

MIND HEALTH

England & Wales · Charity number 1175612

Details

Status Registered

Legal form CIO

Registered 2017-11-07

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO PROMOTE THE PRESERVATION AND THE SAFEGUARDING OF MENTAL HEALTH AND THE RELIEF OF PERSONS SUFFERING FROM DEPRESSION OR ANXIETY BY THE PROVISION OF PEER-SUPPORT ACTIVITIES AND THE SHARING OF INFORMATION CONDUCIVE TO GOOD HEALTH.

Activities: We have been holding regular meetings both for men and women. We've just opened a new venue in Hull at Ye Old White Harte in Hull's old town. This is a more centrally located venue and easier for clients to get to.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, Other Charitable Purposes
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- East Riding Of Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£560	£1,298	-	-
2024-04-01	£441	£1,294	-	-
2023-04-01	£897	£429	-	-
2022-04-01	£607	£585	-	-
2021-04-01	£1,870	£1,270	-	-

Trustees

Name	Role	Appointed
Rev Philip Lamb	Chair	2017-11-07
Barry Leonard		2018-02-01
David Dodds		2023-03-30
Julia Seargent		2022-04-14
Malcolm John Pearson		2017-11-07
Marina Michelle Tomlinson		2026-04-21
Philip James Taylor		2024-04-18

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Accounts

Date	Type	Description	Value	Balance	Account Name
02-Apr-25	BAC	T TAYLOR , PHIL TAYLOR , FP 02/04/25 0146 , L2DRBLI00001200949	£20.00	£1,069.93	MIND HEALTH
03-Mar-25	BAC	T TAYLOR , PHIL TAYLOR , FP 03/03/25 0051 , L2DRBLI00000230719	£20.00	£1,049.93	MIND HEALTH
28-Feb-25	DPC	From A/C 58610197 , PEARSON M & J , Via Mobile Xfer , Shirt Donation Rob	£100.00	£1,029.93	MIND HEALTH
03-Feb-25	BAC	T TAYLOR , PHIL TAYLOR , FP 03/02/25 0057 , L2QFIAZ00000681590	£20.00	£929.93	MIND HEALTH
17-Jan-25	POS	4875 16JAN25 C , LONDIS SOUTHCAVE , BROUGH GB	-£19.73	£909.93	MIND HEALTH
02-Jan-25	BAC	T TAYLOR , PHIL TAYLOR , FP 02/01/25 0044 , L2BZSPT00000653104	£20.00	£929.66	MIND HEALTH
23-Dec-24	DPC	From A/C 58610197 , PEARSON M & J , Via Online Xfer	£10.00	£909.66	MIND HEALTH
20-Dec-24	POS	4875 19DEC24 , THE REAL CHINA , HULL HU2 GB	-£85.50	£899.66	MIND HEALTH
13-Dec-24	POS	1740 12DEC24 , LOSTCITY WEB , NOTTINGHAM GB	-£90.00	£985.16	MIND HEALTH
06-Dec-24	POS	1740 05DEC24 C , SAINSBURYS S/MKTS , HESSLE GB	-£12.25	£1,075.16	MIND HEALTH
02-Dec-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/12/24 0048 , L2BSPSL00000147860	£20.00	£1,087.41	MIND HEALTH
12-Nov-24	BAC	EASY FUNDRAISING , 214953 QUARTER 3 2	£19.53	£1,067.41	MIND HEALTH
04-Nov-24	BAC	T TAYLOR , PHIL TAYLOR , FP 04/11/24 0024 , L2AK4UF00000236698	£20.00	£1,047.88	MIND HEALTH
25-Oct-24	DPC	To A/C 58610197 , PEARSON M & J , Via Online Xfer	-£36.47	£1,027.88	MIND HEALTH
18-Oct-24	POS	1740 17OCT24 C , LONDIS SOUTHCAVE , BROUGH GB	-£20.04	£1,064.35	MIND HEALTH
02-Oct-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/10/24 0134 , L2DAD5100000125847	£20.00	£1,084.39	MIND HEALTH
02-Sep-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/09/24 0038 , L2LCAIZ00000647292	£20.00	£1,064.39	MIND HEALTH
30-Aug-24	POS	1740 29AUG24 C , LONDIS SOUTHCAVE , BROUGH GB	-£16.25	£1,044.39	MIND HEALTH
02-Aug-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/08/24 0148 , L2LCAIZ00000130826	£20.00	£1,060.64	MIND HEALTH
02-Jul-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/07/24 0153 , 400000001383882554	£20.00	£1,040.64	MIND HEALTH
19-Jun-24	DPC	To A/C 58610197 , PEARSON M & J , Via Online Xfer	-£500.00	£1,020.64	MIND HEALTH
19-Jun-24	DPC	From A/C 58610197 , PEARSON M & J , Via Online Xfer , Life for a Kid	£500.00	£1,520.64	MIND HEALTH
18-Jun-24	BAC	LIFE FOR KID , CHARITY DONATION , FP 17/06/24 2135 , 469127125312716001	£500.00	£1,020.64	MIND HEALTH
03-Jun-24	BAC	T TAYLOR , PHIL TAYLOR , FP 03/06/24 0039 , 200000001355689024	£20.00	£520.64	MIND HEALTH
10-May-24	DPC	From A/C 58610197 , PEARSON M & J , Via Mobile Xfer	£7.75	£500.64	MIND HEALTH
07-May-24	POS	1740 04MAY24 C , TESCO STORES 6210 , HORNSEA GB	-£7.75	£492.89	MIND HEALTH
02-May-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/05/24 0147 , 400000001345662620	£20.00	£500.64	MIND HEALTH
15-Apr-24	DPC	From A/C 58610197 , PEARSON M & J , Via Online Xfer	£470.00	£480.64	MIND HEALTH
10-Apr-24	POS	1740 08APR24 , HONEST CONCEPT , TRADING , HONG KONG HK , USD 34.98, VRAT	-£28.60	£10.64	MIND HEALTH
08-Apr-24	DPC	To A/C 58610197 , PEARSON M & J , Via Online Xfer	-£470.00	£39.24	MIND HEALTH
02-Apr-24	DPC	KEV PURKIS , MAL , VIA ONLINE - PYMT	-£20.00	£509.24	MIND HEALTH
02-Apr-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/04/24 0110 , 100000001318613182	£20.00	£529.24	MIND HEALTH

