

UTRUK

England & Wales · Charity number 1175738

Details

| | |
|-------------|---|
| Other names | UTRUK PARTNERSHIPS |
| Status | Registered |
| Legal form | CIO |
| Registered | 2017-11-14 |
| Register | View on the Charity Commission register |

Contact

| | |
|---------|--|
| Address | 3 Church Lane Marr Doncaster South Yorkshire DN5 7AU |
| Phone | 02039848990 |
| Email | enquiries@UTRUK.ORG.UK |
| Website | WWW.UTRUK.ORG.UK |

Activities

Objects: 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES.2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION.3. TO ADVANCE THE EDUCATION OF THE PUBLIC, BY RAISING AWARENESS, AND PROMOTING AND/OR CONDUCTING EDUCATION AND RESEARCH AROUND THE ISSUES OF SEXUAL ABUSE & EXPLOITATION AND TO MAKE AVAILABLE TO THE PUBLIC SUCH USEFUL RESULTS POWERS

Activities: 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- Scotland
- Throughout England And Wales

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-03-31 | £11,000 | £9,500 | - | - |
| 2024-03-31 | £10,250 | £9,540 | - | - |
| 2023-03-31 | £1,000 | £995 | - | - |
| 2022-03-31 | £1,000 | £350 | - | - |
| 2021-03-31 | £100 | £0 | - | - |

Trustees

| Name | Role | Appointed |
|-----------------------------|-------|------------|
| MICHAEL CARROLL-OWEN | Chair | 2017-11-14 |
| Michaela Foster | | 2025-07-07 |
| Ricky Foster | | 2025-07-07 |

UTRUK

England & Wales - Charity number 1175738

Accounts



Trustees' annual report (including Directors' report) for the period

From: 1ST April 2024
Charity name: UTRUK

To: 31st March 2025

Charity registration number: 1175738

Company number:

Objectives and activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING |

| | | |
|--|-----------|--|
| | | FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION. 3. TO ADVANCE THE EDUCATION OF THE PUBLIC, BY RAISING AWARENESS, AND PROMOTING AND/OR CONDUCTING EDUCATION AND RESEARCH AROUND THE ISSUES OF SEXUAL ABUSE & EXPLOITATION AND TO MAKE AVAILABLE TO THE PUBLIC SUCH USEFUL RESULTS POWERS |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|---|
| Policy on grant making | Para 1.38 | Not Applicable |
| Policy on social investment including program related investment | Para 1.38 | Not Applicable |
| Contribution made by volunteers | Para 1.38 | 5hrs per month x 3 elected trustees and 2 co-opted trustees = 300hrs per year 2000hrs by volunteers who are not trustees |
| Other | | |

Achievements and performance

| | | |
|--|------------------|---|
| <p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p> | <p>Para 1.20</p> | <p>Trustee's meeting regular monthly due to the nature of our work. We have established partnerships with a variety of organisations to maximise the impact we have for clients by providing signposting to other organisations who can support them with other issues they might be facing.</p> <p>We have recruited co-opted trustees with specialisms within finance and technology.</p> <p>We have 15 x helpline volunteers along with 12 volunteers within other specialisms (Media, PR, Fundraising)</p> <p>Fundraising activities significant harder due to VAWG activities meaning that funders see the work with Males survivors less important.</p> |
|--|------------------|---|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|------------------|--|
| <p>Achievements against objectives set</p> | <p>Para 1.41</p> | |
| <p>Performance of fundraising activities against objectives set</p> | <p>Para 1.41</p> | |
| <p>Investment performance against objectives</p> | <p>Para 1.41</p> | |
| <p>Other</p> | | |

Financial review

| | | |
|--|-----------|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | Income of the charity has been £11,000 this has accounting period because of two ongoing issues in particularly: <ol style="list-style-type: none"> 1. Ring Fenced Funding for the same work but primarily concerned with young women & girls 2. Funders have not been receptive to the work around young men & boys needed in this area of work. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | We have no reserves |
| Amount of reserves held | Para 1.22 | £0 |
| Reasons for holding zero reserves | Para 1.22 | We have no funding in place |
| Details of fund materially in deficit | Para 1.24 | Not Applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | We don't see that we have any ongoing concerns whilst we haven't been granted funding due to the voluntary time we have from volunteers and the lack of physical overheads. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | Donations and charitable grants made to the charity |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

Structure, governance and management

| | | |
|---|-----------|-------------------------|
| Description of charity's trusts: | | |
| Type of governing document: for example, trust deed , | Para 1.25 | CIO Constitution |

| | | |
|---|-----------|--|
| memorandum and articles of association etc | | |
| How is the charity constituted? for example limited company, unincorporated association, CIO | Para 1.25 | CIO - Foundation |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | We recruit applicants based on the need for their expertise within specific areas and then elect to the trustee board at the Annual General Meeting |
| | | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | Training package provided by Small Charity Commission including: <ul style="list-style-type: none"> • Safeguarding of Vulnerable People • GDPR • Safer Recruitment • Financial Responsibilities of Trustees • Trustees Role & Responsibilities • CIO Constitution • DBS Checks • Skills Qualifications |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | See Organigram |
| Relationship with any related parties | Para 1.51 | No Applicable |
| Other | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year |
|--------------|-----------------------------------|
| | |
| | |
| | |
| | |
| | |
| | |

Funds held as custodian trustees on behalf of others

| | |
|---|----------------|
| Description of the assets held in this capacity | Not Applicable |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | N/A |

Additional information (optional)

Names and addresses of advisers (optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|-----------------|------|---------|

| | | |
|--|--|--|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (optional information)

| |
|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

| | | |
|--|-----------------------------|--|
| Signature(s) | <i>Michael Carroll-Owen</i> | |
| Full name(s) | Michael Carroll-Owen | |
| Position (for example Secretary, Chair, etc) | Co-Chair | |
| Date | 16/3/2025 | |



UTRUK

UNDER **THE RADAR UK**

Annual Report

01 April 2024-31st March 2025

Contents

| | |
|-------------------------------------|--------|
| Chairman Foreword | Page 1 |
| Report of the Trustees | Page 2 |
| Report of the Trustees cont'd | Page 3 |
| Mission | Page 3 |
| Values | Page 3 |
| Geographical Scope | Page 3 |
| Programs | Page 4 |
| Public Benefit | Page 4 |
| Risk Management | Page 5 |
| Serious Incidents | Page 5 |
| Environmental Sustainability Policy | Page 5 |
| Volunteer Help | Page 5 |
| Gifts in Kind | Page 6 |
| Reserves | Page 6 |
| Partners | Page 6 |
| Financial Position | Page 7 |
| Trustee Declaration | Page 7 |

Chairman Forward

I am delighted to introduce the UTRUK sixth annual report of the board of trustees.

As you will see this year has been about continued support to those young people who need our services.

We have continued to take stock of our strategy, mission and values and developed these further with our young people to make sure UTRUK delivers on its original ethos of being a truly youth centred institution.

Our flagship programme has been UTRUK Helpline is still taking the lead in our services. With the high profile of 'Child Sexual Exploitation' & 'Child Sexual Abuse' highlighted significantly during the pandemic we are committed to continuing to provide a safe and secure environment for those we continue to support.

We continue to develop our programmes with and for young people. They remain our most important stakeholder and we are committed to allowing every opportunity for young people to shape the future of the charity.

I would like to offer my heartfelt thanks to all who contributed in so many ways to making the past year so successful. To our senior management team, old and new, for their support, advice and guidance; to our trustees, volunteers for giving us their time and expertise; to the staff of UTRUK for their hard work and determination; to our loyal and dedicated volunteers who are such a valuable part of our team; to our supporters and fundraisers from all over the globe who once again have shown how much they care with their unstinting support and their incredible achievements.

I hope that like me you will be inspired by our plans to help children and young people realise their ambition, contribute to society in a meaningful way - and want to be a part of our story.

For, and on behalf, of the board of Trustees,
Grace Radford | Michael Carroll-Owen / Co-Chairs

Report of the Trustees

For the year ended 31 March 2025

The trustees of the UTRUK charity present their annual report and accounts for the year ended 31 March 2024 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

| | |
|---------------------------------------|---|
| Charity Number: | 1175738 |
| Constitution / Structure Type: | Charitable Incorporated Organisation (CIO) |
| Start of Financial Year | 1 April 2024 |
| End of Financial Year: | 31 March 2025 |
| Trustees at 26 January 2021: | Mr Michael Carroll-Owen (Co-Chair) Ms Grace Radford (Co-Chair) Mr Mathew Gibbons |
| Trustee Selection Method | Elected by Trustees |
| Organisational Management | The trustees determine the general policy of the charity. |
| Registered Address: | UTRUK 27A Manvers Road Mexborough South Yorkshire S64 9EU |
| Date of Incorporation: | 14 November 2017 |
| Governing Document: | Memorandum and Articles of Association |
| Bankers: | NATWEST BANK 1 Victoria Place Holbeck Leeds LS11 5AN |
| Independent Examiner: | Not required as per Charity Commission guidelines due to low-income level in this reporting period. |

Report of the Trustees cont'd

For the year ended 31 March 2025

The trustees and directors present their report and accounts for the year ended 31 March 2025.

Objectives and how they are achieved:

Vision

A world where every young person can access support for abuse and child sexual exploitation in a way that they wish and starting where they feel most comfortable

Mission

To prepare young people for life by ensuring they get the support, guidance and opportunities they need to succeed after traumatic events.

