

MANY MINDS

England & Wales · Charity number 1175721

Details

Status Registered

Legal form CIO

Registered 2017-11-14

Register [View on the Charity Commission register](#)

Contact

Address 10 Chelsea Park
Bristol
BS5 6AG

Phone 07843210272

Email info@many-minds.org

Website www.many-minds.org

Activities

Objects: THE OBJECTS OF THE CIO ARE:TO PROMOTE THE PRESERVATION OF GOOD MENTAL HEALTH AND THOSE AT RISK OFMENTAL HEALTH PROBLEMS FOR THE PUBLIC BENEFIT THROUGH PARTICIPATION INTHE ARTS IN ORDER TO INCREASE AWARENESS, UNDERSTANDING AND REDUCESTIGMA OF MENTAL HEALTH TO THE WIDER PUBLIC THROUGH CREATIVE ACTIVITIES,PERFORMANCE AND PROFESSIONAL THEATRE PRODUCTIONS, TO IMPROVE ACCESSTO ARTS AND OTHER MAINSTREAM SERVICES FOR MENTAL HEALTH SERVICE USERSBY WORKING IN PARTNERSHIPS TO RAISE AWARENESS AND REDUCE BARRIERS TOACCESS AND TO IMPROVE CONFIDENCE, SELF-ESTEEM, SOCIAL NETWORKS ANDPROGRESSION IN TO EDUCATION, TRAINING AND EMPLOYMENT FOR MENTALHEALTH SERVICE USERS AND THOSE AT RISK THROUGH INVOLVEMENT IN CREATIVEACTIVITIES AND MENTORING.

Activities: Many Minds works with individuals to engage with their creativity, improve confidence, self-esteem and build social skills and networks. We run weekly workshops in theatre making skills to devise and create high quality contemporary performance. Many Minds also delivers mentoring, training and consultancy using performance as a tool to improve wellbeing, increase understanding and reduce stigma.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science
- **Who:** Children/young People, People With Disabilities

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£108,371	£88,911	-	-
2024-12-31	£61,282	£122,838	-	-
2023-12-31	£91,676	£106,630	-	-
2022-12-31	£191,441	£172,934	-	-
2021-12-31	£116,527	£118,027	-	-

Trustees

Name	Role	Appointed
Thomas Newman	Chair	2019-07-15
Angelina McClelland		2022-10-10
Malaika Florence Kegode		2024-06-10
SANDY MASTERS		2019-01-22
Tabitha Rose Rodney		2020-10-12

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England & Wales - Charity number 1175721

Accounts

MANY MINDS

Registered Charity number: 1175721

Report and Financial Statements For the year ended 31 December 2025

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Reference and administration information

Charity Name: Many Minds

Registered charity number: 1175721

Charity's principal address: 10 Chelsea Park, Bristol, BS5 6AG

Trustee name	Office	Dates acted if not full year	Name of person (or body) entitled to appoint trustee (if any)
Tom Newman	Chair		
Sandra Masters			
Malaika Kegode			
Tabitha Rodney			
M Blaydes			
Angelina McClelland			

Staff employed by charity: Olivia Ware (Executive Director), Viki Browne (Artistic Director), Tom O'Shea (Access Worker)

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Trustees Annual Report

For the year ended 31 December 2025

The Trustees present their report and financial statements for the year ending 31 December 2025. The reference and administrative information set out on page 3 form part of this report.

Structure, governance and management

Type of governing document: Constitution

How charity is constituted: Association

Trustee selection methods: The Many Minds constitution allows trustees to be appointed by the Board. Member Trustees are elected by the membership at the AGM.

Trustees are given a welcome pack when joining the Board and training on Being a Good Board Member run by Voscur. New Member Trustees are given a mentor to support them to join the Board.

The charity's policies and procedures include:

- Safeguarding
- Equality and Diversity
- Confidentiality
- Data Protection
- Financial Controls
- Complaints
- Conflicts of Interest
- Managing Risk
- Pay Policy
- Disciplinary and Grievance
- Trustee Code of Conduct

Trustees regularly review the risks to Many Minds and manage them in line with the risk policy. Where necessary, external advice is sought to supplement internal expertise.

Objectives and activities

Objectives

1. To promote the preservation of good mental health and to assist those at risk of mental health problems for the public benefit, through participation in the arts in order to increase awareness, understanding and reduce stigma of mental health to the wider public through creative activities, performance and professional theatre productions.
2. To improve access to the arts and other mainstream services for mental health service users by working in partnerships to raise awareness and reduce barriers to access.
3. To improve confidence, self-esteem, social networks and progression into education, training and employment for mental health service users and those at risk through involvement in creative activities and mentoring.

Activities

In planning the activities for the year, Many Minds trustees have had regard to the Charity Commission Guidance on public benefit.

Many Minds activities undertaken:

- To promote the preservation of good mental health, Many Minds runs weekly open access workshops for people who identify with experiences of mental illness. These workshops have led to performances at The Watershed, Travelling Light Studios and Easton Christian Family Centre. These performances have mental health access at the heart of the creative process and have helped to reduce public stigma of mental illness.
- Many Minds has delivered mentoring and provided opportunities to volunteer and take on paid roles to improve confidence, self-esteem, social networks and progression into education, training and employment.
- To improve access to arts and other services, Many Minds has social and cultural trips or members, as well as training and consultancy sessions for individuals and organisations in mental health access strategies, recruitment and wellbeing policies.

Volunteers

Many Minds has a dedicated team of volunteers who have helped to support members in workshop sessions and public performances. Many of the membership have taken on volunteer roles for personal and career progression. We worked with 29 volunteers who gave 488 hours of their time over the year.

Achievements and performance

2025 was a year of consolidation and strategic development for Many Minds. In response to a challenging funding environment, we adapted our delivery model to ensure organisational stability while continuing to place members at the heart of our work. While overall delivery was reduced in the first half of the year, this period enabled deeper engagement with our core membership and significant investment in future sustainability.

Adapting delivery in response to funding challenges

Due to reduced funds, weekly workshops were temporarily scaled back to monthly sessions for the first six months of the year. Despite this reduction in regular delivery, our membership remained stable at **331 members**, demonstrating the strength of relationships, trust and relevance of Many Minds to those we support.

Across the year, we delivered **62 sessions**, including workshops, performances, member forums and social activities.

Rather than focusing on volume of workshops alone, we prioritised quality, care and co-production. Time was dedicated to one-to-one consultations and member forums, creating space for members to shape the organisation's direction. Members were actively involved in discussions around strategy, fundraising ideas and future income generation, strengthening ownership and collective responsibility.

Strategic development and sustainability

Alongside members, we worked closely with an external consultant to develop our business plan and undertake significant strategic work. This included reviewing our operating model, exploring income diversification and strengthening governance and fundraising approaches. This period of reflection and planning laid vital foundations for the organisation's longer-term resilience.

This strategic focus resulted in positive outcomes later in the year, including the successful award of a three-year Reaching Communities grant of £70,000 per year. This funding marked a turning point for the organisation, signaling increased stability and confidence in Many Minds' future.

Partnerships, profile and recognition

Throughout the year we invested time in building new relationships and expanding our network. We developed connections with corporate partners including Ghyston Ltd and The Wave, opening up opportunities for future collaboration, skills sharing and support.

Our work continued to gain external recognition. Many Minds was Highly Commended in the Arts category at the Bristol Life Awards, reflecting the quality, impact and distinctiveness of our member-led practice.

We also began developing new creative partnerships, including a guest workshop with Bath Community Kitchen, exploring how food, performance and community engagement could come together in future collaborative projects.

Increased delivery and leadership development in the second half of the year

Activity increased significantly in the second half of 2025. Many Minds was selected as headline charity for Krazy Races in Victoria Park, Bristol, where members performed in front of audiences of approximately 8,000 people. Three teams fundraised for Many Minds, designing and racing their own Many Minds-themed carts, raising both funds and public awareness.

From October to December, we delivered a successful Facilitator Training Series, supporting member progression and leadership.

- 11 members received one-to-one mentoring during the programme
- Members were mentored by Artistic Director Viki Browne
- Participants gained practical experience planning and delivering sessions, building facilitation skills, confidence and career pathways within the arts and community sectors
- 100% of participants reported an increase in confidence as a result of taking part

Key achievements in 2025 include:

- Membership remained stable at 331 members
- 62 sessions delivered across workshops, performances, member forums and socials
- 10,838 member attendances across the year
- Reduced delivery in the first half of the year balanced by deeper engagement and strategic development
- Members actively involved in organisational strategy, fundraising ideas and income generation
- 11 members supported through one-to-one mentoring as part of the Facilitator Training Series, with 100% reporting increased confidence
- A three-year Reaching Communities grant (£70,000 per year) secured
- Many Minds was Highly Commended at the Bristol Life Awards (Arts category)
- New corporate and creative partnerships developed
- Members performed to large public audiences as headline charity for Krazy Races

Financial Review

Total income for the financial year was £108,371 (2024 £61,282) with expenditure of £88,911 (2024 £122,838) and net income of £19,460 (2024 net expenditure £61,556). At the end of the financial year, total assets amounted to £59,726 represented by Unrestricted Funds of £48,059 and Restricted Funds of £11,667.

Many Minds uses an accruals basis of accounting and has set out the basis of preparation and accounting policies in the notes to the accounts.

Many Minds receives funding from a range of sources. The charity's main source of income is from public bodies, trusts, and foundations. These include Arts Council England, Bristol City Council, National Lottery Community Fund, Nisbet Trust, Paul Hamlyn Foundation, People's Health Trust, People's Postcode Lottery, Quartet Community Foundation and the University of Bristol.

Another important source of income is from partnerships with Bristol Old Vic and Ghyston Ltd who have supported Many Minds through donations of services and facilities.

Many Minds has also raised funds of £32,837 (2024 £31,282) from individual donors through a monthly donation scheme and match funding campaigns.

Reserves Policy

Many Minds trustees have agreed on a reserves policy to ensure organisational resilience, to be able to respond to unpredictable financial situations that might arise and to be able to respond to opportunities that might arise throughout the year.

Of the £48,059 of restricted funds comprising the General fund at 31 December 2025, the Trustees have agreed to retain a reserve of £21,000

This allows the charity to have time to put in strategies to secure funding, to be able to uphold obligations as an employer and, if needs be, to ensure that its members can conclude their relationship with the charity in a safe and supportive way.

The trustees will review the reserves policy annually.

Future plans

Following a year of consolidation, strategic reflection and renewed financial stability, Many Minds is looking ahead with clarity and ambition. The focus for the coming period is to build on the foundations laid in 2025, increasing our impact while remaining rooted in member-led practice, care and co-production.

Deepening impact and creating systemic change

Many Minds' work has always sought to go beyond individual outcomes, using performance as a tool to explore, question and shift the systems that shape people's lives. In the coming years, we aim to strengthen this approach, positioning our projects and performances as catalysts for social and systemic change.

A key strand of this work will be the development of Collective Dreaming, a new creative programme that invites members, partners and communities to collectively imagine alternative futures. Through participatory workshops and performances, Collective Dreaming will explore what more equitable, compassionate and inclusive systems could look like, particularly in relation to mental health, access to culture and community belonging.

Initially rooted in Bristol, this programme will be developed with a growing network of partners and will also explore opportunities to share Many Minds' practice on a national and international level, contributing to wider conversations around arts, wellbeing and social change.

Expanding partnerships and increasing access

Building on the success of previous collaborations, we plan to continue working with arts organisations to reimagine how cultural spaces can be more accessible and welcoming to marginalised communities. This includes developing new work with the Royal West Academy, bringing their forthcoming Dance Out exhibition to life through participatory performance, following the success of Hybrids LIVE.

Through these partnerships, we aim not only to create powerful artistic experiences, but also to influence how organisations think about access, inclusion and engagement. By embedding our practice within partner venues, we seek to support longer-term change in how spaces are designed, programmed and experienced.

Developing member leadership and skills

Supporting member progression remains central to Many Minds' future plans. Building on the success of the 2025 Facilitator Training Series, we aim to further develop pathways for members to gain skills, confidence and leadership experience through facilitation, mentoring and creative delivery.

Future plans include expanding facilitation training opportunities, offering more one-to-one mentoring, and creating clearer routes for members to take on leadership roles within projects and the organisation. This approach strengthens individual outcomes while also building collective capacity and resilience.