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Accounts

Mind Health Annual Report

The purpose of the charity is to offer a safe and confidential place where people can talk openly about their darker thoughts and concerns.

The men's group (Blokes United) and women's group (Women United) are two of the main outreach projects, run by Mind Health. The basic principles of these groups are not prescriptive but offer a relaxed, low-key environment which enables users to do the most important thing, talk.

We have found that talking gets worries and stresses off their chests. It also enables listeners to realise that they are not the only ones who think like that. They are not on their own.

We offer free tea/coffee and biscuits, chocolate bars and cakes. There is no entrance fee for anyone.

There seems a never ending and ever-growing need for these groups resulting in larger numbers of attendees.

There has been a slow but steady number of positive activities within the group. The Ladies Group has grown substantially over the past year with growing numbers and positive outcomes.

The charity is a genuine charity i.e. we have no core costs; all trustees attend and give their time and efforts free.

Because of our low running costs, we have <£1000 in the bank. We do not envisage needing reserves.

Impacts & Outcomes

This can be gauged by positive changes within our client base. Some come to us very distressed and emotionally damaged. Their self-esteem can be low or non-existent. After a couple of meetings and given the chance to talk openly their demeanour changes. They become more positive, more self-confident and more relaxed. Many of the client-users are on medication for anxiety and/or depression.

