
SOS SILENCE OF SUICIDE

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 20 JUNE 2021

SOS SILENCE OF SUICIDE

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 20 JUNE 2021

Trustees

Michael Mansfield QC
Lorna Hackett
Anthony Cash
Thomas Stephen Humphriss (resigned 8 November 2021)
Miranda Leslau (appointed 13 January 2021, resigned 8 September 2021)
Anita Wardle (appointed 1 June 2021)

Company registered number

CE011765

Charity registered number

1175795

Registered office

Nexus Chambers, The Barbon Buildings, 14 Red Lion Square, London, WC1R 4QH

Chief executive officer

Yvette Greenway

Independent Examiners

Nyman Libson Paul LLP, 124 Finchley Road, London, NW3 5JS

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TRUSTEES' REPORT FOR THE YEAR ENDED 20 JUNE 2021

The Trustees present their annual report together with the financial statements of the Charity for the year ended 20 June 2021. The Trustees confirm that the Annual Report and financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective 1 January 2015).

Objectives and Activities

a. Policies and objectives

The Charity is governed by a definitive Trust Deed dated 17th November 2017. Upon trust to pay or apply the whole thereof to or towards of for the benefit or in furtherance of such charitable purposes, charitable institutions or charity foundations in such manner and in such proportions as the trustees may from time to time in their discretion determine.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit and in particular to its supplementary public benefit guidance.

b. Main activities undertaken to further the charity's purposes for the public benefit

The Charity continues to offer free mental health gatherings on a public and private basis to discuss mental health and in particular suicide and their experience(s) of it. We also host mental health surveys and report upon the findings of these.

Achievements and performance

a. Financial result

Incoming resources for the year were £86,826. Net outgoing resources for the year were £36,774 leaving fund balances at the balance sheet date of £59,098 of which £25,046 is restricted and £34,052 is unrestricted.

b. Reserves policy

The Charity's reserves at the period end exceeded one year's running costs which the trustees consider adequate at that time. The policy is to ensure that expenditure does not exceed income.

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TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 20 JUNE 2021

Structure, governance and management

a. Constitution

The Charity is administered by the Board of Trustees which meets regularly to discuss and implement policy.

The Charity is constituted as a Charitable Incorporated Organisation dated 17/11/2017 and is registered with charity number 1175795.

The principal object of the Charity is to provide

A) THE ASSISTANCE AND RELIEF OF THE PHYSICAL AND MENTAL SICKNESS OF PERSONS AT RISK OF SUICIDE OR OF PERSONS SUFFERING FROM THE CONCERN OF THE PHYSICAL AND MENTAL SICKNESS OF ANOTHER PERSON AT RISK OF SUICIDE, OR THE BEREAVEMENT OR LOSS RESULTING FROM ANOTHER PERSON AT RISK OF SUICIDE, IN PARTICULAR BY (BUT NOT LIMITED TO):-

THE PROVISION OF SUPPORT, INTERVENTION AND OF DIRECT AND INDIRECT COUNSELLING AND SUPPORT FOR SUCH PERSONS THROUGH A SERIES OF GROUP, FREE (TO THE END USER) MEETINGS ACROSS THE COUNTRY TO FACILITATE DIALOGUE ON THE SUBJECT OF SUICIDE AND ANY ASSOCIATED MENTAL HEALTH ISSUES, HELPING TO REDUCE STIGMA, SILENCE AND SHAME. THIS WILL ENGAGE THE BEREAVED, THOSE WHO HAVE ATTEMPTED SUICIDE, THOSE CONCERNED FOR A PERSON WITH SUICIDAL TENDENCIES, HEALTH WORKERS, EMPLOYERS, SCHOOLS AND THOSE BEING BULLIED (ADULTS AND CHILDREN).

B) TO ENCOURAGE EDUCATION AND INFORMATION DISSEMINATION TO ENABLE A BETTER UNDERSTANDING THROUGHOUT SOCIETY OF THE CAUSES, SYMPTOMS AND EFFECTS OF SUICIDE AND TO LIAISE WITH AGENCIES (INCLUDING GOVERNMENT) TO FORMULATE POLICY IN THE MENTAL HEALTH ARENA.