Sustainability and long-term resilience

Securing three-year core funding from Reaching Communities has provided an important platform for stability. Over the coming period, we will continue to build on this by diversifying income streams, strengthening partnerships and developing earned and contributed income. This will enable us to plan with confidence, respond creatively to emerging opportunities and continue supporting members through changing circumstances.

Looking ahead, Many Minds is committed to growing thoughtfully and sustainably. By combining artistic excellence, member-led practice and a clear focus on social and systemic change, we aim to continue creating work that not only supports wellbeing, but also challenges, inspires and contributes to a more inclusive future.

Declaration

Approved by the trustees on 17 February 2026 and signed on their behalf by:

Tom Newman, Chair of Board of Trustees

Signed:

A handwritten signature in black ink that reads "T Newman". The signature is written in a cursive style with a horizontal line underneath the name.

Independent Examiner's Report

To the trustees of Many Minds

I report to the trustees on my examination of the accounts of the Many Minds ("the Trust") for the year ended 31 December 2025, which are set out on pages 12 to 19.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 28 March 2026

Signed:



Michael Evans C.A.,

Member of the Institute of Chartered Accountant of Scotland,
145 Barclay Road, London, E17 9JL

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Statement of Financial Activities

for the year ended 31 December 2025

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Income from:				
Public Funding Sources	-	35,000	35,000	20,000
Trusts and Foundations	25,000	-	25,000	10,000
Partnerships	-	15,084	15,084	-
Individual Donations & Match Funding Activities	32,837	-	32,837	31,282
	450	-	450	
Total	58,287	50,084	108,371	61,282
Expenditure on:				
Payroll	22,873	-	22,873	61,981
Freelance worker and artist fees	19,239	23,333	42,572	36,350
General Running Expenses	5,661	-	5,661	5,999
Marketing and Communications	722	-	722	6,486
Production costs	206	-	206	455
Rent and venue hire	228	15,084	15,312	9,643
Subsistence	1,460	-	1,460	1,314
Travel	105	-	105	610
Total	50,494	38,417	88,911	122,838
Net income (expenditure)	7,793	11,667	19,460	(61,556)
Reconciliation of Funds:				
Total funds brought forward	40,266	-	40,266	101,822
Total funds carried forward	48,059	11,667	59,726	40,266

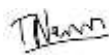
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Balance Sheet

As at 31 December 2025

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Fixed assets	-	-	-	-
Current assets				
Debtors	7,066	-	7,066	1,345
Cash at bank and in hand	41,053	11,667	52,720	43,438
	48,119	11,667	59,786	44,783
Creditors: amounts due within one year	60	-	60	4,517
Net current assets	48,059	11,667	59,726	40,266
Total net assets	48,059	11,667	59,726	40,266
Funds of the charity (note 7)				
Restricted income funds	-	11,667	11,667	-
Unrestricted funds:				
General	48,059	-	48,059	40,266
Total funds of the charity	48,059	11,667	59,726	40,266

Approved by the Trustees on 17th
February 2026 and signed on their behalf
by



Full name

Thomas Newman

Chair

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Statement of Cash Flows

for the year ended 31 December 2025

	Total funds £	Prior year funds £
Cash flows from operating activities:		
Net income (expenditure) for the year (as per the statement of financial activities)	19,460	(61,556)
Adjustments for:		
(Increase)/decrease in debtors	(5,721)	(1,345)
Increase/(decrease in creditors)	(4,457)	3,089
Net cash provided by (used in) operating activities	9,282	(59,812)
Cash flows from investing activities:	-	-
Change in cash in the year	9,282	(59,812)
Cash at the beginning of year	43,438	103,250
Cash at the end of the year	52,720	43,438

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Notes to the financial statements

1. Basis of preparation

(a) Basis of Accounting

These financial statements have been prepared under the historic cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Statement of Recommended Practice issued by the Charity Commission for England and Wales (“Charities SORP”), and the Charities Act 2011.

(b) Going Concern

The Trustees have examined the Charity’s budget and cash flow projections and consider that there are no material uncertainties about the Charity’s ability to continue as a going concern. Consequently, these financial statements have been prepared on a going concern basis.

(c) Structure of the Statement of Financial Activities

In the Statement of Financial Activities, the Charity has adopted the structure of presentation based on the nature of components of income and expenditure, as permitted by the Charities SORP for smaller charities.

2. Accounting Policies

(a) Fund Structure

Restricted Income Funds are those funds which are to be used in accordance with specific restrictions imposed by the donors.

Unrestricted Income Funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objectives.

Designated Funds are unrestricted funds earmarked by the Trustees for particular purposes.

(b) Incoming Resources

Incoming resources are recognised once the charity has entitlement to the resources, it is more likely than not that the resources will be received and their monetary value can be measured with sufficient reliability.

In accordance with Charities SORP the value of volunteer help is not determined in the accounts, given the absence of a reliable measurement base, but is described in the Trustees’ report.

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Notes to the financial statements

(c) Resources Expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure and the amount can be measured with reasonable certainty.

(d) Fixed Assets

Fixed assets consist of IT equipment which is stated at cost (2025 and 2024 - £7,388) less depreciation (2025 and 2024 - £7,388) applied on a straight line basis over a 3 year estimated life.

3. Employees

The average headcount of employees was 0.5 in 2025 (2 in 2024).

No employee received more than £60,000 in the current and prior years.

4. Trustees and Independent Examiner

The Trustees and Independent Examiner have not received any remuneration, employment benefits or reimbursement of expenses from the charity in the current and prior years.

5. Related party transactions

The Trustees have referred to the definition of related parties set out in the Charities SORP and confirm that there are no related party transactions to report.

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Notes to the financial statements

Note 6. Analysis of income

Categories	Sources	Unrestricted Funds £	Restricted income funds £	Total funds £	Prior year £
Public Funding Sources	National Lottery Community Fund	-	35,000	35,000	20,000
	Total	-	35,000	35,000	20,000
Trusts and Foundations	Nisbet Trust	-	-	-	5,000
	People's Post Code Lottery	25,000	-	25,000	
	Quartet Community Foundation	-	-	-	5,000
	Total	25,000	-	25,000	10,000
Partnerships: donated facilities and services	Bristol Old Vic	-	3,564	3,564	
	Ghyston Ltd	-	11,520	11,520	
	Total	-	15,084	15,084	-
Individual Donations and Match Funding Activities		32,837	-	32,837	31,282
	Consultancy	450	-	450	
	Total	450	-	450	-
Total Income		58,287	50,084	108,371	61,282

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Notes to the financial statements

Note 7. Funds of the charity

7.1. Details of funds held and movements (Current year)

	Balances brought forward £	Income £	Expenditure £	Balances carried forward £
Restricted funds				
Bristol Old Vic	-	3,564	3,564	-
National Lottery Community Fund	-	35,000	23,333	11,667
Ghyston Ltd	-	11,520	11,520	-
	-	50,084	38,417	11,667
Unrestricted funds				
General fund	40,266	58,287	50,494	48,059
	40,266	58,287	50,494	48,059
Total Funds (Current year)	40,266	108,371	88,911	59,726

7.2. Details of funds held and movements (Prior year)

	Balances brought forward £	Income £	Expenditure £	Balances carried £
Restricted funds				
Bristol City Council	21,557	-	21,557	-
National Lottery Community Fund	-	20,000	20,000	-
Nisbet Trust	-	5,000	5,000	-
Paul Hamlyn Foundation	25,582	-	25,582	-
Quartet Community Foundation	-	5,000	5,000	-
University of Bristol	4,310	-	4,310	-
	51,449	30,000	81,449	-
Unrestricted funds				
Designated				
Match Funding Programmes	23,001	-	23,001	-
General fund	27,372	31,282	18,388	40,266
	50,373	31,282	41,389	40,266
Total Funds (Prior year)	101,822	61,282	122,838	40,266

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Notes to the financial statements

7.3. Explanatory notes on funds held and movements

All funds held are used in furtherance of the objects of the charity which are set in the Trustees' report.

Restricted funds are used in accordance with the donors' specific requirements to support charitable activities, contribute to core costs and fund investments. The Restricted funds carried forward at 31 December 2025 have been allocated to 2026 activities as agreed with the donors.

The Unrestricted funds are used in accordance with the policies defined by the Trustees. The General fund carried forward at 31 December 2025 is available for the ongoing activities of the charity and is also considered appropriate to ensure organisational resilience in accordance with the reserves policy defined by the Trustees.

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England & Wales - Charity number 1175721

Accounts

MANY MINDS

Registered Charity number: 1175721

Report and Financial Statements For the year ended 31 December 2024

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Registered charity number: 1175721

Charity's principal address: 10 Chelsea Park, Bristol, BS5 6AG

Trustee name	Office	Dates acted if not full year	Name of person (or body) entitled to appoint trustee (if any)
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Sandra Masters			
Malaika Kegode			
Tabitha Rodney			
M Blaydes			
Angelina McClelland			

Staff employed by charity: Olivia Ware (Executive Director), Viki Browne (Artistic Director), Laura Singer (Access Support Worker), Ru Brooks (Company Administrator)

MANY MINDS

Trustees Annual Report

For the year ended 31 December 2024

The Trustees present their report and financial statements for the year ending 31st December 2024. The reference and administrative information set out on page 3 forms part of this report.

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2. To improve access to the arts and other mainstream services for mental health service users by working in partnerships to raise awareness and reduce barriers to access.
3. To improve confidence, self-esteem, social networks and progression into education, training and employment for mental health service users and those at risk through involvement in creative activities and mentoring.

Activities

In planning the activities for the year, Many Minds trustees have had regard to the Charity Commission Guidance on public benefit.

Many Minds activities undertaken:

- To promote the preservation of good mental health, Many Minds runs weekly open access workshops for people who identify with experiences of mental illness. These workshops have led to performances at The Watershed, Travelling Light Studios and Easton Christian Family Centre. These performances have mental health access at the heart of the creative process and have helped to reduce public stigma of mental illness.
- Many Minds has delivered mentoring and provided opportunities to volunteer and take on paid roles to improve confidence, self-esteem, social networks and progression into education, training and employment.
- To improve access to arts and other services, Many Minds has social and cultural trips or members, as well as training and consultancy sessions for individuals and organisations in mental health access strategies, recruitment and wellbeing policies.

Volunteers

Many Minds has a dedicated team of volunteers who have helped to support members in workshop sessions and public performances. Many of the membership have taken on volunteer roles for personal and career progression. We worked with 16 volunteers who gave 522 hours of their time over the year.

Achievements and performance

Many Minds staged more performances than ever before in 2024 with a wide range of partnerships and projects. We were recognised and received a Highly Commended award at The Bristol Life Awards in the Arts category for our work.

IRL Influencer

We worked alongside the University of Bristol and Oasis Brightstowe School with year 8 students. The creative project ran alongside the University's research project running a series of workshops to explore the impact of digital technology on young people's mental health. The students made a production that outlined their own experiences of technology and social media which was performed at their school for parents, teachers and mental health professionals.

Feedback from young people included:

"I didn't know the impact social media was having on my mental health before."

"It made me realise I was addicted and I'm trying to play less on Roblox."

"I am trying to use online less and in person more."

- 66% said the project made them feel happier
- 79% said they felt more connected with each other after the project
- 56% said they had a better understanding of their experiences online
- 44% said they had a better understanding of their mental health in a school settings

The findings were used by University of Bristol as part of a wider research project to create better understanding of young people's experiences amongst health professionals.

Welcome to Bedminster

The project was in partnership with Breathing Fire and Bristol City Council Community Development Team and Breathing Fire. We engaged with residents of Bedminster in weekly workshops running at Windmill Hill City Farm and St Phillips Church.

Participants ranged from 18 – 80-year-olds and came from a wide range of different backgrounds. They worked together to explore themes that were important to them in their communities and devised a piece of forum theatre. None of the participants had ever made a piece of forum theatre or interactive devised performance.

The project explored themes around mental health, accessing health services, gentrification, building developments, local shops closing and struggles to get employment, cost of living crisis and gambling. The performance was staged at St Phillips Church in May. It provoked a strong reaction and a lot of conversation from audiences and many audience members went up on stage to try out solutions to the main characters struggles. Conversations were started about how communities can respond with kindness

to people in difficult times by buying people shopping or giving them advice on how to seek support.

Participants said:

"I met lots of wonderful new people and made friends. The project helped me to grow."

"I found love and comfort. The workshops helped me to get back into the world. I didn't know I would love it so much."

"It helped me to flourish with a diverse range of people supporting each other to grow."

