Trustees Annual Report for the period of							
From	Period Start Date			To	Period end date		
	06	04	2024		05	04	2025

Section A Reference and administration details

Chairty Name	ASD Helping Hands	
Other names charity is known by		
Registered charity number	1175729	
Charity's principal address	Room 412-416, Breckland Business Centre	
	St Withburga Lane, Dereham, Norfolk	
	UK	
	Postcode	NR19 1FD

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Culverhouse	Chair		
2	Adam Gaskin	Secretary		
3	Stephen Adcock	Treasurer		
4				
5				
6				
7				

Names and addresses of advisers (Optional Information)

Type of Advisor	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Name	Position
Julie Adcock	CEO / Founder
Lee Gibbons	Operations Manager

Section B Structure, Governance and Management

Description of Charity's trusts

Type of governing Document (e.g. trust deed, constitution)	Constitution adopted Nov 2017
How is the charity constituted (e.g. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection method (e.g. appointed by, elected by)	Trustees are appointed for a term of 3 years by a resolution convened at a meeting of the Charities Trustees

Additional Governance issues (Optional Information)

You **may choose** to include additional information, where relevant, about: • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; trustees' consideration of major risks and the system and procedures to manage them.	All trustees are made aware of their role and responsibilities using training provided by NCVO and this needs to be completed within 3 months of appointment to their position or before the next scheduled trustee meeting, whichever is closest. All policies and procedures are readily available for each trustee member using our online portal via the charities website. The Charity operates as an independent body from any statutory/governmental body or charity. We do however adopt the guidelines of recruitment, safeguarding and risk management from a variety of organisations. Trustees meet at least 4 times a year one of which constitutes as the Annual General Meeting (AGM)

Section C Objectives and Activities

Summary of the objects of the charity set out in its governing document	ASD Helping Hands objectives as set out in the governing document are as below: • Support and assistance for those affected by an Autism Spectrum Disorder (ASD) and co-morbid conditions • Promotion of equality and diversity • Provision of recreational groups and outings • Cooperating and supporting other organisations in the work where their objectives fall in line with our own. It is our mission to support all those affected by an Autism Spectrum condition whether they are diagnosed, undiagnosed or a family member or professional working with someone on the Autism Spectrum

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Year round and ongoing work	**<u>Autism Information and Advice service</u>** Our Autism information and advice service continued to receive referrals are we are now offering both appointment-based contact and email-based contact dependant on the preference of the individual. Main reason for referrals continues to be challenging behaviour and diagnosis. In the period of this report, we received 179 referrals into this service. We say an increase in both referrals for Benefits and Welfare and Educations concerns specifically those related to EHCP's, Placements and refusal to assess. The Autism Information and Advice service is a free service provided information and support on: • SEN Support and Educational, Health, and Care Plans • The Autism diagnosis pathway for both Adults and Children in Norfolk, Great Yarmouth, and Waveney • The Welfare system and guidance on how to complete and apply for disability benefits, as well as information on appealing decisions. • Challenging behaviours relating to an autism spectrum disorder. • Short breaks applications and Young Carers Groups • Adult Social Care and Budgets • Suitable Training, Events, and social groups

Support and Social groups

We are currently holding 4 main support and social groups.

- **Families and** children (Total of 288 participants)
- **Young people** (11yrs -17 yrs) (Total of 86 participants)
- **Adults (18+)** (Total of 197 participants)
- **Parents / Carers** (Total 83 participants)

Our social and support groups still provide a warm and welcoming environment for those who are diagnosed or identify as autistic.

Training and Events

We continue to deliver the the Understanding Autism course endorsed by the University of East Anglian and the Norfolk Autism Partnership Board to two organisations. During this period we delivered 5 courses to a variety of organisations including schools, NHS and VCSE organisations, a total of 58 participants.

We have now completed the e-learning platform and have one video course currently available supported by a couple of shorter written courses.

We ran an additional 7 training courses and workshops during this period attracting 41 participants.

Norfolk Autism Partnership

The Norfolk autism partnership is now working with partners to deliver the year 1 action plan of the All Age Autism Strategy 2024-2029, supported by Norfolk County Council.

Norfolk Learning Disability Partnership

The Norfolk learning Disability partnership now engages with a larger number of providers to help facilitate meetings on a locality level and they continue to deliver on the action points of the Norfolk learning Disability Plan 2023-2028.

Funding has been secured via Norfolk County Council and Norfolk and Waveney ICB for an additional year of the partnership Boards.

