4,917
Community Projects	1,749	-	-	1,749	18,802
Misc costs	10,772	-	-	10,772	2,316
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>44,801</b>	<b>-</b>	<b>-</b>	<b>44,801</b>	<b>38,907</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Chiller van	-	40,929	-	40,929	-
Kitchen & Security cameras	17,419	-	-	17,419	6,600
<b>Sub total</b>	<b>17,419</b>	<b>40,929</b>	<b>-</b>	<b>58,348</b>	<b>6,600</b>
<b>Total payments</b>	<b>62,220</b>	<b>40,929</b>	<b>-</b>	<b>103,149</b>	<b>43,507</b>
<b>Net of receipts/(payments)</b>	<b>56,590</b>	<b>-</b>	<b>-</b>	<b>56,590</b>	<b>34,475</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>56,445</b>	<b>-</b>	<b>-</b>	<b>56,445</b>	<b>21,970</b>
<b>Cash funds this year end</b>	<b>113,035</b>	<b>-</b>	<b>-</b>	<b>113,035</b>	<b>58,445</b>



## Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank current	21,974	-	-
	Bank savings	91,061	-	-
		-	-	-
	<b>Total cash funds</b>	<b>113,035</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))			

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Equipment, P&M	24019	-	-
	Motor Vehicles	52529	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	Professional Fees	2000	-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



# CHARITY COMMISSION FOR ENGLAND AND WALES

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Islamshah Rahemtulla, FCMA

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	-	-	-	-	-
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<b>Total receipts</b>	<b>118,810</b>	<b>40,929</b>	<b>-</b>	<b>159,739</b>	<b>77,982</b>
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<b>Cash funds this year end</b>	<b>113,035</b>	<b>-</b>	<b>-</b>	<b>113,035</b>	<b>58,445</b>

## Section B Statement of assets and liabilities at the end of the period

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	Bank savings	91,061	-	-
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	<b>Total cash funds</b>	<b>113,035</b>	-	-
	(agree balances with receipts and payments account(s))			
<b>B2 Other monetary assets</b>	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
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			-	-
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<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Professional Fees	2000	-	
			-	
			-	
			-	
			-	
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