

CROSSROADS FUN & FRIENDSHIP CENTRE

Report and Accounts

31 March 2024

Crossroads Fun & Friendship Centre

TRUSTEES

Allan Jones (Chairman)
Morice Baptist Church represented by Christine Salvage (ex officio)
David Libby
John Howe
John Tregaskis
Michael Taylor (appointed during the year)
Jayne Hicks (appointed during the year)

PROJECT MANAGER

Len Russell

PRINCIPLE ADDRESS

Morice Baptist Church
Ham Drive
Plymouth
PL2 2NJ

BANKERS

TSB Bank plc

INDEPENDENT EXAMINER

A P Jopson, FCA
Tony Jopson & Co Limited,
Peverell Corner
246 Peverell Park Road
Plymouth,
PL3 4QG

REGISTERED CHARITY NUMBER: 1175834

CHARITABLE INCORPORATED ORGANISATION NUMBER: CE0011788

Crossroads Fun & Friendship Centre

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

BACKGROUND INFORMATION

Crossroads Fun & Friendship Centre was originally registered as a charity, number 1136344 on 15 June 2010. On 20 November 2017, a Charitable Incorporated Organisation ("CIO") was formed number CE011788, named "Crossroads Fun and Friendship Centre". On 21 November 2017 it was registered as a charity number 1175834. At a Trustees meeting held on 18 December 2017 it was resolved to transfer all the assets of the existing charity (1136344) to the new CIO (1175834). This transfer was formally effected on 1 April 2018, immediately following the 31 March 2018 year end of the existing charity.

PRINCIPLE OBJECTS OF THE CIO

The principle objects of the new CIO are similar to those of the existing charity; to relieve the needs of people with mild to moderate mental health support needs in the city of Plymouth.

It aims to do this by:

1. Operating, maintaining and developing a centre with facilities tailored to the requirements of such people enabling them to relax, learn social skills and develop self-confidence in a positive and uplifting environment that accepts and welcomes them all as individuals in line with the ethos statement.
2. Providing such people with a range of therapeutic and skills based activities focussed on mental health recovery
3. Fostering links with other organisations, including local authorities, other charities and commercial entities, in order to raise awareness and / or funds
4. Delivering high quality help and support to its members within the local and national guidelines of mental health whilst following the principles of good practice, thus ensuring an environment of physical and emotional safety.
5. Ensuring all members feel welcome and valued in accordance with the equal opportunities policy with an awareness of the recognised complaints procedure and the opportunity to be involved in the development and decision making of the charity
6. Informing all of the implications of the Equality Act 2010
7. Challenging discrimination, prejudice and stigma by endeavouring to increase the wider community's understanding of mental health issues
8. Observing confidentiality within the local and national guidelines in accordance with the Data Protection Act 1998 and the more recent GDPR legislation.

REVIEW OF ACTIVITIES IN THE YEAR – CHAIRMAN'S REPORT

This year, Crossroads Fun & Friendship Centre celebrates its 30th Anniversary. This is a tremendous achievement and a great vindication to the vision and faith of our founder Hywel Jones.

During this past year I have again been very impressed by the enthusiastic and dedicated efforts to constantly improve on the quality of services offered at Crossroads Fun and Friendship Centre by the Project Manager, staff and volunteers. The realisation that the vision of Crossroads is not only for our generation of today but for generations to come is both refreshing and vital.

Crossroads Fun and Friendship Centre has had to face up to numerous challenges over the past few years which are part and parcel of operating in a 'Free Market of Health Provision'.

Crossroads Fun & Friendship Centre

These challenges have been met and overcome. The test of a good organisation is its ability to adapt to the changing needs and requirements that are compatible to the age in which it is operating. It would be all too easy for Crossroads to lament and concentrate on the services and activities that we can no longer offer owing to the restrictions arising from the coronavirus that have affected us since 2020. I am delighted to report that Project Manager Len supported by Tracey Archman, has concentrated on the services and activities that WE CAN OFFER.

During the year various activities took place including the King's Coronation celebration in May, the 'Open days' held in July and the Christmas parties which were great successes. A new programme of activities has been formulated and further activities are in the pipeline for 2024 including Crossroads 30th Celebration Service on Sunday 15th September and Crossroads Paris Olympic Event to be held at the Brickfields in July. Contact with members and volunteer staff is still being maintained through social media and telephone conversations.