Both Partnerships have seen an increase in self-advocate representation, and they now form the largest ration of partners that sit on these boards ensuring that the voice of people with a learning disability and Autistic people are at the heart of the conversations around plan to improve services for them within Norfolk. We have also increased the involvement fee (over inflation) we pay our self-advocates to better represent their valued input.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about: • policy on grant making; • policy programme related investment. • contribution made by volunteers.	

Section D Achievements and Performance

Summary of the main achievements of the charity during the year	• Additional funding secured for an additional year of managing the Norfolk Learning Disability and Norfolk Autism partnership Boards, funding in place until 10/2026. • Introduction of E-learning means more people can access information and support when required on their own terms. • Continue to build and embed into relationship both in VCSE partners and statutory services.

Section E Financial Review

Brief statement of the charity's policy on reserves	We aim to have enough in reserves to last 3-6 months.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; investment policy and objectives including any ethical investment policy adopted.	

Section F Other Optional Information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Signature(s)	Amy Culverhouse	Stephen Adcock
Full Names	**AMY CULVERHOUSE**	**STEPHEN ADOCK**
Position	**CHAIRPERSON**	**TREASURER**
	Date	**03/02/2026**

Charity registration number: 1175729

ASD HELPING HANDS
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025

ASD Helping Hands
Contents

	Page
Reference and Administrative Details	1
Trustees' Report	2
Independent Examiner's Report	3
Statement of Financial Activities	4
Comparative Statement of Financial Activities	5
Statement of Financial Position	6
Notes to the Financial Statements	7—10
The following pages do not form part of the statutory accounts:	
Detailed Statement of Financial Activities	11

ASD Helping Hands
Reference and Administrative Details
For The Year Ended 5 April 2025

Trustees	Mr S Adcock Mrs A H Culverhouse Mr A B Gaskin
Charity Number	1175729
Principal Address	Room 219 Breckland Business Centre St Withburga's Lane Dereham NR19 1FD
Independent Examiner	Joanne Sams MAAT Aston Shaw The Union Building 51-59 Rose Lane Norwich NR1 1BY

ASD Helping Hands
Trustees' Report For The Year Ended 5 April 2025

The trustees present their report and the financial statements for the year ended 5 April 2025.

Objectives and Activities

Public Benefit

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Structure, Governance and Management

Governing Document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Trustee Selection Methods

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr Stephen Adcock
Mrs Amy Louise Culverhouse
Mr Adam Gaskin

The trustees' report was approved by the board of trustees and signed on its behalf by:



Mr S Adcock

Trustee
Date 28/1/26

ASD Helping Hands
Independent Examiner's Report to the Trustees of ASD Helping Hands
For The Year Ended 5 April 2025

I report to the trustees on my examination of the accounts of ASD Helping Hands (the Trust) for the year ended 5 April 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Joanne Sams MAAT

Date
The Union Building
51-59 Rose Lane
Norwich
NR1 1BY

ASD Helping Hands
Statement of Financial Activities
For The Year Ended 5 April 2025

	Notes	2025 Unrestricted funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:			
Donations and legacies	3	123,716	111,633
Charitable activities:			
Charitable activity		1,034	1,049
Other	4	10,028	16,253
		134,778	128,935
EXPENDITURE ON:			
Charitable activities:	6		
Charitable activity		(125,271)	(121,184)
NET INCOME		9,507	7,751
NET MOVEMENT IN FUNDS		9,507	7,751
RECONCILIATION OF FUNDS:			
Total funds brought forward		38,572	30,821
TOTAL FUNDS CARRIED FORWARD	13	48,079	38,572

The notes on pages 7 to 10 form part of these financial statements.

ASD Helping Hands
Comparative Statement of Financial Activities
For The Year Ended 5 April 2025

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	109,633	2,000	111,633
Charitable activities:				
Charitable activity		1,049	-	1,049
Other	4	16,253	-	16,253
		126,935	2,000	128,935
EXPENDITURE ON:				
Charitable activities:	6			
Charitable activity		(115,880)	(5,304)	(121,184)
NET INCOME		11,055	(3,304)	7,751
Transfers between funds	13	10,266	(10,266)	-
NET MOVEMENT IN FUNDS		21,321	(13,570)	7,751
RECONCILIATION OF FUNDS:				
Total funds brought forward		17,251	13,570	30,821
TOTAL FUNDS CARRIED FORWARD	13	38,572	-	38,572

The notes on pages 7 to 10 form part of these financial statements.