Audience feedback:

"I was just blown away by tonight, I feel like crying, because I was so touched"

"I thought the performance was brilliant. It really tackled some local issues such as gentrification, building in the area, what it is like to be a working-class person living in a community that is gradually changing."

"I loved the personal reflection on community issues. It gave people the space to reflect on the impact everyone can make in someone's life."

Hybrids LIVE

We partnered with the Royal West Academy (RWA) on a performance that interacted with their exhibition: *These Mad Hybrids*. Many Minds members got thinking about what makes us a 'mad hybrid' and how would we interact with artworks and the gallery.

Blending the boundary between art object and human *Hybrids-LIVE* brought to life the exhibits and created living sculptures that journeyed in and around RWA, questioning how we access art.

We worked alongside a costume designer for the project to create versions of our own hybrid selves and members did a workshop with the exhibition curator and artist, Olivia Bax. We also ran outreach workshops with some of the existing engagement groups at the RWA including the mothers and babies group, and people living with dementia. The group attended the visually impaired tour to take inspiration for ideas on increasing access of the performance.

The performance challenged preconceptions about how you should interact with a gallery and shone a light on the every-day performances you wouldn't usually see. It has paved the way for developing this model in other art gallery settings.

Audience feedback included:

88% of people said it made them think or want to do something differently.

"It has made me want to come to more art exhibitions and galleries. It has reminded me of how to really interact with the art on display - to feel it, taste it, smell it. I want to inspire my children to do the same."

"It made me want to speak at whatever I can about accessibility is really important to me."

BloomBox

Bloombox was an immersive, participatory performance made by Many Minds members in partnership with Windmill Hill City Farm that stimulated the senses and shared stories of human-nature connection.

We ran workshops on the farm over 12 weeks. Using biosonification technology, we listened to the plants and collaborated with music producer, Brian d'Souza, to create original music. We also worked alongside Undergrowth Collective, who use arts to bring people closer to connection with nature, to create set based art pieces for the show made from biodegradable threads. Inspired by mycelium networks, we involved audiences in passing threads and connecting us all to ourselves, each other and the natural world.

Audiences were guided around different locations to a series of mini performances and activities led by members that included storytelling of plants, trees and songs from Palestine, reflections and music making in a water feature, listening to trees and the stories they told, mirroring exercises in a polytunnel and interactive poems written by members.

Audiences said:

"I really liked the way it was about the natural world & encouraged us all to focus on appreciating it."

"I enjoyed the pondering of a sense of sense of community, the way we were taught to reconnect with ourselves and each other, as well as, of course nature, which we are a part of."

"I liked it that we were able to walk around and were invited to do activities."

The Dance of Uncertainty

The tough year of funding cuts and increasing uncertainty prompted members to make a participatory performance about the instability of the arts & charity sectors that was inspired by rituals about love and endings.

We worked in partnership with Arnos Vale cemetery over 12 weeks incorporating promenade through the cemetery grounds celebrating every member that had engaged with Many Minds over the past 7 years, interactive demonstrations of how the economic climate has changed and the level of scarcity that was being experienced, catwalks, dances and dreaming with the audience about a better future.

Audiences said:

"I loved how we the audience were invited to join Many Manys for a beautifully reflective retrospective of their work and words, and their members stories, combined with music"

and colour in a moving performance that raised important philosophical questions. As ever, understated, surprising, and delivering powerful feeling.”

“The use of sweets/ snacks to highlight the funding situation was super smart. Really heartfelt and authentic. Framed itself as a piece of community, Many Minds user led piece of composition, which felt really powerful.”

Key achievements over the year include:

- 17 new members came to workshops, outreach activities and performances, increasing our total membership to 331 people.
- The number of members attending workshops was 79 with a total of 585 attendances.
- We delivered 68 performance workshops.
- 36 access sessions were carried out by our Access Support Worker to support members with their mental health needs and signpost them to other support services.
- 92% of members said they felt that Many Minds supported their wellbeing.
- 92% had an increased sense of ownership.
- 86% felt more confident socialising with others.
- 90% reported more confident expressing themselves creatively.

Financial Review

Total income for the financial year was £61,282 (2023 £91,676) with expenditure of £122,838 (2023 £106,630) and net expenditure of £61,556 (2023 £14,954). At the end of the financial year, total assets amounted to £40,266 represented by unrestricted funds shown in the General fund.

Many Minds uses an accruals basis of accounting and has set out the basis of preparation and accounting policies in the notes to the accounts.

Many Minds receives funding from a range of sources. The charity's main source of income is from public bodies, trusts and foundations. These include Arts Council England, Bristol City Council, Bristol Old Vic, National Lottery Community Fund, Nisbet Trust, Paul Hamlyn Foundation, People's Health Trust, People's Postcode Lottery, Quartet Community Foundation and the University of Bristol.

Many Minds has also raised funds of £31,282 (2023 £2,273) from individual donors through a monthly donation scheme and match funding campaigns.

Reserves Policy

Many Minds trustees have agreed on a reserves policy to ensure organisational resilience, to be able to respond to unpredictable financial situations that might arise and to be able to respond to opportunities that might arise throughout the year.

Of the £40,506 of unrestricted funds comprising the General fund on 31 December 2024, the trustees have agreed to retain a reserve of £27,000.

This allows the charity to have time to put in strategies to secure funding, to be able to uphold obligations as an employer and, if needs be, to ensure that its members can conclude their relationship with the charity in a safe and supportive way.

The trustees will review the reserves policy annually.

Future plans

Following our most active year to date, in which we delivered a high volume of activities and staged five productions – more than in any previous year – we are now looking ahead to 2025 and beyond with renewed focus and strategic intent.

Financially, 2024 reflected a significant managed deficit. This was due in part to the delivery of work funded in previous years, with a number of multi-year grants reaching their delivery stage during this period. In addition, rolling over unspent funds allowed us to sustain activities at a high level. However, the financial context has been impacted by broader sector challenges, including cuts to several of our usual funding sources.

In response, our priority for 2025 is to refocus energy on financial sustainability. We will be redeveloping our funding strategy with a focus on diversifying income streams. This includes exploring new relationships with corporate partners, expanding our base of individual donors, and investing in fundraising events. These efforts aim to build greater long-term stability and resilience.

We will also be reviewing and developing our current programmes, identifying ways to increase their reach, deepen their impact, and further our mission to create social change through performance. Crucially, our members will be at the heart of this process, shaping how we evolve in response to community needs.

Looking further ahead, we are excited to continue developing our Creative Residency programme. Over the next 3–4 years, we aim to build partnerships across the arts, social, and corporate sectors to create inclusive spaces for people experiencing mental ill-health. By embedding ourselves in partner organisations and working alongside their staff and creative practitioners, we will generate performance work that creatively responds to each space from a neurodiverse perspective. Through this, we seek to share practices and ideas around accessibility and inclusion, ensuring the arts are open and enriching for all.

We are pleased to report that we have secured a three-year core funding grant from Reaching Communities. This support will provide a measure of stability and enable us to grow, plan strategically, and continue our mission to create powerful performance that drives social change.

Declaration

Approved by the trustees on 17th Sep 2025 and signed on their behalf by:

Tom Newman, Chair of Board of Trustees

Signed: 

Independent Examiner's Report

To the trustees of Many Minds

I report to the trustees on my examination of the accounts of the Many Minds ("the Trust") for the year ended 31 December 2024, which are set out on pages 13 to 20.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 30/09/2025

Signed: 

Michael Evans C.A.,

Member of the Institute of Chartered Accountant of Scotland,

145 Barclay Road, London, E17 9JL

MANY MINDS

Statement of Financial Activities

for the year ended 31 December 2024

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Income from:				
	(Note 6)			
Public Funding Sources	-	20,000	20,000	3,800
Trusts and Foundations	-	10,000	10,000	79,618
Partnerships	-	-	-	5,975
Individual Donations & Match Funding Activities	31,282	-	31,282	2,273
	-	-	-	10
Total	31,282	30,000	61,282	91,676
Expenditure on:				
Payroll	16,114	45,867	61,981	63,645
Freelance worker and artist fees	16,350	20,000	36,350	26,325
General Running Expenses	1,982	4,017	5,999	6,203
Marketing and Communications	3,486	3,000	6,486	2,887
Production costs	-	455	455	202
Rent and venue hire	3,043	6,600	9,643	5,754
Subsistence	414	900	1,314	943
Travel	-	610	610	262
Depreciation	-	-	-	409
Total	41,389	81,449	122,838	106,630
Net income (expenditure)	(10,107)	(51,449)	(61,556)	(14,954)
Reconciliation of Funds:	(Note 7)			
Total funds brought forward	50,373	51,449	101,822	116,776
Total funds carried forward	40,266	-	40,266	101,822

MANY MINDS

Balance Sheet

As at 31 December 2024

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Fixed assets	-	-	-	-
Current assets				
Debtors	1,345	-	1,345	-
Cash at bank and in hand	43,438	-	43,438	103,250
	44,783	-	44,783	103,250
Creditors: amounts falling due within one year	4,517	-	4,517	1,428
Net current assets	40,266	-	40,266	101,822
Total net assets	40,266	-	40,266	101,822
Funds of the charity (note 7)				
Restricted income funds	-	-	-	51,449
Unrestricted funds:				
Designated funds		-	-	23,001
General	40,266	-	40,266	27,372
Total funds of the charity	40,266	-	40,266	101,822

Approved by the Trustees on 17th Sep
2025 and signed on their behalf by



Full name

Thomas Newman

Chair

MANY MINDS

Statement of Cash Flows

for the year ended 31 December 2024

	Total funds £	Prior year funds £
Cash flows from operating activities:		
Net income (expenditure) for the year (as per the statement of financial activities)	(61,556)	(14,954)
Adjustments for:		
Depreciation charge	-	409
(Increase)/decrease in debtors	(1,345)	9,270
Increase/(decrease in creditors)	3,089	(601)
Net cash provided by (used in) operating activities	(59,812)	(5,876)
Cash flows from investing activities:		
Purchase of fixed assets	-	-
Net cash provided by (used in) investing activities	-	-
Change in cash in the year	(59,812)	(5,876)
Cash at the beginning of year	103,250	109,126
Cash at the end of the year	43,438	103,250

MANY MINDS

Notes to the financial statements

1. Basis of preparation

(a) Basis of Accounting

These financial statements have been prepared under the historic cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Statement of Recommended Practice issued by the Charity Commission for England and Wales (“Charities SORP”), and the Charities Act 2011.

(b) Going Concern

The Trustees have examined the Charity’s budget and cash flow projections and consider that there are no material uncertainties about the Charity’s ability to continue as a going concern. Consequently, these financial statements have been prepared on a going concern basis.

(c) Structure of the Statement of Financial Activities

In the Statement of Financial Activities the Charity has adopted the structure of presentation based on the nature of components of income and expenditure, as permitted by the Charities SORP for smaller charities.

2. Accounting Policies

(a) Fund Structure

Restricted Income Funds are those funds which are to be used in accordance with specific restrictions imposed by the donors.

Unrestricted Income Funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objectives.

Designated Funds are unrestricted funds earmarked by the Trustees for particular purposes.

(b) Incoming Resources

Incoming resources are recognised once the charity has entitlement to the resources, it is more likely than not that the resources will be received, and their monetary value can be measured with sufficient reliability.

In accordance with Charities SORP the value of volunteer help is not determined in the accounts, given the absence of a reliable measurement base, but is described in the Trustees’ report.

MANY MINDS

Notes to the financial statements

(c) Resources Expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure and the amount can be measured with reasonable certainty.

(d) Fixed Assets

Fixed assets consist of IT equipment which is stated at cost (2024 and 2023 - £7,388) less depreciation (2024 and 2023 - £7,388,) applied on a straight-line basis over a 3 year estimated life.

3. Employees

The average headcount of employees was 2 in 2024 and 2023.

No employee received more than £60,000 in the current and prior years.

4. Trustees and Independent Examiner

The Trustees and Independent Examiner have not received any remuneration, employment benefits or reimbursement of expenses from the charity in the current and prior years.

5. Related party transactions

The Trustees have referred to the definition of related parties set out in the Charities SORP and confirm that there are no related party transactions to report.