Once again Crossroads Fun and Friendship Centre have through excellent budgeting and 'housekeeping' been able to remain in a strong financial position.

We are once again very grateful to Plymouth City Council for providing their continual support and funding to the Centre. However, we must not get complacent. Funding in this day and age will always be an issue. We must constantly remind ourselves that we are in a competitive free market for health provision. At the same time we must remain true to the ethos and motivation of Crossroads Fun and Friendship Centre.

It is therefore imperative that the Trustees continue to set good examples in reviewing their input to the work of Crossroads Fun and Friendship Centre in striving to provide fresh vision and ideas – backed up with action. Trustees need not only to share their ideas and vision for the future but also to encourage everyone associated with the Centre – the Project Manager, staff, volunteers and members to express and share their ideas and visions. Crossroads Fun & Friendship Centre is of course more than just a centre, more than just an organisation. It is in fact a living out, the realisation of the vision of Hywel Jones. It is all about reaching out and meeting the needs of people. It is all about ensuring that people feel valued, accepted and loved for who they are.

In short, everyone has a role to play in ensuring that Crossroads Fun and Friendship Centre is constantly evolving in its quest to provide better and better quality provisions.

I take this opportunity to thank Project Manager Len Russell for another year of dedicated hard work and for his encouragement and patience towards me. Thanks also to Tracy Archman for all her hard work, and for going more than the 'extra mile' when the situation required. Finally, a thank you to all the staff, volunteers and Trustees of Crossroads Fun and Friendship Centre for all your loyalty, dedication, and hard work and also to Morice Baptist Church for their support and prayers.

TRUSTEES / COUNCIL OF MEMBERS

The CIO is administered by a board of trustees as set out on page 1.

ANNUAL AND FINANCIAL REVIEW

The Statement of Financial Activities shows a net deficit for the year to 31 March 2024 of £1,070 (2022 deficit of £908). Reserves stand at £63,201 in total.

RESERVES POLICY

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets should ideally be six months of the resources expended, which equates to approximately £37,000 for running costs in the year ended 31 March 2024. At this level the Trustees feel they would still be able to carry on the Charity's activities for around a year in the event of a significant fall in funding. At the present time these funds stand at £63,201, which is broadly at the required level.

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RISK MANAGEMENT

The Trustees are alerted to operational and financial risks at their periodic meetings and are fully aware of the need to maintain free reserves at the levels stated above to continue the work of the Charity and the aspirations for the future. Through this medium of periodic reporting the Trustees are exercising an active review of major risk.

STATEMENT OF RESPONSIBILITIES OF THE TRUSTEES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources during the year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity and the group will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Dated.....17th April 2024.....
Signed.....Allan Jones.....
NAME (BLOCK CAPITALS).....ALLAN JONES.....

Chair on behalf of the Crossroads Fun & Friendship Centre Trustees

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity / CIO for the year ended 31 March 2024, which are set out on pages 6 to 10 below.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under Section 144(1) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 145(1)(a) of the Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with these records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.


Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  18/7/24

A P Jopson, FCA

Date

(Fellow of the Institute of Chartered Accountants in England & Wales)

Tony Jopson & Co Ltd, Peverell Corner, 246 Peverell Park Road, Plymouth, PL3 4QG

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING SUMMARY INCOME AND EXPENDITURE ACCOUNT TO 31 MARCH

		<i>Unrestricted funds</i>	<i>Restricted funds</i>	<i>Total 2024</i>	<i>Total 2023</i>
	<i>Note</i>	<i>£</i>	<i>£</i>	<i>£</i>	
INCOMING RESOURCES					
Incoming resources from generated funds					
Grants	2	63,650	-	63,650	64,968
Donations	2	3,668	-	3,668	1,681
Other income	2	5,645	-	5,645	7,536
TOTAL INCOMING RESOURCES		72,963	-	72,963	74,185
RESOURCES EXPENDED					
Charitable activities	3	72,953	-	72,953	73,881
Governance costs	4	1,080	-	1,080	1,212
TOTAL RESOURCES EXPENDED		74,033	-	74,033	75,093
NET MOVEMENT IN FUNDS RESOURCES		(1,070)	-	(1,070)	(908)
BALANCE BROUGHT FORWARD		64,271	-	64,271	65,179
BALANCES CARRIED FORWARD		63,201	-	63,201	64,271

The notes on pages 7 to 10 form an integral part of these financial statements.