Values

Our core values are driven by the following factors:

UTRUK supports young people, through the promotion of health & wellbeing.

Ensuring young people have access to support service when they face a traumatic event like abuse or CSE by providing a helpline that is easy for them to access in their time of need and challenging perception by doing research.

Geographic Scope

Our delivery is primarily aimed at young people aged 16-25 and to facilitate services which aimed to ensure that we empower and involve young people transition into adulthood after traumatic events. Our programmes are largely based within the UK as it stands.

Programs, Results of the Year and Achievements

To date, this includes:

UTRUK

UTRUK continues to focus on three core areas – mental health, education and homelessness. As a charity, we continue wanting to see these subjects integrated better in the United Kingdom's mainstream Abuse & Child Sexual Exploitation policies, building a strong foundation for future generations and enabling them to receive the best all-rounded holistic support. All three areas have been created as individual projects within UTRUK, focusing on establishing a holistic support service that can cater for those who have been through abuse or CSE to have the independence and empowerment to be able to move forward into adulthood after going through a traumatic event such as abuse or child sexual exploitation.

Public Benefit

Throughout 2024/25 UTRUK continued to support young people from all walks of life, especially during the pandemic where young people needed more support from trusted adults.

The charity provides young people a platform to openly talk about their issues in relation to Abuse and Child Sexual Exploitation through the means of a helpline and further support services. UTRUK has a special focus on working with young men & boys due to the lack of support services there are available for them in this area of work, but the charity is for both genders to be able to access.

Risk Management

The trustees are responsible for the overseeing of the risks faced by the charity. Detailed considerations of risk are delegated to the Senior Management of the charity. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on an annual basis.

The main risks that the trustees have identified and the plans to manage those risks are:

Reputation

The charity's success is built on its reputation for the well-being of our volunteers and it's trustees successors. We manage this risk through safeguarding policies, staff recruitment policies and active identification and resolution of health and safety related issues through undertaking strict risk management assessments for each activity the charity undertakes.

Money

Our ability to continue is reliant on public donations, corporate support and grant programs. This risk is managed by marketing activity, having a reputation for worldwide excellence and cash-flow management. Still we continue to have identified significant issues in relation to gaining access to charitable funds in which funders are less likely to support services for CSE survivors who are male compared to those who work with young women & girls, however we are starting to see this changing especially with the VAWG strategy where males have also been included.

Programs and Activities

The charity's programs require the most able volunteers and staff to facilitate our activities to benefit the public with optimum excellence. We manage this risk by combining attractive benefits and recruiting a diverse workforce to make our charity the most inclusive organisation to work for. Our all volunteers continue to undergo initial training and Continual Professional Development (CPD) and we are in the process of validating a Level 2 Youth Work, Level 2 (CPD) in Understanding Prevent & Safeguarding, Level 2 (CPD) In Equality and Diversity qualifications for all volunteers.

Through the risk management processes established for the charity, the trustees are satisfied that the major risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Serious Incidents

No serious incidents were reported.

Environmental Sustainability Policy

The UTRUK commits itself to minimising its impact on our environment through

- Providing a safe and healthful workplace;
- Having an environmentally sustainable aware culture, where responsibility is assigned and understood;
- Being an environmentally responsible neighbour in our community;
- Conserving natural resources by reusing and recycling;
- Using, in our own operations, processes that do not adversely affect the environment;
- Ensuring the responsible use of energy throughout the organisation;
- Participating in efforts to improve environmental protection and understanding;
- Taking steps to improve environmental performance continually;
- Conducting rigorous audits, evaluations, and self-assessments of the implementation of this policy;
- Working with suppliers who promote sound environmental practices; and
- Enhancing awareness among our employees, volunteers, and users – educating and motivating them to act in an environmentally responsible manner.

Volunteer Help

22 Volunteers

as of 31 March 2025

List of volunteer positions at the UTRUK:

- Public Relations Team Member (x1)
- Designated Safeguarding Lead (x3)
- Social Media Manager (x2)
- Communications Team Member (x1)
- Helpline Team Members (x13)
- HR Team Member (x1)
- IT Team Members (x1)

Gifts in Kind

The UTRUK received 'Gifts in Kind' throughout 2024/25. These are listed below:

Advertising credits from online search engine

This enables the UTRUK the opportunity to grow further via online platforms such as Facebook, Twitter and via search engines such as Google.

Venues for events

Website hosting (Free)

The website is a key platform for the charity. Keeping costs down for this is important to the charity as it allows the money we receive to be put elsewhere, to better use for i.e. our programs. Mexborough Hosting have collaborated with the UTRUK to help us keep our website operation costs down.

Email & Communications System (Free)

Numerous UK based companies have offered their support with the UTRUK to keep communications costs down for i.e. telephony (3CX & Twilio) and email (Microsoft for Charities and Google for non-profits).

Reserves

UTRUK has not maintained any reserves this financial year. The trustees felt all efforts and funds should continue go on developing the foundations of the organisation. UTRUK still struggles to implement reserves, however due to low risk we will continue to build on this issue.

Partners

5 Partners

as of 31 March 2025

List of UTRUK partners:

Ethical Hosting (Website and Online Partner)

Microsoft Charities (Email Partner)

3CX (Technology Partner)

Twilio (Technology Partner)

Google for charities (Website and Online Partner)

Mexborough Hosting (Secondary Hosting Partner)

Donation Manager (Donation Management Partner)

Cliniko (Counselling Platform Partner)

Financial position

The financial statements show incoming receipts and payments for the year. The principal source of income was from:

Online Donations / In Kind Giving

The Trustees are continuing their strategy of deploying all net incoming resources to investing in the charitable purposes of the UTRUK.

As a charity - the public, volunteers and staff have the assurance that all the income of the charity must be applied for charitable purposes. As a registered charity we qualify for gift aid however the trustees are yet to file for this benefit with HMRC due to constraints with the pandemic we decided to focus more on our clients at this time. This is something for charity is looking to fulfil in the coming year.

Declarations

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Michael Carroll-Owen

Mr Michael Carroll-Owen
Co-Chair & Trustee

UTRUK

England & Wales - Charity number 1175738

Accounts



UTRUK

UNDER **THE RADAR UK**

Annual Report

01 April 2023-31st March 2024

Contents

| | |
|-------------------------------------|--------|
| Chairman Foreword | Page 1 |
| Report of the Trustees | Page 2 |
| Report of the Trustees cont'd | Page 3 |
| Mission | Page 3 |
| Values | Page 3 |
| Geographical Scope | Page 3 |
| Programs | Page 4 |
| Public Benefit | Page 4 |
| Risk Management | Page 5 |
| Serious Incidents | Page 5 |
| Environmental Sustainability Policy | Page 5 |
| Volunteer Help | Page 5 |
| Gifts in Kind | Page 6 |
| Reserves | Page 6 |
| Partners | Page 6 |
| Financial Position | Page 7 |
| Trustee Declaration | Page 7 |

Chairman Forward

I am delighted to introduce the UTRUK sixth annual report of the board of trustees.

As you will see this year has been about continued support to those young people who need our services.

We have continued to take stock of our strategy, mission and values and developed these further with our young people to make sure UTRUK delivers on its original ethos of being a truly youth centred institution.

Our flagship programme has been UTRUK Helpline is still taking the lead in our services. With the high profile of 'Child Sexual Exploitation' & 'Child Sexual Abuse' highlighted significantly during the pandemic we are committed to continuing to provide a safe and secure environment for those we continue to support.

In 2023 due to a £10,000 grant from National Lottery Community Foundation we were able to start a community support programme to benefit those in South Yorkshire who have been through Child Sexual Exploitation or Child Sexual Abuse.

We continue to develop our programmes with and for young people. They remain our most important stakeholder and we are committed to allowing every opportunity for young people to shape the future of the charity.

I would like to offer my heartfelt thanks to all who contributed in so many ways to making the past year so successful. To our senior management team, old and new, for their support, advice and guidance; to our trustees, volunteers for giving us their time and expertise; to the staff of UTRUK for their hard work and determination; to our loyal and dedicated volunteers who are such a valuable part of our team; to our supporters and fundraisers from all over the globe who once again have shown how much they care with their unstinting support and their incredible achievements.

I hope that like me you will be inspired by our plans to help children and young people realise their ambition, contribute to society in a meaningful way - and want to be a part of our story.

For, and on behalf, of the board of Trustees,
Grace Radford | Michael Carroll-Owen / Co-Chairs

Report of the Trustees

For the year ended 31 March 2024

The trustees of the UTRUK charity present their annual report and accounts for the year ended 31 March 2024 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

| | |
|---------------------------------------|---|
| Charity Number: | 1175738 |
| Constitution / Structure Type: | Charitable Incorporated Organisation (CIO) |
| Start of Financial Year | 1 April 2023 |
| End of Financial Year: | 31 March 2024 |
| Trustees at 26 January 2021: | Mr Michael Carroll-Owen (Co-Chair) Ms Grace Radford (Co-Chair) Mr Mathew Gibbons |
| Trustee Selection Method | Elected by Trustees |
| Organisational Management | The trustees determine the general policy of the charity. |
| Registered Address: | UTRUK 27A Manvers Road Mexborough South Yorkshire S64 9EU |
| Date of Incorporation: | 14 November 2017 |
| Governing Document: | Memorandum and Articles of Association |
| Bankers: | NATWEST BANK 1 Victoria Place Holbeck Leeds LS11 5AN |
| Independent Examiner: | Not required as per Charity Commission guidelines due to low-income level in this reporting period. |

Report of the Trustees cont'd

For the year ended 31 March 2024

The trustees and directors present their report and accounts for the year ended 31 March 2024.