Annual Christmas Activity

This year we took the whole group bowling at Kingswood Leisure Centre, HULL. There were 12 attendees excluding trustees and a good time was had by all. This is a positive team-building activity which creates stronger bonds and greater trust within the groups.

Mind Health Reg. 1175612
Accounts April 2023 - April 2024

Date	Type	Description	Value	Balance
17-Jan-25	POS	Biscuits Chocolate Bars	-£19.73	£909.93
02-Jan-25	BAC	T TAYLOR , PHIL TAYLOR , FP 02/01/25 0044 , L2BZSPT00000653104	£20.00	£929.66
23-Dec-24	DPC	Donation Andy Chudders	£10.00	£909.66
20-Dec-24	POS	Mini Golf Xmas , Meal THE REAL CHINA , HULL HU2 GB	-£85.50	£899.66
13-Dec-24	POS	Mini Golf XmasLOSTCITY WEB , NOTTINGHAM GB	-£90.00	£985.16
06-Dec-24	POS	Cakes	-£12.25	£1,075.16
02-Dec-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/12/24 0048 , L2BSPSL00000147860	£20.00	£1,087.41
12-Nov-24	BAC	EASY FUNDRAISING , 214953 QUARTER 3 2	£19.53	£1,067.41
04-Nov-24	BAC	T TAYLOR , PHIL TAYLOR , FP 04/11/24 0024 , L2AK4UF00000236698	£20.00	£1,047.88
25-Oct-24	DPC	To A/C 58610197 , PEARSON M & J , Via Online Xfer	-£36.47	£1,027.88
18-Oct-24	POS	Biscuits + Chocolate Bars	-£20.04	£1,064.35
02-Oct-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/10/24 0134 , L2DAD5100000125847	£20.00	£1,084.39
02-Sep-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/09/24 0038 , L2LCAIZ00000647292	£20.00	£1,064.39
30-Aug-24	POS	Birthday Cake + Biscuits	-£16.25	£1,044.39
02-Aug-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/08/24 0148 , L2LCAIZ00000130826	£20.00	£1,060.64
02-Jul-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/07/24 0153 , 400000001383882554	£20.00	£1,040.64
19-Jun-24	DPC	Donation Life for a Kid	-£500.00	£1,020.64
19-Jun-24	DPC	From A/C 58610197 , PEARSON M & J , Via Online Xfer , Life for a Kid	£500.00	£1,520.64
18-Jun-24	BAC	E FOR KID , CHARITY DONATION , FP 17/06/24 2135 , 4691271253127160	£500.00	£1,020.64
03-Jun-24	BAC	T TAYLOR , PHIL TAYLOR , FP 03/06/24 0039 , 200000001355689024	£20.00	£520.64
10-May-24	DPC	From A/C 58610197 , PEARSON M & J , Via Mobile Xfer	£7.75	£500.64
07-May-24	POS	Biscuits Chocolate Bars	-£7.75	£492.89
02-May-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/05/24 0147 , 400000001345662620	£20.00	£500.64
15-Apr-24	DPC	From A/C 58610197 , PEARSON M & J , Via Online Xfer	£470.00	£480.64
10-Apr-24	POS	DNEST CONCEPT , TRADING , HONG KONG HK , USD 34.98, VRATE 1.2569	-£28.60	£10.64
08-Apr-24	DPC	To A/C 58610197 , PEARSON M & J , Via Online Xfer	-£470.00	£39.24
02-Apr-24	DPC	Donation Kev Purkis	-£20.00	£509.24
02-Apr-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/04/24 0110 , 100000001318613182	£20.00	£529.24
25-Mar-24	POS	Biscuits Chocolate Bars	-£8.48	£509.24
25-Mar-24	DPC	From A/C 58610197 , PEARSON M & J , Via Online Xfer	£23.48	£517.72
13-Mar-24	POS	Birthday Cake	-£15.00	£494.24
04-Mar-24	BAC	T TAYLOR , PHIL TAYLOR , FP 04/03/24 0041 , 500000001304924198	£20.00	£509.24
02-Feb-24	BAC	T TAYLOR , PHIL TAYLOR , FP 02/02/24 0146 , 600000001285987019	£20.00	£489.24