The charity is able to use its total funds for any purpose in connection with its charitable objectives.

Crossroads Fun & Friendship Centre

BALANCE SHEET AT 31 MARCH

	Note	2024 £	2023 £
CURRENT ASSETS			
Bank balances		61,888	63,926
Prepayments	6	560	560
Petty cash		1,653	685
		<u>64,101</u>	<u>65,171</u>
CREDITORS			
Amounts falling due within one year	7	(900)	(900)
NET CURRENT ASSETS		<u>63,201</u>	<u>64,271</u>
NET ASSETS		<u>63,201</u>	<u>64,271</u>
FUNDS (all unrestricted)			
Surplus / (deficit)	8	(1,070)	(908)
Total funds b/fwd	8	<u>64,271</u>	<u>65,179</u>
		<u>63,201</u>	<u>64,271</u>

The Trustees considers that the Charity is exempt from an audit and a report under Section 144(1) of the Charities Act 2011.

The trustees acknowledge their responsibility for;

- 1) ensuring the charity keeps accounting records which comply with the Charities Act; and
- 2) preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the financial period, and of its income and expenditure for the period.

Approved by the Board of Trustees on 17.4.2024 and signed on its behalf.

Trustee



Name (BLOCK CAPITALS).....ALLAN JONES.....

Crossroads Fun & Friendship Centre

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1 January 2019 and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

The charity has taken advantage of the exemption from preparing a cash flow statement conferred by Financial Reporting Standard No. 1 on the grounds that if it had been incorporated as a company under the Companies Act 2006 it would have qualified as a small company.

Incoming resources

Grants are recognised in the period to which they relate.

Resources expended

Direct charitable expenditure represents expenditure incurred directly to support the particular charitable objectives of the charity. Costs of management and administration of the charity have been identified on the basis that they are not direct charitable expenditure.

2 INCOMING RESOURCES

	2024 £	2023 £
Grants:		
PCC	63,650	64,968
Total grants	63,650	64,968
Donations:		
Members donations	3,618	1,631
Other donations	50	50
Total donations	3,668	1,681
Other income		
Refunds	10	0
Sundry (PCC)	0	750
Funds raised for Crossroads / other charities	2,040	1,228
Sundry (other)	250	913
Salary overpayments	353	0
Employers NIC allowance	2,393	4,360
Bank interest	599	285
Total other income	5,645	7,536
TOTAL INCOMING RESOURCES	72,963	74,185

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3 DIRECT CHARITABLE EXPENDITURE

	<i>Total</i> 2024 £	<i>Total</i> 2023 £
Staff costs	58,657	60,968
Recreation & welfare	850	1,774
Funds donated to charity	0	1,228
Repairs & renewals	3,404	1,398
TV & internet	622	549
Insurance, Utilities & waste disposal	8,147	6,373
Training	0	659
Sundries	65	152
Travel expenses	198	190
Food & catering	1,010	590
	72,953	73,881

4 MANAGEMENT AND ADMINISTRATION

	<i>Total</i> 2024 £	<i>Total</i> 2023 £
Accountancy / Independent examiner	900	900
Administration costs	180	312
	1,080	1,212

5 TAXATION

The Charity is a registered charity and is exempt from Corporation Tax under the provisions of Section 505 of the Income and Corporation Taxes Act 1988.

6 PREPAYMENTS

	2024 £	2023 £
Insurance	560	560
	560	560

7 CREDITORS: Amounts falling due within one year

	2024 £	2023 £
Accountancy / Independent Examination	900	900
	900	900

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8 ANALYSIS OF FUNDS	1.4.23				31.3.24
Restricted Funds	B/fwd £	Net Income £	Expenditure £	Transfers £	C/fwd £
PCC grant	0	0	0	0	0
Total restricted funds	0	0	0	0	0
Unrestricted funds					
General reserve	64,271	72,963	74,033	0	63,201
Total unrestricted funds	64,271	72,963	74,033	0	63,201
Total Funds	64,271	72,963	74,033	0	63,201

Unrestricted funds comprise those funds, which the trustees are free to use in accordance with the charitable objects.

9 TRANSACTIONS WITH TRUSTEES

None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

No trustee expenses have been incurred and there have been no related party transactions.