Objectives and how they are achieved:

Vision

A world where every young person can access support for abuse and child sexual exploitation in a way that they wish and starting where they feel most comfortable

Mission

To prepare young people for life by ensuring they get the support, guidance and opportunities they need to succeed after traumatic events.

Values

Our core values are driven by the following factors:

UTRUK supports young people, through the promotion of health & wellbeing.

Ensuring young people have access to support service when they face a traumatic event like abuse or CSE by providing a helpline that is easy for them to access in their time of need and challenging perception by doing research.

Geographic Scope

Our delivery is primarily aimed at young people aged 16-25 and to facilitate services which aimed to ensure that we empower and involve young people transition into adulthood after traumatic events. Our programmes are largely based within the UK as it stands.

Programs, Results of the Year and Achievements

To date, this includes:

UTRUK

UTRUK continues to focus on three core areas – mental health, education and homelessness. As a charity, we continue wanting to see these subjects integrated better in the United Kingdom's mainstream Abuse & Child Sexual Exploitation policies, building a strong foundation for future generations and enabling them to receive the best all-rounded holistic support. All three areas have been created as individual projects within UTRUK, focusing on establishing a holistic support service that can cater for those who have been through abuse or CSE to have the independence and empowerment to be able to move forward into adulthood after going through a traumatic event such as abuse or child sexual exploitation.

Public Benefit

Throughout 2023/24 UTRUK continued to support young people from all walks of life, especially during the pandemic where young people needed more support from trusted adults.

The charity provides young people a platform to openly talk about their issues in relation to Abuse and Child Sexual Exploitation through the means of a helpline and further support services. UTRUK has a special focus on working with young men & boys due to the lack of support services there are available for them in this area of work, but the charity is for both genders to be able to access.

Risk Management

The trustees are responsible for the overseeing of the risks faced by the charity. Detailed considerations of risk are delegated to the Senior Management of the charity. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on an annual basis.

The main risks that the trustees have identified and the plans to manage those risks are:

Reputation

The charity's success is built on its reputation for the well-being of our volunteers and it's trustees successors. We manage this risk through safeguarding policies, staff recruitment policies and active identification and resolution of health and safety related issues through undertaking strict risk management assessments for each activity the charity undertakes.

Money

Our ability to continue is reliant on public donations, corporate support and grant programs. This risk is managed by marketing activity, having a reputation for worldwide excellence and cash-flow management. We still however have identified significant issues in relation to gaining access to charitable funds in which funders are less likely to support services for CSE survivors who are male compared to those who work with young women & girls, however we are starting to see this changing especially with the VAWG strategy where males have also been included.

Programs and Activities

The charity's programs require the most able volunteers and staff to facilitate our activities to benefit the public with optimum excellence. We manage this risk by combining attractive benefits and recruiting a diverse workforce to make our charity the most inclusive organisation to work for. Our all volunteers continue to undergo initial training and Continual Professional Development (CPD) and we are in the process of validating a Level 2 Youth Work qualification for all volunteers.

Through the risk management processes established for the charity, the trustees are satisfied that the major risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Serious Incidents

No serious incidents were reported.

Environmental Sustainability Policy

The UTRUK commits itself to minimising its impact on our environment through

Providing a safe and healthful workplace;

Having an environmentally sustainable aware culture, where responsibility is assigned and understood;

Being an environmentally responsible neighbour in our community;

Conserving natural resources by reusing and recycling;

Using, in our own operations, processes that do not adversely affect the environment;

Ensuring the responsible use of energy throughout the organisation;

Participating in efforts to improve environmental protection and understanding;

Taking steps to improve environmental performance continually;

Conducting rigorous audits, evaluations, and self-assessments of the implementation of this policy;

Working with suppliers who promote sound environmental practices; and

Enhancing awareness among our employees, volunteers, and users – educating and motivating them to act in an environmentally responsible manner.

Volunteer Help

23 Volunteers & 2 Paid Sessional Workers

as of 31 March 2024

List of volunteer positions at the UTRUK:

Public Relations Team Member (x1) Designated Safeguarding Lead (x3)

Social Media Manager (x2)

Communications Team Member (x1)

Helpline Team Members (x13)

HR Team Member (x1)

IT Team Members (x2)

(Paid) **Sessional Development Workers (x2)**

Gifts in Kind

The UTRUK received 'Gifts in Kind' throughout 2023/24. These are listed below:

Advertising credits from online search engine

This enables the UTRUK the opportunity to grow further via online platforms such as Facebook, Twitter and via search engines such as Google.

Venues for events

Website hosting (Free)

The website is a key platform for the charity. Keeping costs down for this is important to the charity as it allows the money we receive to be put elsewhere, to better use for i.e. our programs. Mexborough Hosting have collaborated with the UTRUK to help us keep our website operation costs down.

Email & Communications System (Free)

Numerous UK based companies have offered their support with the UTRUK to keep communications costs down for i.e. telephony (3CX & Twilio) and email (Microsoft for Charities and Google for non-profits).

Reserves

UTRUK has not maintained any reserves this financial year. The trustees felt all efforts and funds should continue go on developing the foundations of the organisation. UTRUK still struggles to implement reserves, however due to low risk we will continue to build on this issue.

Partners

5 Partners

as of 31 March 2024

List of UTRUK partners:

Ethical Hosting (Website and Online Partner)

Microsoft Charities (Email Partner)

3CX (Technology Partner)

Twilio (Technology Partner)

Google for charities (Website and Online Partner)

Mexborough Hosting (Secondary Hosting Partner)

Donation Manager (Donation Management Partner)

Cliniko (Counselling Platform Partner)

Financial position

The financial statements show incoming receipts and payments for the year. The principal source of income was from:

Online Donations

The Trustees are continuing their strategy of deploying all net incoming resources to investing in the charitable purposes of the UTRUK.

As a charity - the public, volunteers and staff have the assurance that all the income of the charity must be applied for charitable purposes. As a registered charity we qualify for gift aid however the trustees are yet to file for this benefit with HMRC due to constraints with the pandemic we decided to focus more on our clients at this time. This is something for charity is looking to fulfil in the coming year.

Declarations

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Michael Carroll-Owen

Mr Michael Carroll-Owen
Co-Chair & Trustee



Trustees' annual report (including Directors' report) for the period

From: 1ST April 2023

To: 31st March 2024

Charity name: UTRUK

Charity registration number: 1175738

Company number:

Objectives and activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING |

| | | |
|--|-----------|--|
| | | FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION. 3. TO ADVANCE THE EDUCATION OF THE PUBLIC, BY RAISING AWARENESS, AND PROMOTING AND/OR CONDUCTING EDUCATION AND RESEARCH AROUND THE ISSUES OF SEXUAL ABUSE & EXPLOITATION AND TO MAKE AVAILABLE TO THE PUBLIC SUCH USEFUL RESULTS POWERS |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|---|
| Policy on grant making | Para 1.38 | Not Applicable |
| Policy on social investment including program related investment | Para 1.38 | Not Applicable |
| Contribution made by volunteers | Para 1.38 | 2.5hrs per month x 3 elected trustees and 2 co-opted trustees = 180hrs per year 1460hrs by volunteers who are not trustees |
| Other | | |

Achievements and performance

| | | |
|--|------------------|---|
| <p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p> | <p>Para 1.20</p> | <p>Trustee's meeting regular monthly due to the nature of our work. We have established partnerships with a variety of organisations to maximise the impact we have for clients by providing signposting to other organisations who can support them with other issues they might be facing.</p> <p>We have recruited co-opted trustees with specialisms within finance and technology.</p> <p>We have 12 x helpline volunteers along with 12 volunteers within other specialisms (Media, PR, Fundraising)</p> |
|--|------------------|---|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|------------------|--|
| <p>Achievements against objectives set</p> | <p>Para 1.41</p> | |
| <p>Performance of fundraising activities against objectives set</p> | <p>Para 1.41</p> | |
| <p>Investment performance against objectives</p> | <p>Para 1.41</p> | |
| <p>Other</p> | | |

Financial review

| | | |
|--|------------------|---|
| <p>Review of the charity's financial position at the end of the period</p> | <p>Para 1.21</p> | <p>Income of the charity has been £10250 this has accounting period because of two ongoing issues in particularly:</p> |
|--|------------------|---|

| | | |
|--|-----------|--|
| | | <ol style="list-style-type: none"> 1. Ring Fenced Funding for the same work but primarily concerned with young women & girls 2. Funders have not been receptive to the work around young men & boys needed in this area of work. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | We have no reserves |
| Amount of reserves held | Para 1.22 | £0 |
| Reasons for holding zero reserves | Para 1.22 | We have no funding in place |
| Details of fund materially in deficit | Para 1.24 | Not Applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | We don't see that we have any ongoing concerns whilst we haven't been granted funding due to the voluntary time we have from volunteers and the lack of physical overheads. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | Donations and charitable grants made to the charity |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

Structure, governance and management

| | | |
|--|-----------|-------------------------|
| Description of charity's trusts: | | |
| Type of governing document: for example, trust deed , memorandum and articles of association etc | Para 1.25 | CIO Constitution |
| How is the charity constituted? | Para 1.25 | CIO - Foundation |

| | | |
|---|-----------|--|
| for example limited company, unincorporated association, CIO | | |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | We recruit applicants based on the need for their expertise within specific areas and then elect to the trustee board at the Annual General Meeting |
| | | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | Training package provided by Small Charity Commission including: <ul style="list-style-type: none"> • Safeguarding of Vulnerable People • GDPR • Safer Recruitment • Financial Responsibilities of Trustees • Trustees Role & Responsibilities • CIO Constitution • DBS Checks • Skills Qualifications |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | See Organigram |
| Relationship with any related parties | Para 1.51 | No Applicable |
| Other | | |