ASD Helping Hands
Statement of Financial Position
As At 5 April 2025

	Notes	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
		£	£	£	£
FIXED ASSETS					
Tangible Assets	9	988	-	988	630
		988	-	988	630
CURRENT ASSETS					
Debtors	10	25,372	-	25,372	4,645
Cash at bank and in hand		26,775	-	26,775	37,991
		52,147	-	52,147	42,636
Creditors: Amounts Falling Due Within One Year	11	(5,056)	-	(5,056)	(4,694)
NET CURRENT ASSETS (LIABILITIES)		47,091	-	47,091	37,942
TOTAL ASSETS LESS CURRENT LIABILITIES		48,079	-	48,079	38,572
NET ASSETS		48,079	-	48,079	38,572
FUNDS OF THE CHARITY					
Unrestricted Funds				48,079	38,572
TOTAL FUNDS	13			48,079	38,572

On behalf of the board

Mr S Adcock

Trustee

Date 28/1/26

The notes on pages 7 to 10 form part of these financial statements.

1. General Information

ASD Helping Hands is an unincorporated charity registered with the Charity Commission, registered charity number 1175729. The principal address is Room 219, Breckland Business Centre, St Withburga's Lane, Dereham, NR19 1FD.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charity's ability to continue as a going concern.

2.3. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2.4. Incoming Resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

2.5. Resources Expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

2.6. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% Cost
Computer Equipment	25% Cost

2.7. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Donations and gifts	3,810	-	3,810
Grants	119,906	-	119,906
	123,716	-	123,716

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Donations and gifts	11,334	-	11,334
Grants	98,299	2,000	100,299
	109,633	2,000	111,633

4. **Other Income**

	2025 Unrestricted funds	2024 Unrestricted funds
	£	£
Other income	1,517	3,940
Michael Molden Care Fees	8,511	12,313
	10,028	16,253

5. **Net Income/(Expenditure)**

The net income is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets - owned	262	100

6. **Analysis of Expenditure**

	2025 Activities undertaken directly
	£
Charitable activity	125,271

	2024 Activities undertaken directly
	£
Charitable activity	121,184

7. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	66,785	72,419
Other pension costs	1,525	2,037
	68,310	74,456

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

8. Average Number of Employees

Average number of employees during the year was: 9 (2024: 3)

9. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 6 April 2024	415	315	730
Additions	620	-	620
As at 5 April 2025	1,035	315	1,350
Depreciation			
As at 6 April 2024	39	61	100
Provided during the period	183	79	262
As at 5 April 2025	222	140	362
Net Book Value			
As at 5 April 2025	813	175	988
As at 6 April 2024	376	254	630

10. Debtors

	2025	2024
	£	£
Due within one year		
Trade debtors	24,115	4,645
Other debtors	1,257	-
	25,372	4,645

11. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	3,919	3,557
Accruals and deferred income	1,137	1,137
	5,056	4,694

12. Pension Commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £1,525 (2024: £2,037).

At the statement of financial position date contributions of £NIL were due to the fund and are included in creditors.

13. Movement in Funds

	As at 6 April 2024	Income	Expenditure	As at 5 April 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	38,572	134,778	(125,271)	48,079
Total funds	38,572	134,778	(125,271)	48,079

	As at 6 April 2023	Income	Expenditure	Transfers	As at 5 April 2024
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	17,251	126,935	(115,880)	10,266	38,572
Restricted funds					
People's Health Trust	2,220	-	-	(2,220)	-
Norfolk Community Foundation - Therapy and Counselling	4,804	-	(3,304)	(1,500)	-
National Lottery - Norfolk Lakes Residential Trip	6,546	-	-	(6,546)	-
Norfolk Community Foundation - Warmer Places Grant	-	2,000	(2,000)	-	-
Total restricted funds	13,570	2,000	(5,304)	(10,266)	-
Total funds	30,821	128,935	(121,184)	-	38,572

14. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

15. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

ASD Helping Hands
Detailed Statement of Financial Activities
For The Year Ended 5 April 2025

	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations	1,333	9,248
Gifts	2,477	2,086
Grants	119,906	100,299
	123,716	111,633
Charitable Activities:		
Charitable activity		
Events	1,034	1,049
	1,034	1,049
Other		
Other income	1,517	3,940
Michael Molden Care Fees	8,511	12,313
	10,028	16,253
	134,778	128,935
EXPENDITURE ON:		
Charitable Activities:		
Charitable activity		
Events costs	(11,532)	(9,527)
Rent	(18,715)	(16,059)
Trustee expenses	-	(3,296)
Accountancy	(2,166)	(1,713)
Staff training and welfare	(3,153)	(1,204)
Trustees' fees	(3,513)	-
Wages and salaries	(63,272)	(72,419)
Employers pensions - defined contribution schemes	(1,525)	(2,037)
Motor and travel	(4,547)	(4,713)
Computer software, IT consumables and maintenance	(10,006)	(4,471)
Insurance	(1,752)	(766)
Legal and professional fees	(35)	(642)
Telephone	(1,697)	(2,183)
Rates, light and heating	(625)	(678)
Sundries	(888)	(131)
Printing, postage and stationery	(709)	(1,148)
Michael Molden expenses	(828)	(30)
Depreciation	(262)	(100)
Bank charges	(46)	(67)
	(125,271)	(121,184)
	(125,271)	(121,184)
NET INCOME	9,507	7,751

