

GRATITUDE

England & Wales · Charity number 1175838

Details

Status Registered

Legal form CIO

Registered 2017-11-21

Register [View on the Charity Commission register](#)

Contact

Address Gratitude
161 Elstree Way
Borehamwood
Hertfordshire
WD6 1JU

Phone 07456737767

Email info@gratitude.charity

Website <https://gratitude.charity>

Activities

Objects: 1. TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY HELPING SOCIALLY DISADVANTAGED PEOPLE OF HERTSMERE AND OTHER LOCAL, REGIONAL OR NATIONAL AREAS, PARTICULARLY BUT NOT EXCLUSIVELY, THOSE WHO ARE ELDERLY OR SUFFERING FROM DISABILITY OF MIND OR BODY, AND THEIR CARERS TO AVOID SOCIAL EXCLUSION BY PROVIDING FACILITIES AND OPPORTUNITIES FOR SOCIAL INTERACTION, LEISURE ACTIVITIES AND FOR PEOPLE TO LEARN THROUGH EXPERIENCE – OPPORTUNITIES THAT WOULD NOT OTHERWISE BE AVAILABLE TO THEM.2. TO RELIEVE FINANCIAL HARDSHIP BY THE PROVISION OF FOOD AID3. TO PROTECT AND PRESERVE THE ENVIRONMENT FOR THE PUBLIC BENEFIT BY PROMOTING OF RECYCLING AND THE ELIMINATION OF FOOD WASTE4. TO DEVELOP THE CAPACITY AND SKILLS OF THE MEMBERS OF THE ECONOMICALLY AND SOCIALLY DISADVANTAGED COMMUNITY OF HERTSMERE AND OTHER LOCAL, REGIONAL OR NATIONAL AREAS IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY, AND HELP MEET, THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY.5. THE PROMOTION OF EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT BY ORGANIZING ACTIVITIES WITH THE PURPOSE

Activities: For the benefit of members, vulnerable members of the public and the public at large that may include those with disabilities, mental or physical health issues, in advanced age, those subject to or at risk of poverty or financial hardship, or in some other way disadvantaged or socially marginalised, in the UK and potentially with partners overseas.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£168,540	£139,204	-	-
2024-04-05	£163,006	£123,365	-	-
2023-04-05	£159,739	£103,149	-	-
2022-04-05	£77,982	£43,507	-	-
2021-04-05	£49,224	£32,620	-	-

Trustees

Name	Role	Appointed
John Carlisle Mr	Chair	2023-03-02
Anjelic Burman		2024-06-06
Kamlesh Patel		2023-03-09
Lawrence David Davis		2024-11-21
SHEILA CARLISLE		2023-03-09

GRATITUDE

England & Wales - Charity number 1175838

Accounts



Trustees' Annual Report for the period

Period start date			Period end date				
From	Day	Month	Year	To	Day	Month	Year
	06	04	2024		05	04	2025

Section A Reference and administration details

Charity name **Gratitude**

Other names charity is known by

Registered charity number (if any) **1175838**

Charity's principal address **161 Elstree Way**
Borehamwood
Herts
Postcode **WD6 1JU**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Carlisle	CEO	02.03.2023	
2	Sheila Carlisle		09.03.2023	
3	Kamlesh Patel		09.03.2023	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO -Charitable incorporated organisation
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Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

<p>The charity has adopted policies on:</p> <p>General Charitable Purposes Conflict of interest Risk management Safeguarding vulnerable beneficiaries Volunteer management Equal Opportunities including opportunities for children Community cohesion Working with other Charities or Voluntary bodies People With Disabilities Environment/conservation/heritage Treasury management Public Relations Website procedures</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>For the benefit of members, vulnerable members of the public and the public at large that may include those with disabilities, mental or physical health issues, in advanced age, those subject to or at risk of poverty or financial hardship, or in some other way disadvantaged or socially marginalised, in the UK and potentially with partners overseas.</p>

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Fundraising

This charity raises funds from the public but does not work with professional fundraisers.

Trading

This charity does not have any trading subsidiaries.

Trustee payments

No payments were made to any Trustee except for reimbursement of costs incurred on behalf of the charity.

Surplus funds are retained for future projects of the charity.