Reference and administrative details

| | |
|-----------------------------|--|
| Charity name | UTRUK |
| Other name the charity uses | |
| Registered charity number | 1175738 |
| Charity's principal address | 27a Manvers Road, Mexborough, S64 9EU |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-----------------|-----------------------------------|---|
| 1 | Grace Radford | | | |
| 2 | Michael Carroll-Owen | | | |
| 3 | Mathew Gibbons | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | |
|---------------|--|
| | |
| | |
| | |
| | |
| | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year |
|--------------|-----------------------------------|
| | |

| | |
|--|--|
| | |
| | |
| | |
| | |
| | |
| | |

Funds held as custodian trustees on behalf of others

| | |
|---|----------------|
| Description of the assets held in this capacity | Not Applicable |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | N/A |

Additional information (optional)

Names and addresses of advisers (optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (optional information)

| |
|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

| | | |
|--|-----------------------------|--|
| Signature(s) | <i>Michael Carroll-Owen</i> | |
| Full name(s) | Michael Carroll-Owen | |
| Position (for example Secretary, Chair, etc) | Co-Chair | |
| Date | 26/1/2024 | |

UTRUK

England & Wales - Charity number 1175738

Accounts



ANNUAL REPORT
1st April 22 – 31st March 23

Contents

| | |
|-------------------------------------|--------|
| Chairman Foreword | Page 1 |
| Report of the Trustees | Page 2 |
| Report of the Trustees cont'd | Page 3 |
| Mission | Page 3 |
| Values | Page 3 |
| Geographical Scope | Page 3 |
| Programs | Page 4 |
| Public Benefit | Page 4 |
| Risk Management | Page 5 |
| Serious Incidents | Page 5 |
| Environmental Sustainability Policy | Page 5 |
| Volunteer Help | Page 5 |
| Gifts in Kind | Page 6 |
| Reserves | Page 6 |
| Partners | Page 6 |
| Financial Position | Page 7 |
| Trustee Declaration | Page 7 |

Chairman Forward

I am delighted to introduce the UTRUK 2022/2023 annual report of the board of trustees. As you will see, we have made this year about laying down a strong foundation for supporting those young people who need our services.

We have taken stock of our strategy, mission and values and developed these further with our young people to make sure UTRUK delivers on its original ethos of being a truly youth centred institution.

Our flagship programme has still been UTRUK Helpline is still taking the lead in our services. With the continuing high profile of 'Child Sexual Exploitation' we are committed to continuing to provide a safe and secure environment for those we continue to support.

We continue to develop our programs with and for young people. They are our most important stakeholder and we are committed to allowing every opportunity for young people to shape the future of the charity.

I would like to offer my heartfelt thanks to all who contributed in so many ways to making the past year so successful. To our senior management team, old and new, for their support, advice and guidance; to our trustees, volunteers for giving us their time and expertise; to the staff of UTRUK for their hard work and determination; to our loyal and dedicated volunteers who are such a valuable part of our team; to our supporters and fundraisers from all over the globe who once again have shown how much they care with their unstinting support and their incredible achievements.

I hope that like me you will be inspired by our plans to help children and young people realise their ambition, contribute to society in a meaningful way - and want to be a part of our story.

For, and on behalf, of the board of Trustees,
Michael Carroll-Owen / Co-Chair

Report of the Trustees

For the year ended 31 March 2019

The trustees of the UTRUK charity present their annual report and accounts for the year ended 31 March 2020 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

| | |
|--|---|
| Charity Number: | 1175738 |
| Constitution / Structure Type: | Charitable Incorporated Organisation (CIO) |
| Start of Financial Year | 1 April 2022 |
| End of Financial Year: | 31 March 2023 |
| Trustees at 24 January 2022-23: | Mr Michael Carroll-Owen (Co-Chair) Mr Matt Gibbons Ms Grace Radford (Co-Chair) |
| Trustee Selection Method | Elected by Trustees |
| Organisational Management | The trustees determine the general policy of the charity. |
| Registered Address: | UTRUK 27A Manvers Road Mexborough South Yorkshire S64 9EU |
| Date of Incorporation: | 14 November 2017 |
| Governing Document: | Memorandum and Articles of Association |
| Bankers: | Natwest Bank Street Mexborough S64 9QE |
| Independent Examiner: | Not required as per Charity Commission guidelines due to low-income level in this reporting period. |

Report of the Trustees cont'd

For the year ended 31 March 2023

The trustees and directors present their report and accounts for the year ended 31 March 2023.

Objectives and how they are achieved:

Vision

A world where every young person can access support for abuse and child sexual exploitation in a way that they wish and starting where they feel most comfortable

Mission

To prepare young people for life by ensuring they get the support, guidance and opportunities they need to succeed after traumatic events.

Values

Our core values are driven by the following factors:

UTRUK supports young people, through the promotion of health & wellbeing.

Ensuring young people have access to support service when they face a traumatic event like abuse or CSE by providing a helpline that is easy for them to access in their time of need and challenging perception by doing research.

Geographic Scope

Our delivery is primarily aimed at young people aged 16-25 and to facilitate services which aimed to ensure that we empower and involve young people transition into adulthood after traumatic events. Our programmes are largely based within the UK as it stands.

Programs, Results of the Year and Achievements

Helpline – The helpline service has continued to thrive with those accessing the service getting the correct Information, Advice and Guidance the first time. During this period we supported our 250th young person through the helpline service.

Support Group (South Yorkshire) – Our support group in Doncaster has continued to gain momentum during 2022 which we supported 100 young people who have been through CSE, in regaining a degree of normality whilst we supported them during some of their most difficult years in their lives.

Education & Training – Our Education and Training is still a work in progress, however we are now a registered CPD education & training center. We are currently developing our Level 2/3 courses for young people and professionals to be able to complete to enhance their chance of education or employment in the future.

Counselling Service – Our counselling service is still busy with UTRUK Founder (Counsellor Qualified) carrying our 15 counselling sessions a week which are still free of charge for young people. We are in the process of looking for further core funding to supplement our Founders work.

Public Benefit

Throughout 2019 the UTRUK supported young people from all walks of life.

The charity provides young people a platform to openly talk about their issues in relation to Abuse and Child Sexual Exploitation through the means of a helpline and further support services. UTRUK has a special focus on working with young men & boys due to the lack of support services there are available for them in this area of work, but the charity is for both genders to be able to access.

Risk Management

The trustees are responsible for the overseeing of the risks faced by the charity. Detailed considerations of risk are delegated to the Senior Management of the charity. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on an annual basis.

The main risks that the trustees have identified and the plans to manage those risks are:

Reputation

The charity's success is built on its reputation for the well-being of our volunteers and staff. We manage this risk through safeguarding policies, staff recruitment policies and active identification and resolution of health and safety related issues through undertaking strict risk management assessments for each activity the charity undertakes.

Money

Our ability to continue is reliant on public donations, corporate support and grant programs. This risk is managed by marketing activity, having a reputation for worldwide excellence and cash-flow management. We however have identified significant issues in relation to gaining access to charitable funds in which funders are less likely to support services for CSE survivors who are male compared to those who work with young women & girls.

Programs and Activities

The charity's programs require the most able volunteers and staff to facilitate our activities to benefit the public with optimum excellence. We manage this risk by combining attractive benefits and recruiting a diverse workforce to make our charity the most inclusive organisation to work for. Our all volunteers and staff undergo initial training and Continual Professional Development (CPD).

Through the risk management processes established for the charity, the trustees are satisfied that the major risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Serious Incidents

No serious incidents were reported.

Environmental Sustainability Policy

The UTRUK commits itself to minimising its impact on our environment through

Providing a safe and healthful workplace;

Having an environmentally sustainable aware culture, where responsibility is assigned and understood;

Being an environmentally responsible neighbour in our community;

Conserving natural resources by reusing and recycling;

Using, in our own operations, processes that do not adversely affect the environment;

Ensuring the responsible use of energy throughout the organisation;

Participating in efforts to improve environmental protection and understanding;

Taking steps to improve environmental performance continually;

Conducting rigorous audits, evaluations, and self-assessments of the implementation of this policy;

Working with suppliers who promote sound environmental practices; and

Enhancing awareness among our employees, volunteers, and users – educating and motivating them to act in an environmentally responsible manner.

Volunteer Help

10 Volunteers

as of 31 March 2023

List of volunteer positions at the UTRUK:

Social Media Manager (x1)

Communications Team Member (x1)

Helpline Team Members (x7)

IT Team Members (x1)

Gifts in Kind

The UTRUK received 'Gifts in Kind' throughout 2022/23. These are listed below:

Advertising credits from online search engine

This enables the UTRUK the opportunity to grow further via online platforms such as Facebook, Twitter and via search engines such as Google.

Venues for events

Website hosting (Free)

The website is a key platform for the charity. Keeping costs down for this is important to the charity as it allows the money we receive to be put elsewhere, to better use for i.e. our programs. Mexborough Hosting have collaborated with the UTRUK to help us keep our website operation costs down.

