



ANNUAL REPORT
1st April 22 – 31st March 23

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Chairman Forward

I am delighted to introduce the UTRUK 2022/2023 annual report of the board of trustees. As you will see, we have made this year about laying down a strong foundation for supporting those young people who need our services.

We have taken stock of our strategy, mission and values and developed these further with our young people to make sure UTRUK delivers on its original ethos of being a truly youth centred institution.

Our flagship programme has still been UTRUK Helpline is still taking the lead in our services. With the continuing high profile of 'Child Sexual Exploitation' we are committed to continuing to provide a safe and secure environment for those we continue to support.

We continue to develop our programs with and for young people. They are our most important stakeholder and we are committed to allowing every opportunity for young people to shape the future of the charity.

I would like to offer my heartfelt thanks to all who contributed in so many ways to making the past year so successful. To our senior management team, old and new, for their support, advice and guidance; to our trustees, volunteers for giving us their time and expertise; to the staff of UTRUK for their hard work and determination; to our loyal and dedicated volunteers who are such a valuable part of our team; to our supporters and fundraisers from all over the globe who once again have shown how much they care with their unstinting support and their incredible achievements.

I hope that like me you will be inspired by our plans to help children and young people realise their ambition, contribute to society in a meaningful way - and want to be a part of our story.

For, and on behalf, of the board of Trustees,
Michael Carroll-Owen / Co-Chair

Report of the Trustees

For the year ended 31 March 2019

The trustees of the UTRUK charity present their annual report and accounts for the year ended 31 March 2020 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

Charity Number:	1175738
Constitution / Structure Type:	Charitable Incorporated Organisation (CIO)
Start of Financial Year	1 April 2022
End of Financial Year:	31 March 2023
Trustees at 24 January 2022-23:	Mr Michael Carroll-Owen (Co-Chair) Mr Matt Gibbons Ms Grace Radford (Co-Chair)
Trustee Selection Method	Elected by Trustees
Organisational Management	The trustees determine the general policy of the charity.
Registered Address:	UTRUK 27A Manvers Road Mexborough South Yorkshire S64 9EU
Date of Incorporation:	14 November 2017
Governing Document:	Memorandum and Articles of Association
Bankers:	Natwest Bank Street Mexborough S64 9QE
Independent Examiner:	Not required as per Charity Commission guidelines due to low-income level in this reporting period.

Report of the Trustees cont'd

For the year ended 31 March 2023

The trustees and directors present their report and accounts for the year ended 31 March 2023.

Objectives and how they are achieved:

Vision

A world where every young person can access support for abuse and child sexual exploitation in a way that they wish and starting where they feel most comfortable

Mission

To prepare young people for life by ensuring they get the support, guidance and opportunities they need to succeed after traumatic events.

Values

Our core values are driven by the following factors:

UTRUK supports young people, through the promotion of health & wellbeing.

Ensuring young people have access to support service when they face a traumatic event like abuse or CSE by providing a helpline that is easy for them to access in their time of need and challenging perception by doing research.

Geographic Scope

Our delivery is primarily aimed at young people aged 16-25 and to facilitate services which aimed to ensure that we empower and involve young people transition into adulthood after traumatic events. Our programmes are largely based within the UK as it stands.

Programs, Results of the Year and Achievements

Helpline – The helpline service has continued to thrive with those accessing the service getting the correct Information, Advice and Guidance the first time. During this period we supported our 250th young person through the helpline service.

Support Group (South Yorkshire) – Our support group in Doncaster has continued to gain momentum during 2022 which we supported 100 young people who have been through CSE, in regaining a degree of normality whilst we supported them during some of their most difficult years in their lives.

Education & Training – Our Education and Training is still a work in progress, however we are now a registered CPD education & training center. We are currently developing our Level 2/3 courses for young people and professionals to be able to complete to enhance their chance of education or employment in the future.

Counselling Service – Our counselling service is still busy with UTRUK Founder (Counsellor Qualified) carrying out 15 counselling sessions a week which are still free of charge for young people. We are in the process of looking for further core funding to supplement our Founders work.

Public Benefit

Throughout 2019 the UTRUK supported young people from all walks of life.

The charity provides young people a platform to openly talk about their issues in relation to Abuse and Child Sexual Exploitation through the means of a helpline and further support services. UTRUK has a special focus on working with young men & boys due to the lack of support services there are available for them in this area of work, but the charity is for both genders to be able to access.

Risk Management

The trustees are responsible for the overseeing of the risks faced by the charity. Detailed considerations of risk are delegated to the Senior Management of the charity. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on an annual basis.

The main risks that the trustees have identified and the plans to manage those risks are:

Reputation

The charity's success is built on its reputation for the well-being of our volunteers and staff. We manage this risk through safeguarding policies, staff recruitment policies and active identification and resolution of health and safety related issues through undertaking strict risk management assessments for each activity the charity undertakes.

Money

Our ability to continue is reliant on public donations, corporate support and grant programs. This risk is managed by marketing activity, having a reputation for worldwide excellence and cash-flow management. We however have identified significant issues in relation to gaining access to charitable funds in which funders are less likely to support services for CSE survivors who are male compared to those who work with young women & girls.

Programs and Activities

The charity's programs require the most able volunteers and staff to facilitate our activities to benefit the public with optimum excellence. We manage this risk by combining attractive benefits and recruiting a diverse workforce to make our charity the most inclusive organisation to work for. Our all volunteers and staff undergo initial training and Continual Professional Development (CPD).

Through the risk management processes established for the charity, the trustees are satisfied that the major risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Serious Incidents

No serious incidents were reported.