Summary of the main achievements of the charity during the year

Gratitude is involved with a wide range of community projects aiming at alleviating poverty. These include Food bank, childrens services, community kitchen and distribution of essentials; saving from waste (food collections from retailers, donations of clothes from the public and cleaning products from wholesalers); providing opportunities to socially marginalised groups (DofE Award, Talks, Knitting classes, Youth volunteering, and community events). This may involve engaging with schools with talks and food collections; and improving the environment (litter picking and planting bulbs in public places), amongst other ad hoc community projects like Santas Grotto, Easter, Eid and Halloween Party for the children.

Gratitude operates from its large site in Borehamwood, and supports other charities, schools, hospitals, etc. The premises were leased rent-free during the year from the local authority, who have been supportive. The lease is currently under review.

The large Kitchen is fully operational, and provides meals to some schools, homeless or disadvantaged persons, and takes on ad hoc projects which engage volunteers from corporate as well as the public sectors.

We are indeed thankful to the local companies and the public for their support, and to the numerous volunteers who give up their time and knowledge to Gratitude.

Section E

Financial review

Brief statement of the charity's policy on reserves

The surplus from the previous as well as from the current year will be used exclusively to support the work of the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donors support Gratitude, both in funding and in the provision of food and goods. We are frugal in the management of the funds received, and the Treasurer is responsible for the management of all the funds.

The year built on progress of the previous years, with greater awareness and support for the work of the charity. This is reflected in the financial results, which saw increased income, with increase in both in cash funding as well as goods received from donors.

The opening balance at 5th April 2024 was £160,293. Total income for the year was £168,540. This income consists of donations of £166,552 and interest £1,988. The total expenditure for the year was £139,204 and was made of running costs, project costs, food purchases and capital expenditure. This leaves a surplus of cash funds of £189,629 at the end of the year.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

John Carlisle

Full name(s)

JOHN CARLISLE

Position (eg Secretary, Chair, etc)

CEO.

Date

21.01.2026



Trustees' Annual Report for the period

Period start date			Period end date				
From	Day	Month	Year	To	Day	Month	Year
	06	04	2024		05	04	2025

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Postcode **WD6 1JU**

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Declaration

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Signed on behalf of the charity's trustees

Signature(s)

John Carlisle

Full name(s)

JOHN CARLISLE

Position (eg Secretary, Chair, etc)

CEO.

Date

21.01.2026

GRATITUDE

England & Wales - Charity number 1175838

Accounts



Trustees' Annual Report for the period

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Section E Financial review

Brief statement of the charity's policy on reserves

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The opening balance at 5th April 2023 was £113,035. Total income for the year was £163,006. This income consists of donations of £161,705 and interest £1,301. The total expenditure for the year was £123,365 and was made of running costs, project costs, food purchases and capital expenditure. This leaves a surplus of cash funds of £160,293 at the end of the year.

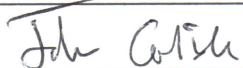
Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JOHN HUW CARLISLE	
Position (eg Secretary, Chair, etc)	CEO	
Date	24.12.2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Gratitude	No (if any) 1175838
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Receipts and payments accounts

For the period from	Period start date 06.04.2023	To	Period end date 05.04.2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	161,705	-	-	161,705	118,678
National Lottery	-	-	-	-	40,929
Bank interest	1,301	-	-	1,301	132
Grants	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	163,006	-	-	163,006	159,739
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	163,006	-	-	163,006	159,739
A3 Payments					
Motor Vehicle expenses	7,808	-	-	7,808	19,555
Insurance	3,332	-	-	3,332	5,069
Grocery	26,324	-	-	26,324	4,213
Telephone, Postage, & Computer	4,122	-	-	4,122	3,443
Community Projects	5,316	-	-	5,316	1,749
Misc costs	11,702	-	-	11,702	10,772
Other charities	8,954	-	-	8,954	-
Rates, Light & Heating	7,617	-	-	7,617	-
	-	-	-	-	-
Sub total	75,175	-	-	75,175	44,801
A4 Asset and investment purchases, (see table)					
Motor Vehicle	36,763	-	-	36,763	40,929
Kitchen & Other	11,427	-	-	11,427	17,419
Sub total	48,190	-	-	48,190	58,348
Total payments	123,365	-	-	123,365	103,149
Net of receipts/(payments)	39,641	-	-	39,641	56,590
A5 Transfers between funds	7,617	-	-	7,617	-
A6 Cash funds last year end	113,035	-	-	113,035	56,445
Cash funds this year end	160,293	-	-	160,293	113,035

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current	29,331	-	-
	Bank savings	130,962	-	-
		-	-	-
	Total cash funds	160,293	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