Email & Communications System (Free)

Numerous UK based companies have offered their support with the UTRUK to keep communications costs down for i.e. telephony (3CX & Twilio) and email (Microsoft for Charities and Google for non-profits).

Reserves

UTRUK has not maintained any reserves this financial year. The trustees felt all efforts and funds should continue go on developing the foundations of the organisation. UTRUK hopes to implement a reserves policy during 2021.

Partners

5 Partners

as of 31 March 2023

List of UTRUK partners:

Charity Hosting (Website and Online Partner)

Microsoft Charities (Email Partner)

3CX (Technology Partner)

Twilio (Technology Partner)

Google for charities (Website and Online Partner)

Financial position

The financial statements show incoming receipts and payments for the year. The principal source of income was from:

Online Donations

The Trustees are continuing their strategy of deploying all net incoming resources to investing in the charitable purposes of the UTRUK.

As a charity - the public, volunteers and staff have the assurance that all the income of the charity must be applied for charitable purposes. As a registered charity we qualify for tax exemption however the trustees are yet to file for this benefit with HMRC. This is something for charity is looking to fulfil in the coming year.

Declarations

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Mr Michael Carroll-Owen
Co-Chair & Trustee



Trustees' annual report (including Directors' report) for the period

From: 1ST April 2022

To: 31st March 2023

Charity name: UTRUK

Charity registration number: 1175738

Company number:

Objectives and activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING |

| | | |
|--|-----------|--|
| | | FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION. 3. TO ADVANCE THE EDUCATION OF THE PUBLIC, BY RAISING AWARENESS, AND PROMOTING AND/OR CONDUCTING EDUCATION AND RESEARCH AROUND THE ISSUES OF SEXUAL ABUSE & EXPLOITATION AND TO MAKE AVAILABLE TO THE PUBLIC SUCH USEFUL RESULTS POWERS |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|---|
| Policy on grant making | Para 1.38 | Not Applicable |
| Policy on social investment including program related investment | Para 1.38 | Not Applicable |
| Contribution made by volunteers | Para 1.38 | 2.5hrs per month x 3 elected trustees and 2 co-opted trustees = 180hrs per year 10 volunteers = 5hrs pm = 3000hrs per year |
| Other | | |

Achievements and performance

| | | |
|--|------------------|--|
| <p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p> | <p>Para 1.20</p> | <p>We were granted £1000 by Aviva for work on our website.</p> <p>We have 7 x helpline volunteers and 3 x within other specialisms (Media, PR, Fundraising)</p> <p>We have supported our 500th participant/young person during this period</p> |
|--|------------------|--|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|------------------|--|
| <p>Achievements against objectives set</p> | <p>Para 1.41</p> | |
| <p>Performance of fundraising activities against objectives set</p> | <p>Para 1.41</p> | |
| <p>Investment performance against objectives</p> | <p>Para 1.41</p> | |
| <p>Other</p> | | |

Financial review

| | | |
|--|------------------|--|
| <p>Review of the charity's financial position at the end of the period</p> | <p>Para 1.21</p> | <p>Income of the charity has been £1000 this has accounting period because of two issues in particularly:</p> |
|--|------------------|--|

| | | |
|--|-----------|--|
| | | <ol style="list-style-type: none"> 1. Ring Fenced Funding for the same work but primarily concerned with young women & girls 2. Funders have not been receptive to the work around young men & boys needed in this area of work. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | We have no reserves |
| Amount of reserves held | Para 1.22 | £0 |
| Reasons for holding zero reserves | Para 1.22 | We have no strategic continuing funding in place |
| Details of fund materially in deficit | Para 1.24 | Not Applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | We don't see that we have any ongoing concerns whilst we haven't been granted funding due to the voluntary time we have from volunteers and the lack of physical overheads. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

Structure, governance and management

| | | |
|--|-----------|-------------------------|
| Description of charity's trusts: | | |
| Type of governing document: for example, trust deed , memorandum and articles of association etc | Para 1.25 | CIO Constitution |
| How is the charity constituted? | Para 1.25 | CIO - Foundation |

| | | |
|---|-----------|--|
| for example limited company, unincorporated association, CIO | | |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | We recruit applicants based on the need for their expertise within specific areas and then elect to the trustee board at the Annual General Meeting |
| | | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | Training package provided by Small Charity Commission including: <ul style="list-style-type: none"> • Safeguarding of Vulnerable People • GDPR • Safer Recruitment • Financial Responsibilities of Trustees • Trustees Role & Responsibilities • CIO Constitution • DBS Checks • Skills Qualifications |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | No Applicable |
| Other | | |

Reference and administrative details

| | |
|-----------------------------|--|
| Charity name | UTRUK |
| Other name the charity uses | |
| Registered charity number | 1175738 |
| Charity's principal address | 27a Manvers Road, Mexborough, S64 9EU |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-----------------|-----------------------------------|---|
| 1 | Grace Radford | | | |
| 2 | Michael Carroll-Owen | | | |
| 3 | Matt Gibbons | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | |
|---------------|--|
| | |
| | |
| | |
| | |
| | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year |
|--------------|-----------------------------------|
| | |

| | |
|--|--|
| | |
| | |
| | |
| | |
| | |
| | |

Funds held as custodian trustees on behalf of others

| | |
|---|----------------|
| Description of the assets held in this capacity | Not Applicable |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | N/A |

Additional information (optional)

Names and addresses of advisers (optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (optional information)

| |
|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

| | | |
|--------------|-----------------------------|--|
| Signature(s) | <i>Michael Carroll-Owen</i> | |
|--------------|-----------------------------|--|

| | | |
|--------------|----------------------|--|
| Full name(s) | Michael Carroll-Owen | |
|--------------|----------------------|--|

| | | |
|--|----------|--|
| Position (for example Secretary, Chair, etc) | Co-Chair | |
|--|----------|--|

| | |
|------|-----------|
| Date | 24/1/2024 |
|------|-----------|

UTRUK

England & Wales - Charity number 1175738

Accounts



Annual Report

01 April 2021-31st March 2022

Contents

| | |
|-------------------------------------|--------|
| Chairman Foreword | Page 1 |
| Report of the Trustees | Page 2 |
| Report of the Trustees cont'd | Page 3 |
| Mission | Page 3 |
| Values | Page 3 |
| Geographical Scope | Page 3 |
| Programs | Page 4 |
| Public Benefit | Page 4 |
| Risk Management | Page 5 |
| Serious Incidents | Page 5 |
| Environmental Sustainability Policy | Page 5 |
| Volunteer Help | Page 5 |
| Gifts in Kind | Page 6 |
| Reserves | Page 6 |
| Partners | Page 6 |
| Financial Position | Page 7 |
| Trustee Declaration | Page 7 |

Chairman Forward

I am delighted to introduce the UTRUK fourth annual report of the board of trustees.

As you will see this year has been about post pandemic recovery and supporting those young people who need our services.

We have continued to take stock of our strategy, mission and values and developed these further with our young people to make sure UTRUK delivers on its original ethos of being a truly youth centred institution.

Our flagship programme has been UTRUK Helpline is still taking the lead in our services. With the high profile of 'Child Sexual Exploitation' & 'Child Sexual Abuse' highlighted significantly during the pandemic we are committed to continuing to provide a safe and secure environment for those we continue to support.

We continue to develop our programmes with and for young people. They remain our most important stakeholder and we are committed to allowing every opportunity for young people to shape the future of the charity.

I would like to offer my heartfelt thanks to all who contributed in so many ways to making the past year so successful. To our senior management team, old and new, for their support, advice and guidance; to our trustees, volunteers for giving us their time and expertise; to the staff of UTRUK for their hard work and determination; to our loyal and dedicated volunteers who are such a valuable part of our team; to our supporters and fundraisers from all over the globe who once again have shown how much they care with their unstinting support and their incredible achievements.

I hope that like me you will be inspired by our plans to help children and young people realise their ambition, contribute to society in a meaningful way - and want to be a part of our story.

For, and on behalf, of the board of Trustees,
Michael Carroll-Owen / Co-Chair

Report of the Trustees

For the year ended 31 March 2022

The trustees of the UTRUK charity present their annual report and accounts for the year ended 31 March 2020 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

| | |
|---------------------------------------|---|
| Charity Number: | 1175738 |
| Constitution / Structure Type: | Charitable Incorporated Organisation (CIO) |
| Start of Financial Year | 1 April 2021 |
| End of Financial Year: | 31 March 2022 |
| Trustees at 26 January 2021: | Mr Michael Carroll-Owen (Co-Chair) Ms Grace Radford (Co-Chair) Mr Mathew Gibbons |
| Trustee Selection Method | Elected by Trustees |
| Organisational Management | The trustees determine the general policy of the charity. |
| Registered Address: | UTRUK 27A Manvers Road Mexborough South Yorkshire S64 9EU |
| Date of Incorporation: | 14 November 2017 |
| Governing Document: | Memorandum and Articles of Association |
| Bankers: | NATWEST BANK 1 Victoria Place Holbeck Leeds LS11 5AN |
| Independent Examiner: | Not required as per Charity Commission guidelines due to low-income level in this reporting period. |

Report of the Trustees cont'd

For the year ended 31 March 2022

The trustees and directors present their report and accounts for the year ended 31 March 2022.

Objectives and how they are achieved:

Vision

A world where every young person can access support for abuse and child sexual exploitation in a way that they wish and starting where they feel most comfortable

Mission

To prepare young people for life by ensuring they get the support, guidance and opportunities they need to succeed after traumatic events.