C) TO UNDERTAKE RESEARCH INTO THE CAUSES AND EFFECTS OF SUICIDE AND TO ANALYSE TRENDS AND INTERPRET STATISTICAL INFORMATION AND DATA AND TO MAKE AVAILABLE THE USEFUL RESULTS.

b. Recruitment of trustees

Trustees are recruited on retirement of trustees and appropriate training is provided so that they are familiar with the foundation's activities.

c. Risk Management

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

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TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 20 JUNE 2021

Trustees' responsibilities statement

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law requires the Trustees to prepare financial statements for each financial year. The Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 17 February 2022 and signed on their behalf by:

Michael Mansfield QC
Trustee

SOS SILENCE OF SUICIDE

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 20 JUNE 2021

Independent Examiner's Report to the Trustees of SOS Silence of Suicide (the 'Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 20 June 2021.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Responsibilities and Basis of Report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nyman Libson Paul LLP
Chartered Accountants
124 Finchley Road
London
NW3 5JS

21 February 2022

SOS SILENCE OF SUICIDE

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 20 JUNE 2021

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations	2	34,820	49,996	84,816	14,021
Charitable activities	3	2,010	-	2,010	-
Total income		<u>36,830</u>	<u>49,996</u>	<u>86,826</u>	<u>14,021</u>
Expenditure on:					
Raising funds		1,800	-	1,800	-
Charitable activities	5	19,030	15,944	34,974	8,541
Total expenditure	6	<u>20,830</u>	<u>15,944</u>	<u>36,774</u>	<u>8,541</u>
Net (expenditure) / income before other recognised gains and losses		16,000	34,052	50,052	5,480
Net movement in funds		16,000	34,052	50,052	5,480
Reconciliation of funds:					
Total funds brought forward		9,046	-	9,046	3,566
Total funds carried forward		<u>25,046</u>	<u>34,052</u>	<u>59,098</u>	<u>9,046</u>

The notes on pages 9 to 16 form part of these financial statements.

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REGISTERED NUMBER: CE011765

BALANCE SHEET
AS AT 20 JUNE 2021

	Note	£	2021 £	£	2020 £
Fixed assets					
Tangible assets	9		842		353
Current assets					
Debtors	10	2,191		-	
Cash at bank and in hand		58,283		9,713	
		<u>60,474</u>		<u>9,713</u>	
Creditors: amounts falling due within one year	11	(2,218)		(1,020)	
Net current assets			<u>58,256</u>		<u>8,693</u>
Net assets			<u>59,098</u>		<u>9,046</u>
Charity Funds					
Restricted funds	12		34,052		-
Unrestricted funds	12		<u>25,046</u>		<u>9,046</u>
Total funds			<u>59,098</u>		<u>9,046</u>

The financial statements were approved and authorised for issue by the Trustees on 17 February 2022 and signed on their behalf, by:

M. Mansfield QC

The notes on pages 9 to 16 form part of these financial statements.

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STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 20 JUNE 2021

	Note	2021 £	2020 £
Cash flows from operating activities			
Net cash provided by operating activities	14	48,570	5,940
		<hr/>	<hr/>
Change in cash and cash equivalents in the year		48,570	5,940
Cash and cash equivalents brought forward		9,713	3,773
		<hr/>	<hr/>
Cash and cash equivalents carried forward	15	58,283	9,713
		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 9 to 16 form part of these financial statements.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 20 JUNE 2021**

1. Accounting Policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SOS Silence of Suicide meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

1.3 Expenditure

Expenditure is accounted for on an accruals basis.

Governance costs are those incurred in connection with administration of the Charity and compliance with constitutional and statutory requirements.

Charitable activities and Governance costs are costs incurred on the Charity's operations, including support costs and costs relating to the governance of the Charity.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Equipment	- 25% straight line
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1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the Bank.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 20 JUNE 2021

1. Accounting Policies (continued)

1.8 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

1.9 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2. Income from donations

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Donations	29,820	-	29,820	14,021
Grants	5,000	49,996	54,996	-
	<hr/>	<hr/>	<hr/>	<hr/>
Total donations and legacies	34,820	49,996	84,816	14,021
	<hr/>	<hr/>	<hr/>	<hr/>
Total 2020	14,021	-	14,021	
	<hr/>	<hr/>	<hr/>	

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 20 JUNE 2021

3. Income from charitable activities

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Fees	2,010	-	2,010	-
	<u>2,010</u>	<u>-</u>	<u>2,010</u>	<u>-</u>

4. Support costs

	Fundraising expenses £	Total 2021 £	Total 2020 £
Fundraising	1,800	1,800	-
	<u>1,800</u>	<u>1,800</u>	<u>-</u>

5. Governance costs

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Computer costs	3,010	861	3,871	4,311
Advertising	3,303	6,091	9,394	-
Depreciation	160	60	220	160
Office equipment	641	-	641	-
Printing, postage & stationery	280	-	280	426
Legal and professional fees	3,294	-	3,294	2,509
Insurance	320	-	320	304
Subscriptions	1,675	-	1,675	308
Trustees travel	191	-	191	348
Wages and salaries	6,156	8,932	15,088	175
	<u>19,030</u>	<u>15,944</u>	<u>34,974</u>	<u>8,541</u>