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Date	Type
18 Dec 2023	DPC
08 Dec 2023	DPC
04 Dec 2023	BAC
17 Nov 2023	DPC
14 Nov 2023	DPC
02 Nov 2023	BAC
16 Oct 2023	DPC
16 Oct 2023	DPC
06 Oct 2023	DPC
02 Oct 2023	BAC
04 Sep 2023	BAC
31 Aug 2023	POS
25 Aug 2023	DPC
23 Aug 2023	DPC
18 Aug 2023	POS
07 Aug 2023	DPC
02 Aug 2023	BAC
28 Jul 2023	DPC
03 Jul 2023	BAC
23 Jun 2023	POS
02 Jun 2023	BAC
16 May 2023	BAC
02 May 2023	BAC
19 Apr 2023	BAC
03 Apr 2023	BAC
02 Mar 2023	BAC
13 Feb 2023	DPC
10 Feb 2023	POS
02 Feb 2023	BAC
03 Jan 2023	BAC

Description

PURKIS KJ , S. Box , VIA MOBILE - PYMT
To A/C 58610197 , PEARSON M & J , Via Online Xfer
T TAYLOR , PHIL TAYLOR , FP 04/12/23 0033 , 400000001255849374
LAFSS , LAFSS , VIA ONLINE - PYMT , FP 17/11/23 10 , 57101856634776000N
AFC Football Sign , BLOKES UNITED , VIA ONLINE - PYMT
T TAYLOR , PHIL TAYLOR , FP 02/11/23 0201 , 500000001231557279
Kev Purkis , MAL AND PHIL , VIA ONLINE - PYMT
From A/C 58610197 , PEARSON M & J , Via Mobile Xfer
From A/C 58610197 , PEARSON M & J , Via Mobile Xfer
T TAYLOR , PHIL TAYLOR , FP 02/10/23 0040 , 100000001209264527
T TAYLOR , PHIL TAYLOR , FP 04/09/23 0030 , 100000001193176132
1740 30AUG23 , SERENATAFLOWERS , BIRKIRKARA MT
To A/C 58610197 , PEARSON M & J , Via Mobile Xfer
To A/C 58610197 , PEARSON M & J , Via Online Xfer
1740 17AUG23 C , LONDIS SOUTH CAVE , BROUGH GB
To A/C 58610197 , PEARSON M & J , Via Mobile Xfer
T TAYLOR , PHIL TAYLOR , FP 02/08/23 0143 , 100000001174583224
To A/C 58610197 , PEARSON M & J , Via Online Xfer
T TAYLOR , PHIL TAYLOR , FP 03/07/23 0126 , 400000001165013956
1740 22JUN23 C , LONDIS SOUTH CAVE , BROUGH GB
T TAYLOR , PHIL TAYLOR , FP 02/06/23 0208 , 600000001142318302
EASY FUNDRAISING , 214953 QUARTER 1 2
T TAYLOR , PHIL TAYLOR , FP 02/05/23 0356 , 600000001124426277
TIGERS CO-OPERATIV , HULL CITY ST , FP 19/04/23 1119 , 24111926035406000N, HULL CITY ST
T TAYLOR , PHIL TAYLOR , FP 03/04/23 0116 , 600000001107662649
T TAYLOR , PHIL TAYLOR , FP 02/03/23 0201 , 400000001095034409
From A/C 58610197 , PEARSON M & J , Via Mobile Xfer
1740 09FEB23 C , LONDIS SOUTH CAVE , BROUGH GB
T TAYLOR , PHIL TAYLOR , FP 02/02/23 0201 , 100000001071428839
T TAYLOR , PHIL TAYLOR , FP 03/01/23 0119 , 300000001061418491