Values

Our core values are driven by the following factors:

UTRUK supports young people, through the promotion of health & wellbeing.

Ensuring young people have access to support service when they face a traumatic event like abuse or CSE by providing a helpline that is easy for them to access in their time of need and challenging perception by doing research.

Geographic Scope

Our delivery is primarily aimed at young people aged 16-25 and to facilitate services which aimed to ensure that we empower and involve young people transition into adulthood after traumatic events. Our programmes are largely based within the UK as it stands.

Programs, Results of the Year and Achievements

To date, this includes:

UTRUK

UTRUK continues to focus on three core areas – mental health, education and homelessness. As a charity, we continue wanting to see these subjects integrated better in the United Kingdom's mainstream Abuse & Child Sexual Exploitation policies, building a strong foundation for future generations and enabling them to receive the best all-rounded holistic support. All three areas have been created as individual projects within UTRUK, focusing on establishing a holistic support service that can cater for those who have been through abuse or CSE to have the independence and empowerment to be able to move forward into adulthood after going through a traumatic event such as abuse or child sexual exploitation.

Public Benefit

Throughout 2021 UTRUK continued to support young people from all walks of life, especially during the pandemic where young people needed more support from trusted adults.

The charity provides young people a platform to openly talk about their issues in relation to Abuse and Child Sexual Exploitation through the means of a helpline and further support services. UTRUK has a special focus on working with young men & boys due to the lack of support services there are available for them in this area of work, but the charity is for both genders to be able to access.

Risk Management

The trustees are responsible for the overseeing of the risks faced by the charity. Detailed considerations of risk are delegated to the Senior Management of the charity. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on an annual basis.

The main risks that the trustees have identified and the plans to manage those risks are:

Reputation

The charity's success is built on its reputation for the well-being of our volunteers and it's trustees successors. We manage this risk through safeguarding policies, staff recruitment policies and active identification and resolution of health and safety related issues through undertaking strict risk management assessments for each activity the charity undertakes.

Money

Our ability to continue is reliant on public donations, corporate support and grant programs. This risk is managed by marketing activity, having a reputation for worldwide excellence and cash-flow management. We still however have identified significant issues in relation to gaining access to charitable funds in which funders are less likely to support services for CSE survivors who are male compared to those who work with young women & girls, however we are starting to see this changing especially with the VAWG strategy where males have also been included.

Programs and Activities

The charity's programs require the most able volunteers and staff to facilitate our activities to benefit the public with optimum excellence. We manage this risk by combining attractive benefits and recruiting a diverse workforce to make our charity the most inclusive organisation to work for. Our all volunteers continue to undergo initial training and Continual Professional Development (CPD) and we are in the process of validating a Level 2 Youth Work qualification for all volunteers.

Through the risk management processes established for the charity, the trustees are satisfied that the major risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Serious Incidents

No serious incidents were reported.

Environmental Sustainability Policy

The UTRUK commits itself to minimising its impact on our environment through

- Providing a safe and healthful workplace;
 - Having an environmentally sustainable aware culture, where responsibility is assigned and understood;
 - Being an environmentally responsible neighbour in our community;
 - Conserving natural resources by reusing and recycling;
 - Using, in our own operations, processes that do not adversely affect the environment;
- Ensuring the responsible use of energy throughout the organisation;
 - Participating in efforts to improve environmental protection and understanding;
 - Taking steps to improve environmental performance continually;
 - Conducting rigorous audits, evaluations, and self-assessments of the implementation of this policy;
- Working with suppliers who promote sound environmental practices; and
 - Enhancing awareness among our employees, volunteers, and users – educating and motivating them to act in an environmentally responsible manner.

Volunteer Help

24 Volunteers

as of 31 March 2022

List of volunteer positions at the UTRUK:

- Public Relations Team Member (x1)
- Designated Safeguarding Lead (x3)
- Social Media Manager (x2)
- Communications Team Member (x1)
- Helpline Team Members (x14)
- HR Team Member (x1)
- IT Team Members (x2)

Gifts in Kind

The UTRUK received 'Gifts in Kind' throughout 2021/22. These are listed below:

Advertising credits from online search engine

This enables the UTRUK the opportunity to grow further via online platforms such as Facebook, Twitter and via search engines such as Google.

Venues for events

Website hosting (Free)

The website is a key platform for the charity. Keeping costs down for this is important to the charity as it allows the money we receive to be put elsewhere, to better use for i.e. our programs. Mexborough Hosting have collaborated with the UTRUK to help us keep our website operation costs down.

Email & Communications System (Free)

Numerous UK based companies have offered their support with the UTRUK to keep communications costs down for i.e. telephony (3CX & Twilio) and email (Microsoft for Charities and Google for non-profits).

Reserves

UTRUK has not maintained any reserves this financial year. The trustees felt all efforts and funds should continue go on developing the foundations of the organisation. UTRUK hopes to implement a reserves policy during 2022.

Partners

5 Partners

as of 31 March 2022

List of UTRUK partners:

Ethical Hosting (Website and Online Partner)

Microsoft Charities (Email Partner)

3CX (Technology Partner)

Twilio (Technology Partner)

Google for charities (Website and Online Partner)

Mexborough Hosting (Secondary Hosting Partner)

Donation Manager (Donation Management Partner)

Cliniko (Counselling Platform Partner)

Financial position

The financial statements show incoming receipts and payments for the year. The principal source of income was from:

Online Donations

The Trustees are continuing their strategy of deploying all net incoming resources to investing in the charitable purposes of the UTRUK.

As a charity - the public, volunteers and staff have the assurance that all the income of the charity must be applied for charitable purposes. As a registered charity we qualify for gift aid however the trustees are yet to file for this benefit with HMRC due to constraints with the pandemic we decided to focus more on our clients at this time. This is something for charity is looking to fulfil in the coming year.

Declarations

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees



SignNow e-signature ID: 32f1d253eb...
27-Jan-2023 21:56:59 UTC

Mr Michael Carroll-Owen
Co-Chair & Trustee



Trustees' annual report (including Directors' report) for the period

From: 1ST April 2021

To: 31st March 2022

Charity name: UTRUK

Charity registration number: 1175738

Company number:

Objectives and activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | 1.TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF PEOPLE WHO HAVE SUFFERED SEXUAL ABUSE OR EXPLOITATION, IN PARTICULAR BY PROVIDING A COUNSELLING SERVICE & HELPLINE SERVICES. 2. TO RELIEVE THE MENTAL DISTRESS OF PEOPLE SUPPORTING AND/OR CARING |

| | | |
|--|-----------|--|
| | | FOR ADULTS OR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED OR EXPLOITED BY A THIRD PARTY/PARTIES, IN PARTICULAR BY PROVIDING COUNSELLING, GROUPWORK AND INFORMATION. 3. TO ADVANCE THE EDUCATION OF THE PUBLIC, BY RAISING AWARENESS, AND PROMOTING AND/OR CONDUCTING EDUCATION AND RESEARCH AROUND THE ISSUES OF SEXUAL ABUSE & EXPLOITATION AND TO MAKE AVAILABLE TO THE PUBLIC SUCH USEFUL RESULTS POWERS |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|---|
| Policy on grant making | Para 1.38 | Not Applicable |
| Policy on social investment including program related investment | Para 1.38 | Not Applicable |
| Contribution made by volunteers | Para 1.38 | 2.5hrs per month x 3 elected trustees and 2 co-opted trustees = 180hrs per year 1460hrs by volunteers who are not trustees |
| Other | | |

Achievements and performance

| | | |
|--|------------------|---|
| <p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p> | <p>Para 1.20</p> | <p>Trustee's meeting regular monthly due to the nature of our work. We have established partnerships with a variety of organisations to maximise the impact we have for clients by providing signposting to other organisations who can support them with other issues they might be facing.</p> <p>We have recruited co-opted trustees with specialisms within finance and technology.</p> <p>We have 17 x helpline volunteers along with 12 volunteers within other specialisms (Media, PR, Fundraising)</p> |
|--|------------------|---|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|------------------|--|
| <p>Achievements against objectives set</p> | <p>Para 1.41</p> | |
| <p>Performance of fundraising activities against objectives set</p> | <p>Para 1.41</p> | |
| <p>Investment performance against objectives</p> | <p>Para 1.41</p> | |
| <p>Other</p> | | |

Financial review

| | | |
|--|------------------|--|
| <p>Review of the charity's financial position at the end of the period</p> | <p>Para 1.21</p> | <p>Income of the charity has been £1000 this has accounting period because of two ongoing issues in particularly:</p> |
|--|------------------|--|

| | | |
|--|-----------|--|
| | | <ol style="list-style-type: none"> 1. Ring Fenced Funding for the same work but primarily concerned with young women & girls 2. Funders have not been receptive to the work around young men & boys needed in this area of work. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | We have no reserves |
| Amount of reserves held | Para 1.22 | £0 |
| Reasons for holding zero reserves | Para 1.22 | We have no funding in place |
| Details of fund materially in deficit | Para 1.24 | Not Applicable |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | We don't see that we have any ongoing concerns whilst we haven't been granted funding due to the voluntary time we have from volunteers and the lack of physical overheads. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