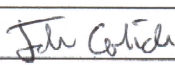
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Equipment, P&M	35446	-	-
	Motor Vehicles	89292	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Professional Fees	2000	-	
	Rates	3617	-	
	Light & Heat	4000	-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JOHN CARLISLE	24 DEC 24



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Gratitude

**On accounts for the year
ended**

5th April 2024

**Charity no
(if any)**

1175838

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05/04/2024**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

24/12/2024

Name:

Islamshah Rahemtulla, FCMA

**Relevant professional
qualification(s) or body
(if any):**

Chartered Institute of Management Accountants

Address:

65 Grantham Green

Borehamwood

WD6 2JQ

GRATITUDE

England & Wales - Charity number 1175838

Accounts

Trustees' Annual Report for the period

Period start date: From Day 06 Month 04 Year 2022 To Day 06 Month 04 Year 2023

Section A

Reference and administration details

Charity name **Gratitude**

Other names charity is known by

Registered charity number (if any) **1175838**

Charity's principal address **161 Elstree Way**

Borehamwood

Herts

Postcode

WD6 1JU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Carlisle		02.03.2023	
2	Shella Carlisle		09.03.2023	
3	Kamlesh Patel		09.03.2023	
4	Dov Silman		05.09.2023	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(The governing document is the document that sets out the charity's aims and objectives, and how it is run.)</small>	Constitution
How the charity is constituted <small>(The charity is constituted as a company limited by guarantee, a company limited by shares, a trust, or a charity incorporated under the Charities Act 2006.)</small>	CIO -Charitable incorporated organisation
Trustee selection methods <small>(Trustees are selected by the members of the charity, or by a governing body.)</small>	Election

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity has adopted these policies:

- Conflict of interest
- Risk management
- Safeguarding vulnerable beneficiaries
- Volunteer management
- Equal Opportunities
- Community cohesion
- Treasury management
- Public Relations
- Website procedures

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the benefit of members, vulnerable members of the public and the public at large that may include those with disabilities, mental or physical health issues, in advanced age, those subject to or at risk of poverty or financial hardship, or in some other way disadvantaged or socially marginalised, in the UK and potentially with partners overseas.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Fundraising

This charity raises funds from the public but does not work with professional fundraisers.

Trading

This charity does not have any trading subsidiaries.

Trustee payments

No payments were made to any Trustee except for reimbursement of costs incurred on behalf of the charity.

Surplus funds are retained for future projects of the charity.

Summary of the main achievements of the charity during the year

Gratitude is involved with a wide range of community projects aiming at alleviating poverty (foodbank, kid's services, community kitchen and distribution of essentials); saving from waste (food collections from retailers, donations of clothes from the public and cleaning products from main suppliers); providing opportunities to socially marginalised groups (Project Chromebook, youth volunteering and community events); and improving the environment (litter picking and planting bulbs in public places) amongst other ad hoc community projects like Santas Grotto and Halloween for the children.

Gratitude operates from its large site in Borehamwood, and supports other charities, schools, hospital, etc. The premises are leased rent-free from the local authority, who have been supportive.

The large Kitchen was fitted out during the year, and the inaugural ribbon cutting ceremony took place in October 2022 by the Lord Lieutenant and local dignitaries.

Section E

Financial review

Brief statement of the charity's policy on reserves

The surplus from the previous as well as from the current year will be used exclusively to support the work of the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donors support Gratitude, both in funding and in the provision of food and goods. We are frugal in the management of the funds received, and the Treasurer is responsible for the management of all the funds.

The year built on progress of the previous years, with greater awareness and support for the work of the charity. This is reflected in the financial results, which saw the doubling of income, and the increase in both in cash funding as well as goods received from donors.

The opening balance at 5th April 2022 was £56,445. Total income for the year was £159,739. This income consists of donations of £118,678 and of grants £40,929. The total expenditure for the year was £103,149 and was made of running costs, project costs, food purchases and capital expenditure. The grant from the National Lottery was for the purchase of a chiller van used for collection and distribution of fresh foods. This leaves a surplus of £113,035 at the end of the year.

