

Trustees Annual Report For the period 1 November 2021 to 31 October 2022

Section A

Reference and administration details

Charity name: Friends of Rhyddings Park

Registered Charity Number: 1175682

Charity's Principal Address:

12 Abbott Clough Avenue

Knuzden

Oswaltdwistle

Lancashire

BB1 3LP

Names of the charity trustees who manage the charity:

Ann Warrington – Chair

Robert Warrington -Treasurer

Darren Goss - Secretary

Catherine Cheesman – Vice Chair

Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document: Constitution

How the charity is constituted: Charitable Incorporated Organisation

Trustees selection methods: Appointed by the Trustees as a Body

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document: For the benefit of the inhabitants of Oswaltdwistle, Lancashire and the surrounding area to provide or assist in the provision of facilities for recreation and other leisure time occupation in the interests of social welfare with the object of improving the conditions of life for the inhabitants of the area without distinction of sex, or of political, religious or other opinions in particular, but not exclusively, by the preservation, promotion, support, assistance and improvement of Rhyddings Park.

Summary of the main activities undertaken for the public benefit in relation to these objects:

The delivery of a community events programme based on the NHS five steps to well being, aiming to enable people within our community to connect with others (reducing social isolation), be active, take notice; give to others by volunteering & learning new skills The community events programme

offers something for all with appropriate adaptation and support to enable as many members of the community to access the Coach House.

34 Volunteers actively support the charity.

Roles

Beekeepers; Carpenters; Gardeners; Social Media and Website Management; Event Support; Cook; Café Staff; Facilitators (Examples - Park Your Worries, Carers' Support, Overcoming Low Mood & Depression, Knit & Natter); Finances; Project Lead; Grants management

Community Events Programme

Over 400 people use the Coach House & Kitchen Garden for activities supporting their well being per week.

Current Offer:-

- Community Café 2 days a week
- When café closed, used for refreshments across all sessions, facilitators manage
- Rhyddings Walkers
- Exercise to Music
- Zen Yoga x 7 sessions per week
- Circuit x 3 sessions a week
- Seated Exercise 1:1 + 1 group session per week
- Knit & Natter, Crochet & Chat
- 1:1 Boxercise for Autistic People x 3 sessions a week
- Health Walk for people with Learning Disability and Autistic People
- Rhyddings Wombles – litter picking
- Garden Volunteering 6 sessions per week
- Zen Workshops
- Mindfulness and Relaxation Workshops
- Mindful crafts
- Yoga Nidra
- Kettlebells x 2 sessions per week
- Qi Gong x 3 sessions per week
- Seasonal Afternoon Teas
- Seasonal Wreath Making
- Christmas Events
- Beekeeping
- Bootcamps x 5 sessions a week
- Boxercise x 3 sessions per week
- ADHD mentor support x 1 session per week
- Overcoming Low Mood and Depression Group - Monthly
- Park Your Worries - Monthly
- Carers Support for those who look after people with mental illness – Monthly
- Willow Crafts
- Anxiety Management and Mindset Change

Section D Achievements and performance

Summary of the main achievements of the charity during the period:

- 1) The community have worked with us for over 4 years now, they have guided us, led us, shaped us and expect continuation of their Coach House & Kitchen Garden;
- 2) Over 400 people use the Coach House & Kitchen Garden for activities supporting their well being per week;
- 3) In November 2021, our chairperson was awarded the Green Flag Silver Anniversary Special Award for Volunteer of the Year;
- 4) In June 2022, the charity, Friends of Rhyddings Park, was awarded the Queen's Award for Volunteer Service;
- 5) We have been able to maintain 2 part time paid staff, the reminder of the project at Rhyddings is managed and run by volunteers.

Section E Financial Review

Brief statement of the charity's policy on reserves: The charity had a policy of retaining reserves sufficient for its short to medium term requirements. These are reviewed regularly and decisions regarding fundraising needs as well as cost control are always taken regarding this policy. Care is taken to preserve restricted funds, and these are only used for the purpose for which they are received.

Details of funds materially in deficit: None

Section F Other optional information

None

Section G

Declaration

The trustees declare that they have approved the trustees report above.