MANY MINDS

Notes to the financial statements

Note 6. Analysis of income

Categories	Sources	Unrestricted Funds	Restricted income funds	Total funds £	Prior year £
	Bristol City Council	-	-	-	3,800
	National Lottery Community Fund	-	20,000	20,000	-
	Total	-	20,000	20,000	3,800
Trusts and Foundations	Nisbet Trust	-	5,000	5,000	-
	Paul Hamlyn Foundation	-	-	-	48,000
	People's Health Trust	-	-	-	6,618
	People's Post Code Lottery	-	-	-	25,000
	Quartet Community Foundation	-	5,000	5,000	-
	Total	-	10,000	10,000	79,618
Partnerships: donated facilities and services	University of Bristol	-	-	-	5,975
	Total	-	-	-	5,975
Individual Donations and Match Funding Activities		31,282	-	31,282	2,273
	Box Office	-	-	-	10
	Total	-	-	-	10
	Total Income	31,282	30,000	61,282	91,676

MANY MINDS

Notes to the financial statements

Note 7. Funds of the charity

7.1. Details of funds held and movements (Current year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Bristol City Council	21,557	-	21,557	-	-
National Lottery Community Fund		20,000	20,000	-	-
Nisbet Trust	-	5,000	5,000	-	-
Paul Hamlyn Foundation	25,582	-	25,582	-	-
People's Health Trust	-	-	-	-	-
Quartet Community Foundation	-	5,000	5,000	-	-
University of Bristol	4,310	-	4,310	-	-
	51,449	30,000	81,449	-	-
Unrestricted funds					
Designated funds					
Match Funding Programmes	23,001	-	23,001	-	-
Fixed Assets	-	-	-	-	-
	23,001	-	23,001	-	-
General fund	27,372	31,282	18,388	-	40,266
	50,373	31,282	41,389	-	40,266
Total Funds (Current year)	101,822	61,282	122,838	-	40,266

7.2. Details of funds held and movements (Prior year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Bristol City Council	40,477	3,800	22,720	-	21,557
Paul Hamlyn Foundation	20,000	48,000	42,418	-	25,582
People's Health Trust	11,550	6,618	18,168	-	-
Quartet Community Foundation	2,500	-	2,500	-	-
University of Bristol	-	5,975	1,665	-	4,310
	74,527	64,393	87,471	-	51,449
Unrestricted funds					
Designated					
Match Funding Programmes	23,001	-	-	-	23,001
Fixed Assets	409	-	-	(409)	-
	23,410	-	-	(409)	23,001
General fund	18,839	27,283	19,159	409	27,372
	42,249	27,283	19,159	-	50,373
Total Funds (Prior year)	116,776	91,676	106,630	-	101,822

MANY MINDS

Notes to the financial statements

7.3. Explanatory notes on funds held and movements

All funds held are used in furtherance of the objects of the charity which are set in the Trustee's report.

Restricted funds are used in accordance with the donors' specific requirements to support charitable activities, contribute to core costs and fund investments. The Restricted funds brought forward at 31 December 2023 consisted of balances of funding from Bristol City Council, Paul Hamlyn Foundation, and University of Bristol which were allocated to specific projects in 2024 as agreed with the donors.

Unrestricted funds are used in accordance with the policies defined by the Trustees. The funds brought forward at 31 December 2023 consisted of Designated funds and a General fund. The Designated Funds were amounts earmarked by the Trustees for charitable activities carried out in 2024. The General fund is considered appropriate to ensure organisational resilience in accordance with the reserves policy defined by the Trustees.

MANY MINDS

England & Wales - Charity number 1175721

Accounts

MANY MINDS

Registered Charity number: 1175721

Report and Financial Statements For the year ended 31 December 2023

MANY MINDS

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Reference and administration information

Charity Name: Many Minds

Registered charity number: 1175721

Charity's principal address: 10 Chelsea Park, Bristol, BS5 6AG

Trustee name	Office	Dates acted if not full year	Name of person (or body) entitled to appoint trustee (if any)
Becky (Rebecca) Chapman	Chair		
Sandra Masters			
Tom Newman			
Tabitha Rodney			
M Blaydes			
Angelina McClelland			

Staff employed by charity: Olivia Ware (Executive Director), Viki Browne (Artistic Director), Laura Singer (Access Support Worker), Ru Brooks (Company Administrator)

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Trustees Annual Report

For the year ended 31 December 2023

The Trustees present their report and financial statements for the year ending 31st December 2023. The reference and administrative information set out on page 3 forms part of this report.

Structure, governance and management

Type of governing document: Constitution

How charity is constituted: Association

Trustee selection methods: The Many Minds constitution allows trustees to be appointed by the Board. Member Trustees are elected by the membership at the AGM.

Trustees are given a welcome pack when joining the Board and training on Being a Good Board Member run by Voscur. New Member Trustees are given a mentor to support them join the Board.

The charity's policies and procedures include:

- Safeguarding
- Equality and Diversity
- Confidentiality
- Data Protection
- Financial Controls
- Complaints
- Conflicts of Interest
- Managing Risk
- Pay Policy
- Disciplinary and Grievance
- Trustee Code of Conduct

Trustees regularly review the risks to Many Minds and manage them in line with the risk policy. Where necessary, external advice is sought to supplement internal expertise.

Objectives and activities

Objectives

1. To promote the preservation of good mental health and to assist those at risk of mental health problems for the public benefit, through participation in the arts in order to increase awareness, understanding and reduce stigma of mental health to the wider public through creative activities, performance and professional theatre productions.
2. To improve access to the arts and other mainstream services for mental health service users by working in partnerships to raise awareness and reduce barriers to access.
3. To improve confidence, self-esteem, social networks and progression into education, training and employment for mental health service users and those at risk through involvement in creative activities and mentoring.

Activities

In planning the activities for the year, Many Minds trustees have had regard to the Charity Commission Guidance on public benefit.

Many Minds activities undertaken:

- To promote the preservation of good mental health, Many Minds runs weekly open access workshops for people who identify with experiences of mental illness. These workshops have led to performances at The Watershed, Travelling Light Studios and Easton Christian Family Centre. These performances have mental health access at the heart of the creative process and have helped to reduce public stigma of mental illness.
- Many Minds has delivered mentoring and provided opportunities to volunteer and take on paid roles to improve confidence, self-esteem, social networks and progression into education, training and employment.
- To improve access to arts and other services, Many Minds has social and cultural trips or members, as well as training and consultancy sessions for individuals and organisations in mental health access strategies, recruitment and wellbeing policies.

Volunteers

Many Minds has a dedicated team of volunteers who have helped to support members in workshop sessions and public performances. Many of the membership have taken on volunteer roles for personal and career progression. Volunteers have given 175 hours of their time over the year.

Achievements and performance

Org Play

We kicked off the year with a project looking at our organisational structures through the lens of creativity and wellbeing and have spent time reflecting on our vision, mission and plans for the future. As well as running weekly sessions with members, we also ran open space sessions with our delivery staff and volunteers, giving people the opportunity to bring creative games and ideas they wanted to explore and think about skill and career development.

We partnered with Watershed, who were also building their staff strategy on wellbeing to share some practices and ideas with them during Mental Health Awareness Week in May. We invited industry professionals along where Members shared a short performance, made by members, and we ran some group training on creativity and wellbeing in the workplace. We also had a daily online creativity challenge for people to sign up to throughout the week, giving fun and practical activities promoting mental health in the workplace.

Summer trip series

In the summer, we ran a series of cultural trips with Many Minds Members to theatres, art galleries, outdoor walking performances, festivals and museums across the city to increase our exposure and enrich our experiences of the arts. These included shows at Tobacco Factory Theatre and The Wardrobe Theatre, an art exhibition at Royal West Academy, an orchestral performance Bristol Cathedral, a walking tour with Bristol Museums and a day festival at Trinity Community Arts Centre.

We made mini, improvised performances at each of these venues in response to our experiences of accessibility in these spaces and our Access Worker wrote up reports to feedback to these venues with some suggestions about how they could be more inclusive to people with experiences of mental ill-health.

In the evaluation of this project, members identified venues that they would like to work in partner with and we made contact with these places to establish partnerships in 2024.

This series along with the work we did on Org Play led us to the creation of the Creative Residencies Project that we plan to carry out over the next 3 years.

Bristol, Do you Mind?

Over the autumn, we ran a series of workshops with members exploring their relationship to Bristol leading to a performance at Travelling Light Studios in Barton Hill called Bristol, Do you Mind? The series was led by Carlota Matos, a member who has undergone facilitation training and had previously worked as an Assistant Director. This was her first time taking a lead artistic role on a project. The performance was attended by many arts

and social sector professionals as well as community members and audiences were invited to create their own maps of Bristol and dream about the future of the city.

86% of audiences said the performance made them think or want to do something differently.

Feedback from audience members included:

“I really enjoyed and valued the experience as a whole, specifically the creative presentation of themes, the personal stories/sharings and audience interaction.”

“Loved it, felt both intimate and open at the same time. Loved making stuff together.”

Sadaga

In partnership with black women’s playback group, Breathing Fire and Bristol City Council’s Community Development Team, we ran workshops with Arabic speaking women from the Sadaga Community group at Easton Christian Family Centre. The group meet weekly to reduce social isolation and increase wellbeing for Arabic speaking women across Bristol.

Over 12 weeks, they made a performance about their experiences of coming together and leaving their worries behind. They shared poems and songs from their home countries and shared coffee and the stories behind the importance of sharing coffee in their cultures. They got everyone moving at the end of the show and women, mothers and children celebrated and danced together.

Feedback included:

“I feel more confident than before, I improve my English language and no pressure, no stress, more comfortable than before. This was a chance for me to show my community who I am.” - Ahsan, participant.

“It’s a space where I am actually learning and a space that those women own and are theirs and they hold us because that is power, isn’t it.” - Audience member

Digital dialogues with young people

We worked alongside the University of Bristol and Oasis Brightstowe School with year 8 students. The creative project ran alongside the University’s research project running a series of workshops to explore the impact of digital technology on young people’s mental health. The project was an initial research and development phase and we plan to continue this work and make a performance with the young people in 2024.

Key achievements over the year include:

- 30 new members came to workshops, outreach activities and performances, increasing our total membership to 314 people,
- The total number of members that attended workshops over 2023 was 143.
- We delivered 49 performance workshops
- 62 access sessions were carried out by our Access Support Worker to support members with their mental health needs and signpost them to other support services
- 92% of members said they felt that Many Minds supported their wellbeing
- 92% had an increased sense of ownership
- 85% felt more confident socialising with others
- 85% reported more confident expressing themselves creatively

Financial Review

Total income for the financial year was £91,676 (2022 £191,441) with expenditure of £106,630 (2022 £172,934) and net expenditure of £14,954 (2022 net income £18,507). At the end of the financial year, total assets amounted to £101,822 represented by restricted funds of £51,449 and unrestricted funds of £50,373.

Many Minds uses an accruals basis of accounting and has set out the basis of preparation and accounting policies in the notes to accounts.

Many Minds gets funding from a range of sources. The charity's main source of income is from public bodies, trusts and foundations. These include Arts Council England, Bristol City Council, Bristol Old Vic, National Lottery Community Fund, Nisbet Trust, Paul Hamlyn Foundation, People's Health Trust, People's Postcode Lottery, Quartet Community Foundation and the University of Bristol.

Many Minds has also raised funds of £2,273 (2022 £12,977) from individual donors through a monthly donation scheme and match funding campaigns. Funding has also come from box office receipts and training and consultancy.

Reserves Policy

Many Minds trustees have agreed on a reserves policy to ensure organisational resilience, be able to respond to unpredictable financial situations that might arise and to be able to respond to opportunities that might arise throughout the year.

Of the £50,373 of unrestricted funds that have been carried over, the trustees have agreed to retain funds of £27,372 equating to approximately three months of core costs.

This allows for the organisation to have time to put in strategies to secure funding, to be able to uphold obligations as an employer and, if needs be, to ensure that its members can conclude their relationship with the charity in a safe and supportive way.

The trustees have earmarked designated funds of £23,001 to act as match funding to invest in productions, projects or other opportunities. The trustees will review the reserves policy annually.

Future plans

During 2023, after a lot of changes to our world and work and following a successful year of delivery and new ambitious projects and partnerships in 2022, we felt it was important to spend some time reflecting on all our learnings and looking at our strengths, weaknesses, opportunities and threats and planning for the future. In this phase of our development, we could rely on significant funds brought forward to temporarily downscale our project and funding activities.

We worked alongside members to revisit our vision, mission and aims and developed our strategy and plans to meet our charitable objectives over the next 3 years.

We plan to run a series of 'Creative Residencies' in partnership with arts, social and corporate sectors with the aim of making the arts more inclusive for people experiencing mental ill-health. By embedding ourselves in organisations, working alongside their workers and creative practitioners, we plan to make performance that creatively responds to these spaces from a neurodiverse perspective and share ideas and practices around accessibility.