Section F

Other optional information

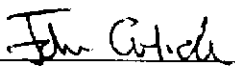

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JOHN CARLISLE	DON SILMAN
Position (eg Secretary, Chair, etc)	CEO	TRUSTEE
Date	23.10.2024	



Section A

Independent Examiner's Report

Report to the trustees/ members of	Gratitude		
On accounts for the year ended	5 th April 2023	Charity no (if any)	1175838
	Set out on pages		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05/04/2023**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

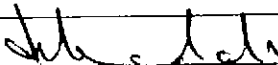
**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:  **Date:** 23/01/2024

Name: Islamshah Rahemtulla, FCMA

**Relevant professional
qualification(s) or body
(if any):**

Chartered Institute of Management Accountants

Address:

65 Grantham Green
Borehamwood
WD6 2JQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A provision of £2000 was made for Professional Fees relating to the year.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Gratitude	1175838
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Receipts and payments accounts

CC16a

For the period from	06.04.2022	To	05.04.2023
---------------------	------------	----	------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	118,678	-	-	118,678	59,015
National Lottery	-	40,929	-	40,929	-
Bank interest	132	-	-	132	-
Grants	-	-	-	-	18,967
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	118,810	40,929	-	159,739	77,982
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	118,810	40,929	-	159,739	77,982
A3 Payments					
Motor Vehicle	19,555	-	-	19,555	12,872
Insurance	5,069	-	-	5,069	-
Grocery	4,213	-	-	4,213	-
Telephone & Computer	3,443	-	-	3,443	4,917
Community Projects	1,749	-	-	1,749	18,802
Misc costs	10,772	-	-	10,772	2,316
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	44,801	-	-	44,801	38,907
A4 Asset and investment purchases, (see table)					
Chiller van	-	40,929	-	40,929	-
Kitchen & Security cameras	17,419	-	-	17,419	6,600
Sub total	17,419	40,929	-	58,348	6,600
Total payments	62,220	40,929	-	103,149	43,507
Net of receipts/(payments)	56,590	-	-	56,590	34,475
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	56,445	-	-	56,445	21,970
Cash funds this year end	113,035	-	-	113,035	58,445

Section B Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current	21,974	-	-
	Bank savings	91,061	-	-
		-	-	-
	Total cash funds	113,035	-	-

(agree balances with receipts and payments account(s))

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Equipment, P&M	24019	-	-
	Motor Vehicles	52529	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Professional Fees	2000	-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees/ members of	Gratitude		
On accounts for the year ended	5 th April 2023	Charity no (if any)	1175838
	Set out on pages		

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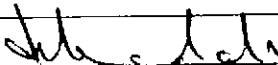
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** Please delete the words in the brackets if they do not apply.*

Signed:  **Date:** 23/01/2024

Name: Islamshah Rahemtulla, FCMA

Relevant professional qualification(s) or body (if any): Chartered Institute of Management Accountants

Address: 65 Grantham Green
Borehamwood
WD6 2JQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A provision of £2000 was made for Professional Fees relating to the year.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Gratitude	1175838
-----------	---------

Receipts and payments accounts

CC16a

For the period from	06.04.2022	To	05.04.2023
---------------------	------------	----	------------

Section A Receipts and payments

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	-	-	-	-	-
	-	-	-	-	-
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	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	118,810	40,929	-	159,739	77,982
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Motor Vehicle	19,555	-	-	19,555	12,872
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Community Projects	1,749	-	-	1,749	18,802
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	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
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Total payments	62,220	40,929	-	103,149	43,507
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A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	56,445	-	-	56,445	21,970
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	Bank savings	91,061	-	-
		-	-	-
	Total cash funds	113,035	-	-

(agree balances with receipts and payments account(s))

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Equipment, P&M	24019	-	-
	Motor Vehicles	52529	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Professional Fees	2000	-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

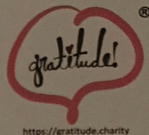
Signature	Print Name	Date of approval

GRATITUDE

England & Wales - Charity number 1175838

Accounts

Gratitude's Trustees Report



6th April 2021 – 5th April 2022

This year Gratitude's accounts on the 6th of April 2021 show an **opening balance of £21,970.40**

The **total income** for this tax year is **£77,981.86**

- Out of this **£59,015.24** were funds coming in in the form of **donations**.
- Out of this **£18,966.62** were funds coming in in the form of **grants**.