Value	Balance	Account Name	Account Number
4	449.24	MIND HEALTH	558123-87807998
-154	445.24	MIND HEALTH	558123-87807998
20	599.24	MIND HEALTH	558123-87807998
-300	579.24	MIND HEALTH	558123-87807998
-500	879.24	MIND HEALTH	558123-87807998
20	1379.24	MIND HEALTH	558123-87807998
-80	1359.24	MIND HEALTH	558123-87807998
500	1439.24	MIND HEALTH	558123-87807998
50	939.24	MIND HEALTH	558123-87807998
20	889.24	MIND HEALTH	558123-87807998
20	869.24	MIND HEALTH	558123-87807998
-72.97	849.24	MIND HEALTH	558123-87807998
-35.98	922.21	MIND HEALTH	558123-87807998
-35.98	958.19	MIND HEALTH	558123-87807998
-22.06	994.17	MIND HEALTH	558123-87807998
-24.98	1016.23	MIND HEALTH	558123-87807998
20	1041.21	MIND HEALTH	558123-87807998
-35.98	1021.21	MIND HEALTH	558123-87807998
20	1057.19	MIND HEALTH	558123-87807998
-24.07	1037.19	MIND HEALTH	558123-87807998
20	1061.26	MIND HEALTH	558123-87807998
25.05	1041.26	MIND HEALTH	558123-87807998
20	1016.21	MIND HEALTH	558123-87807998
67.5	996.21	MIND HEALTH	558123-87807998
20	928.71	MIND HEALTH	558123-87807998
20	908.71	MIND HEALTH	558123-87807998
10	888.71	MIND HEALTH	558123-87807998
-19.2	878.71	MIND HEALTH	558123-87807998
20	897.91	MIND HEALTH	558123-87807998
20	877.91	MIND HEALTH	558123-87807998

MIND HEALTH

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Accounts

No.	DATE	ITEM	INCOME	DEBIT	Cheque Receipt No.	Bank Cheque no.	Balance
		Carried Forward >>>>>>>>>>>>					£655.28
Mind Health Accounts							
1	24/05/2021	B.U. Caps		£59.50			£595.78
2	27/05/2021	Barry's Walk + 1cap	£40.00				£635.78
3	27/05/2021	Nick Caps	£100.00				£735.78
4	13/06/2021	Barry's Walk + 1cap	£30.00				£765.78
5	17/06/2021	Cap Sale Julia	£10.00				£775.78
6	25/06/2021	Cap Sales x2	£20.00				£795.78
7	29/06/2021	CBD for members		£50.97			£744.81
8	10/07/2021	CBD for members		£79.96			£664.85
9	15/07/2021	Biscuits, chocolate etc		£15.89			£648.96
10	08/08/2021	CBD for members		£92.96			£556.00
11	13/09/2021	CBD for members		£59.98			£496.02
12	14/10/2021	From Barry	£10.00				£506.02
	07/10/2021	Dan Upson Fuel		£20.00			£486.02
	15/10/2021	From me and Rob	£20.00				£466.02
	06/12/2021	Donation	£100.00				£486.02
	04/11/2021	Donation	£31.87				£586.02
	05/11/2021	Donation	£200.00				£617.89
	15/10/2021	Donation	£20.00				£817.89
	09/12/2021	Hollywood Bowl		£75.50			£837.89
	16/12/2021	Biscuits, chocolate etc		£6.00			£762.39
	16/12/2021	Auction Tiger Brandy	£25.00				£756.39
	07/01/2022	Biscuits, chocolate etc		£7.00			£781.39
	24/02/2022	CBD for members		£39.98			£774.39
	24/02/2022	Biscuit Bars		£9.00			£734.41
	24/03/2022	Biscuit Bars		£8.20			£725.41

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£0.50

£0.40

£0.30

£0.20

£0.10

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£60.0

£40.0

£20.0

£0.0

Badge Sales
£64.00

Badge Costs
£120.50