Structure, governance and management

| | | |
|--|-----------|-------------------------|
| Description of charity's trusts: | | |
| Type of governing document: for example, trust deed , memorandum and articles of association etc | Para 1.25 | CIO Constitution |
| How is the charity constituted? | Para 1.25 | CIO - Foundation |

| | | |
|---|-----------|--|
| for example limited company, unincorporated association, CIO | | |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | We recruit applicants based on the need for their expertise within specific areas and then elect to the trustee board at the Annual General Meeting |
| | | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | Training package provided by Small Charity Commission including: <ul style="list-style-type: none"> • Safeguarding of Vulnerable People • GDPR • Safer Recruitment • Financial Responsibilities of Trustees • Trustees Role & Responsibilities • CIO Constitution • DBS Checks • Skills Qualifications |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | See Organigram |
| Relationship with any related parties | Para 1.51 | No Applicable |
| Other | | |

Reference and administrative details

| | |
|-----------------------------|--|
| Charity name | UTRUK |
| Other name the charity uses | |
| Registered charity number | 1175738 |
| Charity's principal address | 27a Manvers Road, Mexborough, S64 9EU |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-----------------|-----------------------------------|---|
| 1 | Grace Radford | | | |
| 2 | Michael Carroll-Owen | | | |
| 3 | Mathew Gibbons | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | |
|---------------|--|
| | |
| | |
| | |
| | |
| | |
| | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year |
|--------------|-----------------------------------|
| | |

| | |
|--|--|
| | |
| | |
| | |
| | |
| | |
| | |

Funds held as custodian trustees on behalf of others

| | |
|---|----------------|
| Description of the assets held in this capacity | Not Applicable |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | N/A |

Additional information (optional)

Names and addresses of advisers (optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (optional information)

| |
|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

| | | |
|--|-----------------------------|--|
| Signature(s) | <i>Michael Carroll-Owen</i> | |
| Full name(s) | Michael Carroll-Owen | |
| Position (for example Secretary, Chair, etc) | Co-Chair | |
| Date | 26/1/2023 | |

UTRUK

England & Wales - Charity number 1175738

Accounts



Annual Report

01 April 2020- 31st March 2021

Contents

| | |
|-------------------------------------|--------|
| Chairman Foreword | Page 1 |
| Report of the Trustees | Page 2 |
| Report of the Trustees cont'd | Page 3 |
| Mission | Page 3 |
| Values | Page 3 |
| Geographical Scope | Page 3 |
| Programs | Page 4 |
| Public Benefit | Page 4 |
| Risk Management | Page 5 |
| Serious Incidents | Page 5 |
| Environmental Sustainability Policy | Page 5 |
| Volunteer Help | Page 5 |
| Gifts in Kind | Page 6 |
| Reserves | Page 6 |
| Partners | Page 6 |
| Financial Position | Page 7 |
| Trustee Declaration | Page 7 |

Chairman Forward

I am delighted to introduce the UTRUK third annual report of the board of trustees. As you will see, we have made this year about laying down a strong foundation for supporting those young people who need our services.

We have taken stock of our strategy, mission and values and developed these further with our young people to make sure UTRUK delivers on its original ethos of being a truly youth centred institution.

Our flagship programme has been UTRUK Helpline is still taking the lead in our services. With the high profile of 'Child Sexual Exploitation' we are committed to continuing to provide a safe and secure environment for those we continue to support.

We continue to develop our programmes with and for young people. They remain our most important stakeholder and we are committed to allowing every opportunity for young people to shape the future of the charity.

I would like to offer my heartfelt thanks to all who contributed in so many ways to making the past year so successful. To our senior management team, old and new, for their support, advice and guidance; to our trustees, volunteers for giving us their time and expertise; to the staff of UTRUK for their hard work and determination; to our loyal and dedicated volunteers who are such a valuable part of our team; to our supporters and fundraisers from all over the globe who once again have shown how much they care with their unstinting support and their incredible achievements.

I hope that like me you will be inspired by our plans to help children and young people realise their ambition, contribute to society in a meaningful way - and want to be a part of our story.

For, and on behalf, of the board of Trustees,
Michael Carroll-Owen / Co-Chair

Report of the Trustees

For the year ended 31 March 2019

The trustees of the UTRUK charity present their annual report and accounts for the year ended 31 March 2020 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

| | |
|---------------------------------------|---|
| Charity Number: | 1175738 |
| Constitution / Structure Type: | Charitable Incorporated Organisation (CIO) |
| Start of Financial Year | 1 April 2020 |
| End of Financial Year: | 31 March 2021 |
| Trustees at 26 January 2021: | Mr Michael Carroll-Owen (Co-Chair) Ms Grace Radford (Co-Chair) Mr Mathew Gibbons |
| Trustee Selection Method | Elected by Trustees |
| Organisational Management | The trustees determine the general policy of the charity. |
| Registered Address: | UTRUK 27A Manvers Road Mexborough South Yorkshire S64 9EU |
| Date of Incorporation: | 14 November 2017 |
| Governing Document: | Memorandum and Articles of Association |
| Bankers: | NATWEST BANK 1 Victoria Place Holbeck Leeds LS11 5AN |
| Independent Examiner: | Not required as per Charity Commission guidelines due to low-income level in this reporting period. |

Report of the Trustees cont'd

For the year ended 31 March 2021

The trustees and directors present their report and accounts for the year ended 31 March 2021.

Objectives and how they are achieved:

Vision

A world where every young person can access support for abuse and child sexual exploitation in a way that they wish and starting where they feel most comfortable

Mission

To prepare young people for life by ensuring they get the support, guidance and opportunities they need to succeed after traumatic events.

Values

Our core values are driven by the following factors:

UTRUK supports young people, through the promotion of health & wellbeing.

Ensuring young people have access to support service when they face a traumatic event like abuse or CSE by providing a helpline that is easy for them to access in their time of need and challenging perception by doing research.

Geographic Scope

Our delivery is primarily aimed at young people aged 16-25 and to facilitate services which aimed to ensure that we empower and involve young people transition into adulthood after traumatic events. Our programmes are largely based within the UK as it stands.

Programs, Results of the Year and Achievements

To date, this includes:

UTRUK

UTRUK continues to focus on three core areas – mental health, education and homelessness. As a charity, we want to see these subjects integrated better in the United Kingdom's mainstream Abuse & Child Sexual Exploitation policy, building a strong foundation for future generations and; - enabling them to receive the best all-rounded holistic support. All three areas have been created as individual projects within UTRUK, focusing on establishing a holistic support service that can cater for those who have been through abuse or CSE to have the independence and empowerment to be able to move forward into adulthood after going through a traumatic event such as abuse or child sexual exploitation.

Public Benefit

Throughout 2020 the UTRUK supported young people from all walks of life.

The charity provides young people a platform to openly talk about their issues in relation to Abuse and Child Sexual Exploitation through the means of a helpline and further support services. UTRUK has a special focus on working with young men & boys due to the lack of support services there are available for them in this area of work, but the charity is for both genders to be able to access.

Risk Management

The trustees are responsible for the overseeing of the risks faced by the charity. Detailed considerations of risk are delegated to the Senior Management of the charity. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on an annual basis.

The main risks that the trustees have identified and the plans to manage those risks are:

Reputation

The charity's success is built on its reputation for the well-being of our volunteers and staff. We manage this risk through safeguarding policies, staff recruitment policies and active identification and resolution of health and safety related issues through undertaking strict risk management assessments for each activity the charity undertakes.

Money

Our ability to continue is reliant on public donations, corporate support and grant programs. This risk is managed by marketing activity, having a reputation for worldwide excellence and cash-flow management. We however have identified significant issues in relation to gaining access to charitable funds in which funders are less likely to support services for CSE survivors who are male compared to those who work with young women & girls.

Programs and Activities

The charity's programs require the most able volunteers and staff to facilitate our activities to benefit the public with optimum excellence. We manage this risk by combining attractive benefits and recruiting a diverse workforce to make our charity the most inclusive organisation to work for. Our all volunteers and staff undergo initial training and Continual Professional Development (CPD).

Through the risk management processes established for the charity, the trustees are satisfied that the major risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Serious Incidents

No serious incidents were reported.

Environmental Sustainability Policy

The UTRUK commits itself to minimising its impact on our environment through

- Providing a safe and healthful workplace;
 - Having an environmentally sustainable aware culture, where responsibility is assigned and understood;
 - Being an environmentally responsible neighbour in our community;
 - Conserving natural resources by reusing and recycling;
 - Using, in our own operations, processes that do not adversely affect the environment;
- Ensuring the responsible use of energy throughout the organisation;
 - Participating in efforts to improve environmental protection and understanding;
 - Taking steps to improve environmental performance continually;
 - Conducting rigorous audits, evaluations, and self-assessments of the implementation of this policy;
- Working with suppliers who promote sound environmental practices; and
 - Enhancing awareness among our employees, volunteers, and users – educating and motivating them to act in an environmentally responsible manner.

Volunteer Help

26 Volunteers

as of 31 March 2021

List of volunteer positions at the UTRUK:

- Public Relations Team Member (x1)
- Designated Safeguarding Lead (x3)
- Social Media Manager (x2)
- Communications Team Member (x1)
- Helpline Team Members (x16)
- HR Team Member (x1)
- IT Team Members (x2)

Gifts in Kind

The UTRUK received 'Gifts in Kind' throughout 2020/21. These are listed below:

Advertising credits from online search engine

This enables the UTRUK the opportunity to grow further via online platforms such as Facebook, Twitter and via search engines such as Google.

Venues for events

Website hosting (Free)

The website is a key platform for the charity. Keeping costs down for this is important to the charity as it allows the money we receive to be put elsewhere, to better use for i.e. our programs. Mexborough Hosting have collaborated with the UTRUK to help us keep our website operation costs down.