Charity registration number: 1175729

ASD HELPING HANDS
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025

ASD Helping Hands
Contents

	Page
Reference and Administrative Details	1
Trustees' Report	2
Independent Examiner's Report	3
Statement of Financial Activities	4
Comparative Statement of Financial Activities	5
Statement of Financial Position	6
Notes to the Financial Statements	7—10
The following pages do not form part of the statutory accounts:	
Detailed Statement of Financial Activities	11

ASD Helping Hands
Reference and Administrative Details
For The Year Ended 5 April 2025

Trustees	Mr S Adcock Mrs A H Culverhouse Mr A B Gaskin
Charity Number	1175729
Principal Address	Room 219 Breckland Business Centre St Withburga's Lane Dereham NR19 1FD
Independent Examiner	Joanne Sams MAAT Aston Shaw The Union Building 51-59 Rose Lane Norwich NR1 1BY

ASD Helping Hands
Trustees' Report For The Year Ended 5 April 2025

The trustees present their report and the financial statements for the year ended 5 April 2025.

Objectives and Activities

Public Benefit

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Structure, Governance and Management

Governing Document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Trustee Selection Methods

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr Stephen Adcock
Mrs Amy Louise Culverhouse
Mr Adam Gaskin

The trustees' report was approved by the board of trustees and signed on its behalf by:



Mr S Adcock

Trustee
Date 28/1/26

ASD Helping Hands
Independent Examiner's Report to the Trustees of ASD Helping Hands
For The Year Ended 5 April 2025

I report to the trustees on my examination of the accounts of ASD Helping Hands (the Trust) for the year ended 5 April 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Joanne Sams MAAT

Date
The Union Building
51-59 Rose Lane
Norwich
NR1 1BY

ASD Helping Hands
Statement of Financial Activities
For The Year Ended 5 April 2025

	Notes	2025 Unrestricted funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:			
Donations and legacies	3	123,716	111,633
Charitable activities:			
Charitable activity		1,034	1,049
Other	4	10,028	16,253
		134,778	128,935
EXPENDITURE ON:			
Charitable activities:	6		
Charitable activity		(125,271)	(121,184)
NET INCOME		9,507	7,751
NET MOVEMENT IN FUNDS		9,507	7,751
RECONCILIATION OF FUNDS:			
Total funds brought forward		38,572	30,821
TOTAL FUNDS CARRIED FORWARD	13	48,079	38,572

The notes on pages 7 to 10 form part of these financial statements.

ASD Helping Hands
Comparative Statement of Financial Activities
For The Year Ended 5 April 2025

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	109,633	2,000	111,633
Charitable activities:				
Charitable activity		1,049	-	1,049
Other	4	16,253	-	16,253
		126,935	2,000	128,935
EXPENDITURE ON:				
Charitable activities:	6			
Charitable activity		(115,880)	(5,304)	(121,184)
NET INCOME		11,055	(3,304)	7,751
Transfers between funds	13	10,266	(10,266)	-
NET MOVEMENT IN FUNDS		21,321	(13,570)	7,751
RECONCILIATION OF FUNDS:				
Total funds brought forward		17,251	13,570	30,821
TOTAL FUNDS CARRIED FORWARD	13	38,572	-	38,572

The notes on pages 7 to 10 form part of these financial statements.

ASD Helping Hands
Statement of Financial Position
As At 5 April 2025

	Notes	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
		£	£	£	£
FIXED ASSETS					
Tangible Assets	9	988	-	988	630
		988	-	988	630
CURRENT ASSETS					
Debtors	10	25,372	-	25,372	4,645
Cash at bank and in hand		26,775	-	26,775	37,991
		52,147	-	52,147	42,636
Creditors: Amounts Falling Due Within One Year	11	(5,056)	-	(5,056)	(4,694)
NET CURRENT ASSETS (LIABILITIES)		47,091	-	47,091	37,942
TOTAL ASSETS LESS CURRENT LIABILITIES		48,079	-	48,079	38,572
NET ASSETS		48,079	-	48,079	38,572
FUNDS OF THE CHARITY					
Unrestricted Funds				48,079	38,572
TOTAL FUNDS	13			48,079	38,572

On behalf of the board

Mr S Adcock

Trustee

Date 28/1/26

The notes on pages 7 to 10 form part of these financial statements.

