

# CROSSROADS FUN & FRIENDSHIP CENTRE

## Report and Accounts

31 March 2023

# Crossroads Fun & Friendship Centre

## **TRUSTEES**

Allan Jones (Chairman)  
Morice Baptist Church represented by Christine Salvage (ex officio)  
David Libby  
John Howe  
John Tregaskis  
Michael Taylor (appointed during the year)  
Jayne Hicks (appointed during the year)

## **PROJECT MANAGER**

Len Russell

## **PRINCIPLE ADDRESS**

Morice Baptist Church  
Ham Drive  
Plymouth  
PL2 2NJ

## **BANKERS**

TSB Bank plc

## **INDEPENDENT EXAMINER**

A P Jopson, FCA  
Tony Jopson & Co Limited,  
Peverell Corner  
246 Peverell Park Road  
Plymouth,  
PL3 4QG

**REGISTERED CHARITY NUMBER: 1175834**

**CHARITABLE INCORPORATED ORGANISATION NUMBER: CE0011788**

# Crossroads Fun & Friendship Centre

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## TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

### BACKGROUND INFORMATION

Crossroads Fun & Friendship Centre was originally registered as a charity, number 1136344 on 15 June 2010. On 20 November 2017, a Charitable Incorporated Organisation ("CIO") was formed number CE011788, named "Crossroads Fun and Friendship Centre". On 21 November 2017 it was registered as a charity number 1175834. At a Trustees meeting held on 18 December 2017 it was resolved to transfer all the assets of the existing charity (1136344) to the new CIO (1175834). This transfer was formally effected on 1 April 2018, immediately following the 31 March 2018 year end of the existing charity.

### PRINCIPLE OBJECTS OF THE CIO

The principle objects of the new CIO are similar to those of the existing charity; to relieve the needs of people with mild to moderate mental health support needs in the city of Plymouth.

It aims to do this by:

1. Operating, maintaining and developing a centre with facilities tailored to the requirements of such people enabling them to relax, learn social skills and develop self-confidence in a positive and uplifting environment that accepts and welcomes them all as individuals in line with the ethos statement.
2. Providing such people with a range of therapeutic and skills based activities focussed on mental health recovery
3. Fostering links with other organisations, including local authorities, other charities and commercial entities, in order to raise awareness and / or funds
4. Delivering high quality help and support to its members within the local and national guidelines of mental health whilst following the principles of good practice, thus ensuring an environment of physical and emotional safety.
5. Ensuring all members feel welcome and valued in accordance with the equal opportunities policy with an awareness of the recognised complaints procedure and the opportunity to be involved in the development and decision making of the charity
6. Informing all of the implications of the Equality Act 2010
7. Challenging discrimination, prejudice and stigma by endeavouring to increase the wider community's understanding of mental health issues
8. Observing confidentiality within the local and national guidelines in accordance with the Data Protection Act 1998 and the more recent GDPR legislation.

### REVIEW OF ACTIVITIES IN THE YEAR – CHAIRMAN'S REPORT

This year, Crossroads Fun & Friendship Centre celebrates its 29<sup>th</sup> Anniversary. This is a tremendous achievement and a great vindication to the vision and faith of our founder Hywel Jones.

During this past year I have again been very impressed by the enthusiastic and dedicated efforts to constantly improve on the quality of services offered at Crossroads Fun and Friendship Centre by the Project Manager, staff and volunteers. The realisation that the vision of Crossroads is not only for our generation of today but for generations to come is both refreshing and vital.

These past years Crossroads Fun and Friendship Centre has had to face up to numerous challenges which are part and parcel of operating in a 'Free Market of Health Provision'. These



## Crossroads Fun & Friendship Centre

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challenges have been met and overcome. Like all other organisations Crossroads Fun & Friendship Centre had to stop operating as a 'drop-in-centre' in March 2020. The test of a good organisation is its ability to adapt to the changing needs and requirements that are compatible to the age in which it is operating. It would be all too easy for Crossroads to lament and concentrate on the services and activities that we can no longer offer owing to the restrictions arising from the coronavirus that have affected us since 2020. I am delighted to report that Project Manager Len Russell supported by Tracey Archman has concentrated on the services and activities that WE CAN OFFER. In my report of 2022, I stated *'We at Crossroads have to see this time of uncertainty as an opportunity for renewal and reform'*. Len and Tracey have displayed great vision and creativity in reorganising the physical layout of the premises to adapt to social spacing. A new programme of activities has been formulated and further activities are in the pipeline for 2023 including the Kings Coronation celebration in May and Crossroads 'Open Days' in July.

Contact with members and volunteer staff has been maintained through social media and telephone conversations. Under its new format Crossroads has remained open since July 2020. We are confident in this time of uncertainty that Crossroads will and is indeed rising to the challenge.