We continue to experience a rise in our membership and engagement, and we aim to secure funds to continue to run workshops and respond to the increasing demand for activities.

As we move into 2024, we have already begun to run some pilot projects with partners including the RWA (Royal West Academy) and Windmill Hill City Farm and have been discussing future partnerships with Trinity and Knowle West Media Centre.

Many Minds will aim to secure some core funding over the next 3 years to build its resilience and sustainability and ensure that innovative and effective projects and activities can continue to be delivered for its members.

Declaration

Approved by the trustees on 15th April 2024 and signed on their behalf by:

Tom Newman, Chair of Board of Trustees

Signed:



Independent Examiner's Report

To the trustees of Many Minds

I report to the trustees on my examination of the accounts of the Many Minds ("the Trust") for the year ended 31 December 2023, which are set out on pages 11 to 18.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 04/09/2024

Signed: 

Michael Evans C.A.,

Member of the Institute of Chartered Accountant of Scotland,

145 Barclay Road, London, E17 9JL

MANY MINDS

Statement of Financial Activities

for the year ended 31 December 2023

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Income from:				
Public Funding Sources	-	3,800	3,800	92,200
Trusts and Foundations	25,000	54,618	79,618	69,050
Partnerships	-	5,975	5,975	15,010
Individual Donations & Match Funding	2,273	-	2,273	12,977
Activities	10	-	10	2,204
Total	27,283	64,393	91,676	191,441
Expenditure on:				
Payroll	8,161	55,484	63,645	80,911
Freelance worker and artist fees	-	26,325	26,325	51,284
General Running Expenses	5,603	600	6,203	7,685
Marketing and Communications	1,173	1,714	2,887	4,267
Production costs	202	-	202	4,208
Rent and venue hire	2,406	3,349	5,754	18,707
Subsistence	943	-	943	2,892
Travel	262	-	262	517
Depreciation	409	-	409	2,463
Total	19,159	87,471	106,630	172,934
Net income (expenditure)	8,124	(23,078)	(14,954)	18,507
Reconciliation of Funds:				
Total funds brought forward	42,249	74,527	116,776	98,269
Total funds carried forward	50,373	51,449	101,822	116,776

MANY MINDS

Balance Sheet

As at 31 December 2023

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
	£	£	£	£
Fixed assets	-	-	-	409
Current assets				
Debtors		-	-	9,270
Cash at bank and in hand	50,373	52,877	103,250	109,126
	50,373	52,877	103,250	118,396
Creditors: amounts falling due within one year	-	1,428	1,428	2,029
Net current assets	50,373	51,449	101,822	116,367
Total net assets	50,373	51,449	101,822	116,776
Funds of the charity (note 7)				
Restricted income funds	-	51,449	51,449	74,527
Unrestricted funds:				
Designated funds	23,001	-	23,001	23,410
General	27,372	-	27,372	18,839
Total funds of the charity	50,373	51,449	101,822	116,776

Approved by the Trustees on 15th April
2024 and signed on their behalf by:
Tom Newman, Chair of Board of
Trustees



MANY MINDS

Statement of Cash Flows

for the year ended 31 December 2023

	Total funds £	Prior year funds £
Cash flows from operating activities:		
Net income (expenditure) for the year (as per the statement of financial activities)	(14,954)	18,507
Adjustments for:		
Depreciation charge	409	2,463
(Increase)/decrease in debtors	9,270	(5,446)
Increase/(decrease in creditors)	(601)	(109)
Net cash provided by (used in) operating activities	(5,876)	15,415
Cash flows from investing activities:		
Purchase of fixed assets	-	-
Net cash provided by (used in) investing activities	-	-
Change in cash in the year	(5,876)	15,415
Cash at the beginning of year	109,126	93,711
Cash at the end of the year	103,250	109,126

MANY MINDS

Notes to the financial statements

1. Basis of preparation

(a) Basis of Accounting

These financial statements have been prepared under the historic cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Statement of Recommended Practice issued by the Charity Commission for England and Wales ("Charities SORP"), and the Charities Act 2011.

(b) Going Concern

The Trustees have examined the Charity's budget and cash flow projections and consider that there are no material uncertainties about the Charity's ability to continue as a going concern. Consequently, these financial statements have been prepared on a going concern basis.

(c) Structure of the Statement of Financial Activities

In the Statement of Financial Activities the Charity has adopted the structure of presentation based on the nature of components of income and expenditure, as permitted by the Charities SORP for smaller charities.

2. Accounting Policies

(a) Fund Structure

Restricted Income Funds are those funds which are to be used in accordance with specific restrictions imposed by the donors.

Unrestricted Income Funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objectives.

Designated Funds are unrestricted funds earmarked by the Trustees for particular purposes.

(b) Incoming Resources

Incoming resources are recognised once the charity has entitlement to the resources, it is more likely than not that the resources will be received, and their monetary value can be measured with sufficient reliability.

In accordance with Charities SORP the value of volunteer help is not determined in the accounts, given the absence of a reliable measurement base, but is described in the Trustees' report.

MANY MINDS

Notes to the financial statements

(c) Resources Expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure and the amount can be measured with reasonable certainty.

(d) Fixed Assets

Fixed assets consist of IT equipment which is stated at cost (2023 and 2022 - £7,388) less depreciation (2023 - £7,388, 2022 - £6,979) applied on a straight-line basis over a 3 year estimated life.

3. Employees

The average headcount of employees was 2 in 2023 (3.7 in 2022).

No employee received more than £60,000 in the current and prior years.

4. Trustees and Independent Examiner

The Trustees and Independent Examiner have not received any remuneration, employment benefits or reimbursement of expenses from the charity in the current and prior years.

5. Related party transactions

The Trustees have referred to the definition of related parties set out in the Charities SORP and confirm that there are no related party transactions to report.

MANY MINDS

Notes to the financial statements

Note 6. Analysis of income

Categories	Sources	Unrestricted Funds	Restricted income funds	Total funds £	Prior year £
Public Funding sources	Arts Council England	-	-	-	35,000
	Bristol City Council	-	3,800	3,800	47,200
	National Lottery Community Fund	-	-	-	10,000
	Total	-	3,800	3,800	92,200
Trusts and Foundations	Nisbet Trust	-	-	-	5,000
	Paul Hamlyn Foundation	-	48,000	48,000	40,000
	People's Health Trust	-	6,618	6,618	16,550
	People's Post Code Lottery	25,000	-	25,000	-
	Quartet Community Foundation	-	-	-	7,500
	Total	25,000	54,618	79,618	69,050
Partnerships: donated facilities and services	Bristol Old Vic	-	-	-	12,400
	Garrett Creative	-	-	-	2,610
	University of Bristol	-	5,975	5,975	-
	Total	-	5,975	5,975	15,010
Individual Donations and Match Funding Activities		2,273	-	2,273	12,977
	Box Office	10	-	10	2,129
	Training & Consultancy	-	-	-	75
	Total	10	-	10	2,204
Total Income		27,283	64,393	91,676	191,441

MANY MINDS

Notes to the financial statements

Note 7. Funds of the charity

7.1. Details of funds held and movements (Current year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Bristol City Council	40,477	3,800	22,720	-	21,557
Paul Hamlyn Foundation	20,000	48,000	42,418	-	25,582
People's Health Trust	11,550	6,618	18,168	-	-
Quartet Community Foundation	2,500		2,500	-	-
University of Bristol	-	5,975	1,665	-	4,310
	74,527	64,393	87,471	-	51,449
Unrestricted funds					
Designated funds					
Match Funding Programmes	23,001	-	-	-	23,001
Fixed Assets	409	-	-	(409)	-
	23,410	-	-	(409)	23,001
General fund	18,839	27,283	19,159	409	27,372
	42,249	27,283	19,159	-	50,373
Total Funds (Current year)	116,776	91,676	106,630	-	101,822

7.2. Details of funds held and movements (Prior year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Arts Council England	-	35,000	35,000	-	-
Bristol City Council	24,700	47,200	31,423	-	40,477
Bristol Old Vic	-	12,400	12,400	-	-
Garrett Creative	-	2,610	2,610	-	-
National Lottery Community Fund	-	10,000	10,000	-	-
Nisbet Trust	-	5,000	5,000	-	-
Paul Hamlyn Foundation	27,000	40,000	47,000	-	20,000
People's Health Trust	4,560	16,550	9,560	-	11,550
Quartet Community Foundation	-	7,500	5,000	-	2,500
	56,260	176,260	157,993	-	74,527
Unrestricted funds					
Designated					
Match Funding Programmes	23,001	-	-	-	23,001
Fixed Assets	2,872	-	-	(2,463)	409
	25,873	-	-	(2,463)	23,410
General fund	16,136	15,181	14,941	2,463	18,839
	42,009	15,181	14,941	-	42,249
Total Funds (Prior year)	98,269	191,441	172,934	-	116,776

MANY MINDS

Notes to the financial statements

7.3. Explanatory notes on funds held and movements

All funds held are used in furtherance of the objects of the charity which are set in the Trustee's report.

Restricted funds are used in accordance with the donors' specific requirements to support charitable activities, contribute to core costs and fund investments. The Restricted funds carried forward at 31 December 2023 consist of balances of funding from Bristol City Council, Paul Hamlyn Foundation, and University of Bristol allocated to specific 2024 projects as agreed with the donors.

The Unrestricted funds are used in accordance with the policies defined by the Trustees. The funds carried forward at 31 December 2023 consist of Designated funds and a General fund. Designated Funds are amounts earmarked by the Trustees for future charitable activities. The General fund is considered appropriate to ensure organisational resilience in accordance with the reserves policy defined by the Trustees.

MANY MINDS

England & Wales - Charity number 1175721

Accounts

MANY MINDS

Registered Charity number: 1175721

Report and Financial Statements For the year ended 31 December 2022

MANY MINDS

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For the year ended 31 December 2022

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Reference and administration information

Charity Name: Many Minds

Registered charity number: 1175721

Charity's principal address: 10 Chelsea Park, Bristol, BS5 6AG

Trustee name	Office	Dates acted if not full year	Name of person (or body) entitled to appoint trustee (if any)
Becky (Rebecca) Chapman	Chair		
Sandra Masters			
Tom Newman			
Carina Andrews		1 st Jan – 12 th Feb	
Tabatha Rodney			
M Blaydes			
Angelina McClelland		12 th Oct onwards	

Staff employed by charity: Olivia Ware (Executive Director), Viki Browne (Artistic Director), Laura Singer (Access Support Worker), Anna Rathbone (Assistant Facilitator).

MANY MINDS

Trustees Annual Report

For the year ended 31 December 2022

The Trustees present their report and financial statements for the year ending 31st December 2022. The reference and administrative information set out on page 3 forms part of this report.

Structure, governance and management

Type of governing document: Constitution

How charity is constituted: Association

Trustee selection methods: The Many Minds constitution allows trustees to be appointed by the Board. Member Trustees are elected by the membership at the AGM.

Trustees are given a welcome pack when joining the Board and training on Being a Good Board Member run by Voscur. New Member Trustees are given a mentor to support them join the Board.

The charity's policies and procedures include:

- Safeguarding
- Equality and Diversity
- Confidentiality
- Data Protection
- Financial Controls
- Complaints
- Conflicts of Interest
- Managing Risk
- Pay Policy
- Disciplinary and Grievance
- Trustee Code of Conduct

Trustees regularly review the risks to Many Minds and manage them in line with the risk policy. Where necessary, external advice is sought to supplement internal expertise.

Objectives and activities

Objectives

1. To promote the preservation of good mental health and to assist those at risk of mental health problems for the public benefit, through participation in the arts in order to increase awareness, understanding and reduce stigma of mental health to the wider public through creative activities, performance and professional theatre productions.
2. To improve access to the arts and other mainstream services for mental health service users by working in partnerships to raise awareness and reduce barriers to access.
3. To improve confidence, self-esteem, social networks and progression into education, training and employment for mental health service users and those at risk through involvement in creative activities and mentoring.

Activities

In planning the activities for the year, Many Minds trustees have had regard to the Charity Commission Guidance on public benefit.

Many Minds activities undertaken:

To promote the preservation of good mental health, Many Minds runs weekly open access workshops for people who identify with experiences of mental illness. These workshops have led to 2 performances in neighbourhoods and a large scale ambitious musical performance in partnership with the Bristol Old Vic. These performances have mental health access at the heart of the creative process and have helped to reduce public stigma of mental illness.