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 20 JUNE 2021

6. Analysis of Expenditure by expenditure type

	Staff costs 2021 £	Other costs 2021 £	Total 2021 £	Total 2020 £
Expenditure on fundraising trading	-	1,800	1,800	-
Costs of raising funds	-	1,800	1,800	-
Governance costs	15,088	19,886	34,974	8,541
	15,088	21,686	36,774	8,541
Total 2020	175	8,366	8,541	

7. (Net income)/expenditure

This is stated after charging:

	2021 £	2020 £
Depreciation of tangible fixed assets:		
- owned by the charity	220	160

During the year, no Trustees received any remuneration (2020 - £NIL).
During the year, no Trustees received any benefits in kind (2020 - £NIL).

8. Staff costs

Staff costs were as follows:

	2021 £	2020 £
Wages and salaries	15,088	175

The average number of persons employed by the Charity during the year was as follows:

2021 No.	2020 No.
1	1

No employee received remuneration amounting to more than £60,000 in the period.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 20 JUNE 2021

9. Tangible fixed assets

	Equipment £
Cost	
At 21 June 2020	640
Additions	709
	<hr/>
At 20 June 2021	1,349
	<hr/>
Depreciation	
At 21 June 2020	287
Charge for the year	220
	<hr/>
At 20 June 2021	507
	<hr/>
Net book value	
At 20 June 2021	842
	<hr/> <hr/>
At 20 June 2020	353
	<hr/> <hr/>

10. Debtors

	2021 £	2020 £
Prepayments and accrued income	2,191	-
	<hr/> <hr/>	<hr/> <hr/>

11. Creditors: Amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	358	-
Other creditors	-	720
Accruals and deferred income	1,860	300
	<hr/>	<hr/>
	2,218	1,020
	<hr/> <hr/>	<hr/> <hr/>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 20 JUNE 2021**

12. Statement of funds

Statement of funds - current year

	Balance at 21 June 2020 £	Income £	Expenditure £	Balance at 20 June 2021 £
Unrestricted funds				
Other General funds	9,046	36,830	(20,830)	25,046
	<hr/>	<hr/>	<hr/>	<hr/>
Restricted funds				
Other Restricted funds	-	49,996	(15,944)	34,052
	<hr/>	<hr/>	<hr/>	<hr/>
Total of funds	9,046	86,826	(36,774)	59,098
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Statement of funds - prior year

	Balance at 21 June 2019 £	Income £	Expenditure £	Balance at 20 June 2020 £
General funds	3,566	14,021	(8,541)	9,046
	<hr/>	<hr/>	<hr/>	<hr/>
Restricted funds				
Total of funds	3,566	14,021	(8,541)	9,046
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Summary of funds - current year

	Balance at 21 June 2020 £	Income £	Expenditure £	Balance at 20 June 2021 £
General funds	9,046	36,830	(20,830)	25,046
	<hr/>	<hr/>	<hr/>	<hr/>
	9,046	36,830	(20,830)	25,046
Restricted funds	-	49,996	(15,944)	34,052
	<hr/>	<hr/>	<hr/>	<hr/>
	9,046	86,826	(36,774)	59,098
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 20 JUNE 2021**

12. Statement of funds (continued)

Summary of funds - prior year

	Balance at 21 June 2019 £	Income £	Expenditure £	Balance at 20 June 2020 £
General funds	3,566	14,021	(8,541)	9,046
	<u>3,566</u>	<u>14,021</u>	<u>(8,541)</u>	<u>9,046</u>

13. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	842	-	842
Current assets	28,589	31,885	60,474
Creditors due within one year	(2,218)	-	(2,218)
	<u>25,046</u>	<u>34,052</u>	<u>59,098</u>

Analysis of net assets between funds - prior year

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	353	-	353
Current assets	9,713	-	9,713
Creditors due within one year	(1,020)	-	(1,020)
	<u>9,046</u>	<u>-</u>	<u>9,046</u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 20 JUNE 2021

14. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net (expenditure)/income for the period (as per Statement of Financial Activities)	50,052	5,480
Adjustment for:		
Depreciation charges	220	160
Increase in debtors	(2,191)	-
Increase in creditors	1,198	300
Tangible asset additions	(709)	-
Net cash provided by operating activities	48,570	5,940

15. Analysis of cash and cash equivalents

	2021 £	2020 £
Cash in bank	58,283	9,713
Total	58,283	9,713