The **outgoing expense** of the charity is a total of **£43,507.09**

Breakdown of expenses as follows:

- Funds transferred to van saving account £45,000.00
- Vehicles expenses (3 charity vehicles costs of insurance, repairs, fuel, MOT, road tax and fines) - £12,317.69
- Storage costs (2 hired council garages) - £1,290.48
- Community Kitchen Projects Expenses (purchase of 2 commercial cookers, tiling purchase and fitting, walls and doors building materials, purchase of a boiler) - £16,802.24
- Chiller Cost - £6,600.00
- Printing Expenses - £571.00
- Poppy Appeal - £62.00
- Mobiles – (2) £1727.85
- IT Support and internet costs – £3,188.99
- Fixtures (Amazon purchases) - £392.53
- AA membership - £554.31

The **closing balance** going forward on 5th April 2022 is **£11,445.24**

Signed and dated:

28/11/2022

John Carlisle

John Carlisle

Gratitude, Winner of Hertsmere Civic Award 2019

✉ Gratitude's Hub, 161 Elstree Way, Borehamwood, WD6 1JU

☎ +44 (0) 7456 737 767

✉ sheila@gratitude.charity



<https://gratitude.charity>



<https://facebook.com/GratitudeUK108>



<https://twitter.com/gratcharity>

Registered Charity Number: 1175838

Gratitude Accounts 6/4/21 -5/4/22

Balance at 6/4/21	21,970.47	
Donation/ Fund raising/ Paypal/ Ebay Monies received		59,015.24
Grants received		
Uk Plumbing		720.00
Hertfordshire CC		800.00
Do It Trust		1,000.00
Arnold Clark Automobile		2,500.00
CAF2112136136CF		2,500.00
Local Giving		3,000.00
Hertsmere BC		2,667.00
The Locker Foundation		4,000.00
Charities Trust		600.00
CAF21112237383CF		300.00
Monies received from AA		879.62
Total Moneis Received	77,981.86	
Monies put in Van saving Account	-45,000.00	
Expenses		
Van Expenses		-12,317.69
Storage Cost		-1,290.48
Projects Expenses		-16,802.24
Printing Expense		-571.00
Poppy Appeal		-62.00
Mobiles		-1,727.85
IT Support		-3,188.99
Amazon Purchases (Fixtures)		-392.53
Chiller		-6,600.00
AA Membership		-554.31
Total Expense	-43,507.09	
Balance at 5/4/22	11,445.24	

262 High Road
Harrow
HA3 7BB
020 3763 8500

www.gavna.co.uk
Info@gavna.co.uk

Company Number: 13460848

9th December 2022

To Whom it May Concern,

We have reviewed Gratitude's accounts for 2021-2022 and in our opinion, the financial statements have been properly prepared in accordance with England and Wales's charity commission rules. Therefore, in our opinion, they give a true and fair view of the state of Gratitude's affairs.

Yours Sincerely,



Darren Diamond
Senior Consultant
ACCA: 0689398

GRATITUDE

England & Wales - Charity number 1175838

Accounts

Gratitude Trustees Report 2021

Dear Trustees,

John Carlisle

Sheila Carlisle

Sarit Cohen

The following is a financial summary for Gratitude for the tax year 5 April 2020 - 5 April 2021

According to our submitted set of accounts, Gratitude had an opening balance on 5 April 2020 of £5,366.77 and a

closing balance on 5 April 2021 of £21,970.47.

The total income for the year was £49,224.02, of which £18,113 was received in grants and of which £31,110 were received as donations.

The total expenses for the year was £32,620.32.

The expenses breakdown are as follows:

Consultancy (software design, GDPR compliance and video editing) £3500

Computer costs £3423.90

Fixtures (tables and equipment) £2572.67

Insurance £1245.38

Storage £1732.80

Van costs (fuel and road tax) £3617.64

Garage (repairs and servicing) £2491.23

Stationary £576.61

Printing £24

Electrical £1178

Wages £9805

Cleaning £585

Mobile £1868.09

A note: The expenses of wages for admin and driver, consultancy and fixtures were applied for and covered by the grants money.

Balance at 5/4/20	£5,366.77	Expenses	
		Consultancy	£3,500.00
		Computer costs	£3,423.90
		Amazon	£2,572.67
		Insurance	£1,245.38
		Rent/Storage	£1,732.80
		Van cost	£3,617.64
		Garage	£2,491.23
		Stationery	£576.61
		Printing	£24.00
		Electrical	£1,178.00
		Wages	£9,805.00
		Cleaning	£585.00
		Mobile	£1,868.09
			£32,620.32

Balance at 4/4/21 £21,970.47

Money Received

Donations £31,110.18

Grant £18,113.84

£49,224.02