Signed on behalf of the charity's trustees



Ann Warrington

Chair

Date: 30/07/23

Charity name **FRIENDS OF RHYDDINGS PARK**

Charity number **1175682**

For the period **01/11/2021** to **31/10/2022**

Section A Receipts and payments

	Unrestricted Funds to the nearest £	Restricted Funds to the nearest £	Endowment Funds to the nearest £	Total funds to the nearest £	01/11/2010 to 31/10/2021 to the nearest £
A1 Receipts					
Grants received	0	40285	0	40285	50919
Donations received	276	0	0	276	4118
Bank interest received	53	0	0	53	87
Fundraising	703	0	0	703	736
Events and activities	19985	0	0	19985	13182
Food sales	6296	0	0	6296	2805
Sales of goods	412	0	0	412	3174
Sundry income	1475	0	0	1475	0
Room hire	1890	0	0	1890	1517
<i>Subtotal</i>	31090	40285	0	71375	76538
A2 Asset and investment sales etc.	100	0	0	100	0
Total receipts	31190	40285	0	71475	76538
A3 Payments					
Events and activities	14733	10392	0	25125	26286
Food and kitchen purchases	7680	0	0	7680	2698
Purchases of goods	376	0	0	376	3968
Wages	9733	15760	0	25493	0
Pension costs	372	105	0	477	388
Kitchen garden running costs	612	3655	0	4267	1917
Insurance	1222	0	0	1222	1358
Printing, postage and stationery	145	0	0	145	290
Advertising	91	0	0	91	333
IT software and website	836	0	0	836	780
Repairs and maintenance	211	0	0	211	153
Cleaning	391	0	0	391	67
Training	662	0	0	662	300
Health and safety	347	0	0	347	231
Sundry expenses	558	0	0	558	377
Charitable donations	1401	0	0	1401	778
Recharges from social enterprise	0	0	0	0	24332
Contribution to social enterprise	0	0	0	0	141
Bank and PayPal charges	522	0	0	522	607
<i>Subtotal</i>	39892	29912	0	69804	65004
A4 Asset and investment purchases etc.	277	2302	0	2579	6342
Total payments	40169	32214	0	72383	71346
Net of receipts/(payments)	-8979	8071	0	-908	5192
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	19612	4779	0	24391	19199
Cash funds this year end	10633	12850	0	23483	24391

Charity name **FRIENDS OF RHYDDINGS PARK**

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For the period **01/11/2021** to **31/10/2022**

Section B Statement of assets and liabilities at the year end

	Unrestricted Funds to the nearest £	Restricted Funds to the nearest £	Endowment Funds to the nearest £	Total funds 2022 to the nearest £	Total funds 2021 to the nearest £
B1 Cash funds					
HSBC account	10337	12850	0	23187	24028
PayPal account	16	0	0	16	22
Cash in hand	280	0	0	280	341
Total cash funds	10633	12850	0	23483	24391
B2 Other monetary assets					
Deposits	0	0	0	0	0
Total other monetary assets	0	0	0	0	0
B3 Investment assets					
Investments	0	0	0	0	0
Total investments	0	0	0	0	0
B4 Assets retained for the charity's own use					
Plant and equipment	11069	2902	0	13971	13941
Total assets retained	11069	2902	0	13971	13941
B5 Liabilities					
Accounts payable	88	0	0	88	352
Total liabilities	88	0	0	88	352

Signed by the trustees



Mrs A Warrington
Chairman

Date

10.07.23



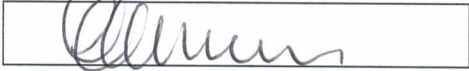
Mr R M Warrington
Treasurer

10.07.23



Mr D Goss
Trustee

10.07.23



Ms C Cheeseman
Trustee

10.07.23

CHARITY COMMISSION
FOR ENGLAND AND WALES

RECEIPTS AND PAYMENTS
ACCOUNTS

Charity name FRIENDS OF RHYDDINGS PARK

Charity number 1175682

For the period 01/11/2021 to 31/10/2022

Section C

Summary of fund movements

	Unrestricted Funds to the nearest £	Restricted General (1) to the nearest £	Restricted JSF (2) to the nearest £	Restricted HRCCG (3) to the nearest £	Restricted SpEng (4) to the nearest £	Restricted CF(5) to the nearest £	Restricted GW(6) to the nearest £	Restricted PFWG(7) to the nearest £	Endowment Funds to the nearest £	Total funds Unrestricted to the nearest £	Total funds Restricted to the nearest £	Total funds Endowment to the nearest £
C1 Cash funds												
Brought forward	19612	0	0	502	0	823	0	3454	0	19612	4779	0
Receipts	31190	3005	1000	3080	10000	14700	1000	7500	0	31190	40285	0
Payments	40169	3005	1000	3582	5000	7673	1000	10954	0	40169	32214	0
Transfers	0	0	0	0	0	0	0	0	0	0	0	0
Total cash funds	10633	0	0	0	5000	7850	0	0	0	10633	12850	0

Notes

- 1 General restricted funds - various sources
- 2 Jordan Sinnott Foundation Fund
- 3 Hyndburn & Ribble CCG Fund
- 4 Sport England Fund
- 5 Community Foundation Fund
- 6 Groundwork Fund
- 7 Prospects Foundation Windfall Grant Fund

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Chairman

Date

10.07.23



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Treasurer

10.07.23



Mr D Goss
Trustee

10.07.23



Ms C Cheeseman
Trustee

10.07.23

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Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Friends of Rhyddings Park

On accounts for the year
ended

31 October 2022

Charity no
(if any)

1175682

Set out on pages

1 to 3

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/10/2020.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

A. Foxcroft

Date:

10 July 2023

Name:

Andrew Sean Foxcroft

Relevant professional
qualification(s) or body
(if any):

AIA

Address:

46-48, Long Street

Middleton
Manchester M24 6UQ

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.