1. General Information

ASD Helping Hands is an unincorporated charity registered with the Charity Commission, registered charity number 1175729. The principal address is Room 219, Breckland Business Centre, St Withburga's Lane, Dereham, NR19 1FD.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charity's ability to continue as a going concern.

2.3. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2.4. Incoming Resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

2.5. Resources Expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

2.6. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% Cost
Computer Equipment	25% Cost

2.7. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Donations and gifts	3,810	-	3,810
Grants	119,906	-	119,906
	123,716	-	123,716

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Donations and gifts	11,334	-	11,334
Grants	98,299	2,000	100,299
	109,633	2,000	111,633

4. **Other Income**

	2025 Unrestricted funds	2024 Unrestricted funds
	£	£
Other income	1,517	3,940
Michael Molden Care Fees	8,511	12,313
	10,028	16,253

5. **Net Income/(Expenditure)**

The net income is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets - owned	262	100

6. **Analysis of Expenditure**

	2025 Activities undertaken directly
	£
Charitable activity	125,271

	2024 Activities undertaken directly
	£
Charitable activity	121,184

7. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	66,785	72,419
Other pension costs	1,525	2,037
	68,310	74,456

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

8. Average Number of Employees

Average number of employees during the year was: 9 (2024: 3)

9. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 6 April 2024	415	315	730
Additions	620	-	620
As at 5 April 2025	1,035	315	1,350
Depreciation			
As at 6 April 2024	39	61	100
Provided during the period	183	79	262
As at 5 April 2025	222	140	362
Net Book Value			
As at 5 April 2025	813	175	988
As at 6 April 2024	376	254	630

10. Debtors

	2025	2024
	£	£
Due within one year		
Trade debtors	24,115	4,645
Other debtors	1,257	-
	25,372	4,645

11. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	3,919	3,557
Accruals and deferred income	1,137	1,137
	5,056	4,694

12. Pension Commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £1,525 (2024: £2,037).

At the statement of financial position date contributions of £NIL were due to the fund and are included in creditors.

13. Movement in Funds

	As at 6 April 2024	Income	Expenditure	As at 5 April 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	38,572	134,778	(125,271)	48,079
Total funds	38,572	134,778	(125,271)	48,079

	As at 6 April 2023	Income	Expenditure	Transfers	As at 5 April 2024
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	17,251	126,935	(115,880)	10,266	38,572
Restricted funds					
People's Health Trust	2,220	-	-	(2,220)	-
Norfolk Community Foundation - Therapy and Counselling	4,804	-	(3,304)	(1,500)	-
National Lottery - Norfolk Lakes Residential Trip	6,546	-	-	(6,546)	-
Norfolk Community Foundation - Warmer Places Grant	-	2,000	(2,000)	-	-
Total restricted funds	13,570	2,000	(5,304)	(10,266)	-
Total funds	30,821	128,935	(121,184)	-	38,572

14. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

15. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

ASD Helping Hands
Detailed Statement of Financial Activities
For The Year Ended 5 April 2025

	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations	1,333	9,248
Gifts	2,477	2,086
Grants	119,906	100,299
	123,716	111,633
Charitable Activities:		
Charitable activity		
Events	1,034	1,049
	1,034	1,049
Other		
Other income	1,517	3,940
Michael Molden Care Fees	8,511	12,313
	10,028	16,253
	134,778	128,935
EXPENDITURE ON:		
Charitable Activities:		
Charitable activity		
Events costs	(11,532)	(9,527)
Rent	(18,715)	(16,059)
Trustee expenses	-	(3,296)
Accountancy	(2,166)	(1,713)
Staff training and welfare	(3,153)	(1,204)
Trustees' fees	(3,513)	-
Wages and salaries	(63,272)	(72,419)
Employers pensions - defined contribution schemes	(1,525)	(2,037)
Motor and travel	(4,547)	(4,713)
Computer software, IT consumables and maintenance	(10,006)	(4,471)
Insurance	(1,752)	(766)
Legal and professional fees	(35)	(642)
Telephone	(1,697)	(2,183)
Rates, light and heating	(625)	(678)
Sundries	(888)	(131)
Printing, postage and stationery	(709)	(1,148)
Michael Molden expenses	(828)	(30)
Depreciation	(262)	(100)
Bank charges	(46)	(67)
	(125,271)	(121,184)
	(125,271)	(121,184)
NET INCOME	9,507	7,751