

Llanrumney Phoenix Boxing Club and Community Activities
Annual Report
2023 / 2024 Period

The club has been thriving for the past financial year.

The club have offered a lot of half term and holiday provision for free. This provision gives the children something to eat, a chance to make friends, become active and have a safe space to play over the holiday. This provision also helps parents with childcare and has been a great success. This is something the club are building on and will keep offering for free as its most definitely needed. Holiday provision is offered for the Easter and Summer holidays and offer a variety of activities for the children of the community and wider to take part in.

The club have a partnership with the Prevent programme, helping young people at risk of radicalisation and ideology, grooming and exploitation.

The club have had great success with the amateurs who use the gym. Having 4 new Welsh Champions, and several other successful young boxers both male and female. The club is often used by a lot of professional boxers and has had visits from both BBC and ITV to film. The professional boxers who use the gym bring a lot of visibility to the gym and they will always highlight the good work of the club.

There has been a recent addition of 3 new women's classes which keep going from strength to strength and really building a sense of community to the women in the area. The club have also designed a new project to tackle obesity and isolation. Well Fit is in its first programme and the club will look to build on this. The club designed a programme called Well Fit which brought women together to build confidence and get them active and looking after their mental wellbeing

There is a lot of activity at the club and its thriving. The help and support offered to the community is second to none.

Mr Colin Elson

Chair of Trustees.

Annual Accounts

Llanrumney Phoenix Boxing Club and Community Activities

There was £20,000 brought into the charity during the financial period of April 2023 – April 2024.

Mr Colin Elson

Chair of Trustees