We were pleased to welcome two new additions to our 'Board of Trustees'. Michael Taylor who has been a volunteer at Crossroads for several years helping in a variety of roles. Jayne Hicks who like Mike is a member of Morice Baptist Church and as such is very aware of the ethos and workings of Crossroads. We look forward to their input and advice as they take up their new roles.

Once again Crossroads Fun and Friendship Centre have through excellent budgeting and 'housekeeping' been able to report a slight operating surplus for this financial year.

We are once again very grateful to Plymouth City Council for providing their continual support and funding to the Centre. However, we must not get complacent. Funding in this day and age will always be an issue. We have to constantly remind ourselves that we are in a competitive free market for health provision. At the same time, we must remain true to the ethos and motivation of Crossroads Fun and Friendship Centre.

It is therefore imperative that the Trustees continue to set good examples in reviewing their contributions to the work of Crossroads Fun and Friendship Centre in striving to provide fresh vision and ideas – backed up with action. Trustees need not only to share their ideas and vision for the future but also to encourage everyone associated with the Centre – the Project Manager, staff, volunteers and members to express and share their ideas and visions. Crossroads Fun & Friendship Centre is of course more than just a centre, more than just an organisation. It is in fact a living out, the realisation of the vision of Hwyl Jones. It is all about reaching out and meeting the needs of people. It is all about ensuring that people feel valued, accepted and loved for who they are.

In short, everyone has a role to play in ensuring that Crossroads Fun and Friendship Centre is constantly evolving in its quest to provide better- and better-quality provisions.

I take this opportunity to thank Project Manager Len Russell for another year of dedicated hard work and for his encouragement and patience towards me. Finally, a thank you to all the staff and volunteers of Crossroads Fun and Friendship Centre for all your loyalty, dedication and hard work and also to Morice Baptist Church for their support and prayers.

### **TRUSTEES / COUNCIL OF MEMBERS**

The CIO is administered by a board of trustees as set out on page 1.

### **ANNUAL AND FINANCIAL REVIEW**

The Statement of Financial Activities shows a net deficit for the year to 31 March 2023 of £908 (2022 surplus of £5,738). Reserves stand at £64,271 in total.

## RESERVES POLICY

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets should ideally be six months of the resources expended, which equates to approximately £37,000 for running costs in the year ended 31 March 2023. At this level the Trustees feel they would still be able to carry on the Charity's activities for around a year in the event of a significant fall in funding. At the present time these funds stand at £64,271, which is broadly at the required level.

## RISK MANAGEMENT

The Trustees are alerted to operational and financial risks at their periodic meetings and are fully aware of the need to maintain free reserves at the levels stated above to continue the work of the Charity and the aspirations for the future. Through this medium of periodic reporting the Trustees are exercising an active review of major risk.

## STATEMENT OF RESPONSIBILITIES OF THE TRUSTEES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources during the year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity and the group will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Dated.....26-4-2023.....

Signed..........

NAME (BLOCK CAPITALS).....ALLAN JONES.....

Chair on behalf of the Crossroads Fun & Friendship Centre Trustees



## INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity / CIO for the year ended 31 March 2023, which are set out on pages 6 to 10 below.

### *Respective responsibilities of trustees and examiner*

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under Section 144(1) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 145(1)(a) of the Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Act; and
- to state whether particular matters have come to my attention.

### *Basis of Independent Examiner's Statement*

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with these records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

### *Independent Examiner's Statement*

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

 24/7/23

A P Jopson, FCA

Date

(Fellow of the Institute of Chartered Accountants in England & Wales)

Tony Jopson & Co Ltd, Peverell Corner, 246 Peverell Park Road, Plymouth, PL3 4QG

## STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING SUMMARY INCOME AND EXPENDITURE ACCOUNT TO 31 MARCH

		<i>Unrestricted funds</i>	<i>Restricted funds</i>	<i>Total 2023</i>	<i>Total 2022</i>
	<i>Note</i>	<i>£</i>	<i>£</i>	<i>£</i>	
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Grants	2	64,968	-	64,968	64,968
Donations	2	1,681	-	1,681	1,497
Other income	2	7,536	-	7,536	4,295
<b>TOTAL INCOMING RESOURCES</b>		<b>74,185</b>	<b>-</b>	<b>74,185</b>	<b>70,760</b>
<b>RESOURCES EXPENDED</b>					
Charitable activities	3	73,881	-	73,881	63,051
Governance costs	4	1,212	-	1,212	1,971
<b>TOTAL RESOURCES EXPENDED</b>		<b>75,093</b>	<b>-</b>	<b>75,093</b>	<b>65,022</b>
<b>NET MOVEMENT IN FUNDS RESOURCES</b>		<b>(908)</b>	<b>-</b>	<b>(908)</b>	<b>5,738</b>
<b>BALANCE BROUGHT FORWARD</b>		<b>65,179</b>	<b>-</b>	<b>65,179</b>	<b>59,441</b>
<b>BALANCES CARRIED FORWARD</b>		<b>64,271</b>	<b>-</b>	<b>64,271</b>	<b>65,179</b>

The notes on pages 7 to 10 form an integral part of these financial statements.