Many Minds has run facilitation training for members alongside 1-2-1 mentoring to improve confidence, self-esteem, social networks and progression into education, training and employment.

To improve access to arts and other services, Many Minds has run training and consultancy sessions for individuals and organisations in mental health access strategies, recruitment and wellbeing policies.

Volunteers

Many Minds has a dedicated team of volunteers who have helped to support members in workshop sessions and public performances. Many of the membership have taken on volunteer roles for personal and career progression. Volunteers have given 228 hours of their time over the year.

Achievements and performance

Winter Workshops

We kicked off our year refreshing and developing our skills in devising and performance theory to lay the foundations for creating Same Storm Same Sky, our big musical show at the Bristol Old Vic. We specifically focused on using autobiography, exploring symbols, simile and metaphor, playing with pop culture references, games and improvised parties in the creation of performance.

This was the first series where we were supported by Anna Rathbone who we employed as an Assistant Facilitator in a training and development role and worked with over the year.

'I enjoyed working with five different directors /facilitators over the year learning about different approaches. It felt particularly good when I stepped up to co-lead the Youth Strand as part of Same Storm Same Sky taking on more responsibility and feeling more confident than I did before about running a series of workshops for a new group'
Anna, Assistant Facilitator

Stories in Neighbourhoods

As part of Mental Health Awareness Week, Many Minds teamed up with black women's playback group Breathing Fire, Bristol City Council, Oasis Youth Hub and Fit and Fab to run 12 weeks of workshops in Filwood and Lawrence Weston. Together we explored things that residents wanted to celebrate in their local areas and changes they wanted to make.

The groups came together to perform in each area. Oasis Youth Hub's young people created a fun game exploring popular slang from Laurence Weston and-a participatory piece about what they liked and disliked and their dreams for the future which included more provision for young people and a beach.

The Knowle West group devised a piece of Forum Theatre about a mother struggling with drug dealing and bullying from neighbours, inaccessible healthcare systems and how this was negatively affecting her hopes for her child's future and her mental health.

The audience had the opportunity to come up onto the stage and try and find ways to improve her situation and offer suggestions as to how the community could work together to make change.

'I'm a lot more talkative now than I used to be and I put myself forward for more things now' - Morgan, young participant from Lawrence Weston

'What we watched was standing up for yourself and saying no to things and creating boundaries... which then you would take into real life' -Claudia from Filwood Community Centre

'We all collaborated to make this theatre project come alive. Just a brilliant project, it should be all over Bristol' Valerie Mower, Breathing Fire

Same Storm, Same Sky: A Musical Performance at Bristol Old Vic

Same Storm, Same Sky was our flagship project and most ambitious to date. The idea came out of a dreaming activity with members in 2019 and was three years in the making.

We started to devise the piece and create original music online during the lockdowns alongside Musical Director Verity Standen and developed our ideas as we began to meet and connect in person again. We worked towards making a musical performance for the main stage of the Bristol Old Vic bringing together a wide range of people that you wouldn't normally see on a big stage, and whose voices don't often get heard.

The show explored the feelings of separation and connectedness to each other and nature. We worked with a large creative team for the first time and members had opportunities to work alongside industry professionals to develop new skills. Member, Tabby Rodney collaborated with sound designer, Jack Drewry to work on arranging and recording the music. Tabby also sang live on stage and had one of her original songs debuted on Laura Rawling's show on BBC Radio Bristol.

We also engaged with a group of 10-15 year olds from community theatre ACTA's Sudanese group run by Hiba Abdulaziz and the Bristol Old Vic's youth programme. Anna and Carlota, two Many Minds members who had come through our Facilitator Trainee programme, facilitated a series of workshops and supported them to perform alongside the adult members.

Performances had on-stage captions and we worked with an experienced BSL interpreter to bring the music and soundscapes to life for D/deaf audiences. We were excited to fill out the main stage of the theatre with a diverse audience and create an accessible and inclusive environment for people to celebrate coming together again.

Singers from Bass Choir were sat in the dress circle and surprised audience members by standing up from their seats and creating an improvised harmonious song based on things that audiences said they liked. Everyone was invited to join in a sing along at the end and we were delighted to receive standing ovations from the crowds.

'I really struggle with reaching out for help but in the show I was able to rehearse the action of reaching out in a safe, creative way as I had to facilitate the audience to sing with me. I don't feel like such a burden anymore, that people want to give the support to me that I give to them. I am as worthy as everyone else which has opened up my world. At one point it felt like I would never smile again, but the silliness which is encouraged brought my smile back. ' - Tabby, Member

Facilitation Training

In September we continued to create opportunities for our members to gain skills in leading accessible drama workshops with three different trainee facilitators taking part. Two of our volunteers Alice and Becca, with the support of freelance facilitator, Giulia Bianchini, delivered five workshops together exploring making games, mirroring, music, clowning and improvisation.

Many Minds' Artistic Director, Viki Browne then supported Laura Singer (who took a break from her access/ support role) to run six sessions with our members exploring Augusto Boal's Rainbows of Desire theories as a tool for personal reflection and inner work.

'I was always interested in facilitating but didn't have the confidence and couldn't find anywhere accessible or affordable to learn those skills. I had a lot of support to plan and deliver sessions and the safe environment made it feel less scary. I learnt a lot about how to hold a safe and inclusive space and it allowed me to try out new ideas.

I am still volunteering for Many Minds and have also started to develop my own artistic practice and have set up a community facilitation group outside of Many Minds where I lead theatre games.' - Alice, Volunteer and Many Minds Facilitation Trainee.

Key achievements over the year include:

- 56 new members came to workshops, outreach activities and performances, increasing our total membership to 270 people,
- The total number of members that attended workshops over 2022 was 109.
- We delivered 100 performance workshops
- 53 access sessions were carried out by our Access Support Worker to support members with their mental health needs and signpost them to other support services
- 92% of members said they felt that Many Minds supported their wellbeing
- 92% had an increased sense of ownership
- 85% felt more confident socialising with others
- 85% reported more confident expressing themselves creatively

Financial Review

Total income for the financial year was £191,441 (£116,527) with expenditure of £172,934 (2021 £118,027) and net income £18,507 (2021 net deficit £1,500). At the end of the financial year, total assets amounted to £116,776 represented by restricted funds of £74,527 and unrestricted funds of £42,249.

Many Minds uses an accruals basis of accounting and has set out the basis of preparation and accounting policies in the notes to accounts.

Many Minds gets funding from a range of sources. The charity's main source of income is from public bodies, trusts and foundations. These include Arts Council England, Bristol City Council, Bristol Old Vic, National Lottery Community Fund, Nisbet Trust, Paul Hamlyn Foundation, People's Health Trust and Quartet Community Foundation.

Many Minds has also raised funds of £12,977 from individual donors through a monthly donation scheme and match funding campaigns. This year we took part in the Big Give Christmas Challenge campaign. Funding has also come from and box office receipts and training and consultancy

Reserves Policy

Many Minds trustees have agreed on a reserves policy to ensure organisational resilience, be able to respond to unpredictable financial situations that might arise and to be able to respond to opportunities that might arise throughout the year.

Of the £42,249 of unrestricted funds that have been carried over, the trustees have agreed to retain funds of £18,839 equating to approximately three months of core costs.

This allows for the organisation to have time to put in strategies to secure funding, to be able to uphold obligations as an employer and, if needs be, to ensure that its members can conclude their relationship with the charity in a safe and supportive way.

The trustees have earmarked designated funds of £23,410 to act as match funding to invest in productions, projects or other opportunities and to cover the existing investment in IT fixed assets. The trustees will review the reserves policy annually.

Future plans

Many Minds experienced an increase in both income and expenditure following a successful year of delivery and new ambitious projects and partnerships in 2022.

We continue to experience a rise in our membership and engagement, and we aim to secure funds to continue to run workshops and respond to the increasing demand for activities.

As we move into 2023, the trustees, staff, volunteers and members have taken part in a project looking at our organisational structures through the lens of creativity and wellbeing and have spent time reflecting on our vision, mission and plans for the future.

The charity will aim to secure some core funding over the next 1- 3 years to build its resilience and sustainability and ensure that innovative and effective projects and activities can continue to be delivered for its members. Many Minds aims to continue its current strands of work and develop new projects where there is growing need and to continue to make the arts more inclusive and accessible for people experiencing mental ill-health.

Declaration

Approved by the trustees on 19th June 2023 and signed on their behalf by:

Becky Chapman, Chair of Board of Trustees

Signed: 

Independent Examiner's Report

To the trustees of

Many Minds

I report to the trustees on my examination of the accounts of the Many Minds ("the Trust") for the year ended 31 December 2022, which are set out on pages 12 to 19.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 7th Sep 2023

Signed: _____

Michael Evans C.A.,

Member of the Institute of Chartered Accountant of Scotland,

145 Barclay Road, London, E17 9JL

MANY MINDS

Statement of Financial Activities

for the year ended 31 December 2022

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Income from:				
	(Note 6)			
Public Funding Sources	-	92,200	92,200	39,249
Trusts and Foundations	-	69,050	69,050	59,929
Partnerships	-	15,010	15,010	5,530
Individual Donations & Match Funding Activities	12,977 2,204	- -	12,977 2,204	11,270 549
Total	15,181	176,260	191,441	116,527
Expenditure on:				
Payroll	-	80,911	80,911	74,423
Freelance worker and artist fees	4,512	46,772	51,284	24,038
General Running Expenses	4,485	3,200	7,685	6,123
Marketing and Communications	775	3,492	4,267	3,500
Production costs	-	4,208	4,208	1,524
Rent and venue hire	2,572	16,135	18,707	5,336
Subsistence	134	2,758	2,892	284
Travel	-	517	517	336
Depreciation	2,463	-	2,463	2,463
Total	14,941	157,993	172,934	118,027
Net income	240	18,267	18,507	(1,500)
Reconciliation of Funds:	(Note 7)			
Total funds brought forward	42,009	56,260	98,269	99,769
Total funds carried forward	42,249	74,527	116,776	98,269

MANY MINDS

Balance Sheet

As at 31 December 2022

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Fixed assets	409	-	409	2,872
Current assets				
Debtors	5,727	3,543	9,270	3,824
Cash at bank and in hand	38,142	70,984	109,126	93,711
	43,869	74,527	118,396	97,535
Creditors: amounts falling due within one year	2,029	-	2,029	2,138
Net current assets	41,840	74,527	116,367	95,397
Total net assets	42,249	74,527	116,776	98,269
Funds of the charity (note 7)				
Restricted income funds	-	74,527	74,527	56,260
Unrestricted funds:				
Designated funds	23,410	-	23,410	25,873
General	18,839	-	18,839	16,136
Total funds of the charity	42,249	74,527	116,776	98,269

Approved by the Trustees on 19th
June 2023 and signed on their behalf
by



Rebecca Chapman

Chair

MANY MINDS

Statement of Cash Flows

for the year ended 31 December 2022

	Total funds £	Prior year funds £
Cash flows from operating activities:		
Net income for the year (as per the statement of financial activities)	18,507	(1,500)
Adjustments for:		
Depreciation charge	2,463	2,463
(Increase)/decrease in debtors	(5,446)	6,754
Increase/(decrease in creditors)	(109)	(1,103)
Net cash provided by operating activities	15,415	6,614
Cash flows from investing activities:		
Purchase of fixed assets	-	-
Net cash provided by (used in) investing activities	-	-
Change in cash in the year	15,415	6,614
Cash at the beginning of year	93,711	87,097
Cash at the end of the year	109,126	93,711

MANY MINDS

Notes to the financial statements

1. Basis of preparation

(a) Basis of Accounting

These financial statements have been prepared under the historic cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Statement of Recommended Practice issued by the Charity Commission for England and Wales (“Charities SORP”), and the Charities Act 2011.

(b) Going Concern

The Trustees have examined the Charity’s budget and cash flow projections and consider that there are no material uncertainties about the Charity’s ability to continue as a going concern. Consequently, these financial statements have been prepared on a going concern basis.

(c) Structure of the Statement of Financial Activities

In the Statement of Financial Activities the Charity has adopted the structure of presentation based on the nature of components of income and expenditure, as permitted by the Charities SORP for smaller charities.

2. Accounting Policies

(a) Fund Structure

Restricted Income Funds are those funds which are to be used in accordance with specific restrictions imposed by the donors.

Unrestricted Income Funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objectives.

Designated Funds are unrestricted funds earmarked by the Trustees for particular purposes.