Environmental Sustainability Policy

The UTRUK commits itself to minimising its impact on our environment through

- Providing a safe and healthful workplace;
- Having an environmentally sustainable aware culture, where responsibility is assigned and understood;
- Being an environmentally responsible neighbour in our community;
- Conserving natural resources by reusing and recycling;
- Using, in our own operations, processes that do not adversely affect the environment;
- Ensuring the responsible use of energy throughout the organisation;
- Participating in efforts to improve environmental protection and understanding;
- Taking steps to improve environmental performance continually;
- Conducting rigorous audits, evaluations, and self-assessments of the implementation of this policy;
- Working with suppliers who promote sound environmental practices; and
- Enhancing awareness among our employees, volunteers, and users – educating and motivating them to act in an environmentally responsible manner.

Volunteer Help

10 Volunteers

as of 31 March 2023

List of volunteer positions at the UTRUK:

- Social Media Manager (x1)
- Communications Team Member (x1)
- Helpline Team Members (x7)
- IT Team Members (x1)

Gifts in Kind

The UTRUK received 'Gifts in Kind' throughout 2022/23. These are listed below:

Advertising credits from online search engine

This enables the UTRUK the opportunity to grow further via online platforms such as Facebook, Twitter and via search engines such as Google.

Venues for events

Website hosting (Free)

The website is a key platform for the charity. Keeping costs down for this is important to the charity as it allows the money we receive to be put elsewhere, to better use for i.e. our programs. Mexborough Hosting have collaborated with the UTRUK to help us keep our website operation costs down.

Email & Communications System (Free)

Numerous UK based companies have offered their support with the UTRUK to keep communications costs down for i.e. telephony (3CX & Twilio) and email (Microsoft for Charities and Google for non-profits).

Reserves

UTRUK has not maintained any reserves this financial year. The trustees felt all efforts and funds should continue go on developing the foundations of the organisation. UTRUK hopes to implement a reserves policy during 2021.

Partners

5 Partners

as of 31 March 2023

List of UTRUK partners:

Charity Hosting (Website and Online Partner)

Microsoft Charities (Email Partner)

3CX (Technology Partner)

Twilio (Technology Partner)

Google for charities (Website and Online Partner)

Financial position

The financial statements show incoming receipts and payments for the year. The principal source of income was from:

Online Donations

The Trustees are continuing their strategy of deploying all net incoming resources to investing in the charitable purposes of the UTRUK.

As a charity - the public, volunteers and staff have the assurance that all the income of the charity must be applied for charitable purposes. As a registered charity we qualify for tax exemption however the trustees are yet to file for this benefit with HMRC. This is something for charity is looking to fulfil in the coming year.

Declarations

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Mr Michael Carroll-Owen
Co-Chair & Trustee



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' annual report (including Directors' report) for the period

From: 1ST April 2022

To: 31st March 2023

Charity name: UTRUK

Charity registration number: 1175738

Company number:

Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING

		FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION. 3. TO ADVANCE THE EDUCATION OF THE PUBLIC, BY RAISING AWARENESS, AND PROMOTING AND/OR CONDUCTING EDUCATION AND RESEARCH AROUND THE ISSUES OF SEXUAL ABUSE & EXPLOITATION AND TO MAKE AVAILABLE TO THE PUBLIC SUCH USEFUL RESULTS POWERS
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not Applicable
Policy on social investment including program related investment	Para 1.38	Not Applicable
Contribution made by volunteers	Para 1.38	2.5hrs per month x 3 elected trustees and 2 co-opted trustees = 180hrs per year 10 volunteers = 5hrs pm = 3000hrs per year
Other		

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We were granted £1000 by Aviva for work on our website. We have 7 x helpline volunteers and 3 x within other specialisms (Media, PR, Fundraising) We have supported our 500th participant/young person during this period
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial review

Review of the charity's financial position at the end of the period	Para 1.21	Income of the charity has been £1000 this has accounting period because of two issues in particularly:
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		<ol style="list-style-type: none"> 1. Ring Fenced Funding for the same work but primarily concerned with young women & girls 2. Funders have not been receptive to the work around young men & boys needed in this area of work.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have no reserves
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	We have no strategic continuing funding in place
Details of fund materially in deficit	Para 1.24	Not Applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We don't see that we have any ongoing concerns whilst we haven't been granted funding due to the voluntary time we have from volunteers and the lack of physical overheads.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, trust deed , memorandum and articles of association etc	Para 1.25	CIO Constitution
How is the charity constituted?	Para 1.25	CIO - Foundation

for example limited company, unincorporated association, CIO		
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We recruit applicants based on the need for their expertise within specific areas and then elect to the trustee board at the Annual General Meeting

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Training package provided by Small Charity Commission including: <ul style="list-style-type: none"> • Safeguarding of Vulnerable People • GDPR • Safer Recruitment • Financial Responsibilities of Trustees • Trustees Role & Responsibilities • CIO Constitution • DBS Checks • Skills Qualifications
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	No Applicable
Other		

Reference and administrative details

Charity name	UTRUK
Other name the charity uses	
Registered charity number	1175738
Charity's principal address	27a Manvers Road, Mexborough, S64 9EU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Grace Radford			
2	Michael Carroll-Owen			
3	Matt Gibbons			
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Corporate trustees – names of the directors at the date the report was approved

Director name	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not Applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

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Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)	Michael Carroll-Owen	
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Full name(s)	Michael Carroll-Owen	
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Position (for example Secretary, Chair, etc)	Co-Chair	
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Date	24/1/2024
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