The charity is able to use its total funds for any purpose in connection with its charitable objectives.

# Crossroads Fun & Friendship Centre

## BALANCE SHEET AT 31 MARCH

	Note	2023 £	2022 £
<b>CURRENT ASSETS</b>			
Bank balances		63,926	65,015
Prepayments	6	560	560
Petty cash		685	504
		<u>65,171</u>	<u>66,079</u>
<b>CREDITORS</b>			
Amounts falling due within one year	7	(900)	(900)
<b>NET CURRENT ASSETS</b>		<u>64,271</u>	<u>65,179</u>
<b>NET ASSETS</b>		<u>64,271</u>	<u>65,179</u>
<b>FUNDS (all unrestricted)</b>			
Surplus / (deficit)	8	(908)	5,738
Total funds b/fwd	8	65,179	59,441
		<u>64,271</u>	<u>65,179</u>

The Trustees considers that the Charity is exempt from an audit and a report under Section 144(1) of the Charities Act 2011.

The trustees acknowledge their responsibility for;

- 1) ensuring the charity keeps accounting records which comply with the Charities Act; and
- 2) preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the financial period, and of its income and expenditure for the period.

Approved by the Board of Trustees on 26.4.2023 and signed on its behalf.



Trustee

Name (BLOCK CAPITALS).....ALLAN JONES.....



# Crossroads Fun & Friendship Centre

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

### ACCOUNTING POLICIES

#### *Basis of accounting*

The accounts have been prepared in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1 January 2019 and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

The charity has taken advantage of the exemption from preparing a cash flow statement conferred by Financial Reporting Standard No. 1 on the grounds that if it had been incorporated as a company under the Companies Act 2006 it would have qualified as a small company.

#### *Incoming resources*

Grants are recognised in the period to which they relate.

#### *Resources expended*

Direct charitable expenditure represents expenditure incurred directly to support the particular charitable objectives of the charity. Costs of management and administration of the charity have been identified on the basis that they are not direct charitable expenditure.

## 2 INCOMING RESOURCES

	2023 £	2022 £
<b>Grants:</b>		
PCC	64,968	64,968
<b>Total grants</b>	<b>64,968</b>	<b>64,968</b>
<b>Donations:</b>		
Members donations	1,631	1,023
Other donations	50	474
<b>Total donations</b>	<b>1,681</b>	<b>1,497</b>
<b>Other income</b>		
Refunds	0	114
Sundry (PCC)	750	0
Funds raised for charity	1,228	0
Sundry (other)	913	1,000
Employers NIC allowance	4,360	3,085
Bank interest	285	96
<b>Total other income</b>	<b>7,536</b>	<b>4,295</b>
<b>TOTAL INCOMING RESOURCES</b>	<b>74,185</b>	<b>70,760</b>

# Crossroads Fun & Friendship Centre

## 3 DIRECT CHARITABLE EXPENDITURE

	<i>Total 2023 £</i>	<i>Total 2022 £</i>
Staff costs	60,968	49,787
Recreation & welfare	1,774	5,111
Funds donated to charity	1,228	0
Repairs & renewals	1,398	456
TV & internet	549	390
Insurance, Utilities & waste disposal	6,373	7,220
Training	659	0
Sundries	152	26
Travel expenses	190	61
Food & catering	590	0
	<b>73,881</b>	<b>63,051</b>

## 4 MANAGEMENT AND ADMINISTRATION

	<i>Total 2023 £</i>	<i>Total 2022 £</i>
Accountancy / Independent examiner	900	900
Administration costs	312	1,071
	<b>1,212</b>	<b>1,971</b>

## 5 TAXATION

The Charity is a registered charity and is exempt from Corporation Tax under the provisions of Section 505 of the Income and Corporation Taxes Act 1988.

## 6 PREPAYMENTS

	<i>2023 £</i>	<i>2022 £</i>
Insurance	560	560
	<b>560</b>	<b>560</b>

## 7 CREDITORS: Amounts falling due within one year

	<i>2023 £</i>	<i>2022 £</i>
Accountancy / Independent Examination	900	900
	<b>900</b>	<b>900</b>

## Crossroads Fun & Friendship Centre

8	ANALYSIS OF FUNDS	1.4.22				31.3.23
	Restricted Funds	B/fwd £	Net Income £	Expenditure £	Transfers £	C/fwd £
	PCC grant	0	0	0	0	0
	Total restricted funds	0	0	0	0	0
	Unrestricted funds					
	General reserve	65,179	74,185	75,093	0	64,271
	Total unrestricted funds	65,179	74,185	75,093	0	64,271
	Total Funds	65,179	74,185	75,093	0	64,271

**Unrestricted funds** comprise those funds, which the trustees are free to use in accordance with the charitable objects.

## 9 TRANSACTIONS WITH TRUSTEES

None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

No trustee expenses have been incurred and there have been no related party transactions.