(b) Incoming Resources

Incoming resources are recognised once the charity has entitlement to the resources, it is more likely than not that the resources will be received and their monetary value can be measured with sufficient reliability.

In accordance with Charities SORP the value of volunteer help is not determined in the accounts, given the absence of a reliable measurement base, but is described in the Trustees’ report.

MANY MINDS

Notes to the financial statements

(c) Resources Expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure and the amount can be measured with reasonable certainty.

(d) Fixed Assets

Fixed assets consist of IT equipment which is stated at cost (£7,388) less depreciation (£6,979) applied on a straight line basis over a 3 year estimated life.

3. Employees

The average headcount of employees was 3.7 in 2022 (3.2 in 2021).

No employee received more than £60,000 in the current and prior years.

4. Trustees and Independent Examiner

The Trustees and Independent Examiner have not received any remuneration, employment benefits or reimbursement of expenses from the charity in the current and prior years.

5. Related party transactions

The Trustees have referred to the definition of related parties set out in the Charities SORP and confirm that there are no related party transactions to report.

MANY MINDS

Notes to the financial statements

Note 6. Analysis of income

Categories	Sources	Unrestricted Funds	Restricted income funds	Total funds £	Prior year £
Public Funding sources	Arts Council England	-	35,000	35,000	21,649
	Bristol City Council	-	47,200	47,200	17,600
	National Lottery Community Fund	-	10,000	10,000	-
	Total	-	92,200	92,200	39,249
Trusts and Foundations	Nisbet Trust	-	5,000	5,000	-
	Paul Hamlyn Foundation	-	40,000	40,000	40,000
	People's Health Trust	-	16,550	16,550	9,929
	Quartet Community Foundation	-	7,500	7,500	10,000
Total	-	69,050	69,050	59,929	
Partnerships: donated facilities and services	Bristol Old Vic	-	12,400	12,400	4,100
	Garrett Creative	-	2,610	2,610	-
	Wardrobe Ensemble	-	-	-	1,430
Total	-	15,010	15,010	5,530	
Individual Donations and Match Funding Activities		12,977	-	12,977	11,270
	Box Office	2,129	-	2,129	299
	Training & Consultancy	75	-	75	250
	Total	2,204	-	2,204	549
Total Income		15,181	176,260	191,441	116,527

MANY MINDS

Notes to the financial statements

Note 7. Funds of the charity

7.1. Details of funds held and movements (Current year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Arts Council England	-	35,000	35,000	-	-
Bristol City Council	24,700	47,200	31,423	-	40,477
Bristol Old Vic	-	12,400	12,400	-	-
Garrett Creative		2,610	2,610		-
National Lottery Community Fund	-	10,000	10,000	-	-
Nisbet Trust	-	5,000	5,000	-	-
Paul Hamlyn Foundation	27,000	40,000	47,000	-	20,000
People's Health Trust	4,560	16,550	9,560	-	11,550
Quartet Community Foundation	-	7,500	5,000	-	2,500
	56,260	176,260	157,993	-	74,527
Unrestricted funds					
Designated funds					
Match Funding Programmes	23,001	-	-	-	23,001
Fixed Assets	2,872	-	-	(2,463)	409
	25,873	-	-	(2,463)	23,410
General fund	16,136	15,181	14,941	2,463	18,839
	42,009	15,181	14,941	-	42,249
Total Funds (Current year)	98,269	191,441	172,934	-	116,776

7.2. Details of funds held and movements (Prior year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Arts Council England	-	21,649	21,649	-	-
Bristol City Council	32,460	17,600	25,360	-	24,700
Bristol Old Vic	-	4,100	4,100	-	-
Clothworkers Foundation	612	-	612	-	-
National Lottery Community Fund	15,518	-	15,518	-	-
Paul Hamlyn Foundation	-	40,000	13,000	-	27,000
People's Health Trust	-	9,929	5,369	-	4,560
Quartet Community Foundation	-	10,000	10,000	-	-
Wardrobe Ensemble	-	1,430	1,430	-	-
	48,590	104,708	97,038	-	56,260
Unrestricted funds					
Designated					
Match Funding Programmes	23,001	-	-	-	23,001
Fixed Assets	5,335	-	-	(2,463)	2,872
	28,336	-	-	(2,463)	25,873
General fund	22,843	11,819	20,989	2,463	16,136
	51,179	11,819	20,989	-	42,009
Total Funds (Prior year)	99,769	116,527	118,027	-	98,269

MANY MINDS

Notes to the financial statements

7.3. Explanatory notes on funds held and movements

All funds held are used in furtherance of the objects of the charity which are set in the Trustee's report.

Restricted funds are used in accordance with the donors' specific requirements to support charitable activities, contribute to core costs and fund investments. The Restricted funds carried forward at 31 December 2022 consist of balances of funding from Bristol City Council, Paul Hamlyn Foundation, People's Health Trust and Quartet which are allocated to specific charitable activities in the 2023 business plan.

The Unrestricted funds are used in accordance with the policies defined by the Trustees. The funds carried forward at 31 December 2022 consist of Designated funds and a General fund. The transfers to Designated Funds are amounts earmarked by the Trustees for match funding to invest in productions, projects or other opportunities and to cover the fixed asset value in the balance sheet of the existing IT investments. The General fund is considered appropriate to ensure organisational resilience in accordance with the reserves policy defined by the Trustees.

MANY MINDS

England & Wales - Charity number 1175721

Accounts

MANY MINDS

Registered Charity number: 1175721

Report and Financial Statements For the year ended 31 December 2021

MANY MINDS

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For the year ended 31 December 2021

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Reference and administration information

Charity Name: Many Minds
Registered charity number: 1175721
Charity's principal address: 10 Chelsea Park, Bristol, BS5 6AG

Trustee name	Office	Dates acted if not full year	Name of person (or body) entitled to appoint trustee (if any)
Becky (Rebecca) Chapman	Chair		
Sandra Masters			
Tom Newman			
Annabel Provansal			
Nir Paldi			
Carina Andrews			
Tabatha Rodney			
M			

Staff employed by charity: Olivia Ware (Executive Director), Viki Browne (Artistic Director), Laura Singer (Access Support Worker), Anna Rathbone (Assistant Facilitator).

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Trustees Annual Report

For the year ended 31 December 2021

The Trustees present their report and financial statements for the year ending 31st December 2021. The reference and administrative information set out on page 3 forms part of this report.

Structure, governance and management

Type of governing document: Constitution

How charity is constituted: Association

Trustee selection methods: The Many Minds constitution allows trustees to be appointed by the Board. Member Trustees are elected by the membership at the AGM.

Trustees are given a welcome pack when joining the Board and training on Being a Good Board Member run by Voscur. New Member Trustees are given a mentor to support them join the Board.

The charity's policies and procedures include:

- Safeguarding
- Equality and Diversity
- Confidentiality
- Data Protection
- Financial Controls
- Complaints
- Conflicts of Interest
- Managing Risk
- Pay Policy
- Disciplinary and Grievance
- Trustee Code of Conduct

Trustees regularly review the risks to Many Minds and manage them in line with the risk policy. Where necessary, external advice is sought to supplement internal expertise.

Objectives and activities

Objectives

1. To promote the preservation of good mental health and to assist those at risk of mental health problems for the public benefit, through participation in the arts in order to increase awareness, understanding and reduce stigma of mental health to the wider public through creative activities, performance and professional theatre productions.
2. To improve access to the arts and other mainstream services for mental health service users by working in partnerships to raise awareness and reduce barriers to access.
3. To improve confidence, self-esteem, social networks and progression into education, training and employment for mental health service users and those at risk through involvement in creative activities and mentoring.

Activities

In planning the activities for the year, Many Minds trustees have had regard to the Charity Commission Guidance on public benefit.

Many Minds activities undertaken:

To promote the preservation of good mental health, Many Minds runs weekly open access workshops for people who identify with experiences of mental illness. These workshops have led to 2 public performances at the Weston Studio at Bristol Old Vic and at the pop-up theatre run by Wardrobe Ensemble, Theatre on the Downs' in Clifton in Bristol. Both of these were devised by members. These performances have dealt with themes about mental health, equality and inclusion and have helped to reduce public stigma of mental illness.

Many Minds has run facilitation training for members alongside 1-2-1 mentoring to improve confidence, self-esteem, social networks and progression into education, training and employment.

To improve access to arts and other services, Many Minds has run training and consultancy sessions for individuals and organisations in mental health access strategies, recruitment and wellbeing policies.

Volunteers

Many Minds has a dedicated team of volunteers who have helped to support members in workshop sessions and public performances. Many of the membership have taken on volunteer roles for personal and career progression. A total of 19 volunteers gave 339 hours of their time over the year.

Achievements and performance

Productions

In 2021, Many Minds continued to work on developing the large-scale musical project in partnership with the Bristol Old Vic. Due to changes in programming because of Covid, plans for staging the production on the main stage were postponed to 2022, giving members more time to develop relationships with partners and artists and develop the artistic content of the work.

The idea for the project came from Many Minds members in a dreaming exercise in 2019 and has been designed and developed by members over the past two years. The plan was to create more opportunities for people who experience mental ill-health in creative activities and work with higher profile and reputable partners in order to improve access to the arts on a larger scale. The project will also allow us to reach a wider audience and meet our aims of reducing stigma and discrimination of mental health through creative activities.

The members continued to work with Vocal composers Verity Standen and Jack Drewery to develop compositions for the piece. For the first time, four members had the opportunity to work more intensively with them to develop solo pieces for the performance, expanding their skills and knowledge and future progression opportunities in the arts.

Through workshops and rehearsals, members made a short production called *I've Been Waiting...* which was performed in front of industry experts, potential future partners and collaborators and programmers in the Weston Studio at Bristol Old Vic.

Covid restrictions meant that workshops and rehearsals were run both online and in-person and the performance had both elements. This allowed people who felt unsafe to be in person to still be included and perform through Zoom projections and enabled the group to explore a hybrid performance for the first time. It was also the first time that some of our members sang live on stage, which was a big artistic milestone.

We received positive feedback from audience members, and it helped us to facilitate a discussion and set a secure date in 2022 for the full show with Bristol Old Vic's Artistic Director, Tom Morris.

We also created a new relationship with The Wardrobe Ensemble, who were running Theatre on the Downs, a pop-up theatre in Clifton, Bristol and we took the performance there for two days in October, opening it up to a live public audience with Covid safety restrictions in place. As well as being able to engage with new audience members, we also developed relationships with creatives including a Lighting Designer, Set Designer and Stage Manager that we are hoping to work with again as we develop the project in 2022.

One of our aims for the year was to develop access for D/deaf audiences working towards making our performances and workshop spaces more accessible for this group. We received training from David Ellington (Deaf Performer and Trainer) and from Deepa Shastri (Deaf Consultant) to help make the performance more inclusive for these audiences and are continuing to develop this during 2022.

Audience feedback:

“It was a beautiful reminder and reflection on how far we've come through times of isolation and how much brighter things are now.”

“An excellent portrayal of the sense of isolation.”

“I really enjoyed the pace and calmness, quiet, beautiful and evocative. I loved the end where we all became part of the show.”

Facilitation Training

A successful funding application to Paul Hamlyn enabled us to implement an internal progression route for members who want to develop their careers in the arts. At the start of the year, we ran an intensive facilitation training series. The opportunity was offered to Many Minds members through an application process and two members were selected by a panel to receive intensive mentoring and training from the Many Minds' Artistic Director to plan and facilitate a series of workshop sessions with members, working towards a performance outcome. Trainees explored themes that interested them including inclusive practices for D/deaf people and cultural barriers.

Both trainees went on to gain paid employment as facilitators with Many Minds, one as the Assistant Facilitator and another in a freelance capacity and have been developing their skills and careers in the arts.

The new Assistant Facilitator worked alongside the Artistic Director over the autumn term to plan and deliver a series of workshops for members and gained more experience in leading workshops. The development of their skills will continue with their involvement in the musical project in 2022.

Feedback from Facilitation Training participants:

“The training was challenging at times but gave me the right push to make me realise that I can facilitate a group. I had done lots of assisting before but now I feel like I could plan and deliver a series of workshops.”

“I was able to think quickly on the spot more & more and felt more confident to change the plan where needed and do some directing. I learnt how to find my own facilitation style and not put on a persona but being myself and enjoying what I was doing made me more confident to lead.”