Email & Communications System (Free)

Numerous UK based companies have offered their support with the UTRUK to keep communications costs down for i.e. telephony (3CX & Twilio) and email (Microsoft for Charities and Google for non-profits).

Reserves

UTRUK has not maintained any reserves this financial year. The trustees felt all efforts and funds should continue go on developing the foundations of the organisation. UTRUK hopes to implement a reserves policy during 2021.

Partners

5 Partners

as of 31 March 2021

List of UTRUK partners:

Ethical Hosting (Website and Online Partner)

Microsoft Charities (Email Partner)

3CX (Technology Partner)

Twilio (Technology Partner)

Google for charities (Website and Online Partner)

Financial position

The financial statements show incoming receipts and payments for the year. The principal source of income was from:

Online Donations

The Trustees are continuing their strategy of deploying all net incoming resources to investing in the charitable purposes of the UTRUK.

As a charity - the public, volunteers and staff have the assurance that all the income of the charity must be applied for charitable purposes. As a registered charity we qualify for tax exemption however the trustees are yet to file for this benefit with HMRC. This is something for charity is looking to fulfil in the coming year.

Declarations

The trustees declare that they have approved the trustees' report above


Signed on behalf of the charity's trustees

Michael Carroll-Owen

Mr Michael Carroll-Owen
Co-Chair & Trustee

Signature Certificate

Reference number: 67KXW-CAKM3-48XHZ-GTIVF

| Signer | Timestamp | Signature |
|---|--|---|
| Mike Carroll-Owen Email: mike@bigonbounce.co.uk | |  |
| Sent: Signed: | 26 Jan 2022 15:17:37 UTC 26 Jan 2022 15:17:37 UTC | IP address: 143.159.63.211 Location: Mexborough, United Kingdom |

Document completed by all parties on:
26 Jan 2022 15:17:37 UTC

Page 1 of 1



Signed with PandaDoc

PandaDoc is a document workflow and certified eSignature solution trusted by 30,000+ companies worldwide.





CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A Receipt

A1 Receipts

CCXX R1

Donations, Legacies, Grants

accounts

(86/01/2022)

| |
|--|
| |
| |
| |
| |
| |
| |

Sub total (*Gross
income for AR*)

| |
|---|
| investment sales, (see table). |
| |
| |

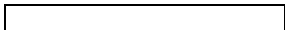
Sub total
 CCXX R2
 accounts
 (86) ***Total receipts***

A3 Payments

| |
|--|
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |

Sub total

| |
|---|
| A4 Asset and investment purchases, |
| 03/03/2022 |



Sub total

Total payments |

of receipts/(payments)

A5 Transfers between fu

A6 Cash funds last year

sh funds this year end

CCXX R4

accounts

(86) 04/2022

Section B Statement

Categories

B1 Cash funds

CCXX R5
accounts
(86/05/2022)

B2 Other monetary assets

B3 Investment assets

CCXX R6
accounts
(86/06/2022)

**B4 Assets retained for
the charity's own use**

CCXX R7
accounts
(~~86~~07/2022)

B5 Liabilities

CCXX R8

Signed by one or two
accounts

trustees (as per all the
(95) 01/2022

CCXX R9
accounts
(86) 09/2022

UTRUK

Receipt

For the period
from

Receipts and payments

Unrestricted
funds

to the nearest £

CCXX R10

accounts 100

(86/0110) 2022 -

| |
|-----|
| - |
| - |
| - |
| - |
| - |
| - |
| 100 |

|

| |
|------------|
| - |
| - |
| CCXX R11 - |

accounts

| |
|----------------|
| (86) 011202100 |
|----------------|

| | |
|--|-----|
| | - |
| | - |
| | - |
| | 100 |
| | - |
| | - |
| | 100 |

CCXX R13
accounts
(86/013) 2022

Details

| |
|-------------------------|
| bank (as of 31/03/2021) |
| |
| |

Tc

(agree balances with

CCXX R14

accounts

Det(86/0142022)

| |
|--|
| |
| |
| |
| |
| |
| |
| |

Details

| |
|-------------|
| |
| CCXX R15 |
| accounts |
| (86)0152022 |

| |
|--|
| |
| |

Details

| |
|--|
| |
| |
| |
| |
| |

CCXX R17

accounts

(86/01172022)

Signa

| |
|--|
| |
| |

CCXX R18
accounts
(86/018) 2022

ots and pay

Period start date

01/04/2020

ents

**Restricted
funds**

to the nearest £

CCXX R19

accounts -

(86/019)2022-

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |

| |
|------------|
| - |
| - |
| CCXX R20 - |

accounts

| |
|----------------|
| (86) 0102022 - |
|----------------|

| | |
|--|---|
| | - |
| | - |
| | - |
| | - |
| | - |
| | - |
| | - |
| | - |

CCXX R22
accounts
(86/0122022)

| |
|---|
|) |
| |
| |
| |

total cash funds

receipts and payments
account(s))

CCXX R23
accounts
(86/0132022)

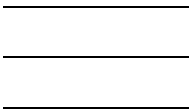
| |
|--|
| |
| |
| |
| |
| |
| |
| |
| |

| |
|--------------|
| |
| CCXX R24 |
| accounts |
| (86) 0142022 |

| |
|--|
| |
| |
| |

| |
|--|
| |
| |
| |
| |
| |
| |

CCXX R26
ture accounts
(86) 2022



CCXX R27
accounts
(86/0172022)

| | |
|--|----|
| | 1. |
|--|----|

ments acco

| | |
|-----------|--|
| To | |
|-----------|--|



**Endowment
funds**

to the nearest £

CCXX R28

| |
|--------------|
| accounts - |
| (86/0182022- |

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |

| |
|------------|
| - |
| - |
| CCXX R29 - |

accounts

| |
|----------------|
| (86) 0192022 - |
|----------------|

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |

CCXX R30
accounts

| |
|-----------------|
| (86) 03/02022 - |
|-----------------|

| | |
|--|---|
| | - |
| | - |
| | - |
| | - |
| | - |
| | - |
| | - |
| | - |

CCXX R31
accounts
(86) 01/2022

**Unrestricted
funds
to nearest £**

| |
|------------|
| 300 |
| - |
| - |
| 300 |

Agreement Error

**Unrestricted
funds
to nearest £**

CCXX R32
acc funds
(66/08/2012)

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |

**Fund to which
asset belongs**

| |
|-------------|
| |
| CCXX R33 |
| accounts |
| (86) 032022 |

| |
|--|
| |
| |

**Fund to which
asset belongs**

| |
|-------------|
| |
| |
| |
| |
| |
| |
| CCXX R34 |
| accounts |
| (86)0342022 |

| |
|--|
| |
| |

**Fund to which
liability relates**

| |
|--|
| |
| |
| |
| |
| |

CCXX R35

accounts

(86) 03/15/2022

Print N

| |
|--|
| |
| |

CCXX R36
accounts
(86/036) 2022

175738

ounts

Period end date

31/03/2021

Total funds

to the nearest £

CCXX R37

accounts 100

(86/03/2022-

| |
|-----|
| - |
| - |
| - |
| - |
| - |
| - |
| 100 |

| |
|------------|
| - |
| - |
| CCXX R38 - |

accounts

| |
|----------------|
| (86) 038202100 |
|----------------|

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |

CCXX R39
accounts

(86) 0392022_

| |
|---|
| - |
| - |

| |
|---|
| - |
|---|

| |
|-----|
| 100 |
| - |
| - |
| 100 |

CCXX R40
 accounts
 (86/10) 2022

**Restricted
funds
to nearest £**

| | |
|--|---|
| | - |
| | - |
| | - |
| | - |

OK

**Restricted
funds**
CCXX R41
ad
(86/01/2022)
to nearest £

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |

Cost (optional)

| |
|--------------|
| - |
| CCXX R42 - |
| accounts |
| (86) 0122022 |

| |
|---|
| - |
| - |

Cost (optional)

| |
|---------------|
| - |
| - |
| - |
| - |
| - |
| CCXX R43 - |
| accounts |
| (86) 432022 - |

| |
|---|
| - |
| - |

**Amount due
(optional)**

| |
|---|
| - |
| - |
| - |
| - |
| - |

CCXX R44
accounts
lame (86) 042022

| |
|--|
| |
| |
| |

CCXX R45
accounts
(86/0152022)

CC16a

Last year

to the nearest £

CCXX R46

accounts -

(86,016) 2022 -

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |

| |
|------------|
| |
| - |
| CCXX R47 - |

accounts

| |
|----------------|
| (86) 0472022 - |
|----------------|

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |

CCXX R48

accounts

(86/018) 2022

| |
|---|
| |
| - |

| |
|---|
| - |
|---|

| |
|---|
| - |
| - |
| - |
| - |

CCXX R49
accounts
(86/019) 2022



**Endowment
funds
to nearest £**

| | |
|--|---|
| | - |
| | - |
| | - |
| | - |

OK

**Endowment
funds
accounts
(to nearest £)**

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |

**Current value
(optional)**

| |
|----------------|
| - |
| CCXX R51 - |
| accounts |
| (86) 0112022 - |

| |
|---|
| - |
| - |

**Current value
(optional)**

| |
|----------------|
| - |
| - |
| - |
| - |
| - |
| CCXX R52 - |
| accounts |
| (86) 0122022 - |

| |
|---|
| - |
| - |

**When due
(optional)**

| |
|--|
| |
| |
| |
| |
| |

CCXX R53
Date of
accounts of
(86/05/2022)
approval

|



CCXX R54
accounts
(86/0142022)