Key statistics:

- 37 new members came to workshops, outreach activities and performances, increasing our total membership to 214 people, up 21% on the previous year.
- The total number of members that attended workshops over 2021 was 55.
- We delivered 78 open access drama workshops, 52 online and 26 in person and an in-person production with adults and young people with experiences of mental illness.
- 90% of members reported increased mental wellbeing,
- 90% of members said that being involved improved their social connections.
- 80% of members reported increased confidence and self-esteem.

Financial Review

Total income for the financial year was £116,527 (2020 £115,655) with expenditure of £118,027 (2020 £73,709) resulting in net expenditure of £1,500 (2020 net income £41,956). Higher net expenditure had been planned for 2021 to contribute to ongoing projects, backed by the total funds brought forward from the previous year amounting to £99,769, but Covid disruption resulted in the deferral of planned expenditure into 2022. At 31 December 2021 total assets amounted to £98,269 represented by restricted funds of £ 56,260 and unrestricted funds of £42,009.

Many Minds uses an accruals basis of accounting and has set out the basis of preparation and accounting policies in the notes to accounts.

Many Minds gets funding from a range of sources. The charity's main source of income is from public bodies, trusts and foundations. These include Arts Council England, Baring Foundation, Big Lottery, Bristol City Council, Bristol Old Vic, Clothworkers Foundation, Nisbet Trust, Paul Hamlyn Foundation, People's Health Trust and Quartet Community Foundation.

Many Minds has also raised funds of £11,270 (2020 £22,068) from individual donors through a monthly donation scheme, training and consultancy and box office receipts.

Reserves Policy

Many Minds trustees have agreed on a reserves policy to ensure organisational resilience, be able to respond to unpredictable financial situations that might arise and to be able to respond to opportunities that might arise throughout the year.

Of the £ 42,009 of unrestricted funds that have been carried forward, the trustees have agreed to retain funds of £21,729 equating to approximately three months of core costs. This allows for the organisation to have time to put in strategies to secure funding, to be able to uphold obligations as an employer and, if needs be, to ensure that its members can conclude their relationship with the charity in a safe and supportive way.

The trustees have earmarked designated funds of £20,280 for match funding to invest in productions, projects or other opportunities throughout 2022 and to cover the existing investment in IT fixed assets. The trustees will review the reserves policy annually.

Future plans

Despite the challenges presented by Covid-19, Many Minds has managed to secure funds to continue to run workshops and respond to the increasing demand for activities. During 2021, with support from Paul Hamlyn Foundation, we were able to recruit 2 new positions on PAYE contracts. These were an Assistant Facilitator and Access Support Worker, both progression opportunities for Many Minds members.

As we move into 2022, the trustees have assessed the risks and impact of Covid-19 government containment measures on the activities of Many Minds. We have taken appropriate action to ensure compliance, protection and the continuation of activities by moving workshops and performances onto online platforms. Our business plans and financial forecasts have been updated to ensure that the charity continues to operate on a going concern basis.

The charity will aim to secure some core funding over the next 1- 3 years to build its resilience and sustainability and ensure that innovative and effective projects and activities can continue to be delivered for its members. Many Minds aims to continue its current strands of work and develop new projects where there is growing need.

Declaration

Approved by the trustees on 10 October 2022 and signed on their behalf by:

Becky Chapman, Chair of Board of Trustees

Signed: 

Date: 10 /10 / 2022

Independent Examiner's Report

To the trustees of Many Minds

I report to the trustees on my examination of the accounts of the Many Minds ("the Trust") for the year ended 31 December 2021, which are set out on pages 10 to 17.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 20 October 2022

Signed:



Michael Evans C.A.,

Member of the Institute of Chartered Accountant of Scotland,
145 Barclay Road,
London, E17 9JL

MANY MINDS

Statement of Financial Activities

for the year ended 31 December 2021

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Income from:				
		(Note 6)		
Public Funding Sources	-	43,349	43,349	62,097
Trusts and Foundations	-	59,929	59,929	29,700
Partnerships	-	1,430	1,430	-
Individual Donations & Match Funding Activities	11,270 549	- -	11,270 549	22,068 1,800
Total	11,819	104,708	116,527	115,665
Expenditure on:				
Payroll	8,947	65,476	74,423	46,453
Freelance worker and artist fees	5,661	18,377	24,038	14,818
General Running Expenses	1,191	3,637	4,828	4,851
Marketing and Communications	673	2,827	3,500	2,517
Production costs	-	1,523	1,524	16
Rent and venue hire	751	4,585	5,336	1,794
Subsistence	8	276	284	526
Training	1,295	-	1,295	472
Travel for Staff, Members and Volunteers	-	-	336	209
Depreciation	2,463	-	2,463	2,053
Total	20,989	97,038	118,027	73,709
Net income / (expenditure)	(9,170)	7,670	(1,500)	41,956
Reconciliation of Funds:				
		(Note 7)		
Total funds brought forward	51,179	48,590	99,769	57,813
Total funds carried forward	42,009	56,260	98,269	99,769

MANY MINDS

Balance Sheet

As at 31 December 2021

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Fixed assets	2,872	-	2,872	5,335
Current assets				
Debtors	1,824	2,000	3,824	10,578
Cash at bank and in hand	39,451	54,260	93,711	87,097
	41,275	56,260	97,535	97,675
Creditors: amounts falling due within one year	2,138	-	2,138	3,241
Net current assets	39,137	56,260	95,397	94,434
Total net assets	42,009	56,260	98,269	99,769
Funds of the charity (note 7)				
Restricted income funds	-	56,260	56,260	48,590
Unrestricted funds:				
Designated funds	20,280	-	25,873	28,336
General	21,729	-	16,136	22,843
Total funds of the charity	42,009	56,260	98,269	99,769

Approved by the Trustees on 10
October 2022 and signed on their
behalf by


Becky Chapman

Chair

MANY MINDS

Statement of Cash Flows

for the year ended 31 December 2021

	Total funds £	Prior year funds £
Cash flows from operating activities:		
Net income for the year (as per the statement of financial activities)	(1,500)	41,956
Adjustments for:		
Depreciation charge	2,463	2,053
(Increase)/decrease in debtors	6,754	14,817
Increase/(decrease in creditors)	(1,103)	439
Net cash provided by operating activities	6,614	59,265
Cash flows from investing activities:		
Purchase of fixed assets		(7,388)
Net cash provided by (used in) investing activities	-	(7,388)
Change in cash in the year	6,614	51,877
Cash at the beginning of year	87,097	35,220
Cash at the end of the year	93,711	87,097

MANY MINDS

Notes to the financial statements

1. Basis of preparation

(a) Basis of Accounting

These financial statements have been prepared under the historic cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Statement of Recommended Practice issued by the Charity Commission for England and Wales (“Charities SORP”), and the Charities Act 2011.

(b) Going Concern

The Trustees have examined the Charity’s budget and cash flow projections with particular regard to the impact of the Covid-19 pandemic and consider that there are no material uncertainties about the Charity’s ability to continue as a going concern. Consequently, these financial statements have been prepared on a going concern basis.

(c) Structure of the Statement of Financial Activities

In the Statement of Financial Activities the Charity has adopted the structure of presentation based on the nature of components of income and expenditure, as permitted by the Charities SORP for smaller charities.

2. Accounting Policies

(a) Fund Structure

Restricted Income Funds are those funds which are to be used in accordance with specific restrictions imposed by the donors.

Unrestricted Income Funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objectives.

Designated Funds are unrestricted funds earmarked by the Trustees for particular purposes.

(b) Incoming Resources

Incoming resources, including donated facilities and services, are recognised once the charity has entitlement to the resources, it is more likely than not that the resources will be received and their monetary value can be measured with sufficient reliability.

In accordance with Charities SORP the value of volunteer help is not determined in the accounts, given the absence of a reliable measurement base, but is described in the Trustees’ report.

MANY MINDS

Notes to the financial statements

(c) Resources Expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure and the amount can be measured with reasonable certainty.

(d) Fixed Assets

Fixed assets consist of IT equipment which is stated at cost (£7,388) less depreciation (£4,516) applied on a straight line basis over a 3 year estimated life.

3. Employees

The average headcount of employees was 3.2 in 2021 and 2.4 in 2020.

No employee received more than £60,000 in the current and prior years.

4. Trustees and Independent Examiner

The Trustees and Independent Examiner have not received any remuneration, employment benefits or reimbursement of expenses from the charity in the current and prior years.

5. Related party transactions

The Trustees have referred to the definition of related parties set out in the Charities SORP and confirm that there are no related party transactions to report.

MANY MINDS

Notes to the financial statements

Note 6. Analysis of income

Categories	Sources	Unrestricted Funds	Restricted income funds	Total funds £	Prior year £
Public Funding sources	Arts Council England	-	21,649	21,649	28,227
	Big Lottery	-	-	-	10,000
	Bristol City Council		17,600	17,600	23,870
	Bristol Old Vic *	-	4,100	4,100	
	Total		-	43,349	43,349
Trusts and Foundations	Baring Foundation	-	-	-	12,000
	Clothworkers Foundation	-	-	-	8,000
	Paul Hamlyn Foundation	-	40,000	40,000	-
	People's Health Trust	-	9,929	9,929	6,970
	Quartet Community Foundation	-	10,000	10,000	2,730
	Total		-	59,929	59,929
Partnerships	Wardrobe Ensemble *		1,430	1,430	
Individual Donations and Match Funding		11,270	-	11,270	22,068
Activities	Box Office	299	-	299	750
	Training & Consultancy	250	-	250	1,050
	Fundraising events	-	-	-	-
	Total	549	-	549	1,800
Total Income		11,819	104,708	116,527	115,665

* Donated facilities and services

MANY MINDS

Notes to the financial statements

Note 7. Funds of the charity

7.1. Details of funds held and movements (Current year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Arts Council England	-	21,649	21,649	-	-
Big Lottery	15,518	-	15,518	-	-
Bristol City Council	32,460	17,600	25,360	-	24,700
Bristol Old Vic	-	4,100	4,100	-	-
Clothworkers Foundation	612	-	612	-	-
Paul Hamlyn Foundation	-	40,000	13,000	-	27,000
People's Health Trust	-	9,929	5,369	-	4,560
Quartet Community Foundation	-	10,000	10,000	-	-
Wardrobe Ensemble	-	1,430	1,430	-	-
	48,590	104,708	97,038	-	56,260
Unrestricted funds					
Designated funds					
Match Funding Programmes	23,001	-	-	(5,593)	17,408
Fixed Assets	5,335	-	-	(2,463)	2,872
	28,336	-	-	(8,056)	20,280
General fund	22,843	11,819	20,989	8,056	21,729
	51,179	11,819	20,989	-	42,009
Total Funds (Current year)	99,769	116,527	118,027	-	98,269

7.2. Details of funds held and movements (Prior year)

	Balances brought forward £	Income £	Expenditure £	Transfers £	Balances carried forward £
Restricted funds					
Arts Council England	-	28,227	28,227	-	-
Big Lottery	5,518	10,000	-	-	15,518
Bristol City Council	10,222	23,870	1,632	-	32,460
Clothworkers Foundation	-	8,000	-	(7,388)	612
Nisbet Trust	10,000	-	10,000	-	-
People's Health Trust	9,007	6,970	15,977	-	-
Quartet Community Foundation	3,996	2,730	6,726	-	-
Other Restricted Funds	1,864	-	1,864	-	-
	40,607	79,797	64,426	(7,388)	48,590
Unrestricted funds					
Designated					
Match Funding Programmes	-	-	-	23,001	23,001
Fixed Assets	-	-	-	5,335	5,335
	-	-	-	28,336	28,336
General fund	17,206	35,868	9,283	(20,948)	22,843
	17,206	35,868	9,283	7,388	51,179
Total Funds (Prior year)	57,813	115,665	73,709	-	99,769

MANY MINDS

Notes to the financial statements

7.3. Explanatory notes on funds held and movements

All funds held are used in furtherance of the objects of the charity which are set in the Trustee's report.

Restricted funds are used in accordance with the donors' specific requirements to support charitable activities, contribute to core costs and fund investments. The Restricted funds carried forward at 31 December 2021 consist of balances of funding from Bristol City Council, Paul Hamlyn Foundation and People's Health Trust which are allocated to specific charitable activities in the 2022 business plan.

The Unrestricted funds are used in accordance with the policies defined by the Trustees. The funds carried forward at 31 December 2021 consist of Designated funds and a General fund. The Designated Funds are amounts earmarked by the Trustees for planned match funding programmes and to cover the fixed asset value in the balance sheet of the existing IT investments. The General fund is considered appropriate to ensure organisational resilience in accordance with the reserves policy defined by the Trustees.